

DECK/LOCKERROOM/SWIMMING POOL RULES

Facility Capacity:

- Main Pool Area Occupancy
 - MAX of 270 - Includes swimmers and non-swimmers (the deck and water)
- Wading Pool Area Occupancy
 - MAX of 40 - permitted inside the gated wading pool area (the deck and water)
- All patrons must take a cleansing shower before entering the pool
- Running, rough play or offensive behavior will not be permitted
 - The deck and locker-room is slippery when wet
- All children 10 years and under must be accompanied by an adult at all times
 - Children 6 and under must be accompanied in the water by an adult at all times
 - Adults must be 18 or older
 - Adults must be within arms reach of all non-swimmers
 - Adults must be in swim attire, showered and in the water
 - There may be no more than 3 children, 6 and under, to 1 adult in the water
- All youth under the age of 13 must pass a swim test prior to entering deep water
 - Swim tests consists of swimmer jumping into the deep end of pool, fully submerge the head and swim 25 yards in a front crawl stroke without struggling or using the wall for assistance
 - *** (NEW SWIM TEST REQUIREMENT) ***
 - Swim tests are at the discretion of lifeguards on duty
- Non-swimmers, under the age of 13 must stay in shallow water (chest deep) unless they are with a parent in water no deeper than the parent's chests
- Swimming is allowed in the diving well when the diving board is closed
- Spitting or discharge of any bodily waste is prohibited in the pool
- Patrons under the influence of alcohol or drugs will not be permitted in the facility
- If you have a disease that can be transmitted by water or have been ill with diarrhea or vomiting in the last two weeks, pool use is prohibited
- Persons with communicable diseases or open sores are prohibited from using the pool. Qualifying sores includes sores that ooze or have puss
- Glass will not be permitted within the facility
- Gum or gum chewing will not be permitted within the facility
- The upper deck and grass areas are the only permitted eating spaces within the facility
- Snorkels and fins are only allowed during lap swimming

- Walking on the deck in fins is not permitted
- Appropriate swim attire is required
 - fringe cut-offs will not be permitted within the facility
 - Thongs or revealing attire will not be permitted within the facility
 - Denim and cotton garments will not be permitted in the main and wading pool
- Diapers must be changed in the designated changing areas in locker rooms. Infants and toddlers who are not potty trained must wear a swim diaper and have a tight-fitting protective covering (Per State Health Code)
 - Disposable diapers will not be permitted in the pool

DIVING BOARD RULES

- Patrons 13 and under must take a swim test before entering deep end or diving well
- One person at a time is allowed on the diving board
- The fulcrum must be locked in the forward position
- Divers must wait until the person in front of them has cleared the diving well before climbing steps
- Goggles/masks will not be permitted to be worn off the diving board
- One bounce per dive is allowed
- Divers must jump straight from the front of the board
- The following moves are not permitted:
 - Cartwheels, handstands, running dives, flipping, jumping off board into someone's arms, and sit dives
- Pool staff may adjust the fulcrum from the side of the diving board not while standing on it
- Running will not be permitted on or near the diving board

WADING POOL RULES

- Wading Pool Area Occupancy
 - MAX of 40 - permitted inside the gated wading pool area (the deck and water)
- All patrons entering the wading pool must enter feet first
- All patrons entering the wading pool must take a cleansing shower before entering the wading pool
- All patron should avoid swallowing the pool water or allowing water into their mouth
- Diapers must be changed in the designated changing areas in locker rooms. Infants and toddlers who are not potty trained must wear a swim diaper and have a tight-fitting protective covering (Per State Health Code)
 - Disposable diapers will not be permitted in the pool
- The wading pool is for children 6 years and under and their parents

- Adults must remain in the water and within arms reach of non-swimmers, in swim attire

FLOTATION DEVICE RULES

- Floatation devices will not be permitted in the pool unless otherwise noted for special events

LOCKER ROOM RULES

- Children 6 and under may not be left unattended in the locker rooms
- Children 6 and older, must use the locker room which matches their gender identity
- Food or drink will not be permitted in the locker room
- The City of Kirkland is not responsible for items lost or stolen from the locker rooms
 - Unclaimed lost and found items are donated to charity one week after they are found

PUBLIC SWIM RULES

- Diapers must be changed in the designated changing areas in locker rooms. Infants and toddlers who are not potty trained must wear a swim diaper and have a tight-fitting protective covering (Per State Health Code)
 - Disposable diapers will not be permitted in the pool
- Diving will not be permitted in areas marked “No Diving” or water less than 9 feet deep
- Forward, feet first jumps from the deck are permitted in shallow water
- Jumping, diving off or playing on diving blocks will not be permitted
- Hanging or climbing on entrance rails and ladders will not be permitted
- Kickboards
 - Kickboards are available during lap swimming, lessons and swim team
 - Sitting, standing and throwing kickboards will not be permitted
 - Using kickboards on diving blocks will not be permitted
- Lifejackets
 - Lifejackets are available at any swim
 - Patrons using lifejackets must stay in shallow water (chest deep) or if with parent, stay where parent can stand (chest deep)
 - Lifejackets must be worn correctly
- Water toys will be allowed at the discretion of the guard on duty

LAP SWIM

- Lap Swim Maximum Capacity
 - 50 Swimmers
- All general pool and deck rules apply
- All patrons must swim laps. Individuals not swimming laps in the lap lanes (splashing, playing, etc.) may be asked to leave. If space allows, walking and/or exercising will be designated to its own lane

- All patrons must swim in a lane that matches their swimming speed
- Use of kickboards, pull buoys, masks, fins, snorkels and paddles are permitted
- Lap swim is open to children 16 and older. All individuals under 16 swimming must have an adult present for supervision

LAP SWIM ETIQUETTE

- Swim to the right of your lane at all times (counter-clockwise direction)
- When passing another swimmer, pass to the person's left, down the middle of the lane at full speed. Once you have finished passing, swim to the right of the lane again
- When being passed, slow down until the overtaking swimmer has completely passed you
- If someone is at your heels, when you reach the wall pause to let that person pass
- When swimming into the wall, keep to the right (not the middle or the left) so that if a person is passing you at the end of a lane they will have space to turn
- When standing at the wall of a lane, stand to the right (when facing the wall) whenever possible to allow space for incoming swimmers
- Report all problems to guard on duty. Use common courtesy when swimming
 - If you are swimming faster than others in your lane, move to a faster lane
 - If you are swimming slower than others in your lane, move to a slower lane

LESSONS

- All general pool and deck rules apply
- Students must wait for their instructor to call them into the water
- Students must stay with their instructor at all times when in the pool
- Students may use the diving blocks while supervised
- Students must get out of the pool when the lesson ends. Instructor needs to make sure all of their students are out of the water before they leave the class area
- There are no make-up days for lessons. If the pool cancels due to repairs, cold water, thunder/lightning, etc., we will issue passes good for one public swim admission
- There is no public swimming during lessons unless otherwise specified

PRIVATE RENTALS

- These may have a variety of different set-ups, maximums and ratios depending on the requests of the patrons renting the pool. During rental times the main and wading pool are closed to the public