

## ARTS & CRAFTS

### Watercolor Painting - Evening

Whether you are a beginner or advanced painter, you will enjoy learning techniques for a successful painting. Jean demonstrates every step and provides individual assistance to all. Working from photo references provided by instructor, you will paint still life, florals, landscapes/seascapes, animals and more. Supply list available at PKCC.

AGE:18+			
17718	Tue	4/2-4/23	6-9pm
17719	Tue	4/30-5/14	6-9pm
17720	Tue	5/21-6/11	6-9pm
17721	Tue	6/18-7/9	6-9pm
17722	Tue	7/16-8/6	6-9pm

R \$65/NR \$78

17723	Tue	8/13-8/20	6-9pm
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R \$33/NR \$40

LOCATION: PKCC  
INSTRUCTOR: JEAN PRATT-BEOUY

### Oil Painting the Easy Way

Paint along as Jean demonstrates the entire painting and provides individual assistance. Your own style will emerge as you paint many subjects from still life to landscapes to florals. You will quickly learn composition, color mixing, brush use, establishing depth and more. This class offers something for all levels. Supply list available at PKCC.

AGE:18+			
17713	Thu	4/11-5/2	6-9pm
17714	Thu	5/9-5/30	6-9pm
17715	Thu	6/6-6/27	6-9pm
17716	Thu	7/11-8/1	6-9pm

R \$65/NR \$78

17717	Thu	8/8-8/22	6-9pm
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R \$49/NR \$59

LOCATION: PKCC  
INSTRUCTOR: JEAN PRATT-BEOUY

### MORE ART CLASSES!

See page 65

## Special Interest

### Enjoy Your Garden Class

Does your yard need a little boost? Would you like a fresh approach to your landscape? Learn to enjoy your yard and find out what plants, soil improvement, and proven techniques can make your yard maintenance a more pleasurable and productive experience. Let's make your landscape sustainable and enjoyable. Plants, soils, and water wise techniques will be covered.

AGE:18+			
19299	Sat	5/18	9:30-11:30am

R \$40/NR \$48

LOCATION: NKCC  
INSTRUCTOR: KEN BOLSER



### Home Loan Workshop

Receive step by step instructions on how to refinance existing properties or how to purchase your first or even third home. Come get all your questions answered and learn the ropes of financing. A Senior Mortgage Specialist and Senior Real Estate Professional will explain why items like home inspection, appraisals, home warranties, title, and escrow are important and the role they play. Learn how to structure the best loan, what closing cost are and how you can save money.

AGE:18+			
18012	Wed	6/12	6:30-8:30pm

R \$12/NR \$14

LOCATION: PKCC  
INSTRUCTOR: KIM PRATER

### Home Sellers Workshop

Learn how to get top dollar for your home. Topics include pricing, marketing, the pros and cons of "For Sale by Owner" and the costs involved including commissions, taxes, title, and escrow.

AGE:18+			
18008	Wed	5/15	6:30-8:30pm
18009	Wed	7/17	6:30-8:30pm

R \$12/NR \$14

LOCATION: PKCC  
INSTRUCTOR: KIM PRATER

### Federally Insured Reverse Mortgage Program

Are you or your spouse at least 62 years of age and have equity in your home? If yes, you may qualify to stay in your home for your lifetime without having another mortgage payment, possibly receiving a portion of your home equity in one lump sum or having it as an additional income every month again with zero payment (you are still responsible for taxes, insurance, and maintenance). Join a local Reverse Mortgage Specialist for a round-table workshop and gather the information needed to make you feel comfortable and confident with a decision based on your personal scenario.

AGE:18+			
18014	Wed	4/10	10:30am-12pm
18015	Wed	7/10	10:30am-12pm

R \$12/NR \$14

LOCATION: PKCC  
INSTRUCTOR: KIM PRATER



## Sound Bath with Ethereal Sound & Wellness

Experience deep relaxation in this Restorative Sound Bath class brought to you by Savannah Powers of Ethereal Sound & Wellness. Immerse yourself in soothing sounds created by singing bowls, gongs, and chimes to reduce stress and promote a sense of balance and well-being. What to bring: blanket, mat, pillow, water.

AGE:18+

### RESTORATIVE SOUND BATH

17954	Tue	4/2	6:30-7:30pm
17955	Tue	5/7	6:30-7:30pm
17956	Tue	6/18	6:30-7:30pm
19142	Tue	8/13	6:30-7:30pm

R \$40/NR \$48

LOCATION: HERITAGE HALL  
INSTRUCTOR: SAVANNAH POWERS

## Ukulele Beginning

Aloha! The ukulele is a fun and engaging instrument that you can play! It's portable, inexpensive, and great for playing songs with friends! It's also a great primer for learning other stringed instruments. Whether you're a beginner or have a little experience, you're invited to join our friendly group classes. We'll learn a couple of chords each week, learn to strum, and will be playing music together at our first class! Only requirements: a ukulele, and a willingness to try something new.

AGE:14+

17966	Tue	4/16-5/14	5:30-6:30pm
17969	Tue	5/21-6/18	5:30-6:30pm

R \$50/NR \$60

LOCATION: NKCC  
INSTRUCTOR: JULIE METTEER

## Ukulele Intermediate

Intermediate class will review all the chords from the beginners class and learn some more challenging chords that may require an extra finger or two. We'll also learn strum patterns and become more comfortable playing and singing with others. Ukulele is still required to join in.

AGE:14+

17967	Tue	4/16-5/14	6:45-7:45pm
17970	Tue	5/21-6/18	6:45-7:45pm

R \$50/NR \$60

LOCATION: NKCC  
INSTRUCTOR: JULIE METTEER

## Beginning Guitar Turbo Charge

This fast-paced course covers all the basics - from tuning and strumming, all the way up to common chord progressions. Learn major, minor and 7th chords, basic rhythms and beginning theory. Good for acoustic styles. Must be at least 15 years old at the start of class. Bring your own guitar. If you are bringing an electric guitar no amp is necessary.

AGE:15+

18273	Wed	4/17-6/5	7-8pm
18275	Wed	6/26-8/21	7-8pm

R \$118/NR \$142

LOCATION: NKCC  
INSTRUCTOR: SCOTT LAWSON

## Self Defense for Women

Learn the 4 most crucial safety lessons: recognizing when someone means harm, using your body language and voice to interrupt an intended assault, simple yet effective physical skills to neutralize an attacker, and how to deal with the emotional fallout of an assault. Practice strikes to vulnerable targets, creating an impact, and releases from some common grabs. Great class to take with a friend! Bring a lunch or snack and water bottle. This class is intended for people of marginalized genders, including cis and trans women, as well as non-binary folks and trans men. This class centers on the experiences of women and all people who have lived experiences of misogyny.

AGE:18+

17828	Sat	4/20	1:45-4:45pm
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R \$89/NR \$107

LOCATION: NKCC  
INSTRUCTOR: STRATEGIC LIVING, LLC



## Self Defense for Young Adults Off to College

Maximize the positive in your next four years: Learn simple and effective ways to stay out of harm's way on and around campus while still enjoying the full college experience. In this short seminar, we will address 2 ways to identify possible evildoers, 3 strategies to evade them, and 4 techniques to neutralize their ill intent. Some of this class will be physical, some verbal, and all aimed at increasing your choices. EmPOWERment doesn't get more fun!

AGE:17-25

17831	Sat	7/27	1-4pm
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R \$99/NR \$119

LOCATION: NKCC  
INSTRUCTOR: STRATEGIC LIVING, LLC

## Voice Overs - Now is your time! Virtual Webinar

In what could be the most enlightening two hours you've ever spent, you will learn how you can begin using your speaking voice for commercials, films, videos, and more. In this introductory class, you will learn a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Part-time or full-time, this could be the game changer you've been looking for. Zoom links will be provided via email on the day of the program.

AGE:18+

19174	Tue	6/18	6-8pm
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R \$40/NR \$48

LOCATION: VIRTUAL  
INSTRUCTOR: LISA FOSTER

## MORE ADULT EXERCISE CLASSES!

See page 60, 66

# ADULTS

## PARTNER DANCING *with* CHARLES ENGLAND

Partner Dancing at the Peter Kirk Community Center. Adults and teens. Each participant must be registered.

### Ballroom

It's time to learn to dance. Easy basics in Fox Trot, Waltz, and Swing with emphasis on lead/follow skills. Everything you need for a night out dancing. (No class 7/4)

AGE:16+

17974	Thu	4/4-5/2	8-9pm
17981	Thu	6/13-7/18	8-9pm

R \$65/NR \$78

### East Coast Swing

The All-American Swing Dance! Dance to Big Band Swing, Rock 'n Roll and more. Both single and triple rhythm styles will be taught in this fun and easy class.

AGE:16+

17977	Thu	5/9-6/6	8-9pm
17985	Thu	7/25-8/22	8-9pm

R \$65/NR \$78

### Salsa

Hot! Hot! Hot! Solid basic steps and turns in Salsa and Merengue. Dance the night away!

AGE:16+

17976	Thu	5/9-6/6	7-8pm
17983	Thu	7/25-8/22	7-8pm

R \$65/NR \$78

### West Coast Swing

The coolest, smoothest, and most playful form of swing on the planet! West Coast Swing can be danced to all types of music, from Blues, Jazz, and R & B to Top 40 pop of all eras. (No class 7/4)

AGE:16+

17972	Thu	4/4-5/2	7-8pm
17979	Thu	6/13-7/18	7-8pm

R \$65/NR \$78



## Adult Dance

### Line Dancing

Line Dancing is a great way to exercise your body and mind while meeting new friends and listening to great music. Class includes basic line dancing for the beginner along with more challenging dances for the advanced dancer. (No class 6/4)

AGE:18+

17751	Tue	4/9-5/14	10-11am
17752	Tue	5/21-7/2	10-11am

R \$48/NR \$58

LOCATION: PKCC  
INSTRUCTOR: ELOISE CHINN

## Ballet



### Ballet Basics

Have you always wanted to take a ballet class, but something got in the way? Here's the good news, it's never too late to learn ballet! No reason to be intimidated! This adult basic ballet class offers something for everyone from young adult to seniors and provides a fun way to tone and tighten your body while learning the fundamental techniques in a positive and supportive environment. Ballet develops balance, coordination, strength, stamina, self-confidence, and body-centered awareness. This class is for those with little or no dance training but who want to embrace one of the most beautiful and graceful of all dance styles. (No class 5/27, 6/19, 6/24, 6/26)

#### BALLET BASICS VIRTUAL - MONDAYS

AGE:18+

17776	Mon	4/8-5/13	7-8pm	
17777	Mon	5/20-7/8	7-8pm	
				\$54
17778	Mon	7/15-8/5	7-8pm	
				\$36

#### BALLET BASICS VIRTUAL - WEDNESDAYS

AGE:18+

17779	Wed	4/3-5/8	6-7pm	
17780	Wed	5/15-7/3	6-7pm	
				\$54
17781	Wed	7/10-8/7	6-7pm	
				\$45

LOCATION: ZOOM (VIRTUAL)  
INSTRUCTOR: MARCO CARRABBA



### Ballet Open Level

Take your training to the next level. This class is for those who have had some ballet training and is a good additional class for a Basic or Intermediate level class. Emphasis is on improving technical strength and more movement. Students are encouraged to work at their own ability. (No class 6/19, 6/26)

AGE:18+

17782	Wed	4/3-5/8	7:15-8:15pm	
17783	Wed	5/15-7/3	7:15-8:15pm	
				\$54
17784	Wed	7/10-8/7	7:15-8:15pm	
				\$45

LOCATION: ZOOM (VIRTUAL)  
INSTRUCTOR: MARCO CARRABBA



## Adult Hula

### Walk in - Hula Out!

So you have always wanted to learn the Hula? Now is the time. Our Hula classes welcome everyone to come and dance with us; no previous training necessary just expect to work the body a little, meet some new friends and enjoy. Instructor is a graduate of Uncle George Naope of Hilo Hawai'i, with 15 years' experience teaching for Kirkland Parks.

### Pikaki Begnning and Intermediate Hula

The Pikaki class teaches the basic steps and hand motions for those who are new to Hula; and, for those who are wanting to improve existing skills. (No class 5/12, 5/26, 6/16)

AGE:18+

17900	Sun	4/14-6/30	12-1pm
R \$99/NR \$119			
17903	Sun	7/7-8/11	12-1pm
R \$66/NR \$79			

LOCATION: NKCC

INSTRUCTOR: JEANNE MAKANAOKALANI

### 'Ilima Advanced Hula

The 'Ilima class is for the dancer with a more extensive background with kahiko, 'auana, hula implements and some performing experience. (No class 5/12, 5/26, 6/16)

AGE:18+

17898	Sun	4/14-6/30	11am-12pm
R \$99/NR \$119			
17901	Sun	7/7-8/11	11am-12pm
R \$66/NR \$79			

LOCATION: NKCC

INSTRUCTOR: JEANNE MAKANAOKALANI



## Tap Happy Adults

Learn new skills and increase positive endorphins through the joy of Tap Dance! This beginner's class offers you a great workout to upbeat music without feeling the effort of a monotonous workout. Learn routines and tap dance techniques, while developing balance, strength, flexibility, and rhythm. We will be dancing to everything from Classic Rock, and America's Top 40 to Big Band, Jazz, and Broadway Musicals! If it has a beat, and feels good, we will be dancing to it...Tap shoes or character shoes please.

AGE:16+

18317	Tue	4/16-6/18	6:25-7:25pm
R \$110/NR \$132			
18319	Tue	7/9-8/20	6:25-7:25pm
R \$77/NR \$92			

LOCATION: NKCC

INSTRUCTOR: KATIE JARVIS

### Tap Happy Adults II

The tapping journey continues for students with prior tapping experience. Same great workout to upbeat music with new challenging techniques. Tap shoes or character shoes please.

AGE:16+

18318	Tue	4/16-6/18	7:30-8:30pm
R \$110/NR \$132			
18320	Tue	7/9-8/20	7:30-8:30pm
R \$77/NR \$92			

LOCATION: NKCC

INSTRUCTOR: KATIE JARVIS

## Adult Fitness

### Parent and Little Barre Class

Spend 45-minutes working on pre and postnatal safe poses and movements. No childcare? Don't fret - you can bring your little(s). You'll get to move while they hang out on your mat or play with the other little ones nearby. After class, we'll spend 45-min sharing what's been coming up for you, getting tips & ideas as well as emotional support from fellow parents! (No class 5/24, 5/25)

AGE:18+

18071	Fri	4/19-6/14	10:30am-12pm
18072	Sat	4/20-6/15	10-11:30am
R \$96/NR \$116			

LOCATION: NKCC

INSTRUCTOR: STEPHANIE LADUKE



## Gentle Flow

Perfect for all fitness levels, combines alignment and flexibility postures with breathing to help you stretch, strengthen, and be refreshed. The ultimate cool down from an intense week, or set you up for the rest of the day! (No class 6/19)

AGE:18+

19285	Wed	4/17-5/22	8:30-9:15am
R \$60/NR \$72			
19286	Wed	6/5-7/3	8:30-9:15am
R \$40/NR \$48			
19287	Wed	7/10-8/21	8:30-9:15am
R \$70/NR \$84			

LOCATION: NKCC

INSTRUCTOR: LAURA MILLER

## Jam Out Dance

Our dance instructor brings a mix of funky, adrenaline-based beats from today's hits to yesterday's favorites with easy to follow choreography so everyone can get their JAM on. Whether a beginner or a professional this class is designed for those who love to dance! This highly addictive and fun 60-minute workout will fly by as you boogie!

AGE:18+

19288	Fri	4/19-5/24	8:45-9:45am
19291	Sat	4/20-5/25	8:45-9:45am
R \$66/NR \$79			
19289	Fri	5/31-6/21	8:45-9:45am
R \$44/NR \$53			
19292	Sat	6/1-6/29	8:45-9:45am
R \$55/NR \$66			
19290	Fri	7/12-8/23	7:45-8:45am
19293	Sat	7/13-8/24	8:45-9:45am
R \$77/NR \$92			

LOCATION: NKCC

INSTRUCTOR: LAURA MILLER

# ADULTS



## Adult Zumba

NEW

This dance inspired class is great for everyone interested in fitness. These easy-to-follow dance routines encourage aerobic fitness, using a combination of low-intensity and high-intensity moves. Come and enjoy the calorie-burning dance fitness party.

AGE:18-60

19166	Thu	4/18-6/6	6-6:45pm
R \$120/NR \$144			
19308	Thu	7/25-8/22	6-6:45pm
R \$75/NR \$90			

LOCATION: NKCC

INSTRUCTOR: TANYA DANCE FITNESS

## Cardio & Core with Joleen

Put the "Fun" in functional training with this lively strength and cardio workout! Start with an energetic warm up then mix it up with weights, interval stations, agility games, dance fitness and more! Finish with core strengthening and a relaxing cool down. Modifications will be shown for different fitness levels. (No classes 5/20,5/21,5/22,5/23,5/27,5/28,7/3,7/4)

AGE:16+

18057	Mon	5/13-6/17	6-7pm
18058	Tue	5/14-6/18	9-10am
18063	Wed	6/26-7/24	6-7pm
18064	Thu	6/27-7/25	8-9am
18065	Mon	7/29-8/19	6-7pm
18066	Tue	7/30-8/20	8-9am
18067	Wed	7/31-8/21	6-7pm
18068	Thu	8/1-8/22	8-9am
R \$44/NR \$53			
18059	Wed	5/15-6/12	6-7pm
18060	Thu	5/16-6/20	9-10am
18061	Mon	6/24-7/22	6-7pm
18062	Tue	6/25-7/23	8-9am

R \$55/NR \$66

LOCATION: NKCC

INSTRUCTOR: JOLEEN

## CardioBox

A 45-minute total body workout session, using the basic principles of boxing, and various body conditioning / strengthening exercises. This class is designed for anyone with or without prior boxing experience. In this class, you will learn the different strikes used in boxing, along with footwork, body movement and defense. You will stay active, moving from one round to another, with more than 50% of the time on the bags, additionally, you will be utilizing other equipment to condition and strengthen your body.

AGE:18+

18262	Mon	6/3-7/1	7:15-8pm
R \$50/NR \$60			
18263	Mon	7/15-8/19	7:15-8pm
R \$60/NR \$72			

LOCATION: NKCC

INSTRUCTOR: SHARON GOH ADAMS

## Rock Steady Boxing (RSB)

Taught by certified Affiliate Coaches, Rock Steady Boxing (RSB) is an evidence-based boxing fitness class designed specifically to help fight the effects of Parkinson Disease. Non-contact boxing drills, strength, balance, cardio, and coordination activities are provided with a "tough love" approach and create the basis for functional improvements for people with any level of Parkinson's. In addition to improved strength and function, participants enjoy a new sense of confidence and build supportive relationships with fellow class members.

Participants must complete a \$40 assessment and receive Affiliate Coach approval prior to joining class.

AGE:18+

### 10 VISIT PASS CARD

Tue, Thu, Fri 4/16-6/21 10:15am-1pm  
Tue, Thu, Fri 6/25-8/23 9:15-12pm

\$120

LOCATION: NKCC

AFFILIATE COACH: JOLEEN LESTER

## MORE FITNESS CLASSES!

See page 66

## Sunset Kayak Tour and Lesson



Learn the basic fundamentals of kayaking and enjoy an evening on Juanita Bay! Land, water skills, safety instruction and tours are provided by expert guides. Sighting bay resident wildlife during tours is common, like turtles, otters, eagles, and herons. Single or double kayaks and safety equipment provided. Participants must be able to swim. Kayak weight limit is 250 pounds for singles, 500 pounds for doubles. This activity is great for individuals, friends, and families. Registration closes 8am Tuesday before the program date.

### SINGLE KAYAKS

AGE:12+

19201	Thu	4/25	6-7:30pm
19203	Thu	5/2	6-7:30pm
19205	Thu	5/9	6-7:30pm
19207	Thu	5/16	6-7:30pm
19209	Thu	5/23	6-7:30pm

R \$65/NR \$78

### DOUBLE KAYAKS

AGE:12+ WITH ADULTS

19202	Thu	4/25	6-7:30pm
19204	Thu	5/2	6-7:30pm
19206	Thu	5/9	6-7:30pm
19208	Thu	5/16	6-7:30pm
19210	Thu	5/23	6-7:30pm

R \$95/NR \$114

LOCATION: JUANITA BEACH PARK

INSTRUCTOR: SEATTLE PADDLE  
(FORMERLY NW PADDLE SURFERS)

## Sunset Stand Up Paddleboard Tours With Lesson

Learn the basic fundamentals of stand up paddle boarding and enjoy an evening on Juanita Bay! Land, water skills, safety instruction and tours are provided by expert guides. Sighting bay resident wildlife is common during tours, like turtles, otters, eagles, and herons. Paddleboard and safety equipment provided. Participants must be able to swim. This activity is great for individuals, friends, and families. Registration closes 8am Monday before the program date.

AGE:12+

19211	Wed	6/26	6-7:30pm
19212	Wed	7/10	6-7:30pm
19213	Wed	7/17	6-7:30pm
19214	Wed	7/24	6-7:30pm
19215	Wed	7/31	6-7:30pm

R \$75/NR \$90

LOCATION: JUANITA BEACH PARK

INSTRUCTOR: SEATTLE PADDLE  
(FORMERLY NW PADDLE SURFERS)



## ADULT SPORTS

### Golf Instruction

Learn to play golf in the comfortable atmosphere of the Redwood Golf Center in Woodinville. A PGA instructor teaches group lessons. Learn basic golf, grip stance, swing, rules, and etiquette. By the end of this 4-part series you will be able to play on the golf course. Bring your own clubs or try the Golf Center's demo clubs.

#### AGE:18+

18406	Wed	4/3-4/24	10-11am
18407	Wed	4/3-4/24	11:30am-12:30pm
18408	Wed	5/8-5/29	10-11am
18409	Wed	5/8-5/29	11:30am-12:30pm
18410	Wed	6/5-6-26	5-6pm
18411	Wed	6/5-6/26	6:15-7:15pm
18413	Wed	7/10-7/31	5-6pm
18414	Wed	7/10-7/31	6:15-7:15pm
18415	Wed	8/7-8/28	5-6pm
18416	Wed	8/7-8/28	6:15-7:15pm

R \$144/NR \$173

LOCATION: REDWOOD GOLF CENTER  
INSTRUCTOR: REDWOOD GOLF CENTER

ASK US  
ABOUT OUR  
SCHOLARSHIP  
PROGRAM  
See page 63

## JOIN A LEAGUE

### Softball League

Step up to the plate in one of our two summer softball leagues. Teams will play doubleheaders for 6 weeks concluding with an end of season tournament. League is designed for players with average to recreational skills.

#### AGE:18+

#### SUMMER SEASON 1 | MEN'S DIVISION

17852	Tue, Thu	6/4-8/8	6-11pm
\$660/TEAM			

LOCATION: CRESTWOODS PARK

#### SUMMER SEASON 2 | MEN'S DIVISION

17853	Tue, Thu	8/6-10/10	6-11pm
\$660/TEAM			

LOCATION: LEE JOHNSON FIELD

### Group Pickleball Clinics

Develop your skills and knowledge of the game through our fun, 90-minute Pickleball clinics, designed for the beginner or intermediate player. Clinics are held on the outdoor pickleball courts at Everest Park. Lender equipment is available.

#### BEGINNER SKILL LEVEL

##### AGE:16+

17866	Mon	6/3	5:30-7pm
17868	Mon	6/24	5:30-7pm
17870	Mon	7/22	5:30-7pm
17872	Mon	8/12	5:30-7pm

R \$55/NR \$65

#### INTERMEDIATE SKILL LEVEL

##### AGE:16+

17867	Mon	6/10	5:30-7pm
17869	Mon	7/8	5:30-7pm
17871	Mon	8/5	5:30-7pm
17873	Mon	8/19	5:30-7pm

R \$55/NR \$65

LOCATION: EVEREST PARK PICKLEBALL COURTS  
INSTRUCTOR: ROGER BELAIR

### ICE SKATING CLASSES

See page 36



**LEARN MORE ABOUT**  
pickleball expansion in  
Kirkland on page 5 or  
[www.kirklandwa.gov/pickleball](http://www.kirklandwa.gov/pickleball)



### Beach Volleyball League

Love the sun, sand, and volleyball? Join our Beach Volleyball league at Juanita Beach Park. Variety of divisions available for all skill levels. Games will be played at either 6:15 or 7:30. (No class 7/4)

#### AGE:18+

17854	2v2 Men's Open	Mon 6/17-9/9	6:15-9pm
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\$155/TEAM

17857	4v4 Coed Lower	Thu 6/20-9/12	6:15-9pm
17855	4v4 Coed Upper	Tue 6/18-9/10	6:15-9pm
17856	4v4 Wmn's Open	Wed 6/19-9/11	6:15-9pm

\$275/TEAM

LOCATION: JUANITA BEACH PARK



### Small Goal Soccer

Fun, fast-paced, and affordable 6v6 adult soccer. Full teams and free agents who need a team can join us for the action! League winners receive championship shirts and a trophy.

#### AGE:18+

18304	Coed	Thu	6/6-8/8	7-10pm
18302	Men's	Thu	6/6-8/8	7-10pm

\$800/TEAM

18305	Free Agent	Thu	6/6-8/8	7-10pm
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\$80/PER PERSON

LOCATION: 132ND SQUARE PARK  
INSTRUCTOR: SMALL GOAL SOCCER

FREE AGENTS, CONTACT  
LOREN.LANGLEY@THESPORTSCLUB.APP

## Three Ways to Register

Registration is first come, first served. Online registration is your best opportunity for getting into the program of your choice!



### ONLINE AT KIRKLANDPARKS.NET

When enrolling online, please sign your electronic waiver and print your receipt when prompted.

VIEW REGISTRATION TIPS AT  
[KIRKLANDWA.GOV/RECREATIONGUIDE](http://KIRKLANDWA.GOV/RECREATIONGUIDE)



### WALK-IN (OPEN AT 8:00 AM)

North Kirkland Community Center  
12421 103rd Ave NE

Peter Kirk Community Center  
352 Kirkland Ave

Kirkland City Hall  
123 Fifth Ave



### PHONE-IN

425-587-3336  
Monday–Friday,  
8:00 AM–5:00 PM

Please have 5 digit course number and credit card information ready.  
On registration day, 3/19 & 3/20 phone line opens at 7AM or 3/21 at 8AM.

## All Are Welcome

The City of Kirkland is committed to offering programs and services that are inclusive and where people from all backgrounds feel a sense of belonging, regardless of race, gender identity, gender expression, sexual orientation, socioeconomic position, or physical/cognitive ability.



Please visit [www.kirklandwa.gov/Recreation](http://www.kirklandwa.gov/Recreation) for our inclusion policies. Kirkland Parks and Community Services is committed to accommodating people with disabilities and will make every reasonable effort to ensure that programs and services are accessible. To request an accommodation, please call us at 425-587-3300. TTY/TTD 425-587-3111

Alternate Formats: Persons with disabilities may request materials in alternative formats. Persons with hearing impairments may access the Washington State Telecommunications Relay Service at 711.

Kirkland Parks and Community Services staff are unable to provide personal care (feeding, toileting assistance, giving medications, transfers, etc.). Participants in need of personal assistance are encouraged to participate with a caregiver. Older adults with care needs may be eligible for community-based programs, such as adult day care centers (see page 73). Contact EvergreenHealth Community Health Care Access Team at 425-899-3200 for other options.

## Inclement Weather

The safety of program participants and staff is the primary consideration when determining whether programs should be canceled, rescheduled, or modified due to inclement weather, excessively high or low temperatures, poor or icy road conditions, poor air quality, or other events which may jeopardize safety. The City of Kirkland typically follows the lead of the Lake Washington School District when determining cancellations during the school year. When school is not in session, City staff will evaluate conditions and make the appropriate decision to cancel or delay programs. When air quality levels in Kirkland are deemed unhealthy according to the Environmental Protection Agency's (EPA) website [www.airnow.gov](http://www.airnow.gov), all outdoor programs will be canceled or rescheduled. Additionally, the Peter Kirk Pool will be closed, and beaches will not be staffed by lifeguards. Refunds will be considered on an individual program basis but are not guaranteed. Our inclement weather hotline is 425-587-3335.

## Title VI

Kirkland's policy is to fully comply with Title VI of the Civil Rights Act by prohibiting discrimination against any person on the basis of race, color, national origin or sex in the provision of benefits and services resulting from its programs and activities. Any person who believes his/her Title VI protection has been violated may file a complaint with the City.

To request an alternate format, file a complaint or for questions about Kirkland's Title VI Program, contact the Title VI Coordinator at 425-587-3011 or [titlevicoordinator@kirklandwa.gov](mailto:titlevicoordinator@kirklandwa.gov).

Para pedir un formato alternativo, presentar una queja o si tiene preguntas sobre el Programa del Título VI de Kirkland, comuníquese con el coordinador del Título VI llamando al 425-587-3831 o en [titlevicoordinator@kirklandwa.gov](mailto:titlevicoordinator@kirklandwa.gov).

Para solicitar um formato alternativo, registrar uma reclamação ou tirar dúvidas sobre o Programa Título VI de Kirkland, entre em contato com o Coordenador do Título VI pelo telefone 425-587-3831 ou em [titlevicoordinator@kirklandwa.gov](mailto:titlevicoordinator@kirklandwa.gov).

Чтобы запросить другой формат, подать жалобу или задать вопросы о программе Title VI г. Киркланда, свяжитесь с координатором по номеру 425-587-3831 или по электронной почте [titlevicoordinator@kirklandwa.gov](mailto:titlevicoordinator@kirklandwa.gov).

如需获取其他格式、提出投诉或对柯克兰的第六章计划 (Title VI Program) 有疑问, 请致电 425-587-3831 或发送电子邮件至 [titlevicoordinator@kirklandwa.gov](mailto:titlevicoordinator@kirklandwa.gov) 与第六章协调员联系。

Để yêu cầu một định dạng khác, nộp đơn khiếu nại hoặc nếu có câu hỏi về Chương Trình Tiêu Mục VI của Kirkland, hãy liên hệ với Điều Phối Viên Tiêu Mục VI theo số 425-587-3831 hoặc [titlevicoordinator@kirklandwa.gov](mailto:titlevicoordinator@kirklandwa.gov).

다른 형식을 요청하거나, 민원을 제기하거나, 커클랜드의 제VI편 프로그램 (Title VI Program)에 관한 문의 사항이 있는 경우, 전화 425-587-3831번 또는 이메일 [titlevicoordinator@kirklandwa.gov](mailto:titlevicoordinator@kirklandwa.gov)로 제VI편 코디네이터에게 문의하십시오.

## Refunds / Cancellations / Transfers

- To request a transfer or cancellation, please email us at [eparks@kirklandwa.gov](mailto:eparks@kirklandwa.gov) or call 425-587-3330.
- Some programs have specific cancellation requirements outside our general cancellation policy listed below. For detailed information, please see our Refund and Cancellation Policies at [www.kirklandwa.gov/Recreation](http://www.kirklandwa.gov/Recreation).

- Refunds are granted if a request is made at least five business days prior to the start of a program, less a \$10.00 administrative fee applied to each program withdrawn.
- A 50% refund of the registration fee will be granted for program withdrawal requests received less than five business days prior to the start of program.
- Please note: Programs paid by check or cash will be refunded by check. No refunds will be given for programs that cost less than \$10.00.
- No refunds will be issued on or after the first day of program.
- Online enrollments resulting in withdrawals are subject to cancellation policies listed above.
- A 100% refund will be given if a program is canceled by Kirkland Recreation.
- Transfers must be requested five business days prior to the start of a program. (Exception: progressive level transfers directed by program instructor.)
- Visit [www.kirklandwa.gov/ParkRentals](http://www.kirklandwa.gov/ParkRentals) for facility rental cancellation and change policies.
- Community Center Special Events: Unless otherwise noted, event tickets will be available until 5pm seven business days prior to the event. No tickets will be sold the day of the event. Event tickets are not refundable or transferable.

## Disclaimer

This schedule of activities is published for informational purposes only. We strive to produce the most accurate guide possible. However, some program information may have changed after this guide has gone to print. We will make every effort to notify participants of the changes. Our website [www.kirklandparks.net](http://www.kirklandparks.net) will be most up to date.

## WATCH FOR THESE ICONS



New Program



Virtual Program



Family Program