



***FREE DEMO CLASS!**
 TUE 4/11 9:30-10AM
 REGISTRATION REQUIRED

Dance & Movement

Tickle Toes-Babies in Motion

Assist your little one in a playful exploration of movement and song! Tummy time activities and props are fun for both babies and parents! Don't miss out on the fun of this new baby group.

AGE: 2M-1

15359 Mon 4/17-5/8 11:30am-12:15pm

R \$44/NR \$53

15512 Mon 5/15-6/19 11:30am-12:15pm

R \$55/NR \$66

AGE: 1-2.5

15513 Mon 4/17-5/8 10:30-11:15am

R \$44/NR \$53

15514 Mon 5/15-6/19 10:30-11:15am

R \$55/NR \$66

LOCATION: NKCC

INSTRUCTOR: JESSICA ANDERSON

Kids in Motion Parent/Child

Up and over, under and through, balls and streamers, tunnels and YOU! Meet friends, build confidence, and have FUN developing large muscle motor skills. This program progresses with your children....they'll be crawling, climbing, balancing, and bouncing their way through each class!

PARENT/CHILD MOTION I

AGE: 1.5-2.5

15471 Tue 4/18-5/16 9:30-10:15am

16432 Wed 4/19-5/17 10:35-11:20am

15472 Tue 5/23-6/20 9:30-10:15am

16433 Wed 5/24-6/21 10:35-11:20am

R \$47/NR \$56

PARENT/CHILD MOTION II

AGE: 2-3

15473 Tue 4/18-5/16 10:20-11:05am

15231 Wed 4/19-5/17 9:45-10:30am

15474 Tue 5/23-6/20 10:20-11:05am

15232 Wed 5/24-6/21 9:45-10:30am

R \$47/NR \$56

LOCATION: NKCC

INSTRUCTOR: HEATHER RODGERS

TINY TOUCHES FENCING

Tiny Touches is an interactive parent/child class which focuses on balance, hand eye coordination and cognitive growth. This fun introduction to fencing utilizes foam swords during instruction. Class location address is 9620 153rd Ave NE #A5 in Redmond.

AGE: 3-5

*16428 Tue 4/11 9:30-10am

16268 Tue 4/18-5/23 9:30-10am

16269 Thu 4/20-5/25 9:30-10am

R \$210/NR \$252

LOCATION: KAIZEN ACADEMY

INSTRUCTOR: KAIZEN ACADEMY

PARENT & CHILD

Art & Music

Boogie and Books

Join Miss Karen in a beautiful park setting while she shares whimsical engaging stories and music with instruments to sing-a-long and boogie to! Bring a snack to enjoy in the park. Program is located at the North Rose Hill Woodlands Park Shelter, 9930 124th Ave NE. Street parking only.

AGE: 2-5

15237	Mon	4/17-5/8	10-11am
15238	Mon	5/15-6/12	10-11am
15239	Mon	7/10-7/31	10-11am
15240	Mon	8/7-8/28	10-11am

R \$41/NR \$49

LOCATION: NORTH ROSE HILL WOODLAND PARK

INSTRUCTOR: KAREN RENFROE-GIELGENS



MESSY ART FOR TWOS WITH PARENT

Tickle your two year old's senses and play messy by smearing paint and kneading dough. Sensory and tactile play helps to develop self-expression and creativity while rewarding children with the emotional pleasures of "hands-on" art. Dress for a mess!

AGE: 2

15390	Tue	4/18-5/2	10:30-11:15am
15393	Tue	5/16-5/30	10:30-11:15am
15394	Tue	6/6-6/20	10:30-11:15am

R \$29/NR \$35

LOCATION: NKCC

INSTRUCTOR: MONIQUE BAYNE

Parent/Child Art

Preschoolers develop observation skills, creativity, self-expression, and confidence in this class where you might make slime from hair conditioner, paint with marshmallows, and create puffy paint with shaving cream

PEEP AND HOP IN APRIL

Spring has sprung and with it brings rainbow eggs and fluffy things. From yellow chicks and lop-eared bunnies to colorful nests made from the Sunday's funnies. You'll have a hopping good time in the parent/child art class!

AGE: 2.5-3.5

15305	Tue	4/18-5/2	9:30-10:15am
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R \$29/NR \$35

LOCATION: NKCC

INSTRUCTOR: MONIQUE BAYNE

IN THE VERY MERRY MONTH OF MAY

May is for mothers, and showers, and spring, May is the time to celebrate these things. Our mothers' so loving, showers that restore, the spring that brings hope for our sunshine once more! Come celebrate the month of May in Parent Child Art.

AGE: 2.5-4.5

15306	Tue	5/16-5/30	9:30-10:15am
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R \$29/NR \$35

LOCATION: NKCC

INSTRUCTOR: MONIQUE BAYNE

JUNE AND THE STRAWBERRY MOON

June welcomes the summer and the strawberry moon; it honors our fathers and the berries that bloom. Welcome the month of June in this parent/child art class full of fun art activities!

AGE: 2.5-4.5

15307	Tue	6/6-6/20	9:30-10:15am
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R \$29/NR \$35

LOCATION: NKCC

INSTRUCTOR: MONIQUE BAYNE



NO PRE-REGISTRATION DROP IN PROGRAM

Join the fun, climbing, riding, pushing, pulling, and spinning. There's lots of active fun in our Indoor Playground.

For babies we also include busy boxes, and a variety of toddler and baby toys. Adults must supervise children at all times.

DATE AND TIME

Mon & Wed through June 7

11am-1pm

No drop-in on 5/29

Pay-as-you-go for \$3
per child per visit or
purchase a 10-visit
punch card for \$25.

LOCATION: NKCC



General Programs

Self Defense for Children with Parent

Keep the magic of childhood safe in this low-key, friendly, and age-appropriate safety skills classes for girls and boys ages 5-8. Learn about risks facing your kids, how to frame the discussion with children, and recognize when someone may be targeting your family. This is a parent/child class.

AGE: 5-8

15193	Sat	5/20	12-1:15pm
15194	Sat	7/1	12-1:15pm

R \$40/NR \$48

LOCATION: NKCC

INSTRUCTOR: STRATEGIC LIVING, LLC

Three Ways to Register

Registration is first come, first served. Online registration is your best opportunity for getting into the program of your choice!



ONLINE AT KIRKLANDPARKS.NET

When enrolling online, please sign your electronic waiver and print your receipt when prompted.



WALK-IN (OPEN AT 8:00 AM)

North Kirkland Community Center
12421 103rd Ave NE

Peter Kirk Community Center
352 Kirkland Ave

Kirkland City Hall
123 Fifth Ave



PHONE-IN

425-587-3336
Monday–Friday,
8:00 AM–5:00 PM

Please have 5 digit course number and credit card information ready. On registration day, 3/22 & 3/29 phone line opens at 7:00 AM.

Register for programs

SPRING/SUMMER PROGRAMS: **March 22, 7:00 AM**

AQUATICS PROGRAMS INCLUDING POOL RENTALS: **March 29, 7:00 AM**

All Are Welcome

The City of Kirkland is committed to offering programs and services that are inclusive and where people from all backgrounds feel a sense of belonging, regardless of race, gender identity, gender expression, sexual orientation, socioeconomic position, or physical/cognitive ability.

Please visit kirklandwa.gov/Recreation for our inclusion policies.

Kirkland Parks and Community Services is committed to accommodating people with disabilities and will make every reasonable effort to ensure that programs and services are accessible. To request an accommodation, please call us at 425-587-3300. TTY/TTD 425-587-3111.

Alternate Formats: Persons with disabilities may request materials in alternative formats. Persons with hearing impairments may access the Washington State Telecommunications Relay Service at 711.

Kirkland Parks and Community Services staff are unable to provide personal care (feeding, toileting assistance, giving medications, transfers, etc.). Participants in need of personal assistance are encouraged to participate with a caregiver. Older adults with care needs may be eligible for community-based programs, such as adult day care centers (see page 67). Contact EvergreenHealth Community Health Care Access Team at 425-899-3200 for other options.

Inclement Weather

The safety of program participants and staff is the primary consideration when determining whether programs should be canceled, rescheduled, or modified due to inclement weather, excessively high or low temperatures, poor or icy road conditions, poor air quality, or other events which may jeopardize safety. The City of Kirkland typically follows the lead of the Lake Washington School District when determining cancellations during the school year. Outside of the school year, City staff will evaluate conditions and make the appropriate decision to cancel or delay programs. When air quality levels are deemed unhealthy according to the Environmental Protection Agency's (EPA) website www.airnow.gov, all outdoor programs will be canceled or rescheduled. Additionally, the Peter Kirk Pool will be closed, and beaches will not be staffed by lifeguards. Refunds will be considered on an individual program basis but are not guaranteed. Our inclement weather hotline is 425-587-3335.

Title VI

Kirkland's policy is to fully comply with Title VI of the Civil Rights Act by prohibiting discrimination against any person on the basis of race, color, national origin or sex in the provision of benefits and services resulting from its programs and activities. Any person who believes his/her Title VI protection has been violated may file a complaint with the City. To request an alternate format, file a complaint or for questions about Kirkland's Title VI Program, contact the Title VI Coordinator at 425-587-3011 or titlevicoordinator@kirklandwa.gov.

Para pedir un formato alternativo, presentar una queja o si tiene preguntas sobre el Programa del Título VI de Kirkland, comuníquese con el coordinador del Título VI llamando al 425-587-3831 o en titlevicoordinator@kirklandwa.gov.

Para solicitar um formato alternativo, registrar uma reclamação ou tirar dúvidas sobre o Programa Título VI de Kirkland, entre em contato com o Coordenador do Título VI pelo telefone 425-587-3831 ou em titlevicoordinator@kirklandwa.gov.

Чтобы запросить другой формат, подать жалобу или задать вопросы о программе Title VI г. Киркланда, свяжитесь с координатором по номеру 425-587-3831 или по электронной почте titlevicoordinator@kirklandwa.gov.

如需获取其他格式、提出投诉或对柯克兰的第六章计划 (Title VI Program) 有疑问, 请致电 425-587-3831 或发送电子邮件至 titlevicoordinator@kirklandwa.gov 与第六章协调员联系。

Để yêu cầu một định dạng khác, nộp đơn khiếu nại hoặc nếu có câu hỏi về Chương Trình Tiêu Mực VI của Kirkland, hãy liên hệ với Điều Phối Viên Tiêu Mực VI theo số 425-587-3831 hoặc titlevicoordinator@kirklandwa.gov.

다른 형식을 요청하거나, 민원을 제기하거나, 커큘랜드의 제VI편 프로그램 (Title VI Program)에 관한 문의 사항이 있는 경우, 전화 425-587-3831번 또는 이메일 titlevicoordinator@kirklandwa.gov로 제VI편 코디네이터에게 문의하십시오.

Refunds / Cancellations / Transfers

- To request a transfer or cancellation, please email us at eParks@kirklandwa.gov or call 425-587-3330.
- Refunds are granted if a request is made at least five business days prior to the start of class, less a \$10.00 administrative fee applied to each class withdrawn.
- A 50% refund of the registration fee will be granted for class withdrawal requests received less than five business days prior to the start of class.
- Please note: Classes paid by check or cash will be refunded by check. No refunds will be given for classes that cost less than \$10.00.
- No refunds will be issued on or after the first day of class.
- Online enrollments resulting in withdrawals are subject to cancellation policies listed above.
- A 100% refund will be given if a class is canceled by Kirkland Parks and Community Services.
- Transfers must be requested five business days prior to the start of class (exception: swim lesson transfers directed by swim instructor).
- Visit kirklandwa.gov/ParkRentals for facility rental cancellation and change policies.
- Community Center Special Events: Unless otherwise noted, event tickets will be available until 5pm seven business days prior to the event. No tickets will be sold the day of the event. Event tickets are not refundable or transferable.

Disclaimer

This schedule of activities is published for informational purposes only. We strive to produce the most accurate guide possible. However, some program information may have changed after this guide has gone to print. We will make every effort to notify participants of the changes.

ASK US
ABOUT OUR
SCHOLARSHIP
PROGRAM
See page 10

PLAY IT SAFE!

Visit kirklandwa.gov/PlayItSafe for our current mask requirements and other COVID-19 safety guidelines.