



NEW STEWARD ORIENTATION FALL 2022

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Thank you for joining us

Your Hosts:

Jeremy Jones and Jacob Gunden, City of Kirkland Etiquette:

Attendees place on audio mute.

Please use the chat feature for questions.

We will take select questions at the end.

Slides will be sent to attendees via email.

Update your Name & Preferred Pronouns



Jeremy Jones

Green Kirkland Partnership Coordinator

City of Kirkland

Parks and Community Services Department

Parks Management Division





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Land Acknowledgement

We acknowledge that the Southern Salish Sea region lies on the unceded and ancestral land of the Coast Salish peoples, the Duwamish, Muckleshoot, Puyallup, Skykomish, Snoqualmie, Snohomish, Suquamish and Tulalip tribes and other tribes of the Puget Sound Salish people, and that present-day City of Kirkland is in the traditional heartland of the Lake People and the River People. We honor with gratitude the land itself, the First People – who have reserved treaty rights and continue to live here since time immemorial – and their ancestral heritage.

We encourage you to visit the City of Kirkland <u>Land Acknowledgement page</u> for more information.

Introductions

Name

Favorite thing you've seen in nature lately.

Park or space you are interested in being a Steward.



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New Steward Orientation



Session 1 Tuesday Sept 13, 6-8pm

Overview of the Green Kirkland Partnership Steward Program & Urban Forestry Stewardship

Session 2 Saturday Sept 17, 10am-12pm

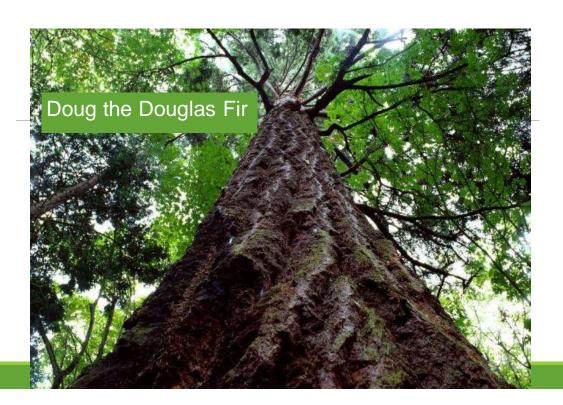
Field Practices – Invasive Control and Mulching

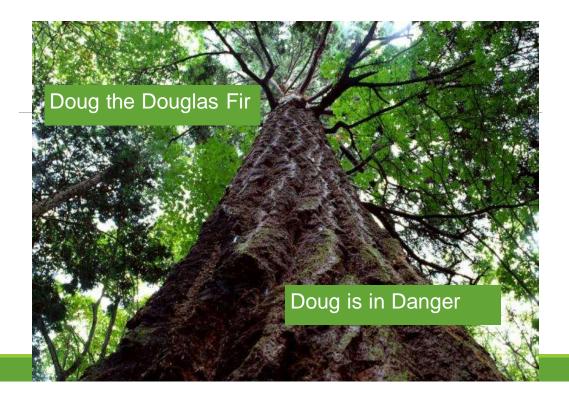
Session 3 Tuesday Sept 20, 6-8pm

Volunteer and event management

Key Takeaways

- ➤ Green Kirkland Partnership engages the community to restore natural areas in City of Kirkland Parks.
- Steward position is an ongoing volunteer leadership position that supervises other volunteers engaged in urban forest restoration in City parks.
- Urban forests provide many benefits and need your help to remain healthy!





Over 500+ Acres of Forest & Natural Areas in Kirkland's Parks



Equivalent to 142 Ballfields



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https://www.arborday.org/trees/index-benefits.cfm

Clean Air and Clean Water



13

Wellness and Recreation



Wildlife Habitat & Native Biodiversity









Photo: B. Bernson, 2015 Allaboutbirds.org



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Benefits of Urban Forests...



Photo: E. Beers, WSU

https://www.itreetools.org/



https://www.washingtonnatur e.org/cities/stormwater/green -infrastructure-infographic





Green Cities: Good Health
http://depts.washington.edu/hhwb/



https://forterra.org/service/evergreen-carbon-capture



https://www.arborday.org/trees/index-benefits.cfm



We have manipulated our landscapes for 1,000's of years



Photo credit: Thayne Tuason; CC BY-SA 4.0



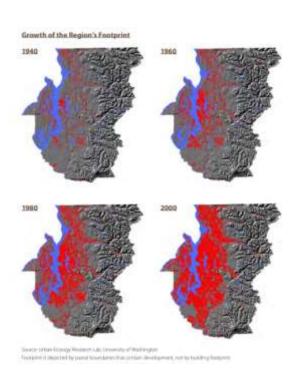
Logging, Resource Extraction, & Farming



Bothell, 1890 - Photo Credit: MOHAI, HistoryLink.org

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Rapid Urbanization



Habitat fragmentation & Loss

1936 Aerial Photo Juanita Creek area



Image Credit: King County iMap https://kingcounty.gov/services /gis/Maps/imap.aspx

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Habitat fragmentation & Loss

2019 Aerial Photo Juanita Creek area



Image Credit: King County iMap https://kingcounty.gov/services /gis/Maps/imap.aspx

Soil compaction and alteration



Photo credit: SoilforSalmon.org

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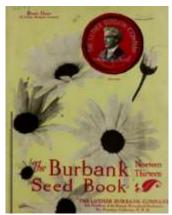
Deciduous canopy now at old age



Bigleaf Maple

Import of non-native species





ANN DORNFELD, KUOW August 29, 2016 https://www.kuow.org/stories/strange-twisted-story-behind-seattles-blackberries

25

Key Threat: Invasive Plant Species

English & Atlantic ivy

Scotch broom









In 500+ Acres of Forest & Natural Areas in Kirkland's Parks...



27

Ivy present in 50% of acreage

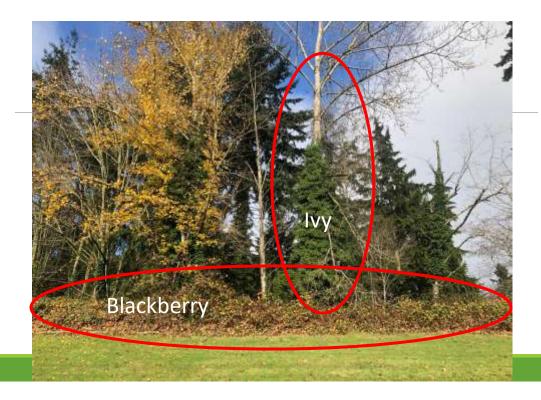


Other invasive species present in as much as 80% of acreage



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Native Tree Regeneration is limited in understory



Pests & Pathogens







Laminated Root Rot in Douglas Fir

33

Climate change and drought

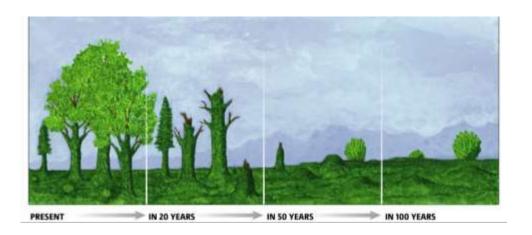
"The cumulative impacts of warming, altered hydrology, and increasing natural disturbances are driving range shifts in tree species, forest-associated animals and invasive species, resulting in altered forest companity.

Shirk, A., Morgan, H., Rrosby, M., Raymond, C., Mauger, G.S., Helberecht, L. 2021. Preparing Washington Department of Fish and Wildlife for a changing climate: assessing risks and opportunities for action. A collaboration of the Washington Department of Fish and Wildlife and University of Washington Climate Impacts Group

Photo: Dead Western redcedar at Watershed Park, Kirkland WA



If we do nothing, the forest benefits may not be here for the future...



35

We can Reverse the Trend



Layers of multi-generational native trees, diverse flowering shrubs and groundcovers, snags and woody debris

Before



37

During



After



39







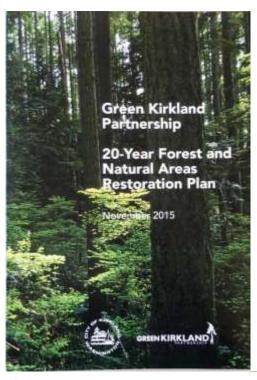
The Green Kirkland Partnership engages the local community in the restoration and care of natural areas in City parks.

Green Cities Network

FORTSRRA







20-Year Forest and Natural Areas Restoration Plan

Founded 2005 with strong community support

Goals:

Enroll all 500+ acres of natural area parklands into active restoration by 2035

Restoration program with capacity of long-term stewardship

Robust Steward & Volunteer Engagement Program

Sustainable funding, operations, and field staff resources

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Partners

















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Parks and Community Services: Parks Management

Green Kirkland Partnership

Founded in 2005

First 20-year plan in 2008

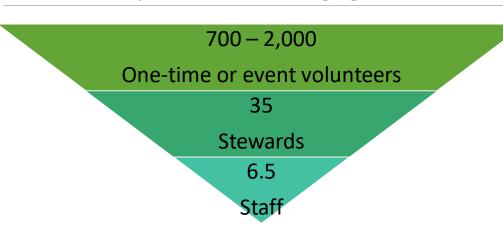
Revised 20 Year Plan in 2015

Park Levy for staffing

Grant Funding for volunteer & contract services



Community Volunteer Engagement

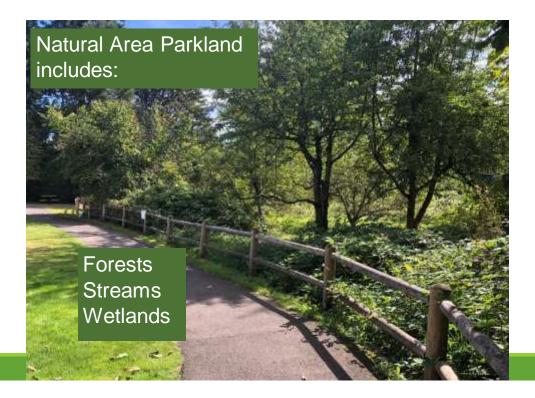


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Where do we work?

Mapped Natural Areas within Kirkland's Parks (~500 acres)





View our progress & Mapped natural areas

View our progress & Learn more:

www.greenkirkland.org

About Us Page

Resource Page



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Accomplishments

29,000+ Volunteers 121,000+ Hours

Value of Volunteer Time: \$2,900,000+



Accomplishments

300 of 510 acres enrolled in restoration

Active in 27 of 49 parks with natural area

53



Volunteer Leadership Position with Green Kirkland Partnership and City of Kirkland

See Position
Description and
Expectations



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Steward Position

~Two Year position commitment

Host events or other volunteers at least 2x year

Annual: ~ 12+ hours commitment

Supervise other volunteers in stewardship

Attend Trainings

Request Support, Plan, & Provide Data

Ongoing volunteer onboarding

Youth: Age under 18 - 14 with adult Steward supervision



Stewards receive training and ongoing support after onboarding



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'Heart and Soul' of the Partnership













Stewards lead & plan site restoration



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Stewards lead volunteer events and outreach



Lead Activities: removing invasive plants



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Lead Activities: spreading mulch



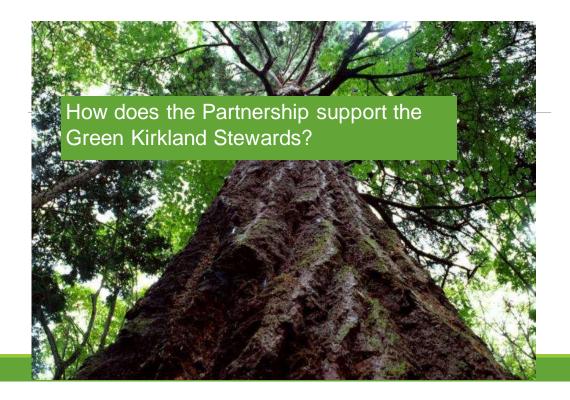
Lead Activities: Planting Native Plants



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Steward log activities, plan and request materials









Staff or Conservation Corps field support













Volunteer Appreciation Events and Gear City of Kirkland Volunteer Benefits

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Green Kirkland Partnership

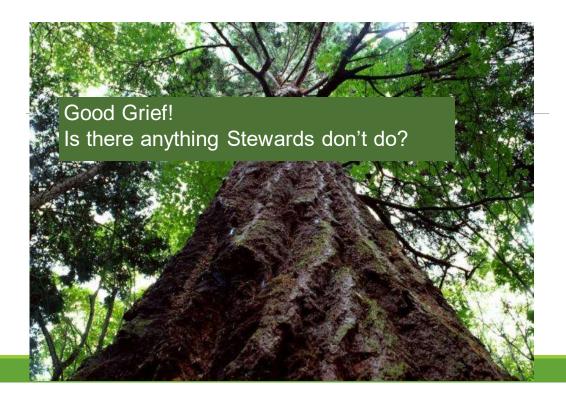
An important update from Parks and Community Services - COVID-19
2/7/2021 - For the largest information about how so contact staff and what park amenities are currently open under the Governor's Healthy Washington plan, please visit the Kirbland Parks Plan, it Safe Website

The Green Kirkland Partnership works to engage the local community in the restoration and care af natural areas in City parks.

Volunteer With Us!

About Us

What to Expect as a Volunteer





Stewards avoid steep slopes, streams, wetlands and other sensitive areas





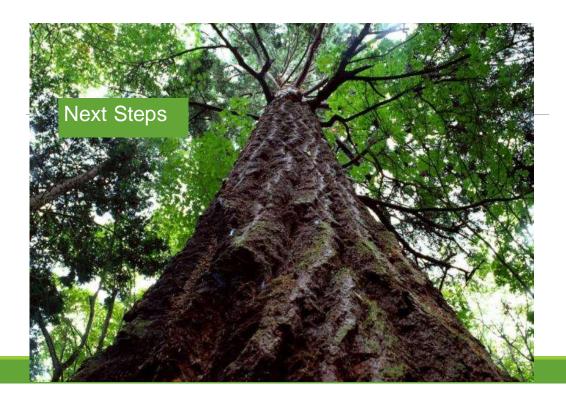
Stewards don't use power tools or do trail construction





...But Stewards have a lot of fun and are a great community!





Ways to Volunteer



Differ in levels of: Commitment, responsibility, training and benefit

Steward Onboarding Application

Steward Application Form

- City of Kirkland Ongoing Volunteer Form
- Background check
- Interview Form and 2 References (via email)
- Expectation Checklist
- Review City of Kirkland Volunteer Policy



https://www.kirklandwa.gov/Government/Departments/Parks-and-Community-Services/Green-Kirkland-Partnership/What-to-Expect-as-a-Volunteer

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Stewards under age 18

Must serve alongside an adult who completes the Steward onboarding process and is present to supervise events.



Steward Orientation

Sample Training Plan GKP Program Overview & Steward Q&A (2 hours)

Restoration Best Management Practices (2 – 4 hours)

- Plant Communities of the Kirkland
- Native and Invasive Plant Identification
- Invasive Plant removal, disposal and composting techniques
- Native Plant Installation
- · Tools and Techniques
- · Goal Setting and Site Assessment

Volunteer Management Best Practices (2 – 4 hours)

- Prepare for your event Before, During and After
- Volunteer Policies and volunteering with the City of Kirkland
- Attend volunteer events led by Green Kirkland Stewards



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Park & Site Selection

Based on need, interest, and commitment level

Phase 1 & 2: New removal & Planting

South Norway Hill, Windsor Vista, Kingsgate, Watershed, Edith Moulton...

Phase 3: Maintenance

OO Denny, Juanita Heights, Juanita Bay, Juanita Beach, Carillon Woods, Everest, Crestwoods South Rose Hill, North Rose Hill, Rose Hill Meadows and more...

Steward Onboarding: Site Orientation & Plan

Talk about you!

- Confirm your time commitment
- Your interests in the park
- Your skills and training needed

Walk and talk about stewardship goals

Review:

- Select restoration techniques
- · Reporting requirements
- Site orientation, boundaries and safety

Start small, dream big



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After Field Training

I'm ready to be a Steward:

- Contact us if you're interested to <u>lead or support volunteers and/or restoration activities on an ongoing basis and adopt a site</u>.
- Steward Application
- Site Visit and Site Orientation

I'm not ready to be a Steward:

- Contact us if you'd like to volunteer on an <u>ongoing basis</u> with a team
- Visit our volunteer calendar if you're looking for a one-time / occasional opportunity

Materials and Resources

Reference Materials

- <u>Steward Field Guide</u> we'll use this during training, hardcopy provided
- Link to: 20 Year Forest and Natural Areas Restoration Plan (hardcopy provide)
- Link to: <u>Steward Resource Page</u>
- Steward Field Clipboard, other forms and fun materials will be provided!



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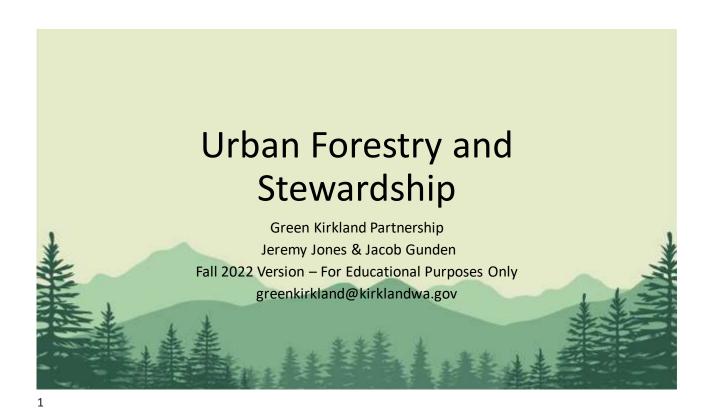
Key Takeaways

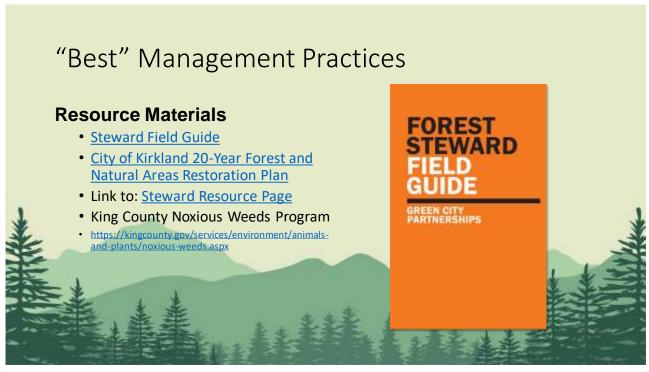
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- Urban forests provide many benefits and need your help to remain healthy!
- Steward position is an ongoing volunteer leadership position that supervises other volunteers engaged in urban forest restoration in City parks.



Thank you www.greenkirkland.org

JEREMY JONES * 425-587-3306 * JJONES@KIRKLANDWA.GOV





Key Take Aways

- Stewardship is a long-term investment maintenance is key to meet goals.
- Goal is healthy forests though we focus heavily on controlling weed impacts in this presentation.
- There are many ways of knowing and doing... methods here have worked in the past and are approved for use in our parks.

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Ecological Restoration

Ecological restoration is the process of assisting the recovery of an ecosystem that has been degraded, damaged, or destroyed.

Assisting recovery can be as simple as removing an invasive species or reintroducing a lost species or a lost function (like fire); or as complex as altering landforms, planting vegetation, changing the hydrology, and reintroducing wildlife.



Invasive Weeds – a forest stressor

Reproduce and Grow Quickly * Few natural local controls * Cause harm * Highly competitive

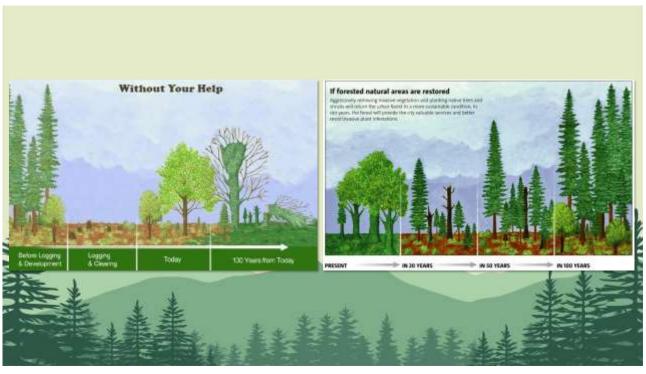




Photo credit: Forterra

Photo credit: Washington Noxious Weeds

5

















Control Methods – Invasive Blackberry



Growth:

Spreads by seed, rooting at stem tips, and sprouts from root buds

Control Options:

- Repeated cut/graze/mow
- Digging/grubbing
- Chemical

Maintenance is key!

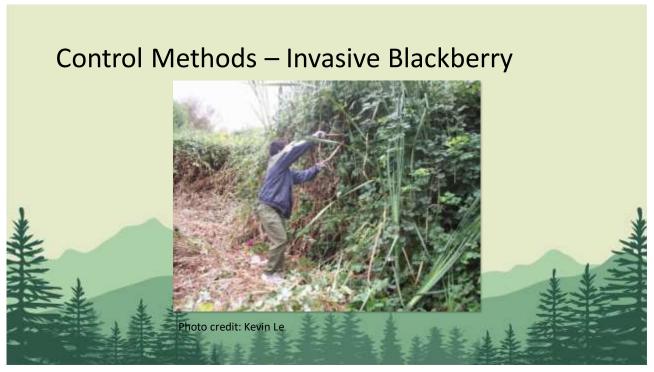
Photo credit: Leslie J. Merhoff

Impacts: Why control these species?

Invasive Blackberry

- Forms dense thickets reducing plant diversity by excluding most other species including trees and flowering plants
- Impedes wildlife and people
- Hides erosion
- Berries are tasty





Control Methods – Invasive Blackberry



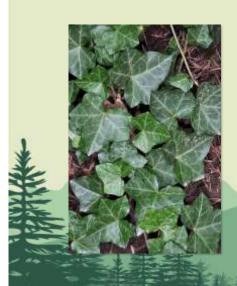




Photo credit: Southwest Neighborhoods Photo credit: Washington Noxious Weeds

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Control Methods - Ivy



Growth

Spreads by bird deposited seed and significant vegetative growth on ground and trees.

Control options

Manual cutting and grubbing of vines Cutting survival rings on trees

Chemical control is limited

Impacts: Why control these species?

Invasive Ivy

- Forms dense groundcover reducing plant diversity
- Climbs trees adding weight and retains moisture against trunk promoting rot
- Competes for light on ground and branches
- Lightly rooted promotes and hides significant erosion
- Plant is somewhat toxic

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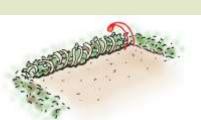
Control Methods – English Ivy



Photo credit: Washington Noxious Weeds

Control Methods – English Ivy







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Control Methods — English Ivy Photo credit: Forterra

Removal Methods – English Ivy

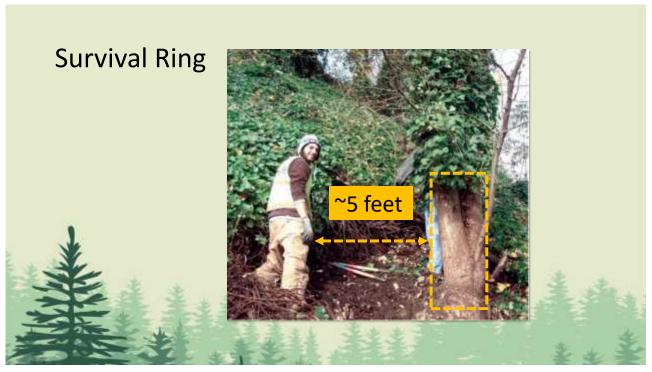




Photo credit: Fernbank Museum

Photo credit: Washington Noxious Weeds

35









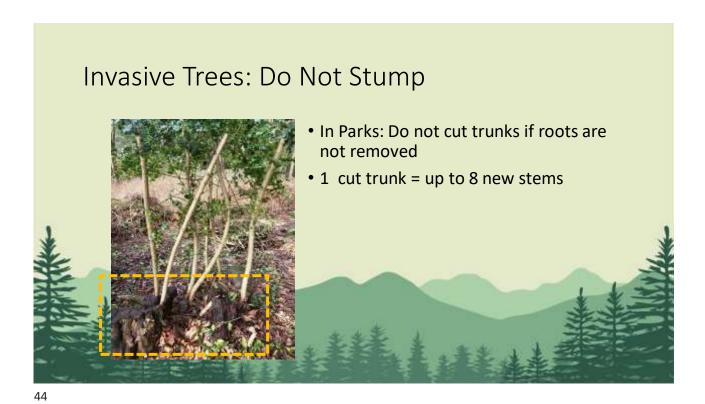




Invasive Trees: Manual







Invasive Trees: Herbicide by staff

• Herbicide used by Parks Staff under supervision of licensed applicators
• Crews will sweep management units for invasive trees too large to hand pull

Photo credit: https://www.arborsystems.com/ez-ject/

Mulch and Soil Health

Benefits:

- Reduce Erosion
- Retain soil moisture
- Reduce Weed regrowth
- Add organic matter to soil



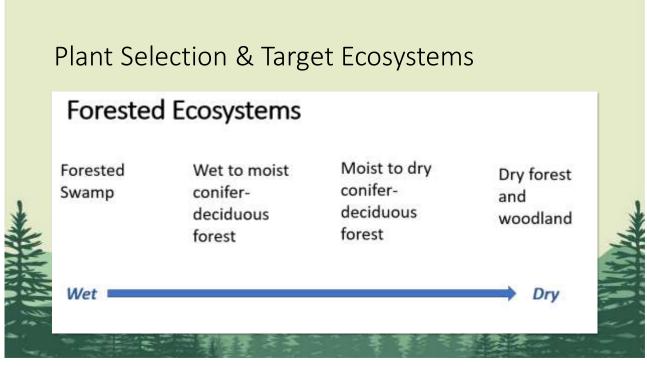
46

Mulch and Soil Health

- Add 4-6 inches of arborist chips aka 'mulch'
- Cover large bare areas, slopes, and areas with no canopy immediately.
- Cover flat areas with native cover under canopy as is possible.
- Add mulch rings to new plantings













Phase 3: Site Maintenance

Mulching Weeding Watering

Protection Monitoring

Maintenance Weeding

- Reaching goals depends on maintenance!
- Plan Spring and Late Summer weeding parties
- Weed and mulch rings 1-2 foot diameter around each planting
- It will look worse before it looks better



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Mulch

Why important:

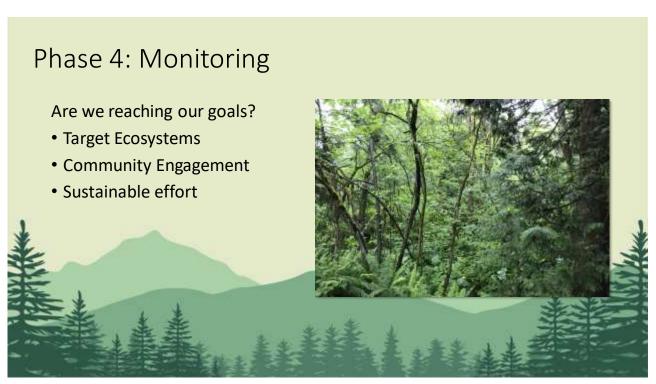
Preserves moisture, reduces weeds, adds organic amendment

How much:

- 2 4 buckets, ~1-2' foot diameter
- Keep hand width away from stem







Annual Trainings for Stewards

- Volunteer Management (Part of New Steward Orientation)
- Field Skills (Part of New Steward Orientation)
- Planting Plan Development and Plant Selection (Spring)
- Plant Identification (Early Summer)
- Plant Installation, Protection and Volunteers (Fall)
- Other trainings such as wildlife habitat, selecting native plants, etc offered on a rolling basis



• www.greenkirkland.org

Questions

• greenkirkland@kirklandwa.gov







SITE PLANNING MODULE
NEW STEWARD ORIENTATION
FALL 2022

1

Thank you for joining us!

Your Hosts:

Jeremy Jones, City of Kirkland

Etiquette:

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Recording this presentation



Jeremy Jones

Green Kirkland Partnership Coordinator

City of Kirkland Parks and Community Services





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New Steward Orientation

Session 1

Green Kirkland Partnership Overview & Steward Program Urban Forestry and Stewardship

Session 2

Field Practices – Invasive Control and Mulching

Session 3



Site Planning

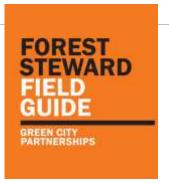
Volunteer Management

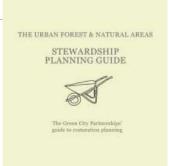
Key Points

- Site planning helps set goals and direction for stewardship
- Stewardship is a long-term investment and maintenance of sites is key.

5







RESOURCES

Site Planning for new Stewards

- How Green Kirkland maps restoration in parks
- >Site Assessment
- Annual Planning and Goal Setting
- ➤ Where to Start?
- ➤ Where to Work?
- > When to work on what?

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Green Kirkland Restoration Mapping

```
An important update from Parks and Community Services - COVID-19
3/1/22 - For the layest inflamed on about flow Williams Pyrks and Community Services is responding to the COVID-19 partiers. please with the strikest Parks Circ. S. Jah. Medical
The resources here are for Green Kirkland Stewards, volunteers and constructors.
Use the furthers below to periphite common astons for before, staring or after including activation. Explore limiter the frustions for resources indeed to stewards fig.

Request Materials, Tuols or Event Date

Enter Work Log Data

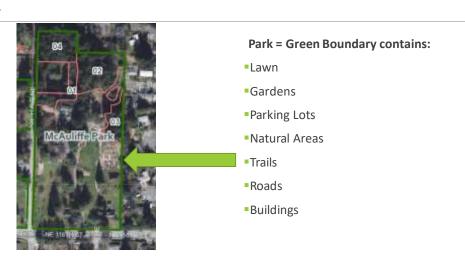
Make a Map
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Over 500+ Acres of Forest & Natural Areas in Kirkland's Parks



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Park



Park -> Natural Area



Red Boundary = Natural Area



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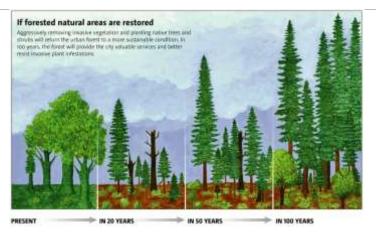
Park -> Natural Area -> Restoration Management unit



Your site may be one, some, or many management units.



What's the Goal?



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General Goals*



Establish a mixed, native coniferdeciduous tree canopy



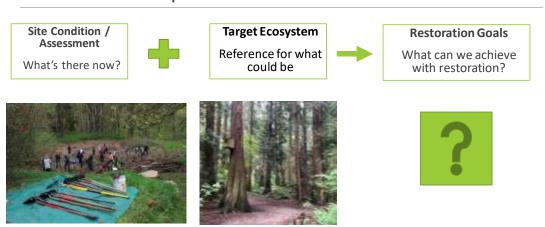
Establish diverse, multi-layered native understory shrub and groundcover layer



Low presence of target invasive plants

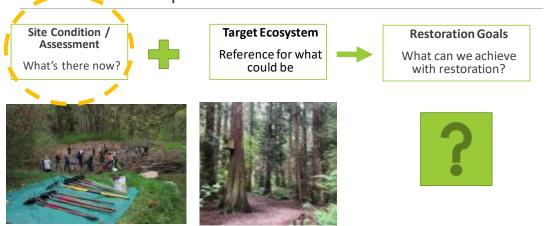
*Appropriate for many but not all sites

Goal Development



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Goal Development



Annual Plans and Goal Setting



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Site Assessment

What are current conditions?





Site Assessment

What are current conditions?



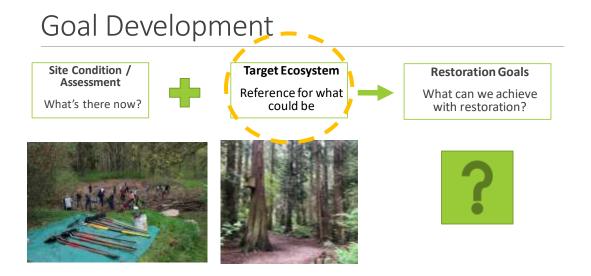


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Site Assessment & Characteristics

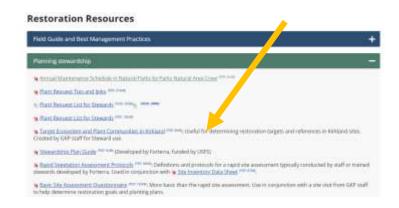
- Canopy cover & Light
- Soil texture & Moisture
- Existing Plants
- Tree regeneration
- Other Features
 - Slope
 - Aspect
 - Trails and Utilities
 - Past & Present Land Use





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Target Plant Ecosystems



Target Plant Ecosystems



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Target Plant Ecosystems can inform goals



Phases of Restoration



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Where to start?

- ➤ Protect the highest quality habitat
- ➤ Save the trees
- ➤ Utilize existing canopy & shade
- ➤ Work from edge of invasive pocket (least to worst)
- ➤ Be honest about your time & resources

Where to host volunteer activities

- Accessible to volunteers and for materials/support
- Appropriate for restoration activities performed by volunteers
- Safe not too steep or located along busy streets
- **Sturdy** sometimes wetlands or other sensitive areas are not the best choice for volunteers

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Annual Planning

Maintenance time is key!

Avoid over clearing new areas!

Proceed in stages leaving time for maintenance and reduce habitat loss.

New clearing will need several rounds of weeding/mulching and then subsequent YEARS of maintenance.

When to be most active (at least):

Spring - April, May, June

Fall - Sept, Oct, Nov



Fall

Install Native Plants

Planting Season October 15 – March 1
Install native plant protection and mulch rings

Remove invasive plants

Mulch or cover bare soil



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Why Plant in Fall/Winter

Native plant potted stock planting season:

~ October 15 - March 1

Goal = less transplant shock and lower stress/mortality
Plants are dormant portion of lifecycle
Rain returns and higher humidity
Cooler temperatures

Photo: Stressed tree transplant - Joseph OBrien, USDA Forest Service, Bugwood.org

Winter

Planting Season October 15 - March 1

Remove Invasive Plants

Mulch or cover bare soil

Avoid wettest areas to reduce compaction

Watch for early nesting birds

Cut down selected large brushy work areas before spring

Staff: Control large invasive trees



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Spring

Maintenance weeding

Mulch rings around native plants before summer

High bird nesting season - avoid clearing large amounts of brush April – July 31

Selective invasive plant control/grubbing

Mulch any bare areas

Wetland planting season

Staff: Noxious weed control



Spring Maintenance

Every Year for 3-5 Years - 'the basics'

Weed

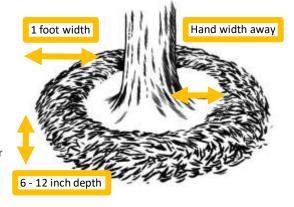
2 ft diameter around plantings or target weeds

Mulch

- 2-4 buckets/plant, 1 foot diameter 'donut'
- 4-6" depth any bare areas
- · Pull away from stem

Water

 2 gallons/plant per two weeks in dry season for new plantings where possible (3 years)



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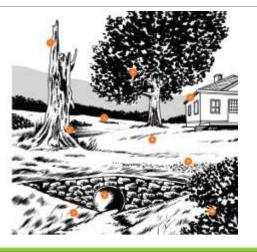
Birds and Pollinators

Avoid clearing large amounts of brush in high bird nesting season: **April 15 – July 31.**

Look for activity and high value nesting sites

Work small areas and plan the full cycle of restoration to reduce bare area.

Leave it messy and consider pollinator habitat needs.



Summer

Remove invasive plants*

Breakdown compost piles

Water native plants

Mulch any new areas

*Bird nesting season tapers around July 31

*Soil at some sites becomes too hard for removal

Staff: Truck Water Accessible Sites, Select herbicide work



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Steward Onboarding: Site Orientation & Plan

Talk about you!

- Confirm your time commitment
- Your interests in the park
- Your skills and training needed

Walk and talk about stewardship goals

Review:

- Site orientation, boundaries and safety
- Select restoration techniques
- · Reporting requirements
- · Volunteer engagement plan

Start small, dream big



Reminder

Be a good neighbor...

A Site Orientation and Plan are needed prior to beginning activities on a City of Kirkland Parks Property.

If not Parks Property, you must work with the land manager/owner.



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We are here to help!



VOLUNTEER MANAGEMENT BASICS FOR HOSTING FIELD EXPERIENCES

Fall 2022 Version – For Education Purposes only greenkirkland@kirkland.wa.gov

1

Thank you for joining us!

Your Hosts:

Jeremy Jones, City of Kirkland

Etiquette:

- Attendees are audio/video mute.
- Update your preferred name and pronouns
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Jeremy Jones

 ${\it Green Kirkland Partnership Coordinator}$

City of Kirkland Parks and Community Services





3



EVENT GUIDELINES

SANCE DESIGNATE Furnishment of the control of the c

FOREST STEWARD FIELD GUIDE

PARTNERSHIPS

RESOURCES

Key Points

- Event goals: Safe, fun, and effective
- Stewards are responsible for event safety and planning
- Required elements at every event:
 - All volunteers sign-in on the roster
 - Green Kirkland Introduction
 - Safety and Site Orientation

5



Motivations and Goals

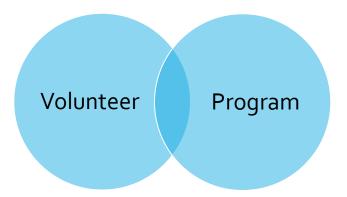
Consider a recent volunteer activity in which you participated.

Why did you volunteer?

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Motivations and Goals

Personal Values
Sense of Community
Hang out with Friends
Meet Neighbors
Feel Productive
Get Service Hours
Build Skills/Resume
Give Back
Concern for:
a place or a people



Motivations and Goals Personal Values **Engage Community** Sense of Community Get Stuff Done Hang out with Friends Leverage Resources Volunteer Meet Neighbors **Build Support** Program Feel Productive Connect to projects Get Service Hours Add skills/talent Build Skills/Resume Give Back Concern for: a place or a people

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Event Goals

SAFE FUN EFFECTIVE



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Event Structure

Before

Plan and Request

During

Registration and Orientation

After

Volunteer Activity Log





BEFORE THE EVENT

MAKE A PLAN – SUBMIT EVENT REQUEST

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Pre-Site Visit and Planning

- Make an Activity Plan (walk your site!)
- Tools, Materials, and Logistics
- Pre-Work
- Site Safety
- COVID-19 Safety Guidelines
- Community Outreach
- See Volunteer Event Planning Checklist



Where to host volunteer activities

- Accessible to volunteers and for materials/support
- Appropriate for restoration activities performed by volunteers
- Safe not too steep or located along busy streets
- **Sturdy** sometimes wetlands or other sensitive areas are not the best choice for volunteers

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Planning Activities – Site Scale

Logistics
Parking/Signage
Bathrooms
Registration
Orientation
Tools/Materials
In and Out
Activity Locations
Boundaries



Planning Activities – Site Scale

Logistics Parking/Signage Bathrooms Registration Orientation

Tools/Materials
In and Out
Activity Locations

Boundaries

Registration Orientation & Tools

In/Out Mulch

Site A

Parking

Bathrooms

Wetland

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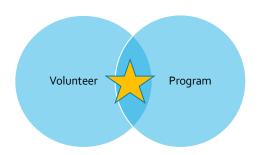
Planning Activities

Activities driven by Site

- Restoration needs Yearly Goals
- Time of year
- Site access/conditions
- Weather

Activities driven by Volunteers

- Number of volunteers
- Type of group and goals
- Skill and Experience
- Fun and Success



SAFE * FUN * EFFECTIVE

Planning Activities

- Activity
- Tools and Materials Needed
- Labor Needed
- Sequencing / Timing
- Back-up plans



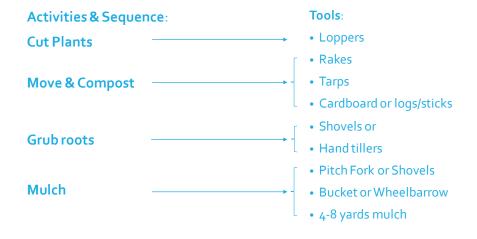
Field Guide Pages 35-67



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Planning Activities: New Removal



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Tools and Materials

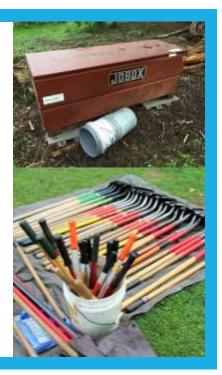
- Based on activities plan and back-up plan
- 1 tool per person or less remember 'Hands' are great tools
- Keep it simple: Basic set of tools can accomplish many things.
- Shovels, Loppers, Buckets or Tarps
- First aid kit and trash bags
- Steward notebook with emergency info
- Tool Drop, Toolbox, or Tool Trailer



Sample Tool List

New Removal – Blackberry/Ivy Mixfor 15 volunteers

- 10 Shovels or Hand tillers
- **5** Loppers
- 2 Pitch Fork
- 2 Rakes
- 1 Tarp
- 10 Buckets or 2 Wheelbarrow
- 4-8 yards mulch
- 20 gloves various sizes



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Mulch

Order in 4 cubic yard increments

4 cubic yards takes about 1-2 hours with 5 people depending on distance.

4 cubic yards is ~40-50 wheelbarrow loads

Include in request:

- Map Point
- Field Marker
- Text description

Truck must be access site



Logistics

- Parking
- Bathroom
- Registration Area
- Orientation and Demonstration Areas
- Tool cache and materials locations
- Hospitality: Water/Snacks/Trash



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Pre-event Work

- Flag hazards, work areas and 'no go' areas (Steward)
- Compost pile demo area (Steward)
- Invasive removal demo area (ivy rings) (Stewards)
- Potted plant layout for planting (Stewards)
- Access trails (Steward)
- Brushcutting new removal areas (Crew)
- Woody debris knock down (Crew)



Planning Activities: General Suggestions

- Groups may be public or closed typically 15-25 volunteers
- Divide event into different tasks and areas
- Team or pair-based activities and work areas
- Ensure enough safe working space
- Switch tasks at the hour mark if applicable
- Backup Areas and Tasks
- Balancing:
 - Quality vs. Quantity
 - Educational and productive

Ratio of Supervisor to Volunteer

- 1:<15 is best; 1:25 is common
- Adult to Youth 1:5



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Planning Activities: Large Groups

Large Group Tips:

- 1 Steward per 25 volunteers
- Mulch 'fire line brigades'
- Planting in pairs
- New removal in teams
- Competition where appropriate
 - Biggest rootball
 - Most mulch moved
- Cooperation and problem solving present the need and let them solve
- 'Show and Tell' at end of event
- Simpler tasks and sites



Planning Activities: Youth Groups

Youth Group Tips

- Adult to Youth 1:5 ratio
- Mulch 'fire line brigades'
- Pairs Planting
- Friendly Competition
- 'Show and Tell' at end of event
- Nature Walk or Scavenger Hunt
- Sub-divide event into shorter intervals based on age.
- Simpler tasks and sites
- Pages 15 16 in Field Guide



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Types of Volunteer Activities

Volunteer Events

Public or Closed to a group Waiver is Roster onsite Pre-registration via website

Set event date and time Orientation onsite at start of event

Report per event

Ongoing Activities

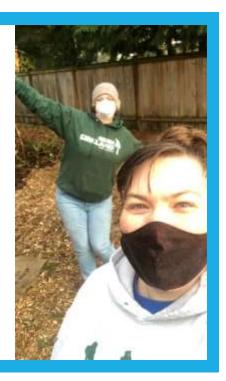
Small team or Individual Ongoing Waiver on-file prior No pre-registration

Meet on your schedule
Orientation onsite with each member

Report monthly

Planning Activities: Ongoing Teams

- Steward responsible for activities, plan & schedule
- Steward orients new ongoing volunteers as needed
- All volunteers have ongoing wavier on-file not intended as a drop-in event but is open to public
- Email group a few days before session
- Recommend at least 2 volunteers onsite for safety
- Typically, group of 3-8 regular volunteers
- Difficult to start without a few public events

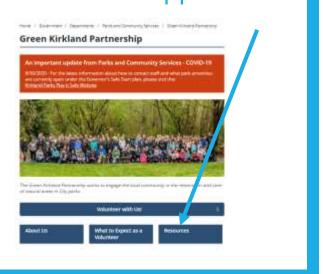


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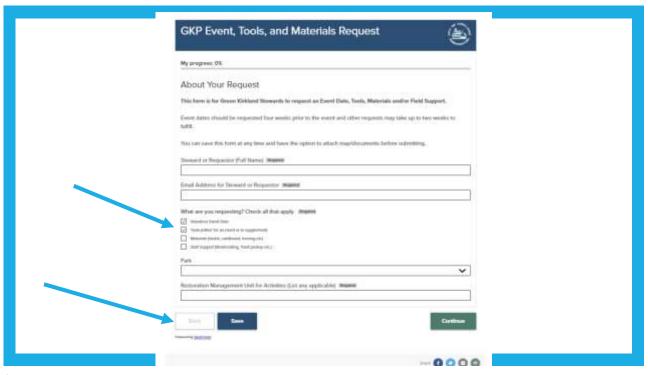
Requesting Tools, Materials and Support

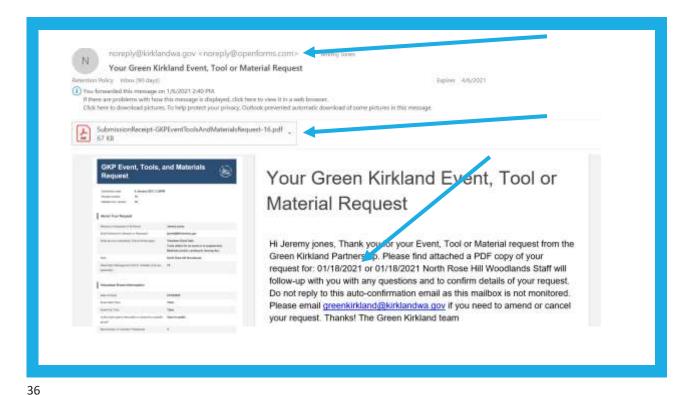
Timeline for request fulfillment prior to event:

- 4-6 Weeks Open Public Event
- 2-3 Weeks Mulch/Portable Toilet
- 1 Week Tools Only
- www.greenkirkland.org/resources









Safety Considerations

- Walk your site prior to event
- Look up, down and around
- Environmental and urban hazards
- Reduce risk by:
 - Identifying and communicating hazards
 - Control hazards directly or minimize volunteer exposure



Flagging Tape is your friend



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Hazards: Trees & Branches



Photo: Jerry Friedman Creative Commons Attribution-Share Alike 4.0 International license.

Hazard: Dead or failing branches or trees
Risk: Injury from falling debris
Look up and at base of tree
Branch hangers in tree?
Large amounts of debris on ground?
Safe to work under/around?
Susceptible canopies include:

- Cottonwood
- Bigleaf maple
- Willow
- Heavy ivy infestations

Hazards: Holes and trip hazards





Photo: Gary Fellers USGS

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Hazards: Bees, Wasps, Yellowjackets





Hazard: Stinging insects

Risk: Stings and Allergic Reactions

- More aggressive: Late Summer & Fall, warmer times of day
- Ground nests (mud/sandy or loose soils) and paper nests in vegetation (trees but also under sword fern fronds)
- Walk work areas esp. in late summer; Plan backup work areas; Flag known nest locations
- Washington State Extension: https://s3.wp.wsu.edu/uploads/sites/1384/2016/07/Ye llowjackets-and-Paper-Wasps.pdf



Hazards: Plants to avoid



Stinging Nettle (Native) Photo: Ben Legler



Poison Hemlock (Noxious Weed) Photo: King County Noxious Weeds



Pacific Poison-oak (Native) Photo: Ben Legler

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Hazards: Steep Slopes

How steep is too steep?

Parks staff will help ID with Stewards

- Slopes >40%
- Mapped High Landslide Hazard Areas
- Dangerous to volunteers = fall
- Environmental impact from hand removal of plants and subsequent erosion
- Not volunteer appropriate: Other techniques and materials require technical work by crews



Hazards: Urban







Trails, Traffic, and Dogs

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Hazards: Urban

Report to Parks Staff for clean-up:

Needles, sharps, or drug paraphernalia

Broken Glass (large amounts)

Human waste

Encampments

Off-leash dogs or off-trail use

Large 'immovable objects' = leave in ground







General Weather Guidelines

Safety of volunteers, staff, and contractors is top priority and a joint responsibility of all those engaged in volunteer service.

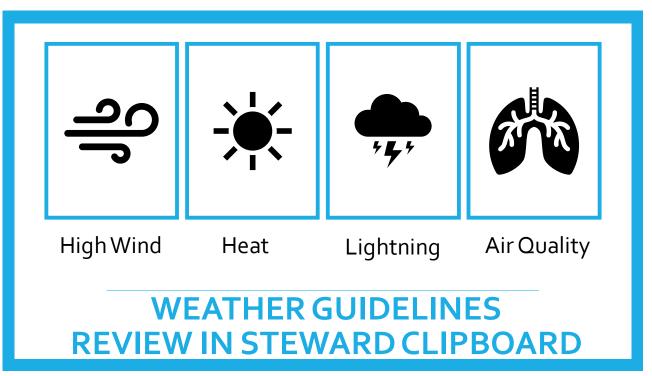
Check forecast, assess local conditions, communicate with staff

Volunteer leaders have the responsibility and decision authority to cancel or relocate volunteer activities at any time if safety is a concern.

Review in your Steward Clipboard: Emergency and Safety Guidelines



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Weather: High Wind

Mandatory Cancel: High Wind Warning, Severe Thunderstorm Warning or Tornado Watch/Warning

Consider relocate or cancel event:

Wind speeds (sustained) are more than 15 mph or gusts are more than 25-30 mph the hour prior to or during the activities.

Objects are falling, trees are swaying, **old deciduous canopy**, site is near water.



Resources: National Weather Service www.weather.gov

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Community outreach

- Help get the word out who do you want to engage?
- Hyperlocal recruitment from neighbors is effective!
- Share on social media Facebook Groups, Nextdoor, Meetup
- Share at local meetings for interested groups
 - Neighborhood Associations, HOA's, School and Service Organizations, Fairs, Markets, Festivals etc..
- A rhythm of events and time are needed to establish a base
- Speak from your voice as a super volunteer



Outreach Materials

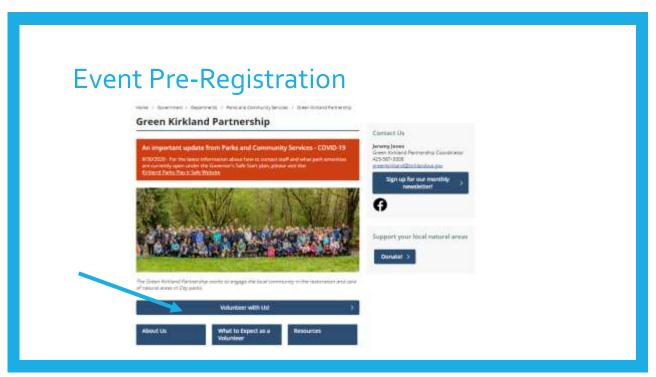
- Trifolds
- Template Flyers
- Post Card Mailers
- H-Frame 'Yard Signs'
- A-Frame Park Signs
- E-Newsletter
- Website Calendar
- Facebook page
- City outlets

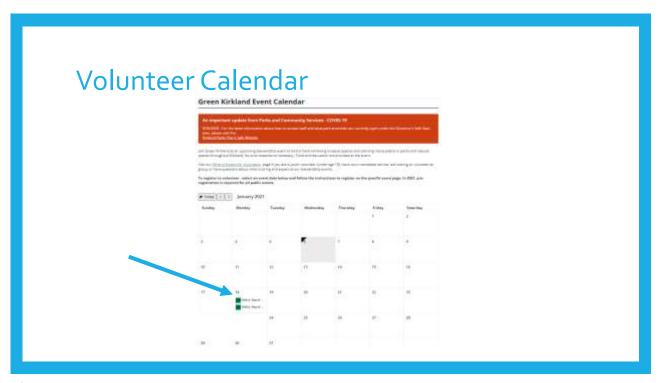


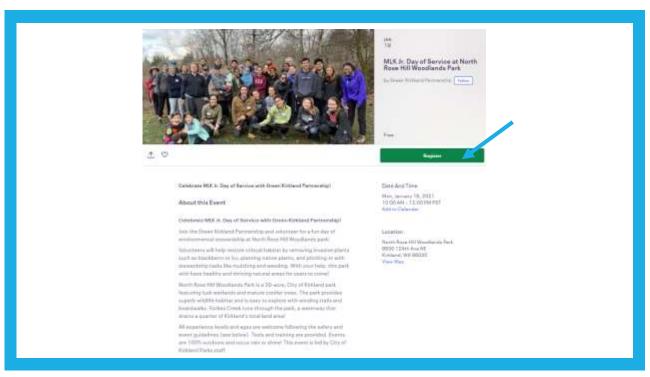
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Volunteer Engagement Plan

- Key is early scheduling and fit to who you want to recruit
- Public Events help establish a base, routine is helpful to start
- Closed Events with specific groups can help get work done
- Ongoing Activities are terrific but require building base
- Schedule 4-6 weeks or further out
- Examples:
 - Seasonal: Spring (April June) and Fall (Sept-Nov)
 - 1/month: Every 3rd Saturday
 - 1/week: 10am every Monday, 4-6pm summer weeknights







Confirmation and Reminder Emails

eventbrite

Your Green Kirkland Partnership event is coming up soon!

Please read these reminders carefully before lacing up your boots to join us!

To keep our community safe and healthy, event participants are required to follow these safety guidelines from the City of Kirkland:

- Pre-registration is required, please don't bring unregistered guests.
- Face coverings (masks) are required for the duration of the event. Per public health recommendations, your mask should cover your nose and mouth and be secure under your chin.
- Volunteers agree to self-screen for symptoms and exposure by reviewing the health self-assessment prior to the event (see below). Volunteers will attest to completing the self-assessment at the start of the event.



DURING THE EVENT

EVERYONE SIGNS-IN & ORIENTATION

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During Event Components

- Registration: Sign In (Required)
- Green Kirkland Introduction (Required)
- Safety and Site Orientation (Required)
- Getting to Work and Supervision
- Event Wrap-up
- See: GKP Event Guidelines Laminated Handout





Field Guide Pages 17-20



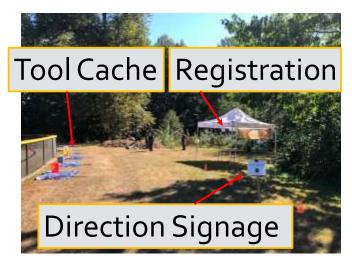
Site Setup

Arrive early, walk your site & setup:

Directional Signage

Registration

Tool cache / Orientation Area



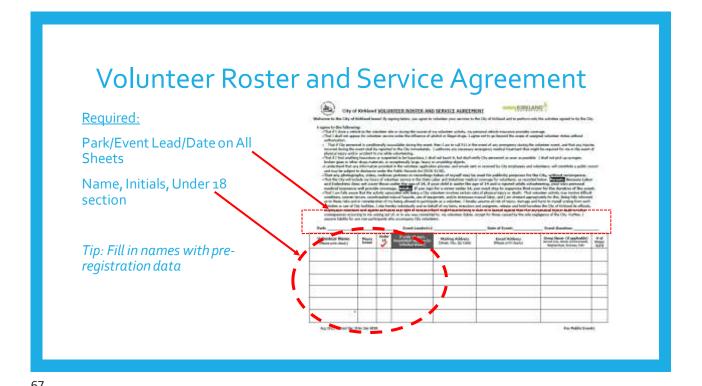
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Registration











Age 18 and over Sign Roster All Group Members Sign



Under Age 18 – 14

Youth Service Agreement = Paper or Electronic or parent sign-in at event



Under Age 14 Adult signs-in and attends event

EVERYONE SIGNS ROSTER

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Steward Instructions: Youth Service Agreements (aka Youth Waivers)(PDF, 76KB)

Youth Guidelines

- Youth ages under 18 to age 14 must either be accompanied by an adult, bring a signed youth waiver form, or have a parent/guardian to sign-in on the event roster at start of event.
- Minors under the age of 14 years must be accompanied by an adult who signs them in on the roster and attends the event.





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Youth Guidelines

Minimum Number of Participants for events with minors under age 18:

Green Kirkland Stewards are asked to observe the **'rule of three'** when hosting events with minors. This means the minimum number of participants at each event or activity should be **either** 2 adults and 1 minor **or** 1 adult and 2 minors. This can be any combination of Stewards and volunteers.

RULEOFTHREE



2 adults and 1 minor



1 adult and 2 minors

Mandated Service Hours

Service hours for School, Faith, Service Club etc.

Work or Company initiatives

Court Mandated Service is limited: Stewards can only supervise 'Teen Traffic Court' and no other mandated service due to City policy. Teen traffic court participants must contact Staff prior to service

Steward can fill-out service paperwork (non-court), provide GKP service form, or direct to GKP email.



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Introduction (Required)

- Who you are, Who are your volunteers?
- Green Kirkland Partnership
- Introduction to site and why activity is important
- Event timing
- Bathroom, Breaks and Refreshments
- Thank your volunteers

Safety Orientation (required)

Goals: Safe - Fun - Effective

Safety Gear: Gloves and Closed Toe Shoe Required

First Aid Kit and Incident Notification

Review Hazards

Tools: Carry, Use, Safety, Storage

Safe Working Distance



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COVID-19 Safety Guidelines (March 2022)

- Face coverings are optional at outdoor Green Kirkland stewardship events. We welcome and encourage volunteers to bring and wear a face covering, especially at times when physical distancing cannot be maintained.
- **Pre-registration is requested from participants.** Event leaders may elect to allow non-registered participants (e.g. drop-in) to sign the roster and participate at the event on a site by site basis.
- Health self-screening has been simplified: Please stay home if you do not feel
 well or have any Covid or flu-like symptoms. <u>Link to Center for Disease Control</u>
 <u>Covid Symptoms Page</u>.
- Physical distancing of six feet or greater is recommended and typically achievable at events.



Steward Gear

- Wear Identifiable Program Gear or City Issued ID Tag
 - Steward Shirt or Sweatshirt
 - Reflective Vest

Tool Safety (required)

- Demonstrate: Carry, Use, Safety, Storage,
- Carry: sharp ends down, handle parallel to ground and below shoulders.
- **Use:** right tool for right task, limits of each tool.
- Safety: Enough working space for tool use 10 feet or 2x length of tool between users.
- Storage: Flat on ground, visible and clear.



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Tool Safety

Safe Working Space
Enough working space
for tool use

10 feet or 2x length of tool between users



Site Orientation (required)

What: Tangible Goals for Day

When: Timing of Day or Activities

Where: Project boundaries and priorities **Why**: What is the benefit of these tasks?

How:

- <u>Demonstrate</u> Tasks & level of quality
- Show: Compare Target Plants & 'Look-a-likes'
- Setup before event and use flagging or stations



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Supervision Tips

- Your Primary role is <u>Supervision</u>
- Working Space is Key for Safety
- Assign or elect work tasks/areas
- Walk, Talk, and Demonstrate
- Time-outs, Re-directs & Re-train
- Think Ahead: Breaks and next tasks
- Consider evolving hazards
- Vocalize: Breaks, Progress, Motivation/Education



End of the Event

- Give Wrap-up Warning Finish Tasks
- Store, Count, Clean Tools
- Regroup as a team
- Celebrate & Reflect on Accomplishments
- Group Photo
- Next Steps at Site
- Invite out again!



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Incidents & Accidents

- 911 for any emergency or unsure situation
- Report to Supervisor/Program staff
- City of Kirkland Incident and Accident Form
- Guidelines for assisting with first aid and incidents
- Volunteers over age 14 are covered under City of Kirkland's insurance policy



Dealing with the Difficult

- Fair Practices
- Harassment
- Hostile customers
- Alcohol and Drug free Workplace
- Elevate issues and concerns to Parks Staff for support



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Cancellations

Prior to event:

Notify Program staff via email/phone

If early enough notice staff will contact registered volunteers

Day-of:

Post sign at Park – "Event Cancelled Date/Time" if possible Call/text groundskeeper on shift (Steward Clipboard) if possible





AFTER THE EVENT

VOLUNTEER ACTIVITY LOG

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Post Event

- Ensure all volunteers off-site
- Site Clean-up
 - Pull Flagging, Store tools/Materials
 - Close trails
 - Check Work as needed
- Data for Volunteer Activity Log
 - Measure before leaving
 - Photos
 - Note any Next Steps
- Submit Rosters to Supervisor
- Notify for trash pick-up or other immediate issues
- Share Stories, Data, and Thanks



Volunteer Activity Log

Your data supports program activities!

Tells the story

Service Agreements/Waivers/Rosters must be on-file



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How to Measure Field Area



Measuring restoration areas

Green Seattle Partnership — 5-minute video https://youtu.be/k-l_lry796o

Before you begin: Volunteer Activity Log

- Have your data ready
- Areas measured and invasive cover estimated
- Make photos/scans of rosters or hours for your ongoing volunteers





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Volunteer Activity Log a.k.a. Work log

- Where?
- When?
- · Who?
- What?
- · How?
- Why?

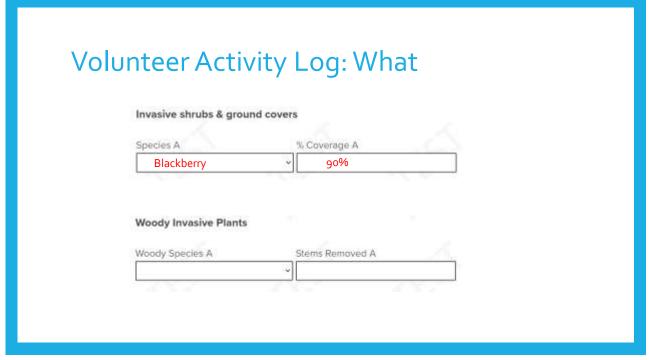


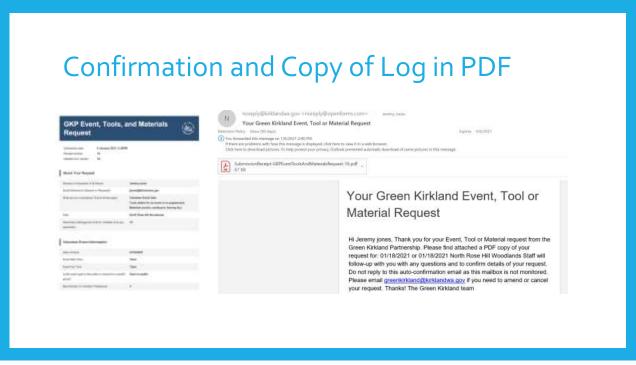
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Volunteer Activity Log: Who a care with a upload scan/photo or cardoopy via mail Who are the first principles and with a care with a care

Volunteer Act	civity Log: W	'hat	
Management Unit I	Details		
Enter the Restoration Manage 1	ment Unit number you wo	rked in Required	
		<u> </u>	
Type of work Required			
Invasive Plant Removal Planting or Browse Protection			
Mulching			
Watering			







Rosters & Service Agreement Retention

Submit via:

- Electronic versions via Volunteer Activity Log or
- Drop Hardcopies to Parks Maintenance Office Drop-box or City Hall or
- Postal Mail to Parks Maintenance Office

Destroy originals after submittal after 90 days or give to Staff.

Next Steps

We are here to help!
Attend an event
Co-host an event
with a Steward



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After Field Training

- I'm ready to be a Steward:
 - Contact us if you're interested to <u>lead or support volunteers and/or restoration activities</u> on an ongoing basis and adopt a site.
 - Steward Application
 - Site Visit and Site Orientation
- I'm not ready to be a Steward:
 - Contact us if you'd like to volunteer on an ongoing basis with a team
 - Visit our volunteer calendar if you're looking for a <u>one-time / occasional</u> opportunity



THANK YOU!

Resources & Questions