PETER KIRK POOL

 340 KIRKLAND AVE, KIRKLAND WA 98033

 POOL SEASON: JUNE 2 - SEPTEMBER 1 | POOL CLOSED ON 6/19 & 7/4

PUBLIC SWIM SCHEDULE

MON, JUNE 2 - TUE, JUNE 24

	MON-THU	FRIDAY	SATURDAYS	SUNDAY
PUBLIC SWIM	-	-	12:00 - 12:55PM 1:00 - 1:55PM 2:00 - 2:55PM 3:00 - 3:55PM 4:00 - 4:55PM	12:00 - 12:55PM 1:00 - 1:55PM 2:00 - 2:55PM 3:00 - 3:55PM 4:00 - 4:55PM
AM LAP SWIM (LANES)	5:30 – 8:00AM (6)	6:00 – 8:00AM (6)	6:00 – 8:00AM (6)	-
SWIM LESSONS	4:00 – 7:30PM	-	-	-

Peter Kirk Pool Closed: Thursday, June 19

Abbreviated schedule while Lake Washington School District is in session

WED, JUNE 25 - SAT, AUGUST 23

	,			
	MON-THU	FRIDAY	SATURDAY	SUNDAY
PUBLIC SWIM	12:00 - 12:55PM 1:00 - 1:55PM 2:00 - 2:55PM 3:00 - 3:55PM -	12:00 - 12:55PM 1:00 - 1:55PM 2:00 - 2:55PM 3:00 - 3:55PM 4:00 - 4:55PM	12:00 - 12:55PM 1:00 - 1:55PM 2:00 - 2:55PM 3:00 - 3:55PM 4:00 - 4:55PM	12:00 - 12:55PM 1:00 - 1:55PM 2:00 - 2:55PM 3:00 - 3:55PM 4:00 - 4:55PM
AM LAP SWIM (LANES)	5:30-7:00 AM (6)	6:00-8:00 AM (6)	6:00-8:00 AM (6)	-
PM LAP SWIM (LANES)	M/W 7:45 – 9:00PM (6) TU/TH 7:45 – 9:00PM (3)	-	-	-
DEEP WATER EXERCISE	M/W 7:45 – 9:00PM	-	9:45 - 11:45AM	-
SWIM LESSONS	8:00 - 11:50AM 4:00 - 7:30PM	8:10 - 9:45AM	8:10 - 9:45AM	_

Peter Kirk Pool Closed: Friday, July 4

Public Swim ends at 3pm on Friday, July 18 & August 1 for Home Orca Swim Meet Public Swim starts at 3pm on Sunday, August 3 due to Lifeguard Training Event

SUN, AUGUST 24 - MON, SEPT 1

PUBLIC SWIM

12:00 - 12:55PM 1:00 - 1:55PM 2:00 - 2:55PM 3:00 - 3:55PM 4:00 - 4:55PM

MON-THU

RENT THE POOL

Rent the Peter Kirk Pool on Friday, Saturday, and Sunday nights 5:30-8:30pm or Sunday mornings 10-11:30am. For more details see page 59.

REGISTER FOR AQUATIC PROGRAMMING!

Are you looking to register for Swim Lessons or other aquatic programs this season? We offer a variety of group and private swim lessons for any age.

Registration is easy! You can register by going online at KirklandParks.net, calling 425-587-3336, or in person at the Peter Kirk Community Center.

Pool Fees

AQUATICS REGISTRATION

OPENS Residents:

3/26, 7AM Non Residents:

Cash, Check, and Credit Cards are accepted.

Public Swim/Lap Swim.....\$7

Pool passes can be purchased or renewed online at www.kirklandparks. net and can be picked up at the Pool Office during any Public Swim or Lap Swim time. All 2024 pool passes were deactivated at the end of the 2024 season. You may reactivate any previous season pool pass for the 2025 season and use the same card as you did for last season upon pass renewal.

10-Punch Pass \$63

Individual Season Pass \$164

Unlimited public swim and lap swim admission for one person

Family Season Pass.....\$425

Unlimited public swim and lap swim admission for two named adults listed on membership card and their named dependent children and/or grandchildren ages 18 and under

Facility Updates & Closure Hotline:

425-587-3335 or on the Kirkland Parks and Community Services Facebook page

Unscheduled facility closures can occur with limited notice. Thunderstorms, Air Quality, and other inclement weather can cause pool closures.

Pool Rules

All youth 12 and under must pass a Deep Water Swim Test prior to entering deep water. Please visit page 49 for Deep Water Swim Test description. All pool rules and guidelines are posted in the facility and can be found at www.kirklandwa.gov/Aquatics Swim Tests are at the discretion of the lifeguards; any swimmer may be asked to retake their Deep Water Swim Test.





KIRKLAND ORCA SWIM TEAM

SEASON: JUNE 25 – AUGUST 9 PRACTICES: MONDAY – THURSDAY MORNINGS RESIDENT \$300 | NON-RESIDENT \$360

The City of Kirkland offers a recreational swim team that participates in the Craze Summer Swim League. This league focuses on developing fundamental skills and instilling the value of a recreational activity that lasts a lifetime.

Visit www.kirklandwa.gov/KirklandOrcas to learn more!

Returning Orca Swimmers:

taken by Gina Braun

If your child swam on our Orca Swim Team, they are eligible to return to Orca Swim Team without trying out for the team. Returning Kirkland Residents swimmer registration opens March 26. Returning Non-Residents can register for swim team on March 27. Swim Team Returner registration will close on June 2. Register your child online at www.KirklandParks.net or by calling Loni Rotter at 425-587-3333.

New Orca Swimmers:

If your child did not swim on the Orcas Swim Team, they will need to try out for the 2025 team. Please do not register your child to the Orca Swim Team. If you are planning on having your child attend Orca Tryouts please see Tryout information below.

Swim Team Tryouts Reservation:

Registration for tryouts is not required, however it is strongly encouraged. Registration for tryouts does not guarantee your child will make the team, but this will help us know how many we can expect at tryouts. Tryouts will be done in age groups with the lottery drawing happening 10 minutes after the tryout window is finished. This date is the only date that swimmers can try out for Orca Swim Team. We will not have make up Orca Swim Team Tryouts.

Swim Team Tryout Prerequisites based on their age as of July 1, 2025. Swimmers must show confident/strong swimming mechanics and rhythmic breathing.

- Participants ages 6 8 must be able to swim 25 yards of front crawl and 25 yards of backstroke continuously without touching or using the wall for support.
- Participants ages 9 17 must be able to swim 50 yards of front crawl, 50 yards of backstroke, and 25 yards of breaststroke continuously without touching or using the wall for support.

SWIM TEAM A	AGE GROUP REGISTRATION WITH P	RACTICE	TIMES
AGES 16 - 17		BOYS	20883
	MONDAY - THURSDAY	GIRLS	20882
AGES 13 - 15	6:45 – 7:40AM	BOYS	20881
A02010 10		GIRLS	20880
AGES 11 – 12		BOYS	20879
AGES II 12	MONDAY - THURSDAY	GIRLS	20878
AGES 9 - 10	7:25 – 8:20AM	BOYS	20877
AGES 5 10		GIRLS	20876
AGES 7 – 8		BOYS	20875
AGES / O	MONDAY - THURSDAY	GIRLS	20873
AGES 6	8:05 - 8:50AM	BOYS	20872
AGESO		GIRLS	20871

Swim Team Tryout – Team Placement:

Once passing tryouts, names will be placed into a lottery, divided up by age group and gender. Payment and Registration will be required on-site day of if your child passes their tryout and is placed on a team.

Parent Information Meeting:

We will have an informational meeting for all parents on Wednesday, June 18, 6-7pm at the Peter Kirk Pool.

Parent Volunteer Information:

Parent volunteers are crucial to the success of home swim meets and will be required to volunteer 6-8 hours. Volunteers will assist with timing, ribbons, and staging swimmers.

Swim Team Practice Schedules:

Practices occur Monday – Thursday mornings beginning Wednesday, June 25 and ending Thursday, August 7. Practice times are based on age. Practices consist of both dry land conditioning and in water swimming development. (No practice on July 4)

Practice Times:

- 6:45am-7:40am Boys & Girls Ages 13 17
- 7:25am-8:20am Boys & Girls Ages 9 12
- 8:05am-8:50am Boys & Girls Ages 6 8

When are Meets?

Meets are on Fridays, Saturdays, or Sundays throughout the season, with the Craze Invitational ending our season on August 9. Our two Home Meets will be held on Friday evenings (July 18, and August 1).

Swim Team Refund Policy:

- Full refunds less a \$10.00 administrative fee will be granted through the registration period.
- Swim Team Registration Closes on June 2, 2025. All withdraws after June 2 will be issued a 50% refund.
- No refunds will be granted after June 23, 2025, when league practices start.

	SWIM TEAM	TRYOUTS RESERVATION
	AGES 13-17	TRYOUT 9AM-9:30AM 20884 LOTTERY PULLED AT 9:40AM
SATURDAY	AGES 9-12	TRYOUT 9:30AM-10AM 20885 LOTTERY PULLED AT 10:10AM
JUNE 7	AGES 7-8	TRYOUT 10AM-10:30AM 20886 LOTTERY PULLED AT 10:40AM
	AGES 6	TRYOUT 10:30AM-11AM 20887 LOTTERY PULLED AT 11:10AM

SWIM LESSON FAQ

We offer group swim lesson levels for Parent/Child, Preschool, Youth, Teens, and Adults. We also offer Private Swim Lessons all ages 5 and older.

Swim Lesson registration opens on March 26 for Kirkland residents at 7am! Non-Residents can register for Swim Lessons on March 27 at 8am.

Level Advancement:

Most students participate in the same level two or three times before advancing to the next level. Intro level classes (Preschool 1 & Youth 1) tend to take longer to move up, these students participate in the same level for three to four sessions before passing all of the exit assessments. For Youth 3 and Youth 4, participants must be able to lap swim without assistance before taking these levels. A good indicator of their swimming ability is being able to pass our Deep Water Swim Test. For more information on our Swim Lesson progression, please visit www.kirklandwa.gov/SwimLessons

Exit Assessment Skills:

Exit Assessment skills are evaluated by instructors for each child's report card. All Exit Assessment Skills must be passed and checked off by the instructor for a child to move up to the next level. Exit assessments are listed below the level descriptions starting on page 49.

Report Cards:

In our Monday – Thursday Lessons, swimmers are evaluated after the first week of class. Report Cards are emailed out by the Tuesday of the second week of class to parents to help inform them on which lesson their child should take in the upcoming lesson session. If a child's report card evaluation has changed, the parent will be notified of the level advancement. Friday/Saturday Lessons do not pass out Report Cards.

Rain Policy:

We have class rain or shine. Our outdoor pools are heated throughout the season. The only time class would be canceled is in the event of a thunderstorm, or unscheduled facility closure.

Facility Closures:

Unscheduled facility closures can occur with limited notice. If your class is canceled due to an unforeseen facility closure, all participants will receive a two-admission public swim voucher to be used for any 2025 public swim. If you are concerned about facility closures, please contact the pool hotline at 425-587-3335 or on the Kirkland Parks and Community Services Facebook page. In the event that a facility closure cancels swim lessons, you will immediately receive an email notification.

Make-up Policy:

We do not schedule make-up classes. We encourage parents of private lesson classes to call 425-587-3360 to inform their instructors of the child's absence.

Lesson Registration:

To register for swim lessons, you can call 425-587-3336 or go online to KirklandParks.net. The Peter Kirk Pool does not take swim lesson registration or transfers. If you would like to register in person, please visit the Peter Kirk Community Center across the parking lot. Please do not come to the first day of class if your child is not registered for that session.

Waitlist Policy:

Waitlist participants are added to classes in order of registration times. Emails will be sent out to waitlist participants to sign up for their classes. The spot will be reserved for 24 hours. If there is no response, we will move to the next participant on the waitlist. Once registration has closed for the upcoming session, no other participants will be added to the roster. If you get the waitlist email and wish to register, use the link in the email or call 425-587-3333.

> RENT THE POOL THIS SUMMER! See page 59

Swim Level Registration Transfers:

If your session's just beginning, and you think your child is in the wrong level, please attend the first day of your child's registered class level and speak with an onsite Lessons Coordinator to see if there is room for a level transfer. Level transfers are not guaranteed due to limited spot availability and are only available to registered students.

Swim Lesson Refund Policy:

Swim Lesson Registration closes at 4pm on the Thursday before the beginning of the swim session.

Swim Session 1

Registration Closes May 29, 2025, at 4pm

Swim Session 2 Registration Closes June 12, 2025, at 4pm

Swim Session 3 Registration Closes June 26, 2025, at 4pm

Swim Session 4

Registration Closes July 10, 2025, at 4pm

Swim Session 5

Registration Closes July 24, 2025, at 4pm

Swim Session 6

Registration Closes August 7, 2025, at 4pm

Refund/credit granted if the withdrawal request is made at least five (5) business days prior to the close of registration, less a \$10 administrative fee. The fee applies to each program withdrawn.

• Example: Swim Session 1 starts Monday, June 2, registration closes on Thursday, May 29. All withdrawals received prior to Thursday, May 22 before 4pm will be charged a \$10 administrative fee.

Program withdrawal request received after the Friday before registration closes will result in a credit/refund of 50% of the registration fee.

 Example: Swim Session 1 starts on Monday, June 2, withdrawal request received between 4pm Thursday, May 22 - 4pm Thursday, May 29 will receive a 50% refund.

Once the registration has closed, all withdrawals, transfers, and waitlists are closed as well. No refunds will be given at this point.

es & Programs Spring/Summer 2025



Aquatots Classes LOCATION: MAIN POOL AGE: 6-36 MONTHS CLASS SIZE: 10 CLASS TIME: 30 MINUTES

Our parent-child class encourages comfort and safety in and around water through guided instruction. The class's goal is to acclimate your child in the water by introducing water sprinkled on the head and face, bubble blowing, in-water assisted arm and leg motioning, along with aqua-inspired songs to bring fun and excitement to pool time with their parents. This class requires the parent or guardian to be in the pool with their child.

Once your child has turned 3, they can be registered for a Preschool 1 class.

Preschool 1

LOCATION: WADING POOL AGE: 3-5 CLASS SIZE: 5 CLASS TIME: 30 MINUTES

This class is an introductory swimming class for preschool-aged participants. Students will be getting introduced to the water with the goal of comfort in and out of the pool. Students will be learning how to enter and exit the water safely, blow bubbles, comfortably submerge their face in the water, float on their back and front, and start the basic skills of swimming.

Exit Assessment Skills:

- Blowing bubbles
- 3 Bubble bobs
- · Front/back float with support
- · Front/back streamlining with support

If your child has passed all exit assessment skills above, they can be registered for the following level progression:

- Ages 3-5 years Preschool 2
- Ages 5-14 years Youth 1
- If your child did not pass their exit assessments, keep them in the current level
- When registering new students to this level, please register them for 3-4 sessions, before advancing them to Preschool 2

Preschool 2

LOCATION: WADING POOL AGE: 3-5 CLASS SIZE: 5 CLASS TIME: 30 MINUTES

This class is our second level introductory class for preschool-aged participants. Students will be comfortable in the water, focusing on water safety and swimming skills. Students will be learning how to improve their blowing bubble skills, front and back floats, front crawl, and kick skills. They will also be introduced to bubble bobs (with a submerged nose, mouth, and eyes without the use of goggles), retrieving submerged items from the bottom of the pool, and streamlining without support.

Exit Assessment Skills:

- 8 Bubble bobs
- Retrieve underwater objects
- Front/back float 6 seconds without support
- Front/back streamlining and kick without support

If your child has passed all exit assessment skills above, they can be registered for the following level progression:

- Ages 3-5 years Preschool 3
- Ages 5-14 years Youth 1
- If your child did not pass their exit assessments, keep them in the current level

Deep Water Swim Test:

Deep Water Swim Test: At the Peter Kirk Pool we have a Deep Water Swim Test for swimmers 12 and under. This test is to show a swimmer's confidence in the water and ability to safely enter, resurface, and exit the pool in deep water. This test is done by a lifeguard in the deep end of the pool. Swim Testing is available during the first 20 minutes of each Public Swim session.

In order to pass the Deep Water Swim Test, a swimmer must complete all of the following:

Goggles are not allowed to be worn during the Deep Water Swim Test

- 1. The swimmer must jump into the deep end of the pool feet first and resurface.
- 2. The swimmer must then immediately start to swim to the far end of the pool (25 yards).
- 3. The swimmer must swim continuously without assistance, stopping, or touching/holding the wall briefly stopping to breathe is allowed.

- Swimmers must show confident/strong swimming mechanics by only using front crawl or breaststroke – Swimmers must remain horizontal on top of the water and have some level of proficiency in the swim stroke. Underwater swimming is not permitted.
- b. Swimmers must also have controlled rhythmic breathing (side-breathing or quick pop-up breathing).
- 4. At the end of the 25-yard swim, the swimmer must exit the swimming pool either by steps, ladder, or side.
- If a swimmer does not pass the Deep Water Swim Test, the lifeguard will let the swimmer know what they need to work on in order to pass the test.
- For swimmers that have passed, their swim test results are recorded for the season, and those who pass can pick up their wrist bands at the lifeguard office.
- Testing seasonally ensures that the child demonstrates their swim ability to stay safe each time they are in and around the water.
- Lifeguards may ask an individual to retest at any point in the season to ensure that they are safe to swim in deep water.



Preschool 3 LOCATION: MAIN POOL AGE: 3-5 CLASS SIZE: 5 CLASS TIME: 30 MINUTES

This class is an intermediate swimming class for preschool aged participants. Students will be improving water safety, swimming skills and being introduced to deeper water. Students will be learning how to improve their bubble bobs (with submerged nose, mouth, and eyes without the use of googles), front and back floats, front crawl, and kick skills, streamlining, and submerged skills. They will be introduced to rolling from front float to back float, vertical to front recovery, rhythmic pop-up breathing, and how to tread water.

Exit Assessment Skills:

- · Retrieve underwater objects
- Rhythmic breathing with kicks and support
- Front crawl & elementary backstroke 5 yards
- Front/back float 10 seconds

If your child has passed all exit assessment skills above, they can be registered for the following level progression:

- Ages 3-4 years Preschool 4
- Ages 5-14 years Youth 2
- If your child did not pass their exit assessments, keep them in the current level

Preschool 4 LOCATION: MAIN POOL AGE: 3-5 CLASS SIZE: 5 CLASS TIME: 30 MINUTES

This class is our second level intermediate swimming class for preschool-aged participants. Students will continue building their water safety and swimming skills while also introducing swim strokes and rhythmic breathing. Students will learn how to improve their bobs, treading water, front and back floats, front crawl, and kick skills, streamlining, and submerged skills. They will be introduced to gliding, front crawl, back crawl, elementary backstroke, and rhythmic side breathing.

Exit Assessment Skills:

- 15 Bubble bobs
- · Pop-up breathing while doing:
 - Front crawl 15 yards
 - Elementary backstroke 15 yards
 - Kickboard breaststroke kick 10 yards
 - Kickboard dolphin kick 10 yards
- Dive/jump into the water and recover
- Swim underwater 5 yards

If your child has passed all exit assessment skills above, they can be registered for the following level progression:

- Ages 3-5 years Remain in Preschool 4
- Ages 5-14 years Youth 2
- If your child did not pass their exit assessments, keep them in the current level

Youth 1 LOCATION: MAIN POOL AGE: 5-14 CLASS SIZE: 5 CLASS TIME: 30 MINUTES

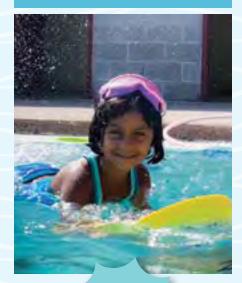
This class is an introductory swimming class. Students will be introduced to the water with the goal of comfort in and out of the pool. Students will be learning how to enter and exit the water safely, blow bubbles, comfortably submerge their face in the water, float on their back and front, and start the basic skills of swimming.

Exit Assessment Skills:

- Roll over front to back/back to front
- 10 Bubble bobs
- Retrieve underwater objects
- Front/back float 6 seconds
- Front crawl & elementary backstroke 5 yards each
- Kickboard front/back streamlining with kicks and pop-up breathing

If your child has passed all exit assessment skills above, they can be registered for the following level progression:

- Ages 5-14 years Youth 2
- If your child did not pass their exit assessments, keep them in the current level
- When registering new students to this level, please register them for 3-4 sessions, before advancing them to Youth 2



ASK US ABOUT OUR SCHOLARSHIP PROGRAM See page 45

Youth 2

LOCATION: MAIN POOL AGE: 5-14 CLASS SIZE: 6 CLASS TIME: 34

CLASS TIME: 30 MINUTES

Description: This class is an intermediate swimming class, and students should already be comfortable in the water. This class prepares students to swim on their own and pass our Deep Water Swim Test allowing them to advance into lap swimming and stroke development. Students will be learning how to improve their blowing bubble skills, improve their front and back floats, streamlining, improve their front crawl and kick skills, and submerging skills. They will also be introduced to front crawl, back crawl, elementary backstroke, rhythmic breathing, butterfly and breaststroke kicks, and treading water.

Exit Assessment Skills:

- Front/back floats for 30 seconds
- Kickboard butterfly/breaststroke/ front crawl kicks 10 yards each
- Tread water for 30 seconds
- Rhythmic breathing with the body in the horizontal position 5 breaths
- Elementary backstroke 25 yards with pop-up breathing
- Deep Water Swim Test
 - Dive/jump into the water and recover
 - Front crawl 25 yards with pop-up breathing

If your child has passed all exit assessment skills above, they can be registered for the following level progression:

- Ages 5-14 years Youth 3
- If your child did not pass their exit assessments, keep them in the current level

Youth 3

LOCATION: MAIN POOL AGE: 5-14 CLASS SIZE: 6 CLASS TIME: 30 MINUTES

For Youth 3, participants must be able

to lap swim without assistance before taking this level. A good indicator of their swimming ability is being able to pass our Deep Water Swim Test. Please visit page 49 to see our Deep Water Swim Test description.

This class is our second level intermediate swimming class and must be very comfortable in the water. This class will focus on stroke development and swimming endurance. Students will be learning how to improve their dives (shallow & deep), underwater swimming, treading water, front crawl, backstroke, and kicks. They will also be introduced to butterfly, breaststroke, flip turns, and lap swimming techniques.

Exit Assessment Skills:

- Rhythmic/rotary breathing with the body in the horizontal position
- Stroke development
 - Front crawl 50 yards
 - Backstroke 50 yards
 - Breaststroke 25 yards
 - Butterfly 25 yards
- Use of flip turns while lap swimming
- Treading water for 1 minute

If your child has passed all exit assessment skills above, they can be registered for the following level progression:

- Ages 5-6 years Repeat Youth 3
- Ages 7-14 years Youth 4
- If your child did not pass their exit assessments, keep them in the current level

Youth 4 LOCATION: MAIN POOL AGE: 7-14 CLASS SIZE: 8 CLASS TIME: 30 MINUTES

This class is an advanced swimming class. Students must be able to swim multiple laps without assistance while showing rhythmic breathing and high endurance. This class is designed to prepare swimmers to join a swim team. Students will be learning how to improve their strokes (front crawl, backstroke, breaststroke, butterfly), flip turns, lap swimming, deep water diving and retrieval (7+ feet), dive technique, and endurance water treading. This is the highest-level class offered, with an emphasis on endurance lap swimming.

Exit Assessment Skills:

- Surface dive & retrieve an object at a depth of 7 feet
- Tread water for 2 minutes
- Flip turns while swimming 500 yards continuously
 - Front crawl 100 yards
 - Backstroke 100 yards
 - Breaststroke 100 yards
 - Butterfly 100 yards
 - Stroke of choice 100 yards

If your child has passed all exit assessment skills above, they can be registered for the following level progression:

- Ages 7-14 years This is the end of our swim lesson progression; your child's next step would be trying out for swim teams
- If your child did not pass their exit assessments, keep them in the current level











MONDAY - THURSDAY GROUP LESSONS

Class registration closes at 4pm the Thursday before the session start date. To register for swim lessons, you can call 425-587-3336 or go online to KirklandParks.net. The Peter Kirk Pool does not take swim lesson registration. If you would like to register in person, please visit the Peter Kirk Community Center across the parking lot.



SESSION 1	EIGHT, 30-MI		JP LESSON		/EEKS	
	4:10PM	4:45PM	5:20PM	5:55PM	6:30PM	7:05PM
AQUATOTS	20933	20934	-	-	-	-
PRESCHOOL 1	20935	20936	-	-	20937	-
PRESCHOOL 2	20938	20939	20940	20941	20942	-
PRESCHOOL 3	20943	-	20944	20945	20946	20947
PRESCHOOL 4	-	20948	20949	20950	-	-
YOUTH 1	20951	20952	20953	20954	-	-
YOUTH 2	20955	20956	20957	20958	20959	20960
YOUTH 3	-	-	-	20961	20962	20963
YOUTH 4	-	-	20964	-	20965	20966

SESSION 2

JUNE 16 – 26 GROUP LESSONS: TWO WEEKS

SEVEN, 30-MINUTE LESSONS | MONDAY - THURSDAY *NO CLASS JUNE 19TH* RESIDENT \$84 | NON-RESIDENT \$105 (PRO RATED)

	4:10PM	4:45PM	5:20PM	5:55PM	6:30PM	7:05PM
AQUATOTS	20967	20968	-	-	-	-
PRESCHOOL 1	20969	20970	20971	-	20972	-
PRESCHOOL 2	20973	20974	20975	-	20976	-
PRESCHOOL 3	-	-	20977	20978	20979	20980
PRESCHOOL 4	-	-	20981	20982	-	20983
YOUTH 1	20984	20985	-	20986	20987	-
YOUTH 2	20988	20989	-	20990	20991	20992
YOUTH 3	-	-	-	20993	-	20994
YOUTH 4	-	-	20995	-	-	20996

SESSION

JUNE 30 - JULY 10 GROUP LESSONS: TWO WEEKS

EIGHT, 30-MINUTE LESSONS | MONDAY - THURSDAY RESIDENT \$96 | NON-RESIDENT \$120

	8:20AM	9:00AM	9:35AM	10:10AM	10:45AM	11:20AM	4:10PM	4:45PM	5:20PM	5:55PM	6:30PM	7:05PM
AQUATOTS	-	20997	20998	20999	21000	-	21001	21002	21003	21004	-	-
PRESCHOOL 1	21005	21006	21007	21008	21009	21010	21011	21012	21013	21014	21015	-
PRESCHOOL 2	21016	21017	21018	21019	21020	21021	21022	21023	21024	21025	21026	-
PRESCHOOL 3	-	21027	20128	21029	-	21030	21031	-	21032	-	21033	21034
PRESCHOOL 4	-	21035	21036	-	21037	21038	-	21039	-	21040	-	21041
YOUTH 1	-	21042	21043	21044	21045	21046	21047	21048	21049	21050	21051	-
YOUTH 2	-	21052	21053	21054	21055	21056	21057	21058	21059	21060	21061	21062
YOUTH 3	-	21063	-	21064	-	21065	21066	-	21067	-	21068	21069
YOUTH 4	21070	-	21071	-	21072	-	-	21073	-	21074	-	21075

SESSION 4

JULY 14 – 24 GROUP LESSONS: TWO WEEKS

EIGHT, 30-MINUTE LESSONS | MONDAY - THURSDAY RESIDENT \$96 | NON-RESIDENT \$120

	8:20AM	9:00AM	9:35AM	10:10AM	10:45AM	11:20AM	4:10PM	4:45PM	5:20PM	5:55PM	6:30PM	7:05PM
AQUATOTS	-	21076	21077	21078	21079	-	21080	21081	21082	21083	-	-
PRESCHOOL 1	21084	21085	21086	21087	21088	21089	21090	21091	21092	21093	21094	-
PRESCHOOL 2	21095	21096	21097	21098	21099	21100	21101	21102	21103	21104	21105	-
PRESCHOOL 3	-	21106	21107	21108		21109	21110	-	21111	-	21112	21113
PRESCHOOL 4	-	21114	21115	-	21116	21117	-	21118	-	21119	-	21121
YOUTH 1	-	21122	21123	21124	21125	21126	21127	21128	21129	21130	21131	-
YOUTH 2	-	21132	21133	21134	21135	21136	21137	21138	21139	21140	21141	21142
YOUTH 3	-	21143		21144	-	21145	21146	-	21147		21148	21149
YOUTH 4	21150	-	21151	-	21152	-	-	21153	-	21154	-	21155

SESSION 5

JULY 28 - AUGUST 7 GROUP LESSONS: TWO WEEKS

EIGHT, 30-MINUTE LESSONS | MONDAY - THURSDAY RESIDENT \$96 | NON RESIDENT \$120

	8:20AM	9:00AM	9:35AM	10:10AM	10:45AM	11:20AM	4:10PM	4:45PM	5:20PM	5:55PM	6:30PM	7:05PM
AQUATOTS	-	21156	21157	21158	21159	-	21160	21161	21162	21163	-	-
PRESCHOOL 1	21164	21165	21166	21167	21168	21169	21170	21171	21172	21173	21174	-
PRESCHOOL 2	21175	21176	21177	21178	21179	21180	21181	21182	21183	21184	21185	-
PRESCHOOL 3	-	21186	21187	21188	-	21189	21190		21191	-	21192	21193
PRESCHOOL 4	-	21194	21195	-	21196	21197	-	21198	-	21199	-	21200
YOUTH1	-	21202	21203	21204	21205	21206	21207	21208	21209	21210	21211	-
YOUTH 2	-	21212	21213	21214	21215	21216	21217	21218	21219	21220	21221	21222
YOUTH 3	-	21223	-	21224	-	21225	21226	-	21227	-	21228	21229
YOUTH 4	21230	-	21231	-	21232	-	-	21233	-	21234		21235

SESSION 6

AUGUST 11 - 21 GROUP LESSONS: TWO WEEKS

EIGHT, 30-LESSONS | MONDAY - THURSDAY RESIDENT \$96 | NON-RESIDENT \$120

	8:20AM	9:00AM	9:35AM	10:10AM	10:45AM	11:20AM	4:10PM	4:45PM	5:20PM	5:55PM	6:30PM	7:05PM
AQUATOTS	-	21236	-	-	21237	21238	21239	21240	21241	-	-	-
PRESCHOOL 1	21242	21243	-	-	21244	21245	21246	21247	21248	-	-	-
PRESCHOOL 2	21249	21250	-	-	21251	21252	21253	21254	21255	-	-	-
PRESCHOOL 3	21256	-	21257	21258	-	21259	21260	21261	21262	21263	21264	21265
PRESCHOOL 4	21266	21267	21268	21269	21270	-	21271	21272	21273	-	-	21274
YOUTH 1	21275	21276	21277	21278	21279	21280	-	21281	-	21282	21283	21284
YOUTH 2	21285	21286	21287	21288	21289	21290	21291	-	21292	21293	21294	21295
YOUTH 3	-	-	21296	21297	-	-	-	-	-	21298	21299	21300
YOUTH 4	-	-	21301	21302	-	-	-	-	-	21303	21304	-



PRIVATE LESSONS

AGES: 5+ YEARS LOCATION: MAIN POOL CLASS TIME: 30 MINUTES

Are you looking for one-on-one instruction, with highly motivated and friendly instructors? Private Lessons might be right for you. Private lesson participants will review goals with instructor the first scheduled class. Please share your swimming goals with us, we are here to help!

Two siblings of close age and swimming ability may be registered for the same private lesson session. Please register the first child and call Loni at 425-587-3333 to register the second child. Both children will need to pay for the private lesson.



SESSION 2

JUNE 16 - 26 PRIVATE LESSONS: TWO WEEKS

FOUR – 30-MINUTE LESSON | M/W RESIDENT \$168 / NON RESIDENT \$200 THREE – 30-MINUTE LESSONS | TU/TH RESIDENT \$126 / NON-RESIDENT \$150 (PRO RATED) *NO CLASS JUNE 19TH*

	10:10AM	10:45AM	11:20AM	4:10PM	4:45PM	5:20PM	5:55PM	6:30PM	7:05PM
MONDAY/ WEDNESDAY		SION 2 AM PR		21319	21320	21321	21322	21323	21324
TUESDAY/THURSDAY	NO SES		IVAIES	21325	21326	21327	21328	21329	21330

RESIDENT \$168 / NON-RESIDENT \$200	
10:10AM 10:45AM 11:20AM 4:10PM 4:45PM 5:20PM 5:55PM 6:30PM	7:05PM
MONDAY/ WEDNESDAY 21331 21332 21333 21334 21335 21336 21337 21338	21339
TUESDAY/THURSDAY 21340 21341 21342 21343 21344 21345 21346 21347	21348

SESSION JULY 14 – 24 PRIVATE LESSONS: TWO WEEKS 4 FOUR – 30-MINUTE LESSONS I MON/WED OR TUE/THU RESIDENT \$168 / NON-RESIDENT \$200									
	10:10AM	10:45AM	11:20AM	4:10PM	4:45PM	5:20PM	5:55PM	6:30PM	7:05PM
MONDAY/ WEDNESDAY	21349	21350	21351	21352	21353	21354	21355	21356	21357
TUESDAY/THURSDAY	21359	21360	21361	21362	21363	21364	21365	21366	21367

SESSION 5	JULY 28 - AUGUST 7 PRIVATE LESSONS: TWO WEEKS FOUR – 30-MINUTE LESSONS I MON/WED OR TUE/THU RESIDENT \$168 / NON-RESIDENT \$200								
	10:10AM	10:45AM	11:20AM	4:10PM	4:45PM	5:20PM	5:55PM	6:30PM	7:05PM
MONDAY/ WEDNESDAY	21368	21369	21370	21371	21372	21373	21374	21375	21376
TUESDAY/THURSDAY	21377	21378	21379	21380	21381	21382	21383	21384	21385

FRIDAY & SATURDAY MORNING GROUP & PRIVATE LESSONS

We have now combined our Friday & Saturday morning classes into the same registration session. When registering for Friday & Saturday morning lessons you will be attending 4 classes over the two-week session.

Friday & Saturday Morning **Group Lessons**

SESSION 3	JULY 5, 11 & 12 GROUP LESSONS: TWO WEEKS THREE, 30-MINUTE LESSONS FRIDAY & SATURDAYS RESIDENT \$36 NON-RESIDENT \$45 (PRO RATED)				
	8:10AM	8:45AM	9:20AM		
AQUATOTS	21397	21398	-		
PRESCHOOL 1	21399	-	21400		
PRESCHOOL 2	21401	-	21402		
YOUTH 1	-	21403	-		
YOUTH 2	-	21404	-		

SESSION JULY 18, 19, 25 & 26 GROUP LESSONS: TWO WEEKS Δ FOUR, 30-MINUTE LESSONS | FRIDAY & SATURDAYS RESIDENT \$48 | NON-RESIDENT \$60

	8:10AM	8:45AM	9:20AM			
AQUATOTS	21405	21406	-			
PRESCHOOL 1	21407	-	21408			
PRESCHOOL 2	21409	-	21410			
YOUTH 1	-	21411	-			
YOUTH 2	-	21412	-			

SESSION AUGUST 1, 2, 8 & 9 GROUP LESSONS: TWO WEEKS 5 FOUR, 30-MINUTE LESSONS | FRIDAY & SATURDAYS

RESIDENT \$48 | NON-RESIDENT \$60

	8:10AM	8:45AM	9:20AM
AQUATOTS	21413	21414	-
PRESCHOOL 1	21415	-	21416
PRESCHOOL 2	21417	-	21418
YOUTH 1	-	21419	-
YOUTH 2	-	21420	-



Friday & Saturday Morning **Private Lessons**

SESSION 3	JULY 5, 11 & 12 PRIVATE LESSONS: TWO WEEKS THREE, 30-MINUTE LESSONS FRIDAY & SATURDAYS RESIDENT \$126 NON-RESIDENT \$150 (PRO RATED)				
	8:10AM	8:45AM	9:20AM		
PRIVATE A	21430	21431	21432		
PRIVATE B	21433	21434	21435		
PRIVATE C	-	-	21436		

SESSION 4	JULY 18, 19, 25 & 26 PRIVATE LESSONS: TWO WEEKS FOUR, 30-MINUTE LESSONS I FRIDAY & SATURDAYS RESIDENT \$168 NON-RESIDENT \$200					
	8:10AM	8:45AM	9:20AM			
PRIVATE A	21437	21438	21439			
PRIVATE B	21440	21441	21442			
PRIVATE C	-	-	21443			

SESSION

AUGUST 1, 2, 8 & 9

5	FOUR, 30-MINUTE L	RIVATE LESSONS: TWO WEEKS DUR, 30-MINUTE LESSONS FRIDAY & SATURDAYS ISIDENT \$168 NON-RESIDENT \$200					
	8:10AM	8:45AM	9:20AM				
PRIVATE A	21444	21445	21446				
PRIVATE B	21447	21448	21449				
PRIVATE C	-	-	21450				



TEEN/ADULT SWIM LESSONS

Teen/Adult Level 1 (AGE 13+ YEARS) LOCATION: MAIN POOL

CLASS SIZE: 6 CLASS TIME: 30 MINUTES

This class is an introductory swimming class for teens and adults ages 13 and older. Students will be getting introduced to the water with the goal to gain comfort in and out of the pool. Students will learn how to enter and exit the water safely, comfortably submerge their face in the water, float on their back and front, tread water, understand how to kick while pulling the water with their arms, and start the basic strokes of swimming like the front crawl and elementary backstroke.

Learning Objectives:

- · Learn to float and streamline on your front and back
- Explore alternating and simultaneous leg-kicking and armpulling motions
- Attain skills for front crawl and elementary backstroke
- · Introduction to treading water
- · Acquire basic water safety skills

Exit Assessment Skills:

- Front/back floats for 30 seconds
- Kickboard butterfly/breaststroke/front crawl kicks 10 yards each
- Tread water for 30 seconds
- Rhythmic breathing with the body in horizontal position 5 breaths
- Elementary backstroke 25 yards with pop-up breathing
- Deep Water Swim Test
- Dive/jump into the water and recover
- Front crawl 25 yards with pop-up breathing

If you have passed all exit assessment skills above, please register for the Teen/Adult Level 2 Class





Teen/Adult Level 2 (AGE 13+ YEARS) LOCATION: MAIN POOL CLASS SIZE: 6 CLASS TIME: 30 MINUTES

This class is an intermediate swimming class for teens and adults ages 13 and older. Students must pass the deep-water swim test and be very comfortable in the water, focusing on stroke development and swimming endurance. Students will be learning how to improve their dives (shallow & deep), underwater swimming, treading water, front crawl, backstroke, and kicks. They will also be introduced to butterfly, breaststroke, flip turns, and lap swimming techniques.

Learning Objectives:

- Perform intermediate-level front crawl, back crawl, elementary backstroke, and breaststroke
- Refine efficient and effective strokes
- Tread water for at least 1 minute
- Increase swimming speed and distance ability
- Develop fitness, swimming, and other aquatic goals with the instructor's assistance

Monday – Thursday Teen/Adult Group Lessons

SESSION 3	JUNE 30 - JULY 10 TEEN/ADULT LESSONS: TWO WEEKS FOUR - 30-MINUTE LESSONS MON/WED OR TUE/THU RESIDENT \$56 / NON-RESIDENT \$64				
		6:30PM	7:05PM		
TEEN/ADULT LEVE	EL 1 (MON/WED)	21358	21386		
TEEN/ADULT LEVE	L 2 (TUES/THURS)	21387	21388		
SESSION	JULY 14 - 24				
4	TEEN/ADULT FOUR – 30-MINUTE RESIDENT \$56 / NOI	LESSONS MON/WE			
		6:30PM	7:05PM		
TEEN/ADULT LEVE	L 1 (MON/WED)	21389	21390		
TEEN/ADULT LEVE	L 2 (TUES/THURS)	21391	21392		

FOUR - 30-MINUTE LESSONS I MON/WED OR TUE/THU RESIDENT \$56 / NON-RESIDENT \$64 6:30PM 7:05PM

TEEN/ADULT LEVEL 1 (MON/WED)	21393	21394
TEEN/ADULT LEVEL 2 (TUES/THURS)	21395	21396

Deep Water Exercise (AGES 16+ YEARS)

LOCATION: DEEP END OF MAIN POOL CLASS SIZE: 30 CLASS TIME: 60 MINUTES

Work at your own pace. Beginners to Advanced are welcome! Get a leaner, stronger body while having fun! Our trained instructors will inspire you to move and burn calories, in a quick 60-minute muscle and core building in-water workout.

DEEP WATER EXERCISE | MONDAYS/WEDNESDAYS

SESSION/DATES	COURSE CODE	TIME	FEES
JUNE / JUNE 23, 25, 30	20888	7:45-8:45PM	R \$51/NR \$60
JULY / JULY 2, 7, 9, 14, 16, 21, 23, 28, 30	20889	7:45-8:45PM	R \$153/NR \$180
AUGUST / AUGUST 4, 6, 11, 13, 18, 20	20890	7:45-8:45PM	R \$ 102/NR \$120

NEW 2025 SATURDAY CLASS TIMES

DEEP WATER EXERCISE | SATURDAYS

SESSION/DATES	COURSE CODE	TIME	FEES
JUNE 28, JULY 5, 12, 19, 26	20891	9:45AM-10:45AM	R \$85/NR \$100
JUNE 28, JULI 5, 12, 19, 26	20892	10:45AM-11:45AM	R \$85/NR \$100
	20893	9:45AM-10:45AM	R \$68/NR \$80
AUGUST 2, 9, 16, 23	20894	10:45AM-11:45AM	R \$68/NR \$80



Looking for a FUN, FREE way to cool off?

LEE JOHNSON FIELD 202 3RD STREET, KIRKLAND, WA 98033 JULY 10 – AUGUST 7 THURSDAYS, 11AM – 2PM

Join us this summer at Lee Johnson Field for our annual Sprinkler Park Thursdays! We offer a variety of sprinklers, suitable for all ages, set up for everyone to enjoy! This program is free for all ages and takes place on Thursdays during July and August at Lee Johnson Field at Peter Kirk Park.

Temperatures must be above 70 degrees for Sprinkler Park to be open. Our Facebook page will be updated in the event that sprinkler park is cancelled for the day. Parking is available in the parking garage under the library. All children 10 and under must be supervised by an adult.



LIFEGUARDED SWIMMING BEACHES



Lifeguards are on duty daily from 12pm-6pm, July 1 - September 1. All beaches will have beach rules and lifeguard-on-duty signs will be posted when lifeguards are on duty. All beach rules can be found at kirklandwa.gov/SwimBeach

Beach Bacteria Testing: Beaches are tested weekly by King County Department of Natural Resources and Parks. If a beach tests high for bacteria, the beach's swimming area will be closed, and there will be no lifeguards on duty. For testing information please visit www.kingcounty.gov/SwimBeach

Waterfront Swim Test: Children 12 and under at Houghton, Waverly, and Juanita Beaches are required to pass a waterfront swim test to swim beyond the shallow water buoy line (blue and white buoy line). Due to the nature of our waterfronts, swimmers will have to test daily to ensure they are safe enough to swim in the current lake conditions. Testing is at the discretion of the lifeguard and may ask an individual to retest at any point during the day. If you need a waterfront swim test, please speak with any of the lifeguards on duty in the lifeguard office. Lifejacket Loaner Station: All of our swimming beaches have lifejacket loaner stations at the lifeguard office. If a lifejacket is needed, please speak with any of the lifeguards on duty in the lifeguard office to check out a lifejacket.

Camps and Groups: Groups larger than 15 are encouraged to contact the City of Kirkland 48 hours in advance of an intended visit. Please visit our Swimming Beaches page to fill out a Kirkland Beach Group Notice Form so that staff can be notified of your arrival.

No Lifeguard On-Duty: If there is inclement weather, or the air temperature is under 65 degrees, lifeguards will not report to the beaches.

Swim Zones: Some swim zones may be closed due to low staffing numbers. These zones will be marked closed by the beach lifeguard team.

Lifeguard Olympics: This year's Lifeguard Olympics will be held on Sunday, August 4 at Houghton Beach. Please join us for the afternoon of training and competition. Beaches will be staffed at 3pm due to this all staff training.

HOUGHTON BEACH SWIMMING AREA

5811 Lake Washington Boulevard, Kirkland WA

Houghton Beach Swimming Area has a long pier and a large dock with deep water and shallow water swimming areas.

WAVERLY BEACH SWIMMING AREA

633 Waverly Way, Kirkland, WA

Waverly Beach Swimming Area provides an area completely enclosed by a "U" shaped pier. There are deep water and shallow water swimming areas.

JUANITA BEACH SWIMMING AREA

9703 Ne Juanita Drive, Kirkland, WA

Juanita Beach Swimming Area provides an area completely enclosed by a "U" shaped pier with a sandy beach and a shallow water swimming area.





AquaLeaders Volunteer Program

AGE: 12-14 R \$70/NR \$84 COURSE CODE: 20865

Develop lifeguard and swim instructor skills, while building leadership experience that can be applied to a variety of occupations. AquaLeaders receive training and instruction in facility rules, policies and procedures, water safety and swim lesson instruction. New AquaLeaders will need to attend both training dates to be enrolled in the program. If you attended AquaLeader training since 2022, you would only need to attend the Thursday's Class.

New AquaLeader Training Dates:

Wednesday, June 25, 10am-2pm

Thursday, June 26, 10am-2pm

Returning AquaLeader Training Dates:

Thursday, June 26, 10am-2pm

All volunteers must pass a background check in order to volunteer for this position. AquaLeader shifts are scheduled weekdays in July & August.

The first class will meet at the Peter Kirk Pool.

SAVE THE DATE • SEPTEMBER 6



FRIDAY/SATURDAY/SUNDAY EVENINGS 5:30-8:30PM SUNDAY MORNINGS 10-11:30AM

RENT THE

Reserve the Peter Kirk Pool for your own private swim party. Fees are based on hours of use and include set up and take down. Lifeguards, pool toys, and party deck space included. Rentals must be reserved at least 14 days in advance. Pool Rental season

starts Saturday, June 7, 2025.

RENTAL FEES	1.5 HOURS		3 HOURS		
	UNDER 150 ATTENDEES	OVER 150 ATTENDEES	UNDER 150 ATTENDEES	OVER 150 ATTENDEES	
BOTH POOLS	\$395	\$495	\$595	\$795	
MAIN POOL	\$320	\$420	\$480	\$680	
WADING POOL	\$175	-	\$265	-	

RESERVATION OCCUPANCY:

There is a maximum of 310 people in the facility which includes in-water and on-deck. The Main Pool has a maximum occupancy of 270. The Wading Pool has a maximum capacity of 40. The wading pool is designated for children 6 years of age and under and their guardian 18 years of age and older. Please register the number of members in your party while reserving time. Refunds are given for lightning/thunder or poor air quality during rental period, not for other inclement weather.

RENTAL INFORMATION:

- All pool rules are in effect
- <u>Children 6 and under requires an adult to be in the water with</u>
 <u>them, at all times</u>
- Pool Floats or Inflatables are not allowed, our pool only permits
 Coast Guard approved Lifejackets
- Outside food and drink welcome (no vendors allowed)
- Glass is not permitted in the pool facility
- All swimmers 12 years and younger must be able to pass the swim test to swim in the deep end, or use the diving board of the main pool
- The Peter Kirk Pool offers tables, chairs, deck space, lifeguards, and lifejackets

To reserve the pool please visit kirklandparks.net or call us at 425-587-3333. Full Payment due at the time of reservation.

Pool Rental Registration begins Wednesday, March 26 at 7am for Kirkland Residents, and Thursday, March 27 for Non-Residents