KIRKLAND PARKS & COMMUNITY SERVICES - NOVEMBER 2023



The third annual Kirkland Health and Wellness Fair took place on Saturday, September 16, 2023, at Juanita High School with over 1,200 community members participating in the event. Activities at the fair included health screenings, urgent dental services, flu shots, and bicycle helmets with personal fittings. The event was led and organized by King County Promotores Network (KCPN).

The Kirkland Health and Wellness Fair began as a pilot project in 2021 organized by City of Kirkland Human Services staff. The goal of the pilot event was to provide access to vaccinations, healthcare,



and human services, and to provide community connections following almost two years of COVID-19 pandemic isolation. In 2022, King County Promotores Network (KCPN) was selected to lead the event. The second fair was a great success with more services provided, more community members served and more resources available to the community. Following on the accomplishements of the two fairs, the Kirkland City Council allocated \$40,000 per year to support the planning and implementation of the fair in 2023 and 2024. The City contracted with KPCN to organize the Health Fairs for 2023 and 2024.

For the 2023 Kirkland Health and Wellness Fair, KCPN decided to add a mentorship component. The group recognized the importance of sharing knowledge, access, and opportunity with other organizations in the community, especially those that are small, or created by and operated for BIPOC communities. Youth Eastside Services' Latino Services Program was selected to participate in the mentorship program with KCPN. Fair services expanded this year to include bicycle helmets and fittings. Languages supported at the 2023 fair included: Arabic, Cantonese, Hindi, Mandarin, Portuguese, Russian, Spanish, Tagalog, Ukranian and English.

The 2023 Kirkland Health and Wellness Fair numbers:

- 1,203 community attendees
- Health screenings and tests conducted:
 - o 111 basic health screenings
 - o 35 A1C tests
 - o 10 HIV tests
 - o 13 doctor consults
- 19 dental services provided
- 115 flu shots provided
- 31 community organization and services exhibitors
- Volunteers:
 - o 49 KCPN staff & collaborators
 - o 16 Youth Eastside Services youth group members
 - o 33 medical students
 - o 1 doctor
 - o 5 Public Health Reserve Corps
 - o 5 City of Kirkland Human Services staff

health screenings

35
AIC tests
flu shots

19
dental services

Staff look forward to the next Health and Wellness Fair in the fall of 2024.

ADMINISTRATION

2023 PROPOSITION 1

The November 2023 election results were certified on November 28, 2023. Proposition 1 did not pass as 40.55% of Kirkland voters voted for the measure and 59.45% voted against the measure. City Council and leadership staff continue to work to identify how to meet community aquatic and recreation needs in the future.

FIRST AID, CPR, & AED TRAINING

Staff finished recertifying in First Aid, CPR, and AED training during November. The classes included an online portion followed by in-person skills practice. Jack and Maya from our Recreation Aquatics division led the in-person skill sessions. In all, over 50 staff received their American Red Cross certifications which ensures that our department is prepared to act in the event of an emergency.



SPECIAL EVENT SERVICES



Staff supported the activities listed below through permitting;

coordination with other City departments for street closures, Fire and Police support, safety and sanitary regulations, and banners; City facility use such as parks, parking lots and streets, evening and weekend on-call logistical support as needed; and communication with the public. Information about permits can be found at KIRKLANDWA.GOV/SPECIALEVENTS.

UPCOMING EVENTS

DATE/TIME	EVENT	LOCATION	MORE INFO
Friday, December 1	Google Lights	Feriton Spur Park	KIRKLANDDOWNTOWN.ORG
Saturday, December 2	Kirkland Winterfest	Marina Park	KIRKLANDDOWNTOWN.ORG
Thursday, December 7	Grand Menorah Lighting	Marina Park	WWW.JEWISHKIRKLAND.COM
Sunday, December 10	12K's of Christmas	Marina Park	SRC12KSOFCHRISTMAS.COM

PARK MANAGEMENT

LEAF SEASON IN FULL SWING

November brought heaps of leaves to our parks and crews have been busy keeping the sidewalks, sports courts, playgrounds, and pathways clear while still moving forward on several special projects. See the **Parks Management Detail Reports** for breakdown of tasks and locations. Here are monthly highlights from our four crews:

BALLFIELDS/CEMETERY

- Teamed up with Horticulture and Support to establish yearround parking at Snyder's Corner.
- Removed copious leaves from all ballfields, sport courts, school partnership, and assigned community parks.
- Implemented burial and internment services at the cemetery. Flags were placed on veterans' graves for Veterans Day.
- Removed garbage from the wooded area of the NW corner of the cemetery.
- Improved drainage at Peter Kirk Park.
- Cleared clogged storm drains at Everest and Peter Kirk parks.



HORTICULTURE

- Planted trees in active use areas at OO Denny, McAuliffe, Waverly, and Edith Moulton parks.
- Removed failed limbs at Yarrow Bay and OO Denny parks.
- Removed dead pine tree from Crestwoods Park.
- Ground stumps at Forbes, McAuliffe, Spinney, and NKCC parks.
- Removed copious leaves from all pathways, lawns, playgrounds, and hard surfaces at assigned parks.
- Weeded beds at Heritage Park.

NATURAL AREAS/GREEN KIRKLAND PARTNERSHIP

- Removed litter from behind the bus stop at Totem Lake.
- Planted four weeping willow trees in the west lawn at Juanita Beach Park
- Removed dumped trash and debris from Crestwoods Park.
- Removed copious leaves from all pathways, lawns, playgrounds, and hard surfaces at assigned parks.
- Mulch mowed leaves at Juanita Bay and North Rose Hill Woodlands parks.
- Teamed up with Ballfields and Horticulture to host a regional leaf management demonstration.

SUPPORT

- Repaired the family restroom door lock at Juanita Beach Park.
- Inspected all playground equipment, including stepping blocks, at Totem Lake Park.
- Pumped the grease trap at Everest Park.
- Tilled chips and added belt swing mats at Van Aalst and Cedar
- Winterized (shut-off) the drinking fountains at all park sites.
- Winterized (closed) the non-year-round restrooms at all park sites.





UPCOMING EVENTS

- There are seven public volunteer restoration events scheduled for December.
- More information can be found at www.greenkirkland.org. We hope to see you there.

PARK PLANNING AND DEVELOPMENT

Below is a high-level summary and status update of the active Park Planning and Development projects. Please visit the Park Planning and Development **WEBSITE** to learn more about these projects.

132ND SQUARE PARK

Staff and contractor continue to work on minor punch list items. The stormwater team partnered with **RAINWORKS** to install an anti-pollution art message in mid-November that reads "Lake Washington Starts Here - Don't Pollute, Protect Our Fish." The remaining slide and play hill turf will be installed by the end of the year.

Background of the project: The City replaced a non-regulation grass sports field with a synthetic turf field and installed a surface water detention structure underneath the field. Construction started June 28, 2021 and the park was opened on July 15, 2023.



EVEREST PARK PLAY AREA AND ADA ENHANCEMENTS

Everest Park playground has been identified as the next playground to be replaced for the benefit of the community. Staff plans to release a Request for Proposal for professional services Spring 2024 to design the playground and connecting accessible pathways.

Background of the project: This ongoing capital project strives to replace aging playgrounds, improve sports courts, and make ADA improvements in the parks throughout the system.

HOUGHTON AND EVEREST RESTROOM REPLACEMENT

The restroom building at Houghton Park is planned for replacement. During the scoping process, staff identified opportunities to analyze the building's current location and potential for programmatic improvements. Staff has contracted with a consultant to develop preliminary 10% design options and costing for further consideration. The restroom building at Everest Park is also planned for replacement in 2024 due to its age and condition. Staff has contracted with a consultant to develop design and construction drawings.

Background of the Project: This capital project repairs or replaces park restrooms in the system. Restrooms at Houghton and Everest Restrooms have been identified for replacement due to their age and condition.

TOTEM LAKE PARK

Three cantilever shade sails were installed at the beginning of November to provide relief from the sun during the summer seasons. The sail fabric was placed in storage during the winter and will be installed again in the spring.

Background of the Project: In July 2021 the City opened Totem Lake Park as its newest neighborhood park. The park features an accessible playground, restrooms, scenic view locations, environmental restoration and a boardwalk connecting the park through the eastern side of the lake property to the Cross Kirkland Corridor.



RECREATION SERVICES



TEENS KEEP KINDNESS COOL

With our Teens-Giving and our World Kindness Day celebrations, Kirkland teens have been keeping kindness cool. Over 30 youth, ages 11-18, enjoyed games, ate a feast, and participated in ten affirmation stations including thank you cards, positive business reviews, and unhoused care package preparation. These events brought teens from five Kirkland schools together to celebrate gratitude and make kindness the norm. Check out pictures and upcoming events on the KIRKLAND TEEN PAGE.

KIRKLAND SENIOR COUNCIL

Recruitment for the Kirkland Senior Council (KSC) ran during the month of October resulting in many impressive applications. The KSC was thrilled to offer positions to nine

community members. The KSC

welcomes and looks forward to working with Kurt Ahrensfeld, John Barnett, Maru De La Pena, Phillip Jennings, Michael Kovsky, Susan Prows, Joyce Stone, Charlotte Svenson and Barbara Trunkhill.

PETER KIRK COMMUNITY CENTER CELEBRATIONS

The Thanksgiving celebrations started out on November 16 with over 80 seniors enjoying fun entertainment by a Buddy Holly performer. On November 21, MorningStar Senior Living sponsored a Thanksgiving pie give-away for 75 seniors to help make their holiday more delicious. On November 22, the community dining program served a traditional turkey meal with all the trimmings to 70 seniors from Kirkland and the surrounding areas.



hanksgiving luncheon Peter Kirk Community Center

FALL VOLLEYBALL LEAGUE

54 teams competed in various skill divisions in our Fall Volleyball League. The season concluded the week of November 13, 2023 and champions were crowned. Congrats to all the Fall 2023 Volleyball League champion teams!







Fall 2023 Volleyball League champion teams.

RECREATION DATA





