City of Kirkland Kirkland Senior Council Minutes of Regular Meeting April 8, 2025

1. CALL TO ORDER

The April 8, 2025 Kirkland Senior Council Regular Meeting was called to order at 1:31pm by Chair Scott Emmons.

2. ROLL CALL

Members Present: Kurt Ahrensfeld, John Barnett, Jeff Canin, Maru De La Pena, Scott Emmons, Kathy Iverson, Penny Kahn, Steve Lewis, Ingrid Martin, Charlene McElligott, Susan Prows, Joyce Stone, Charlotte Svenson, and Barbara Trunkhill

Members Absent: Carole Bryan, June Palon, Jack Staudt, Terry Steele-Kalet, and Bob Warren

Staff Present: Betsy Maxwell, Program Coordinator

3. APPROVAL OF MINUTES

Member Scott Emmons motioned to approve the February 11, 2025 minutes as written, seconded by Member Penny Kahn, motion passed unanimously.

4. SPECIAL PRESENTATIONS

A. Pamela Williams, Regional Long-Term Care Ombuds discussed the Long-Term Care Ombudsman program and how it can help residents and families in King County.

5. UNFINISHED BUSINESS

A. Staff confirmed that KSC business cannot be conducted over email, as this would violate the Open Public Meetings Act. If a vote needs to take place between scheduled KSC meetings, a special meeting must be scheduled and made open to the public.

6. NEW BUSINESS

- **A.** Members discussed how often they would like to have guest speakers at the monthly meetings, there is some concern that more time is needed for regular business during the meetings. It was decided to move forward with a guest speaker every other month schedule unless something time sensitive comes up.
- **B.** The Legislative agenda is coordinated with BNOA and is presented to the KSC for approval for each yea, once approved the advocacy committee can act on the KSC behalf for those items. Advocacy actions including letters independent of the

legislative agenda need to be scheduled on the upcoming meeting agenda and voted on prior to action. If emergent issues arise, an emergency meeting may need to be scheduled. Advocacy can send members information on issues for individual action, these items do not need to go through staff for distribution.

- **C.** Member Joyce Stone discussed the Senior Gold Card that the is a discount card for Seattle and King County residents.
- **D.** Member Jack Staudt asked that the KSC accomplishments be listed in the Parks and Community Services Annual Report.

7. COMMUNICATIONS

- A. Member Reports
 - i. AARP Age Friendly Cities

Member John Barnett made a motion for the Executive Committee to meet with Mayor Curtis to discuss moving forward with the process of becoming an AARP Age-Friendly City. This includes conducting an AARP Senior Needs Assessment Study and beginning the application process, seconded by Barbara Trunkhill, motion passed unanimously.

ii. Advocacy

Member Kathy Iverson reported the Advocacy Committee is continuing to track Bills in Olympia.

iii. Art Show

Member Penny Kahn reported that there currently 23 artists registered to show 50 pieces of art at the upcoming Senior Art Show.

iv. Education

Member Ingrid Martin reported that there are only 20 people registered for the 6 Pillars of Brain Health, she encouraged everyone to promote the event.

- v. Human Services Panel Update No report
- vi. Housing No report
- vii. Outreach

Member Scott Emmons will let staff know what dates the committee would like to request for the Juanita Market and the Wednesday Market.

viii. Resource Guide

Member Penny Kahn will be meeting with City staff to discuss the East King County Senior Resource Guide on April 9 at 3:30pm at City Hall.

ix. Transportation

Member Kurt Ahrensfeld updated members on the meeting that he had with select members of City Council and City staff to discuss the possibility of a circulator. He felt the meeting went well and that some next steps were put in motion. City staff are working on a draft scope of work for a Kirkland Transit Study. Hopelink is updating their current transportation options spreadsheet and will share with the group when it is complete.

x. Viva Volunteers

Member Steve Lewis reported that he is continuing to look at ways to make the transfer of information easier. Member Scott Emmons plans to take this project on at the end of 2025.

xi. Council Chair Report

Chair Scott Emmons reporter video for the Community Appreciation Night with Councilmember Black went well.

The Executive Board is meeting with Mayor Curtis and Deputy Mayor Arnold on April 29th.

B. Staff report

- The current staff liaison will be out of the office during May and part of June.
 During this time. KSC members needing assistance can contact the PKCC Recreation Supervisor.
- II. Staff followed up on Jack's request at the March meeting to have a larger presence in the PCS Annual Report. They believe this is something that can be implemented moving forward.

8. ADJOURNMENT

Meeting was adjourned at 3:05pm.