

**City of Kirkland
Kirkland Senior Council
Minutes of Annual Retreat
January 13, 2026**

1. CALL TO ORDER

The January 13, 2026, Kirkland Senior Council Annual Retreat was called to order at 10:12 a.m. by Chair Joyce Stone.

2. ROLL CALL

Members Present: Kurt Ahrenfeld, Kathie Alfstad, John Barnett, Jeff Canin, Maru De La Pena, Virinder Duggal, Susan Harris-Huether, Karen Hartman, Kathy Iverson, Penny Kahn, Ronald Kim, Charlene McElligott, Susan Prows, Terry Steele-Kalet, Joyce Stone, Charlotte Svenson, Barbara Trunkhill, and Pamela Waring

Members Absent: Scott Emmons and June Palon

Staff Present: Betsy Maxwell, Program Coordinator

3. APPROVAL OF MINUTES

Member Kathy Iverson motioned to approve the minutes as written, seconded by Member Charlene McElligott, motion passed unanimously.

4. NEW BUSINESS

- A. Chair Joyce Stone welcomed attendees, and members introduced themselves.
- B. Chair Joyce Stone reviewed the 2025 workplan. The 2025 Chairs discussed the year's accomplishments and outlined next steps for 2026.
- C. Discussion of the 2026 workplan ensued. Goals were reviewed, prioritized, and updated as appropriate. It was decided that the Eastside Senior Resource Guide would be discussed at the February meeting.
- D. Members were asked to sign up for one or more committees. The following committees were formed:

AARP Age Friendly Cities

Chair: Terry Steele-Kalet
John Barnett
Barbara Trunkhill
Virinder Duggal
Kathie Alfstad
Pam Waring

Advocacy

Chair: Karen Hartman / Kathy Iverson
John Barnett
Charlen McElligott

Art Show

Chair: Scott Emmons
Susan Harris-Huether
Charlotte Svenson
Maru De La Pena
Kurt Ahrenfeld
Jeff Canin
Kathie Alfstad

Caregiving Outreach

Chair: John Barnett
Ronald Kim

Housing

Chair: Karen Hartman
Kathy Iverson
Pam Waring
Charlene McElligott

Human Services Work Group

Scott Emmons
Penny Kahn
Barbara Trunkhill

Outreach

Chair: Susan Harris-Huether
Scott Emmons
Charlotte Svenson
Susan Prows
Peny Kahn

Senior Education Forums

Chair: Maru De La Pena
Virinder Duggal
Susan Harris-Huether

Ronald Kim
Penny Kahn

Transportation

Chair: Kurt Ahrensfeld
Karen Hartman
Jeff Canin
Susan Prows
Barbara Trunkhill

5. GOOD OF THE ORDER

6. ADJOURNMENT

Member Terry Steele-Kalet motioned to adjourn the meeting, seconded by Member Penny Kahn, motion passed unanimously. Meeting was adjourned at 1:45pm.