


KIRKLAND TEEN UNION BUILDING (KTUB)



THE KIRKLAND TEEN UNION BUILDING IS COMMITTED TO PROVIDING AN INCLUSIVE, SAFE SPACE FOR TEENS TO FEEL EMPOWERED.

Located in the middle of Peter Kirk Park in downtown Kirkland, KTUB provides year-round recreation programs for teens of middle and high school age in a teen space only. Programs include van trips, health and wellness courses, skill-building workshops, and monthly social events. While some of our programs have fees, we always strive to make rates affordable. If you are in need of financial assistance for recreation programs, apply for a Recreation Scholarship (see page 2). In addition, KTUB has daily, drop-in hours for teens, where they can hang out, study, and/or participate in various free activities.

Youth Eastside Services (YES)



Youth Eastside Services provides on-site counseling for drop-in support and scheduled appointments at KTUB for youth and their families. Services are free and include support for mental health, substance use issues, assistance with life challenges, referral and connection to additional resources as needed.

For more information, contact Katelyn Mullikin, Mental Health Counselor, at 425-517-1380 or Katelyn.Mullikin@youtheastsideservices.org

4 Tomorrow



4 Tomorrow provides support and resources to all, with a focus on marginalized and low-income communities. Services include case management, rental assistance, access to mental healthcare, and small business support. At KTUB, 4 Tomorrow provides art classes, activities, and operates the Recording Studio, where teens work with experts in the field to create their own music and digital media content.

For more information, visit www.4tomorrow.today

ADDRESS:
348 KIRKLAND AVE
KIRKLAND, WA
98033

CONTACT INFORMATION:
425-587-3370
KTUB@KIRKLANDWA.GOV

TEEN DROP-IN HOURS:
MON/TUES/THURS/FRI
2:30-6PM
WEDNESDAY
1-6PM



TEEN DROP-IN HOURS

Each weekday, KTUB offers a wide range of activities during our teen drop-in hours that promote positive socialization, skill building, and mental health and wellness. A detailed activity calendar is posted monthly on our socials and newsletter. Below is a glimpse of activities and offerings KTUB has for teens:



KTUB FREE TRANSPORTATION

The City of Kirkland offers free, one-way transportation from Finn Hill Middle School and Kamiakin Middle School to KTUB throughout the school year. This program connects teens to the free activities and services KTUB provides during our teen drop-in hours.

Note: Transportation is 1-way and teens are expected to have a way to return home. Registration is required.

Activity Code: 22697

RECORDING STUDIO

In partnership with 4 Tomorrow, KTUB offers a free, 8-week program series where teens learn the foundations of music production. The curriculum aims to inspire creativity, develop technical skills, and prepare program participants for further studies or careers in music production.

Activity Code: 21808



Community members are welcome to visit us during our Open House events. Contact us for more information at ktub@kirklandwa.gov



TEEN NIGHTS 2025-2026

**NO COST
EVENTS**

Free snacks & great memories to be made!
Registration is encouraged so we can order the proper amount of food.

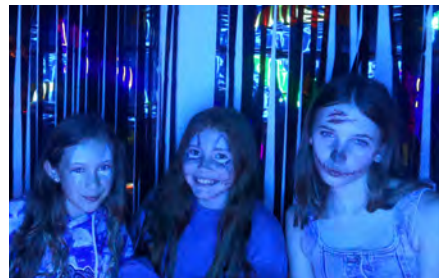
Walk-ins are always welcome.



Kirkland has monthly Teen Nights scheduled throughout the year!
To register, please visit Kirklandparks.net or call 425-587-3370.

TEEN NIGHT EXTRAVAGANZAS

Teen Nights are for Middle School and High School aged participants. Each one is entirely free, with snacks and drinks provided.



Escape Room Edition

Grab your friends and come down for an exhilarating escape room evening. Due to the nature of an Escape Room setting, drop-ins are not guaranteed a space in the activity. There will be board games, snacks, drinks, and music creating a chill space to hang.

AGE:11-18
22597 Fri 9/26 7-9:30pm

Free

LOCATION: KTUB

Zombie Prom

Get ready for the Teen Zombie Prom! Dance the night away, undead style. Professional DJ & make-up artists will be on-site to zombie-fy you for a night of ghoulish glamour and monstrous moves. It's going to be a scream!

AGE:11-18
22653 Fri 10/24 7-9:30pm

Free

LOCATION: KTUB

TEENS-GIVING Feast Edition

Thanksgiving dinner with all of your "family?" YES PLEASE! Come to the Kirkland Teen Union Building for a Teens-giving Feast from 5-8pm. Bring your appetite, and we'll see you at the table!

AGE:11-18
22598 Wed 11/26 5-8pm

Free

LOCATION: KTUB

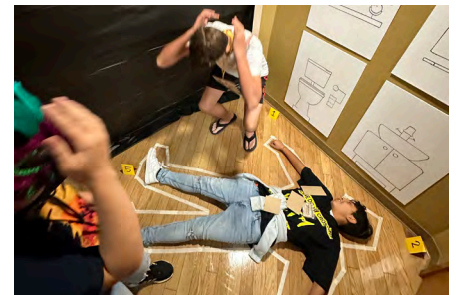
Holiday Movie & Hot Cocoa Edition

Picture this: Movie on the big screen, hot chocolate in your hand sitting next to your friends. Sounds awesome, right?! This could be your reality this December at the Kirkland Teen Union Building.

AGE:11-18
22600 Fri 12/19 7-9:30pm

Free

LOCATION: KTUB



Whodunit Mystery Edition

Grab your handy-dandy notebook and help us solve a Whodunit mystery, at KTUB. This event has main characters as well as "extras," If you register, you will be guaranteed a main character in the whodunit mystery.

AGE:11-18
22599 Fri 1/30 7-9:30pm

Free

LOCATION: KTUB

TEENS TAKEOVER DAY TRIPS

Teens Takeover Day Trips feature some fantastic adventures throughout the fall and winter for ages 13-18. **All trips will include a lunch stop, so bring lunch money or pack your own.** The mini-bus departs from and returns to the Kirkland Teen Union Building (KTUB). If getting to us is challenging, consider taking the city Metro bus. Not only does it drop you off at the Transit Center near the Downtown Library, but teens ride for free! **Registration is required!**



Sunflower U-Pick Farm

Sunflowers & pictures? Yes please!

Join us at Frisky Girl Farm U-Pick fields in North Bend to stock up on beautiful sunflowers - handpicked by you! Not to mention, the photos surrounded by the endless, golden blooms.

22601	Sat	9/27	11am-5pm
R \$71/NR \$86			

Maris' Maize Maze

Maris Farms is like the Disneyland of Farms, with their Corn Maze, Pedal cart track, Candy Cannon, Apple Blasters, Human Foosball, and more! Don't forget to bring extra money for souvenirs.

22606	Sat	10/18	12-5pm
R \$61/NR \$73			

LOCATION: KTUB

Wings Over Washington

Take a ride in a fully immersive VR experience that transports you on an aerial adventure above one of America's most scenic and beautiful states, Washington. You'll feel like you're really flying!

22612	Sat	10/18	12-5pm
R \$83/NR \$100			

Lumen Field Tour

This hour and 15-minute-long tour experience will give you a behind-the-scenes look at one of Seattle's most iconic venues. Football fanatics, soccer supporters, and everyone in between will learn something new about Lumen Field. Stops include the field, visiting locker room, flag deck and press conference room.

22607	Sat	1/24	12-5pm
R \$83/NR \$99			

The Summit & Snowshoe

Teens of Kirkland, take a winter walk through the snowy Central Cascade Mountains and enjoy the beautiful scenery, wildlife, and silence of the forests. The Summit rents snowshoes to make your snow-filled travels easy. Included with your rental is a trail ticket to use on the designated trails.

22614	Sat	1/31	9am-6pm
R \$83/NR \$100			

Underground Seattle Tour

Have ya heard, Seattle has a "whole new world," Underground! Teens Takeover and tour the "Up-side-down," It's the only way to tour the interconnecting tunnels of the world-famous Seattle Underground.

22611	Sat	2/7	12-5pm
R \$83/NR \$100			



AGE:
13-18

Wild-Lanterns @ Woodland Park Zoo

Begin a breathtaking journey through a world of themed lanterns at the Land of Winter Wonders. Witness a magical snow world with glistening ice and picture yourself in one of the world's polar regions.

22615	Sat	2/14	4:30-9:30pm
R \$53/NR \$63			

Leavenworth

We are going to check out the Bavarian town and meet authentic reindeer. Bring your camera and your Winter SPIRIT! Campfires will be warm, but please dress for cold weather as your tour will take place outdoors and Leavenworth can get quite chilly.

22610	Sat	2/28	9am-6pm
R \$83/NR \$100			

Elevated Sportz Indoor Adventure Course

The City of Kirkland Teenagers are taking over Elevated Sportz in Bothell. Trampoline courts, ninja warrior courses, and a laser maze.

22613	Sat	3/21	12-5pm
R \$83/NR \$100			

BRING
LUNCH OR
BRING LUNCH
MONEY

TEEN GENERAL

Affinity Groups Discussion & Logistics

Help shape KTUB's future! Join this meeting to brainstorm exciting new teen affinity groups. Share your passions and ideas to create communities around hobbies, interests, or shared experiences. Let's build a more inclusive and engaging space for all teens at KTUB!

AGE:11-16
22619 Wed 9/24 2-4pm
Free

LOCATION: KTUB



Study Skills Squad

Unlock your academic potential! This workshop equips teens with essential study skills: effective note-taking, time management strategies, and test preparation techniques. Learn to conquer procrastination, boost your memory, and reduce stress for better grades and a more confident approach to school.

AGE:11-18
22618 Tue 9/9-3/31 3:30-5:30pm
Free

LOCATION: KTUB
INSTRUCTOR: CHRIS KOCHER

Prepare for Emergencies NEW

Office of Emergency Management (OEM) empower teens with essential skills for any emergency! This workshop teaches teens how to build a disaster kit, create a family communication plan, and stay safe during various hazards like earthquakes or power outages. Learn practical steps to protect yourself, loved ones, and the community.

AGE:11-18
22616 Wed 9/10 2:30-4:30pm
Free

LOCATION: KTUB
INSTRUCTOR: CARLY PACEKONIS

TEEN ART WORKSHOPS

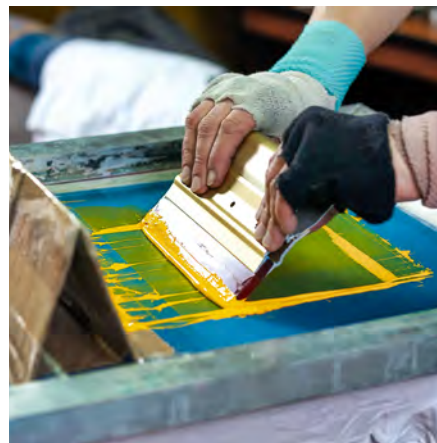
Our Teen Art Workshops offer a safe inclusive place to express your creativity.

Screen Printing Workshop

Screen print your shirts, pants, backpack, and even your socks! Seriously, you can screen print just about anything. Come to this workshop and learn how. Canvas totes will be provided with registration fee.

AGE:11-18
22591 Tue 10/21 6:30-8:30pm
R \$41/NR \$49

LOCATION: KTUB
INSTRUCTOR: JAN MARTINKA



Stitches, Sequins, & Patches

Upcycle your old clothes by adding patches, sequins, stitches or even sewing new fabric patterns onto your old clothes. This workshop was a hit last year, so we are doing it again! Bring some clothes you want to enhance.

AGE:11-18
22592 Thu 11/6 6:30-8:30pm
R \$41/NR \$49

LOCATION: KTUB
INSTRUCTOR: JAN MARTINKA



Crocheting Emotional Support Animals

Just before the holidays, why buy gifts when you can make them with your own hands? We will be making Emotional support animals. Whether you are a novice or an expert, you will leave with a creation that will offer emotional support anytime you/they need it.

AGE:11-18
22593 Fri 11/21 4:30-8:30pm
22594 Fri 2/6 4:30-8:30pm
R \$41/NR \$49

LOCATION: KTUB
INSTRUCTOR: RUTH DUPLESSIE

TEEN SEWING

Whether you're a novice or a sewing aficionado, our sewing classes are the perfect place to create, connect, and craft something epic! Join us for 3 weeks of hands-on experience with sewing machines and expert guidance.



Sewing + Social = "Sewcial"

When you combine sewing with socials... you get a Sewcial! Our Sewcials are all about fun, friends, and crafting in a supportive atmosphere.

AGE:11-18

22624	Mon	9/15-9/29	4:30-8pm
22625	Mon	10/13-10/27	4:30-8pm
22627	Mon	11/3-11/17	4:30-8pm
22628	Mon	1/12-1/26	4:30-8pm
22629	Mon	2/23-3/9	4:30-8pm

R \$89/NR \$106

LOCATION: KTUB

INSTRUCTOR: JAN MARTINKA

FOLLOW US ON SOCIAL



TEEN COOKING @ KTUB

Pumpkin Overload Edition

We have pumpkins overflowing and need your help making memorable dishes.

AGE:11-18

22602 Sat 10/25 12-3pm

R \$41/NR \$49

LOCATION: KTUB

INSTRUCTOR: RUTH DUPLESSIE



Holiday Bake Edition

Cookies, cakes, and breads - oh my! Learn how to make holiday favorites and more from our special recipe book to take home and share with your "family" (the friends and family you chose).

AGE:11-18

22603 Sat 12/13 12-3pm

R \$41/NR \$49

LOCATION: KTUB

INSTRUCTOR: RUTH DUPLESSIE

Meal Prepping for Lunch

Have you ever wanted to meal prep your lunches for the week!?! In this edition of Cooking @ KTUB, you'll learn how to make a week's worth of delicious lunches and take them all home with you.

AGE:11-18

22605 Sat 1/10 12-3pm

R \$41/NR \$49

LOCATION: KTUB

INSTRUCTOR: RUTH DUPLESSIE



COMMUNITY SERVICE OPPORTUNITIES FOR TEENS



Community Service Conversation

Want to make a difference at KTUB? Join this meeting to brainstorm exciting new volunteer opportunities! Whether you're passionate about events, helping with programs, or supporting your community, your ideas can help shape how teens contribute to KTUB and Kirkland.

AGE:11-18

22630	Tue	9/30	5-7pm
22631	Tue	1/27	5-7pm

Free

LOCATION: KTUB

Celebrate World Kindness Day

This is an opportunity for community service hours: World Kindness Day is a chance to make a difference! Small acts of kindness can create huge ripples. Help a friend, compliment someone, and volunteer. Let's spread positivity and make the world a kinder place, one act at a time!

AGE:11-18

22596	Thu	11/13	6:30-8:30pm
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Free

LOCATION: KTUB

Celebrate Random Acts of Kindness Day

Teen opportunity for community service hours: Random Acts of Kindness Day is observed to encourage people to do good deeds for others and to create feelings of kindness and cheer up someone's day. Even the smallest of kind acts can make someone's day better.

AGE:11-18

22595	Tue	2/17	6:30-8:30pm
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Free

LOCATION: KTUB



Sign up to be a City volunteer at

WWW.KIRKLANDWA.GOV/VOLUNTEER



Self Defense for Teen Girls - Moms Optional

This 3-hour class empowers teens to recognize and respond to potentially dangerous situations, including dating violence and personal safety risks. Participants will learn practical skills such as targeting vulnerable areas, breaking free from grabs, and safely exiting threatening encounters. Open to marginalized genders, cis and trans women, as well as non-binary folks and trans men, this class centers the experiences of those affected by misogyny. Mothers are welcome to attend (not required) but must register and pay separately.

AGE:14-19

21978 Sat 2/21 1:45-4:45pm

R \$104/NR \$125

LOCATION: NKCC

INSTRUCTOR: STRATEGIC LIVING, LLC

Teen Traffic Court

Have you or someone you know just been given a traffic ticket by a Kirkland Officer? Do you want it taken off your record? The Kirkland Youth Council, in cooperation with Kirkland Municipal Court, runs the monthly Teen Traffic Court (TTC) program. TTC offers Kirkland teens the opportunity to have moving violations heard in front of a judge and jury of their peers. Teens that have been issued a notice of infraction by jurisdictions served by Kirkland Municipal Court (Clyde Hill, Hunts Point, Yarrow Point, Woodinville, and Kirkland) are eligible for the program. Once the assigned penalty has been completed, the ticket is removed from the person's driving record.

To sign up for TTC, eligible students must file a request in person at the Kirkland Municipal Court (11740 NE 118th Street). Teens must complete a registration form and provide student ID at the Court. For questions, please call the Kirkland Municipal Court, 425-587-3160 or Kirkland Youth Services, 425-587-3323.



ADDITIONAL SELF-DEFENSE CLASSES

See page 8, 37



KIRKLAND YOUTH COUNCIL IS LOOKING FOR NEW MEMBERS!
OPEN TO ALL KIRKLAND YOUTH IN GRADES 6-12.



Learn more and apply online: www.kirklandwa.gov/youthcouncil
Applications due September 26, 2025.