



City of Kirkland - Parks Community Services

2022 Winter Programs Grid

	Days classes meet	Ages	2022 Winter Programs Grid							Location
			Mon	Tue	Wed	Thu	Fri	Sat	Sun	
Y	Tickle Toes - Babies in Motion	2m - 2.5 y	X							NKCC
O	Drop In - Indoor Playground	9.5 - 5			X					NKCC
	Kids in Motion Parent/Child	1.5 - 3			X					NKCC
	Messy Arts for Two's with Parents	2		X						NKCC
	Kids in Motion A	2.5 - 3			X					NKCC
	Dip, Dabble & Dough - Parent/Child Art	2.5 - 3.5		X						NKCC
	Cooking For Preschoolers	2.5 - 4			X					MC
	Boogie and Books	2.5 - 5	X							NKCC
	Kids in Motion B	3 - 4			X					NKCC
	Little Tumblers 1	3 - 4			X		X			NKCC
	Ballet A	3 - 4.5			X	X		X		NKCC
	Ballet/Tap Combo A	3 - 4.5				X				NKCC
	Winter Pee Wee Basketball	3 - 6						X		FHMS
	Pot of Gold Nugget Hunt	3 - 9						X		NKCC
	Mermaid Ball	3 - 10					X			NKCC
	Snapology	3 - 11					X			NKCC
	Art Lab	3.5 - 5	X							NKCC
	Creating in the Kitchen	3.5 - 10			X					MC
	Crescendo Kids Classes	3.5 - 12		X						NKCC
	Little Tumblers 2	4 - 6			X					NKCC
	Ballet B	4 - 6			X	X		X		NKCC
	Ballet/Tap Combo B	4 - 6	X							NKCC
	Ice Skating	4 - 100		X	X					SnoKing
	Ballet 1 Youth	5 - 7						X		NKCC
	Self Defense for Children with Parent	5 - 8						X		NKCC
	Trackers Earth Apprenticeship: Schedule A	6 - 12						X		MC
	Trackers Earth Apprenticeship: Schedule B	6 - 12						X		MC
	Trackers Earth Homeschool (Winter Term): Outdoor Adventure Days	6 - 11		X						MC
	Capoeira-Youth	6 - 15		X		X				PKCC
	Elementary Tumbling	7 - 10			X					NKCC
	Polite Kids 101	7 - 12						X		NKCC
	Dream Team Cheer Squad	7 - 15				X				NKCC
	Beginners Kendo	8+		X						NKCC
	Intermediate/Advanced Kendo	8+		X						NKCC
	Beginning Fencing	8 - 18				X				Kaizen
	Home Alone Safe Kids 101	9 - 13						X		NKCC
	Super Sitters	11 - 15						X		NKCC
	Confidence IRL	12 - 18			X					PKCC

Winter Camps (December 20 - 30)

C	Young Rembrandts Preschool Art Camp Curious George	4 - 7	X	X	X	X				NKCC
A	Young Rembrandts Preschool Art Camp Junior Zoo	4 - 7	X	X	X	X				NKCC
	PLAY-WELL Engineering Camps with Lego® Materials - Unplugged Gaming Using Lego® Materials	5 - 12	X	X	X	X				NKCC
	Young Rembrandts Art Camp Anime & Manga	6 - 11	X	X	X					NKCC
	Trackers Earth Camps - Stealth Archery, Winter Adventure	6 - 12	X		X					MC
	Trackers Earth Camps - Martial Arts, Parkour, & Survival	6 - 12		X						MC
	Trackers Earth Winter Break Camps - Elves, Wizards, & Dragons	6 - 12				X				MC
	Trackers Earth Camps - Ghosts, Ghouls, & Meddling Kids	6 - 12				X				MC
M	Young Rembrandts Art Camp Fantasy Forrest	7 - 12	X	X	X					MC

Mid-Winter Break Camps (February 21 - 25)

P	Trackers Earth Camps - Spies, Adventure, & Espionage	6 - 7				X				MC
	Trackers Earth Camps - Stealth Archery, Winter Adventure	6 - 12	X		X					MC
	Trackers Earth Camps - Martial Arts, Parkour, & Survival	6 - 12		X						MC
	Trackers Earth Camps - The Evil Dr. Ice	8 - 12				X				MC
	Trackers Earth Camps - Elves, Wizards, & Dragons	6 - 12					X			MC

ADULT

	Ballroom - Partner Dancing	16+				X				NKCC
	Capoeira-Adult	16+	X		X					PKCC
	Cardio & Core with Joleen	16+	X	X	X	X				NKCC
	Cardio Dance	16+						X		NKCC
	Cardio Lift	16+						X		NKCC
	Drop-in Pickleball	16+					X			NKCC
	East Coast Swing - Partner Dancing	16+				X				NKCC
	Llilima Advance Hula	18+							X	NKCC
	Salsa - Partner Dancing	16+				X				NKCC



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A D U L T	Sunrise Stretch	16+			X					PKCC
	Tap Happy Adults	16+	X							NKCC
	West Coast Swing - Partner Dancing	16+				X				NKCC
	Diabetes/Pre-Diabetes Group	18+					X			PKCC
	Drop-In Line Dance Party	18+		X						PKCC
	Golf Instruction	18+					X			RG
	Oil Painting the Easy Way	18+			X					PKCC
	Opioid Prescriptions: Keeping Yourself & Loved Ones Safe ²	18+					X			PKCC
	Painting Loose in Watercolor	18+		X						PKCC
	Pikaki Beginning and Intermediate Hula	18+							X	NKCC
	Rock Steady Boxing	18+		X		X	X			NKCC
	The Mountaineer's International Folk Dance	18+		X						PKCC
	Understanding the Value & Benefits of Self Compassion ²	18+	X							PKCC
	Voice Overs - Now is your time!	18+		X						NKCC
	Watercolor Painting	18+	X							PKCC
	Winter 2022 Volleyball League - COED C Division	18+			X					KaMS
	Winter 2022 Volleyball League - COED Intermediate Division	18+		X						KaMS
	Winter 2022 Volleyball League - COED Lower Division	18+			X					KaMS
	Winter 2022 Volleyball League - COED Upper Division	18+		X						KaMS
	Winter 2022 Volleyball League - Women's Lower Division	18+	X							KaMS
	Winter 2022 Volleyball League - Women's Upper/Intermediate Division	18+	X							KaMS
	Women's Self Defense	18+						X		NKCC
	Zumba® Gold	18+		X						PKCC
	Zumba® Gold Toning	18+				X				PKCC
	Out to Lunch Bunch - Arnie's (Edmonds)	50+		X						PKCC
	Out to Lunch Bunch - Shawn O'Donnell's (Everett)	50+		X						PKCC
	Out to Lunch Bunch - The Cheesecake Factory (Lynnwood)	50+		X						PKCC
	PKCC Van Trips - Boeing Future of Flight	50+	X							PKCC
	PKCC Van Trips - Tacoma Museum of Glass	50+	X							PKCC
	Shops & Slots - Tulalip Casino & Seattle Premium Outlets	50+		X						PKCC
	Enhance Fitness	50+	X		X		X			PKCC
	January Jump Polar Plunge	All Ages						X		HB

	Virtual Classes	Ages	Mon	Tue	Wed	Thur	Fri	Sat	Sun	Location
V I R T U A L	Strength & Stretch - Virtual	16+					X			V
	Yoga for Beginners - Virtual	16+	X		X					V
	Adult Children of Aging Parent Support Group - Virtual ³	18+			X					V
	Aging and Your Skin - Evergreen ¹	18+		X						V
	Ballet Basics - Virtual	18+	X		X					V
	Ballet Open Level - Virtual	18+			X					V
	Body Sculpt Virtual	18+						X		V
	Caregiver Support Group ³	18+			X					V
	Chair Yoga - Evergreen ¹	18+		X		X				V
	Chromebooks Workshop- Virtual	18+					X			V
	Curious About Cannabis? - Virtual ²	18+	X							V
	From Heartache to Open Heart - Virtual ³	18+			X					V
	Full Body Workout-Virtual	18+		X		X				V
	iPhone & iPad Workshop- Virtual	18+					X			V
	Meditation: A Journey to the Present- Virtual	18+		X						V
	Parkinson's Support Group - Virtual ³	18+		X						V
	Virtual Tai Chi & Meridian Stretching	18+				X				V
	Virtual Zumba Gold-Thursdays	18+				X				V
	Virtual Zumba Gold-Tuesdays	18+		X						V
	Why am I Fatigued? - Evergreen ¹	18+			X					V
	Windows 11 Workshop-Virtual	18+					X			V
	Yoga Fun for Everyone - Virtual	18+	X							V
	Zumba Gold - Virtual	18+		X		X				V
	Powerful Tools for Caregivers ⁴	50+				X				V
	EnhanceFitness - Virtual	50+		X		X		X		V
	Women's Coffee Hour - Virtual ⁴	50+	X							V

Locations:

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|-------------------------------|--------------------------------|
| FHMS- Finn Hill Middle School | NKCC - North Kirkland Communi |
| HB - Houghton Beach | PKCC - Peter Kirk Community Ce |
| KaMS - Kamiakin Middle School | RG - Redwood Golf |
| Kaizen - Kaizen Academy | SnoKing - SnoKing Ice Arena |
| MC - McAuliffe Park | V - Virtual |

¹Register directly with EvergreenHealth Healthline 425-899-3000

² Register at 425-587-3360

³ Call 425-286-1035 to receive a meeting link.

⁴ Call 425-286-1047 to receive a meeting link.