

## YOUTH GENERAL PROGRAMS

### Cooking with Karen

Your child will practice creativity and culinary skills while learning kitchen safety and developing healthy eating habits. Plan, prep, and prepare for a gastronomic good time!

This class is not a parent/child class, it is for children only.

#### AGE:5-7

22195	Wed	9/10-10/1	2-3pm
22197	Wed	10/8-10/29	2-3pm
22199	Wed	11/5-11/26	2-3pm
22201	Wed	2/4-2/25	2-3pm
22203	Wed	3/4-3/25	2-3pm
22205	Wed	4/1-4/29	2-3pm

R \$60/NR \$72

#### AGE:8-10

22196	Wed	9/10-10/1	3:30-4:30pm
22198	Wed	10/8-10/29	3:30-4:30pm
22200	Wed	11/5-11/26	3:30-4:30pm
22202	Wed	2/4-2/25	3:30-4:30pm
22204	Wed	3/4-3/25	3:30-4:30pm
22206	Wed	4/1-4/29	3:30-4:30pm

R \$60/NR \$72

LOCATION: MCAULIFFE PARK

INSTRUCTOR: KAREN RENFROE-GIELGENS



### Ice Skating

We introduce the thrill and athletic challenge of ice skating in a fun and safe learning environment. Whether your interest is figure skating or hockey, we provide a structured system for children and adults to learn the fundamentals of skating.

#### AGE:4+

22044	Tue	9/9-12/2	10:45-11:45am
22389	Tue	1/6-3/24	10:45-11:45am

R \$480/NR \$576

22045	Wed	9/10-12/3	6:05-6:50pm
22390	Wed	1/7-3/25	6:05-6:50pm

R \$480/NR \$576

LOCATION: SNO KING ICE ARENA

INSTRUCTOR: SNO KING ICE ARENA



### Bully Proof Martial Arts Program

Teach kids to stand up for themselves! Korbett Miller's class combines martial arts and verbal skills to build confidence and address bullying—physical, verbal, or online. Students learn when and how to set boundaries. "I'm giving them courage—and permission—to be loud," says Miller.

#### AGE:7-12

22111	Sat	9/20	1-2pm
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R \$30/NR \$36

LOCATION: NKCC

INSTRUCTOR: MILLER MARTIAL ARTS

### Capoeira

This exciting Brazilian martial art incorporates music and dance with a physical and mental discipline so that participants develop self-confidence and coordination. (No class 9/17, 10/1, 11/24, 11/26, 1/19, 2/16)

#### AGE:7-ADULT

21957	Mon, Wed	9/3-10/6	6:15-7:15pm
21958	Mon, Wed	10/8-11/3	6:15-7:15pm
21959	Mon, Wed	11/5-12/8	6:15-7:15pm
21960	Mon, Wed	1/5-2/2	6:15-7:15pm
21961	Mon, Wed	2/4-3/4	6:15-7:15pm
21962	Mon, Wed	3/9-4/1	6:15-7:15pm

R \$140/NR \$168

LOCATION: PKCC

INSTRUCTOR: COTY VALDEZ

### CAPOEIRA AGES 4-6

See page 12

### Spanish Bilingüitos

Join us for an exciting 8-week Spanish immersion journey with Bilingüitos, designed especially for children ages 3 to 10 years old! Our interactive classes use music, movement, stories, and play-based activities to make learning Spanish fun and engaging.

#### LEVEL 1

##### AGE:3-10

22587	Mon	9/8-10/27	5:30-6:30pm
22588	Mon	11/3-12/22	5:30-6:30pm

R \$160/NR \$192



#### LEVEL 2

Double the fun in our second level of Spanish with Bilingüitos!

We'll sing, play, and have fun while learning Español. This Level 2 class focuses on expanding vocabulary and encouraging children to express themselves in Spanish.

Join us for this fun and interactive experience designed especially for children ages 5 to 10!

##### AGE:5-10

22589	Mon	9/8-10/27	6:45-7:45pm
22590	Mon	11/3-12/22	6:45-7:45pm

R \$160/NR \$192

LOCATION: NKCC

INSTRUCTOR: SOMOS BILINGÜITOS

## YOUTH ART

### Mixed Media After School Art

Join us this Fall and Winter for creative mixed media fun! Young artists (grades 3–5) will explore painting with acrylics, crafting with air-dry clay, and using various materials to create meaningful art. Perfect for beginners and returning students—packed with creativity, hands-on projects, and tons of fun! (No class 11/27, 2/12 and 2/19)

AGE: 8-11

22335	Thu	10/9-12/4	5-6pm
22336	Thu	1/15-3/19	5-6pm

R \$280/NR \$336

LOCATION: NKCC

INSTRUCTOR: JUST BEYOND THE CANVAS



### After School Drama Club Fall

Each week, students will explore the basics of drama while participating in a wide range of creative activities, including speech, dramatic movement, improvisation, and scene work. The fall session will conclude with a fun Parent-to-Drama class, where kiddos get to be the experts, leading their parents in some “dramatic” activities! (No class 11/26)

AGE: 6-11

22487	Wed	9/17-12/10	4:20-5:20pm
R \$378/NR \$454			

LOCATION: NKCC

INSTRUCTOR: DRAMA KIDS INTERNATIONAL

### After School Drama Club Winter

This second session of Drama Club builds upon the fall and offers fun weekly activities like speech, movement, improv, and scene work. The session ends with a Parent-to-Drama class where kids lead the fun! Great for building confidence and creativity. (No class 2/11)

AGE: 6-11

22488	Wed	1/7-4/1	4:20-5:20pm
R \$378/NR \$454			

LOCATION: NKCC

INSTRUCTOR: DRAMA KIDS INTERNATIONAL



## YOUTH MUSIC

### Crescendo Kids Piano Classes by Move Over Mozart

Crescendo Kids Classes by Move Over Mozart. Piano classes designed specifically to meet your child’s development and learning styles. Classes include basic music theory, one-on-one piano time, and games or activities all designed to teach and motivate your child to play their best on the piano keyboard. Piano at home is not required but is recommended. New material each session. One-time materials fee of \$20 due to the teacher on the first day of class. (No class 11/11, 11/27) 2/17 & 2/19 will be optional snow make-up days if needed.

AGE: 7-10

22215	Tue	9/16-12/9	6:30-7pm
22216	Thu	9/18-12/11	5:20-5:50pm
22217	Thu	9/18-12/11	7:05-7:35pm

R \$216/NR \$259

22226	Tue	1/13-3/31	6:30-7pm
22227	Thu	1/15-4/2	5:20-5:50pm
22228	Thu	1/15-4/2	7:05-7:25pm

R \$198/NR \$238

LOCATION: NKCC

INSTRUCTOR: PAMELA CORNELL

### PRE-SCHOOL PIANO CLASSES

See page 14



## ANNUAL KIRKLAND COSTUME SWAP

**OCTOBER 11TH FROM 10AM TO 12PM**  
**KIRKLAND CITY HALL (123 5TH AVE)**

Trade old costumes for new-to-you costumes!

October 6-10: Donate costumes, masks, and accessories at North Kirkland Community Center or City Hall.  
 More info at [kirklandwa.gov/CostumeSwap](http://kirklandwa.gov/CostumeSwap)



## YOUTH MOVEMENT & GYMNASTICS

### La Luna Rhythmic Gymnastics Academy

La Luna Rhythmic Gymnastics Academy, established in 2007, has trained over 10,000 participants and produced consistent state and regional champions. Their mission is to share the beauty of rhythmic gymnastics through dance, ballet, and exercise, promoting healthy minds and bodies. All coaches are experienced and USAG Safety certified.



### Beginners Ballet and Rhythmic Gymnastics

Introductory rhythmic gymnastics for young beginners. Students learn ballet basics, posture, and apparatus handling (hoop, ball, ribbon, rope, clubs) through music and movement. The class builds strength, flexibility, coordination, and creativity. (No class 11/22, 11/29)

#### AGE:4-5

22583	Sat	9/6-12/13	11-11:45am
R \$325/NR \$390			
22584	Sat	1/10-3/28	11-11:45am
R \$300/NR \$360			

LOCATION: LA LUNA GYM  
INSTRUCTOR: LA LUNA GYM

### Rhythmic Gymnastics & Dance Performance Team

This class is designed for older beginners in rhythmic gymnastics and dance. No experience needed. Students learn ballet basics, apparatus handling, and choreography Showcase performances for parents will be held on December 13 and a March 25, and an optional May date. Taught by expert coaches, the class builds strength, flexibility, coordination, and performance skills.

#### AGE:7-12

22581	Wed	9/10-12/10	6-7:30pm
R \$390/NR \$468			
22582	Wed	1/7-3/25	6-7:30pm
R \$360/NR \$432			

LOCATION: LA LUNA GYM  
INSTRUCTOR: LA LUNA GYM

### Dream Team Cheer Squad

Be a part of the Kirkland Parks cheer squad! You'll learn dances, cheers, and beginning tumbling. There will be opportunities to perform at the Seattle Storm and UW! Previous experience not required. (Some extra costs may be incurred for this class.) Class continues throughout the school year. (No class 11/27)

#### AGE:7-15

22308	Thu	9/18-10/23	6-7:30pm
22310	Thu	1/8-2/12	6-7:30pm
R \$149/NR \$179			
22309	Thu	10/30-12/18	6-7:30pm
22311	Thu	2/26-4/9	6-7:30pm
R \$174/NR \$209			
22312	Thu	4/23-6/11	6-7:30pm
R \$199/NR \$239			

LOCATION: NKCC  
INSTRUCTOR: EASTSIDE DREAM ELITE

ASK US  
ABOUT OUR  
SCHOLARSHIP  
PROGRAM  
See page 2



### Cheerleading Stunt & Tumble

Learn to stunt! This is a beginning-level class for those who want to learn how to stunt and tumble in cheerleading. This is a nonperforming class. Concurrent registration in Dream Team is required to participate in this class. Class continues throughout the school year. (No class 11/27)

#### AGE:7-18

22313	Thu	9/18-10/23	7:30-8:30pm
22315	Thu	1/8-2/12	7:30-8:30pm
R \$108/NR \$130			
22314	Thu	10/30-12/18	7:30-8:30pm
22316	Thu	2/26-4/9	7:30-8:30pm
R \$126/NR \$151			
22317	Thu	4/2-6/11	7:30-8:30pm
R \$144/NR \$174			

LOCATION: NKCC  
INSTRUCTOR: EASTSIDE DREAM ELITE

### Elementary Tumbling

Coordination is the basis for any sport and dance genre, but also for something as simple as running! Work on coordination with Miss Janice's help on the beam, bar, and springboard, but also learn handstands and cartwheels. This class for the older elementary student and is perfect for beginners and those with some tumbling experience.

**No dresses.** (No class 10/22, 10/25, 11/26, 11/29, 2/18, 2/21)

#### AGE:7-10

22428	Wed	9/10-12/10	4:40-5:40pm
22465	Wed	1/7-4/1	4:40-5:40pm
22466	Sat	1/10-4/4	11:35am-12:35pm
R \$144/NR \$173			
22429	Sat	9/20-12/13	11:35am-12:35pm
R \$132/NR \$158			

LOCATION: NKCC  
INSTRUCTOR: JANICE GOEBEL





## Kendo

Come join us to learn the ancient Japanese art of sword fighting! Kendo is a coed martial arts sport based on Samurai traditions requiring both mental and physical discipline.

### BEGINNERS KENDO

Beginning classes focus on fundamentals, starting with proper etiquette, footwork, and sword handling. Please wear comfortable exercise clothes, and please note that kendo is practiced barefoot. Additional equipment fee of \$60 is required for a wooden practice sword (bokken) and a bamboo practice sword (shinai). Optional sword bags will also be available for an additional \$10.

AGE: 8+

22367	Wed	9/24-12/10	6-7:30pm
R \$132/NR \$156			
22370	Wed	1/7-3/11	6-7:30pm
R \$120/NR \$144			

LOCATION: FINN HILL MIDDLE SCHOOL GYM  
INSTRUCTOR: JULIE CHEN

### INTERMEDIATE/ADVANCED KENDO

This class is for intermediate and advanced kendo students. Intermediate students are those who have completed the Beginner's class and wish to further improve their skills and transition to wearing armor in the future. Intermediate students will be asked to purchase uniforms, details shared in class. Advance students are those who are in armor.

AGE: 8+

22366	Wed	9/24-12/10	6:30-8:30pm
R \$144/NR \$160			
22371	Wed	1/7-3/11	6:30-8:30pm
R \$130/NR \$156			

LOCATION: FINN HILL MIDDLE SCHOOL GYM  
INSTRUCTOR: JULIE CHEN



# Peter Kirk After School Camp

**M/T/TH/F:  
3:30-6PM  
W: 2:00-6PM**

**PETER KIRK  
COMMUNITY CENTER  
GRADES K-5**

**CAMP FEE PER MONTH:  
R \$353 /NR \$424**

**TRANSPORTATION FEE PER  
MONTH: R \$132 /NR \$158**

The Peter Kirk Community Center After School Camp is a quality after school experience for children in grades K-5. Our staff offer a unique blend of recreational and educational activities in a relaxed, fun and safe environment.

Transportation must be registered for separately and is from Peter Kirk Elementary School only.



## YOUTH DANCE

### Hip Hop Kids

This class encourages athleticism, self-expression, confidence, and a feeling of accomplishment. All genders are welcome in this class, including non-binary youth. (No class 11/26)

AGE:5-7

22383	Wed	9/10-10/15	4:15-5pm
22384	Wed	10/29-12/10	4:15-5pm

R \$72/NR \$86

LOCATION: NKCC

INSTRUCTOR: TBA

### Hip Hop Youth I

Bust a move in this fun, high energy, street dance style class taught to clean versions of fast paced Hip Hop music. (No class 11/26)

AGE:7-11

22385	Wed	9/10-10/15	5:05-5:50pm
22386	Wed	10/29-12/10	5:05-5:50pm

R \$72/NR \$86

LOCATION: NKCC

INSTRUCTOR: TBA

### Destination Drama Fall Workshop

A gentle introduction to drama through fun, structured activities that build imagination, voice, and movement—no pressure to perform. Students grow in confidence and collaboration while having fun. Perfect for beginners looking to explore creative expression. No class 11/26

AGE:5-8

22484	Wed	9/17-12/10	3:15-4:05pm
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R \$322/NR \$386

LOCATION: NKCC

INSTRUCTOR: DRAMA KIDS INTERNATIONAL

### Destination Drama Winter Workshop

Continue the fun into winter with all new activities! This second session of Destination Drama continues to build upon drama, verbal, and social skills through playful sessions. A great next step for kids not yet ready to perform. Parents join the final class for interactive games. A continuation with fresh fun. (No class 2/11)

22485	Wed	2/25-4/1	3:15-4:05pm
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R \$322/NR \$386

LOCATION: NKCC

INSTRUCTOR: DRAMA KIDS INTERNATIONAL

### Ballet 1 Youth

Ballet vocabulary, alignment, posture, strength, and fluidity will be the focus through barre exercises, floor and center work. Parents invited to watch day on the last day of class. Leather-soled ballet shoes required. Prerequisite for 5 years: Preschool Dance B or equivalent experience. (No class 11/29)

AGE:5-7

22568	Sat	9/13-12/13	10:45-11:30am
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R \$124/NR \$149

22570	Sat	1/17-4/4	10:45-11:30am
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R \$115/NR \$138

LOCATION: NKCC

INSTRUCTOR: ULIANA CLAROS



### PRESCHOOL DANCE

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ASK US  
ABOUT OUR  
SCHOLARSHIP  
PROGRAM  
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## SKYHAWKS AFTER SCHOOL SKILLS ACADEMIES

This fun, skill-intensive program is designed for beginning to intermediate players. Using our progression-based curriculum, we focus on the whole player - teaching sportsmanship and teamwork. Youth will learn the fundamentals of passing, shooting, ball handling, rebounding and defense through skill-based instruction and small-sided scrimmages.



### Basketball

Program is held in the outdoor covered basketball area.

AGE:5-8

22677 Wed 9/24-10/29 4:25 -5:10pm

AGE:9-12

22678 Wed 9/24-10/29 5:15-6pm

R \$89/NR \$107

LOCATION: PETER KIRK ELEMENTARY  
INSTRUCTOR: SKYHAWKS

### Tennis

AGE:4-7

22234 Thu 9/25-10/30 4:15-5pm

AGE:8-12

22703 Thu 9/25-10/30 5:10-5:55pm

R \$89/NR \$107

LOCATION: JUANITA BEACH TENNIS COURTS  
INSTRUCTOR: SKYHAWKS



### Pickleball

AGE:4-7

22706 Tue 11/18-12/16 4-4:45pm

AGE:8-12

22707 Tue 11/18-12/16 4:50-5:35pm

R \$89/NR \$107

LOCATION: NKCC  
INSTRUCTOR: SKYHAWKS



### Soccer

AGE:5-8

22233 Thu 9/23-10/28 4:15-5pm

R \$89/NR \$107

AGE:9-12

22702 Thu 9/23-10/28 5:10pm-5:55pm

R \$89/NR \$107

LOCATION: TERRACE PARK  
INSTRUCTOR: SKYHAWKS



# Youth BASKETBALL LEAGUE

Grades  
3rd-6th

The City of Kirkland's Youth Basketball League is all about fun, supportive environment where kids learn teamwork, sportsmanship, and basketball fundamentals. Players build skills, understand game rules, and enjoy a season guided by certified officials, creating a positive experience for all.

BOYS LEAGUE		GIRLS LEAGUE	
21905	3rd Grade Boys	21902	3rd Grade Girls
21906	4th Grade Boys	21903	4th Grade Girls
21907	5th Grade Boys	21904	5th & 6th Grade Girls
21908	6th Grade Boys		

Our league is inclusive and welcomes all gender identities and expressions. Please register according to your child's grade level, preferred gender league, and nearest Lake Washington School District (LWSD) Elementary School.

Teams are formed based on grade, gender, and school location, with a target of 10 players per team. If more than 10 players register from one school, teams are created in registration order (e.g., the first 8–10 form the first team, the next group forms another). We aim to keep teams balanced using additional factors such as registration numbers, school locations, and additional considerations. If there aren't enough players at one school, teams may be combined with nearby schools. 5th and 6th Grade Boys Leagues may be combined if enrollment numbers are low.

Buddy and Coach requests will be taken into consideration. Team formation prioritizes player's school location. We will make every effort to honor buddy and coach requests but cannot guarantee them due to team balancing factors. Teams are finalized once registration closes.

Teams get up to 2 hours of practice each week, usually split into 1 or 2 practices on weekday evenings between 5–9 PM. Practice schedules are determined based on grade level, coach availability, and school facility availability. No practices happen during LWSD breaks or when schools are closed.

Our coaches meeting will be held on the evening of Wednesday, November 19th, marking the start of the season. Afterward, coaches will receive rosters and contact players with team details, practice times, and locations. **Practices will begin the week of December 1st.**

**Games will begin on Saturday, January 10, 2026.** Each team will play an average of 7-8 games during the season. Games are held on Saturdays between 8 AM and 5 PM. \*Please note, there will be no games on Saturday, February 14th, due to the LWSD Mid-Winter Break. In case of inclement weather or unexpected cancellations, we have one make-up date available.

Registration Closes: November 4th

FEE: \$160 R / \$192 NR

To register please visit:  
[kirklandparks.net](https://kirklandparks.net) or call 425.587.3336



AGES  
8-12

## VOLUNTEER COACHES NEEDED!

The success of the Youth Basketball program depends on the dedication of our volunteer coaches who help create a positive and rewarding experience for local youth. Having a co-coach is a great way to share the fun and support the team during practices and games. Interested in coaching or know someone who is?

Head over to  
[kirklandwa.gov/volunteer](https://kirklandwa.gov/volunteer)  
to get started!

## WE'RE HIRING! JOIN OUR YOUTH SPORTS TEAM

Love sports and need a Winter Job? Looking for an opportunity to gain experience in recreation, sports management, or youth programming? We're hiring Youth Sports Facility Leads for our basketball season!

Must be 18 or older | Saturdays 8 AM – 5 PM

January–March

Pay: \$18.68–\$22.31 per hour DOE

Apply now at  
[kirklandwa.gov/ParksJobs](https://kirklandwa.gov/ParksJobs)  
or call 425-587-3334  
for more info.

## SPECIALIZED RECREATION

### Inclusive Technology Computer Lab

Work on different projects which may include coding, moviemaking and graphic design! Work in a small group environment (typically 3 students) to create projects you're proud of. Students can join at any point in the session, respite funds are accepted for this class, cash paying students are welcome to pay the same rate of \$25/hr.

AGE:8+

22621 Thu 9/11-11/20 6-7pm  
Free

LOCATION: NKCC

INSTRUCTOR: INCLUSIVE TECHNOLOGY



### Inclusive Technology Life Skills

Life Skill classes are driven by student goals. We use a combination of moviemaking, coding and Microsoft Office to help guide students to their goals! Students work on social skills through group work or boost their confidence by making presentations about their goals, strengths and values, showcasing their inner world. Have a new computer? We can help students get used to their technology and learn about internet safety. Students can join at any point in the session. Most students who qualify for DDA can receive life skills classes at no out of pocket cost! Cash paying students are welcome at a rate of \$70/hr for one on one sessions and \$40/hr for small group classes.

AGE:8+

22620 Thu 9/11-11/20 2:30-6pm  
LOCATION: NKCC  
INSTRUCTOR: INCLUSIVE TECHNOLOGY

## FRIENDSHIP Adventures

Friendship Adventures is dedicated to enriching the lives of people with developmental disabilities through recreational, educational and leisure opportunities. NOTE: At this time staff is unable to provide attendant care (toileting, feeding, giving medication, or provide one-on-one behavior management care). Attendants can participate in our programs free of charge when assisting participants who need one-on-one assistance.



AGE:18+ LOCATION: NKCC

Preregister online at [www.friendshipadventures.org/events](http://www.friendshipadventures.org/events) or by contacting Maureen.

### Friendship Adventures BINGO

Sunday • October 5 • 2-4pm  
Sunday • March 8 • 2-4pm

Bring your friends and family and come for an afternoon of fun and prizes! Access drop-off time 2pm, pick-up window from 3:45-4:15pm. Snacks and Beverages provided.



### Halloween Spooktacular Dance

Saturday • November 1 • 5:30-8pm

Come in costume for an evening of fun! Dinner, beverages, great music (by DJ Gaylen), dancing and photos! Access drop-off time 5:30pm, access pick up window 8-8:30pm.

### Sweetheart Dance

Sunday • February 14 • 5:30-8pm

Come for an evening of dancing and socializing with your friends. This event is sweet! Snack and beverages will be provided.



Questions? Contact

maureen@  
[friendshipadventures.org](http://friendshipadventures.org)

No charge for family,  
volunteers, and caregivers.

