

ARTS & CRAFTS

Watercolor Painting

Enjoy step-by-step painting instruction, perfect for both beginners and experienced artists. Learn techniques for successful paintings while receiving individual guidance. Using photo references provided by the instructor, you'll explore subjects like still life, florals, landscapes, seascapes, and animals. Grow your skills in a supportive, creative environment.

AGE:18+

25210	Tue	9/8-9/29	6-9pm
25211	Tue	10/6-10/27	6-9pm
25212	Tue	11/3-11/24	6-9pm
25213	Tue	12/1-12/22	6-9pm
25214	Tue	1/5-1/26	6-9pm
25215	Tue	2/2-2/23	6-9pm
25216	Tue	3/2-3/23	6-9pm

R \$65/NR \$78

LOCATION: PKCC

INSTRUCTOR: JEAN PRATT-BEUOY



Oil Painting the Easy Way

Paint along as Jean demonstrates the entire painting and provides individual assistance. Your own style will emerge as you paint many subjects from still life to landscapes to florals. You will quickly learn composition, color mixing, brush use, establishing depth and more. This class offers something for all levels. (No class 11/26, 12/24, 12/31)

AGE:18+

25217	Thu	9/10-10/1	6-9pm
25218	Thu	10/8-10/29	6-9pm
25219	Thu	11/5-12/3	6-9pm
25220	Thu	12/10-1/14	6-9pm
25221	Thu	1/21-2/11	6-9pm
25222	Thu	2/18-3/11	6-9pm

R \$65/NR \$78

25223	Thu	3/18-3/25	6-9pm
-------	-----	-----------	-------

R \$33/NR \$39

LOCATION: PKCC

INSTRUCTOR: JEAN PRATT-BEUOY



**MORE ADULT
EXERCISE CLASSES!**

See page 50

REAL ESTATE

Home Sellers Workshop

Learn how to get top dollar for your home. Topics include pricing, marketing, the pros and cons of "For sale by Owner" and the costs involved including commissions, taxes, title and escrow.

AGE:18+

25224	Wed	1/13	6:30-8:30pm
-------	-----	------	-------------

R \$12/NR \$14

LOCATION: PKCC

INSTRUCTOR: KIM PRATER



Home Loan Workshop

Get expert guidance on refinancing or purchasing your first (or third) home. A Senior Mortgage Specialist and Real Estate Professional will walk you through the process, covering topics like home inspections, appraisals, title, escrow, and closing costs. Learn how to structure the best loan and save money!

AGE:18+

25225	Wed	2/17	6:30-8:30pm
-------	-----	------	-------------

R \$12/NR \$14

LOCATION: PKCC

INSTRUCTOR: KIM PRATER

REVERSE MORTGAGE CLASSES

See page 51

SPECIAL INTEREST

Beginning Guitar Turbo Charge

This fast-paced course covers all the basics - from tuning and strumming, all the way up to common chord progressions. Learn major, minor and 7th chords, basic rhythms and beginning theory. Good for acoustic styles. Bring your own guitar. If you are bringing an electric guitar no amp is necessary.

AGE:15+

24712	Wed	9/16-11/4	7-8pm
24713	Wed	1/13-3/3	7-8pm

R \$120/NR \$144

LOCATION: NKCC

INSTRUCTOR: SCOTT LAWSON

Voice Overs - Now is your time!

This class will show you how you can actually begin using your voice for commercials, films, audiobooks, and more. Learn unique, outside the box ways to break into this creative, fulfilling, and potentially lucrative industry.

AGE:18+

24902	Tue	10/13	6-8pm
25368	Mon	3/1	6-8pm

R \$30/NR \$36

LOCATION: NKCC

INSTRUCTOR: LISA FOSTER



Candlelit Sound Bath

Join us for a rejuvenating sound bath experience, where soothing vibrations promote relaxation and inner peace. Please bring a mat, blanket, pillow, and water – dress comfortably. **Please arrive before 6:30PM to find parking and get settled. No late entries permitted.**

AGE:18+

24947	Tue	10/13	6:30-7:30pm
24948	Tue	11/10	6:30-7:30pm
24949	Tue	12/8	6:30-7:30pm
24950	Tue	1/12	6:30-7:30pm
24951	Tue	2/9	6:30-7:30pm
24952	Tue	3/9	6:30-7:30pm

R \$40/NR \$48

LOCATION: HERITAGE HALL

INSTRUCTOR: SAVANNAH POWERS

Self Defense Essentials

Recognize when someone means harm, using your voice and body language to thwart an assault, simple yet effective moves to neutralize an attacker, and dealing with emotional stress. Practice strikes and learn about setting boundaries.

AGE:18+

25109	Sat	2/6	1:30-4:30pm
-------	-----	-----	-------------

R \$104/NR \$125

LOCATION: NKCC

INSTRUCTOR: STRATEGIC LIVING

Intro to Fencing

Learn a new sport and the basics of fencing technique, competition and recreation. Hone your focusing skills and increase your fitness level.

AGE:18+

24907	Wed	9/14-10/26	7-8pm
24909	Wed	11/16-12/28	7-8pm

R \$260/NR \$312

24921	Mon	1/11-2/22	7-8pm
24925	Mon	3/1-4/5	7-8pm

R \$225/NR \$270

LOCATION: KAIZEN ACADEMY

INSTRUCTOR: KAIZEN ACADEMY



CAPOEIRA

See page 22

ASK US
ABOUT OUR
SCHOLARSHIP
PROGRAM
See page 7

ADULT DANCE

Ballet Basics



Always wanted to try ballet? It's never too late! This welcoming class is designed for adult beginners of all ages. Learn basic ballet technique while building strength, balance, and confidence in a fun, supportive environment. No experience needed. Please have a straight-back chair (dining or folding) and enough space to move comfortably. **This class will be offered via Zoom, the instructor will email a Zoom invitation link to registered participants before the first day of class.** (No class 12/21, 12/28, 1/18, 2/15)

AGE:18+

25179	Mon	9/14-10/19	7-8pm
25180	Mon	10/26-11/30	7-8pm
25182	Mon	12/7-2/1	7-8pm
25183	Mon	2/8-3/22	7-8pm

\$54

LOCATION: ZOOM (VIRTUAL)

INSTRUCTOR: MARCO CARRABBA



Ballet Open Level



Take your ballet training further in this technique-focused class for dancers with prior experience. Build strength, improve movement quality, and refine skills through targeted exercises and combinations. A great supplement to Basic or Intermediate classes. Please have a straight-back chair and adequate space to dance. **This class will be offered via Zoom, the instructor will email a Zoom invitation link to registered participants before the first day of class.** (No class 11/11, 11/25, 12/23, 12/30)

BALLET OPEN LEVEL VIRTUAL

AGE:18+

25187	Wed	9/9-10/14	7-8pm
25189	Wed	10/21-12/9	7-8pm
25191	Wed	12/16-2/3	7-8pm
25192	Wed	2/10-3/17	7-8pm

\$54

25209	Wed	3/24-3/31	7-8pm
-------	-----	-----------	-------

\$18

LOCATION: ZOOM (VIRTUAL)

INSTRUCTOR: MARCO CARRABBA

Adult Tap

Discover tap dance joy while building skills, fitness, and rhythm. Tap or character shoes required. (No class 9/22, 9/23, 11/24, 11/25, 2/9, 2/10)

TAP 1

AGE:16+

25005	Wed	9/16-12/2	6:30-7:30pm
25065	Wed	1/13-3/24	6:30-7:30pm

R \$140/NR \$168

INSTRUCTOR: BECKY LESLIE

LOCATION: NKCC

TAP 2

AGE:16+

25004	Tue	9/15-12/1	6:30-7:30pm
25066	Tue	1/12-3/23	6:30-7:30pm

R \$140/NR \$168

LOCATION: NKCC

INSTRUCTOR: DEBBY SCHAEPERKOETTER





PARTNER DANCING

Please note: Each participant must be individually registered. The registration fee is per person, not per couple.

Ballroom

It's time to learn to dance. Easy basics in Fox Trot, Waltz and Swing with emphasis on lead/follow skills. Everything you need for a night out dancing.

AGE:16+

25029	Thu	9/17-10/15	7-8pm
25083	Thu	1/14-2/11	7-8pm

R \$75/NR \$90

LOCATION: PKCC
INSTRUCTOR: CHARLES ENGLAND

West Coast Swing

The coolest, smoothest and most playful form of swing on the planet! West Coast Swing can be danced to all types of music, from Blues, Jazz and R & B to Top 40 pop of all eras.

AGE:16+

25030	Thu	9/17-10/15	8-9pm
25084	Thu	1/14-2/11	8-9pm

R \$75/NR \$90

LOCATION: PKCC
INSTRUCTOR: CHARLES ENGLAND

East Coast Swing

The All-American Swing Dance! Dance to Big Band Swing, Rock 'n Roll and more. Both single and triple rhythm styles will be taught in this fun and easy class.

AGE:16+

25031	Thu	10/22-11/19	7-8pm
25085	Thu	2/25-3/25	7-8pm

R \$75/NR \$90

LOCATION: PKCC
INSTRUCTOR: CHARLES ENGLAND

Salsa

Hot! Hot! Hot! Solid basic steps and turns in Salsa and Merengue. Dance the night away!

AGE:16+

25032	Thu	10/22-11/19	8-9pm
25086	Thu	2/25-3/25	8-9pm

R \$75/NR \$90

LOCATION: PKCC
INSTRUCTOR: CHARLES ENGLAND

ADULT HULA DANCE

Walk in-Hula out! Come and join us in learning the Hula. Effective for mind and body. Great for balance, stability, and memory. Taught by Makanaokalani, a certified instructor with 15 years' experience and a graduate of Hilo's Uncle George Naope tradition.

Pikaki Beginning and Intermediate Hula

Learn the basic steps and hand motions for those who are new to Hula; and, for those who are wanting to improve existing skills. Emphasis is on the basic movement of the Hula in an easy friendly environment, as we continue on to more difficult Hulas, both Kahiko (ancient) and 'Auana (modern). Culture and language will be taught as it pertains to the dance being learned.

AGE:16+

25069	Sun	9/13-11/15	12-1pm
-------	-----	------------	--------

R \$120/NR \$144

LOCATION: NKCC
INSTRUCTOR: MAKANAOKALANI

'Ilima Advanced Hula

The 'Ilima class is designed for dancers with a more extensive background in Hula Kahiko, 'Auana, use of implements, and some performance experience.

AGE:16+

25068	Sun	9/13-11/15	11am-12pm
-------	-----	------------	-----------

R \$120/NR \$144

LOCATION: NKCC
INSTRUCTOR: MAKANAOKALANI

LINE DANCING

See page 50

ADULT FITNESS

**Adult Barre - Barre:
Yoga/Pilates/Dance**

This is a 50-minute dance/Pilates/yoga inspired class that will use weights, barres, mats, balls and bands to offer a full body, yet low impact workout in a fun format for all ages and stages. (No class 1/18, 2/15)

AGE:18+

24640	Mon	9/14-10/26	5:30-6:20pm
24642	Mon	11/2-12/14	5:30-6:20pm
R \$77/NR \$93			
24645	Mon	1/11-2/22	5:30-6:20pm
R \$55/NR \$66			
24646	Mon	3/1-4/5	5:30-6:20pm
R \$66/NR \$79			

LOCATION: NKCC

INSTRUCTOR: STEPHANIE LADUKE

Advanced Barre

This faster-paced dance/Pilates/yoga inspired class incorporates weights, barres, mats, balls, and bands to offer a full body, yet low impact workout in a fun format for all ages and stages. (No class 1/18, 2/15)

AGE:18+

24641	Mon	9/14-10/26	6:30-7:20pm
24643	Mon	11/2-12/14	6:30-7:20pm
R \$77/NR \$93			
24644	Mon	1/11-2/22	6:30-7:20pm
R \$55/NR \$66			
24647	Mon	3/1-4/5	6:30-7:20pm
R \$66/NR \$79			

LOCATION: NKCC

INSTRUCTOR: STEPHANIE LADUKE

**Intro to Brazilian Jiu Jitsu and
Self Defense**

This 8-week introduction to Jiu Jitsu class is beginner-friendly and designed to teach the fundamentals of Brazilian Jiu Jitsu (BJJ) in a safe, supportive environment. Students learn basic positions, movements, self-defense techniques, and simple submissions while building confidence, coordination, and fitness. No experience is necessary, and classes typically focus on technique, controlled partner drills, and the core principles of leverage and body control rather than strength.

AGES:18+

25455	Wed	9/16-11/4	7-8pm
R \$120/NR \$144			

LOCATION: NKCC

INSTRUCTOR: SOLANGE REYNER

Adult Zumba

This dance inspired class is great for everyone interested in fitness. These easy-to-follow dance routines encourage aerobic fitness, using a combination of low-intensity and high-intensity moves. Come and enjoy the calorie-burning dance fitness party. (No class 10/22, 11/26)

AGE:18+

24614	Thu	9/17-10/29	6-6:45pm
24617	Thu	11/5-12/17	6-6:45pm
24618	Thu	1/7-2/1	6-6:45pm
24619	Thu	2/25-4/1	6-6:45pm
R \$120/NR \$144			

LOCATION: NKCC

INSTRUCTOR: TANYA DANCE FITNESS

Cardio & Core with Joleen

Build strength that carries into everyday life. This class combines functional strength training, core work, and efficient cardio intervals to help you move better, feel stronger, and build confidence. Expect variety, encouragement, and a supportive community that keeps you motivated. (No class 11/11, 11/25, 1/18, 2/15)

AGE:16+

24835	Mon	9/14-10/12	6-6:50pm
24836	Tue	9/15-10/13	9-9:50am
24837	Wed	9/16-10/14	6-6:50pm
24838	Thu	9/17-10/15	9-9:50am
24841	Wed	11/4-12/16	6-6:50pm
24849	Mon	1/4-2/8	6-6:50pm
R \$55/NR \$66			
24839	Mon	11/2-12/14	6-6:50pm
24840	Tue	11/3-12/15	9-9:50am
24851	Tue	1/5-2/16	9-9:50am
24852	Wed	1/6-2/17	6-6:50pm
24853	Thu	1/7-2/18	9-9:50am
R \$77/NR \$92			
24842	Thu	11/5-12/17	9-9:50am
R \$66/NR \$79			

LOCATION: NKCC

INSTRUCTOR: JOLEEN LESTER

Boot Camp

This class will focus on improving your energy level while promoting fat loss and muscle gain through camaraderie, and team effort. It is designed to push people a little bit further than they would normally push themselves in the gym alone. We will keep things interesting with a new theme each week; blending traditional strength training interspersed with cardio and competitive games.

AGE:18+

25490	Tue	9/15-10/20	4:30-5:30pm
25491	Tue	11/3-12/8	4:30-5:30pm
25492	Tue	1/5-2/9	4:30-5:30pm
25493	Tue	2/23-3/10	4:30-5:30pm
R \$60/NR \$72			

LOCATION: NKCC

INSTRUCTOR: ALIE MILLER

ASK US
ABOUT OUR
SCHOLARSHIP
PROGRAM
See page 7



CardioBox

Sweat it out in this full-body boxing and strength workout! Learn strikes, footwork, and defense while spending over half the class on the bags. No sparring—just fun, high-energy fitness. No experience needed! Bring hand wraps (180”), gloves (14–16oz), and water. (No class 1/18, 2/15)

AGE:18+

24629	Mon	9/14-10/19	7-7:50pm
24630	Mon	11/2-12/7	7-7:50pm
24631	Mon	1/4-2/22	7-7:50pm
24632	Mon	3/1-4/5	7-7:50pm

R \$66/NR \$79

LOCATION: NKCC

INSTRUCTOR: SHARON GOH ADAMS

Cardio Rhythm and Drumming (Poundfit)

A fun, fiery workout combo where “grace meets grit.” In these classes you’ll go into rockstar mode using ripstix to drum along with easy-to-learn choreography to get your heart pumping and your energy soaring. Come rock out, feel strong, and leave smiling! (No class 1/18, 2/15)

AGE:18+

24648	Mon	9/14-10/26	7:30-8:20pm
24649	Mon	11/2-12/14	7:30-8:20pm

R \$77/NR \$93

24650	Mon	1/11-2/22	7:30-8:20pm
-------	-----	-----------	-------------

R \$55/NR \$66

24651	Mon	3/1-4/5	7:30-8:20pm
-------	-----	---------	-------------

R \$66/NR \$79

LOCATION: NKCC

INSTRUCTOR: STEPHANIE LADUKE

Pound Fitness (Cardio Drumming)

Pound out all your feels with this energizing, full body workout! This class uses ripstix and energizing choreography to get you moving in a supportive environment. Pregnancy/postpartum friendly class! (No class 10/16, 11/27, 2/12, 3/12)

AGE:18+

25446	Fri	9/11-10/23	1-2pm
25447	Fri	10/30-12/11	1-2pm
25448	Fri	1/8-2/19	1-2pm
25449	Fri	2/26-4/9	1-2pm

R \$66/NR \$79

LOCATION: KTUB

INSTRUCTOR: STEPHANIE LADUKE

Open Gym

This program is held at Kamiakin Middle School Gym. Participants can drop in to play basketball and volleyball. It follows the LWSD calendar and is canceled during their breaks and closures 11/29, 12/20, 12/27, 1/3, 2/14, 3/28, 4/11, 4/18.

AGE:18+

25198	Sun	9/20-6/20	5-8pm
-------	-----	-----------	-------

DROP-IN OPTION

\$6.00 per visit

3 VISIT PUNCH CARD

\$18

10 VISIT PUNCH CARD

\$54

Rock Steady Boxing (RSB)

Rock Steady Boxing is a non-contact, evidence-based fitness class for people with Parkinson’s. Led by certified coaches, it blends boxing drills, strength, balance, and cardio to boost function, confidence, and community—at any stage of the disease—with a motivating “tough love” approach. Participants must complete an assessment and receive Affiliate Coach approval prior to joining class. Completion of \$40 assessment, MD clearance and purchase of boxing gloves required prior to class. Please call 425-587-3350 for more information and to schedule your assessment. (No class 10/29, 11/25, 11/26, 11/27, 12/4, 2/25, 3/4, 3/11, 3/18, 3/25, 4/1)

AGE:18+

24843	Tue, Thu, Fri	9/15-12/18	10am-1pm
24845	Tue, Thu, Fri	1/5-4/8	10am-1pm

10 VISIT PUNCH CARD

\$130

LOCATION: NKCC

HEAD AFFILIATE COACH: JOLEEN LESTER



ADULTS

Tai Chi Wellness

NEW

Learn authentic traditional Tai Chi fundamentals, body alignment, mindful breathing, and form practice. Students will improve balance, coordination, flexibility, posture, strength, relaxation, sleep, and overall wellbeing through gentle, step-by-step instruction suitable for all experience levels. (No class 11/24, 12/22, 12/29)

AGE:18+

25255	Tue	9/8-10/27	7-8pm
25256	Tue	11/3-1/12	7-8pm
25257	Tue	1/19-3/9	7-8pm

R \$120/NR \$144

25258	Tue	3/16-3/30	7-8pm
-------	-----	-----------	-------

R \$45/NR \$54

LOCATION: PKCC

INSTRUCTOR: SEATTLE TIANCAI TAICHI CENTER



Golf Instruction

Learn to play golf in the comfortable atmosphere of the Redwood Golf Center in Woodinville. An experienced instructor teaches group lessons. Learn basic golf, grip stance, swing, rules and etiquette. By the end of this 4-part series you will be able to play on the golf course. (No class 11/11, 12/24, 12/31)

AGE:18+

WEDNESDAYS

25126	Wed	9/2-9/23	1-2pm
25127	Wed	9/30-10/21	1-2pm
25128	Wed	10/28-11/25	1-2pm
25129	Wed	12/2-12/23	1-2pm
25130	Wed	1/6-1/27	1-2pm
25131	Wed	2/3-2/24	1-2pm
25132	Wed	3/3-3/24	1-2pm

R \$147/NR \$176

THURSDAY

25133	Thu	9/3-9/24	5-6pm
25134	Thu	10/1-10/22	5-6pm
25135	Thu	10/29-11/19	5-6pm
25136	Thu	12/3-1/7	5-6pm
25137	Thu	1/14-2/4	5-6pm
25138	Thu	2/11-3/4	5-6pm
25139	Thu	3/11-4/1	5-6pm

R \$147/NR \$176

LOCATION: REDWOOD GOLF CENTER

INSTRUCTOR: REDWOOD GOLF CENTER



MORE TAI CHI CLASSES

See page 50

ICE SKATING

See page 22

Sponsor a Program



HELP MAKE RECREATION HAPPEN!

Partner with us to support youth leagues, adult sports, and community programs that keep Kirkland active and connected. Sponsorship is a great way to showcase your business while investing in programs that bring neighbors together.

Visit kirklandwa.gov/SponsorParksEvents to view our Sponsorship Package Guide

COME PARTNER WITH US!

Fall 2026 Volleyball League

Teams compete in various Women's and COED rec leagues. All gender identities and gender expressions are welcome.

AGE:18+

24598	Women's	Upper	Mon	9/14-11/9	6:45-10pm
24599	Women's	Inter	Mon	9/14-11/9	7:20-9pm
24600	Women's	Lower	Mon	9/14-11/9	7:20-9pm
24601	COED	Upper	Tue	9/8-11/10	6:45-10pm
24602	COED	Inter	Tue	9/8-11/10	7:20-9pm
24603	COED	Lower	Wed	9/9-11/10	7:20-9pm

\$410/Team

INDIVIDUAL FREE AGENT TEAM MEMBER

24604	COED	Lower	Wed	9/9-11/11	7:20-9pm
-------	------	-------	-----	-----------	----------

\$50/Person

LOCATION: KAMIAKIN MIDDLE OR EMERSON HIGH SCHOOL GYM

Winter 2027 Volleyball League

Teams compete in various Women's and COED rec leagues. All gender identities and gender expressions are welcome.

AGE:18+

24605	Women's	Upper	Mon	1/11-3/29	6:45-10pm
24606	Women's	Inter	Mon	1/11-3/29	7:20-9pm
24607	Women's	Lower	Mon	1/11-3/29	7:20-9pm
24608	COED	Upper	Tue	1/12-3/30	6:45-10pm
24609	COED	Inter	Tue	1/12-3/30	7:20-9pm
24610	COED	Lower	Wed	1/14-3/31	7:20-9pm

\$410/Team

INDIVIDUAL FREE AGENT TEAM MEMBER

24611	COED	Lower	Wed	1/7-3/31	7:20-9pm
-------	------	-------	-----	----------	----------

\$50/Person

LOCATION: KAMIAKIN MIDDLE OR EMERSON HIGH SCHOOL GYM

Small Goal Soccer

Fun, fast-paced, and affordable 6v6 adult soccer. Full teams and free agents who need a team can join us for the action! League winners receive championship shirts and a trophy. (No class 11/26, 12/24, 12/31)

AGE:18+

24565	COED	Thu	9/3-10/29	7-10pm
24564	Men's	Thu	9/3-10/29	7-10pm
24567	COED	Thu	11/5-1/28	7-10pm
24566	Men's	Thu	11/5-1/28	7-10pm

\$850/Team

24563	Free Agent	Thu	9/3-10/29	7-10pm
24568	Free Agent	Thu	11/5-1/28	7-10pm

\$89.50/Person

LOCATION: 132ND SQUARE PARK
INSTRUCTOR: SMALL GOAL SOCCER



THREE WAYS TO REGISTER

Registration is first come, first served. Online registration is your best opportunity for getting into the program of your choice!



ONLINE AT KIRKLANDPARKS.NET

When enrolling online, please sign your electronic waiver and print your receipt when prompted.



WALK-IN (OPEN AT 8:00 AM)
North Kirkland Community Center
12421 103rd Ave NE

Peter Kirk Community Center
352 Kirkland Ave

Kirkland City Hall
123 Fifth Ave



PHONE-IN
425-587-3336
Monday–Friday,
8:00 AM–5:00 PM

Please have 5 digit course number and credit card information ready.
On registration day, 8/19 phone line opens at 7AM or 8/20 at 8AM.

VIEW REGISTRATION TIPS AT
KIRKLANDWA.GOV/RECREATIONGUIDE

All Are Welcome

The City of Kirkland is committed to offering programs and services that are inclusive and where people from all backgrounds feel a sense of belonging, regardless of race, gender identity, gender expression, sexual orientation, socioeconomic position, or physical/cognitive ability.



Please visit kirklandwa.gov/Recreation for our inclusion policies. Kirkland Parks and Community Services is committed to accommodating people with disabilities and will make every reasonable effort to ensure that programs and services are accessible. To request an accommodation, please call us at 425-587-3300. TTY/TTD 425-587-3111

Alternate Formats: Persons with disabilities may request materials in alternative formats. Persons with hearing impairments may access the Washington State Telecommunications Relay Service at 711.

Kirkland Parks and Community Services staff are unable to provide personal care (feeding, toileting assistance, giving medications, transfers, etc.). Participants in need of personal assistance are encouraged to participate with a caregiver. Older adults with care needs may be eligible for community-based programs, such as adult day care centers (see page 57). Contact EvergreenHealth Community Health Care Access Team at 425-899- 3200 for other options.

Inclement Weather

The safety of program participants and staff is the primary consideration when determining whether programs should be canceled, rescheduled, or modified due to inclement weather, excessively high or low temperatures, poor or icy road conditions, poor air quality, or other events which may jeopardize safety. The City of Kirkland typically follows the lead of the Lake Washington School District when determining cancellations during the school year. When school is not in session, City staff will evaluate conditions and make the appropriate decision to cancel or delay programs. When air quality levels in Kirkland are deemed unhealthy according to the Environmental Protection Agency's (EPA) website www.airnow.gov, all outdoor programs will be canceled or rescheduled. Additionally, the Peter Kirk Pool will be closed, and beaches will not be staffed by lifeguards. Refunds will be considered on an individual program basis but are not guaranteed.

Our inclement weather hotline is 425-587-3335.

Title VI

Kirkland's policy is to fully comply with Title VI of the Civil Rights Act by prohibiting discrimination against any person on the basis of race, color, national origin or sex in the provision of benefits and services resulting from its programs and activities. Any person who believes his/her/they/them Title VI protection has been violated may file a complaint with the City.

To request an alternate format, file a complaint or for questions about Kirkland's Title VI Program, contact the Title VI Coordinator at 425-587-3011 or titlevicoordinator@kirklandwa.gov.

Para pedir un formato alternativo, presentar una queja o si tiene preguntas sobre el Programa del Título VI de Kirkland, comuníquese con el coordinador del Título VI llamando al 425-587-3831 o en titlevicoordinator@kirklandwa.gov.

Para solicitar um formato alternativo, registrar uma reclamação ou tirar dúvidas sobre o Programa Título VI de Kirkland, entre em contato com o Coordenador do Título VI pelo telefone 425-587-3831 ou em titlevicoordinator@kirklandwa.gov.

Чтобы запросить другой формат, подать жалобу или задать вопросы о программе Title VI г. Киркланда, свяжитесь с координатором по номеру 425-587-3831 или по электронной почте titlevicoordinator@kirklandwa.gov.

如需获取其他格式、提出投诉或对柯克兰的第六章计划 (Title VI Program) 有疑问, 请致电 425-587- 3831 或发送电子邮件至 titlevicoordinator@kirklandwa.gov 与第六章协调员联系。

Để yêu cầu một định dạng khác, nộp đơn khiếu nại hoặc nếu có câu hỏi về Chương Trình Tiêu Mục VI của Kirkland, hãy liên hệ với Điều Phối Viên Tiêu Mục VI theo số 425-587-3831 hoặc titlevicoordinator@kirklandwa.gov.

다른 형식을 요청하거나, 민원을 제기하거나, 커클랜드의 제VI편 프로그램 (Title VI Program)에 관한 문의 사항이 있는 경우, 전화 425-587-3831번 또는 이메일 titlevicoordinator@kirklandwa.gov로 제VI편 코디네이터에게 문의하십시오.

Refunds / Cancellations / Transfers

To request a transfer or cancellation, please email us at eParks@kirklandwa.gov or call 425-587-3330.

- A 100% refund will be issued if the entire program is cancelled by the City. Individual classes that are cancelled due to instructor

illness or emergencies may be made up the week following the end class, if the schedule allows. A prorated refund will be issued if the schedule does not allow for a make-up class. Make-up classes are not scheduled for swim lessons; public swim passes will be given out in lieu of refunds.

- A refund will be issued if a withdrawal request is made at least 14 days prior to the start of the program, less a \$15 administrative fee. The fee applies to each program withdrawn.
- A 50% refund will be issued if a withdrawal request is made between 7-13 days prior to the start of the program.
- No refund will be issued if the request is made less than 7 days prior to the start of the program.
- No refunds are issued for programs costing less than \$15, events, or ticketed programs, including 50+ events, preschool events, and ticketed teen and 50+ van trips.
- Transfers must be requested at least 5 days prior to the start of the program. A \$15 fee applies. (Exceptions: progressive level transfers directed by program instructor.)
- Visit kirklandwa.gov/recreation for facility rental cancellation and change policies.
- Payment is due at time of registration. For camps and child care programs: If you are interested in a payment plan, please call 425-587-3336 or email us at eParks@kirklandwa.gov to discuss.
- If required by state law, tax will be added in addition to listed registration fees.

Disclaimer

This schedule of activities is published for informational purposes only. We strive to produce the most accurate guide possible. However, some program information may have changed after this guide has gone to print. We will make every effort to notify participants of the changes. Our website KirklandParks.net will be most up to date.

WATCH FOR THESE ICONS

NEW

New Program



Virtual Program