

KIRKLAND RECREATION GUIDE

SPRING / SUMMER 2025



CAMPS

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PARENT/CHILD

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TEEN PROGRAMS

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ADULTS 50+

PAGE 66

**PRIORITY
REGISTRATION
DATES FOR
KIRKLAND
RESIDENTS!**



REGISTRATION BEGINS SOON!

RESIDENT REGISTRATION BEGINS March 25 at 7 AM for Non-Aquatic Programs and March 26 at 7 AM for Aquatic Programs.

NON-RESIDENT REGISTRATION BEGINS March 27 at 8 AM for all programs!
Sign up at KirklandParks.net or call 425-587-3336.

AT-A-GLANCE CAMP PROGRAMS

CAMP DETAILS			Ages	Location	4/14 - 4/18	6/23 - 6/27	6/30-7/3	7/7-7/11	7/14-7/18	7/21-7/25	7/28-8/1	8/4-8/8	8/11-8/15	8/18-8/22	8/25-8/29	Page
PARTIAL DAY CAMPS	Challenger Sports Soccer Tiny Tykes (8-8:45am)	3-5	Crestwoods Park		X ²				X ¹	X	X ¹		X			17
	Park Art & Play (9:30-11am, Tue-Thu)	3-5	Edith Moulton Park							X	X	X ²				18
	Challenge Island - Jr. Steam Explorers (9am-12pm)	4-6	Varies							X					X	26
	Snapology (9am-12pm)	4-6	McAuliffe Park			X							X			12
	Skyhawks - Mini-Hawk Camp (9am-12pm or 1-4pm)	4-7	Mark Twain Elementary		X ²		X	X								14
	Nature Adventure Camp (10am-2pm) Mon-Thu	5-7	Edith Moulton Park		X ²	X	X	X								16
	Creative Kid Fitness (9am-12pm)	5-11	KTUB							X		X				18
	Cheerleading (1-4pm)	5-12	NKCC											X		18
	CreArt Studios (9:30am-12:30pm)	5-12	NKCC		X ²	X ⁵	X	X	X	X	X	X	X			13
	TGA Tennis (9-11:30am)	5-12	Kirkland Middle School		X ²	X ⁵	X	X	X	X	X	X	X	X	X	15
	Northwest University Sports (times and days vary)	5-14	Northwest University		X ²				X	X	X	X				16
	Play-Well Engineering (9am-12pm or 1-4pm)	5-14	Varies	X	X ²	X ⁵		X	X		X	X	X	X		8,22,23
	Ice Skating (12:30-4pm) Tue-Fri	5-16	Sno King Ice Arena		X											19
	Outdoor Spanish/English Kids Yoga (9:30am -12:30pm) Mon-Thu	6-9	KTUB							X	X					28
	Kirkland Kids Cooking (12-2pm)	6-10	McAuliffe Park	X ³			X ³	X								8,19
	Dance Sampler (1-4pm)	6-12	NKCC						X							18
	Empowered Kids - Running & Outdoor (10am-12:50pm)	6-12	Various	X			X			X						9,18
	Mad Science (1-4pm)	6-12	NKCC	X ⁴	X ²	X ⁵		X		X			X		X	9,25
	McVander COED Hockey (1-4pm) Mon-Thu	6-12	NKCC			X				X						15
	Skyhawks - Multi Sport (9am-12pm or 1-4pm)	6-12	Mark Twain Elementary						X	X		X	X			14
	Snapology (9am -12pm) Mon-Wed	6-12	NKCC	X												9,12
	Skyhawks - Single Sport (9am-12pm)	6-13	Varies		X ²		X		X		X	X				14
	TGA Pickleball (9-11:30am)	6-14	Juanita Beach Park		X ²	X ⁵	X	X	X	X	X	X	X	X	X	15
	Challenger International Soccer (9am-12pm or 1-4pm)	6-16	Varies		X ²			X	X	X	X	X	X			17
	Youth Tech Computer (11:15am-1:30pm or 2-4:15pm) Mon- Thu	6-17	NKCC		X ²		X	X	X	X	X					20,21
	Little Medical School Seattle (times & days vary)	7-10	Varies		X ²	X	X	X	X	X						26,27,29
	Nature Adventure Camp (10am-3pm) Mon-Thu	7-10	OO Denny Park						X	X	X	X				16
	Yoga at the Lake (12-2pm) Mon-Thu	7-10	Marsh Park			X		X								28
	Overtime Athletics (9am-12pm or 1-4pm)	7-11	Peter Kirk Elementary		X ²			X						X		17
	Challenge Island (9am-12pm)	7-12	132nd Sq Park					X	X	X		X	X	X		26
	Incrediflix Filmmaking (9:30am-12pm or 12:30-3:30pm)	7-13	Heritage Hall		X ²		X ¹		X		X					24,25
	Jump Rope Camp (9am-12pm)	7-14	AG Bell Elementary						X		X					28
	Fencing Camp (9am-12pm or 1-4pm)	7-18	Kaizen Academy	X					X	X	X	X	X	X		8,18
	Mixed Media Art (10am-1pm) Mon-Thu	8-12	NKCC	X												8
	Stand Up Paddleboard Camp (9am-12pm)	8-15	Juanita Beach Park		X ²		X	X	X	X	X	X	X	X		28
	Teen Medical School (9am-12pm or 1-4pm)	11-14	KTUB					X	X	X						29
FULL DAY CAMP (5+ hours)	Junior Summer Day Camp (9am-5pm) Extended Care Available	5-8	NKCC		X ²	X ⁵	X	X	X	X	X	X	X	X		10
	Play-Well Engineering (9am-4pm)	5-8	Heritage Hall							X						23
	Cheerleading (9:30am-3pm)	5-12	AG Bell Elementary						X							18
	La Luna Rhythmic Gymnastics (9am-4pm) Extended Care Available	5.5-12	La Luna Gym	X			X	X	X	X	X	X	X	X		8,19
	Skyhawks - Multi Sport (9am-3pm)	6-12	Mark Twain Elementary						X	X		X	X			14
	Snapology (9am-4pm)	6-12	McAuliffe Park						X	X	X		X			12
	Youth Tech Computer (11:15am-4:15pm) Mon-Thu	6-17	NKCC						X	X						21
	Peter Kirk Summer Day (9am-5pm) Extended Care Available	7-10	PKCC			X ⁵	X	X	X	X	X	X	X	X		11
	Tennis & Swim (9am-3pm) Mon-Thu	7-12	Peter Kirk Park		X ²	X	X	X	X	X	X	X	X	X		15
	Incrediflix Filmmaking (9:30am-3:30pm)	7-13	Heritage Hall		X ²		X ⁶		X		X					24
	Rugby Splash (9am-3pm)	7-13	Heritage Park				X	X	X		X	X	X			15
	Challenger International Soccer (9am-4pm)	7-14	Varies		X ²			X	X	X		X				17
	Teen Treks & Trails (9am-5pm) Mon-Thu	11-18	KTUB			X	X	X	X	X	X	X	X	X		30

X¹ Location 132nd Sq Park X² Wed-Fri X³ Mon-Wed X⁴ 9am-12pm X⁵ Mon-Thu X⁶ Location KTUB

celebrate **KIRKLAND**



Where we come together!

Friday, July 4th, 2025

INDEPENDENCE DAY PARADE

10:30AM - Kids Decorating Station
11:30AM - Kids Parade • 12PM - Main Parade

DOWNTOWN BUSINESS DISTRICT

Everyone is welcome, let's keep the tradition going!

For more information on event details, parade entry and volunteering,
visit kirklandwa.gov/CelebrateKirkland

Thank You to
our Sponsors



Lee Johnson Auto Family
SINCE 1933



Humana



Off Leash Dog Parks

Well-mannered canines are welcome in Kirkland's off-leash dog areas for a run or free play with other dogs. Learn more about dogs in Kirkland parks at kirklandwa.gov/DogParks.



JASPER'S DOG PARK

Heronfield Wetlands
11225 NE 120th St

EDITH MOULTON PARK

13634 108th Ave NE

JUANITA BEACH PARK

9703 NE Juanita Drive

SNYDER'S CORNER

13267 Old Redmond Rd

See Spot Splash

September 6
10AM to 3PM

Peter Kirk Pool & Park

340 Kirkland Ave
\$10 per dog

Preregistration is highly recommended.
KirklandParks.net



Kirkland Parks and Community Services invites you to our fifth annual See Spot Splash event. Bring your dog to splash at Peter Kirk Pool and enjoy some off-leash fun at nearby Lee Johnson Field! Event includes vendor booths, music, and treats!



Humana.

For participation details
visit kirklandwa.gov/CommunityBuildingEvents



Kirkland Parks and Community Services – Where You Belong!



Dear Kirkland Community Members,

Welcome to the Spring/Summer 2025 edition of our recreation program guide. We're thrilled to offer a wide range of activities and programs designed to inspire connection, adventure, and wellness for all ages and interests.

This year, exciting improvements are taking shape in our parks. A second picnic shelter is being added to O.O. Denny Park, providing more options to connect with friends, family, and neighbors for a picnic or birthday party. At Everest Park, one of our system's oldest playgrounds will be replaced this spring. The new playground will

be expanded and feature more diverse and accessible play features for all to enjoy. We are also exploring options to improve the outdoor Peter Kirk Pool. Visit our website for the latest news and updates at kirklandwa.gov/Parks.

Whether you are looking for swim lessons, summer youth camps, teen activities, older adult programs, preschool classes, recreational sports, fitness classes, or facility rentals, this guide is here to help you find inspiration and plan your next adventure.

Thank you for being part of our community. We look forward to creating memorable experiences together in Kirkland's parks, on the water, at the Peter Kirk Pool, or at the Celebrate Kirkland parade on July 4.

Here's to a season filled with joy, discovery, and lasting memories!

Lynn Zwaagstra

Director of Parks and Community Services



KIRKLAND RECREATION GUIDE SPRING / SUMMER 2025

Facilities Information & Class Locations

Kirkland City Hall

123 Fifth Ave
425-587-3330

Kirkland Teen Union Building (KTUB)

348 Kirkland Ave
425-587-3370

North Kirkland Community Center (NKCC)

12421 103rd Ave NE
425-587-3350

Peter Kirk Community Center (PKCC)

352 Kirkland Ave
425-587-3360

Peter Kirk Pool

340 Kirkland Ave

132nd Square Park

13159 132nd Ave NE

Crestwoods Park

1818 Sixth St

Edith Moulton Park

13634 108th Ave NE

Everest Park

500 8th St S

Heritage Hall/Park

203 Market St

Juanita Beach Park

9703 NE Juanita Dr

Marsh Park

6605 Lake Washington Blvd NE

McAuliffe Park

10824 NE 116th St

North Rose Hill Woodlands Park

9930 124th Ave NE

OO Denny Park

12302 Holmes Point Dr NE

Peter Kirk Park

202 3rd St

Waverly Beach Park

633 Waverly Way

AG Bell Elementary School

11212 NE 112th St

Emerson K-12 School

10903 NE 53rd St

Finn Hill Middle School

8040 NE 132nd St

Kaizen Academy

9620 153rd Ave NE #A5
Redmond

Kamiakin Middle School

14111 132nd Ave NE

Kirkland Middle School

430 18th Ave

La Luna Gym

11251 120th Ave NE

Mark Twain Elementary School

9525 130th Ave NE

Miller Martial Arts

8920 122nd Ave NE

Northwest University

5520 108th Ave NE

Peter Kirkland Elementary School

1312 6th St

Redwood Golf Center

13029 Redmond-Woodinville Rd NE
Redmond

Sno King Ice Arena

14326 124th Ave NE

8 CAMPS

31 PARENT & CHILD

33 PRESCHOOL

36 YOUTH

40 TEEN

46 AQUATICS

60 ADULTS

66 50+ ADULTS

City Council

Kelli Curtis, Mayor

Jay Arnold,
Deputy Mayor

Neal Black

Amy Falcone

Jon Pascal

Penny Sweet

John Tymczyszyn

Park Board

Amy Ambrosini,
Chairperson

Jared Silvia,
Vice Chairperson

Juliana Born

Mike Holland

Anika Joshi,
Youth Member

Katherine Kearny

Paul Stull

Crystal Thimsen

THREE WAYS TO REGISTER

Registration is first come, first served. Online registration is your best opportunity for getting into the program of your choice!



ONLINE AT KIRKLANDPARKS.NET

When enrolling online, please sign your electronic waiver and print your receipt when prompted.



WALK-IN (OPEN AT 8:00 AM)

North Kirkland Community Center
12421 103rd Ave NE

Peter Kirk Community Center
352 Kirkland Ave

Kirkland City Hall
123 Fifth Ave



PHONE-IN

425-587-3336
Monday–Friday,
8:00 AM–5:00 PM

Please have 5 digit course number and credit card information ready.
On registration day, 3/25 & 3/26 phone line opens at 7AM or 3/27 at 8AM.

**PRIORITY
REGISTRATION
DATES FOR
KIRKLAND
RESIDENTS!**

REGISTER FOR PROGRAMS

RESIDENT REGISTRATION BEGINS March 25 at 7 AM for Non-Aquatics Programs and **March 26** at 7 AM for Aquatic Programs.

NON-RESIDENT REGISTRATION BEGINS March 27 at 8 AM for all programs!

Sign up at KirklandParks.net or call 425-587-3336.

VIEW REGISTRATION TIPS AT
KIRKLANDWA.GOV/RECREATIONGUIDE

All Are Welcome

The City of Kirkland is committed to offering programs and services that are inclusive and where people from all backgrounds feel a sense of belonging, regardless of race, gender identity, gender expression, sexual orientation, socioeconomic position, or physical/cognitive ability.



Please visit kirklandwa.gov/Recreation for our inclusion policies. Kirkland Parks and Community Services is committed to accommodating people with disabilities and will make every reasonable effort to ensure that programs and services are accessible. To request an accommodation, please call us at 425-587-3300. TTY/TTD 425-587-3111

Alternate Formats: Persons with disabilities may request materials in alternative formats. Persons with hearing impairments may access the Washington State Telecommunications Relay Service at 711.

Kirkland Parks and Community Services staff are unable to provide personal care (feeding, toileting assistance, giving medications, transfers, etc.). Participants in need of personal assistance are encouraged to participate with a caregiver. Older adults with care needs may be eligible for community-based programs, such as adult day care centers (see page 78). Contact EvergreenHealth Community Health Care Access Team at 425-899-3200 for other options.

Inclement Weather

The safety of program participants and staff is the primary consideration when determining whether programs should be canceled, rescheduled, or modified due to inclement weather, excessively high or low temperatures, poor or icy road conditions, poor air quality, or other events which may jeopardize safety. The City of Kirkland typically follows the lead of the Lake Washington School District when determining cancellations during the school year. When school is not in session, City staff will evaluate conditions and make the appropriate decision to cancel or delay programs. When air quality levels in Kirkland are deemed unhealthy according to the Environmental Protection Agency's (EPA) website www.airnow.gov, all outdoor programs will be canceled or rescheduled. Additionally, the Peter Kirk Pool will be closed, and beaches will not be staffed by lifeguards. Refunds will be considered on an individual program basis but are not guaranteed.

Our inclement weather hotline is 425-587-3335.

Title VI

Kirkland's policy is to fully comply with Title VI of the Civil Rights Act by prohibiting discrimination against any person on the basis of race, color, national origin or sex in the provision of benefits and services resulting from its programs and activities. Any person who believes his/her/they/them Title VI protection has been violated may file a complaint with the City.

To request an alternate format, file a complaint or for questions about Kirkland's Title VI Program, contact the Title VI Coordinator at 425-587-3011 or titlevicoordinator@kirklandwa.gov.

Para pedir un formato alternativo, presentar una queja o si tiene preguntas sobre el Programa del Título VI de Kirkland, comuníquese con el coordinador del Título VI llamando al 425-587-3831 o en titlevicoordinator@kirklandwa.gov.

Para solicitar um formato alternativo, registrar uma reclamação ou tirar dúvidas sobre o Programa Título VI de Kirkland, entre em contato com o Coordenador do Título VI pelo telefone 425-587-3831 ou em titlevicoordinator@kirklandwa.gov.

Чтобы запросить другой формат, подать жалобу или задать вопросы о программе Title VI г. Киркланда, свяжитесь с координатором по номеру 425-587-3831 или по электронной почте titlevicoordinator@kirklandwa.gov.

如需获取其他格式、提出投诉或对柯克兰的第六章计划 (Title VI Program) 有疑问, 请致电 425-587-3831 或发送电子邮件至 titlevicoordinator@kirklandwa.gov 与第六章协调员联系。

Đề yêu cầu một định dạng khác, nộp đơn khiếu nại hoặc nếu có câu hỏi về Chương Trình Tiêu Mục VI của Kirkland, hãy liên hệ với Điều Phối Viên Tiêu Mục VI theo số 425-587-3831 hoặc titlevicoordinator@kirklandwa.gov.

다른 형식을 요청하거나, 민원을 제기하거나, 커클랜드의 제VI편 프로그램 (Title VI Program)에 관한 문의 사항이 있는 경우, 전화 425-587-3831번 또는 이메일 titlevicoordinator@kirklandwa.gov로 제VI편 코디네이터에게 문의하십시오.

Refunds / Cancellations / Transfers

- To request a transfer or cancellation, please email us at eParks@kirklandwa.gov or call 425-587-3330.
- Some programs have specific cancellation requirements outside our general cancellation policy listed below. For detailed information, please see our Refund and Cancellation Policies at kirklandwa.gov/Recreation.

- Refunds are granted if a request is made at least five business days prior to the start of a program, less a \$10.00 administrative fee applied to each program withdrawn.
- A 50% refund of the registration fee will be granted for program withdrawal requests received less than five business days prior to the start of program.
- Please note: Programs paid by check or cash will be refunded by check. No refunds will be given for programs that cost less than \$10.00.
- No refunds will be issued on or after the first day of program.
- Online enrollments resulting in withdrawals are subject to cancellation policies listed above.
- A 100% refund will be given if a program is canceled by Kirkland Recreation.
- Transfers must be requested five business days prior to the start of a program. (exception: progressive level transfers directed by program instructor.)
- Visit kirklandwa.gov/ParkRentals for facility rental cancellation and change policies.
- Community Center Special Events: Unless otherwise noted, event tickets will be available until 5pm seven business days prior to the event. No tickets will be sold the day of the event. Event tickets are not refundable or transferable.

Disclaimer

This schedule of activities is published for informational purposes only. We strive to produce the most accurate guide possible. However, some program information may have changed after this guide has gone to print. We will make every effort to notify participants of the changes. Our website KirklandParks.net will be most up to date.

WATCH FOR THESE ICONS

NEW

New Program



Virtual Program



Family Program

LIFESAVING FEATURES IN KIRKLAND PARKS

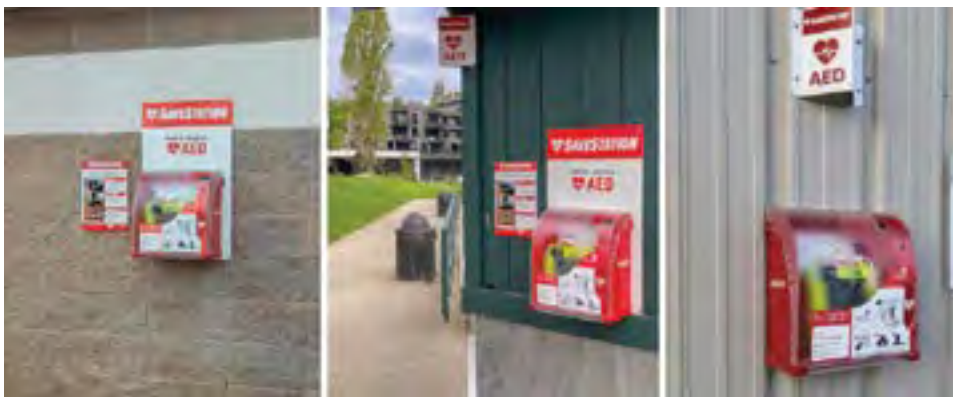
To help ensure a safe experience for all, we have installed AEDs (automated external defibrillator) in multiple parks in Kirkland and have plans to install AEDs in more than

18 parks by the end of 2025. If someone experiences a sudden cardiac arrest, an AED can be used to restart their heart. The sooner an AED is successfully utilized, the greater the chance that person will survive.

AEDs have been installed at the following parks:

- 132nd Square Park
- Crestwoods Park
- Everest Park
- Juanita Beach Park
- Marina Park
- Peter Kirk Park
- Totem Lake Park

Learn more at kirklandwa.gov/ParkAEDs



EXCITING CAPITAL PROJECTS ARE ENHANCING KIRKLAND'S PARKS

This year, several key projects are underway to improve our parks, creating more opportunities for play, connection, and community.

New Playground for Everest Park

Everest Park playground was installed in 2001 and is one of the oldest playgrounds and smallest in our community parks at 3,850 square feet. We're replacing and expanding it to 6,000 square feet to include more accessible and diverse play features, ensuring it meets the needs of all visitors.

More Picnic Space at O.O. Denny Park

A second picnic shelter will be built at O.O. Denny Park this year, offering more opportunities to connect with friends, family, and neighbors. This project uses the remaining funds transferred from the former Finn Hill Park District.

Upgrading the Everest Park Restroom

The restroom building at Everest Park will be replaced due to its age and condition. The new facility features improved accessibility and family style restrooms. Construction is scheduled to begin in August 2025.



Spring Break
Camps –
now open for
registration

SPRING BREAK CAMPS

Kirkland Kids Cooking Camp

Get ready to roll up your sleeves and embark on a culinary adventure! At our camp, you'll master essential kitchen skills while whipping up delicious, nutritious meals every day. From mouthwatering breakfasts to satisfying lunches and hearty dinners, each day brings a new recipe to explore. Come join the fun, create tasty dishes, and discover the joy of cooking!

AGE: 6-10
20243 Mon-Wed 4/14-4/16 12-2pm
R \$135/NR \$162

LOCATION: MCAULIFFE PARK ATRIUM
INSTRUCTOR: KAREN RENFROE-GIELGENS



Play-Well Engineering with LEGO® Materials - Spring into STEM with LEGO®

Celebrate the coming of spring with Play-Well and tens of thousands of LEGO® parts! Build chirping birds, design blossoming flowers, and take a ride on a paddle boat. Design and build as never before and explore your craziest ideas.

AGE: 5-8
19943 Mon-Fri 4/14-4/18 9am-12pm
R \$231/NR \$277

LOCATION: HERITAGE HALL
INSTRUCTOR: PLAY-WELL ENGINEERING

Creative Rhythmic Gymnastics Spring Break Camp

Our Rhythmic Gymnastics Camp encourages children to express themselves creatively through rhythmic gymnastics, dance, theatrical movement, and fun games. This program helps develop eye-hand coordination and focus while practicing with ribbons, hoops, balls, jump ropes and club juggling. Camp is located at 11251 120th Ave NE, Kirkland.

AGE: 5½-12
21467 Mon-Fri 4/14-4/18 9am-4pm
R \$355/NR \$426

EXTENDED CARE - CREATIVE RHYTHMIC GYMNASTICS SPRING BREAK CAMP

21468 Mon-Fri 4/14-4/18 8-9am
4-5:30pm
R \$45/NR \$54

LOCATION: LA LUNA ACADEMY
INSTRUCTOR: LA LUNA ACADEMY



Spring Break Fencing Camp

Experience one of the fastest growing sports in America! This camp will teach fencing skills using interactive games with other students of their own size. This camp includes entry to the end of the summer fencing tournament. Camp located at 9620 153rd Ave NE #A-5, Redmond. Camp fee includes a materials fee of \$28 for fencing gloves.

AGE: 7-18
19800 Mon-Fri 4/14-4/18 9am-12pm
19801 Mon-Fri 4/14-4/18 1-4pm
R \$303/NR \$358

LOCATION: KAIZEN ACADEMY
INSTRUCTOR: KAIZEN ACADEMY

Mixed Media Art Spring Break Camp

Come celebrate all things spring in this exciting 4-day mixed media art camp! Children will make a variety of fascinating and meaningful projects while exploring different mediums of art like acrylics, air dry clay, and paper crafts. Plus, experiment with different materials and surfaces like canvas, wood, cardboard, clay pots, beads and more!

AGE: 8-12
21559 Mon-Thu 4/14-4/17 10am-1pm
R \$280/NR \$336

LOCATION: NKCC
INSTRUCTOR: JUST BEYOND THE CANVAS



NEW

Snapology Space Wars Robotics Spring Break Camp

Join Snapology over Spring Break for Space Wars Robotics, inspired by Star Wars and space travel! Come on an adventure building and programming functional robots using LEGO bricks in this super-fun camp. Learn about space, space travel, and of course, Star Wars. All experience levels welcome.

AGE: 6-12

19794 Mon-Wed 4/14-4/16 9am-12pm

R \$260/NR \$312

LOCATION: NKCC

INSTRUCTOR: SNAPOLOGY



Mad Science Super Science Sampler Spring Break Camp

Mad Science comes in all shapes and sizes as our campers will discover in this exciting week of science activities. Become an engineer and build bridges, assemble and control pulleys, levers, catapults, and simple machines. Explore physical and chemical reactions through chemistry. Behold birds and beasts as we discover the animal kingdom!

AGE: 6-11

19956 Mon-Fri 4/14-4/18 9am-12pm

R \$331/NR \$397

LOCATION: NKCC

INSTRUCTOR: MAD SCIENCE

Mad Science Scene of the Crime Spring Break Camp

Like to solve mysteries? Crack the case? Join the Mad Science Bureau of Investigation and use science to uncover clues and analyze evidence at the scene of the crime. Best for children entering 2nd through 6th grade who are able to read and write.

AGE: 8-12

19957 Mon-Fri 4/14-4/18 1-4pm

R \$331/NR \$397

LOCATION: NKCC

INSTRUCTOR: MAD SCIENCE



Empowered Kids - Running and Outdoor Spring Break Camp

Embark on a transformative 5-Day Empowerment, Running, and Outdoor Camp with PNW Kids Run Club!

Designed to foster a growth mindset and enhance social-emotional skills, we empower youth to become self-believers and efficient runners.

Each day of our camp introduces new empowerment principles and running techniques through our engaging Drill of the Day. Join us for an unforgettable journey!

AGE: 6-12

19955 Mon-Fri 4/14-4/18 10am-12:50pm

R \$299/NR \$359

LOCATION: 132ND SQUARE PARK

INSTRUCTOR: PNW RUN CLUB

ASK US
ABOUT OUR
SCHOLARSHIP
PROGRAM
See page 45

All camp fees
include a \$25
non-refundable
deposit.

SUMMER DAY CAMPS

JUNIOR SUMMER DAY CAMP

NORTH KIRKLAND COMMUNITY CENTER • 12421 103RD AVE NE • AGE 5-8

*Please note that field trips and visiting guests are subject to change.



Kirkland's Longest-Running Day Camps are Back — And They're More Fun Than Ever!

Get ready for an unforgettable summer! Our camps offer an exciting mix of arts, science, sports, games, field trips to amazing destinations, and wacky in-house guests. **Peter Kirk Campers** will explore the many versatile parks in Kirkland, embarking on thrilling outdoor adventures every day. When the sun is shining, campers will cool off with visits to the beach and Kirkland's outdoor swimming pool, with trips happening multiple times each week.

Junior Campers will enjoy time outdoors at our "Space Park," the downtown Spray Park, and at Juanita Beach Park for the Kirkland Children's Summer Concert Series and some sand play. These summer camp experiences are the perfect opportunity for your child to forge lasting friendships and create memories that will last a lifetime!

Arrive at 8:45am
Activities start at 9:00am
Depart 4:00-5:00pm

(Parents must sign child in and out each day)

Week 1	Rodeo Roundup Seattle Pony Parties (Guest)	June 25-27	R \$180/NR \$216	20757
		Extended Care	R \$30/NR \$36	21753
Week 2	Game on Adventures Game Truck (Guest)	June 30-July 3	R \$240/NR \$288	20758
		Extended Care	R \$40/NR \$48	20766
Week 3	Time Travelers Pioneer Farms (Guest)	July 7-11	R \$300/NR \$360	20759
		Extended Care	R \$50/NR \$60	20767
Week 4	Trash to Treasures CreArt Studioz (Guest)	July 14-18	R \$300/NR \$360	20760
		Extended Care	R \$50/NR \$60	20768
Week 5	Cirque de Kirk Hatter Mike Balloon Artist (Guest)	July 21-25	R \$300/NR \$360	20761
		Extended Care	R \$50/NR \$60	20769
Week 6	The Great Out S'mores Alderleaf Wilderness College (Guest)	July 28-Aug 1	R \$300/NR \$360	20762
		Extended Care	R \$50/NR \$60	20770
Week 7	Around the World Imagine Children's Museum (Guest)	Aug 4-8	R \$300/NR \$360	20763
		Extended Care	R \$50/NR \$60	20771
Week 8	Jr. Chefs: Cooking Instructor Karen Renfro-Gielgens (Guest)	Aug 11-15	R \$300/NR \$360	20764
		Extended Care	R \$50/NR \$60	20772
Week 9	Chill & Thrill Coffee & Cone (Field Trip)	Aug 18-22	R \$300/NR \$360	20765
		Extended Care	R \$50/NR \$60	20773

REGISTRATION REMINDER

Extended Care is not registering for camp. Be sure to register for both Regular Camp and Extended Care separately.



Junior Summer and Peter Kirk Day Camp Information

SUMMER CAMP T-SHIRTS

Campers will receive a camp t-shirt on the first day of their first week of camp they attend. This bright, fun t-shirt will be like the day camp counselor's t-shirt and will help identify your child as a City of Kirkland day camper. Please be sure to select the desired size at checkout.

Additional camp t-shirts will be available to purchase for \$10. Supplies and sizes are limited.

EXTENDED CARE

Early morning (8:00am-8:45am) and evening (5:00pm-6:00pm) care is available at the rate of \$50 Resident / \$60 Non-Resident per week. This service is not pro-rated; it is one weekly flat rate no matter how many hours are used.

PAYMENT PLANS

If you are interested in a payment plan, please call 425-587-3336 or email us at eparks@kirklandwa.gov to discuss.

REFUND POLICY

A refund minus a \$25 processing fee, will be granted if a withdrawal request is received at least two (2) weeks prior to the start of the camp. Unfortunately, no refunds or credits will be issued for withdrawals made less than two (2) weeks before the camp begins.

ACCOMMODATIONS

The City of Kirkland is committed to providing reasonable accommodations to ensure an inclusive and supportive experience for all participants.

Please note that due to staff-to-camper ratios, our staff is unable to provide one-on-one care or supervision. For participants needing personal assistance, we encourage the participation with a caregiver to ensure a safe and enjoyable experience.

If your child requires accommodations, please contact us before registering for the camp.

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PETER KIRK DAY CAMP

PETER KIRK COMMUNITY CENTER • 352 KIRKLAND AVE • AGE 7-10

*Please note that field trips and visiting guests are subject to change.

Week 1	The Hungry Games Game Truck (Guest)	June 30-July 3	R \$240/NR \$288	20315
		Extended Care	R \$40/NR \$48	20324
Week 2	Nature Navigators Pioneer Farms (Guest)	July 7-11	R \$300/NR \$360	20316
		Extended Care	R \$50/NR \$60	20325
Week 3	ARTventure Uncle Stinky's (Guest)	July 14-18	R \$300/NR \$360	20317
		Extended Care	R \$50/NR \$60	20326
Week 4	Happy Campers Pump It Up (Field Trip)	July 21-25	R \$300/NR \$360	20318
		Extended Care	R \$50/NR \$60	20327
Week 5	Galaxy Quest Mad Science (Guest)	July 28-Aug 1	R \$300/NR \$360	20319
		Extended Care	R \$50/NR \$60	20328
Week 6	Adventureland KidsQuest Children's Museum (Field Trip)	Aug 4-8	R \$300/NR \$360	20320
		Extended Care	R \$50/NR \$60	20329
Week 7	S'more Smiles Chocolate Factory (Guest)	Aug 11-15	R \$300/NR \$360	20321
		Extended Care	R \$50/NR \$60	20330
Week 8	Splash 'n Dash Imagine Children's Museum (Guest)	Aug 18-22	R \$300/NR \$360	20322
		Extended Care	R \$50 /NR \$60	20331





SNAPOLOGY CAMPS & WORKSHOPS

Junior Planes, Trains, and Automotives Camp

In the Snapology Planes, Trains, and Automobiles (Juniors) camp, preschoolers will discover the importance of transportation through fun activities. They'll build models of cars, trains, and boats, and have a blast learning how these vehicles help connect communities worldwide.

AGE: 4-6
21503 Mon-Thu 6/30-7/3 9am-12pm
R \$208/NR \$250

LOCATION: MCAULIFFE PARK ATRIUM
INSTRUCTOR: SNAPOLOGY

Foundational Engineering + Superheroes Camp

In the morning Foundational Engineering program, kids tinker with machines, understand simple mechanics, and explore physics through hands-on activities and creative play. In the afternoon Superheroes program, kids will design superheroes, create adventures, and build battle scenes using LEGO® bricks, unleashing the creativity.

AGE: 6-12
21508 Mon-Fri 7/21-7/25 9am-4pm
R \$460/NR \$552

LOCATION: MCAULIFFE PARK ATRIUM
INSTRUCTOR: SNAPOLOGY

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Robopets + Castles, Kings, and Wizards Camp

In this introduction to robotics, kids build animal-inspired robots, learning basic engineering and programming concepts through hands-on activities and creative play. In the afternoon, kids use LEGO® bricks to build medieval fantasies, combining magic and history for a fun, educational adventure.

AGE: 6-12
21510 Mon-Fri 7/28-8/1 9am-4pm
R \$460/NR \$552

LOCATION: MCAULIFFE PARK ATRIUM
INSTRUCTOR: SNAPOLOGY

Creature Creators + Snap Summer Games Camp

In Snapology's Creature Creator Robotics class, kids build animal-inspired robots, learning gear ratios, sensors, simple machines, and programming through playful activities. In the afternoon, kids explore the history of the Olympics and sports while building LEGO® creations, fostering creativity, teamwork, and sportsmanship.

AGE: 6-12
21511 Mon-Fri 8/4-8/8 9am-4pm
R \$460/NR \$552

LOCATION: MCAULIFFE PARK ATRIUM
INSTRUCTOR: SNAPOLOGY

Discovering Dinosaurs Camp

Young zoologists explore vertebrates, invertebrates, life cycles, and animal differences with Kid K'NEX®, gaining social, motor, and developmental skills through hands-on learning.

AGE: 4-6
21513 Mon-Fri 8/11-8/15 9am-12pm
R \$260/NR \$312

LOCATION: MCAULIFFE PARK ATRIUM
INSTRUCTOR: SNAPOLOGY

Prehistoric Robotics + Minecraft Mania Camp

In Snapology's Prehistoric Creatures Robotics, kids build and code prehistoric robots, learning sensors, mechanics, and programming through fun, collaborative challenges. In the afternoon, campers will build to bring Minecraft® to life with LEGO® bricks, creating adventures, worlds, mobs, and characters using their imagination.

AGE: 6-12
21512 Mon-Fri 8/18-8/22 9am-4pm
R \$460/NR \$552

LOCATION: MCAULIFFE PARK ATRIUM
INSTRUCTOR: SNAPOLOGY



CREART STUDIOZ CAMP

Art Camp - Global Art Adventures

Take a creative journey across the globe! Craft Russian nesting dolls, Dutch tulips, Egyptian scrolls, Turkish evil eyes, and Australian boomerangs. Plus, make your own passport and paper lanterns for a week of international art exploration!

AGE:5-12

21596 Wed-Fri 6/25-6/27 9:30am-12:30pm
R \$207/NR \$248

LOCATION: NKCC
INSTRUCTOR: CREART STUDIOZ

Art Camp - Circus Carnival Creations

Step right up to a world of fun, art, and carnival-themed projects! Create a paper mâché elephant, design a 3D circus, paint a canvas clown, make cotton candy puffy paint, and enjoy face painting fun. It's a festive colorful week of creativity for all!

AGE:5-12

21597 Mon-Thu 6/30-7/3 9:30am-12:30pm
R \$280/NR \$336

LOCATION: NKCC
INSTRUCTOR: CREART STUDIOZ

Art Camp - Hands-on Clay Art

Get your hands into clay and create fun projects from scratch! Make bobblehead animals with pinch pot technique, create clay boxes with slab technique, build a flamingo with coils, or design your own mini golf course. Let your imagination shape the clay this summer!

AGE:5-12

21598 Mon-Fri 7/7-7/11 9:30am-12:30pm
R \$345/NR \$414

LOCATION: NKCC
INSTRUCTOR: CREART STUDIOZ



Art Camp - Space Creators

Blast off into the universe with this out-of-this-world camp! Create space dioramas, paint galaxies, build paper mâché rockets, and explore robot art. Get ready for a stellar summer of cosmic creativity!

AGE:5-12

21599 Mon-Fri 7/14-7/18 9:30am-12:30pm
R \$345/NR \$414

LOCATION: NKCC
INSTRUCTOR: CREART STUDIOZ

Art Camp - Mythical Creatures

Dive into a world of magic and wonder! From crafting majestic dragon tails to designing enchanting fairy doors, this camp sparks creativity for all. Create mythical creatures, bring imaginative characters to life, and explore the legends of unicorns, mermaids, and more. A week full of art, adventure, and endless possibilities!

AGE:5-12

21600 Mon-Fri 7/21-7/25 9:30am-12:30pm
R \$345/NR \$414

LOCATION: NKCC
INSTRUCTOR: CREART STUDIOZ

Art Camp - 3D Art Extravaganza

Are you ready to think outside the box? In this immersive art camp, you'll bring your wildest ideas to life in three dimensions! Explore the magic of paper mâché, build clay characters, and even design a large-scale colorful macaw. Add a twist of paint and watch your creations come alive in vibrant colors.

AGE:5-12

21601 Mon-Fri 7/28-8/1 9:30am-12:30pm
R \$345/NR \$414

LOCATION: NKCC
INSTRUCTOR: CREART STUDIOZ

Art Camp - STEM-tastic Art Lab

Science meets art in this hands-on, experiment-packed camp. Make paper frisbees, build catapults, create pendulum paint masterpieces, and discover your inner mad scientist. Prepare yourself for lots of cool projects and experiments!

AGE:5-12

21734 Mon-Fri 8/4-8/8 9:30am-12:30pm
R \$345/NR \$414

LOCATION: NKCC
INSTRUCTOR: CREART STUDIOZ



Art Camp - Sea World Wonders

Dive into the deep blue and unleash your creativity! Paint your own mini aquariums, create mold clay sea creatures, paint mesmerizing watercolor silhouettes, and build vibrant 3D coral reefs. Explore where stuffed creatures, painting, and 3D art come together for an ocean-inspired adventure.

AGE:5-12

21602 Mon-Fri 8/11-8/15 9:30am-12:30pm
R \$345/NR \$414

LOCATION: NKCC
INSTRUCTOR: CREART STUDIOZ



SPORTS CAMPS

Skyhawks provides a wide variety of fun, safe and positive programs that emphasize critical lessons in sports and life, such as teamwork, respect, and sportsmanship. Programs are designed to give each child a positive introduction into sports while fostering a lifelong love for an active, healthy lifestyle.



Mini-Hawk Camp | Baseball, Basketball, & Soccer

This multi-sport program was developed to give children a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through exciting games and activities, campers explore balance, hand/eye coordination and skill development at their own pace.

AGE: 4-7

20613	Wed-Fri	6/25-6/27	9am-12pm
20614	Wed-Fri	6/25-6/27	1-4pm
R \$122/NR \$147			
20615	Mon-Fri	7/7-7/11	9am-12pm
20616	Mon-Fri	7/7-7/11	1-4pm
20618	Mon-Fri	7/14-7/18	9am-12pm

R \$203/NR \$244

LOCATION: MARK TWAIN ELEMENTARY
INSTRUCTOR: SKYHAWKS

Multi-Sport Camp | Baseball, Basketball, & Soccer

Multi-sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship and teamwork.

AGE: 6-12

20620	Mon-Fri	7/21-7/25	9am-3pm
R \$264/NR \$317			
20621	Mon-Fri	7/21-7/25	9am-12pm
20622	Mon-Fri	7/28-8/1	9am-12pm

R \$203/NR \$244

LOCATION: MARK TWAIN ELEMENTARY
INSTRUCTOR: SKYHAWKS

Multi-Sport Camp | Baseball, Flag Football & Soccer

Multi-sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship and teamwork.

AGE: 6-12

20623	Mon-Fri	7/28-8/1	9am-3pm
20626	Mon-Fri	8/11-8/15	9am-3pm
R \$264/NR \$317			
20627	Mon-Fri	8/11-8/15	9am-12pm
R \$203/NR \$244			

LOCATION: MARK TWAIN ELEMENTARY
INSTRUCTOR: SKYHAWKS

Multi-Sport Camp | Volleyball, Flag Football & Soccer

Multi-sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship and teamwork.

AGE: 6-12

20628	Mon-Fri	8/18-8/22	9am-12pm
R \$203/NR \$244			
20629	Mon-Fri	8/18-8/22	9am-3pm
R \$264/NR \$317			

LOCATION: MARK TWAIN ELEMENTARY
INSTRUCTOR: SKYHAWKS

Beach Volleyball Camp

Skyhawks Volleyball is a great team sport. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting, and serving. This program is designed for the beginning to intermediate player.

AGE: 9-13

20611	Wed-Fri	6/25-6/27	9am-12pm
R \$122/NR \$147			
20612	Mon-Fri	8/4-8/8	9am-12pm
R \$203/NR \$244			

LOCATION: JUANITA BEACH PARK
INSTRUCTOR: SKYHAWKS

Track & Field Camp

The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are taught. Track and field events may include javelin, discus, shot put, hurdles, long jump, triple jump and various running and relay events.

AGE: 6-12

20617	Mon-Fri	7/7-7/11	9am-12pm
20619	Mon-Fri	7/21-7/25	9am-12pm
R \$203/NR \$244			

LOCATION: KIRKLAND MIDDLE SCHOOL
INSTRUCTOR: SKYHAWKS

Basketball Camp

The energy and excitement of this great team sport is put all together into one fun-filled program. All aspects of the game are taught through drills and exercises. This program is designed for the beginning to intermediate player.

AGE: 9-13

20624	Mon-Fri	8/4-8/8	9am-12pm
R \$203/NR \$244			

LOCATION: PETER KIRK ELEMENTARY
INSTRUCTOR: SKYHAWKS

Flag Football Camp

Experience the excitement of football with Skyhawks Flag Football. Coaches will teach skills like passing, receiving, kicking, flag pulling and game play!

AGE: 6-12

20625	Mon-Fri	8/11-8/15	9am-12pm
R \$203/NR \$244			

LOCATION: 132ND SQUARE PARK
INSTRUCTOR: SKYHAWKS

Tennis & Swim Camp

Game, Set, Match- and Splash! Our Tennis and Swim camp combines tennis activities and field games in the morning with swimming at Peter Kirk Pool in the afternoon. Kirkland staff will teach tennis basics through a variety of games, drills, and skill building activities. Friday will be used as a possible makeup day in case of inclement weather.

AGE: 7-12

20638	Wed-Fri	6/25-6/27	9am-3pm
R \$176/NR \$211			
20639	Mon-Thu	6/30-7/3	9am-3pm
20640	Mon-Thu	7/7-7/10	9am-3pm
20641	Mon-Thu	7/14-7/17	9am-3pm
20642	Mon-Thu	7/21-7/24	9am-3pm
20643	Mon-Thu	7/28-7/31	9am-3pm
20644	Mon-Thu	8/4-8/7	9am-3pm
20645	Mon-Thu	8/11-8/14	9am-3pm
2064	Mon-Thu	8/18-8/21	9am-3pm
R \$235/NR \$282			

LOCATION: PETER KIRK PARK

TGA Tennis Camp

TGA Premier Tennis Camps feature instruction on forehand, backhand, volley, and serving skills, daily match play, and lessons on the rules and etiquette of the sport. Gear is provided by TGA, but equipment from home is welcomed if your child has something they'd like to bring to camp.

AGE: 5-12

20591	Wed-Fri	6/25-6/27	9-11:30am
R \$156/NR \$186			
*20592	Mon-Thu	6/30-7/3	9-11:30am
20593	Mon-Fri	7/7-7/11	9-11:30am
20594	Mon-Fri	7/14-7/18	9-11:30am
20595	Mon-Fri	7/21-7/25	9-11:30am
20596	Mon-Fri	7/28-8/1	9-11:30am
20597	Mon-Fri	8/4-8/8	9-11:30am
20598	Mon-Fri	8/11-8/15	9-11:30am
20599	Mon-Fri	8/18-8/22	9-11:30am
20602	Mon-Fri	8/25-8/29	9-11:30am
R \$259/NR \$311 *R \$207/NR \$248			

LOCATION: KIRKLAND MIDDLE SCHOOL
INSTRUCTOR: TGA OF GREATER SEATTLE

TGA Pickleball Camp

Get ready to dink, drive, and volley with TGA! Led by trained coaches, TGA Pickleball camp uniquely combines athletics, academics, and life lessons to create a fun, active, and entertaining camp experience. TGA camps include skill development, lessons on rules and etiquette, and activities that explore academic concepts through the lens of the sport. All levels/abilities are welcome. Equipment is provided.

AGE: 6-14

20579	Wed-Fri	6/25-6/27	9-11:30am
R \$156/NR \$186			
*20580	Mon-Thu	6/30-7/3	9-11:30am
20581	Mon-Fri	7/7-7/11	9-11:30am
20584	Mon-Fri	7/14-7/18	9-11:30am
20585	Mon-Fri	7/21-7/25	9-11:30am
20586	Mon-Fri	7/28-8/1	9-11:30am
20587	Mon-Fri	8/4-8/8	9-11:30am
20588	Mon-Fri	8/11-8/15	9-11:30am
20589	Mon-Fri	8/18-8/22	9-11:30am
20590	Mon-Fri	8/25-8/29	9-11:30am
R \$259/NR \$311 *R \$207/NR \$249			

LOCATION: JUANITA BEACH PARK
INSTRUCTOR: TGA OF GREATER SEATTLE



Rugby Splash Camp

Rugby in the morning, swimming in the afternoon! Using the sport of rugby (non-contact), children will develop key athletic skills and a foundation for team sports that will benefit them in any sport they choose in the future. Through the use of fun games, participants will learn catching and passing, evasive running and defensive tracking all while learning to work with others in a team environment. After lunch, children will spend the remainder of the day splashing around in the lake.

AGE: 7-13

20630	Mon-Thu	7/7-7/10	9am-3pm
20636	Mon-Thu	7/14-7/17	9am-3pm
20631	Mon-Thu	7/21-7/24	9am-3pm
20632	Mon-Thu	8/4-8/7	9am-3pm
20637	Mon-Thu	8/11-8/14	9am-3pm
20633	Mon-Thu	8/18-8/21	9am-3pm
R \$200/NR \$240			

LOCATION: HERITAGE PARK & WAVERLY BEACH
INSTRUCTOR: EASTSIDE LIONS

McVander Co-Ed Ball Hockey Camp

Spend summer playing ball hockey with us. Stickhandling at warp speed! Passes like lightning! Shots with laser precision! Think you're fast? Dangle through cones, thread passes and measure your slapshot with our radar gun. Expect fun-paced scrimmages, shootouts, and spectacular goalie saves. Learn the spin-o-rama and create your own celly!

AGE: 6-12

20681	Mon-Thu	6/30-7/3	9am-12pm
20682	Mon-Thu	7/28-7/31	9am-12pm
R \$225/NR \$270			

LOCATION: NKCC
INSTRUCTOR: MCVANDER HOCKEY



ALL CAMPS AND PROGRAMS OPEN TO ALL GENDER IDENTITIES

NORTHWEST UNIVERSITY SPORTS ACADEMIES

Academies bring NWU athletics to you! Come play on the same court and field they compete on! Basketball, soccer, cross-country, and volleyball sports academies will be offered throughout the summer. Players will need athletic attire, water, snack.



Basketball Camp

The camp will be staffed by current Northwest University players who will train campers on fundamentals of passing, shooting, dribbling, and defense. Campers can expect to improve their skills through the use of competitive drills and team play. Campers will be grouped according to age and ability.

AGE:7-10				
21544	Wed-Fri	6/25-6/27		9-11:30am
AGE:11-14				
21545	Wed-Fri	6/25-6/27		12:30-3pm
R \$150/NR \$180				

LOCATION: NORTHWEST UNIVERSITY
INSTRUCTOR: NORTHWEST UNIVERSITY

Soccer Camp Half Day

Campers will learn skills such as dribbling, shooting, passing and defense. Campers will do drills and play games that enhance their soccer skills.

AGE:5-12				
21547	Mon-Thu	7/21-7/24		9am-12pm
21548	Mon-Thu	7/28-7/31		9am-12pm
R \$175/NR \$210				

LOCATION: NORTHWEST UNIVERSITY
INSTRUCTOR: NORTHWEST UNIVERSITY

Cross Country Camp

Campers will learn the fundamentals of body positioning, stride, proper stretching, and cool-down techniques.

AGE:5-10				
21546	Mon-Thu	6/30-7/3		9-11am
R \$80/NR \$96				

LOCATION: NORTHWEST UNIVERSITY
INSTRUCTOR: NORTHWEST UNIVERSITY

Elementary Volleyball Camp

This youth volleyball camp is the perfect opportunity for young athletes to grow, learn, and have fun under the sun! This camp is ideal for players with less than 2 years of club volleyball experience and athletes that are new to the sand. Campers will learn the fundamentals, rules, and develop a love of the game.

AGE:7-10				
21549	Tue-Thu	8/5-8/7		1-4pm
R \$150/NR \$180				

LOCATION: NORTHWEST UNIVERSITY
INSTRUCTOR: NORTHWEST UNIVERSITY

Middle School Volleyball Camp

Providing individualized feedback for each player is a priority as is the encouragement of athletic achievement in a team setting that is fun and challenging.

AGE:11-14				
21550	Tue-Thu	8/12-8/14		1-4pm
R \$175/NR \$210				

LOCATION: NORTHWEST UNIVERSITY
INSTRUCTOR: NORTHWEST UNIVERSITY

ALL CAMPS AND PROGRAMS OPEN TO ALL GENDER IDENTITIES



NATURE ADVENTURE CAMP A nature camp based outside in the great Northwest, what more can you ask for? Learn about our native animals, flora, fauna, woodlands, and bodies of water. Nature-inspired art, games, and discoveries make for a fun day when you add new friends with the same interests!

Nature Camp @ Edith Moulton Park

AGE:5-7				
20696	Wed-Fri	6/25-6/27		10am-2pm
R \$120/NR \$144				
20697	Mon-Thu	6/30-7/3		10am-2pm
20698	Mon-Thu	7/7-7/10		10am-2pm
20699	Mon-Thu	7/14-7/17		10am-2pm
R \$200/NR \$240				

LOCATION: EDITH MOULTON PICNIC SHELTER

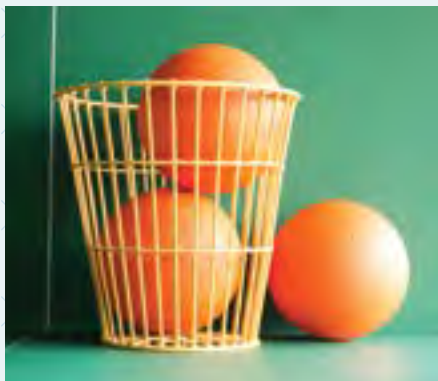
Nature Camp @ OO Denny Park

AGE:7-10				
20700	Mon-Thu	7/21-7/24		10am-3pm
20701	Mon-Thu	7/28-7/31		10am-3pm
20702	Mon-Thu	8/4-8/7		10am-3pm
20703	Mon-Thu	8/11-8/14		10am-3pm
R \$250/NR \$300				

LOCATION: OO DENNY PICNIC SHELTER

OVERTIME ATHLETICS

Overtime Athletic Camps are designed to give each participant a positive experience while learning new skills and having fun! Each camp will engage participants in a variety of activities that will improve athletic skills and teamwork. Please bring water and a snack to camp.



Dodgeball Camp

Throw 'em! Dodge 'em! Grab a group of your friends this summer and test your agility and accuracy in the classic PE favorite Dodgeball! OTA Camp Coaches will discuss the safety and game rules at the beginning of each camp day. Soft, foam balls are used for camper's protection. Learn new variations of game play like: Dr. Dodgeball, Bunker, Basketball Dodgeball and Survivor! This half day camp is ALL Dodgeball ALL the time!

AGE:7-11

20573	Wed-Fri	6/25-6/27	9am-12pm
20574	Wed-Fri	6/25-6/27	1-4pm

R \$99/NR \$119

LOCATION: PETER KIRK ELEMENTARY
INSTRUCTOR: OVERTIME ATHLETICS

Basketball Camp

OTA Basketball Camp is designed to develop campers' skills – dribbling, passing, shooting, rebounding and defense all while having fun, learning the game with new and old friends. While at camp, campers play a season worth of games, are taught fundamental skills, do daily station work, and compete in contests and competitions. OTA Basketball Camp focus is to make the game fun and exciting, providing a positive experience for each player!

AGE:7-11

20575	Mon-Fri	7/14-7/18	9am-12pm
20576	Mon-Fri	7/14-7/18	1-4pm
20577	Mon-Fri	8/18-8/22	9am-12pm
20578	Mon-Fri	8/18-8/22	1-4pm

R \$165/NR \$198

LOCATION: PETER KIRK ELEMENTARY
INSTRUCTOR: OVERTIME ATHLETICS

Challenger Sports Soccer Camp

This camp truly encapsulates the global nature of the sport and provides young players with a variety of coaching styles, practices, and influences to develop a well-rounded skill set. The best coaching methodologies from England, Brazil, Spain, USA, and France, are woven together in a multi-faceted on and off-field coaching experience.

Tiny Tykes

AGE:3-5

21764	Wed-Fri	6/25-6/27	8am-8:45am
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R \$60/NR \$72

21766	Mon-Fri	7/21-7/25	8am-8:45am
21768	Mon-Fri	8/11-8/15	8am-8:45am

R \$99/NR \$119

LOCATION: CRESTWOODS PARK
INSTRUCTOR: CHALLENGER INT'L SOCCER

21765	Mon-Fri	7/14-7/18	8am-8:45am
21767	Mon-Fri	7/28-8/1	8am-8:45am

R \$99/NR \$119

LOCATION: 132ND SQUARE PARK
INSTRUCTOR: CHALLENGER INT'L SOCCER

Challenger International Soccer Camp - AM & PM

AM HALF DAY

AGE:6-14

21689	Wed-Fri	6/25-6/27	9am-12pm
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R \$126/NR \$152

21691	Mon-Fri	7/21-7/25	9am-12pm
21693	Mon-Fri	8/11-8/15	9am-12pm

R \$209/NR \$251

LOCATION: CRESTWOODS PARK
INSTRUCTOR: CHALLENGER INT'L SOCCER

21690	Mon-Fri	7/14-7/18	9am-12pm
21692	Mon-Fri	7/28-8/1	9am-12pm

R \$209/NR \$251

LOCATION: 132ND SQUARE PARK
INSTRUCTOR: CHALLENGER INT'L SOCCER

PM HALF DAY

AGE:6-14

21773	Wed-Fri	6/25-6/27	1-4pm
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R \$114/NR \$137

21775	Mon-Fri	7/21-7/25	1-4pm
21777	Mon-Fri	8/11-8/15	1-4pm

R \$189/NR \$227

LOCATION: CRESTWOODS PARK
INSTRUCTOR: CHALLENGER INT'L SOCCER

21774	Mon-Fri	7/14-7/18	1-4pm
21776	Mon-Fri	7/28-8/1	1-4pm

R \$189/NR \$227

LOCATION: 132ND SQUARE PARK
INSTRUCTOR: CHALLENGER INT'L SOCCER

Challenger International Soccer Camp | Full Day

AGE:7-14

21684	Wed-Fri	6/25-6/27	9am-4pm
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R \$168/NR \$202

21686	Mon-Fri	7/21-7/25	9am-4pm
21688	Mon-Fri	8/11-8/15	9am-4pm

R \$279/NR \$335

LOCATION: CRESTWOODS PARK
INSTRUCTOR: CHALLENGER INT'L SOCCER

21685	Mon-Fri	7/14-7/18	9am-4pm
21687	Mon-Fri	7/28-8/1	9am-4pm

R \$279/NR \$335

LOCATION: 132ND SQUARE PARK
INSTRUCTOR: CHALLENGER INT'L SOCCER

Creative Skills Soccer Camp

Players will have a wide variety of fun and unique soccer games to play, learning the advanced street skills from international expert coaches, make use of our incredible 3v3 inflatable fields and take home lasting memories.

AGE:6-16

21683	Mon-Fri	8/4-8/8	9am-12pm
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R \$195/NR \$234

LOCATION: 132ND SQUARE PARK
INSTRUCTOR: CHALLENGER INT'L SOCCER

CAMPS

Summer Fencing Camp

Experience one of the fastest growing sports in America! This camp teaches fencing skills using interactive games with other students of their own size. Includes discounted entry to the end of the summer fencing tournament.

AGE: 7-18

20739	Mon-Fri	7/14-7/18	9am-12pm
20741	Mon-Fri	7/14-7/18	1-4pm
20742	Mon-Fri	7/21-7/25	9am-12pm
20743	Mon-Fri	7/21-7/25	1-4pm
20744	Mon-Fri	7/28-8/1	9am-12pm
20745	Mon-Fri	7/28-8/1	1-4pm
20746	Mon-Fri	8/4-8/8	9am-12pm
20747	Mon-Fri	8/4-8/8	1-4pm
20748	Mon-Fri	8/11-8/15	9am-12pm
20749	Mon-Fri	8/11-8/15	1-4pm
20750	Mon-Fri	8/18-8/22	9am-12pm
20751	Mon-Fri	8/18-8/22	1-4pm

R \$328/NR \$394

LOCATION: KAIZEN ACADEMY
INSTRUCTOR: KAIZEN ACADEMY

Empowered Kids - Running and Outdoor Summer Camp

Embark on a transformative 5-Day Empowerment, Running, and Outdoor Camp with PNW Kids Run Club! Designed to foster a growth mindset and enhance social-emotional skills, we empower youth to become self-believers and efficient runners.

Each day of our camp introduces new empowerment principles and running techniques through our engaging Drill of the Day. Join us for an unforgettable journey!

AGE: 6-12

21681	Mon-Fri	7/7-7/11	10am-12:50pm
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R \$299/NR \$359

LOCATION: EVEREST PARK
INSTRUCTOR: PNW RUN CLUB

21682	Mon-Fri	7/28-8/1	10am-12:50pm
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R \$299/NR \$359

LOCATION: KIRKLAND MIDDLE SCHOOL
INSTRUCTOR: PNW RUN CLUB



Dance Sampler Camp

Learn general knowledge of ballet, hip-hop, jazz, and lyrical styles while gaining confidence, and having fun working as a group. A performance will be held on the last day showcasing short routines and choreography by participants.

AGE: 6-12

21713	Mon-Fri	7/21-7/25	1-4pm
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R \$155/NR \$185

LOCATION: NKCC
INSTRUCTOR: SAMANTHA GRUBBS AND
MANOELLA CONTRIGIANI



Creative Kid Fitness Camp

Join us for a week full of fun and creativity! Kids will enjoy Zumba dance routines, fitness exercises, fun games, and art & crafts activities. During this camp, students will work on improving their flexibility, fitness, and confidence. This camp encourages kids to let their unique personalities shine through!

AGE: 5-11

20720	Mon-Fri	7/21-7/25	9am-12pm
20721	Mon-Fri	8/4-8/8	9am-12pm

R \$250/NR \$300

LOCATION: KTUB
INSTRUCTOR: TANYA DANCE FITNESS

MORE TEEN CAMPS & PROGRAMS

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Cheerleading Camp

Learn to be a cheerleader! This cheer camp is designed for those who want to cheer, jump, and dance. It's a fun five-day camp where participants will learn to perform cheers, dance routines, and even do some beginning tumbling. Please bring a sack lunch (full-day camp), a snack, and a water bottle, and wear comfortable clothes and tennis shoes. Cheerleaders will be divided into age-appropriate groups.

OUTDOOR COVERED SHELTER

AGE: 5-12

20731	Mon-Fri	7/21-7/25	9:30am-3pm
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R \$240/NR \$288

LOCATION: AG BELL ELEMENTARY
INSTRUCTOR: EASTSIDE DREAM ELITE

INDOOR CAMP

AGE: 5-12

20732	Mon-Fri	8/18-8/22	1-4pm
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R \$130/NR \$156

LOCATION: NKCC
INSTRUCTOR: EASTSIDE DREAM ELITE

Park Art and Play

Join us at Edith Moulton Park for this nature art and play minicamp. Crafts, games, exploring and free play at the playground, there is no better play group or place to be this summer. Each day will include a craft, story, and some active play.

AGE: 3-5

21790	Mon-Wed	7/22-7/24	9:30-11am
21790	Mon-Wed	7/29-7/31	9:30-11am
21790	Mon-Wed	8/6-8/8	9:30-11am

R \$85/NR \$102

LOCATION: EDITH MOULTON PICNIC SHELTER
INSTRUCTOR: JESSICA ANDERSON

ALL CAMPS AND PROGRAMS OPEN TO ALL GENDER IDENTITIES

Kirkland Kids Summer Cooking Camp

Get ready to roll up your sleeves and embark on a culinary adventure! At our camp, you'll master essential kitchen skills while whipping up delicious, nutritious meals every day. From mouthwatering breakfasts to satisfying lunches and hearty dinners, each day brings a new recipe to explore. Come join the fun, create tasty dishes, and discover the joy of cooking!

AGE: 6-8

20812 Mon-Wed 7/7-7/9 12-2pm
R \$138/NR \$165

AGE: 8-10

20813 Mon-Fri 7/14-7/18 12-2pm
R \$230/NR \$275

LOCATION: MCAULIFFE PARK ATRIUM

INSTRUCTOR: KAREN RENFROE-GIELGENS

Leap Into Summer Ice Skating Camp

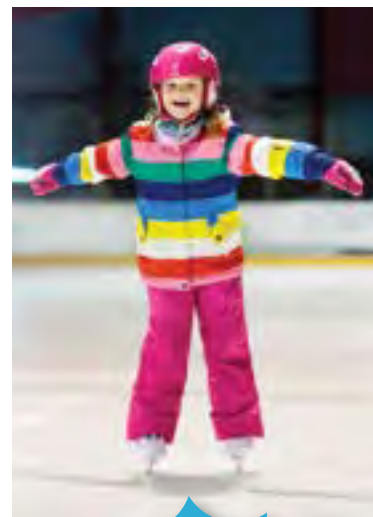
"Leap into Summer" is a unique opportunity to expose individuals to an assortment of skills classes, both on and off the ice, in a fun and safe learning environment. Course contents will include the fundamentals of ice skating, spins, jumps, off-ice training, endurance, choreography, production, and goal setting. Skaters will perform on the last class day. Participants will be grouped by skating experience and age. Rental skates are included. Helmets are recommended for beginners and are not included. Camp held at Sno-King Ice Arena located at 14326 124 Ave NE in Kirkland. **REGISTRATION CLOSES May 24th.**

AGE: 5-16

20500 Tue-Fri 6/24-6/27 12:30-4pm
R \$400/NR \$480

LOCATION: SNO KING ICE ARENA

INSTRUCTOR: SNO KING ICE ARENA



ASK US
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PROGRAM
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La Luna Rhythmic Gymnastics Summer Camp

Our Rhythmic Gymnastics Camp encourages children to be creative and express themselves through rhythmic gymnastics, creative dance, theatrical movement, and fun games. This program helps to develop hand-eye coordination and focus while practicing with ribbons, hoops, balls, jump ropes, and club juggling. Camp is 9:00am-4:00pm. Extended Care is from 8:00am-9:00am and 4:00pm-5:30pm. Extended Care is not pro-rated. It is one weekly flat rate no matter how many hours are used. Registration for regular camp is required for those also wanting Extended Care.

AGE: 5½-12

Week 1	Mushroom Dance	7/7-7/11	R \$355/NR \$426	21470
		Extended Care	R \$45/NR \$54	21478
Week 2	Blue Water Fairies	7/14-7/18	R \$355/NR \$426	21471
		Extended Care	R \$45/NR \$54	21479
Week 3	I Love Dancing	7/21-7/25	R \$355/NR \$426	21472
		Extended Care	R \$45/NR \$54	21480
Week 4	The Fairies in the Forest	7/28-8/1	R \$355/NR \$426	21473
		Extended Care	R \$45/NR \$54	21481
Week 5	Circus and Acro Time	8/4-8/8	R \$355/NR \$426	21474
		Extended Care	R \$45/NR \$54	21482
Week 6	Dancing with the Stars	8/11-8/15	R \$355/NR \$426	21475
		Extended Care	R \$45/NR \$54	21483
Week 7	Sweet Ladybugs	8/18-8/22	R \$355/NR \$426	21476
		Extended Care	R \$45/NR \$54	21484

YOUTH TECH COMPUTER CAMPS

Youth Tech Inc. is an interactive computer camp that provides enrichment opportunities to students in the world of computers. We strive to create a positive learning community that encourages creativity, fun, and academic excellence. For more information about Youth Tech Inc., please visit www.youthtechinc.com. A lab fee of \$5 will be collected on the first day of camp for a USB lanyard of the student's work. Bring a snack, lunch, and water bottle each day. Camp takes place at NKCC.

Movie Makers

This hands-on, interactive course will instruct students on the world of digital video design and production. Students will film, direct, and edit their own digital video creations. Students enrolled in the course amaze their peers with green screen and special effect work.

AGE: 9-17

20815	Mon-Thu	7/21-7/24	11:15am-1:30pm
			R \$165/NR \$198

LOCATION: NKCC
INSTRUCTOR: YOUTH TECH INC.

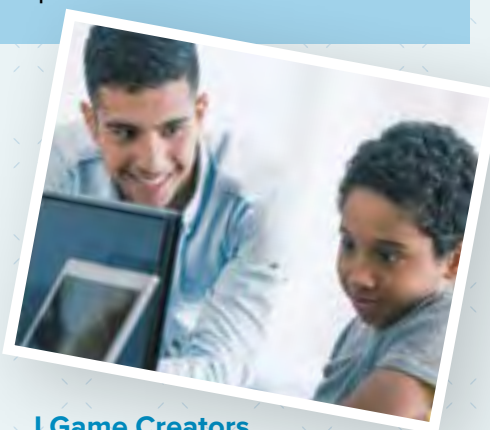
Video Game Design

This course provides students with a fun interactive look at the world of mobile video game design and development. Students enrolled in this camp will learn the basics of video game design and produce several different interactive video games to share with their friends and family.

AGE: 10-17

20816	Mon-Thu	7/21-7/24	2-4:15pm
20833	Mon-Thu	7/28-7/31	1:15-3:30pm
			R \$170/NR \$204

LOCATION: NKCC
INSTRUCTOR: YOUTH TECH INC.



I Game Creators

Want to create video games? This introductory course is for younger students who want to learn to build simple video games and combine the art of video game design and animation to create interactive characters that fly around the screen. Amaze your friends and family with your fun interactive games.

AGE: 6-10

20837	Wed-Fri	6/25-6/27	1-3:30pm
			R \$135/NR \$161
20835	Mon-Thu	7/7-7/10	11:15am-1:30pm
			R \$145/NR \$174

LOCATION: NKCC
INSTRUCTOR: YOUTH TECH INC.



Animation

In this class students will learn the basics of animation and digital design. Students who enjoy going to various sites to see fun interactive animations will love this course. This class will utilize award winning animation software. Students will create fun interactive animations that they can share with the world.

AGE: 9-17

20834	Mon-Thu	7/7-7/10	2-4:15pm
			R \$165/NR \$198

LOCATION: NKCC
INSTRUCTOR: YOUTH TECH INC.

Arcade Games-eSports

This class gives students a look at online game development and puts them in the driver's seat of simple game creation. Students in this course will develop online games including arcade style, platform and other interactive games that they can publish and share online. Students will also use their games in an eSport setting and compete like real gamers.

AGE: 6-12

20838	Mon-Thu	7/14-7/17	11:15am-1:30pm
			R \$140/NR \$168

LOCATION: NKCC
INSTRUCTOR: YOUTH TECH INC.



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ALL CAMPS AND PROGRAMS OPEN TO ALL GENDER IDENTITIES



Roblox Studio-Programming and Game Development

Calling all ROBLOX users! Join in with millions of gamers and immerse yourself in your own 3D world! ROBLOX Studio is a 3D-based program that uses physics, LUA programming, and individual creativity to build a world around you, and your avatar unlike any other software. Students in the course will build and publish their game to share with friends and family!

AGE:9-15

20843	Mon-Thu	7/14-7/17	2-4:15pm
20846	Mon-Thu	7/28-7/31	2-4:15pm

R \$170/NR \$204

LOCATION: NKCC
INSTRUCTOR: YOUTH TECH INC.

Code Studio

This course offers younger students a fun, interactive look at coding. Students will create virtual apps and write their own programs that they can share with friends and family. This course makes learning to code fun and explores problem solving and programming logic.

AGE:6-12

20847	Wed-Fri	6/25-6/27	11:15am-1:30pm
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R \$135/NR \$ \$161

LOCATION: NKCC
INSTRUCTOR: YOUTH TECH INC.

Gaming and Coding

This course combines two unbelievable experiences for students: gaming and coding. Students spend the morning taking an interactive look at coding and building virtual apps to share with friends. In the afternoon, students build simple video games combining the art of video game design and animation to create interactive characters that fly around the screen. Students are encouraged to bring a sack lunch and water to camp each day.

AGE:6-12

20858	Wed-Fri	6/25-6/27	11:15am-4:15pm
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R \$270/NR \$324

LOCATION: NKCC
INSTRUCTOR: YOUTH TECH INC.

The Gaming Academy

The Gaming Academy is an all-day course for students who love games. During this course students will be immersed into the world of 2D and 3D game design. The Gaming Academy is a combination of our Video Game Design, Advanced Game Design, and 3D Game Design courses. This course offers students a variety of hands-on experience designing and building their very own games. Students are encouraged to bring a sack lunch and water to camp each day.

AGE:10-17

20840	Mon-Thu	7/28-7/31	11:15am-4:15pm
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R \$320/NR \$384

LOCATION: NKCC
INSTRUCTOR: YOUTH TECH INC.

Gamers Paradise

This class offers students a look at multiple areas of game design. From mobile game development to stand alone games, if you have a gamer, they will not want to miss this class. Students will create multiple games that they can share with friends and family.

AGE:6-13

20863	Mon-Thu	8/4-8/7	11:15am-1:30pm
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R \$145/NR \$174

LOCATION: NKCC
INSTRUCTOR: YOUTH TECH INC.

Web and App Design

This class offers students a hands-on look at the world of app and web design. This interactive course will instruct students about the world of design and development of websites and applications. Students will design their own website and app that they can share with friends and family members.

AGE:9-17

20864	Mon-Thu	8/4-8/7	2-4:15pm
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R \$160/NR \$192

LOCATION: NKCC
INSTRUCTOR: YOUTH TECH INC.



PLAY-WELL ENGINEERING CAMPS WITH LEGO MATERIALS

Level up your engineering skills with Play-Well TEKologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects. Design and build as never before and explore your craziest ideas in a supportive environment.

Adventures in STEM with LEGO® Materials

Let your imagination run wild with tens of thousands of LEGO® parts! Build engineer-designed projects and use special pieces to create your own unique designs! Projects are rotated seasonally to ensure that both new and returning students can explore the endless creative possibilities of the LEGO® building system.

AGE: 5-8
20869 Wed-Fri 6/25-6/27 9am-12pm
R \$145/NR \$174

LOCATION: KTUB
INSTRUCTOR: PLAY-WELL TEKNOLOGIES

STEM Explorations using LEGO® Materials Camp

Master your engineering skills with Play-Well TEKologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects. Projects are rotated seasonally to ensure that even returning students get a new experience, so join us to design and build as never before.

AGE: 7-12
20870 Wed-Fri 6/25-6/27 1-4pm
R \$145/NR \$174

LOCATION: KTUB
INSTRUCTOR: PLAY-WELL TEKNOLOGIES



Minecraft Engineering using LEGO® Materials

Venture into the world of Minecraft in our unique LEGO® experience. Get ready to build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Ender Dragon from ending the world. Come explore the endless possibilities of LEGO® with a trained Play-Well instructor.

AGE: 5-8
20897 Mon-Thu 6/30-7/3 9am-12pm
R \$191/NR \$229

LOCATION: NKCC
INSTRUCTOR: PLAY-WELL TEKNOLOGIES



Minecraft Master Engineering with LEGO® Materials Camp

Bring your favorite Minecraft adventures to life in a world powered by LEGO® resources. Build shelters to keep out Creepers, craft mystical items that only true masters can wield, and perfect your crossbow skills to stop the Wither from taking over! If you can imagine it, we can build it.

AGE: 7-12
20898 Mon-Thu 6/30-7/3 1-4pm
R \$191/NR \$229

LOCATION: NKCC
INSTRUCTOR: PLAY-WELL TEKNOLOGIES

Wildlife Wonders using LEGO® Materials Camp

Design and build your way through the animal kingdom, from sea to safari, using tens of thousands of LEGO® parts. With the guidance of an experienced Play-Well instructor, you'll recreate diverse habitats while crafting animals in their natural surroundings. Your animal adventure awaits!

AGE: 5-8
20900 Mon-Fri 7/14-7/18 9am-12pm
R \$240/NR \$288

LOCATION: HERITAGE HALL
INSTRUCTOR: PLAY-WELL TEKNOLOGIES

Machine Mayhem using LEGO® Materials Camp

Design your custom LEGO® creation to take on any challenge. Mix and match chassis designs and then combine these with tools like drills, hammers, and battering rams. Refine your masterpiece by sparring with friends while applying real-world engineering concepts to help you bash and crash your way to victory!

AGE: 7-12
20901 Mon-Fri 7/14-7/18 1-4pm
R \$240/NR \$288

LOCATION: HERITAGE HALL
INSTRUCTOR: PLAY-WELL TEKNOLOGIES

Mine, Craft, Build: Adventure Game with LEGO® Materials

Bring Minecraft to life using LEGO® bricks! Roll dice to mine for resources, then build your shelter and craft special items to help in our adventures! This experience is an original game designed by Play-Well instructors. Students will have a blast, even without any prior experience with Minecraft or LEGO®.

AGE:5-8

20902 Mon-Fri 7/21-7/25 9am-12pm

R \$240/NR \$288

LOCATION: KTUB

INSTRUCTOR: PLAY-WELL TEKNOLOGIES

Mine, Craft, Build: Survival Game with LEGO® Materials

Resourcefulness, creativity, and cooperation come together in this unique building adventure game inspired by the world of Minecraft. Roll dice to mine for resources, craft tools, defend your village, and watch out for Creepers! Students will have a blast, even without any prior experience with Minecraft or LEGO®.

AGE:7-12

20903 Mon-Fri 7/21-7/25 1-4pm

R \$240/NR \$288

LOCATION: KTUB

INSTRUCTOR: PLAY-WELL TEKNOLOGIES

STEM + Pokémon with LEGO® Materials Camp

Prepare for a full-day LEGO® camp packed with hands-on STEM fun! Build projects inspired by cool machines while applying real-world concepts. Then join Ash and Pikachu to explore the vast world of Pokémon as we build and catch our favorite Pokémon. Come along on our journey to catch 'em all!!

AGE:5-8

20904 Mon-Fri 7/28-8/1 9am-4pm

R \$510/NR \$612

LOCATION: HERITAGE HALL

INSTRUCTOR: PLAY-WELL TEKNOLOGIES

Learn Coding using the LEGO® Spike Prime System

Build and program robots in this introductory Robotics class using the LEGO® Spike Prime® system. Learn basic programming skills using visual block coding that allows kids to grasp new and diverse coding challenges. Add motors, sensors and lights to elevate this experience that incorporates both building with LEGO® and coding.

AGE:6-9

20905 Mon-Fri 8/4-8/8 9am-12pm

R \$277/NR \$332

LOCATION: KTUB

INSTRUCTOR: PLAY-WELL TEKNOLOGIES

Explore Coding using the LEGO® Spike Prime System

Rise to the challenge to build and program robots using the LEGO® Spike Prime system! Learn advanced coding techniques as you design and construct your robot to avoid obstacles, pick up and carry objects, and much more. Students will work in an open-ended, investigative environment while also having fun!

AGE:9-14

20906 Mon-Fri 8/4-8/8 1-4pm

R \$277/NR \$332

LOCATION: KTUB

INSTRUCTOR: PLAY-WELL TEKNOLOGIES

STEM Discovery using LEGO® Materials Camp

Unleash your creativity with tens of thousands of LEGO® pieces at your fingertips! Build engineer-designed projects as you discover the world around you through our inquiry-based learning model. Projects are rotated seasonally to ensure that both new and returning students can explore the endless creative possibilities of the LEGO® system.

AGE:5-8

20907 Mon-Fri 8/11-8/15 9am-12pm

R \$240/NR \$288

LOCATION: HERITAGE HALL

INSTRUCTOR: PLAY-WELL TEKNOLOGIES

STEM Innovations using LEGO® Materials Camp

Design and innovate with Play-Well TEKNOLOGIES and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects and an inquiry-based learning classroom model. Projects are rotated seasonally to ensure that even returning students get a new experience. Time to see STEM in action!

AGE:7-12

20908 Mon-Fri 8/11-8/15 1-4pm

R \$240/NR \$288

LOCATION: HERITAGE HALL

INSTRUCTOR: PLAY-WELL TEKNOLOGIES

Radical Rides using LEGO® Materials Camp

Start your engines with tens of thousands of LEGO® parts! Build and design an array of exciting vehicles, traversing land, sea, and air, with the assistance of experienced Play-Well instructors. Learn about the engineering principles behind motors, gears, and everything that vrooms and zooms!

AGE:5-8

20909 Mon-Fri 8/18-8/22 9am-12pm

R \$240/NR \$288

LOCATION: HERITAGE HALL

INSTRUCTOR: PLAY-WELL TEKNOLOGIES

Radical Rides 2.0 using LEGO® Materials Camp

Get anywhere, any way by building fast and furious vehicles of all kinds! Dive into our tens of thousands of LEGO® parts while you learn about the engineering behind vehicle design and creation. We guarantee that our Play-Well instructors will help you get movin' and groovin' through the world.

AGE:7-12

20910 Mon-Fri 8/18-8/22 1-4pm

R \$240/NR \$288

LOCATION: HERITAGE HALL

INSTRUCTOR: PLAY-WELL TEKNOLOGIES

INCREDIFLIX FILMMAKING CAMP

Join IncrediFlix to discover your summer movie making fun.

Live Action Flix

Discover your film making talents! You don't have to be an actor to take part, as we'll guide you through the Hollywood process to create, direct, film, act, and more. You won't just make an incredible movie, you'll have the skills to make your own movies with friends. *Flix will be emailed within a month after camp ends.

AGE:7-13

20754 Mon-Fri 7/7-7/11 9:30am-12pm

R \$274/NR \$322

LOCATION: KTUB

INSTRUCTOR: INCREDIFLIX

Mario Flix

NEW

Brand new for 2025 stop motion movie making with your favorite Mario characters. Create a Mario movie full of fun to save the day or even take over the world! Work in small groups to storyboard, build the world, film, and do voice-overs. *Flix will be emailed within a month after camp ends.

AGE:7-13

20755 Mon-Fri 7/7-7/11 12:30-3:30pm

R \$320/NR \$377

LOCATION: KTUB

INSTRUCTOR: INCREDIFLIX

20803 Mon-Fri 8/4-8/8 12:30-3:30pm

R \$320/NR \$377

LOCATION: HERITAGE HALL

INSTRUCTOR: INCREDIFLIX



Live Action & Mario Flix

Join us for the full day combo for a discount plus free lunch supervision! Please see both half day descriptions. Bring snacks, lunch and drink. *Flix will be emailed within a month after camp ends.

AGE:7-13

20756 Mon-Fri 7/7-7/11 9:30am-3:30pm

R \$578/NR \$680

LOCATION: KTUB

INSTRUCTOR: INCREDIFLIX

Special Effects Movie Flix

Explosions, tornadoes, meteors, and even superpowers! In these high intensity live action movies the special effects will blow your mind. In groups, you'll direct, act, and even select your special effects to include while filming. Make a movie that will surprise all your friends and family! *Flix will be emailed within a month after camp ends.

AGE:7-13

20793 Mon-Fri 7/21-7/25 9:30am-12pm

R \$274/NR \$322

LOCATION: HERITAGE HALL

INSTRUCTOR: INCREDIFLIX

LEGO® Flix

Bring LEGO® worlds to life! We provide LEGOS®. You provide your imagination. Work in groups to create a Lego set with Lego characters for a stop-motion movie you'll storyboard, shoot, and add voice-overs too. *Flix will be emailed within a month after camp ends.

AGE:7-13

20800 Mon-Fri 7/21-7/25 12:30-3:30pm

R \$320/NR \$377

LOCATION: HERITAGE HALL

INSTRUCTOR: INCREDIFLIX

Special Effects Movie & LEGO® Flix

Join us for the full day combo for a discount plus free lunch supervision! Please see both half day descriptions. *Flix will be emailed within a month after camp ends.

AGE:7-13

20801 Mon-Fri 7/21-7/25 9:30am-3:30pm

R \$578/NR \$680

LOCATION: HERITAGE HALL

INSTRUCTOR: INCREDIFLIX

ALL CAMPS AND PROGRAMS OPEN TO ALL GENDER IDENTITIES

Action Movie Flix

There are no limits in your action-packed movie when using a green screen and camera tricks. Adventures await as you transport anywhere, from captaining a spaceship, to climbing the highest mountain. You'll collaborate to write, act, and direct in this stunt packed movie where you'll be taught action choreography to thrill the audience. *Flix will be emailed within a month after camp ends.

AGE:7-13

20802 Mon-Fri 8/4-8/8 9:30am-12pm

R \$274/NR \$322

LOCATION: HERITAGE HALL
INSTRUCTOR: INCREDIFLIX

Action Movie & Mario Flix

Join us for the full day combo for a discount plus free lunch supervision! Please see both half day descriptions. *Flix will be emailed within a month after camp ends.

AGE:7-13

20804 Mon-Fri 8/4-8/8 9:30am-3:30pm

R \$578/NR \$680

LOCATION: HERITAGE HALL
INSTRUCTOR: INCREDIFLIX



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MAD SCIENCE CAMPS

Kids will explore the different fields of science in an interesting and entertaining way. You could be inspiring the next Einstein or Madame Marie Curie! These camps are best for children entering 1st through 6th grades.

Crazy Chemworks Summer Camp

We'll shake up a flask full of fun as we investigate solids, liquids, and gases at the atomic level. Using the tools, safety procedures and laboratory techniques of real chemists, campers will craft chemical combinations to create super-sticky-stuff and discover properties of light. Exploring the elements has never been so much fun!

AGE:6-11

20733 Wed-Fri 6/25-6/27 1-4pm

R \$199/NR \$239

20738 Mon-Fri 8/25-8/29 1-4pm

R \$331/NR \$397

LOCATION: NKCC
INSTRUCTOR: MAD SCIENCE

Radical Robots Summer Camp

Investigate the FUNdamentals of robotics as we experiment with electronics, circuits, and sensors to learn how robots use these components to function. Each day campers will assemble their own remote control robot to take home. Cost for robot materials is included in the camp fee.

AGE:8-12

20734 Mon-Thu 6/30-7/3 1-4pm

R\$310/NR \$363

LOCATION: NKCC
INSTRUCTOR: MAD SCIENCE

Super Science Sampler Summer Camp

Mad Science comes in all shapes and sizes as our campers will discover in this exciting week of science activities. Become an engineer and build bridges, assemble and control pulleys, levers, catapults, and simple machines. Explore physical and chemical reactions through chemistry. Behold birds and beasts as we discover the animal kingdom!

AGE:6-11

20735 Mon-Fri 7/14-7/18 1-4pm

R \$331/NR \$397

LOCATION: NKCC
INSTRUCTOR: MAD SCIENCE

Spy Academy

Look out 007 – The Mad Science spy academy is in session! Sharpen your special operative skills as you uncover the secret world of espionage. Learn the art of listening and observation, sending secret messages and decoding clues, and check out super cool spy equipment. Can you master the spy game?

AGE:7-11

20736 Mon-Fri 7/28-8/1 1-4pm

R \$331/NR \$397

LOCATION: NKCC
INSTRUCTOR: MAD SCIENCE

Creative Contraptions Summer Camp

Join us on a special deserted island where each day campers are given fun challenges which they overcome using basic materials, simple machines, tips from fabulous inventors and most important of all....their mind! Follow in the footsteps of da Vinci, Edison, and the Wright Brothers. Construct shelters, bridges, and forts.

AGE:6-11

20737 Mon-Fri 8/11-8/15 1-4pm

R \$331/NR \$397

LOCATION: NKCC
INSTRUCTOR: MAD SCIENCE

CHALLENGE ISLAND CAMPS

Challenge Island STEAM camps and workshops have been used by 5 million kids, across 34 states. Children use commonly found materials and apply their own imagination to solve complex STEAM challenges with no devices or screens!

Slimetopia® 4 Camp

At this unique summer camp, children's favorite storybooks come to life through slimy adventures. STEAM Teams will craft slimes like Charlie's Everlasting Gobstopper Slime and STEAMwarts Butter Beer Slime. For kids who love mixing materials and creating messes, this camp is a guaranteed hit.

AGE: 7-12

21498	Mon-Fri	7/7-7/11	9am-12pm
21502	Mon-Fri	8/4-8/8	9am-12pm

R \$300/NR \$360

LOCATION: 132ND SQUARE PARK
INSTRUCTOR: CHALLENGE ISLAND

World Cruise Camp

Set sail for adventure at World Cruise Camp™! Kids design their own cruise ship and journey worldwide, engaging in creative activities like constructing a prosthetic limb for an elephant in Thailand, engineering a Dragon roller coaster in China, and building an aqueduct in Rome. Perfect for kids passionate about world cultures and building!

AGE: 7-12

21499	Mon-Fri	7/14-7/18	9am-12pm
21506	Mon-Fri	8/11-8/15	9am-12pm

R \$300/NR \$360

LOCATION: 132ND SQUARE PARK
INSTRUCTOR: CHALLENGE ISLAND



Arcade Mania Camp

Arcade Mania Camp™ offers a screen-free twist on video games, where kids build real-life versions of classics like Mario Brothers, Space Aliens, and Pinball Machines. Campers will build projects like a fort with trapdoors and floor traps, developing creativity while having fun. Perfect for future game designers and kids with a creative spirit!

AGE: 7-12

21500	Mon-Fri	7/21-7/25	9am-12pm
21507	Mon-Fri	8/18-8/22	9am-12pm

R \$300/NR \$360

LOCATION: 132ND SQUARE PARK
INSTRUCTOR: CHALLENGE ISLAND

STEAM Explorers Camp

Introducing a camp for kids aged 4-6 to explore sciences, technology, ecology, culture, and arts. They'll build an African Safari, a playground for monkeys in India, a Parisian picnic at the Eiffel Tower, and more, including Sydney Harbor Bridge and the Amazon Rainforest. Perfect for young explorers and budding creators!

AGE: 4-6

21501	Mon-Fri	7/28-8/1	9am-12pm
21509	Mon-Fri	8/25-8/29	9am-12pm

R \$300/NR \$360

LOCATION: MCAULIFFE PARK ATRIUM
INSTRUCTOR: CHALLENGE ISLAND

LITTLE MEDICAL SCHOOL SEATTLE SUMMER CAMPS

Little Medical School Seattle offers STEM activity-based classes and camps where they strive to inspire the next generation of Healthcare Heroes! They inspire your child to imagine a future in a profession that perhaps they didn't consider before their program.

First Responders Summer Camp

Campers learn first aid, role-playing 911 calls, tying tourniquets, CPR, Heimlich, handling pharmacy emergencies, splinting bones, and more.

AGE: 7-10

21653	Wed-Fri	6/25-6/27	9:15am-12:15pm
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R \$210/NR \$252

LOCATION: KTUB
INSTRUCTOR: LITTLE MEDICAL SCHOOL SEATTLE

Wilderness Survival Camp

Campers gain skills for natural disasters and wildlife encounters, including snakebite management, hypothermia, tourniquets, wild animal safety, compass navigation, edible plants, signaling, wildfire prevention, and more.

AGE: 7-10

21654	Wed-Fri	6/25-6/27	1-4pm
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R \$210/NR \$252

LOCATION: KTUB
INSTRUCTOR: LITTLE MEDICAL SCHOOL SEATTLE



TEEN MEDICAL SCHOOL ½ DAY CAMPS

See page 29

little medical school® SEATTLE



Future Health Heroes Summer Camp **NEW!**

Students step into roles of physicians, nurses, dentists, pharmacists, learn medical tools, techniques, oral hygiene, medication safety, healthy eating, nursing care, through engaging hands-on activities.

AGE:7-10

21657 Mon-Thu 6/30-7/3 9:15am-12:15pm

R \$280/NR \$336

LOCATION: KTUB

INSTRUCTOR: LITTLE MEDICAL SCHOOL SEATTLE



Future Young Canine Veterinarian Camp

Campers learn to care for dogs, including tick removal, nose-to-tail exams, proper nutrition, suturing lacerations, and more.

AGE:7-10

21658 Mon-Thu 6/30-7/3 1-4pm

R \$280/NR \$336

LOCATION: KTUB

INSTRUCTOR: LITTLE MEDICAL SCHOOL SEATTLE

Ocean Explorers Summer Camp

NEW

Participants conduct ocean experiments, adopt a plush sea turtle, collaborative rescue, explore ocean layers, vertebrates, invertebrates, water pressure, marine mammals, babies, predators, and graduate as Little Marine Biologists.

AGE:8-10

21659 Mon-Fri 7/7-7/11 9:15am-12:15pm

R \$350/NR \$420

LOCATION: NKCC

INSTRUCTOR: LITTLE MEDICAL SCHOOL SEATTLE

Future Doctors Summer Camp

Young medical enthusiasts gain practical skills using stethoscopes, blood pressure cuffs, reflex hammers, first aid training, medication administration, and explore vital organs.

AGE:7-10

21660 Mon-Fri 7/7-7/11 12:45-3:45pm

R \$350/NR \$420

LOCATION: NKCC

INSTRUCTOR: LITTLE MEDICAL SCHOOL SEATTLE

Future Feline Veterinarian Summer Camp

Aspiring vets adopt plush cats, conduct whiskers-to-tail exams, decode body language, understand cat-friendly environments, create toys, and design vet clinics.

AGE:7-10

21661 Mon-Fri 7/14-7/18 9:15am-12:15pm

R \$350/NR \$420

LOCATION: NKCC

INSTRUCTOR: LITTLE MEDICAL SCHOOL SEATTLE

Stem Sleuths Adventures Summer Camp

Aspiring investigators explore forensic science through fingerprinting, shoeprints, chromatography, composite drawing, facial reconstruction, toxicology, handwriting analysis, and teamwork challenges.

AGE:7-10

21662 Mon-Fri 7/21-7/25 9:15am-12:15pm

R \$350/NR \$420

LOCATION: NKCC

INSTRUCTOR: LITTLE MEDICAL SCHOOL SEATTLE



Medical Marvels Summer Camp

NEW

Students explore various medical specialties, organs, systems, handling injuries, emergency situations, and become health heroes.

AGE:8-10

21663 Mon-Fri 7/21-7/25 12:45-3:45pm

R \$350/NR \$420

LOCATION: NKCC

INSTRUCTOR: LITTLE MEDICAL SCHOOL SEATTLE

Future Young Pediatrician Summer Camp

Aspiring pediatricians adopt plush babies, conduct head-to-toe exams, learn diapering, prevention, bottle feeding, burping, infant Heimlich, immunizations, and safe sleep practices.

AGE:7-10

21664 Mon-Fri 7/28-8/1 9:15am-12:15pm

R \$350/NR \$420

LOCATION: KTUB

INSTRUCTOR: LITTLE MEDICAL SCHOOL SEATTLE

ALL CAMPS AND PROGRAMS OPEN TO ALL GENDER IDENTITIES

OUTDOOR CAMPS

Outdoor Spanish/English Kids Yoga Adventure & Crafts

Join our playful and enriching bilingual kids yoga camp! Through themed yoga, creative crafts, and fun games, children will build strength, flexibility, and balance while nurturing mindfulness, calm, and confidence. Perfect for ages 6-9, this camp blends movement and imagination for a joyful summer adventure!

AGE:6-9

21726	Mon-Thu	7/28-7/31	9:30am-12:30pm
21727	Mon-Thu	8/4-8/7	9:30am-12:30pm

R \$350/NR \$420

LOCATION: KTUB/PETER KIRK PARK
INSTRUCTOR: MAYLEN ARROYO ALVAREZ



Yoga at the Lake Summer Camp

Enjoy an afternoon of yoga by the lake in Kirkland's beautiful Marsh Park. Outdoor yoga, meditation, and mindfulness will be included in our week of yoga. Please bring a snack, water bottle and mat. Don't forget your sunscreen! Camp is located at Marsh Park - 6605 Lake WA Blvd NE

AGE:7-10

20911	Mon-Thu	6/30-7/3	12-2pm
20912	Mon-Thu	7/14-7/17	12-2pm

R \$125/NR \$149

LOCATION: MARSH PARK
INSTRUCTOR: LAURA SCHNEIDER



Learnin' the Ropes Jump Rope Camp

This camp encourages teamwork and communication and improves endurance and footwork. Students will learn skills and combos in single rope, partner jumping, long rope and double dutch! Bring a water bottle and wear loose, comfortable clothing and tennis shoes. You can provide your own rope, borrow from the teacher, or purchase one for \$10 at the camp. Camp takes place in the covered shelter at AG Bell Elementary. Performance on the last day of camp!

AGE:7-14

20705	Mon-Fri	7/14-7/18	9am-12pm
20706	Mon-Fri	7/28-8/1	9am-12pm

R \$185/NR \$222

LOCATION: AG BELL ELEMENTARY
INSTRUCTOR: LEARNIN' THE ROPES

Stand Up Paddleboard Camps

Learn to stand up paddleboard or expand existing skills with ease with expert Seattle Paddle instructors! In this week-long intensive camp, participants learn SUP safety, fundamentals and advanced skills, paddle as a group to local waterfront parks, see wildlife, and learn a few SUP tricks. Participants must be able to swim, feel comfortable in water, and have endurance as an average of 3 to 4 miles is traveled daily. Paddleboard and safety gear provided.

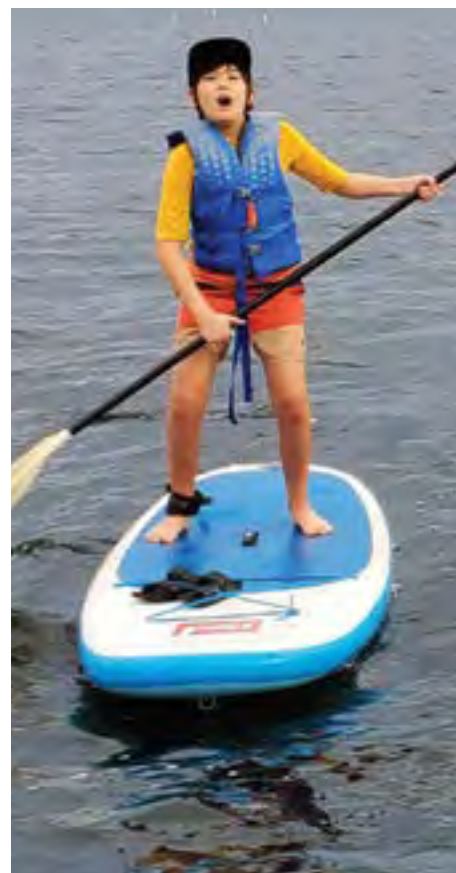
Registration closes at 8 a.m. the Thursday before camp begins.

AGE:8-15

20923	Wed-Fri	6/25-6/27	9am-12pm
R \$240/NR \$288			
20924	Mon-Fri	7/7-7/11	9am-12pm
20925	Mon-Fri	7/14-7/18	9am-12pm
20926	Mon-Fri	7/21-7/25	9am-12pm
20927	Mon-Fri	7/28-8/1	9am-12pm
20928	Mon-Fri	8/4-8/8	9am-12pm
20929	Mon-Fri	8/11-8/15	9am-12pm
20930	Mon-Fri	8/18-8/22	9am-12pm

R \$395/NR \$474

LOCATION: JUANITA BEACH PARK
INSTRUCTOR: SEATTLE PADDLE



TEEN MEDICAL SCHOOL DAY CAMPS

Little Medical School Seattle is teaming up with Kirkland Teens & KTUB. Little Medical School Seattle offers STEM activity-based classes and camps where they strive to inspire the next generation of Healthcare Heroes!



Teen Wilderness Survival Camp

These aspiring wilderness experts will explore topics such as snakebite management, dealing with hypothermia, effective tourniquet use, safety around wild animals, compass navigation, identifying edible plants, signaling for help in distress, wildfire prevention, tornado safety, handling common insect bites, and so much more. This is an indoor camp with potential short visits to outdoors.

AGE:11-14
21695 Mon-Fri 7/7-7/11 9am-12pm
R \$353/NR \$423

LOCATION: KTUB
INSTRUCTOR: LITTLE MEDICAL SCHOOL SEATTLE

Teen Med School Pathways Camp

Aspiring young doctors will dive into the role of a physician and acquire valuable skills, such as administering first aid in emergency situations. Topics include lung diseases, CPR, the Heimlich maneuver, fracture management, hypothermia, stethoscope use, and discussions on the path to becoming a medical professional.

AGE:11-14
21696 Mon-Fri 7/7-7/11 1-4pm
R \$353/NR \$423

LOCATION: KTUB
INSTRUCTOR: LITTLE MEDICAL SCHOOL SEATTLE

Teen Journey Through the Body Camp

Teens will learn all about the systems of the body and how they work with each other to make us work! Teens will start with the structures that hold us together, then learn about how the body moves things around, works to protect us, and perceives the world around us.

AGE:11-14
21697 Mon-Fri 7/14-7/18 9am-12pm
R \$353/NR \$423

LOCATION: KTUB
INSTRUCTOR: LITTLE MEDICAL SCHOOL SEATTLE

Teen Future First Responders

In this camp, participants will dive into the fundamentals of first aid, engage in realistic role-playing exercises for calling 911, master the art of tying tourniquets, become proficient in CPR and the Heimlich maneuver, gain insights into handling pharmacy emergencies, and learn the art of splinting broken bones, and so much more.

AGE:11-14
21698 Mon-Fri 7/14-7/18 1-4pm
R \$353/NR \$423

LOCATION: KTUB
INSTRUCTOR: LITTLE MEDICAL SCHOOL SEATTLE



Teen Forensics “STEM Sleuths”

Uncover the secrets of forensic science in a thrilling course! Aspiring investigators will dive into the world of crime-solving, conducting experiments in fingerprinting, shoeprint collection, chromatography, composite drawing, facial reconstruction, toxicology, and handwriting analysis. The class culminates in a teamwork challenge where students work together to solve a crime.

AGE:11-14
21699 Mon-Fri 7/21-7/25 9am-12pm
R \$353/NR \$423

LOCATION: KTUB
INSTRUCTOR: LITTLE MEDICAL SCHOOL SEATTLE

Teen Ocean Explorers

Journey to become a marine biologist! This program offers a dynamic, hands-on introduction to marine biology. Participants will conduct ocean experiments, adopt a plush sea turtle, and partake in a collaborative rescue and release of a Leatherback Sea Turtle. Along their journey, they'll uncover the mysteries of ocean layers, vertebrates vs. invertebrates, water pressure, and more!

AGE:11-14
21700 Mon-Fri 7/21-7/25 1-4pm
R \$353/NR \$423

LOCATION: KTUB
INSTRUCTOR: LITTLE MEDICAL SCHOOL SEATTLE



MORE TEEN PROGRAMS

See page 40

TEEN TREKS AND TRAILS DAY CAMP

Each day will consist of 3-5 miles of hiking and adventures, led by experienced and trusted city staff, providing an inclusive and supportive environment for teens to grow, learn, and discover their own potential. Don't miss this incredible opportunity to explore the wonders of the Pacific Northwest!

Key Highlights:

- Focus: Hiking, outdoor exploration, wilderness skills, cultural experiences.
- Emphasis: Safety, epic memories, personal growth, and building lasting friendships.

These themed weeks highlight the wonderful nature the PNW has to offer around us. **Locations subject to change*

Ages: 11-18 • Monday -Thursday, 9am-5pm • R \$307/NR \$368 • Location: KTUB



Upper Left Coast, USA • June 30-July 3

- East Montlake Park and Floating Bridge
- Bellingham Larrabee State Park
- Burke-Gilman Trail
- Narrows Bridge and War Memorial Park

21670

Do You Even Summit Bro? • July 7-10

- Bridle Trails (Highest point in Kirkland)
- Lake Valhalla via Pacific Crest Trail
- Deception Pass State Park
- Poo Poo Point via Chirico Trail

21669

D.T.S. (Ditch The Sofa) • July 14-17

- Snoqualmie Falls
- Rattlesnake Ridge and Lake
- Thomas Dambo's Troll Hunting
- Exploration of Alki Beach and Bike Rentals

21671

Flora, Fauna & Me • July 21-24

- Sugarloaf Mountain via Heart Lake Road
- Botanical Garden and The Arboretum
- Constellation Park Tide Pools
- Northwest Trek Wildlife Park

21672

"Be Like Water" - Bruce Lee • July 28-31

- Bruce Lee & Brandon Lee's Gravesite and Calkins Point
- Pratt River Trail & Suspension Bridge
- Explorer Falls
- Cranberry Lake & West Point Beach (Freshwater & Saltwater)

21673

Peaks & Valleys of Life • August 4-7

- Snoqualmie Valley Trail to Tanner Hill
- Cedar Butte Trail and Rainbow Lake
- Heather Lake
- Little Si Trail

21674

Let's Go Chashin' Waterfalls • August 11-14

- Wallace Falls via Woody Trail
- Whatcom Falls (Bellingham)
- Falls Creek in Pinchot National Forest
- Franklin Falls

21675

Forest Frontiers • August 18-21

- Saint Edwards Park & Lake Washington Water Tower
- Lake 22 Trail
- Otter and Big Creek Falls
- Poo Poo Point via Chirico Trail

21676

BRING
LUNCH OR
LUNCH
MONEY

ALL CAMPS AND PROGRAMS OPEN TO ALL GENDER IDENTITIES

PARENT/CHILD

Parent/Child Class Requirements: Children must be able to follow directions and participate in small group settings with a parent/caregiver present. Please take your child to the bathroom before class. No siblings other than infants in carriers; registered participants only. Refer to the class description for "no class" dates. Please be on time! Individual classes that are canceled due to instructor illness or emergencies will be made up the week following the end date of class, where the schedule allows. A refund will be issued if the schedule does not allow for a make-up class.

DANCE & MOVEMENT

Tickle Toes - Babies in Motion

Assist your little one in a playful exploration of movement and song! Tummy time activities and props are fun for both babies and parents! Don't miss out on the fun of this new baby group. (No class 5/26)

AGE:1-2½

21751	Mon	4/21-6/9	10:30-11:15am
21752	Mon	4/21-6/9	11:30am-12:15pm
R \$77/NR \$92			

LOCATION: NKCC

Kids in Motion Parent/Child

Up and over, under and through, balls and streamers, tunnels, and YOU! Meet friends, build confidence, and have FUN developing large muscle motor skills. This program progresses with children. They'll be crawling, climbing, balancing, and bouncing their way through each class! Your child must be walking.

PARENT/CHILD MOTION I

AGE:1½-2½

20823	Tue	4/22-6/10	10:20-11:05am
20824	Wed	4/23-6/11	10:20-11:05am
R \$76/NR \$91			

LOCATION: NKCC

TUESDAY INSTRUCTOR: KATYA YANCHEVA

WEDNESDAY INSTRUCTOR: JANICE GOEBEL

PARENT/CHILD MOTION II

AGE:2-3

20826	Tue	4/22-6/10	9:30-10:15am
20827	Wed	4/23-6/11	9:30-10:15am
R \$76/NR \$91			
20829	Fri	7/11-8/15	9:30-10:15am
R \$57/NR \$69			

LOCATION: NKCC

TUESDAY INSTRUCTOR: KATYA YANCHEVA

WEDNESDAY INSTRUCTOR: JANICE GOEBEL

FRIDAY INSTRUCTOR: JANICE GOEBEL

Parent and Kid Zumba

Experience the joy of dancing together! This class will focus on the bonding experience between kids and parents/caregivers with the help of dance, music, and movement. During the class, everyone will enjoy dancing with various props. (No class 4/17, 6/19)

AGE:3-6

20716	Thu	4/3-5/22	5-5:45pm
R \$126/NR \$151			
20717	Thu	6/5-7/17	5-5:45pm
R \$108/NR \$130			

LOCATION: NKCC

INSTRUCTOR: TANYA DANCE FITNESS

Twirling Two's – Parent/Child

Don't wait until you're three to twirl! Bring your parent in their sweats (it's ok), and twirl to the music in your own special way. When you turn three, you'll be ready, we bet, for Preschool Dance A and a pirouette!

AGE:2

21540	Wed	4/23-6/18	9:45-10:30am
R \$86/NR \$103			
21541	Wed	7/2-8/20	9:45-10:30am
R \$76/NR \$91			

LOCATION: NKCC

INSTRUCTOR: AMY ROSAS



Parent and Little Barre Class

Come join in this class for parents that's an ease-back-to-movement format combining dance, yoga, and Pilates, all while taking into consideration your postpartum healing journey. No childcare? No problem! Kids ~0-5yo are welcome to tag along, and multiple kiddos are ok, too. (No class 5/23, 5/24)

AGE:18+

20707	Fri	4/25-6/13	10:15-11:15am
20708	Sat	4/26-6/14	9:45am-10:45am
R \$77/NR \$92			

LOCATION: NKCC

INSTRUCTOR: STEPHANIE LADUKE

PARENT/CHILD MUSIC & ART

Boogie and Books

Join Miss Karen in a beautiful park setting while she shares whimsical engaging stories and music with instruments to sing-along and boogie to! Bring a snack to enjoy in the park. Program is located at the North Rose Hill Woodlands Park Shelter, 9930 124th Ave NE. Street parking only. (No class 5/26)

AGE:2-5

20806	Mon	5/5-6/2	10-11am
20807	Mon	6/9-6/30	10-11am
20808	Mon	7/21-8/11	10-11am
R \$42/ NR \$50			

LOCATION: NORTH ROSEHILL WOODLANDS PARK

INSTRUCTOR: KAREN RENFROE-GIELGENS

PARENT & CHILD

Tiny Timbres Music

Join us for a fun, play-based exploration of music! We will be singing songs from a variety of genres, moving creatively, exploring with a variety of percussive and tonal instruments, playing cooperative games, and more! 6 months - 5-year-olds welcome, babies younger than 6 months may attend with an older sibling. Parent/Caregiver participation required. (No class 4/15)

AGE: ½-5

21457	Tue	4/8-5/20	9:15-10am
21458	Tue	4/8-5/20	10:15-11am
21459	Tue	4/8-5/20	11:15am-12pm

R \$140/NR \$168

LOCATION: NKCC

INSTRUCTOR: LEAH NIELSON

Messy Art for Twos with Parent

Tickle your two-year old's senses and play messy by smearing paint and kneading dough. Sensory and tactile play helps to develop self-expression and creativity while rewarding children with the emotional pleasures of "hands-on" art. Dress for a mess! (No class 4/15)

AGE: 2

21710	Tue	4/1-4/22	10:30-11:15am
21711	Tue	5/6-5/20	10:30-11:15am
21712	Tue	6/3-6/17	10:30-11:15am

R \$32/NR \$38

LOCATION: NKCC

INSTRUCTOR: AMY ROSAS

Self Defense for Children with Parent

Keep the magic of childhood safe in this low-key, friendly, and age-appropriate safety skills classes for girls and boys ages 5-8. Learn about risks facing your kids, how to frame the discussion with children, and recognize when someone may be targeting your family. This is a parent/child class.

AGE: 5-8

21465	Sat	5/10-5/10	12-1:15pm
20819	Sat	7/12-7/12	1-2:15pm

R \$49/NR \$59

LOCATION: NKCC

INSTRUCTOR: STRATEGIC LIVING, LLC

PARENT/CHILD ART

Preschoolers develop observation skills, creativity, self-expression, and confidence in this class where you might make slime from hair conditioner, paint with marshmallows, and create puffy paint with shaving cream.

Peep and Hop in April

Spring has sprung and with it brings rainbow eggs and fluffy things. From bunny nests and yellow chicks to butterflies and blooming sticks. You'll have a hopping good time in this parent/child art class! (No class 4/15)

AGE: 2½-3½

21593	Tue	4/1-4/22	9:30-10:15am
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R \$32/NR \$38

LOCATION: NKCC

INSTRUCTOR: AMY ROSAS

In the Very Merry Month of May

May is for mothers, and showers, and spring, May is the time to celebrate these things. Our mothers so loving, showers that restore, the spring that brings hope for our sunshine once more! Come celebrate the month of May in Parent/Child Art.

AGE: 2½-3½

21594	Tue	5/6-5/20	9:30-10:15am
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R \$32/NR \$38

LOCATION: NKCC

INSTRUCTOR: AMY ROSAS

June and the Strawberry Moon

June welcomes the summer and the strawberry moon, it honors our fathers and the berries that bloom. Welcome the month of June in this parent/child art class full of fun art activities!

AGE: 2½-3½

21595	Tue	6/3-6/17	9:30-10:15am
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R \$32/NR \$38

LOCATION: NKCC

INSTRUCTOR: AMY ROSAS

COOKING FOR PRESCHOOLERS

In this changing monthly themed parent/ child cooking class, get ready to peel, pour, shred, shake, bake, mash and more! Class held at McAuliffe Park, see receipt for location details. These are parent/child classes.

Tutti Frutti

Apples and oranges come from a tree, so do apricots, cherries, and plums basically. What most have in common is they are deliciously sweet, let's whip up something yummy with this nutritious treat.

AGE: 2½-4½

20810	Wed	5/7-5/28	10:30am-12pm
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R \$62/NR \$74

LOCATION: MCAULIFFE PARK ATRIUM

INSTRUCTOR: KAREN RENFROE-GIELGENS

Teddy Bear Picnic Fare

Prep, prepare and pack a spring picnic snack! Bring your favorite stuffy or doll and come along with us as we picnic and share a story (weather permitting). Please note that this class is a little longer so that we can pack and picnic, even if it has to be inside! (No class 6/18)

AGE: 2½-4½

20811	Wed	6/4-6/25	10:30am-12pm
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R \$47/NR \$56

LOCATION: MCAULIFFE PARK ATRIUM

INSTRUCTOR: KAREN RENFROE-GIELGENS



SELF DEFENSE FOR AGES 8-11

See page 36

PRESCHOOL ACTIVITIES

Preschool Class Requirements: Children must be able to follow directions and participate in small group setting without a parent. Please take your child to the bathroom before class. No siblings other than infants in carriers; registered participants only. Refer to class description for "no class" dates. Please be on time for drop-off and pick-up! If we cancel an individual class, we will make it up when the schedule allows. If the schedule does not allow for a make-up class, a refund will be issued. No makeups are available for missed classes.

Most classes are held at North Kirkland Community Center (NKCC), located at 12421 103rd Ave NE. Phone: 425-597-3350



PRESCHOOL DANCE

Ballet A

This exciting introduction to creative dance emphasizes musical expression, coordination, and movement exploration. Mirrors and music create an enchanting dance environment. Parents may join us for the last class to watch and take pictures. (No class 5/24)

AGE:3-4½

21522	Tue	4/22-6/17	10:35-11:20am
21523	Wed	4/23-6/18	11:30am-12:15pm
R \$86/NR \$103			

AGE:3-4½

21524	Sat	4/26-6/21	9-9:45am
21525	Sat	4/26-6/21	11:35am-12:20pm
21526	Tue	7/1-8/19	10:35-11:20am
21527	Wed	7/2-8/20	11:30am-12:15pm

R \$76/NR \$91

21528	Sat	7/12-8/23	9-9:45am
21529	Sat	7/12-8/23	11:35am-12:20pm

R \$67/NR \$80

LOCATION: NKCC

TUESDAY INSTRUCTOR: SHAY LEVINE

WEDNESDAY INSTRUCTOR: AMY ROSAS

SATURDAY INSTRUCTOR: ULIANA CLAROS

Ballet B

Older preschoolers and children with previous dance experience will explore musicality, artistic expression, and a repertoire of dance steps. Parents may join us for the last class to watch and take pictures. Leather-soled ballet slippers required. (No class 5/24)

AGE:4-6

21531	Wed	4/23-6/18	10:40-11:25am
R \$86/NR \$103			
21532	Sat	4/26-6/21	9:50-10:35am
21533	Sat	4/26-6/21	12:30-1:15pm
21535	Wed	7/2-8/20	10:40-11:25am

R \$76/NR \$91

21536	Sat	7/12-8/23	9:50-10:35am
21537	Sat	7/12-8/23	12:30-1:15pm

R \$67/NR \$80

LOCATION: NKCC

WEDNESDAY INSTRUCTOR: AMY ROSAS

SATURDAY INSTRUCTOR: ULIANA CLAROS

Ballet/Tap Combo A

This class will introduce the beginning movements of ballet and tap. Parents may join us for the last class to watch and take pictures.

AGE:3-4½

21553	Tue	4/22-6/17	11:30am-12:15pm
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R \$86/NR \$103

21554	Tue	7/1-8/19	11:30am-12:15pm
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R \$76/NR \$91

LOCATION: NKCC

INSTRUCTOR: SHAY LEVINE

Ballet/Tap Combo B

Ballet and Tap are explored in this class for the older preschooler and also for children with previous dance experience. Parents may join us for the last class to watch and take pictures. Leather-soled ballet slippers and tap or dress shoes required! (No class 5/26)

AGE:5-7

21556	Mon	4/21-6/16	4:40-5:25pm
21555	Mon	4/21-6/16	5:30-6:15pm
21557	Mon	6/30-8/18	4:40-5:25pm
21558	Mon	6/30-8/18	5:30-6:15pm

R \$76/NR \$91

LOCATION: NKCC

INSTRUCTOR: SHAY LEVINE

Hippity Hop

Boogie Time is all about fun dance moves! Kids will build balance, coordination, and confidence while expressing their style. Parents are invited to the final class to watch and take photos.

AGE:3-4

21782	Tue	4/22-6/17	9:45-10:30am
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R \$86/ NR \$103

21787	Tue	7/1-8/19	9:45-10:30am
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R \$76 /NR \$91

LOCATION: NKCC

INSTRUCTOR: SHAY LEVINE





CRESCENDO KIDS PIANO CLASSES

by MOVE OVER MOZART

Piano classes designed specifically to meet your child's development and learning styles. Classes include basic music theory, one-on-one piano time, and activities all designed to teach and motivate your child to play their best on the piano keyboard. Piano at home is not required but is recommended. Recitals are scheduled throughout the year. New material each session. One-time materials fee of \$20 due to the teacher on the first day of class. (No class 4/15, 4/17, 6/19, 7/3)

LOCATION: NKCC
AGE: 3½-4

20774	Tue	4/8-6/17	4:10-4:40pm
20775	Tue	4/8-6/17	5:20-5:50pm
R \$180/NR \$216			

20779	Thu	4/10-6/12	4:10-4:40pm
20780	Thu	4/10-6/12	5:55-6:25pm
20787	Tue	6/24-8/19	4:10-4:40pm
20788	Tue	6/24-8/19	5:20-5:50pm
20794	Thu	6/26-8/21	4:10-4:40pm
20795	Thu	6/26-8/21	5:55-6:25pm

R \$162/NR \$194

AGE: 5-6

20776	Tue	4/8-6/17	4:45-5:15pm
20777	Tue	4/8-6/17	5:55-6:25pm
R \$180/NR \$216			

20783	Thu	4/10-6/12	4:45-5:15pm
20784	Thu	4/10-6/12	6:30-7pm
20789	Tue	6/24-8/19	4:45-5:15pm
20790	Tue	6/24-8/19	5:55-6:25pm
20796	Thu	6/26-8/21	4:45-5:15pm
20797	Thu	6/26-8/21	6:30-7pm

R \$162/NR \$194

MOVEMENT & GYMNASTICS

Little Tumblers 1

FUNDamental tumbling for children on their own. Emphasis is placed on coordination, technique, and FUN! Instruction on floor, beam, and bars. Please dress comfortably in shorts, T-shirts or leotards. *No dresses. (No class 5/23, 5/24)

AGE: 3-4

21745	Wed	4/23-6/11	11:15am-12pm
20836	Wed	4/23-6/11	2-2:45pm
20839	Fri	4/25-6/20	9:30-10:15am
20841	Fri	4/25-6/20	10:20-11:05am
20842	Sat	4/26-6/21	9-9:45am
20844	Sat	4/26-6/21	9:50-10:35am

R \$76/NR \$91

20845	Fri	7/11-8/15	10:30-11:15am
20848	Sat	7/12-8/16	9-9:45am
20849	Sat	7/12-8/16	9:50-10:35am

R \$57/NR \$68

LOCATION: NKCC
INSTRUCTOR: JANICE GOEBEL

Little Tumblers 2

This class for children on their own requires previous tumbling experience. Review tumbling skills and advance to the next level with additional work on all apparatus. Please dress comfortably in shorts, T-shirts or leotards. *No dresses. (No class 5/23, 5/24)

AGE: 4-6

20850	Wed	4/23-6/11	2:50-3:35pm
20851	Wed	4/23-6/11	3:45-4:30pm
20852	Fri	4/25-6/20	11:15am-12pm
20853	Sat	4/26-6/28	10:45-11:30am

R \$76/NR \$91

20854	Fri	7/11-8/15	11:20am-12:05pm
20855	Sat	7/12-8/16	10:45-11:30am

R \$57/NR \$68

LOCATION: NKCC
INSTRUCTOR: JANICE GOEBEL

ICE SKATING CLASSES

See page 37



Playschool Prep for Two's, Three's, and Four's

This play-based class enhances your child's social, cognitive, and language skills through science, art, literacy, and sensory activities. It provides a fun introduction to a classroom setting with circle time, STEAM activities, and early literacy experiences. This class is not parent/child, it is for children only. (No class 4/16)

AGE: 2

21805	Wed	4/2-6/18	9:30-10:30am
21806	Wed	4/2-6/18	10:45-11:45am

R \$132/NR \$158

LOCATION: NKCC
INSTRUCTOR: KATYA YANCHEVA



NO PRE-REGISTRATION DROP IN PROGRAM

Join the fun, climbing, riding, pushing, pulling, and spinning. There's lots of active fun in our Indoor Playground.

For babies we also include busy boxes, and a variety of toddler and baby toys. Adults must supervise children at all times.

DATE AND TIME

Wednesdays
4/23-6/11
10am-1pm

Pay-as-you-go for \$4
per child per visit or
purchase a 10-visit
punch card for \$35.

LOCATION: NKCC



GENERAL PROGRAMS

Cooking with Karen

Your child will practice creativity and culinary skills while learning kitchen safety and developing healthy eating habits. Plan, prep, and prepare for a gastronomic good time! (No class 4/16, 6/18)

AGE: 4-6

19715	Wed	4/2-4/30	2-3pm
21771	Wed	5/7-5/28	2-3pm
21772	Wed	6/4-6/25	2-3pm

R \$60/NR \$72

LOCATION: MCAULIFFE PARK ATRIUM
INSTRUCTOR: KAREN RENFROE-GIELGENS

Capoeira

This exciting Brazilian martial art incorporates music and dance with a physical and mental discipline so that participants develop self-confidence and coordination. (No class 5/21, 5/26, 7/2, 7/7)

AGE: 4-6

8 CLASSES

20600	Mon, Wed	4/7-4/30	5:15-6pm
20601	Mon, Wed	5/5-6/4	5:15-6pm
20603	Mon, Wed	6/9-7/9	5:15-6pm
20604	Mon, Wed	7/14-8/6	5:15-6pm

R \$140/NR \$168

4 CLASSES

20605	Mon, Wed	8/11-8/20	5:15-6pm
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R \$70/NR \$84

LOCATION: PKCC
INSTRUCTOR: COTY VALDEZ

Mighty Mite Martial Arts

Miller Martial Arts Academy introduces Martial Arts to boys and girls. Learn non-violent conflict resolution, better concentration and listening skills, and build coordination, flexibility, and self-control. At this age there will never be contact between participants. The last week of class we will have a graduation ceremony to a Mighty Mite White Belt. (No class 4/16, 4/19)

AGE: 4-6

21491	Wed	4/2-5/14	3-3:30pm
21492	Sat	4/5-5/17	10:30-11am

R \$80/NR \$96

LOCATION: MILLER MARTIAL ARTS
INSTRUCTOR: MILLER MARTIAL ARTS

Boxcar Drive-In Friday 5/2 5-7:30pm

Preschoolers will turn a box (no larger than 2x2 feet) into their dream car with the help of their parent and craft supplies provided by the community center! Afterward, they'll enjoy refreshments at the concession stand and settle into their box cars to watch a car-themed movie.

Location: NKCC

AGE: 3-5
\$25 per child



Ages 3-6

FALL LEAGUE
REGISTRATION OPENS
RESIDENTS 6/4 AT 8 AM
NON RESIDENTS 6/5 AT 8 AM
VISIT KIRKLANDPARKS.NET
OR CALL 425-587-3350
FOR MORE INFORMATION

Periwinkle Outdoor Explorers

This school-year, nature-based, 3-day drop-off program is for active children who love to explore the outdoors. With supervision from teachers and a 1:6 ratio, flora, fauna, bugs, and weather lead the activities of the day.

Spring Session (No class 4/8, 4/9, 4/10)
Fall Session Starts September 9

R \$410/NR \$492 per month. A \$75 deposit is required per year.

Edith Moulton Park

For information or to register call (425) 587-3350

Tuesday, Wednesday, Thursday • 9:30am-12:30pm

AGES 3.5 - 5
YEARS OLD



DANCE, MOVEMENT, & GYMNASTICS

Ballet 1 Youth

Focus on ballet vocabulary, posture, strength, and fluidity with barre, floor, and center work. Parents can watch on the last day. Leather-soled ballet shoes required. Prerequisite: Preschool Dance B or equivalent for 5-year-olds. (No class 5/24)

AGE:5-7

21538	Sat	4/26-6/21	10:45-11:30am
R \$76/NR \$91			
21539	Sat	7/12-8/23	10:45-11:30am
R \$67/NR \$80			

LOCATION: NKCC
INSTRUCTOR: ULIANA CLAROS

Hip Hop

Dufon "Orb" Smith, a Seattle-based hip hop instructor, was part of the influential Circle of Fire crew. He has taught worldwide and now brings his expertise to our community, focusing on hip hop culture, style, and coordination with age-appropriate music. Wear comfortable clothes, shoes, and bring a water bottle. Parents can watch on the last day.

AGE:5-7

21783	Wed	4/23-6/11	4:15-5pm
21784	Wed	7/2-8/20	4:15-5pm
R \$80/NR \$96			

AGE:7-11

21785	Wed	4/23-6/10	5:05-5:50pm
21786	Wed	7/2-8/20	5:05-5:50pm
R \$80 /NR \$96			

LOCATION: NKCC

Dream Team Cheer Squad

Join the Kirkland Parks cheer squad! Learn dances, cheers, and tumbling, with chances to perform at events like Seattle Storm and UW! No experience needed. Classes are run by Eastside Dream Elite Cheer & Dance. (Additional costs may apply.) Class runs through the school year.

AGE:7-15

20729	Thu	4/24-6/12	6-7:30pm
R \$184/NR \$221			

LOCATION: NKCC
INSTRUCTOR: EASTSIDE DREAM ELITE

Cheerleading Stunt & Tumble Class

Learn to stunt! This beginner class teaches stunting and tumbling in cheerleading. No performances. Must also be registered in Dream Team to join. Class runs through the school year.

AGE:7-18

20730	Thu	4/24-6/12	7:30-8:30pm
R \$120/NR \$144			

LOCATION: NKCC
INSTRUCTOR: EASTSIDE DREAM ELITE

Elementary Tumbling

Improve coordination with Miss Janice through beam, bar, springboard, handstands, and cartwheels. Perfect for older elementary students, beginners, and those with some tumbling experience. *No dresses. (No class 5/24)

AGE:7-10

20859	Wed	4/23-6/11	4:40-5:40pm
20861	Sat	4/26-6/21	11:35am-12:35pm
R \$100/NR \$120			
20862	Sat	7/12-8/16	11:35am-12:35pm
R \$75/NR \$90			

LOCATION: NKCC
INSTRUCTOR: JANICE GOEBEL

MUSIC & ART

Crescendo Kids Piano Classes by Move Over Mozart

Piano classes designed for your child's unique learning style! Enjoy music theory, one-on-one piano time, and fun activities. Piano at home is encouraged but not required. Recitals 3x a year, with fresh material each session. A one-time \$20 materials fee due on the first day. (No class 4/15, 4/17, 7/3, 7/19)

AGE:7-10

20778	Tue	4/8-6/17	6:30-7pm
R \$180/NR \$216			
20785	Thu	4/10-6/12	5:20-5:50pm
20786	Thu	4/10-6/12	7:05-7:35pm
20791	Tue	6/24-8/19	6:30-7pm
20798	Thu	6/26-8/21	5:20-5:50pm
20799	Thu	6/26-8/21	7:05-7:35pm
R \$162/NR \$194			

LOCATION: NKCC
INSTRUCTOR: MOVE OVER MOZART

Mixed Media After School Art

In this class, young artists will paint with acrylics, create clay figurines, and explore various materials to make fun, meaningful projects that reflect and celebrate spring. New unique projects to take home each day!

AGE:8-12

21497	Thu	4/24-6/5	4:45-5:45pm
R \$228/NR \$274			

LOCATION: NKCC
INSTRUCTOR: JUST BEYOND THE CANVAS

GENERAL PROGRAMS

Cooking with Karen

Your child will practice creativity and culinary skills while learning kitchen safety and developing healthy eating habits. Plan, prep, and prepare for a gastronomic good time! (No class 4/16, 6/18)

AGE:6-10

19722	Wed	4/2-4/30	3:30-4:30pm
21747	Wed	5/7-5/28	3:30pm-4:30pm
R \$60/NR \$72			
21748	Wed	6/4-6/25	3:30-4:30pm
R \$45/NR \$54			

LOCATION: MCAULIFFE PARK ATRIUM
INSTRUCTOR: KAREN RENFROE-GIELGENS



Self Defense for Children

Keep childhood magical while building safety skills in this friendly, age-appropriate class for kids 8-11. Learn about risks, how to discuss them with your child, and spot potential threats to your family. **This is a parent/child class.**

AGE:8-11

20821	Sat	7/12	2:45-4:15pm
R \$55/NR \$66			

LOCATION: NKCC
INSTRUCTOR: STRATEGIC LIVING, LLC

Capoeira

This exciting Brazilian martial art incorporates music and dance with a physical and mental discipline so that participants develop self-confidence and coordination. (No class 5/21, 5/26, 7/2, 7/7)

AGE:7-ADULT

8 CLASSES

20606	Mon, Wed	4/7-4/30	6:15-7:15pm
20607	Mon, Wed	5/5-6/4	6:15-7:15pm
20608	Mon, Wed	6/9-7/9	6:15-7:15pm
20609	Mon, Wed	7/14-8/6	6:15-7:15pm

R \$140/NR \$168

4 CLASSES

20610	Mon, Wed	8/11-8/20	6:15-7:15pm
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R \$70/NR \$84

LOCATION: PKCC

INSTRUCTOR: COTY VALDEZ

Ice Skating

Experience ice skating in a fun and safe learning environment. Classes include rental skates, 30 minutes of professional instruction, 30 minutes of practice skating time. No refunds.

AGE:4+

20497	Tue	4/8-6/24	10:45-11:45am
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R \$468/NR \$562
Registration Closes 4/1

AGE:5+

20499	Wed	4/9-6/25	6:05-7:05pm
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R \$468/NR \$562
Registration Closes 4/1

AGE:4+

20552	Tue	7/8-8/19	11am-12pm
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R \$273/NR \$328
Registration Closes 6/24

AGE:5+

20553	Wed	7/9-8/20	6:05-7:05pm
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R \$273/NR \$328
Registration Closes 6/25

LOCATION: SNO KING ICE ARENA

INSTRUCTOR: SNO KING ICE ARENA

ASK US
ABOUT OUR
SCHOLARSHIP
PROGRAM
See page 45

Bully Proof Martial Art

Teach your kids to stand up for themselves! Korbett Miller of Miller Martial Arts Academy teaches what he preaches by showing students how to set verbal boundaries, what to say and when and how to say it. Class incorporates martial arts to build self-esteem and give students alternatives to solving physical, verbal, and cyber bullying conflicts. Korbett empowers kids to feel confident and teaches them how to use their voices to stay safe in physical situations.

AGE:7-12

21494	Sat	4/26	1-2pm
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R \$30/NR \$36

LOCATION: NKCC

INSTRUCTOR: MILLER MARTIAL ARTS

KENDO

Come join us to learn the ancient Japanese art of sword fighting! Kendo is a coed martial arts sport based on Samurai traditions requiring both mental and physical discipline. Class is open for ages 8 and up. This class is taught all together, kids and adults.

Beginners Kendo

Beginning classes are taught in a roughly 10-week curriculum, focusing on fundamentals, etiquette, footwork, and sword handling. Please note that kendo is practiced barefoot. Additional equipment fee of \$60 is required for a wooden practice sword (bokken) and a bamboo practice sword (shinai). Optional sword bags will also be available for an additional \$10. (No class 4/16)

AGE:8+

20393	Wed	3/26-6/4	6-7:30pm
20396	Tue	6/17-8/19	6-7:30pm

R \$132/NR \$158

WEDNESDAY LOCATION:

FINN HILL MIDDLE SCHOOL GYM

TUESDAY LOCATION: NKCC

INSTRUCTOR: JULIE CHEN



Intermediate/Advanced Kendo

This class is for both intermediate and advanced students. Advanced students are people who are already in armor. Intermediate students are people who have completed the beginner's class in the previous quarter and wish to continue on to further improve their skills. Half of the class time will be spent on drills with the advanced group. Halfway through the quarter, intermediate students will be asked to purchase uniforms. Details will be discussed further during class. (No class 4/16)

AGE:8+

20397	Wed	3/26-6/4	6:30-8:30pm
20398	Tue	6/17-8/19	7-9pm

R \$156/NR \$187

WEDNESDAY LOCATION:

FINN HILL MIDDLE SCHOOL GYM

TUESDAY LOCATION: NKCC

INSTRUCTOR: JULIE CHEN

YOUTH SPORTS

PNW Kids Run Club

Join PNW Kids Run Club for an empowering workshop! We inspire self-reflection, helping kids discover their unique talents and strengths. Through fun running games with power words, like 'brave' and 'strong', children learn to see themselves in a positive light. With a focus on growth mindset, they embrace challenges and set ambitious goals. Let's nurture their potential as future runners and champions!

AGE:6-12

21677	Sat	4/19	10-11:50am
21678	Sat	6/21	10-11:50am

R \$49/NR \$59

LOCATION: FINN HILL MIDDLE SCHOOL

INSTRUCTOR: PNW RUN CLUB



Empowering Inner Youth through Running and Goal Setting

Experience PNW Kids Run Club's dynamic 8-week Empowerment and Running Program! With a structured class format including greeting time, empowerment talks, warm-ups, running drills, and cool-downs, participants develop a growth mindset and enhance their running techniques. By the program's end, kids not only earn a medal after completing a challenging 1-mile run but also gain improved posture, speed, endurance, and cadence. Join us for a journey of self-belief and physical achievement!

AGE:6-10

21679	Wed	4/23-6/11	5-5:50pm
21680	Wed	6/25-8/13	5-5:50pm

R \$176/NR \$211

LOCATION: CRESTWOODS PARK
INSTRUCTOR: PNW RUN CLUB

Skyhawks After School Skills Academies

This fun, skill-intensive program is designed for beginning to intermediate players. Using our progression-based curriculum, we focus on the whole player - teaching sportsmanship and teamwork. Learn the fundamentals of passing, shooting, ball handling, rebounding and defense through skill-based instruction and small-sided scrimmages.

BASKETBALL

AGE:6-8

20714	Wed	4/16-5/21	4:30-5:20pm
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AGE:9-12

20715	Wed	4/16-5/21	5:30-6:20pm
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R \$179/NR \$215

LOCATION: NKCC
INSTRUCTOR: SKYHAWKS

TENNIS

AGE:6-8

20710	Mon	4/14-5/19	4:30-5:20pm
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AGE:9-12

20711	Mon	4/14-5/19	5:30-6:20pm
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R \$179/NR \$215

LOCATION: JUANITA BEACH PARK
INSTRUCTOR: SKYHAWKS

SOCCER

AGE:6-8

20712	Tue	4/15-5/20	4:30-5:20pm
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AGE:9-12

20713	Tue	4/15-5/20	5:30-6:20pm
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R \$179/NR \$215

LOCATION: JUANITA BEACH PARK
INSTRUCTOR: SKYHAWKS

Girls Flag Football

NEW

The Girls Flag Football Middle School League delivers fast-paced, action-packed fun! Teams practice for 30 minutes, then dive into exciting scrimmages against rivals. With every play, athletes sharpen their skills, build teamwork, and compete in thrilling games that boost confidence, fitness, and sportsmanship. Let the games begin!

GIRLS FLAG FOOTBALL - 6TH/7TH GRADE AGE:11-13

21603	Fri	5/2-6/6	5:15-6:15pm
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R \$100/NR \$120

LOCATION: 132ND SQUARE PARK

GIRLS FLAG FOOTBALL - 7TH/8TH GRADE AGE:12-14

21667	Fri	5/2-6/6	6:30-7:30pm
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R \$100/NR \$120

LOCATION: 132ND SQUARE PARK



**REC
n
ROLL**

**FRIDAYS
10AM-2PM
AGES 5-13**

To view where the Rec-N-Roll van will be going each week, visit Kirklandparks.net

FREE PROGRAM

JUNE 27	JUANITA BEACH PARK
JULY 11	EDITH MOULTON PARK
JULY 18	CRESTWOODS PARK
JULY 25	132ND SQUARE PARK
AUGUST 1	PETER KIRK PARK
AUGUST 8	HOUGHTON PARK & PLAY
AUGUST 15	JUANITA BEACH PARK

The Rec-n-Roll Van brings free summer fun to a park near you every Friday from 10:00 AM - 2:00 PM! Enjoy yard games, group competitions, arts and crafts, and more. Lunch provided while supplies last—no registration needed!



Peter Kirk After School Camp

**M/T/TH/F: 3:30-6PM
W: 2-6PM**

PETER KIRK COMMUNITY CENTER • GRADES K-5

CAMP FEE PER MONTH: R \$353 / NR \$424

TRANSPORTATION COST PER MONTH: R \$132 / NR \$158

(December & April prorated fees)

(Parents must sign child out at the end of each day.)

The Peter Kirk Community Center After School Camp is a quality after school experience for children in grades K-5. Our staff offer a unique blend of recreational and educational activities in a relaxed, fun and safe environment.

Transportation is available and must be registered for separately.

Transportation is only available from Peter Kirk Elementary school.

REGISTRATION FEES/DEPOSITS

MONTHLY FEE - R \$353/NR \$424

All camp fees include a \$25.00 non-refundable deposit.

MONTHLY INSTALLMENTS - Full fee for your initial month of After School Camp and transportation is required upon registration (fee includes a \$25 deposit). *Monthly installment option is not available for online registration.* Additional months will be reserved by paying a \$25 non-refundable, non-transferable deposit per month per child. **The remaining balance due must be paid by the 15th of the prior month, otherwise the reserved spot and deposit will be lost.** The monthly installment option is only available for those registering for the full school year.

REFUND POLICY

The \$25 deposits for the Peter Kirk After School Camp are non-refundable and non-transferable. For withdrawals, a refund/credit less the \$25 deposit will be granted if withdrawal request is received at least two (2) weeks prior to the start of the new month. No refunds/credits will be granted with less than two (2) weeks notice.

CAMP TRANSPORTATION

The After School Camp program provides transportation for students at Peter Kirk Elementary. Transportation to the after-school program is available for a limited number of students on a first come, first serve basis. This service is offered at an additional cost of R \$132/ NR \$158 per month (December 2025 & April 2026 will be pro-rated). **You must be registered for the After School Camp in order to register for Transportation.**

HEALTH & MEDICATIONS

A participant information sheet must be filled out for each child, indicating all health concerns, allergies and limitations.

ACCOMMODATIONS

The City of Kirkland is committed to providing reasonable accommodations to ensure an inclusive and supportive experience for all participants. Please note that due to staff-to-camper ratios, our staff is unable to provide one-on-one care or supervision. For participants needing personal assistance, we encourage the participation with a caregiver to ensure a safe and enjoyable experience. If your child requires accommodations, please contact us before registering for the camp.

KIRKLAND TEEN UNION BUILDING (KTUB)



THE KIRKLAND TEEN UNION BUILDING IS COMMITTED TO PROVIDING AN INCLUSIVE, SAFE SPACE FOR TEENS.

Located in the middle of Peter Kirk Park in downtown Kirkland, KTUB provides year-round teen recreation programs (both paid and free) for youth of middle and high school age. Programs include outdoor adventure trips, health and wellness courses, jobs and life skills classes, sports, and monthly social events. While some of our programs have fees, we always strive to make rates affordable. If you are in need of financial assistance for recreation programs, apply for a Recreation Scholarship (see page 45). In addition, KTUB has daily, after-school drop-in hours where teens can hang out, study, and/or participate in various free activities.

Youth Eastside Services (YES)

Youth Eastside Services provides on-site counseling for drop-in support and scheduled appointments at KTUB for youth and their families. Services are free and include support for mental health, substance use issues, assistance with life challenges, and referral and connection to additional resources as needed.

For more information, contact Katelyn Mullikin, YES Mental Health Counselor, at 425-517-1400 or Katelyn.Mullikin@youtheastsideservices.org



4 Tomorrow

4 Tomorrow provides support and resources to all, with a focus on Latinx, marginalized, and low-income communities. Services include case management, rental assistance, access to mental healthcare, and small business support. At KTUB, they provide art classes, activities, and operate the Recording Studio; where teens work with experts in the field to create their own music and digital media content.

For more information, visit www.4tomorrow.today



ADDRESS:

348 KIRKLAND AVE
KIRKLAND, WA
98033

CONTACT INFORMATION:

425-587-3370
KTUB@
KIRKLANDWA.GOV

AFTERSCHOOL DROP-IN HOURS:

MON/TUES/
THURS/FRI
3-6PM
WEDNESDAY
1:30-6PM

**SUMMER
DROP-IN
HOURS:**
MON-FRI
5-8PM

NEW

TEEN AFTERSCHOOL DROP-IN HOURS

Each weekday, KTUB offers a wide range of activities during our afterschool drop-in hours that promote positive socialization, skill building, and mental health and wellness. Below is a glimpse of the type of activities that are held each day at KTUB. A detailed calendar is posted monthly on our socials and newsletter.



KTUB FREE TRANSPORTATION

The City of Kirkland offers free, one-way transportation from Finn Hill Middle School and Kamiakin Middle School to KTUB throughout the school year. This pilot program connects teens to all the free activities and services KTUB provides during the afterschool drop-in hours.

Note: Transportation is 1-way and teens are expected to have a way to return home. Registration is required.

Activity Code: 20255

RECORDING STUDIO

In partnership with 4 Tomorrow, KTUB offers a free, 8-week program throughout the year where teens learn the foundations of music production. The curriculum aims to inspire creativity, develop technical skills, and prepare students for further studies or careers in music production.

Pre-registration is required. Visit kirklandparks.net and search Recording Studio for more information.



We want KTUB to be accessible to all. Would you like to see transportation from a different school, to KTUB?

Let us know! Email us at ktub@kirklandwa.gov

FOLLOW US ON SOCIAL



TEEN NIGHT 2025

NO COST EVENTS

These teen nights are for Middle School and High School aged teens. Each one is entirely free, with snacks and drinks provided. Preregistration is encouraged so we can order the proper amount of food.

Walk-ins are always welcome.

Kirkland has monthly Teen Nights scheduled throughout the year! To register please visit Kirklandparks.net or call 425-587-3370.

Teen Night Open Mic Night

KTUB's Open Mic Night will include snacks, drinks, games, and epic performances. Stage time for walk-ins will be decided on a first come first serve basis. If you want to reserve some stage time in advance, email abylow@kirklandwa.gov

AGE:11-18
21709 Fri 4/25 6-9pm
Free

LOCATION: KTUB

Teen Night Outdoor Switch Tournament

Our Outdoor Switch Tournament will feature our massive LED Screen, good snacks, and great times.

AGE:11-18
21714 Fri 5/30 6-9pm
Free

LOCATION: 132ND SQUARE PARK



Teen Night School's Out Pool Party

The past three years, this Epic Pool Party, has been our BIGGEST event of the year. Don't miss the fun and excitement as the Teens Takeover the Peter Kirk Pool.

AGE:11-18
21715 Fri 6/27 5:30-8:30pm
Free

LOCATION: PETER KIRK POOL

Teen Night Outdoor BBQ & Games

Kirkland Teens are Taking over 132nd Square Park with some BBQ and outdoor games.

AGE:11-18
21716 Fri 7/25 6-9pm
Free

LOCATION: 132ND SQUARE PARK

Teen Night Special Saturday Edition: End of Summer Concert

Concerts at KTUB, yes, please! Come support local teen bands as they find their groove and hone their sound. We will have games, snacks, and drinks to enjoy.

AGE:11-18
21717 Sat 8/30 6-9pm
Free

LOCATION: KTUB



TEEN CAMPS

See page 29, 30

TEENS TAKEOVER DAY TRIPS

Teens Takeover Day Trips feature some fantastic adventures throughout the summer for ages 13-18. All trips will include a lunch stop, so bring lunch money or pack your own. The bus departs from and returns to the Kirkland Teen Union Building (KTUB.) If getting to us is challenging, consider taking the city Metro bus. Not only does it drop you off at the Transit Center near the Downtown Library, but students ride for free!



AGE:
13-18



Teens Takeover Fall City Floating

The Teens Takeover Series is heading to the river. We are partnering with Fall City Floating and will be floating down the river.

21701	Fri	7/11	10am-5pm
21702	Fri	7/18	10am-5pm

R \$83/NR \$99

Teens Takeover a Mariners Game

A day at the ballpark! Catch a Mariners game and make new friends while you watch the Mariners take on the Milwaukee Brewers 7/23 or the Chicago White Sox 8/7. Registration closes 10 days prior to each game.

21779	Wed	7/23	10am-5pm	(Brewers)
21780	Thu	8/7	10am-5pm	(White Sox)

R \$83/NR \$99

Teens Takeover Wild Waves

The Teens Takeover Series is taking over Wild Waves. With over 30 waterslides, Wild Waves is Washington's ONLY combination Theme and Water Park. Bring your sunscreen and towels because we are about to ride the wild waves to a great time.

21704	Fri	7/25	10am-5pm
21705	Fri	8/15	10am-5pm

R \$83/NR \$99



BRING
LUNCH OR
BRING LUNCH
MONEY

Teens Takeover High Trek Rope Course

The Teens Takeover Series is heading to the sky. We are teaming up with High Trek Adventures and will be climbing all over their high-ropes courses.

21706	Fri	8/1	10am-5pm
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R \$83/NR \$99

Teens Takeover Seattle Aquarium

The Teens Takeover Series is heading to the Aquarium. We are combining forces with Seattle Aquarium to check out their new wing of exhibits. Don't forget to bring some extra money if you want souvenirs.

21703	Fri	8/8	10am-5pm
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R \$83/NR \$99

Teens Takeover Vertical World Climbing Gym

Teens Takeover Vertical World in Seattle. Vertical World is an indoor climbing gym with rocks to climb for all ability levels. All climbing equipment needed will be provided.

21707	Fri	8/22	10am-5pm
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R \$83/NR \$99



TEEN ART WORKSHOPS

Our Teen Art Workshops offer a safe inclusive place to express your creativity.



Teen Sewing + Social = "Sewcial"

When you combine Sewing with Socials... you get a Sewcial! This workshop is from Novice to Seamstress. We will have sewing specialists on site, with all of the supplies and tools you will need to create something Epic! If you are looking for specific guidance on a project you are currently working on, email abylow@Kirklandwa.gov to give the instructors time to prepare how to help you. **This Workshop is three consecutive Tuesdays.**

AGE:11-18
21718 Tue 5/6-5/20 6:30-8:30pm
R \$89/NR \$106

LOCATION: KTUB
INSTRUCTOR: JAN MARTINKA

Teen Silk Painting

Silk Painting @ KTUB... YES PLEASE! Discover the basics or refine your silk painting skills.

AGE:11-18
21719 Wed 5/21 6:30-8:30pm
R \$37/NR \$44

LOCATION: KTUB
INSTRUCTOR: KARLA & RUTH

Teen Upcycle your Wardrobe

Do have any old clothes that need to be jazzed-up? Bring some old clothes and add more fabric, some cool patches, and or fabric paints, and make your old clothes feel new again.

AGE:11-18
21720 Wed 6/11 6:30-8:30pm
R \$37/NR \$44

LOCATION: KTUB
INSTRUCTOR: JAN MARTINKA

Teen Concerts in the Park

Kirkland Teens and Rockory Music School are teaming up to host three Teen Concerts in three different parks over one week. The workshop begins Monday with a tour of KTUB's Recording Studio, followed by sessions at Rockory Music School. Tuesday is a full day at Rockory, and Wednesday through Friday feature concerts in Kirkland parks.

AGE:11-18
21778 Mon-Fri 7/7-7/11 12-6pm
R \$495/NR \$594

LOCATION: KTUB



Teen Piñata Making & Breaking Party

We will be creating piñatas for you to take home and busting open ones that we made in advance. Snacks will be provided.

AGE:11-18
21721 Wed 9/17 6:30-8:30pm
R \$37/NR \$44

LOCATION: KTUB
INSTRUCTOR: KARLA & RUTH



Teen Sunset Stand Up Paddleboard Lesson and Tour

Learn to paddleboard by joining Seattle Paddle for our teen-focused stand up paddleboard lesson and tour around Juanita Bay. Teens hang with peers in a group and develop paddleboard skills taught by experts. All skill levels welcome! During the guided tour, paddlers also explore wildlife of Juanita Bay and soak in the splendor of a summer evening. This program is exclusive to teens only. Participants must be able to swim, weight limit of 225 pounds applies. Paddleboard and safety equipment provided. **Registration closes at 8am, 8/25.**

AGE:13-18
20931 Tue 8/26 6-7:30pm
R \$75/NR \$90

LOCATION: JUANITA BEACH PARK
INSTRUCTOR: SEATTLE PADDLE

Self Defense for Teen Girls - Moms Optional

This 3-hour class will educate teen girls about potentially risky situations: dating violence, how assailants target and test potential victims, personal safety, and more. Students will learn strikes to vulnerable targets, releases from grabs, and how to safely remove oneself from threatening situations. This class is intended for people of marginalized genders, cis and trans women, as well as non-binary folks and trans men. This class centers on the experiences of women and all people who have lived experiences of misogyny. If mothers attend with teen (not required) they must also register and pay for program.

AGE:14-19

21466 Sat 6/28 1-4pm

R \$99/NR \$119

LOCATION: NKCC

INSTRUCTOR: STRATEGIC LIVING, LLC

ADDITIONAL YOUNG ADULT SELF-DEFENSE CLASSES

See page 61

Teen Traffic Court

Have you or someone you know just been given a traffic ticket by a Kirkland Officer? Do you want it taken off your record? The Kirkland Youth Council, in cooperation with Kirkland Municipal Court, runs the monthly Teen Traffic Court (TTC) program. TTC offers Kirkland teens the opportunity to have moving violations heard in front of a judge and jury of their peers. Teens that have been issued a notice of infraction by jurisdictions served by Kirkland Municipal Court (Clyde Hill, Hunts Point, Yarrow Point, Woodinville, and Kirkland) are eligible for the program. Once the assigned penalty has been completed, the ticket is removed from the person's driving record.

To sign up for TTC, eligible students must file a request in person at the Kirkland Municipal Court (11740 NE 118th Street). Teens must complete a registration form and provide student ID at the Court. For questions, please call the Kirkland Municipal Court, 425-587-3160 or Kirkland Youth Services, 425-587-3323.



FRIENDSHIP Adventures

Friendship Adventures BINGO

Sunday • April 13 • 2-4pm

Bring your friends and family and come for an afternoon of fun and prizes! Access drop-off time 2pm, pick-up window from 3:45-4:15pm. Snacks and Beverages provided.

Preregister online at www.friendshipadventures.org/events or by contacting Maureen.

AGE:18+



Questions? Contact
maureen@friendshipadventures.org

No charge for family,
volunteers, and caregivers.

Location: NKCC



RECREATION SCHOLARSHIP FUND

APPLY for a
recreation scholarship.

DONATE toward a
recreation scholarship.

For more details, visit

kirklandwa.gov/RecreationScholarships

PETER KIRK POOL

340 KIRKLAND AVE, KIRKLAND WA 98033

POOL SEASON: JUNE 2 - SEPTEMBER 1 | POOL CLOSED ON 6/19 & 7/4

PUBLIC SWIM SCHEDULE

MON, JUNE 2 - TUE, JUNE 24

	MON-THU	FRIDAY	SATURDAYS	SUNDAY
PUBLIC SWIM	—	—	12:00 – 12:55PM 1:00 – 1:55PM 2:00 – 2:55PM 3:00 – 3:55PM 4:00 – 4:55PM	12:00 – 12:55PM 1:00 – 1:55PM 2:00 – 2:55PM 3:00 – 3:55PM 4:00 – 4:55PM
AM LAP SWIM (LANES)	5:30 – 8:00AM (6)	6:00 – 8:00AM (6)	6:00 – 8:00AM (6)	—
SWIM LESSONS	4:00 – 7:30PM	—	—	—

Peter Kirk Pool Closed: Thursday, June 19

Abbreviated schedule while Lake Washington School District is in session

WED, JUNE 25 - SAT, AUGUST 23

	MON-THU	FRIDAY	SATURDAY	SUNDAY
PUBLIC SWIM	12:00 – 12:55PM 1:00 – 1:55PM 2:00 – 2:55PM 3:00 – 3:55PM —	12:00 – 12:55PM 1:00 – 1:55PM 2:00 – 2:55PM 3:00 – 3:55PM 4:00 – 4:55PM	12:00 – 12:55PM 1:00 – 1:55PM 2:00 – 2:55PM 3:00 – 3:55PM 4:00 – 4:55PM	12:00 – 12:55PM 1:00 – 1:55PM 2:00 – 2:55PM 3:00 – 3:55PM 4:00 – 4:55PM
AM LAP SWIM (LANES)	5:30-7:00 AM (6)	6:00-8:00 AM (6)	6:00-8:00 AM (6)	—
PM LAP SWIM (LANES)	M/W 7:45 – 9:00PM (6) TU/TH 7:45 – 9:00PM (3)	—	—	—
DEEP WATER EXERCISE	M/W 7:45 – 9:00PM	—	9:45 – 11:45AM	—
SWIM LESSONS	8:00 – 11:50AM 4:00 – 7:30PM	8:10 – 9:45AM	8:10 – 9:45AM	—

Peter Kirk Pool Closed: Friday, July 4

Public Swim ends at 3pm on Friday, July 18 & August 1 for Home Orca Swim Meet

Public Swim starts at 3pm on Sunday, August 3 due to Lifeguard Training Event

SUN, AUGUST 24 - MON, SEPT 1

	MON-THU
PUBLIC SWIM	12:00 – 12:55PM 1:00 – 1:55PM 2:00 – 2:55PM 3:00 – 3:55PM 4:00 – 4:55PM

RENT THE POOL

Rent the Peter Kirk Pool on Friday, Saturday, and Sunday nights 5:30-8:30pm or Sunday mornings 10-11:30am. For more details see page 59.

REGISTER FOR AQUATIC PROGRAMMING!

Are you looking to register for Swim Lessons or other aquatic programs this season? We offer a variety of group and private swim lessons for any age.

Registration is easy! You can register by going online at KirklandParks.net, calling 425-587-3336, or in person at the Peter Kirk Community Center.

AQUATICS
REGISTRATION
OPENS
Residents:
3/26, 7AM
Non Residents:
3/27, 8AM

Pool Fees

Cash, Check, and Credit Cards are accepted.

Public Swim/Lap Swim.....\$7

Pool passes can be purchased or renewed online at www.kirklandparks.net and can be picked up at the Pool Office during any Public Swim or Lap Swim time. All 2024 pool passes were deactivated at the end of the 2024 season. You may reactivate any previous season pool pass for the 2025 season and use the same card as you did for last season upon pass renewal.

10-Punch Pass\$63

Individual Season Pass \$164

Unlimited public swim and lap swim admission for one person

Family Season Pass\$425

Unlimited public swim and lap swim admission for two named adults listed on membership card and their named dependent children and/or grandchildren ages 18 and under

Facility Updates & Closure Hotline:

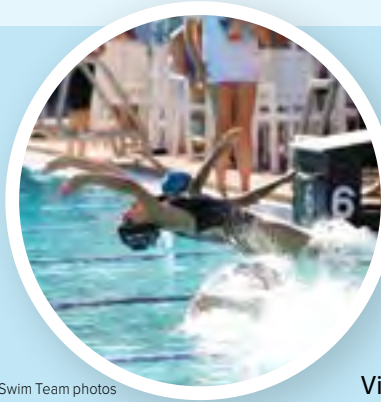
425-587-3335 or on the Kirkland Parks and Community Services Facebook page

Unscheduled facility closures can occur with limited notice. Thunderstorms, Air Quality, and other inclement weather can cause pool closures.

Pool Rules

All youth 12 and under must pass a Deep Water Swim Test prior to entering deep water. Please visit page 49 for Deep Water Swim Test description. All pool rules and guidelines are posted in the facility and can be found at www.kirklandwa.gov/Aquatics Swim Tests are at the discretion of the lifeguards; any swimmer may be asked to retake their Deep Water Swim Test.





Swim Team photos taken by Gina Braun.

KIRKLAND ORCA SWIM TEAM

AGE: 6-17

SEASON: JUNE 25 – AUGUST 9

PRACTICES: MONDAY – THURSDAY MORNINGS

RESIDENT \$300 | NON-RESIDENT \$360

The City of Kirkland offers a recreational swim team that participates in the Craze Summer Swim League. This league focuses on developing fundamental skills and instilling the value of a recreational activity that lasts a lifetime.

Visit www.kirklandwa.gov/KirklandOrcas to learn more!

Returning Orca Swimmers:

If your child swam on our Orca Swim Team, they are eligible to return to Orca Swim Team without trying out for the team. Returning Kirkland Residents swimmer registration opens March 26. Returning Non-Residents can register for swim team on March 27. Swim Team Returner registration will close on June 2. Register your child online at www.KirklandParks.net or by calling Loni Rotter at 425-587-3333.

New Orca Swimmers:

If your child did not swim on the Orcas Swim Team, they will need to try out for the 2025 team. Please do not register your child to the Orca Swim Team. If you are planning on having your child attend Orca Tryouts please see Tryout information below.

Swim Team Tryouts Reservation:

Registration for tryouts is not required, however it is strongly encouraged. Registration for tryouts does not guarantee your child will make the team, but this will help us know how many we can expect at tryouts. Tryouts will be done in age groups with the lottery drawing happening 10 minutes after the tryout window is finished. This date is the only date that swimmers can try out for Orca Swim Team. We will not have make up Orca Swim Team Tryouts.

Swim Team Tryout Prerequisites based on their age as of July 1, 2025. Swimmers must show confident/strong swimming mechanics and rhythmic breathing.

- Participants ages 6 - 8 must be able to swim 25 yards of front crawl and 25 yards of backstroke continuously without touching or using the wall for support.
- Participants ages 9 – 17 must be able to swim 50 yards of front crawl, 50 yards of backstroke, and 25 yards of breaststroke continuously without touching or using the wall for support.

SWIM TEAM AGE GROUP REGISTRATION WITH PRACTICE TIMES			
AGES 16 – 17	MONDAY - THURSDAY 6:45 – 7:40AM	BOYS	20883
		GIRLS	20882
AGES 13 – 15	MONDAY - THURSDAY 7:25 – 8:20AM	BOYS	20881
		GIRLS	20880
AGES 11 – 12	MONDAY - THURSDAY 8:05 – 8:50AM	BOYS	20879
		GIRLS	20878
AGES 9 – 10	MONDAY - THURSDAY 8:05 – 8:50AM	BOYS	20877
		GIRLS	20876
AGES 7 – 8	MONDAY - THURSDAY 8:05 – 8:50AM	BOYS	20875
		GIRLS	20873
AGES 6	MONDAY - THURSDAY 8:05 – 8:50AM	BOYS	20872
		GIRLS	20871

Swim Team Tryout – Team Placement:

Once passing tryouts, names will be placed into a lottery, divided up by age group and gender. Payment and Registration will be required on-site day of if your child passes their tryout and is placed on a team.

Parent Information Meeting:

We will have an informational meeting for all parents on Wednesday, June 18, 6-7pm at the Peter Kirk Pool.

Parent Volunteer Information:

Parent volunteers are crucial to the success of home swim meets and will be required to volunteer 6-8 hours. Volunteers will assist with timing, ribbons, and staging swimmers.

Swim Team Practice Schedules:

Practices occur Monday – Thursday mornings beginning Wednesday, June 25 and ending Thursday, August 7. Practice times are based on age. Practices consist of both dry land conditioning and in water swimming development. (No practice on July 4)

Practice Times:

- 6:45am-7:40am – Boys & Girls Ages 13 – 17
- 7:25am-8:20am – Boys & Girls Ages 9 – 12
- 8:05am-8:50am – Boys & Girls Ages 6 – 8

When are Meets?

Meets are on Fridays, Saturdays, or Sundays throughout the season, with the Craze Invitational ending our season on August 9. Our two Home Meets will be held on Friday evenings (July 18, and August 1).

Swim Team Refund Policy:

- Full refunds less a \$10.00 administrative fee will be granted through the registration period.
- Swim Team Registration Closes on June 2, 2025. All withdrawals after June 2 will be issued a 50% refund.
- No refunds will be granted after June 23, 2025, when league practices start.

SWIM TEAM TRYOUTS RESERVATION			
SATURDAY JUNE 7	AGES 13-17	TRYOUT 9AM-9:30AM LOTTERY PULLED AT 9:40AM	20884
	AGES 9-12	TRYOUT 9:30AM-10AM LOTTERY PULLED AT 10:10AM	20885
	AGES 7-8	TRYOUT 10AM-10:30AM LOTTERY PULLED AT 10:40AM	20886
	AGES 6	TRYOUT 10:30AM-11AM LOTTERY PULLED AT 11:10AM	20887

SWIM LESSON FAQ

We offer group swim lesson levels for Parent/Child, Preschool, Youth, Teens, and Adults. We also offer Private Swim Lessons all ages 5 and older.

**Swim Lesson registration opens on March 26 for Kirkland residents at 7am!
Non-Residents can register for Swim Lessons on March 27 at 8am.**

Level Advancement:

Most students participate in the same level two or three times before advancing to the next level. **Intro level classes (Preschool 1 & Youth 1) tend to take longer to move up, these students participate in the same level for three to four sessions before passing all of the exit assessments.** For Youth 3 and Youth 4, participants must be able to lap swim without assistance before taking these levels. A good indicator of their swimming ability is being able to pass our Deep Water Swim Test. For more information on our Swim Lesson progression, please visit www.kirklandwa.gov/SwimLessons

Exit Assessment Skills:

Exit Assessment skills are evaluated by instructors for each child's report card. All Exit Assessment Skills must be passed and checked off by the instructor **for a child to move up** to the next level. Exit assessments are listed below the level descriptions starting on page 49.

Report Cards:

In our Monday – Thursday Lessons, swimmers are evaluated after the first week of class. Report Cards are emailed out by the Tuesday of the second week of class to parents to help inform them on which lesson their child should take in the upcoming lesson session. If a child's report card evaluation has changed, the parent will be notified of the level advancement. Friday/Saturday Lessons do not pass out Report Cards.

Rain Policy:

We have class rain or shine. Our outdoor pools are heated throughout the season. The only time class would be canceled is in the event of a thunderstorm, or unscheduled facility closure.

Facility Closures:

Unscheduled facility closures can occur with limited notice. If your class is canceled due to an unforeseen facility closure, all participants will receive a two-admission public swim voucher to be used for any 2025 public swim. If you are concerned about facility closures, please contact the pool hotline at 425-587-3335 or on the Kirkland Parks and Community Services Facebook page. In the event that a facility closure cancels swim lessons, you will immediately receive an email notification.

Make-up Policy:

We do not schedule make-up classes. We encourage parents of private lesson classes to call 425-587-3360 to inform their instructors of the child's absence.

Lesson Registration:

To register for swim lessons, you can call 425-587-3336 or go online to KirklandParks.net. The Peter Kirk Pool does not take swim lesson registration or transfers. If you would like to register in person, please visit the Peter Kirk Community Center across the parking lot. **Please do not come to the first day of class if your child is not registered for that session.**

Waitlist Policy:

Waitlist participants are added to classes in order of registration times. Emails will be sent out to waitlist participants to sign up for their classes. The spot will be reserved for 24 hours. If there is no response, we will move to the next participant on the waitlist. Once registration has closed for the upcoming session, no other participants will be added to the roster. If you get the waitlist email and wish to register, use the link in the email or call 425-587-3333.

Swim Level Registration Transfers:

If your session's just beginning, and you think your child is in the wrong level, please attend the first day of your child's registered class level and speak with an onsite Lessons Coordinator to see if there is room for a level transfer. Level transfers are not guaranteed due to limited spot availability and are only available to registered students.

Swim Lesson Refund Policy:

Swim Lesson Registration closes at 4pm on the Thursday before the beginning of the swim session.

Swim Session 1

Registration Closes May 29, 2025, at 4pm

Swim Session 2

Registration Closes June 12, 2025, at 4pm

Swim Session 3

Registration Closes June 26, 2025, at 4pm

Swim Session 4

Registration Closes July 10, 2025, at 4pm

Swim Session 5

Registration Closes July 24, 2025, at 4pm

Swim Session 6

Registration Closes August 7, 2025, at 4pm

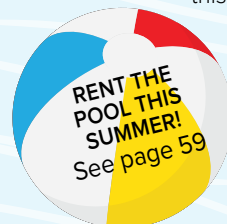
Refund/credit granted if the withdrawal request is made at least five (5) business days prior to the close of registration, less a \$10 administrative fee. The fee applies to each program withdrawn.

- Example: Swim Session 1 starts Monday, June 2, registration closes on Thursday, May 29. All withdrawals received prior to Thursday, May 22 before 4pm will be charged a \$10 administrative fee.

Program withdrawal request received after the Friday before registration closes will result in a credit/refund of 50% of the registration fee.

- Example: Swim Session 1 starts on Monday, June 2, withdrawal request received between 4pm Thursday, May 22 - 4pm Thursday, May 29 will receive a 50% refund.

Once the registration has closed, all withdrawals, transfers, and waitlists are closed as well. No refunds will be given at this point.





Aquatots Classes

LOCATION: MAIN POOL

AGE: 6-36 MONTHS

CLASS SIZE: 10 CLASS TIME: 30 MINUTES

Our parent-child class encourages comfort and safety in and around water through guided instruction. The class's goal is to acclimate your child in the water by introducing water sprinkled on the head and face, bubble blowing, in-water assisted arm and leg motioning, along with aqua-inspired songs to bring fun and excitement to pool time with their parents. **This class requires the parent or guardian to be in the pool with their child.**

Once your child has turned 3, they can be registered for a Preschool 1 class.

Preschool 1

LOCATION: WADING POOL

AGE: 3-5

CLASS SIZE: 5 CLASS TIME: 30 MINUTES

This class is an introductory swimming class for preschool-aged participants. Students will be getting introduced to the water with the goal of comfort in and out of the pool. Students will be learning how to enter and exit the water safely, blow bubbles, comfortably submerge their face in the water, float on their back and front, and start the basic skills of swimming.

Exit Assessment Skills:

- Blowing bubbles
- 3 Bubble bobs
- Front/back float with support
- Front/back streamlining with support

If your child has passed all exit assessment skills above, they can be registered for the following level progression:

- Ages 3-5 years – Preschool 2
- Ages 5-14 years – Youth 1
- If your child did not pass their exit assessments, keep them in the current level
- When registering new students to this level, please register them for 3-4 sessions, before advancing them to Preschool 2

Preschool 2

LOCATION: WADING POOL

AGE: 3-5

CLASS SIZE: 5 CLASS TIME: 30 MINUTES

This class is our second level introductory class for preschool-aged participants. Students will be comfortable in the water, focusing on water safety and swimming skills. Students will be learning how to improve their blowing bubble skills, front and back floats, front crawl, and kick skills. They will also be introduced to bubble bobs (with a submerged nose, mouth, and eyes without the use of goggles), retrieving submerged items from the bottom of the pool, and streamlining without support.

Exit Assessment Skills:

- 8 Bubble bobs
- Retrieve underwater objects
- Front/back float 6 seconds without support
- Front/back streamlining and kick without support

If your child has passed all exit assessment skills above, they can be registered for the following level progression:

- Ages 3-5 years – Preschool 3
- Ages 5-14 years – Youth 1
- If your child did not pass their exit assessments, keep them in the current level

Deep Water Swim Test:

Deep Water Swim Test: At the Peter Kirk Pool we have a Deep Water Swim Test for swimmers 12 and under. This test is to show a swimmer's confidence in the water and ability to safely enter, resurface, and exit the pool in deep water. This test is done by a lifeguard in the deep end of the pool. Swim Testing is available during the first 20 minutes of each Public Swim session.

In order to pass the Deep Water Swim Test, a swimmer must complete all of the following:

Goggles are not allowed to be worn during the Deep Water Swim Test

1. The swimmer must jump into the deep end of the pool feet first and resurface.
2. The swimmer must then immediately start to swim to the far end of the pool (25 yards).
3. The swimmer must swim continuously without assistance, stopping, or touching/holding the wall – briefly stopping to breathe is allowed.

- a. Swimmers must show confident/strong swimming mechanics by only using front crawl or breaststroke – Swimmers must remain horizontal on top of the water and have some level of proficiency in the swim stroke. Underwater swimming is not permitted.
 - b. Swimmers must also have controlled rhythmic breathing (side-breathing or quick pop-up breathing).
4. At the end of the 25-yard swim, the swimmer must exit the swimming pool either by steps, ladder, or side.
 - If a swimmer does not pass the Deep Water Swim Test, the lifeguard will let the swimmer know what they need to work on in order to pass the test.
 - For swimmers that have passed, their swim test results are recorded for the season, and those who pass can pick up their wrist bands at the lifeguard office.
 - Testing seasonally ensures that the child demonstrates their swim ability to stay safe each time they are in and around the water.
 - Lifeguards may ask an individual to retest at any point in the season to ensure that they are safe to swim in deep water.



Preschool 3

LOCATION: MAIN POOL

AGE: 3-5

CLASS SIZE: 5 CLASS TIME: 30 MINUTES

This class is an intermediate swimming class for preschool aged participants. Students will be improving water safety, swimming skills and being introduced to deeper water. Students will be learning how to improve their bubble bobs (with submerged nose, mouth, and eyes without the use of goggles), front and back floats, front crawl, and kick skills, streamlining, and submerged skills. They will be introduced to rolling from front float to back float, vertical to front recovery, rhythmic pop-up breathing, and how to tread water.

Exit Assessment Skills:

- Retrieve underwater objects
- Rhythmic breathing with kicks and support
- Front crawl & elementary backstroke 5 yards
- Front/back float 10 seconds

If your child has passed all exit assessment skills above, they can be registered for the following level progression:

- Ages 3-4 years – Preschool 4
- Ages 5-14 years – Youth 2
- If your child did not pass their exit assessments, keep them in the current level

Preschool 4

LOCATION: MAIN POOL

AGE: 3-5

CLASS SIZE: 5 CLASS TIME: 30 MINUTES

This class is our second level intermediate swimming class for preschool-aged participants. Students will continue building their water safety and swimming skills while also introducing swim strokes and rhythmic breathing. Students will learn how to improve their bobs, treading water, front and back floats, front crawl, and kick skills, streamlining, and submerged skills. They will be introduced to gliding, front crawl, back crawl, elementary backstroke, and rhythmic side breathing.

Exit Assessment Skills:

- 15 Bubble bobs
- Pop-up breathing while doing:
 - Front crawl 15 yards
 - Elementary backstroke 15 yards
 - Kickboard - breaststroke kick 10 yards
 - Kickboard - dolphin kick 10 yards
- Dive/jump into the water and recover
- Swim underwater 5 yards

If your child has passed all exit assessment skills above, they can be registered for the following level progression:

- Ages 3-5 years – Remain in Preschool 4
- Ages 5-14 years – Youth 2
- If your child did not pass their exit assessments, keep them in the current level

Youth 1

LOCATION: MAIN POOL

AGE: 5-14

CLASS SIZE: 5 CLASS TIME: 30 MINUTES

This class is an introductory swimming class. Students will be introduced to the water with the goal of comfort in and out of the pool. Students will be learning how to enter and exit the water safely, blow bubbles, comfortably submerge their face in the water, float on their back and front, and start the basic skills of swimming.

Exit Assessment Skills:

- Roll over – front to back/back to front
- 10 Bubble bobs
- Retrieve underwater objects
- Front/back float 6 seconds
- Front crawl & elementary backstroke 5 yards each
- Kickboard - front/back streamlining with kicks and pop-up breathing

If your child has passed all exit assessment skills above, they can be registered for the following level progression:

- Ages 5-14 years – Youth 2
- If your child did not pass their exit assessments, keep them in the current level
- When registering new students to this level, please register them for 3-4 sessions, before advancing them to Youth 2



ASK US
ABOUT OUR
SCHOLARSHIP
PROGRAM
See page 45

Youth 2

LOCATION: MAIN POOL

AGE: 5-14

CLASS SIZE: 6 CLASS TIME: 30 MINUTES

Description: This class is an intermediate swimming class, and students should already be comfortable in the water. This class prepares students to swim on their own and pass our Deep Water Swim Test allowing them to advance into lap swimming and stroke development. Students will be learning how to improve their blowing bubble skills, improve their front and back floats, streamlining, improve their front crawl and kick skills, and submerging skills. They will also be introduced to front crawl, back crawl, elementary backstroke, rhythmic breathing, butterfly and breaststroke kicks, and treading water.

Exit Assessment Skills:

- Front/back floats for 30 seconds
- Kickboard - butterfly/breaststroke/ front crawl kicks 10 yards each
- Tread water for 30 seconds
- Rhythmic breathing with the body in the horizontal position 5 breaths
- Elementary backstroke 25 yards with pop-up breathing
- Deep Water Swim Test
 - Dive/jump into the water and recover
 - Front crawl 25 yards with pop-up breathing

If your child has passed all exit assessment skills above, they can be registered for the following level progression:

- Ages 5-14 years – Youth 3
- If your child did not pass their exit assessments, keep them in the current level

Youth 3

LOCATION: MAIN POOL

AGE: 5-14

CLASS SIZE: 6 CLASS TIME: 30 MINUTES

For Youth 3, participants must be able to lap swim without assistance before taking this level. A good indicator of their swimming ability is being able to pass our Deep Water Swim Test. Please visit page 49 to see our Deep Water Swim Test description.

This class is our second level intermediate swimming class and must be very comfortable in the water. This class will focus on stroke development and swimming endurance. Students will be learning how to improve their dives (shallow & deep), underwater swimming, treading water, front crawl, backstroke, and kicks. They will also be introduced to butterfly, breaststroke, flip turns, and lap swimming techniques.

Exit Assessment Skills:

- Rhythmic/rotary breathing with the body in the horizontal position
- Stroke development
 - Front crawl 50 yards
 - Backstroke 50 yards
 - Breaststroke 25 yards
 - Butterfly 25 yards
- Use of flip turns while lap swimming
- Treading water for 1 minute

If your child has passed all exit assessment skills above, they can be registered for the following level progression:

- Ages 5-6 years – Repeat Youth 3
- Ages 7-14 years – Youth 4
- If your child did not pass their exit assessments, keep them in the current level

Youth 4

LOCATION: MAIN POOL

AGE: 7-14

CLASS SIZE: 8 CLASS TIME: 30 MINUTES

This class is an advanced swimming class. Students must be able to swim multiple laps without assistance while showing rhythmic breathing and high endurance. This class is designed to prepare swimmers to join a swim team. Students will be learning how to improve their strokes (front crawl, backstroke, breaststroke, butterfly), flip turns, lap swimming, deep water diving and retrieval (7+ feet), dive technique, and endurance water treading. This is the highest-level class offered, with an emphasis on endurance lap swimming.

Exit Assessment Skills:

- Surface dive & retrieve an object at a depth of 7 feet
- Tread water for 2 minutes
- Flip turns while swimming 500 yards continuously
 - Front crawl 100 yards
 - Backstroke 100 yards
 - Breaststroke 100 yards
 - Butterfly 100 yards
 - Stroke of choice 100 yards

If your child has passed all exit assessment skills above, they can be registered for the following level progression:

- Ages 7-14 years – This is the end of our swim lesson progression; your child's next step would be trying out for swim teams
- If your child did not pass their exit assessments, keep them in the current level





MONDAY – THURSDAY GROUP LESSONS

Class registration closes at 4pm the Thursday before the session start date. To register for swim lessons, you can call 425-587-3336 or go online to KirklandParks.net. The Peter Kirk Pool does not take swim lesson registration. If you would like to register in person, please visit the Peter Kirk Community Center across the parking lot.



SESSION 1 JUNE 2 – 12 GROUP LESSONS: TWO WEEKS

1

EIGHT, 30-MINUTE LESSONS | MONDAY - THURSDAY
RESIDENT \$96 | NON-RESIDENT \$120

	4:10PM	4:45PM	5:20PM	5:55PM	6:30PM	7:05PM
AQUATOTS	20933	20934	-	-	-	-
PRESCHOOL 1	20935	20936	-	-	20937	-
PRESCHOOL 2	20938	20939	20940	20941	20942	-
PRESCHOOL 3	20943	-	20944	20945	20946	20947
PRESCHOOL 4	-	20948	20949	20950	-	-
YOUTH 1	20951	20952	20953	20954	-	-
YOUTH 2	20955	20956	20957	20958	20959	20960
YOUTH 3	-	-	-	20961	20962	20963
YOUTH 4	-	-	20964	-	20965	20966

SESSION 2 JUNE 16 – 26 GROUP LESSONS: TWO WEEKS

2

SEVEN, 30-MINUTE LESSONS | MONDAY - THURSDAY *NO CLASS JUNE 19TH*
RESIDENT \$84 | NON-RESIDENT \$105 (PRO RATED)

	4:10PM	4:45PM	5:20PM	5:55PM	6:30PM	7:05PM
AQUATOTS	20967	20968	-	-	-	-
PRESCHOOL 1	20969	20970	20971	-	20972	-
PRESCHOOL 2	20973	20974	20975	-	20976	-
PRESCHOOL 3	-	-	20977	20978	20979	20980
PRESCHOOL 4	-	-	20981	20982	-	20983
YOUTH 1	20984	20985	-	20986	20987	-
YOUTH 2	20988	20989	-	20990	20991	20992
YOUTH 3	-	-	-	20993	-	20994
YOUTH 4	-	-	20995	-	-	20996

SESSION 3

3

JUNE 30 - JULY 10 GROUP LESSONS: TWO WEEKS

EIGHT, 30-MINUTE LESSONS | MONDAY - THURSDAY
RESIDENT \$96 | NON-RESIDENT \$120

	8:20AM	9:00AM	9:35AM	10:10AM	10:45AM	11:20AM	4:10PM	4:45PM	5:20PM	5:55PM	6:30PM	7:05PM
AQUATOTS	-	20997	20998	20999	21000	-	21001	21002	21003	21004	-	-
PRESCHOOL 1	21005	21006	21007	21008	21009	21010	21011	21012	21013	21014	21015	-
PRESCHOOL 2	21016	21017	21018	21019	21020	21021	21022	21023	21024	21025	21026	-
PRESCHOOL 3	-	21027	21028	21029	-	21030	21031	-	21032	-	21033	21034
PRESCHOOL 4	-	21035	21036	-	21037	21038	-	21039	-	21040	-	21041
YOUTH 1	-	21042	21043	21044	21045	21046	21047	21048	21049	21050	21051	-
YOUTH 2	-	21052	21053	21054	21055	21056	21057	21058	21059	21060	21061	21062
YOUTH 3	-	21063	-	21064	-	21065	21066	-	21067	-	21068	21069
YOUTH 4	21070	-	21071	-	21072	-	-	21073	-	21074	-	21075

SESSION 4

JULY 14 – 24 GROUP LESSONS: TWO WEEKS

EIGHT, 30-MINUTE LESSONS | MONDAY - THURSDAY
RESIDENT \$96 | NON-RESIDENT \$120

	8:20AM	9:00AM	9:35AM	10:10AM	10:45AM	11:20AM	4:10PM	4:45PM	5:20PM	5:55PM	6:30PM	7:05PM
AQUATOTS	-	21076	21077	21078	21079	-	21080	21081	21082	21083	-	-
PRESCHOOL 1	21084	21085	21086	21087	21088	21089	21090	21091	21092	21093	21094	-
PRESCHOOL 2	21095	21096	21097	21098	21099	21100	21101	21102	21103	21104	21105	-
PRESCHOOL 3	-	21106	21107	21108		21109	21110	-	21111	-	21112	21113
PRESCHOOL 4	-	21114	21115	-	21116	21117	-	21118	-	21119	-	21121
YOUTH 1	-	21122	21123	21124	21125	21126	21127	21128	21129	21130	21131	-
YOUTH 2	-	21132	21133	21134	21135	21136	21137	21138	21139	21140	21141	21142
YOUTH 3	-	21143		21144	-	21145	21146	-	21147		21148	21149
YOUTH 4	21150	-	21151	-	21152	-	-	21153	-	21154	-	21155

SESSION 5

JULY 28 - AUGUST 7 GROUP LESSONS: TWO WEEKS

EIGHT, 30-MINUTE LESSONS | MONDAY - THURSDAY
RESIDENT \$96 | NON-RESIDENT \$120

	8:20AM	9:00AM	9:35AM	10:10AM	10:45AM	11:20AM	4:10PM	4:45PM	5:20PM	5:55PM	6:30PM	7:05PM
AQUATOTS	-	21156	21157	21158	21159	-	21160	21161	21162	21163	-	-
PRESCHOOL 1	21164	21165	21166	21167	21168	21169	21170	21171	21172	21173	21174	-
PRESCHOOL 2	21175	21176	21177	21178	21179	21180	21181	21182	21183	21184	21185	-
PRESCHOOL 3	-	21186	21187	21188	-	21189	21190		21191	-	21192	21193
PRESCHOOL 4	-	21194	21195	-	21196	21197	-	21198	-	21199	-	21200
YOUTH 1	-	21202	21203	21204	21205	21206	21207	21208	21209	21210	21211	-
YOUTH 2	-	21212	21213	21214	21215	21216	21217	21218	21219	21220	21221	21222
YOUTH 3	-	21223	-	21224	-	21225	21226	-	21227	-	21228	21229
YOUTH 4	21230	-	21231	-	21232	-	-	21233	-	21234		21235

SESSION 6

AUGUST 11 - 21 GROUP LESSONS: TWO WEEKS

EIGHT, 30-LESSONS | MONDAY - THURSDAY
RESIDENT \$96 | NON-RESIDENT \$120

	8:20AM	9:00AM	9:35AM	10:10AM	10:45AM	11:20AM	4:10PM	4:45PM	5:20PM	5:55PM	6:30PM	7:05PM
AQUATOTS	-	21236	-	-	21237	21238	21239	21240	21241	-	-	-
PRESCHOOL 1	21242	21243	-	-	21244	21245	21246	21247	21248	-	-	-
PRESCHOOL 2	21249	21250	-	-	21251	21252	21253	21254	21255	-	-	-
PRESCHOOL 3	21256	-	21257	21258	-	21259	21260	21261	21262	21263	21264	21265
PRESCHOOL 4	21266	21267	21268	21269	21270	-	21271	21272	21273	-	-	21274
YOUTH 1	21275	21276	21277	21278	21279	21280	-	21281	-	21282	21283	21284
YOUTH 2	21285	21286	21287	21288	21289	21290	21291	-	21292	21293	21294	21295
YOUTH 3	-	-	21296	21297	-	-	-	-	-	21298	21299	21300
YOUTH 4	-	-	21301	21302	-	-	-	-	-	21303	21304	-



PRIVATE LESSONS

AGES: 5+ YEARS
LOCATION: MAIN POOL
CLASS TIME: 30 MINUTES

Are you looking for one-on-one instruction, with highly motivated and friendly instructors? Private Lessons might be right for you. Private lesson participants will review goals with instructor the first scheduled class. Please share your swimming goals with us, we are here to help!

Two siblings of close age and swimming ability may be registered for the same private lesson session. Please register the first child and call Loni at 425-587-3333 to register the second child. Both children will need to pay for the private lesson.



SESSION 2

JUNE 16 - 26 PRIVATE LESSONS: TWO WEEKS

FOUR – 30-MINUTE LESSON | M/W RESIDENT \$168 / NON RESIDENT \$200
 THREE – 30-MINUTE LESSONS | TU/TH RESIDENT \$126 / NON-RESIDENT \$150 (PRO RATED) *NO CLASS JUNE 19TH*

	10:10AM	10:45AM	11:20AM	4:10PM	4:45PM	5:20PM	5:55PM	6:30PM	7:05PM
MONDAY/ WEDNESDAY	NO SESSION 2 AM PRIVATES			21319	21320	21321	21322	21323	21324
TUESDAY/THURSDAY				21325	21326	21327	21328	21329	21330

SESSION 3

JUNE 30 - JULY 10 PRIVATE LESSONS: TWO WEEKS

FOUR – 30-MINUTE LESSONS | MON/WED OR TUE/THU
 RESIDENT \$168 / NON-RESIDENT \$200

	10:10AM	10:45AM	11:20AM	4:10PM	4:45PM	5:20PM	5:55PM	6:30PM	7:05PM
MONDAY/ WEDNESDAY	21331	21332	21333	21334	21335	21336	21337	21338	21339
TUESDAY/THURSDAY	21340	21341	21342	21343	21344	21345	21346	21347	21348

SESSION 4

JULY 14 – 24 PRIVATE LESSONS: TWO WEEKS

FOUR – 30-MINUTE LESSONS | MON/WED OR TUE/THU
 RESIDENT \$168 / NON-RESIDENT \$200

	10:10AM	10:45AM	11:20AM	4:10PM	4:45PM	5:20PM	5:55PM	6:30PM	7:05PM
MONDAY/ WEDNESDAY	21349	21350	21351	21352	21353	21354	21355	21356	21357
TUESDAY/THURSDAY	21359	21360	21361	21362	21363	21364	21365	21366	21367

SESSION 5

JULY 28 - AUGUST 7 PRIVATE LESSONS: TWO WEEKS

FOUR – 30-MINUTE LESSONS | MON/WED OR TUE/THU
 RESIDENT \$168 / NON-RESIDENT \$200

	10:10AM	10:45AM	11:20AM	4:10PM	4:45PM	5:20PM	5:55PM	6:30PM	7:05PM
MONDAY/ WEDNESDAY	21368	21369	21370	21371	21372	21373	21374	21375	21376
TUESDAY/THURSDAY	21377	21378	21379	21380	21381	21382	21383	21384	21385

FRIDAY & SATURDAY MORNING GROUP & PRIVATE LESSONS

We have now combined our Friday & Saturday morning classes into the same registration session. When registering for Friday & Saturday morning lessons you will be attending 4 classes over the two-week session.

Friday & Saturday Morning Group Lessons

SESSION 3 JULY 5, 11 & 12 GROUP LESSONS: TWO WEEKS THREE, 30-MINUTE LESSONS FRIDAY & SATURDAYS RESIDENT \$36 NON-RESIDENT \$45 (PRO RATED)			
	8:10AM	8:45AM	9:20AM
AQUATOTS	21397	21398	-
PRESCHOOL 1	21399	-	21400
PRESCHOOL 2	21401	-	21402
YOUTH 1	-	21403	-
YOUTH 2	-	21404	-

SESSION 4 JULY 18, 19, 25 & 26 GROUP LESSONS: TWO WEEKS FOUR, 30-MINUTE LESSONS FRIDAY & SATURDAYS RESIDENT \$48 NON-RESIDENT \$60			
	8:10AM	8:45AM	9:20AM
AQUATOTS	21405	21406	-
PRESCHOOL 1	21407	-	21408
PRESCHOOL 2	21409	-	21410
YOUTH 1	-	21411	-
YOUTH 2	-	21412	-

SESSION 5 AUGUST 1, 2, 8 & 9 GROUP LESSONS: TWO WEEKS FOUR, 30-MINUTE LESSONS FRIDAY & SATURDAYS RESIDENT \$48 NON-RESIDENT \$60			
	8:10AM	8:45AM	9:20AM
AQUATOTS	21413	21414	-
PRESCHOOL 1	21415	-	21416
PRESCHOOL 2	21417	-	21418
YOUTH 1	-	21419	-
YOUTH 2	-	21420	-

Friday & Saturday Morning Private Lessons

SESSION 3 JULY 5, 11 & 12 PRIVATE LESSONS: TWO WEEKS THREE, 30-MINUTE LESSONS FRIDAY & SATURDAYS RESIDENT \$126 NON-RESIDENT \$150 (PRO RATED)			
	8:10AM	8:45AM	9:20AM
PRIVATE A	21430	21431	21432
PRIVATE B	21433	21434	21435
PRIVATE C	-	-	21436

SESSION 4 JULY 18, 19, 25 & 26 PRIVATE LESSONS: TWO WEEKS FOUR, 30-MINUTE LESSONS FRIDAY & SATURDAYS RESIDENT \$168 NON-RESIDENT \$200			
	8:10AM	8:45AM	9:20AM
PRIVATE A	21437	21438	21439
PRIVATE B	21440	21441	21442
PRIVATE C	-	-	21443

SESSION 5 AUGUST 1, 2, 8 & 9 PRIVATE LESSONS: TWO WEEKS FOUR, 30-MINUTE LESSONS FRIDAY & SATURDAYS RESIDENT \$168 NON-RESIDENT \$200			
	8:10AM	8:45AM	9:20AM
PRIVATE A	21444	21445	21446
PRIVATE B	21447	21448	21449
PRIVATE C	-	-	21450



TEEN/ADULT SWIM LESSONS

Teen/Adult Level 1 (AGE 13+ YEARS)

LOCATION: MAIN POOL

CLASS SIZE: 6 CLASS TIME: 30 MINUTES

This class is an introductory swimming class for teens and adults ages 13 and older. Students will be getting introduced to the water with the goal to gain comfort in and out of the pool. Students will learn how to enter and exit the water safely, comfortably submerge their face in the water, float on their back and front, tread water, understand how to kick while pulling the water with their arms, and start the basic strokes of swimming like the front crawl and elementary backstroke.

Learning Objectives:

- Learn to float and streamline on your front and back
- Explore alternating and simultaneous leg-kicking and arm-pulling motions
- Attain skills for front crawl and elementary backstroke
- Introduction to treading water
- Acquire basic water safety skills

Exit Assessment Skills:

- Front/back floats for 30 seconds
- Kickboard - butterfly/breaststroke/front crawl kicks 10 yards each
- Tread water for 30 seconds
- Rhythmic breathing with the body in horizontal position 5 breaths
- Elementary backstroke 25 yards with pop-up breathing
- Deep Water Swim Test
 - Dive/jump into the water and recover
 - Front crawl 25 yards with pop-up breathing

If you have passed all exit assessment skills above, please register for the Teen/Adult Level 2 Class



Teen/Adult Level 2 (AGE 13+ YEARS)

LOCATION: MAIN POOL

CLASS SIZE: 6 CLASS TIME: 30 MINUTES

This class is an intermediate swimming class for teens and adults ages 13 and older. Students must pass the deep-water swim test and be very comfortable in the water, focusing on stroke development and swimming endurance. Students will be learning how to improve their dives (shallow & deep), underwater swimming, treading water, front crawl, backstroke, and kicks. They will also be introduced to butterfly, breaststroke, flip turns, and lap swimming techniques.

Learning Objectives:

- Perform intermediate-level front crawl, back crawl, elementary backstroke, and breaststroke
- Refine efficient and effective strokes
- Tread water for at least 1 minute
- Increase swimming speed and distance ability
- Develop fitness, swimming, and other aquatic goals with the instructor's assistance

Monday – Thursday Teen/Adult Group Lessons

SESSION 3

JUNE 30 - JULY 10

TEEN/ADULT LESSONS: TWO WEEKS

FOUR – 30-MINUTE LESSONS | MON/WED OR TUE/THU
RESIDENT \$56 / NON-RESIDENT \$64

	6:30PM	7:05PM
TEEN/ADULT LEVEL 1 (MON/WED)	21358	21386
TEEN/ADULT LEVEL 2 (TUES/THURS)	21387	21388

SESSION 4

JULY 14 - 24

TEEN/ADULT LESSONS: TWO WEEKS

FOUR – 30-MINUTE LESSONS | MON/WED OR TUE/THU
RESIDENT \$56 / NON-RESIDENT \$64

	6:30PM	7:05PM
TEEN/ADULT LEVEL 1 (MON/WED)	21389	21390
TEEN/ADULT LEVEL 2 (TUES/THURS)	21391	21392

SESSION 5

JULY 28 - AUG 7

TEEN/ADULT LESSONS: TWO WEEKS

FOUR – 30-MINUTE LESSONS | MON/WED OR TUE/THU
RESIDENT \$56 / NON-RESIDENT \$64

	6:30PM	7:05PM
TEEN/ADULT LEVEL 1 (MON/WED)	21393	21394
TEEN/ADULT LEVEL 2 (TUES/THURS)	21395	21396



Deep Water Exercise (AGES 16+ YEARS)

LOCATION: DEEP END OF MAIN POOL

CLASS SIZE: 30 CLASS TIME: 60 MINUTES

Work at your own pace. Beginners to Advanced are welcome! Get a leaner, stronger body while having fun! Our trained instructors will inspire you to move and burn calories, in a quick 60-minute muscle and core building in-water workout.

DEEP WATER EXERCISE | MONDAYS/WEDNESDAYS

SESSION/DATES	COURSE CODE	TIME	FEES
JUNE / JUNE 23, 25, 30	20888	7:45-8:45PM	R \$51/NR \$60
JULY / JULY 2, 7, 9, 14, 16, 21, 23, 28, 30	20889	7:45-8:45PM	R \$153/NR \$180
AUGUST / AUGUST 4, 6, 11, 13, 18, 20	20890	7:45-8:45PM	R \$ 102/NR \$120



NEW 2025 SATURDAY CLASS TIMES

DEEP WATER EXERCISE | SATURDAYS

SESSION/DATES	COURSE CODE	TIME	FEES
JUNE 28, JULY 5, 12, 19, 26	20891	9:45AM-10:45AM	R \$85/NR \$100
	20892	10:45AM-11:45AM	R \$85/NR \$100
AUGUST 2, 9, 16, 23	20893	9:45AM-10:45AM	R \$68/NR \$80
	20894	10:45AM-11:45AM	R \$68/NR \$80

Looking for a FUN, FREE way to cool off?

LEE JOHNSON FIELD

202 3RD STREET, KIRKLAND, WA 98033

JULY 10 – AUGUST 7

THURSDAYS, 11AM – 2PM

Join us this summer at Lee Johnson Field for our annual Sprinkler Park Thursdays! We offer a variety of sprinklers, suitable for all ages, set up for everyone to enjoy! This program is free for all ages and takes place on Thursdays during July and August at Lee Johnson Field at Peter Kirk Park.

Temperatures must be above 70 degrees for Sprinkler Park to be open. Our Facebook page will be updated in the event that sprinkler park is cancelled for the day. Parking is available in the parking garage under the library. All children 10 and under must be supervised by an adult.

All children 10 and under must be supervised by an adult.



LIFEGUARDED SWIMMING BEACHES



Lifeguards are on duty daily from 12pm-6pm, July 1 - September 1. All beaches will have beach rules and lifeguard-on-duty signs will be posted when lifeguards are on duty. All beach rules can be found at kirklandwa.gov/SwimBeach

Beach Bacteria Testing: Beaches are tested weekly by King County Department of Natural Resources and Parks. If a beach tests high for bacteria, the beach's swimming area will be closed, and there will be no lifeguards on duty. For testing information please visit www.kingcounty.gov/SwimBeach

Waterfront Swim Test: Children 12 and under at Houghton, Waverly, and Juanita Beaches are required to pass a waterfront swim test to swim beyond the shallow water buoy line (blue and white buoy line). Due to the nature of our waterfronts, swimmers will have to test daily to ensure they are safe enough to swim in the current lake conditions. Testing is at the discretion of the lifeguard and may ask an individual to retest at any point during the day. If you need a waterfront swim test, please speak with any of the lifeguards on duty in the lifeguard office.

Lifeguard Loaner Station: All of our swimming beaches have lifeguard loaner stations at the lifeguard office. If a lifeguard is needed, please speak with any of the lifeguards on duty in the lifeguard office to check out a lifeguard.

Camps and Groups: Groups larger than 15 are encouraged to contact the City of Kirkland 48 hours in advance of an intended visit. Please visit our Swimming Beaches page to fill out a Kirkland Beach Group Notice Form so that staff can be notified of your arrival.

No Lifeguard On-Duty: If there is inclement weather, or the air temperature is under 65 degrees, lifeguards will not report to the beaches.

Swim Zones: Some swim zones may be closed due to low staffing numbers. These zones will be marked closed by the beach lifeguard team.

Lifeguard Olympics: This year's Lifeguard Olympics will be held on Sunday, August 4 at Houghton Beach. Please join us for the afternoon of training and competition. Beaches will be staffed at 3pm due to this all staff training.

HOUGHTON BEACH SWIMMING AREA

5811 Lake Washington Boulevard, Kirkland WA

Houghton Beach Swimming Area has a long pier and a large dock with deep water and shallow water swimming areas.

WAVERLY BEACH SWIMMING AREA

633 Waverly Way, Kirkland, WA

Waverly Beach Swimming Area provides an area completely enclosed by a "U" shaped pier. There are deep water and shallow water swimming areas.

JUANITA BEACH SWIMMING AREA

9703 Ne Juanita Drive, Kirkland, WA

Juanita Beach Swimming Area provides an area completely enclosed by a "U" shaped pier with a sandy beach and a shallow water swimming area.

Looking for a way to earn money this summer?

Are you at least 15 years or older?
JOIN OUR AQUATICS TEAM!

Visit www.kirklandwa.gov/ParksJobs





AquaLeaders Volunteer Program

AGE: 12-14 R \$70/NR \$84 COURSE CODE: 20865

Develop lifeguard and swim instructor skills, while building leadership experience that can be applied to a variety of occupations. AquaLeaders receive training and instruction in facility rules, policies and procedures, water safety and swim lesson instruction. New AquaLeaders will need to attend both training dates to be enrolled in the program. If you attended AquaLeader training since 2022, you would only need to attend the Thursday's Class.

New AquaLeader Training Dates:

Wednesday, June 25, 10am-2pm

Thursday, June 26, 10am-2pm

Returning AquaLeader Training Dates:

Thursday, June 26, 10am-2pm

All volunteers must pass a background check in order to volunteer for this position. AquaLeader shifts are scheduled weekdays in July & August.

The first class will meet at the Peter Kirk Pool.

SAVE THE DATE • SEPTEMBER 6

See Spot Splash

Peter Kirk Pool & Park



For participation details
visit Kirklandwa.gov/CommunityBuildingEvents



RENT THE POOL

FRIDAY/SATURDAY/SUNDAY EVENINGS
5:30-8:30PM

SUNDAY MORNINGS
10-11:30AM

Reserve the Peter Kirk Pool for your own private swim party. Fees are based on hours of use and include set up and take down. Lifeguards, pool toys, and party deck space included. Rentals must be reserved at least 14 days in advance. Pool Rental season starts Saturday, June 7, 2025.

RENTAL FEES	1.5 HOURS		3 HOURS	
	UNDER 150 ATTENDEES	OVER 150 ATTENDEES	UNDER 150 ATTENDEES	OVER 150 ATTENDEES
BOTH POOLS	\$395	\$495	\$595	\$795
MAIN POOL	\$320	\$420	\$480	\$680
WADING POOL	\$175	-	\$265	-

RESERVATION OCCUPANCY:

There is a maximum of 310 people in the facility which includes in-water and on-deck. The Main Pool has a maximum occupancy of 270. The Wading Pool has a maximum capacity of 40. The wading pool is designated for children 6 years of age and under and their guardian 18 years of age and older. Please register the number of members in your party while reserving time. Refunds are given for lightning/thunder or poor air quality during rental period, not for other inclement weather.

RENTAL INFORMATION:

- All pool rules are in effect
- Children 6 and under requires an adult to be in the water with them, at all times
- Pool Floats or Inflatables are not allowed, our pool only permits Coast Guard approved Lifejackets
- Outside food and drink welcome (no vendors allowed)
- Glass is not permitted in the pool facility
- All swimmers 12 years and younger must be able to pass the swim test to swim in the deep end, or use the diving board of the main pool
- The Peter Kirk Pool offers tables, chairs, deck space, lifeguards, and lifejackets

To reserve the pool please visit kirklandparks.net or call us at 425-587-3333. Full Payment due at the time of reservation.

Pool Rental Registration begins Wednesday, March 26 at 7am for Kirkland Residents, and Thursday, March 27 for Non-Residents

ADULT ARTS

Watercolor Painting

Whether a beginner or advanced painter, enjoy learning techniques for a successful painting. Jean demonstrates every step and provides individual assistance to all. Working from photo references provided by instructor, you will paint still life, florals, landscapes/seascapes, animals and more. Supply list available at PKCC.

AGE:18+

4 classes

20339	Tue	4/1-4/22	6-9pm
20340	Tue	4/29-5/20	6-9pm
20341	Tue	5/27-6/17	6-9pm
20342	Tue	6/24-7/15	6-9pm
20343	Tue	7/22-8/12	6-9pm

R \$65/NR \$78

LOCATION: PKCC

INSTRUCTOR: JEAN PRATT-BEOUY

**Oil Painting the Easy Way**

Paint along as Jean demonstrates the entire painting and provides individual assistance. Your style will emerge as you paint subjects from still life to landscapes to florals. Quickly learn composition, color mixing, brush use, establishing depth and more. This class offers something for all levels. Supply list available at PKCC. (No class 6/19)

AGE: 18+

4 classes

20353	Thu	4/3-24	6-9pm
20354	Thu	5/1-22	6-9pm
20355	Thu	5/29-6/26	6-9pm
20356	Thu	7/3-24	6-9pm
20357	Thu	7/31-8/21	6-9pm

R \$65/ NR \$78

LOCATION: PKCC

INSTRUCTOR: JEAN PRATT-BEOUY

MORE ART CLASSES!

See page 69



REAL ESTATE

Home Loan Workshop

Join us for a workshop on refinancing and purchasing homes, whether it's your first or third! A Senior Mortgage Specialist and Senior Real Estate Professional will answer your questions and explain the importance of home inspections, appraisals, warranties, title, and escrow. Learn to structure the best loan, understand closing costs, and discover ways to save money.

AGE:18+

20528	Wed	4/9	6:30-8:30pm
20529	Wed	7/16	6:30-8:30pm

R \$12/ NR \$14

LOCATION: PKCC

INSTRUCTOR: KIM PRATER

Home Sellers Workshop

Join us for a workshop with a Senior Mortgage Specialist and Senior Real Estate Professional to learn how to maximize your home's value! Gain insights on preparing your home for sale, pricing, marketing strategies, contract negotiations, and calculating net proceeds. Whether you're a first-time or experienced seller, this workshop is your roadmap to success!

AGE:18+

20530	Wed	5/14	6:30-8:30pm
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R \$12/N \$14

LOCATION: PKCC

INSTRUCTOR: KIM PRATER

MORE REAL ESTATE CLASSES

See page 71

ADULT SPECIAL INTEREST

Sound Bath with Ethereal Sound & Wellness

Experience deep relaxation in this Restorative Sound Bath class brought to you by Savannah Powers of Ethereal Sound & Wellness. Immerse yourself in soothing sounds created by singing bowls, gongs, and chimes to reduce stress and promote a sense of balance and well-being. What to bring: blanket, mat, pillow, water.

AGE:18+

20674	Tue	4/8	6:30-7:30pm
20675	Tue	5/13	6:30-7:30pm
20676	Tue	6/10	6:30-7:30pm
20677	Tue	8/12	6:30-7:30pm
20678	Tue	9/9	6:30-7:30pm

R \$40/NR \$48

LOCATION: HERITAGE HALL

INSTRUCTOR: SAVANNAH POWERS

Ukulele Beginning

Aloha! The ukulele is a fun and engaging instrument that you can play! It's portable, inexpensive, and great for playing songs with friends! It's also a great primer for learning other stringed instruments. Whether you're a beginner or have a little experience, you're invited to join our friendly group classes. We'll learn a couple of chords each week, learn to strum, and will be playing music together at our first class! Only requirements: a ukulele, and a willingness to try something new.

AGE:14+

21485	Mon	6/2-6/30	5:45-6:45pm
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R \$50/NR \$60

LOCATION: MCAULIFFE PARK ATRIUM

INSTRUCTOR: JULIE METTEER



Ukulele Fun 2.0

This next steps class will review all the chords from the beginners class and learn some more challenging chords that may require an extra finger or two. We'll also learn strum patterns and become more comfortable playing and singing with others. Ukulele is still required to join in.

AGE:14+

21486 Mon 6/2-6/30 7-8pm

R \$50/NR \$60

LOCATION: MCAULIFFE PARK ATRIUM

INSTRUCTOR: JULIE METTEER

Beginning Guitar Turbo Charge

This fast-paced course covers all the basics - from tuning and strumming, all the way up to common chord progressions. Learn major, minor and 7th chords, basic rhythms and beginning theory. Good for acoustic styles. Must be at least 15 years old at the start of class. Bring your own guitar. If you are bringing an electric guitar no amp is necessary.

AGE:15+

21561 Wed 4/23-6/11 7-8pm

21562 Wed 7/9-8/27 7-8pm

R \$120/NR \$144

LOCATION: NKCC

INSTRUCTOR: SCOTT LAWSON

Self Defense for Women

Learn the 4 most crucial safety lessons: recognizing when someone means harm, using your body language and voice to interrupt an intended assault, simple yet effective physical skills to neutralize an attacker, and how to deal with the emotional fallout of an assault.

Practice strikes to vulnerable targets, creating an impact, and releases from some common grabs. Great class to take with a friend! Bring a lunch or snack and water bottle. This class is intended for people of marginalized genders, including cis and trans women, as well as non-binary folks and trans men. This class centers on the experiences of women and all people who have lived experiences of misogyny.

AGE:18+

20818 Sat 5/10 1:45-4:45pm

R \$99/NR \$120

LOCATION: NKCC

INSTRUCTOR: STRATEGIC LIVING, LLC

PARTNER DANCING *with* CHARLES ENGLAND

Partner Dancing at the **Peter Kirk Community Center**. Adults and teens. Each participant must be registered. Age: 16+

Ballroom

It's time to learn to dance. Easy basics in Fox Trot, Waltz, and Swing with emphasis on lead/follow skills. Everything you need for a night out dancing.

20687 Thu 4/10-5/8 7-8pm

20688 Thu 6/26-7/24 7-8pm

R \$65/NR \$78

East Coast Swing

The All-American Swing Dance! Dance to Big Band Swing, Rock 'n Roll and more. Both single and triple rhythm styles will be taught in this fun and easy class.

20691 Thu 5/15-6/12 7-8pm

20692 Thu 7/31-8/28 7-8pm

R \$65/NR \$78

Salsa

Hot! Hot! Hot! Solid basic steps and turns in Salsa and Merengue. Dance the night away!

20693 Thu 5/15-6/12 8-9pm

20694 Thu 7/31-8/28 8-9pm

R \$65/NR \$78

West Coast Swing

The coolest, smoothest, and most playful form of swing on the planet! West Coast Swing can be danced to all types of music, from Blues, Jazz, and R & B to Top 40 pop of all eras.

20689 Thu 4/10-5/8 8-9pm

20690 Thu 6/26-7/24 8-9pm

R \$65/NR \$78



Self Defense for Young Adults Off to College

Maximize the positive in your next four years: Learn simple and effective ways to stay out of harm's way on and around campus while still enjoying the full college experience. In this short seminar, we will address 2 ways to identify possible evildoers, 3 strategies to evade them, and 4 techniques to neutralize their ill intent. Some of this class will be physical, some verbal, and all aimed at increasing your choices. EmPOWERment doesn't get more fun! All genders welcome.

AGE:17-20

20822 Sat 7/19 1-4:30pm

R \$109/NR \$131

LOCATION: NKCC

INSTRUCTOR: STRATEGIC LIVING, LLC



BALLET

Ballet Basics - Virtual

Have you always wanted to take a ballet class, but something got in the way? Here's the good news, it's never too late to learn ballet! No reason to be intimidated! This adult basic ballet class offers something for everyone from young adult to seniors and provides a fun way to tone and tighten your body while learning the fundamental techniques in a positive and supportive environment. Ballet develops balance, coordination, strength, stamina, self-confidence, and body-centered awareness. This class is for those with little or no dance training but who want to embrace one of the most beautiful and graceful of all dance styles. Zoom login information will be sent prior to class.

AGE:18+

6 CLASSES

20522	Mon	4/14-5/19	7-8pm
20523	Mon	6/2-7/7	7-8pm
\$54			

4 CLASSES

20524	Mon	7/14-8/4	7-8pm
\$36			

LOCATION: ZOOM (VIRTUAL)

INSTRUCTOR: MARCO CARRABBA

Ballet Open Level - Virtual

Take your training to the next level. This class is for those who have had some ballet training and is a good additional class whether you are just starting or are more experienced. Emphasis is on improving technical strength and more movement. Students are encouraged to work at their own ability. Zoom login information will be sent prior to class.

AGE:18+

6 CLASSES

20525	Wed	4/16-5/21	7-8pm
20526	Wed	5/28-7/2	7-8pm
\$54			

5 CLASSES

20527	Wed	7/9-8/6	7-8pm
\$45			

LOCATION: ZOOM (VIRTUAL)

INSTRUCTOR: MARCO CARRABBA



ADULT HULA

Walk in - Hula Out!

So you have always wanted to learn the Hula? Now is the time. Our Hula classes welcome everyone to come and dance with us; no previous training necessary just expect to work the body a little, meet some new friends and enjoy. Instructor is a graduate of Uncle George Naope of Hilo Hawai'i, with 15 years' experience teaching for Kirkland Parks.

Pikaki Beginning and Intermediate Hula

The Pikaki class teaches the basic steps and hand motions for those who are new to Hula and for those who are wanting to improve existing skills. (No class 4/20, 5/11, 5/25)

20683	Sun	4/6-6/8	12-1pm
R \$84/NR \$101			
20684	Sun	6/29-8/24	12-1pm
R \$96/NR \$115			

LOCATION: NKCC

INSTRUCTOR: MAKANAOKALANI

'Ilima Advanced Hula

The 'Ilima class is for the dancer with a more extensive background with kahiko, 'auana, hula implements and some performing experience. (No class 4/20, 5/11, 5/25)

AGE:18+

20671	Sun	4/6-6/8	11am-12pm
R \$84/NR \$101			
20672	Sun	6/29-8/24	11am-12pm
R \$96/NR \$115			

LOCATION: NKCC

INSTRUCTOR: MAKANAOKALANI

Tap Happy Adults

Learn new skills and increase positive endorphins through the joy of tap dance! This beginner's class offers you a great workout to upbeat music without feeling the effort of a monotonous workout. Learn routines and tap dance techniques, while developing balance, strength, flexibility, and rhythm. We will be dancing to everything from Classic Rock, and America's Top 40 to Big Band, Jazz, and Broadway Musicals! If it has a beat, and feels good, we will be dancing to it...tap shoes or character shoes please. (No class 5/20)

AGE:16+

20685	Tue	4/22-6/17	6:25-7:25pm
R \$88/NR \$106			
20686	Tue	7/1-8/5	6:25-7:25pm
R \$66/NR \$79			

LOCATION: NKCC

INSTRUCTOR: DEBBY SCHAEPERKOETTER

**CAPOEIRA**

See page 37

LINE DANCING CLASSES

See page 69

ADULT FITNESS

Adult Barre

Adult Barre: a 55-min dance/Pilates/ yoga inspired class that will use weights, barres, mats, balls and bands to offer a full body, yet low impact workout in a fun format for all ages and stages. (No class 5/26)

AGE:18+

20709 Mon 4/28-6/16 6:30-7:25pm

R \$77/NR \$92

LOCATION: NKCC

INSTRUCTOR: STEPHANIE LADUKE

PARENT AND LITTLE BARRE

See page 31



Flow & Flourish: Music Flow Yoga

Awaken your body and mind with a morning yoga flow. Move with beautiful music, discover new depths of flexibility and strength, and connect deeper to your inner self. This practice will boost your energy level and improve focus throughout the day.

AGE:18+

21770 Tue 4/22-5/13 7:30-8:15am
21809 Tue 5/20-6/10 7:30-8:15am

R \$40/NR 486

LOCATION: NKCC

INSTRUCTOR: CATHY YANG

Adult Zumba

This dance-inspired class is great for everyone interested in fitness. These easy-to-follow dance routines encourage aerobic fitness, using a combination of low-intensity and high-intensity moves. Come and enjoy the calorie-burning dance fitness party. Please note - this class is a HIGH intensity class. You will be moving around for 45 minutes straight! If you are looking for a lower intensity class; please see our Zumba Gold offerings. (No class 4/17, 6/19)

AGE:18+

20718 Thu 4/3-5/22 6-6:45pm

R \$126/NR \$151

20719 Thu 6/5-7/17 6-6:45pm

R \$108/NR \$130

LOCATION: NKCC

INSTRUCTOR: TANYA DANCE FITNESS

ZUMBA GOLD

See page 70

Cardio & Core with Joleen

Put the "Fun" in functional training with this lively strength and cardio workout! Start with an energetic warm up then mix it up with weights, interval stations, agility games, dance fitness and more! Finish with core strengthening and a relaxing cool down. Modifications will be shown for different fitness levels.

AGE:16+

20502 Mon 4/21-6/16 6-7pm
20505 Wed 4/23-6/18 6-7pm

R \$88/NR \$106

20506 Thu 4/24-6/12 9-10am

R \$77/NR \$92

20504 Tue 4/22-6/17 9-10am
20509 Mon 6/23-8/18 6-7pm
20511 Tue 6/24-8/19 8-9am
20513 Wed 6/25-8/20 6-7pm
20518 Thu 6/26-8/21 8-9am

R \$99/NR \$119

LOCATION: NKCC

INSTRUCTOR: JOLEEN LESTER



CardioBox

A 45-minute total body workout session, using the basic principles of boxing, and various body conditioning / strengthening exercises. This class is designed for anyone with or without prior boxing experience. In this class, you will learn the different strikes used in boxing, along with footwork, body movement and defense. You will stay active, moving from one round to another, with more than 50% of the time on the bags. Additionally, you will be utilizing other equipment to condition and strengthen your body.

AGE:18+

20560 Mon 4/28-5/19 7:15-8pm

R \$40/NR \$48

20561 Mon 6/2-6/30 7:15-8pm
20562 Mon 7/14-8/11 7:15-8pm

R \$50/NR \$60

LOCATION: NKCC

INSTRUCTOR: SHARON GOH ADAMS

MORE ADULT EXERCISE CLASSES!

See page 57, 70



Rock Steady Boxing (RSB)

Taught by certified Affiliate Coaches, Rock Steady Boxing (RSB) is an evidence-based boxing fitness class designed specifically to help fight the effects of Parkinson's Disease. Non-contact boxing drills, strength, balance, cardio, and coordination activities are provided with a "tough love" approach and create the basis for functional improvements for people with any level of Parkinson's Disease. In addition to improved strength and function, participants enjoy a new sense of confidence and build supportive relationships with fellow class members. Participants must complete a \$40 assessment and receive Affiliate Coach approval prior to joining class. (No class 6/19, 7/4)

AGE:18+

20519	Tue, Thu, Fri 4/22-6/20	10:15am-1pm
20520	Tue, Thu, Fri 6/24-8/22	9:15am-12pm

10 VISIT PASS CARD \$120

LOCATION: NKCC

INSTRUCTOR: JOLEEN LESTER

MORE FITNESS CLASSES

See page 70

Sunset Kayak Tour and Lesson



Learn kayaking basics and enjoy an evening on Juanita Bay. Expert guides provide land and water basics, safety instruction, and tours. Wildlife sightings like turtles, otters, eagles, and herons are common. Single or double kayaks and safety equipment are provided. Participants must swim. Kayak weight limits: 250 lbs for singles, 500 lbs for doubles. Perfect for individuals, friends, and families.

Registration closes at 8am Tuesday before the program date.

SINGLE KAYAKS

AGE:12+

20913	Wed	5/7	6-7:30pm
20915	Wed	5/14	6-7:30pm
20917	Wed	5/21	6-7:30pm
20919	Wed	5/28	6-7:30pm

R \$75/NR \$90

LOCATION: JUANITA BEACH PARK
INSTRUCTOR: SEATTLE PADDLE

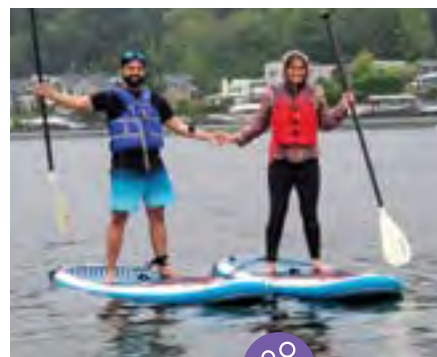
DOUBLE KAYAKS

AGE:18+

20914	Wed	5/7	6-7:30pm
20916	Wed	5/14	6-7:30pm
20918	Wed	5/21	6-7:30pm
20920	Wed	5/28	6-7:30pm

R \$100/NR \$120

LOCATION: JUANITA BEACH PARK
INSTRUCTOR: SEATTLE PADDLE



Sunset Stand Up Paddleboard Tours With Lesson

Learn the basic fundamentals of stand up paddleboarding and enjoy an evening on Juanita Bay! Land, water skills, safety instruction and tours are provided by expert instructors. Sighting bay resident wildlife is common during tours, like turtles, otters, eagles, and herons. Paddleboard and safety equipment provided. Participants must be able to swim. Weight limit is 225 lbs. This activity is great for individuals, friends, and families. **Registration closes at 8am Monday before the program date.**

AGE:12+

20921	Wed	6/11	6-7:30pm
20922	Wed	6/25	6-7:30pm
20932	Wed	8/27	6-7:30pm

R \$80/NR \$96

LOCATION: JUANITA BEACH PARK
INSTRUCTOR: SEATTLE PADDLE

ARE YOU PREPARED?



Kirkland Emergency Management offers information for you to prepare yourself, your family, and your community!

Find out more about personal preparedness, sign up for alerts, and class offerings by visiting: www.kirklandwa.gov/Prepare



JOIN A LEAGUE

Softball League

Step up to the plate in one of our two summer softball leagues. Teams will play doubleheaders for 6 weeks concluding with an end of season tournament. League is designed for players with average to recreational skills.

AGE:18+

SUMMER SEASON 1 | MEN'S DIVISION

20634 Tue,Thu 6/3-7/30 6-11pm

\$660/TEAM

LOCATION: CRESTWOODS PARK

SUMMER SEASON 2 | MEN'S DIVISION

20635 Tue,Thu 8/5-10/9 6-11pm

\$660/TEAM

LOCATION: PETER KIRK PARK



Beach Volleyball League

Love the sun, sand, and volleyball? Join our Beach Volleyball league at Juanita Beach Park. Variety of divisions available for all skill levels. Games will be played at either 6:15 or 7:30. (No class 7/4)

AGE:18+

4v4 Coed 20659 Tue 6/17-8/19 6:15-9pm

4v4 Womens 20660 Thu 6/19-8/21 6:15-9pm

4v4 Coed AM 20661 Fri 6/20-8/22 8-10am

\$275/TEAM

LOCATION: JUANITA BEACH PARK

Small Goal Soccer

Fun, fast-paced, and affordable 6v6 adult soccer. Full teams and free agents who need a team can join us for the action! League winners receive championship shirts and a trophy.

AGE:18+

SPRING LEAGUE

20666 Coed Thu 5/15-7/10 7-10pm

20665 Men's Thu 5/15-7/10 7-10pm

\$850/Team

20667 Free Agent Thu 5/15-7/10 7-10pm

\$87.50/Person

SUMMER LEAGUE

20669 Coed Thu 7/24-9/18 7-10pm

20668 Men's Thu 7/24-9/18 7-10pm

\$850/Team

20670 Free Agent Thu 7/24-9/18 7-10pm

\$87.50/Person

LOCATION: 132ND SQUARE PARK

INSTRUCTOR: SMALL GOAL SOCCER

LOREN.LANGLEY@SASQUATCHSPORTSLEAGUES.COM



ADULT SPORTS

Group Pickleball Clinics

Develop your skills and knowledge of the game through our fun, 90-minute pickleball clinics, designed for the beginner or intermediate player. Clinics are held on the outdoor pickleball courts at Everest Park. Loaner equipment is available.

BEGINNER SKILL LEVEL

AGE:16+

20563 Mon 6/9 5:30-7pm

20565 Mon 6/23 5:30-7pm

20567 Mon 7/7 5:30-7pm

20569 Mon 7/21 5:30-7pm

20571 Mon 8/4 5:30-7pm

R \$60/NR \$72

LOCATION: EVEREST PARK PICKLEBALL COURTS

INSTRUCTOR: ROGER BELAIR

NEXT LEVEL PICKLEBALL

AGE:16+

20564 Mon 6/16 5:30-7pm

20566 Mon 6/30 5:30-7pm

20568 Mon 7/14 5:30-7pm

20570 Mon 7/28 5:30-7pm

20572 Mon 8/11 5:30-7pm

R \$60/NR \$72

LOCATION: EVEREST PARK PICKLEBALL COURTS

INSTRUCTOR: ROGER BELAIR

Sun, Set, & Spike Grass Volleyball Tournament

Join us for the Sun, Set, and Spike Grass Volleyball Tournament at Lee Johnson Field at Peter Kirk Park! We will be hosting a round robin tournament on Wednesday, August 13. We will be offering a COED and Women's division. COED teams must have 2 men and 2 women to participate. This is a 4 on 4 tournament and all levels are welcome. The winning team from each division will win a prize!

AGE:18+

20722 Wed 8/13 4-9:45pm

R \$80/NR \$96

LOCATION: PETER KIRK PARK

ASK US
ABOUT OUR
SCHOLARSHIP
PROGRAM
See page 45

ICE SKATING CLASSES

See page 37

50+ ADULTS



Peter Kirk Community Center

50+ Programs

352 Kirkland Ave, Kirkland, WA 98033

425-587-3360 • Monday–Friday: 8am–5pm

The Peter Kirk Community Center (PKCC) is committed to providing daytime opportunities for people aged 50 and over, to create healthy and rewarding lives for themselves and others.

OUR MISSION

To achieve the goal of promoting wellness of body, mind and spirit, the Community Center offers a wide variety of activities and services. On any given day or evening, you will see people participating in fitness classes, a wide range of art and life-long learning classes, fun special events, intergenerational programs, and van trips. The Community Center also provides a wide range of health, legal and financial services, a nutritional hot lunch two days a week and operates the Meals on Wheels Program, delivering to the homebound in Kirkland.

This drop-in facility offers the opportunity for fun, friendship, and socialization in a warm and friendly atmosphere.

EVERYONE IS WELCOME

At this time the Center does not provide respite, adult day care, and/or services that would normally be provided by a trained attendant, nurse, or personal caregiver (i.e., incontinence, inability to use the restroom facilities by oneself, or preventing a participant from leaving the grounds of the Center). In addition, the provision of any personal care by staff for a participant is beyond our capability and cannot be expected. Participants in need of personal assistance are encouraged to participate when accompanied by an companion/caregiver. Older adults with special needs may be eligible for other community-based programs, such as adult day care (see page 78) or contact EvergreenHealth Community Healthcare Access Team at 425.899.3200 for other options.

ENDORSEMENTS

Classes, workshops, services, and events offered at the Peter Kirk Community Center are selected for the potential recreational and educational enjoyment of, and benefit to, interested participants. We do not endorse any products or programs that are presented. Individuals are responsible for making their own informed decisions.

CENTER CLOSURE DATES 5/26, 6/19, 7/4, 8/25, 8/26, 8/27, 8/28, 8/29, 9/1

GAMES



Checkers, Chess, Scrabble, Backgammon and Cribbage

Enjoy any one of these games that are available. Ask for the playing pieces at the front desk.

Drop in Party Bridge Party Bridge is open to players of all abilities. Make new friends and find compatible partners. All are welcome to join Thursdays at 11am.

Drop-In Mahjong Mahjong is open to players of all abilities. Make new friends and find compatible partners. All are welcome to join Thursdays at 11am.

Cards Come use our card rooms for a friendly game, available days, and some evenings. Call 425.587.3360 for more information.

Drop-In Pool Tables Three tables are available for drop-in pool. All are welcome to join the fun in our Pool Room.

GET MOVING!

WITH THE KIRKLAND STEPPERS CLUB!

Join the Kirkland Steppers and enjoy fun walking opportunities while meeting new friends. Waste no time lacing up your sneakers for an experience only the Steppers can provide. The Steppers group will be meeting at several local parks throughout the season, staff will meet at the locations on this schedule.



JOIN THE KIRKLAND STEPPERS FOR JUST \$5!

CLASS #20349

TUESDAYS, JUNE 3-AUGUST 19 Walks Begin at 10AM

SCHEDULE		REGISTRATION #
June 3	Kirkland Steppers "Kick-Off" • 9:15am Breakfast and Giveaways 10am Walk Lake St/ Downtown Corridor <i>Breakfast sponsored by Morning Star of Kirkland</i>	Registration Required 20350
June 10	Crestwoods Park - 1818 6th St., Kirkland 98033	Included
June 17	Farrell-McWhirter Park - 19545 NE Redmond Rd., Redmond 98053	Included
June 24	Juanita Bay Park - 2201 Market St., Kirkland WA 98033	Included
July 1	Grass Lawn Park - 7031 148th Ave NE, Redmond 98052	Included
July 8	Edith Moulton Park - 13634 108th Ave NE, Kirkland 98034 Lunch at Morning Star of Kirkland - 11729 NE 1108th St, Kirkland 98034	Registration Required 20351
July 15	Tambark Park - 17217 35th Ave SE, Bothell 98012 <i>Lunch on your own at Mill Creek Town Center</i>	Included
July 22	Big Finn Hill Park - 8106 NE 138th St, Kirkland 98034	Included
July 29	Bridle Trails State Park - 5300 116th Ave NE, Kirkland 98033 (Paid parking or a Discover Pass required)	Included
Aug 5	Bellevue Botanical Gardens - 12001 Main St., Bellevue 98005	Included
Aug 12	Cross Kirkland Corridor (Meet at Terrace Park), 10333 NE 67th St Kirkland	Included
Aug 19	"Finish Line" Celebration • 10am Walk to Waverly Beach 11am Celebration Lunch sponsored by Morning Star of Kirkland	Registration Required 20352

Sponsor an Event



The City of Kirkland offers a wide variety of events that reflect the incredible quality of life we enjoy. We invite local businesses, organizations, and corporations to partner with us in collaboration and promotion of their business for a truly unique marketing opportunity. The best part of sponsorship is engaging directly with customers while showing community support.



COME PARTNER WITH US!

Visit kirklandwa.gov/CommunityBuildingEvents to view our Sponsorship Package Guide.

Special Events
at the Peter Kirk Community Center



Moving to a Simpler Life
An overview of services that can help seniors, whether you're planning on downsizing, staying in place or undecided. Learn how to choose service providers, what types of senior housing options that are available, understand the costs of in-home care and the difference between using a service and doing it on your own and much more in this informative 2-day class. Lunch is included. Facilitated by Elder Move Alliance.

20332	Mon, Wed	4/14, 4/16	10am-1pm	Free
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Movie & Popcorn

Join your friends for a movie and popcorn. Staff has chosen some of their favorite newer releases to share with you. Everyone is Welcome! Registration required.

TUESDAYS • 1-3 PM • FREE

<u>Fly Me to the Moon (PG-13)</u>	4/1	20333
<u>Reagan (PG-13)</u>	5/6	20334
<u>Young Woman and the Sea (PG)</u>	6/3	20335
<u>The Fall Guy (PG-13)</u>	7/1	20337
<u>Lee (R)</u>	8/5	20338

KIRKLAND SENIOR COUNCIL SPECIAL PRESENTATION

Six Pillars of Brain Health
It's never too late to take charge of your brain health! In this interactive session you will learn about the six pillars of a brain-healthy lifestyle. Discover how living an active life – by learning more, being social, staying fit, eating right, getting enough sleep and managing stress – can support brain health. This session will provide you with actionable steps you can take along with resources to learn more.

20537	Thu	4/17	2-3:30pm	Free. Pre-registration required.
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PRESENTED BY AARP SPEAKER KAY TOMLINSON.

Fraud Prevention Workshop Humana
Consumer Protection Washington, a group of organizations and government agencies that are dedicated to educating and alerting the public on consumer issues, scams and investigations affecting residents in Washington State, will be on-site for this one-day event. Don't miss this great resource to learn the latest news on scams, how to protect your identity, consumer tips and more. Lunch provided by Humana.

20538	Thu	6/5	10am-2pm	Free. Pre-registration required
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Mystery Book Club

Participants will select a-book-of-the-month and then meet to share their reading experiences. Join us and bring along your favorite mystery. Everyone welcome!

Group meets the 1st Wednesday of each month, 2-4pm

ARTS & CRAFTS

Graphite Drawing

Come learn how to create realistic pencil drawings from reference photos and still life while learning many skills and techniques. Learning to draw with graphite pencils is a foundation for many forms of art. Instruction of special techniques will be offered to enhance the drawings produced each week. In this class you will acquire skills in value, proportion, perspective, texture, and representing three-dimensional forms as well as many others. All levels of experience are welcome. (No class 5/26)

AGE:18+

4 CLASSES

20358	Mon	5/5-6/2	9:30-11:30am
20359	Mon	6/9-6/30	9:30-11:30am

R \$65/ NR \$78

3 CLASSES

20360	Mon	8/4-8/18	9:30-11:30am
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R \$49/ NR \$59

LOCATION: PKCC

INSTRUCTOR: KIMBERLY SMITH

Watercolor Painting – Day

Whether you are a beginner or advanced painter, you will enjoy learning techniques for a successful painting. Jean demonstrates every step and provides individual assistance to all. Working from photo references provided by the instructor, you will paint still life, florals, landscapes/ seascapes, animals and more. Supply list available at PKCC.

AGE:18+

4 CLASSES

20344	Wed	4/9-4/30	1-4pm
20345	Wed	5/7-5/28	1-4pm
20346	Wed	6/4-6/25	1-4pm
20347	Wed	7/2-7/23	1-4pm
20348	Wed	7/30-8/20	1-4pm

R \$65/ NR \$78

LOCATION: PKCC

INSTRUCTOR: JEAN PRATT-BEOUY

EVENING ART CLASSES

See pages 60

Open Art Studio

Come paint or draw with other artists. The Peter Kirk Community Center Art Room is available for drop-ins on Tuesday afternoons. Bring your own supplies for your projects. Check-in at the front desk. For more information call 425-587-3360. (Will not meet 8/26)

Tue	1-3pm	ONGOING
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\$5 per visit fee

Needle Craft Group

Have fun, socialize, and work on your hand work. (Will not meet 8/27)

Wed	10am-12pm	ONGOING
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Free

SPORTS

Golf Instruction

Learn to play golf in the comfortable atmosphere of the Redwood Golf Center (13029 Redmond-Woodinville Rd NE) in Woodinville. A PGA instructor teaches group lessons. Learn basic golf, grip stance, swing, rules, and etiquette. By the end of this 4-part series you will be able to play on the golf course. Bring your own clubs or try the Golf Center's demo clubs.

AGE:18+

4 CLASSES

20507	Wed	4/2-4/23	10-11am
20508	Wed	5/7-5/28	10-11am
20510	Wed	6/4-6/25	5-6pm
20512	Wed	6/4-6/25	6:15-7:15pm
20514	Wed	7/2-7/23	5-6pm
20515	Wed	7/2-7/23	6:15-7:15pm
20516	Wed	8/6-8/27	5-6pm
20517	Wed	8/6-8/27	6:15-7:15pm

R \$144/ NR \$173

LOCATION: REDWOOD GOLF CENTER

INSTRUCTOR: REDWOOD GOLF CENTER



DANCE

Line Dancing

Line Dancing is a great way to exercise your body and mind while meeting new friends and listening to some great music. This class includes basic line dancing for the beginner along with more challenging dances for the more advanced dancer. A new dance is taught at every class as well as reviewing previously taught dances. All abilities welcome! Join Eloise in this fun and friendly class. No partner needed. This class will not be pro-rated. (No class 4/22, 4/29)

AGE:18+

6 CLASSES

20375	Tue	4/1-5/20	9:45-10:45am
20376	Tue	5/27-7/1	9:45-10:45am

R \$48/ NR \$58

Drop-In Rate \$9

LOCATION: PKCC

INSTRUCTOR: ELOISE CHINN

Afternoon Dances with the Mountaineers

Learn line dances, couple dances and mixers from many countries including the waltz, two-step, tango, hambo, schottische and polka. Walk through beginner level dances in the first hour, the second hour is dedicated to requests with walk-throughs for simpler dances. This fun and lively afternoon dance class is open to everyone, no partner or experience needed!

Mon	4/28, 5/12, 6/23, 7/21, 8/18	2:30-4:30pm
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\$9 at the door

LOCATION: PKCC

MORE DANCE CLASSES

See pages 62

FITNESS & EXERCISE

Enhance®Fitness

This unique, comprehensive program developed by the U of W and Group Health Studies is safe for adults age 50+ with a wide range of physical abilities. Program includes stretching, low-impact aerobics, walking, balance training, strength exercises and motivation. (No class 7/11, 7/18, 7/25, 8/1, 8/8, 8/15, 8/22)

AGE:50+

Mon, Wed & Fri 10:15-11:15am

R \$75/NR \$90

CALL 425-587-3360 FOR SESSION DATES.



Harmony & Balance Yoga

Calm your mind while honoring the physical body with intentional, movement and breath work. Focus on gentle yoga sequences and stretches that will enhance physical strength, flexibility and balance while nurturing the spirit. Please bring a yoga mat. (No class 5/26, 6/19, 7/3, 7/7, 7/10)

4 CLASSES

20401	Mon	4/14-5/5	1-2pm
20402	Mon	5/12-6/9	1-2pm
20403	Mon	6/16-7/14	1-2pm
20404	Mon	7/21-8/11	1-2pm

R \$40/NR \$48

LOCATION: PKCC

INSTRUCTOR: DEBORAH MATTINGLY

4 CLASSES

20405	Thu	4/24-5/15	10:30-11:30am
20406	Thu	5/22-6/12	10:30-11:30am
20407	Thu	6/26-7/31	10:30-11:30am

R \$40/NR \$48

3 CLASSES

20408	Thu	8/7-8/21	10:30-11:30am
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R \$30/NR \$36

LOCATION: PKCC

INSTRUCTOR: DEBORAH MATTINGLY

Fit, Fabulous & Over 50

Kickstart your day with a fun and invigorating class that combines stretching, strengthening, and balance exercises. This session will guide you through a series of moves designed to improve your strength, flexibility, and overall conditioning. You'll experience wall Pilates for a full-body workout, leaving you feeling connected, refreshed, and ready to take on whatever comes your way! All abilities welcome. (No class 6/19)

4 CLASSES

20539	Thu	4/3-4/24	9-10am
20540	Thu	5/1-5/22	9-10am
20541	Thu	6/12-7/10	9-10am
20542	Thu	7/17-8/7	9-10am

R \$40/NR \$48

2 CLASSES

20543	Thu	8/14-8/21	9-10am
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R \$20/NR \$24

LOCATION: PKCC

INSTRUCTOR: CHRIS KOCHER

Strength & Stretch - Virtual

You can maintain your fitness right at home using everyday items you already have—walls, chairs, books, canned soup, and even a towel. In this session, you'll learn how to create a full-body workout using simple, accessible tools. Get expert tips and tricks to help you stay strong and fit, all from the comfort of your own space. Zoom login information will be sent prior to class. (No class 7/4)

AGE:18+

4 CLASSES

20409	Fri	4/18-5/9	10-11am
20410	Fri	5/16-6/6	10-11am
20411	Fri	6/13-7/11	10-11am
20412	Fri	7/18-8/8	10-11am
20413	Fri	8/15-9/5	10-11am

\$32

LOCATION: VIRTUAL (ZOOM)

INSTRUCTOR: DEBORAH MATTINGLY

ROCK STEADY BOXING

See page 64



Yoga for Beginners - Virtual

When practiced regularly, yoga improves flexibility, muscle tone, posture, balance, breath awareness and the ability to relax and release stress. Learn tricks and exercises you can do at home to improve your balance. Chairs are used in class to help with stability. You will leave class with a great stretch and a smile on your face, this class loves to laugh! Zoom login information will be sent prior to class.

AGE:16+

4 CLASSES

20442	Wed	4/16-5/7	10-11am
20443	Wed	5/14-6/4	10-11am
20444	Wed	6/11-7/2	10-11am
20445	Wed	7/16-8/6	10-11am
20446	Wed	8/13-9/3	10-11am

\$32

LOCATION: VIRTUAL (ZOOM)

INSTRUCTOR: DEBORAH MATTINGLY

ASK US
ABOUT OUR
SCHOLARSHIP
PROGRAM
See page 45

Tai Chi & Meridian Stretching

This energy-focused class combines meridian stretching with Tai Chi and Qi Gong to release blockages and stagnant energy. Improve balance, strength, posture, and coordination while rejuvenating your body and mind. Enjoy mindful stretching, Tai Chi movements, and a relaxing breathing exercise for a full-body detox and relaxation experience. Please wear non-slip grabbing socks and bring a mat/rug for lying-down exercises towards the end. (No class 6/19)

AGE:18+

5 CLASSES

21462	Thu	5/22-6/26	3-4:15pm
21463	Thu	7/17-8/14	3-4:14pm

R \$70/NR \$84

LOCATION: PKCC

INSTRUCTOR: HELEN HUANG

Tai Chi & Meridian Stretching - Virtual



Zoom login information will be sent prior to class.

AGE:18+

5 CLASSES

21460	Mon	5/19-6/16	4:45-6pm
21461	Mon	7/14-8/11	4:45-6pm

\$60

LOCATION: VIRTUAL (ZOOM)

INSTRUCTOR: HELEN HUANG



FINANCIAL & LEGAL CLASS POLICY

The Peter Kirk Community Center offers financial and legal classes for educational purposes but does not endorse any speaker. Presenters are asked not to solicit students, and marketing is prohibited. Report any violations to Betsy Maxwell, Program Coordinator.

Advance registration is required for all programs. Call 425-587-3360.

REAL ESTATE

Federally Insured Reverse Mortgage Program

Unlock Your Homes Potential – Part I

Are You or Your Spouse 62 or Older? Unlock the Potential of Your Home Equity. If you own a home with equity, you may qualify for a Home Equity Conversion Mortgage (HECM). This is the only reverse mortgage loan regulated by the Department of Housing and Urban Development (HUD) and insured by the Federal Housing Administration (FHA). Gather the information you need to feel comfortable and confident in making a decision that suits your personal financial situation.

AGE:18+

20532	Wed	6/4	10:30am-12pm
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R \$12/NR \$14

LOCATION: PKCC

INSTRUCTOR: KIM PRATER

Retire & Upsize, Downsize or Rightsize Your Dream Home- Part II

RETIRE & UPSIZE, DOWNSIZE OR RIGHTSIZE YOUR DREAM HOME- PART II

Are you 62 or older and considering purchasing your next home? Don't miss this opportunity to learn from a local Reverse Mortgage Specialist about the benefits of the Home Equity Conversion Mortgage for Purchase (H4P) loan.

AGE:18+

20531	Wed	6/18	10:30am-12pm
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R \$12/NR \$14

LOCATION: PKCC

INSTRUCTOR: KIM PRATER

LEGAL

More Than Just Wills... Understanding Estate Planning

Amber Hunt of Woodinville Law will discuss each component of an estate plan including Wills, Trusts, and Power of Attorney documents as well as explain the probate process and what heirs can expect during an estate administration. Join her in September to learn more about protecting those who matter most.

AGE: 18+

20544	Wed	4/9	1-2:30pm
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Free; Pre-registration required

LOCATION: PKCC

PRESENTER: AMBER HUNT, WOODINVILLE LAW



Attorney General's Consumer Protection Web Page

Contact the Washington State Attorney General's office regarding privacy protection, online complaint forms, and getting off phone solicitor and junk mail lists. www.atg.wa.gov

Clearpoint Financial Services

(Formerly Solutions Consumer Credit Counseling)

Provides counseling, money management assistance, advice on debt reduction and the wise use of credit. Call 1-800-750-2227 or go to www.clearpoint.org.

Property Tax Benefits Program

To receive a property tax exemption, a taxpayer must be age 61+, own and occupy their residence and have an annual income that does not exceed \$84,000. To see if you qualify, call 206-296-3920

Social Security

Open 7am-7pm weekdays • Call 1-800-772-1213 or go to www.ssa.gov.

SPECIAL INTEREST DRIVING

AARP Smart Driver

The AARP Smart Driver course, brought to you by AARP Driver Safety is the first and largest refresher course designed specifically for older drivers. The course will provide a review of driving skills and techniques, as well as strategies and tips to help you to adjust to normal age-related changes that may affect your driving ability. Our goal is for you to become an even safer driver through this program.

Fee: \$20 for AARP members/\$25 fee for non-members, please bring AARP membership card along with payment to first day of class. Make check or money order payable to AARP. No cash will be accepted.

AGE: 50+

20582	Thu	4/24	9am-5:30pm
20583	Thu	7/17	9am-5:30pm

\$20 AARP members / \$25 non-members

LOCATION: PKCC

COMPUTERS

One on One Tech Assistance

Are you having email issues or struggling to figure out that new phone? Need help navigating a website? Enjoy one-on-one tech support and assistance with Michele! Here is a fabulous opportunity to improve your computer skills and enhance your equipment knowledge. Due to high demand for this service, participants are allowed only one appointment per month.

*Participants should bring their own laptop, iPad, or iPhone.

Advanced registration required, call 425-587-3360 to schedule an appointment.

Free

LOCATION: PKCC

INSTRUCTOR: MICHELE GIBSON

LEGAL SERVICES

Senior Rights Assistance

A volunteer program that provides free information, referral and support on health insurance, legal and consumer issues. They also sponsor the Elderlaw legal clinic with the Washington Bar Association. For more information call 206-448-5720 or go to www.soundgenerations.org/our-programs/senior-rights-assistance/

Eastside Legal Assistance Program

ELAP provides lawyers to answer your legal questions. Appointments required. To qualify, call 425-747-7274

Wills Project

Are you worried about being kept on life support against your will? Should your loved ones have to go to court to take care of you? A volunteer attorney through the Eastside Legal Assistance Program (ELAP), a non-profit legal service program, will prepare simple wills, durable power of attorney for health care decisions and living wills. Clients must meet eligibility guidelines.

No fee. Call 425-747-7274

Enhance® Wellness Program



The Enhance®Wellness Program is a collaboration between the City of Kirkland and the Northshore Senior Center, funded by the King County VSHS Levy Fund. It aims to provide health and wellness support to seniors in the community, focusing on improving their overall well-being through various services and programs.

Do you want to take control of your life and improve your health, but aren't sure where to turn? Let the Enhance®Wellness team help you develop a personalized plan to address the areas of your health that are most important to you.

Maybe you have thought of increasing your social circle, working on your feelings, managing your weight, or starting an exercise program, but have had difficulty getting motivated. Maybe you're dealing with a new condition like Pre-diabetes and not sure what to do. We all have a multitude of reasons for not acting on things that could enhance our well-being, but research shows that with a little help we can overcome these barriers. Enhance®Wellness is a participant-driven, evidence-based health promotion program. You will work one-on-one with a nurse and/or social worker who will provide an assessment, personal guidance to improve your identified health issues, and ongoing support to help you meet your goals.

Program is FREE of charge.

(Fridays, 8-4pm; by appointment; available in-person, virtual and/or by phone.)
LYDIA BARNSELY, LPN; 425-286-1029; LYDIAB@MYNORTHSHORE.ORG

Enhance®Wellness - Social Work Consultation

For those needing assistance from a social worker for any concerns or problems, such as health, depression, loss and grief, life transitions, etc.

(Mondays, 8-4pm; by appointment; available in-person, virtual and/or by phone.)
GEORGIA RIGLER; 425-286-1047; GEORGIA@MYNORTHSHORE.ORG

Community Resource Specialist Consultation

Have you ever wondered if you might be eligible for financial assistance programs or other cost-saving services through the county, state, or federal government? Do you need assistance accessing public services and programs to help sustain your quality of life? The Northshore Senior Center Community Resource Specialist is available to help.

Services include:

- Help connecting individuals to public benefits they may be eligible for
- Support completion of application materials to access benefits. (Examples may include accessing VA benefits, DSHS assistance, public utilities, food assistance, property tax relief, etc.)
- Help finding housing or transportation
- Make direct referrals to other resources for assistance
- Serve as an advocate for individuals as needed

Program is FREE of charge

(Wednesdays 8am-4pm; by appointment or walk-in; available in-person, virtual and/or by phone.)
CASSIDY STOUT, MSW; 425-286-1072; CASSIDYS@MYNORTHSHORE.ORG



PEARLS COUNSELING

PROGRAMS ENCOURAGING
ACTIVE REWARDING LIVES
FOR SENIORS (PEARLS)

In the past two weeks ...

- Have you been feeling sad, down, or hopeless?
- Have you had little interest or pleasure in doing things?

If you answer "yes" to either of these questions PEARLS may be the program for you. PEARLS is an evidence-based program for individuals with mild depression. It incorporates three components: Problem Solving Treatment, Social/Physical Activity and Pleasant Activity. The work is done in 4-6 sessions. All this is done with a trained PEARLS counselor.

Program is FREE of charge.

(MONDAYS BY APPOINTMENT; AVAILABLE IN-PERSON, VIRTUAL AND/OR BY PHONE.)
GEORGIA RIGLER, MSW, LICSW; 425-286-1047;
GEORGIA@MYNORTHSHORE.ORG

(FRIDAYS BY APPOINTMENT; AVAILABLE IN-PERSON, VIRTUAL AND/OR BY PHONE.)
LYDIA BARNSELY, LPN; 425-286-1029;
LYDIAB@MYNORTHSHORE.ORG

SUPPORT / DISCUSSION GROUPS

Family Caregiving Consultation

Family caregivers provide a wide range of unpaid services to their loved ones. You may care for a loved one at home or provide long distance support. The Social Services staff person is available to you, the caregiver, to assess, manage and improve your own health. Services include consultation, connecting with community resources, strategies to cope with stress, and enhancing your personal health and wellbeing. Please call for an individual appointment.

(Mondays by appointment.)

Free

JANET ZIELASKO, MS, LSW; 425-286-1035;
JANETZ@MYNORTHSHORE.ORG



Adult Children of Aging Parents Support Group

Are you in the sandwich generation? As your parents age, are you struggling with legal and healthcare decisions, changing family roles, and finding meaning in this new phase of your life? Learn, share, and gain resources and emotional support from others who are traversing this inevitable transition.

Third Wednesday, 6:30-8pm

Free

LOCATION: VIRTUAL
FACILITATOR: JANET ZIELASKO, MS, LSW
425-286-1035; JANETZ@MYNORTHSHORE.ORG

Caregivers Support Group

Are you a spouse, partner, son, daughter, relative or friend who cares for a loved one with dementia or other chronic illness or disability? Come join other unpaid family caregivers for mutual support and assistance.

Fourth Wednesday, 11am-12pm

Free

LOCATION: VIRTUAL
FACILITATOR: JANET ZIELASKO, MS, LSW,
425-286-1035; JANETZ@MYNORTHSHORE.ORG

Second Wednesday, 1-2pm

Free

LOCATION: NSC HEALTH AND WELLNESS CENTER;
CONFERENCE ROOM
FACILITATOR: KATHY BATES, BS, GMHS, KATHYB@
MYNORTHSHORE.ORG

First and Third Thursday, 10:30am-12pm

Free

LOCATION: ADVENT LUTHERAN CHURCH
(IN-PERSON) 4306 132ND ST., SE, MILL CREEK
FACILITATOR: PAM JONES, MSW, 425-346-9856;
PAMJONESGAL@YAHOO.COM

Diabetes/Pre-Diabetes Group

Join this supportive group to learn the latest on diabetes management and to share ideas, strategies for coping, and other helpful tips.

First Friday, 11am-12pm

Free

LOCATION: PKCC (IN-PERSON)
FACILITATOR: LYDIA BARNESLEY, LPN,
WELLNESS NURSE, 425-286-1029;
LYDIAB@MYNORTHSHORE.ORG

From Heartache to an Open Heart

Everyone must deal with loss, whether it's the loss of a loved one or close friend, a treasured relationship, loss of physical functioning or previous status. Learn how one can move through the grief process and grow "from heartache to an open heart."

Third Wednesday, 10-11am

Free

LOCATION: NSC BOTHELL, ROOM 203
FACILITATOR: GEORGIA RIGLER, MSW, LICSW
425-286-1047; GEORGIA@MYNORTHSHORE.ORG

Conversation Café Groups

Join others in these free weekly virtual or in-person conversation groups.

It's an opportunity to make social connections and to simply have some fun and enjoyable conversation. Come check them out. We would love to have you join in!

Monday, 1-2pm

Free

LOCATION: NSC BOTHELL, ROOM 202
FOR MORE DETAILS, CONTACT LYDIA BARNESLEY AT
425-286-1029; LYDIAB@MYNORTHSHORE.ORG

Thursday, 11am-12pm

Free

LOCATION: VIRTUAL
FOR MORE DETAILS, CONTACT GEORGIA RIGLER,
MSW, LICSW, 425-286-1047;
GEORGIA@MYNORTHSHORE.ORG

Men's Conversation Café

Join other men in this free weekly group. It's an opportunity to make social connections and to have some fun and enjoyable conversation.

Wednesday, 11am-12pm

Free

LOCATION: VIRTUAL
FACILITATORS: BRUCE GARBERDING AND JOHN
DOLIN - FOR MORE DETAILS CONTACT BRUCE
GARBERDING AT 206-854-8969
BIGBLUEDOG@MSN.COM

Sharing and Caring

Confiding in others and building social support are effective ways to promote our health. Join this open-ended support group to share and care.

Wednesdays, 1-2pm

Free

LOCATION: NSC BOTHELL, ROOM 205
FOR MORE DETAILS, CONTACT JANET ZIELASKO, MS,
LSW, 425-286-1035; JANETZ@MYNORTHSHORE.ORG



SUPPORT / DISCUSSION GROUPS

Women's Coffee Hour

Join other women in discussion around healthy aging. Age is a matter of feeling, not of years, and aging is best achieved with other people. Make new connections and move to greater health and wellness.

Mondays, 10-11am

Free

LOCATION: PKCC

FACILITATOR: GEORGIA RIGLER, MSW, LICSW, 425-286-1047; GEORGIA.R@MYNORTHSHORE.ORG

Rainbow Pride Coffee Hour

Join us monthly for our conversation and coffee hour dedicated to build connections for LGBTQIA+ older adults and their allies. The focus of this group is to create greater social connectivity, improve social inclusion and evolve services to better meet the needs of our LGBTQIA+ seniors.

1st Wednesdays of the month, 9-10am

Free

LOCATION: PKCC

FACILITATOR: CASSIDY STOUT, MSW, 425-286-1072; CASSIDYS@MYNORTHSHORE.ORG



Co-Ed Coffee Hour

Join other people in discussion around healthy aging. Age is a matter of feeling, not of years, and aging is best achieved with other people. Make new connections and move to greater health and wellness.

Wednesdays, 11am-12pm

Free

LOCATION: PKCC

FACILITATOR: CASSIDY STOUT, MSW 425-286-1072; CASSIDYS@MYNORTHSHORE.ORG

ASK US
ABOUT OUR
SCHOLARSHIP
PROGRAM
See page 45

WELLNESS CLASSES

Alzheimer's Awareness Presentation

The Alzheimer's Association presents an informational session to raise awareness of Alzheimer's and other dementias, share the Association's mission and to inform the community of Alzheimer's Association resources and services.

20545 Mon 4/14 1-2pm

Free; Pre-registration required.

LOCATION: PKCC

PRESENTER: ALZHEIMER'S ASSOCIATION REPRESENTATIVE



AARP HomeFit

The goal of the AARP HomeFit program is to empower and equip individuals with information to safely remain in their home as they age. The workshop leads participants through the process of thinking about each area of their current home and whether it will meet their needs as they age, from an accessibility and livability viewpoint. In an AARP survey, eight-out-of-ten people age 45 and older say they want to remain in their homes and communities for as long as possible. The workshop offers ideas and inspiration on making modifications, ranging from simple do-it-yourself fixes to more complex solutions, depending on the individual's needs and desires. At the HomeFit workshop learn how to live comfortably, independently, and injury-free at home.

20546 Fri 4/25 1-2:30pm

Free; Pre-registration required.

LOCATION: PKCC

PRESENTER: AARP REPRESENTATIVE



Curious About Cannabis?

Join a certified medical marijuana consultant from Dockside Cannabis for this fun and educational discussion about cannabis. Learn about the medicinal and recreational benefits of cannabis, cannabinoid basics, various methods of use, best practices and much, much more. There will also be time dedicated to answering cannabis questions and concerns as well. Informational handouts will be provided.

20547 Mon 5/12 1-2:30pm

Free; Pre-registration required.

LOCATION: PKCC

PRESENTER: LISA BUCHANAN, RN, OCN EMERITUS, MMS DOCKSIDE CANNABIS



Powerful Tools for Caregivers

A six-week educational series designed to provide you, the caregiver, with tools needed to take care of yourself while caring for a loved one. Classes consist of interactive sessions, discussions and brainstorming to help you take the “tools” you choose and put them into action in your life.

20548 Fri 5/16-6/20 1-3pm
Free; Pre-registration required.

LOCATION: PKCC
FACILITATOR: LYDIA BARNESLEY, LPN &
JANET ZIELASKO, MS, LSW

Building Resilience

There are many myths about resilience. Perhaps the biggest myth is that you either have it or you don't. But resilience can be learned! We will discuss other myths, and how to strengthen your resilience in this free talk. Included are mindfulness exercises, challenging anxious thought patterns, and self-care tools.

20549 Mon 6/2 1-2pm
Free; Pre-registration required.

LOCATION: PKCC
PRESENTER: JASON MCBRIDE, COMMUNITY
OUTREACH LIASON, COMMUNITY HEALTHCARE
ACCESS TEAM AT EVERGREENHEALTH

Welcome to Medicare

Are you turning 65 soon? This class will help you understand:

- Medicare benefits and options
- The differences between Medicare A, B and C

The differences between Medigaps and Medicare Advantage Plans

- How to get help paying for Medicare if you qualify

20550 Mon 6/16 1-2:30pm
Free; Pre-registration required.

LOCATION: PKCC
PRESENTER: LARRY COLE & CONNIE TAYLOR, SOLID
GROUND SHIBA (STATEWIDE HEALTH INSURANCE
BENEFITS ADVISORS) VOLUNTEERS



10 Warning Signs of Alzheimer's & Dementia

The Alzheimer's Association presents the Ten Warning Signs of Alzheimer's and Dementia, discussing the most common symptoms of Alzheimer's to look out for, how to advocate for your own healthcare and a review of the services and support offered through the Alzheimer's Association.

20551 Mon 7/14 1-2:30pm
Free; Pre-registration required.

LOCATION: PKCC
PRESENTER: ALZHEIMER'S ASSOCIATION
REPRESENTATIVE

Listening More Carefully & Expressing More Clearly

We talk and interact with people every day. Communication is essential to our health and well-being. Often the words we choose to say...or not say...can have a major impact on our relationships. Learn new tips and strategies to improve communication skills and further enhance your listening skills.

20554 Fri 8/8 1-2:30pm
Free; Pre-registration required.

LOCATION: PKCC
PRESENTER: JANET ZIELASKO, MS, LSW



ASK US
ABOUT OUR
SCHOLARSHIP
PROGRAM
See page 45



EvergreenHealth

TO REGISTER FOR EVERGREENHEALTH CLASSES,
CALL 425-544-0050.

LOCATION: PKCC

All NEW
Classes!

What You Need to Know About Stroke

Find out about preventable risk factors and steps you can take to prevent strokes. Learn stroke signs and symptoms, along with crucial first responses to these signs.

Thu 4/17 1-2:30pm

Free

Asthma Caused by Allergies

In some people, allergies can trigger an asthma attack. Join us to learn what in the environment may be causing this and how to reduce exposure.

Thu 5/15 1-2:30pm

Free

Incontinence Therapy

It can happen at any age and have various causes. Learn about the different types of incontinence primarily seen in women and available methods of treatment.

Thu 7/17 1-2:30pm

Free

Summer Travel: Keep Moving

The dangers of long flights are making some think twice about air travel. Simple seated exercises will be discussed and demonstrated, along with other techniques to keep the blood moving and muscles relaxed while enroute.

Thu 8/21 1-2:30pm

Free

HEALTH SERVICES

Meals on Wheels Program

Nutritional frozen meals are available for the homebound. Liquid supplements available. For info, call 425-403-5255.

Congregate Lunch Nutrition Program

Nutritious meals are available to anyone age 60+ at 12pm on Monday and Tuesday to be enjoyed on-site at the Peter Kirk Community Center. Lunches are served on a first come, first served basis. \$5 donation



Statewide Health Insurance Benefits Advisor (SHIBA) Appointments

Understanding insurance benefits can be difficult. A trained volunteer from SHIBA will be available the fourth Friday of each month to meet with you privately to answer questions about Medicare (billing procedures), Medicare Part D, health insurance and long-term care insurance.

Appointments required, call 425-587-3360

Widowed Information & Consultation Services

WICS offers group support to people who are coping with the death of a spouse/partner.

Call 206-241-5650 or go to www.kcwics.org

Mental Health Crisis Support

You may call your local county crisis line at any time to request assistance for you, a friend, or a family member regardless of whether or not you have insurance.

In King County call 1-866-427-4747 or call 988

EvergreenHealth Community Healthcare Access Team (CHAT)

Helps older adults, low income and uninsured connect with community organizations and resources.

Call 425.899.3200 or go to www.evergreenhealth.com/about-us/investing-in-our-community/levy-funded-services-programs/healthcare-access-chat/

RESPITE CARE PROGRAM

King County can provide Respite services to caregivers in need of a break from the demands of caregiving for someone who is chronically ill or disabled. Goods and services can be purchased for functionally impaired older adults with funds through Seattle-King County Aging and Disability "Client Specific Program".

For more information call Sound Generations 206-448-3110

Respite Care Services on the Eastside

In-home respite care provided by volunteers is available to help with caregiving on a short-term basis.

EvergreenHealth Home Care
425-899-3300

Eastside Friends of Seniors
425-369-9120

Volunteer Chore Services (Catholic Comm. Svcs.)
206-328-5787

Jewish Family Services
206-461-3240

Adult Day Centers

These certified centers provide safe, well-supervised therapeutic, activities, programs, and services for adults with cognitive and/or physical disabilities. For more information call:

Northshore Adult Day Center
425-488-4821



COMMUNITY RESOURCES

Community Living Connections

To speak with someone about what services and supports may be available to support your specific aging needs—whether you are an older adult or a caregiver—contact Community Living Connections at 1-844-348-5464 (toll-free) or visit www.communitylivingconnections.org. Calls are free and confidential. You get easy access to information, individual consultation, and local service options.

Bridge Ministries for Disability Concerns

Services for persons with disabilities. Free used durable medical equipment, guardianship services and consultation.

Call 425-885-1006 or go to www.bridgemin.org

AARP Area Office

American Association of Retired Persons.

Call 1-888-687-2277 or go to www.aarp.org/states/wa

Benefits Check Online

www.BenefitsCheckUp.org is the first of its kind, web-based service designed to help seniors and their families and caregivers find the right benefits programs to meet their needs. A fast, free, and confidential screening tool to determine eligibility for nearly 1,000 unique state and federal programs. Now, consumers can find out what their options are under the new Medicare plans.

EMPLOYMENT

Employment Service

Low-income seniors looking for part-time work.

Call Senior Employment Service/AARP, 206-624-6698 or go to www.aarpworksearch.org

Employment Resource Center

This service aids people 55+ seeking an opportunity for employment. Co-sponsored by the Age Friendly Seattle. For more information, call 206-684-0500 or go to www.seattle.gov/agefriendly/resources



CHINESE, LATINO, & RUSSIAN SERVICES

Educational & Recreational Programs Accessible to Chinese, Latino, Russian, and Ukrainian Seniors

At the Peter Kirk Community Center, programs, and services available to all seniors are made more accessible to Latino, Chinese, Russian, and Ukrainian seniors. With the support of bilingual staff members, participants can engage in social, recreational, and educational activities. Traditional program components, including outreach and advocacy, are also offered to ensure all participants receive the support they need.

LATINO SERVICES - MONDAYS

For more information call Clemencia Robayo at Sea Mar Community Health Center, 206-764-5504.

Strategy for a Healthy Longevity (in Spanish)

Learn how to improve your health and slow the aging process. Key elements that will enhance quality of life and advance your well-being will be discussed.

Monthly 10-11:45am 1st Wednesday
Free

E.S.L. for Latino Seniors

English as a second language is offered for non-English speaking adults. Designed for those with limited or no English.

Mon 12:45-2pm Ongoing
Free



SERVICIOS LATINOS – LUNES

Para obtener más información, por favor llame a Clemencia Robayo en Sea Mar Community Health Center, 206-764-5504.

Estrategia para una Longevidad Saludable (en Español)

Aprenda como mejorar su salud y retardar el proceso de envejecimiento. Discutimos los elementos clave que mejorarán la calidad de vida y promoverán su bienestar.

Mensual 10-11:45am 1er Lunes
Gratis

ESL para Adultos Mayores Latinos

Inglés como segundo lenguaje para adultos que no hablan inglés. Diseñado para aquellos con inglés limitado o nulo. Gratis

Lunes 12:45-2pm En Curso
Gratis



CHINESE SERVICES - TUESDAYS

For more information call Jiaoling Li at the Chinese Information & Services Center, 206-396-7287 or Boliver Choi boliverc@cisc-seattle.org.

Chinese Dance & Music

Join this fun, social activity and meet new friends. Facilitated in Mandarin/ Cantonese language.

Tue 9:30am-11:30am Ongoing
Free

E.S.L. for Chinese Seniors

English as a second language is offered for non-English speaking adults. Designed for those with limited, or no English.

Tue 9:30-11:30am Ongoing
Free

中文服务 – 周二

查詢詳情: 李小姐 206-396-7287 或 蔡先生 boliverc@cisc-seattle.org

中国舞蹈与音乐

加入这个有趣的社交活动, 结识新朋友。提供普通话/粤语服务。費用全免。

周二 进行中

中国老年人的

为不会说英语的成年人提供英语作为第二语言。专为英语水平有限或不会说英语的人设计。費用全免。

周二 进行中



RUSSIAN / UKRANIAN SERVICES – THURSDAYS

For more information or to make an appointment call Alexandra at 206-751-6651.

Russian Speaking Information & Assistance

CISC Eastside Family Resource Support Program is offering information and direct assistance services to the Russian speaking community at the Peter Kirk Community Center. Staff will assist Russian/Ukrainian speaking clients in understanding the options and resources available to them so they can make informed choices. Assistance in areas such as health insurance options, housing options, transportation, and more will be provided.

Thu 9am-12pm Ongoing
Free

TRANSPORTATION

Access

Transportation to appointments, grocery shopping and the Community Senior Center. To schedule, call 206-205-5000 or toll free 1-866-205-5001.

Volunteer Transportation for Seniors

Personal transportation to medical and other essential appointments.

For rides or to be a volunteer driver, call 206-448-5740 or toll free 1-800-282-5815 or go to www.soundgenerations.org.

METRO Information

24-Hour Rider Information.

Call 206-553-3000 or toll free, 1-800-542-7876.

HOPELINK

Transportation to medical appointments for individuals with Medicaid coupons.

Call 1-800-923-7433 or go to www.hope-link.org/get-help/transportation

Share a Ride & Meet a New Friend

Do you drive to the Peter Kirk Community Center for lunch or other activities? Are you available to provide a ride for an older adult who needs transportation? As a volunteer, drive your vehicle and choose the days you are available. Through Senior Services Volunteer Transportation Program, you receive reimbursement for mileage and supplemental liability insurance.

For more information, call 206-448-5740

DAILY VAN TRANSPORTATION



The Peter Kirk Community Center van operates Monday – Friday, with reservations taken up to 5 PM, 48 hours prior to service date requested. The van provides rides to:

- Peter Kirk Community Center,
- Local grocery stores and Hopelink's Food Bank,
- Medical appointments in Kirkland, Bellevue, Bothell, or Redmond, on a space available basis.

The suggested donation is \$2 for each trip. To use the Kirkland Senior Van, you must be

- A resident of the City of Kirkland, and
- Eligible for, or in the process of applying for King County Metro Access eligibility.

If we have space available, we will provide you with transportation for up to 30 days to the Peter Kirk Community Center while your Access application is being processed.

To schedule a ride or for more information, please call 425-286-1026.

The transportation program is a partnership of the City of Kirkland, King County Metro, and Northshore Senior Center Transportation.

**All trips include sales tax*



Out for Lunch Bunch

BRING LUNCH MONEY

11am–2pm • R \$15 / NR \$18

Tuscano's Italian Kitchen

MONROE

Easygoing, family-friendly restaurant serving Italian classics such as pasta, pizza, wine & cocktails.

20555 • 4/8

Carnation Café

CARNATION

A casual approach to fine cuisine located in the heart of downtown Carnation.

20556 • 5/13

Burien Fish House

BURIEN

Delicious fish in a casual environment.

20557 • 6/10

Scott's Bar & Grill

EDMONDS/ SHORELINE

Voted one of the area's top 10 lunches, don't miss this Edmonds neighborhood institution.

20558 • 7/8

Arnie's

EDMONDS

A casual neighborhood restaurant serving fresh Northwest seafood.

20559 • 8/12

VAN TRIPS

BRING
LUNCH/
DINNER
MONEY

Trip Difficulty Rating

Mild Walking



Moderate Walking



Extensive Walking



(Trip may have stairs and may not be ADA accessible)

Hibulb Cultural Center



Embrace the journey of the Tulalip people with a guided tour. Learn about traditional territories, the importance of the cedar trees, the seven value stories, and seasonal lifeways. Enjoy a late lunch on your own at the Tulalip Casino.

21604 Tue 4/1 9am-3pm
R \$30/NR \$36



Chocolate 101



Discover how to simplify detail work and make filled candies. This class includes a short demonstration. Instructors will answer questions and help while you experiment and create your own chocolate treasures. You also receive a FREE mold and a box for your treats! This is not a tempering class, but it is a ton of fun! All supplies are included for your first completed project, up to 1 lb. This fun class will be held at Dawn's Candy & Cakes in Lynnwood. **Must register by 3/31 to secure reservation.**

21605 Tue 4/15 9:15am-2pm
R \$52/NR \$55



Leavenworth



Enjoy a panoramic drive over Stevens Pass on your way to the Bavarian town of Leavenworth. Explore the town on your own before heading back via Blewett pass.

21606 Tue 4/22 9am-6pm
R \$40/NR \$48

Angel of the Winds



This Vegas style casino offers slots, table games and Keno. Enjoy lunch on your own at one of the many on-site restaurants.

21607 Tue 4/29 10am-4pm
R \$25/NR \$30

Camano Island Studio Tour



During the Annual Studio tour you will visit many artists in their own home studios representing diverse mediums and styles. This tour is one of the most established self-guided art studio tours in the PNW. We will visit as many studios as time allows. Our first stop will be lunch at the Cookie Factory.

21608 Fri 5/9 10:30am-6:30pm
R \$30/NR \$36

Henry Mural Tour



This tour offers a guided exploration of Seattle's iconic neighborhoods, showcasing over 20 vibrant outdoor and indoor murals by Henry. The tour includes stops at two local brew pubs for drinks and snacks while appreciating the artwork. Participants will also visit Henry's gallery on Seattle's waterfront to purchase art and souvenirs. Along the way, the tour provides insights into Seattle's evolution into an artistic hub.

21609 Thu 5/22 9:45am-3pm
R \$79/NR \$83

Wings Over Washington



Join us as we check out this fun attraction on the Seattle waterfront. Wings over Washington is currently the most state-of-the-art theater using five thousand cameras, drones, laser projection and state of the art surround sound. Once you're strapped into your seat you will enjoy breathtaking views over the Olympic National Forest, Mt. St. Helens and the San Juan's to name just a few. Guests with known heart conditions, back or neck pains, high blood pressure, dizziness, claustrophobia, or other conditions that could be aggravated by simulated motion or flight, should not ride. Similarly, guests with photosensitive epilepsy or who have conditions aggravated by visual stimuli such as flashing lights should not enter.

21610 Tue 5/27 10:30am-2:30pm
R \$33/NR \$36



Wolf Haven



Wolf Haven International is a wolf sanctuary that has rescued and provided a lifetime home for 200 displaced, captive-born animals since 1982. Learn about why wolves were exterminated and how they are recovering in a one-hour presentation on Wolf Recovery. Then on your 50-minute guided walking tour you will have the rare opportunity to view some of these wolves up close.

21611 Fri 6/6 7:45am-4pm
R \$38/NR \$44



Pousbo & Port Gamble

Enjoy the morning shopping and exploring the Scandinavian town of Pousbo. Be sure to save time for lunch before getting back on the van. Then you are off to Washington State's oldest company owned town, Port Gamble for a chance to look around and even get ice cream.

21612 Tue 6/24 8:30am-5:30pm
R \$48/NR \$58

Snoqualmie Falls & Brunch

Snoqualmie Falls, a stunning 268-foot waterfall, is a highlight of the Pacific Northwest's natural beauty and one of Washington State's top attractions. Enjoy a four-course brunch at Salish Lodge, which includes the famous steel-cut oats and the signature Honey from Heaven™ service, where honey from the lodge's hives is poured from high above onto buttery house-made biscuits.

21614 Tue 7/1 9:15am-1:45pm
R \$20/NR \$24



Highline Botanical Garden

Spanning eleven acres, the facility has grown to nine gardens over the past 20 years. It started with two gardens relocated to protect them from demolition due to SeaTac Airport's third runway project. The facility preserves the region's iconic and historically significant horticultural treasures. Lunch to follow at a local restaurant.

21615 Tue 7/15 9am-3pm
R \$22/NR \$26

Olympia Farmers Market

As home to over 100 vendors the Olympia Farmers Market is sure to have something for everyone. Be sure to work up your appetite shopping, the next stop is lunch at local restaurant.

21616 Tue 7/22 9:30am-4pm
R \$24/NR \$29



Chuckanut Drive and Oyster Bar

Take a scenic drive up Highway 9 on the way to Chuckanut Drive, a 24-mile byway that travels along the Chuckanut Mountains, the only place where the cascades meet the sea. Stop for lunch at the Oyster Bar, enjoy a delicious lunch and the stunning views.

21618 Tue 7/29 9:45am-4:45pm
R \$30/NR \$36

Muckleshoot Casino and Bingo

Enjoy your day playing games, slots, or Bingo. Lunch on your own at one of the many restaurants.

21617 Tue 8/5 10am-4pm
R \$25/NR \$30

Salish Sea Boat Tour

Enjoy a 1-hour cruise on a custom designed catamaran while learning about Seattle and the surrounding area. There are two full-service bars with beer, wine, spirits, non-alcoholic beverages, sandwiches, and snacks for purchase.

21619 Thu 8/21 10:30am-4pm
R \$58/NR \$63

Van Trip Registration & Policy

1. Cancellations requested more than one week prior to the Van Trip are subject to a \$10 processing fee. Cancellations requested less than one week prior to the Van Trip receive a 50% refund minus a \$10 processing fee. Cancellations requested Van Trip Day receive no refund.
2. Trips with pre-purchased tickets are non-refundable. This includes all special events. (Theater, movies, cruises, etc.)
3. All van trips depart promptly from the west side of the Peter Kirk Community Center. Please arrive 15 minutes prior to scheduled departure, as no refunds will be issued for missed rides.
4. Van trip return times are estimated and may vary depending on traffic, etc.
5. Home pick-up and take-home is available for Kirkland residents who live within the city limits, if requested in advance. A donation of \$2.00 each way is suggested. To request home pick-up, call 425-286-1026 no more than 2 weeks before the trip and no later than 48 hours in advance. Driver will call one day before the trip with your pick-up time. All others meet the bus at the Center.
6. Trip participants must be independently mobile or accompanied by a caregiver on all van trips. Caregivers must register and pay the same applicable van and admission fees. Wheelchair space is limited. If you require wheelchair or walker accommodations, please specify at time of registration.



CITY OF KIRKLAND
SENIOR COUNCIL

Join the Kirkland Senior Council



WHAT IS THE KIRKLAND SENIOR COUNCIL?

The City Council established the Senior Council in 2002 to ensure Kirkland remains a safe, vibrant community for residents ages 50 and older. The members of the Council are a group of concerned citizens like you.

THE KIRKLAND SENIOR COUNCIL WELCOMES YOUR IDEAS, QUESTIONS, AND SUGGESTIONS!

Meetings are held the second Tuesday of the month at 1:30pm at the Peter Kirk Community Center, 352 Kirkland Avenue. For more information, contact Betsy Maxwell at 425-587-3360 or email scouncil@kirklandwa.gov.

KIRKLAND SENIOR COUNCIL SPECIAL PRESENTATION

Six Pillars of Brain Health

It's never too late to take charge of your brain health! In this interactive session you will learn about the six pillars of a brain-healthy lifestyle. Discover how living an active life – by learning more, being social, staying fit, eating right, getting enough sleep and managing stress – can support brain health. This session will provide you with actionable steps you can take along with resources to learn more.

20537 Thu 4/17 2-3pm

Free. Pre-registration required.

PRESENTED BY AARP SPEAKER KAY TOMLINSON.

Fraud Prevention Workshop Humana

Consumer Protection Washington, a group of organizations and government agencies that are dedicated to educating and alerting the public on consumer issues, scams and investigations affecting residents in Washington State, will be on-site for this one-day event. Don't miss this great resource to learn the latest news on scams, how to protect your identity, consumer tips and more. Lunch provided by Humana.

20538 Thu 6/5 10am-2pm

Free. Pre-registration required



CREATIVITY IS AGELESS

MAY 9 -23

RECEPTION MAY 9 FROM 5:00 PM TO 7:00 PM
MERRILL GARDENS, 14 MAIN STREET SOUTH

OILS AND ACRYLICS WATERCOLOR SCULPTURE
PHOTOGRAPHY QUILTS
PASTEL & DRAWINGS OTHER MEDIA

For more information on how to participate email
scouncil@kirklandwa.gov

VOLUNTEER IN KIRKLAND PARKS

Help build healthy forests and strong community
with the Green Kirkland Partnership!

Volunteers needed to remove invasive weeds, plant native trees and nurture natural areas in City of Kirkland parks. Stewardship events occur throughout the year. All ages and experience levels are welcome following the event guidelines. Tools, training, and gloves are provided.

**GREEN
KIRKLAND**
PARTNERSHIP

Learn more at
www.GreenKirkland.org

Seasonal Boat Launch Cards

COST: RESIDENT \$70 / NON RESIDENT \$140

Visit Kirklandparks.net to purchase a new card or renew your existing one. Boat launch cards provide Marina Park boat ramp access from April 1 to October 31.

**Questions? Visit kirklandwa.gov/MarinaBoatLaunch
or call 425-587-3330 Monday-Friday
from 8:00 AM -5:00 PM.**

**NOW ON
SALE**



Kirkland Parks & Community Services

Harvest Festival

Juanita Beach Park
North Side
9703 NE Juanita DR
Kirkland

SAVE THE DATE
**OCTOBER 4
2025**

Kirkland's Harvest Festival returns! More information will become available on our website at kirklandwa.gov.

JUANITA

Fresh *Local*

FRIDAY MARKET

Since 2007

Kirkland, Washington

**Fridays, 3PM – 7PM,
June 6 – September 26**

Juanita Beach Park • 9703 NE Juanita Drive
kirklandwa.gov/JuanitaFridayMarket

INDOOR AND OUTDOOR SPACES AVAILABLE FOR YOUR EVENT

CELEBRATE



WEDDINGS SPECIAL OCCASIONS BIRTHDAY PARTIES CORPORATE EVENTS GRADUATION PARTIES AND MORE

Kirkland Parks and Community Services offers four indoor rental locations and many outdoor picnic locations to choose from.

HERITAGE HALL

This historic Kirkland treasure features restored 1920's charm. Open year round and offers increased seasonal capacity using patios and Centennial Gardens.

CAPACITY: HALL 70, SEASONALLY WITH OUTDOOR PATIO USE 125

KIRKLAND TEEN UNION BUILDING

Located in Peter Kirk Park, the Kirkland Teen Union Building offers a large multi-purpose room that includes a stage and café area. A meeting room and classroom is also available.

CAPACITY: MULTI-PURPOSE ROOM 100, MEETING ROOMS 16

NORTH KIRKLAND COMMUNITY CENTER

Located in the Juanita area, the center includes a large multi-purpose room and lower level meeting room and a warming kitchen, tables and chairs

CAPACITY: MULTI-PURPOSE ROOM 245, MEETING ROOM 35

PETER KIRK COMMUNITY CENTER

In the heart of downtown, Peter Kirk Community Center offers a large multi-purpose room with stage and kitchen. Meeting rooms are also available.

CAPACITY: MULTI-PURPOSE ROOM 150, MEETING ROOMS 16-32

PICNIC AREAS/SHELTERS & ATHLETIC FIELDS

We have 17 picnic areas and shelters, and 53 athletic fields available for your private event.

Visit kirklandwa.gov/ParkRentals or call 425-587-3330



PLAN AHEAD! RESERVE YOUR SPACE. Halls and fields require a minimum of 30 days advance booking. Picnic shelters require 7 days advance reservation. For full site descriptions, pricing, rental policies, and amenities visit kirklandwa.gov/ParkRentals or email us at eparks@kirklandwa.gov.



Kirkland
International Night Market

Wednesday, August 13th 4PM – 8PM
 Houghton Park and Play – 6920 NE 70th PL, Kirkland, WA 98033

A dynamic evening of food, music, and culture, fostering community engagement and connection.

Interested in being a vendor? Visit kirklandwa.gov/CommunityBuildingEvents for more details.



NEW EVENT

Junk in the Trunk

Saturday, May 3 • 10 AM – 2 PM
 Houghton Park and Play - 6920 NE 70th PL

Vendors Wanted! Cost to vend \$35 Car/Truck/SUV*

Join us for Junk in the Trunk, a unique marketplace where you can sell treasures from your car! Vendors get a parking spot plus the one next to it for display. Whether selling or shopping, enjoy a lively and exciting day of bargains and hidden gems. Shoppers enjoy free parking and admission, so come explore—and grab a tasty bite from local food trucks!

For more information, please visit kirklandwa.gov/CommunityBuildingEvents

*Vehicles must fit into a regular car parking stall. For larger vehicles, visit our web page for more information.

FREE AND OPEN TO THE PUBLIC!

OUTDOOR SUMMER MOVIES

JUANITA BEACH PARK - 9703 NE JUANITA BEACH DR

JULY 12

Despicable Me 4 (PG) & Wonka (PG)

JULY 19

Migration (PG) & Madame Web (PG-13)

JULY 26

Kung Fu Panda 4 (PG) & The Marvels (PG-13)

HERITAGE PARK - 111 WAVERLY WAY

AUGUST 2

If (PG) & The Fall Guy (PG-13)

AUGUST 9

Finding Dory (PG) &
Ghost Busters: Frozen Empire (PG-13)

Bring a blanket or lawn chair and enjoy a FREE double feature on our giant LED movie screen.

Movies start at 6PM & 8PM

kirklandwa.gov/CommunityBuildingEvents





Kirkland Parks &
Community Services
123 5th Avenue
Kirkland, WA 98033

PRESORTED STD
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ECRWSS
Local Postal Customer



**WE'RE
Hiring**

Job Fair

**April 5, 2025
10am-2pm**

North Kirkland
Community Center
12421 103 Ave NE
Kirkland, WA 98034

Come work with Kirkland Parks and Community Services!

Hiring continuously throughout the year to
support Recreation and Park Management

Hiring over 150 Positions!

- Youth Sports Officials
- Recreation Attendants and Leads (Events and Community Centers)
- Seasonal Park Rangers
- Day Camp Directors and Leaders
- After School Camp Directors and Leaders (For 2025/2026 School Year)
- Swim Team Coaches
- Swim Lesson Instructors
- Lifeguards (Pool & Beaches)
- Senior Lifeguards (Pool & Beaches)
- Aquatics Program Supervisors (Pool & Beaches)
- Pool Cashiers
- Teen Program Instructors and Recreation Leads
- Recreation Leads and Attendants (Adult, Youth, and Preschool Sports)
- Preschool Program Instructors
- Nature Camp Instructors
- Parks Seasonal Maintenance in areas - Horticulture, Natural Area Restoration, Ballfield Management, and General Parks Labor*



View open positions and apply at
www.kirklandwa.gov/ParksJobs or
scan the QR code.

Questions? Call 425-587-3300 or
email eparks@kirklandwa.gov

*Hiring manager will not be present at the job fair.

