



Human Services Commission Meeting

Date: July 13, 2022

Time: 6:30 p.m.

Place: Virtual Zoom Meeting -

Webinar ID: <https://kirklandwa-gov.zoom.us/j/82404626337?pwd=a3VDVWF2QlZlZWVhZTFpUjBqanAvZz09>

Passcode: 336219

The commission is directed by the City Council to advise the Parks and Community Services Department, City Manager, and City Council in leading the City's efforts to support a socially sustainable community through health and human services and programs that fulfill the basic needs of all people and enhance the quality of life in our city now and into the future.

AGENDA

	<u>Estimated Time</u>
1. CALL TO ORDER	
2. ROLL CALL	
3. LAND ACKNOWLEDGMENT	5 minutes
4. APPROVAL OF MINUTES a. June 28, 2022	5 minutes
5. ITEMS FROM THE AUDIENCE	5 minutes
6. OLD BUSINESS a. Get to Know You Activity b. Working Agreements c. 23-24 Human Services Grant Applications – Goal Area 4 Review d. 23-24 Application Review Timeline	10 minutes 10 minutes 75 minutes 5 minutes
7. COMMUNICATIONS a. Commissioner Reports b. Staff Reports and Announcements	5 minutes
8. ADJOURNMENT	Estimated meeting completion: 8:30 p.m.

Upcoming Commission Activities:

July 20, 2022 – Special Meeting

July 26, 2022 – Regular Meeting

Alternate Formats: Persons with disabilities may request materials in alternative formats. Persons with hearing impairments may access the Washington State Telecommunications Relay Service at 711.

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CITY OF KIRKLAND
HUMAN SERVICES COMMISSION
Minutes Commission Special Meeting
June 28, 2022

1. CALL TO ORDER

Meeting was called to order at 6:38 pm by Chair Gildas Cheung

2. ROLL CALL

Members Present: Commissioners Gabriela Lopez Vazquez, Jory Hamilton, Michelle Alten-Kaehler, Marjorie Carlson, Vice Chair Jonathan Stutz, and Chair Gildas Cheung

Members Absent: Commissioner Laney Brackett and Commissioner Antonio Avila

Staff Present: Jen Boone, Human Services Manager

Meeting Recorder: Regi Schubiger, Youth Services Coordinator

3. LAND ACKNOWLEDGEMENT

Vice Chair Jonathan Stutz read the Local Land Acknowledgement. Michelle Alten-Kaehler will read the acknowledgement for the July 13th meeting.

4. APPROVE MINUTES

Chair Gildas Cheung requested a motion to approve the June 22, 2022 minutes as presented. Moved by Commissioner Jory Hamilton, seconded by Vice Chair Jonathan Stutz.

Motioned carried (Yes: 6 No: 0).

5. ITEMS FROM THE AUDIENCE

Monik Martinez from 4Tomorrow

6. OLD BUSINESS

a. Get to Know You Activity

Commissioner Marjorie Carlson led the get to know you activity.

Commissioner Gaby Lopez will lead the activity for the July 13th meeting

b. 2023-2024 Human Services Grant Applications – Goal Area 2 Review

The remaining 10 applications from Goal Area 2 were reviewed. CCM - La Casa De Mi Familia, YES Latine program, IACS - Women, Youth and Senior Program, IACS - Cultural Navigation Program, CIS - Integrated Student Support, Boys and Girls Club of KC - Youth Development Services, Hopelink - Family Development, CCS - Volunteer Services, ELAP - Legal Assistance, 4 Tomorrow - Life Services, Crisis Connections - King County 211, CISC - EKC Family Resource Center were recommended to move forward to the next review.

c. 2023-2024 Updated Application Review Process Timeline

Human Services Manager Jen Boone discussed the updated timeline and review of the 30 applications in Goal Area 4 at the next meeting on July 13th. Commissioner recommendations and comments must be submitted by 9am on July 13th.

7. NEW BUSINESS

a. Elections of Chair and Vice Chair

Current Chair Gildas Cheung will continue for a second term. Commissioner Jory Hamilton will serve as Vice Chair. Both were elected by unanimous votes.

8. COMMUNICATIONS

a. Commissioner Reports

b. Staff Reports

10. ADJOURNMENT

Chair Gildas Cheung requested a motioned to adjourn. Moved by Vice Chair Jonathan Stutz and Commissioner Gabriela Lopez Vazquez seconded. The meeting was adjourned at 8:03 p.m.



CITY OF KIRKLAND
Department of Parks & Community Services
123 5th Avenue Kirkland, WA 98033 425.587.3300
www.kirklandwa.gov

MEMORANDUM

To: Human Services Commission

From: Lynn Zwaagstra, Parks and Community Services Director
Jen Boone, Human Services Manager
Antoinette Smith, Human Services Coordinator, Equity

Date: July 13, 2022

Subject: GROUP NORMS AND WORKING AGREEMENTS

RECOMMENDATION:

That the Human Services Commission review the drafted list of Group Norms/Working Agreements.

BACKGROUND:

At the May 18th meeting, the Commission participated in an exercise that responded to the following questions:

- What do you need from others to feel safe to share your views, opinions, and ideas in this space?
- What do you need from others to feel like your ideas are valuable to the conversation?
- What do you need from others to feel like you are being heard?

Responses from the Commission helped create a set of agreements. At the May 24th meeting, Commissioners reviewed the group norms/working agreements draft document. This is a working document and tool that can be used to center conversations, keep commissioners on track, and remind the Commission how they can honor each other, the communities that utilize these programs, and the applicants providing the critical services to the community.

At the July 13th meeting, the Commission is invited to review the document and discuss any additions or changes to the document.

**ATTACHMENT A – HUMAN SERVICES COMMISSION WORKING AGREEMENTS
DRAFT 05-24-22**

Human Services Commission Group Norms and Working Agreements Draft 05-24-22

- Listen. Allow folks time to speak without interruptions. Use 'raise hand' function if you want to speak.
- Understand that closure/consensus in every conversation will likely not be possible.
- Be willing to "put a pin" in a conversation and prioritize circling back when there is more time.
- Practice grace in all we do, with each other and with ourselves.
- Prioritize self-care. Step away if a conversation is bringing up feelings that are difficult. Your own well-being is important.
- Find ways to get to know each other during this process and beyond.
- Share about yourself only those things you feel comfortable sharing. Your story is yours and you have choice in how and if you share it.
- Seek ways to find common ground even in moments of disagreement.
- Center lived experience in the conversation.
- Engage in conversation from a place of wanting to learn and understand perspectives that are different from your own.
- To avoid misunderstanding or making assumptions, ask clarifying questions, repeat back what the person has said, and/or come from a place of curiosity and not of accusation.
- Empathy should be a part of all that we do.
- Developing trust is crucial to these conversations but recognizing this takes time.
- When we assume positive intent, there is potential to move through the discomfort and conversation without shutting down.
- Assume good intent, be honest about impact.
- Remain engaged in the conversation. Keep your camera on, give thumbs up, or clap in the responses can show others you are staying in the conversation.
- Let others know you support them, even if you don't agree. Saying, "Thank you for sharing that", "I appreciate your insight on this issue", or "That is a perspective I have not considered. That is helpful", go a long way to support each other in this process.

- The more you normalize discomfort by saying it out loud, the more opportunities created for robust conversation. Try saying “This subject is hard for me”, “I am challenged by this”, or “I have something to say that is making me feel vulnerable”.

*None of these should take priority over a person’s feeling of safety in the space. Do all things with consent and collective agreement. Ask first.

DRAFT



CITY OF KIRKLAND
Department of Parks & Community Services
123 5th Avenue, Kirkland, WA 98033 425.587.3300
www.kirklandwa.gov

Human Services Commission Meeting:
07/13/22
Agenda: Old Business
Item #: 6c

MEMORANDUM

To: Human Services Commission

From: Lynn Zwaagstra, Director
Jen Boone, Human Services Manager

Date: July 13, 2022

Subject: 2023-2024 HUMAN SERVICES GRANT APPLICATIONS – GOAL AREA 4 REVIEW

RECOMMENDATION

That the Human Services Commission begin review of the Goal Area 4 application submissions.

BACKGROUND DISCUSSION

To prepare for Goal Area 4 review, the Commission is asked to review the 30 applications that meet the Goal Area 4: Healthcare to be as Physically and Mentally Fit as Possible objective. Applicants include agencies who provide services that support health care to residents.

The Commission is requested to do the following in preparation of the July 13, 2022 meeting.

1. Complete review of the 30 applications in the Share One app review portal.
2. Submit recommendations in the Share One app review portal.
3. Email application questions to Human Services Coordinator, Antoinette Smith at amsmith@kirklandwa.gov by **9am on Wed, July 13th**.

Of the 30 submitted applications for Goal Area 4, 7 applications are first-time requests. First-time requests are in bold in the attachment. First-time requests can include a new program from an agency who received funding in past cycles, or a new organization and program applying for the first-time.

For a summary of agency programs currently funded for the 21-22 cycle that meet the Goal Area 4 objective, refer to the [Kirkland Human Services Dashboard](#).

ATTACHMENT A – APPLICATION LIST FOR GOAL AREA #4

23-24 GOAL AREA 4 APPLICANTS

Agency Name	Program Name	Brief Description
4 Tomorrow	Mental Health Coordination & Gap Therapy Program	Our innovative program designed by the Latinx community provides Coordination (referrals to exiting therapy providers), Gap Therapy (free short-term therapy to those in need of immediate care), Education & Community Connection (monthly psychoeducation courses and groups). In collaboration with our Life Services Program, 4T will engage East King County in various culturally sensitive access points for important resources.
Alpha Supported Living Services	Alpha's Health Services Program	The Health Services Program supports our clients with developmental disabilities who are a part of our community residential program. We currently have 215 adults in Supported Living in King, Snohomish, and Spokane counties. RNs and members of the health care team set individualized health supports for each client, including nutrition plan and for those with skilled nursing needs, a nursing care plan. Clients attend over 2,500 appointments annually for medical, dental, and mental health needs.
Asian Counseling and Referral Service	Asian Counseling and Referral Service Whole health Oriented Mental Health Program	ACRS' Behavioral Health Program provides culturally competent whole health oriented mental health services for Asian, Native Hawaiian & Pacific Islander individuals with chronic mental illness to promote recovery, wellness and whole health through addressing physical, mental, financial and social wellbeing. Our staff empower clients to lead a productive life by offering services in their language, combining Eastern and Western service approaches, and addressing social determinants of health.
Asian Counseling and Referral Service	Children, Youth and Families Program	Asian Counseling and Referral Service (ACRS)' Children Youth and Families (CYF) program provides bilingual/bicultural mental health services for low-income Asian, Native Hawaiian and Pacific Islander (ANH&PI) youth and their families in Bellevue, Kirkland and Redmond. Individual and family counseling will be offered in partnership with Bellevue School District (BSD) and Lake Washington School District (LWSD) to support challenges that youth are facing.
Boys & Girls Clubs of King County	Mental Health Initiative	Kirkland Boys & Girls Club seeks to provide a more intentional focus on youth mental health by expanding services available at the Club. At the center of this effort would be a partnership with Youth Eastside Services (YES) to bring professional counseling on-site to 1) elevate the level of care available at the Club, 2) guarantee that all Club kids have access to professional care, and 3) provide additional support, resources, and education to staff to improve overall response effectiveness.
Bridge Disability Ministries	Guardianship	Bridge Disability Ministries acts as legal Guardian to our clients: adults with developmental disabilities. We care for the personal, residential, medical, social, and financial needs of our clients and help make supported decisions regarding these aspects of our clients' lives. We hold the highest fiduciary regard in this responsibility and build a high level of trust with our clients, so their affairs are being taken care of in the best ways possible.
Bridge Disability Ministries	Meyer Medical Equipment Center	The Meyer Medical Equipment Center (MMEC) dispenses durable medical equipment to all comers, without any eligibility requirements, application process (which can be a barrier for non-English speaking individuals) or required fees. The MMEC collects donated equipment from the community, which we then clean, refurbish, and repair as needed, then distribute to community members on a donate-what-you-can basis. We also purchase and distribute new items that are not donated at a rate that meets need.
Center for Human Services	Center for Human Services - Behavioral Health Programs	CHS's Behavioral health programs provide therapeutic services to individuals who are experiencing problems with mental illness (such as depression, anxiety, PTSD, etc.) and/or substance use disorders. Our services are evidence-based, client-centered, culturally-responsive, trauma-focused & strengths-based and are offered to children/youth and adults.
Congregations for the Homeless	Behavioral Mental Health	CFH's Behavioral Health Program delivers same day/on-site mental health and substance abuse services to men in our emergency, rotating, and hotel shelter programs. Licensed mental health providers operating as behavioral health advocates deliver these vital services.
Crisis Connections (formerly Crisis Clinic)	Teen Link	Teen Link operates a confidential teen peer-to-peer help line and chat/text service that focuses on providing emotional support and resources as well as a line designed to support teens and parents around substance use issues. Teen Link also conducts suicide prevention training to youth in schools and the community. The mission of Teen Link is to empower teens to make healthy, self-respecting decisions about their lives.
Crisis Connections (formerly Crisis Clinic)	Crisis Line	The 24-Hour Crisis Line provides free and confidential telephone crisis intervention, information, referral and support services to anyone in emotional crisis or needing help in King County. By empathetic listening and supportive problem solving, we help distressed callers see their problems as manageable and direct them to appropriate mental health resources. We also provide clinical consultation to professionals and link callers to emergency behavioral health and community services.

Friends of Youth	Mental Health and Substance Use Disorder Counseling	Our Youth and Family (YFS) Counseling and Prevention programs support youth and their families through outpatient and school-based counseling for mental health, substance use disorder treatment and prevention. We provide individual, group and family therapy at our YFS offices located in Issaquah, North Bend, and Duvall, offer behavioral health services to Friends of Youth Transitional Living Programs and Youth and Young Adult shelters, and provide school-based counseling and prevention services
HealthPoint	Dental Care	City residents receive diagnostic, preventive, restorative, urgent and emergency dental care. The Dental Care program is distinguished by its focus on quality of care, affordability and accessibility to all community residents and, perhaps most uniquely, community governance. More than half of HealthPoint's governing board members are patients of HealthPoint.
HealthPoint	Medical Care	City residents receive medical treatment and care for preventive, urgent, acute and chronic health conditions. The Medical Care program is distinguished by its mission to community, quality of care, affordability and accessibility to all community residents and, uniquely, community governance. More than half of HealthPoint's governing board members are patients of HealthPoint.
IKRON of Greater Seattle	Behavioral Health Services	IKRON's integrated behavioral health program is focused on assisting low income and homeless individuals and families in East King County. We provide high quality mental health and recovery services, including psycho-social assessments, counseling, case management, substance abuse intensive treatment, relapse prevention, and psychiatric care. The ultimate goal of our program is to establish a solid foundation for emotional well-being and recovery towards successful integration in the community.
Imagine Housing	Behavioral Health Support	Imagine Housing will partner with three outstanding behavioral health organizations, IKRON, Youth Eastside Services and Encompass Northwest, to provide on-site and critically-needed behavioral health support to individuals and families living at Imagine Housing properties. We began this partnership with a pilot program in 2021 serving adults and plan to expand services in 2023 to serve more residents, including children and youth.
Imagine Housing	ADL Support	Many Imagine Housing elder residents require direct assistance with Activities of Daily Living (ADLs) and Instrumental Activities of Daily Living (IADLs) in order to maintain their independence and support aging in place with dignity and grace. Imagine Housing Resident Services staff are now working through a formal partnership with Full Life Care to provide in-home assistance to residents of two Imagine Housing communities in Kirkland, Athene and Francis Village.
Indian American Community Services (IACS)	Mental Health Support Program	IACS provides culturally-nuanced and linguistically relevant mental health support services for Asian Indian families, addressing body, mind and soul. IACS will host weekly conversation-driven support groups moderated by certified mental health professionals, behavioral health life coaches and IACS staff, wellness programs, yoga, meditation, art, music and movement, and offer individual personalized counseling in multiple King County cities by our network of mental health providers.
Kinderling Center	Families in Transition	FIT helps young children experiencing homelessness and their families access health care, education, resources and other services tailored to their specific needs. Our program supports the whole family by building resilience against daily stress and trauma, helping children make developmental gains, and promoting healthy parent-child relationships through parent coaching.
Kinderling Center	ParentChild+	ParentChild+ is a free, research-based, school readiness program for low-income, primarily immigrant/refugee families. Early Learning Specialists meet one-on-one with parents and their 16-48 month-olds, delivering intensive, culturally appropriate educational supports to promote academic success and strengthen families. Home visits take place twice a week over two school years and currently are offered in English and Spanish.
Kinderling Center	Parenting Plus	Parenting Plus is a free 10-week course that supports and strengthens parents of children of all abilities, age 12 or younger, through education and counseling. Since 1961, Parenting Plus has helped parents become appropriately and actively involved with their child while creating a nurturing and safe environment.
NAMI Eastside	Mental Health Education & Support Programs for Individuals and Families	NAMI Eastside provides mental health education, advocacy, and support services. We seek additional funding to expand our support group program to widen our reach and increase our capacity to service historically marginalized communities by providing trauma-informed, culturally attuned support groups.
NAMI Eastside	Youth Mental Health	NAMI Eastside's youth mental health program centers youth voices to provide robust services to East King County schools and communities. We partner closely with families and educators to share mental health education through presentations and in-depth classes. The recent installation of our Youth Ambassadors Program has successfully engaged students and builds mental health advocates to inspire and support peers within Eastside classrooms.
Northwest Parkinsons Association	Parkinson's Disease Support Groups in the City of Kirkland	Northwest Parkinson's (NWPf) in partnership with the Booth Gardner Parkinson's Care Center at Evergreen Hospital conduct multiple support groups to help persons impacted by Parkinson's Disease. NWPf has two Masters of Social Work on staff and both lead different support groups at the care center at Evergreen. We will begin meeting again in-person on-site at the hospital in Kirkland.
Sound Generations	Volunteer Transportation Services (VTS)	Sound Generations' Volunteer Transportation Program provides free, personalized, and safe transportation to healthcare appointments and other essential visits. The program relies on volunteers using their own vehicles to provide the rides to seniors 60 and older giving them a sense of independence, care and support.
Therapeutic Health Services	THS Substance Use and Mental Health Treatment Program	Therapeutic Health Services (THS) provides strengths based, culturally appropriate, intensive outpatient and outpatient drug and alcohol treatment, mental health counseling and case management services. This includes individual, group and family counseling sessions and relapse prevention treatment. Evidence-based practices are used by staff comprised of licensed substance use disorder and mental health professionals, case managers, nurses, ARNPs, physicians and psychiatrists.

Washington Poison Center	Emergency and Education Services	The Washington Poison Center (WAPC) is a 501(c)3 nonprofit mandated by Washington State to deliver poison and drug exposure-related medical advice and education to community members, first responders, and healthcare providers. WAPC provides medical advice through a 24/7/365 free telephone line staffed by specially trained pharmacists, nurses, and physician medical toxicologists. WAPC also provides free programs to educate local communities on poison safety, prevention, and harm reduction.
Wonderland Child and Family Services	The Next Level Early Support Program	The Next Level is Wonderland's early support program for children birth to three with a suspected or diagnosed developmental delay. Wonderland developed The Next Level based on proven models to deliver intensive, tiered early-intervention services—speech, occupational, and physical therapy, special education, infant mental health services, and family resources coordination—to children and provide support to their parent or caregiver. Therapies happen in the home or other natural learning environ
Youth Eastside Services	Behavioral Health Care for Children and Youth	YES' Behavioral Health Care for Children and Youth is a comprehensive program for those ages eight to 22, and their families, that intervenes, stabilizes, supports and empowers children/youth/families with the skills needed for improved social-emotional well-being and self-regulation. We provide evidence-based mental health counseling, substance use treatment, co-occurring disorders treatment (for those with mental health/substance abuse conjointly), psychiatric services and case management.
Youth Eastside Services	Early Childhood Behavioral Health	YES' Early Childhood Behavioral Health (ECBH) program provides early childhood intervention aimed at restructuring the parent-child relationship to support the infant's/child's healthy social, emotional and cognitive development. ECBH provides three evidence-based interventions for children from birth to age 7, and their parents/caregivers: Promoting First Relationships, Parent-Child Interaction Therapy, and our newly added Cognitive Behavioral Therapy, detailed below.



CITY OF KIRKLAND
Department of Parks & Community Services
123 5th Avenue Kirkland, WA 98033 425.587.3300
www.kirklandwa.gov

MEMORANDUM

To: Human Services Commission

From: Lynn Zwaagstra, Director of Parks and Community Services
Jen Boone, Human Services Manager

Date: July 13, 2022

Subject: 2023-2024 APPLICATION REVIEW PROCESS TIMELINE UPDATE

RECOMMENDATION:

That the Human Services Commission receive the updated version of the 2023-2024 Human Services Grant Application review process and timeline.

BACKGROUND:

Kirkland received 109 applications for the 23-24 funding cycle. Here is the breakdown of application per goal area:

- Goal Area 1 - Housing & Food: 31 applications
- Goal Area 2 - Supportive Relationships & Community Building: 28 applications
- Goal Area 3 - Safe Haven and Violence/Abuse Prevention: 6 applications
- Goal Area 4 - Physical and Mental Healthcare: 30 applications
- Goal Area 5 - Education & Employment: 14 applications

Below is the updated timeline to accompany the review process.

Date	Time & Location	Meeting Type	Agenda Items
7/13/2022	6:30 pm Virtual	Special Meeting	Begin review of Goal Area 4 applications
7/20/2022	6:30 pm Virtual	Special Meeting	Finish review of Goal Area 4 applications and preliminary recommendations
7/26/2022	6:30 pm Virtual	Regular Meeting	Begin review of Goal Area 1 applications
8/10/2022	6:30 pm Virtual	Special Meeting	Finish review of Goal Area 1 applications and preliminary recommendations
8/17/2022	6:30 pm Virtual	Special Meeting	Discussion of available funding and structuring recommendations
8/23/2022	6:30 pm Virtual	Regular Meeting	Continue structuring recommendations, and begin draft funding recommendations
8/31/2022	6:30 pm Virtual	Special Meeting	Finalize funding recommendations

In addition to the timeline, the Commission requested a list of application assignments by Goal Area so Commissioners can anticipate and plan for when applications need to be reviewed. Please refer to **Attachment A**. The summary of the Goal Area application review deadlines is as follows:

- Goal Area 3: Reviews Due by Tues, May 24, 2022
- Goal Area 5: Reviews Due by Tues, June 8, 2022
- Goal Area 2: Reviews Due by Wed, June 22, 2022
- Goal Area 4: Reviews Due by Wed, July 13, 2022
- Goal Area 1: Reviews Due by Tues, July 26, 2022

ATTACHMENT A – APPLICATION LIST BY GOAL AREA

ATTACHMENT A

GOAL AREA 1: First Review Due 07/26/22		
Agency Name	Program Name	Brief Description
4 Tomorrow	Rental, Mortgage and move in assistance	To provide emergency rental, move in and mortgage assistance to low to moderate income households in East King County who are experiencing financial or housing instability. In collaboration with 4 Tomorrow's Life Services Program, this funding seeks to address housing instability by pairing financial assistance with the programs coaching model in order to build self-sufficiency.
Attain Housing	Stable Home Rental & Move-In Assistance	Attain Housing's Stable Home program keeps struggling Eastside families housed with rental and move-in assistance funds. In 2021 we kept 182 families from losing their housing and 97% of those families remained in their homes three months after receiving assistance. Preventing homelessness reduces the incredible stress of displacement and is much more cost effective than rehousing a family after homelessness.
Catholic Community Services of King County	New Bethlehem Programs	New Bethlehem Programs (NBP) is an emergency services hub for families experiencing homelessness in East King County. Services include 24/7 shelter at two site locations, day center services, case management support, mobile medical services, behavioral health services, job placement resources, and youth & educational programming. NBP seeks to meet families where they are at, providing a supportive path to permanent housing.
Congregations for the Homeless	Enhanced Shelter Program	The 24/7 Enhanced Men's Shelter (EMS) provides a safe and welcoming environment every day of the year for men experiencing homelessness with on-site resources needed for individuals to rebuild their lives and obtain stable income and housing. This is the only Eastside shelter and services program dedicated to serving an average of 125 men experiencing homelessness each day, and between 800-1000 men each year.
Congregations for the Homeless	Housing	The CFH Housing Program provides 70 units of Permanent Housing with supports in scattered sites for single men transitioning from homelessness to stable living. Men pay rent equal to 30% of their income. Each man is connected to our community of supports through case managers, house managers, agency partners and other CFH staff. In 2021, our housing program had a 98.5% success rate of keeping men housed for two years or longer, or graduating them to other permanent housing.
Congregations for the Homeless	Housing Navigation	The CFH Navigation Program provides specialized case management and housing navigation services, and move-in financial assistance to help men, women, and children access stable housing who would otherwise be sleeping outdoors or in places that are not meant for human habitation.
Congregations for the Homeless	Rotating Shelter	The Rotating Shelter (RS) is a men's overnight shelter operating from 6 pm – 8am for up to 30 men each night who are experiencing homelessness. The RS provides supportive services; case management, addiction support, healthy community support, etc. to help men navigate to stability. This is the only recovery-based shelter where men can address addiction issues and find sobriety and stability.
Eastside Legal Assistance Program	Housing Stability	ELAP will provide critical legal services, safeguarding tenant rights for low-income residents. The objective is to reach residents before a crisis is reached and, using mediation and arbitration to find a solution that keeps them housed. ELAP has been running this program for the past two years and is confident that current results can be replicated throughout King County. All services will be 100% free to qualifying residents.
EBC-Eastside Baby Corner	Meeting Basic Needs For Children	EBC-Eastside Baby Corner's mission is to help kids reach their full potential by meeting basic needs today. We do this by distributing orders of children's essential health and care items through a 75+ agency partner network. In 2021 we delivered 160,866 orders of diapers, formula, baby food, car seats, pack n' plays, clothing, shoes, newborn supplies, school supplies, and hundreds of other types of items valued at 3.2 million dollars across King County, and Central Puget Sound.
Essentials First - Formerly known as Kits for Peace	Just Essentials Volume Distribution Program	People experiencing hygiene insecurity are the same ones who are facing food insecurity and most depend on food banks for their food needs. This program will provide local Food banks such as Hopelink, Renewal Food bank, Issaquah Food bank, Kent Food bank, etc. access to pallets of essential hygiene items provided through the "Just Essentials" program of Essentials First using the same ordering and distribution channel through which they get food.

Essentials First - Formerly known as Kits for Peace	Community Kits Program	The community Kits program is designed to address issues of hygiene inequity and lack of access to essential personal and household hygiene items such as soap, shampoo, detergent, feminine hygiene products, toothpaste, razors. Families making 30% of less of AMI in various school districts, newly arriving refugees, and those that are inadequately housed will be served through this program.
Essentials First - Formerly known as Kits for Peace	Essentials First - World Food Program	This program provides access to socially and culturally food to marginalized communities who are also facing food insecurity in addition to hygiene insecurity. Non perishable food is provided either in packed boxes or access to this food is provided by giving food cards to ethnic food stores that can be used to procure socially and culturally appropriate food.
Friends of Youth	The Landing Shelter & Resource Center	The Landing 24/7 service center is the only developmentally appropriate emergency and enhanced shelter for youth and young adults experiencing homelessness in East King County. It both meets young people's immediate needs and provides wraparound services to help them cultivate stability. In 2023 The Landing will be expanding to more than double the number of youth who can be served through early interventions that help them transition out of homelessness.
Friends of Youth	Youth Haven Shelter	Youth Haven is the only developmentally appropriate emergency and enhanced shelter in east King County for youth ages 7-17 experiencing homelessness, instability, and crisis situations. This 12-bed facility supports young people 24 hours a day in improving their safety and wellbeing through therapeutic case management, individual and group counseling, weekly skills groups, and educational support.
Friends of Youth	Transitional Living	Friends of Youth's Transitional Living Programs (TLP) provide safe, supportive environments where young people and young families can stabilize and build the skills needed to thrive independently. In addition to stable accommodations, residents have access to critical wraparound services including intensive case management, employment support, independent living skills education, trauma-informed counseling services, and a home visiting parenting program.
Hopelink	Housing	Hopelink has 19 units of Emergency Shelter, 51 units of Transitional Housing, and 35 units of Permanent Housing. Case managers, paired with the above-described units, use a strengths-based, client-centered case management model. Case managers work with the family to identify realistic goals to help the family overcome barriers and identify steps and strategies to achieve permanent housing. The end goal is to have the family achieve the highest level of self-sufficiency by making lasting change.
Hopelink	Financial Assistance Resiliency Program	Hopelink's Financial Resiliency Program helps individuals living in poverty who are experiencing an unexpected financial shock (need for car repair, medical issue, loss of hours at work, etc.) that threatens their overall stability (housing, employment, income). Through flexible financial aid, in conjunction with short-term system navigation help, our program reduces barriers to income supports and improves participants' financial stability.
Hopelink	Food Programs	When a family doesn't have enough food, a basic human need, stability in other areas is impossible; Hopelink's food programs provide food for nourishment and to supplement the income of households that make below 400% of the Federal Poverty Level. Hopelink's Markets and Mobile Market offer options from many food groups (fruits, vegetables, grains, proteins, and dairy). Home delivery is available for homebound individuals and emergency bags provide an immediate solution to a hunger crisis.
Imagine Housing	Imagine Housing Resident Services	Imagine Housing's Resident Services program helps low-income families and seniors maintain stable housing and connect to needed community resources on-site at Imagine Housing affordable housing properties. Our Resident Services Case Managers provide nearly 1,400 low-income residents with one-on-one support, resource referrals, basic needs items, community events and other services across 15 affordable housing communities in Bellevue, Kirkland, Issaquah, Redmond, Sammamish and Mercer Island.
Lake Washington Schools Foundation	Pantry Packs Food Security	The Lake Washington Schools Foundation's Pantry Packs Food Security program bridges the weekend hunger gap by providing discreet bags of nutritious, shelf-stable food to identified food-insecure students in the Lake Washington School District every Friday during the school year.
LifeWire	Emergency and Transitional Shelter (HSH Apartments)	LifeWire's confidential emergency shelter, My Sister's Home (MSH), and confidential transitional shelter, My Friend's Place (MFP), will relocate to our new facility, the HSH Apartments, in December 2022. Developed through our Hope Starts Here Campaign, this site is owned and managed by LifeWire. It will increase the capacity of the programs by 25%, increase accessible units by 9, and provide the area's only transitional apartments for DV survivors with substance abuse who are parenting.

LifeWire	Housing Stability Program	The Housing Stability Program (HSP) provides flexible low barrier financial assistance for survivors of domestic violence. Supports can include rental assistance, basic needs, and funds to address financial barriers that impact survivors' opportunities to locate, secure, and maintain stable housing, employment, and legal assistance while addressing other day-to-day needs.
MAPS - MCRC	Housing for Single Women	MAPS-MCRC provides socially and culturally appropriate transitional housing for single women. This vulnerable population has an increased need for personal safety and privacy, and the demand for transitional housing is far greater than the 15 available beds in Bellevue, Renton, and Seattle that we provide today for our clients. We are seeking to lease additional housing units on the Eastside and increase our capacity to provide case management to the clients in our transitional housing program.
MAPS - MCRC	Emergency rental assistance program for Refugees, immigrants and low income families	Provide emergency rental assistance to refugees from Afghanistan and Ukraine who fall under Low Income(below 50% of AMI) /Very low income (less than 30% of AMI) categories. Our case manager will verify income and circumstances of the applicant and determine the level of assistance needed. Authorized payments will made directly to landlord/rental agency/utility company.
MAPS - MCRC	Food & Gas Cards Distribution Program	We provide emergency assistance in the form of cards that can be used to purchase food or gas (and nothing else). These are dual purpose cards. This ensures that no one in acute need of sustenance or transportation (i.e. to get to a job interview, a job, the food bank, etc.) is left in the lurch.
Mary's Place Seattle	Mary's Place Flexible Financial Assistance for Families Experiencing Homelessness	Mary's Place serves families experiencing homelessness and housing instability across King County through shelter, mobile outreach and diversion, and prevention programs, using a diversion approach to engage families in problem-solving conversations to identify practical solutions to solving their housing crisis quickly and safely, and offering flexible financial assistance when necessary to support families to address the final barriers to housing stability.
Snoqualmie Valley Shelter Services	River Street Shelter	River Street Shelter, a low-barrier, enhanced-services shelter, provides 24/7 accommodation for up to 15 adults with semi-private, reserved beds, storage, on-site laundry, showers, clothing closet, bus tickets, and social service navigation. All meals are provided by community volunteers. Pets are welcome.
Sound Generations	Meals on Wheels	Meals on Wheels (MOW) program is a network comprised of our main office and warehouse in Seattle, 20 satellite sites throughout the county, staff, and over 300 volunteers who coordinate and deliver nourishing meals to elders and disabled adults in King County, who are unable to leave their homes unassisted, unable to prepare meals, and lack social support.
The Salvation Army	The Salvation Army Eastside Social Services	The Salvation Army Eastside Social Services program provides financial assistance to those in need. We serve the community of Bellevue, Kirkland, Redmond, Bothell, on this program it provides these residents with emergency financial rent, mortgage and various utilities to promote housing stability. This program also offers food sustenance through a hot meal program and food pantry items; distributing hygiene bags, and baby items.
The Sophia Way	Helen's Place	Helen's Place is The Sophia Way's combined emergency shelter and day center located in Kirkland. We provide 24/7/365 services for 40 unduplicated women daily. Women experiencing homelessness have access to showers, laundry, computers, hot meals, and the sleeping area. Most importantly, clients connect with a case manager to identify their goals and create a plan for moving out of homelessness. In addition, women have access to mental health professionals for assessment and counseling services.
The Sophia Way	Sophia's Place	The Sophia Way 21-bed extended-stay shelter and resource center, Sophia's Place, provides shelter and daytime services for women experiencing homelessness. Women who are committed to ending their homelessness are able to stay in the shelter for up to six months while accessing case management and other support services. Providing access to a multitude of programs and resources, the Resource Center will be open to all Sophia Way clients, as well as women from the community.

GOAL AREA 2: First Review Due 06/22/22

Agency Name	Program Name	Brief Description
4 Tomorrow	Life Services Program	Life Services is a comprehensive case management program which provides culturally sensitive support to the Latinx communities in East King County. This unique one-stop-shop utilizes individualized coaching techniques to coordinate services and aid in navigating resources & systems. This program supports individuals in achieving short- and long-term goals related (but not limited) to: Housing Stability, Health and Mental Health Care, Immigration, Education, Crisis Prevention and Response etc.
Assistance League of the Eastside	Operation School Bell	The Operation School Bell Program supports students from low-income families in our community by providing them with funds to purchase food, clothing, school supplies, health and literacy products at local Fred Meyer stores. Students are pre-selected by personnel from the Bellevue, Lake Washington and Northshore school districts. Our belief is that we contribute to students' self-esteem and well-being for a successful school experience.
Athletes For Kids	AFK Youth Mentoring	Athletes for Kids is a youth mentoring program that pairs high school athletes with children that have special needs and disabilities in a one to one peer mentorship lasting from one to three years. Athletes for Kids is the only youth mentoring model of this kind and the relationship forged between the high school mentor and the buddy is life changing for both parties.
Bighug-KARC	The Human Service Funding Collaborative	We've been working as community trusted messengers for the past 2 years for small business resiliency efforts by the Department of Commerce. Because our community trusted messengers worked diligently for the Korean business community, our service deliveries are recognized and trusted by the Korean business community. Referrals made by business owners, families with language and cultural barriers are contacting us for help on human service programs, including youth mental health issues.
Boys & Girls Clubs of King County	Kirkland Boys & Girls Club: Youth Development Services	Kirkland Boys & Girls Club is an integral part of the Kirkland community. We serve more than 500 members ages 5-18 annually, including a higher percentage of low-income families than the City of Kirkland average. We support these young people through a variety of programs that develop kids' academic success, good character and citizenship, and healthy lifestyles. As a nonprofit organization we rely on contributed income to maintain our scholarships and heavily subsidized program fees.
Catholic Community Services of King County	Volunteer Services	The mission of Volunteer Services (formerly Volunteer Chore Services) is to assist low-income elders and adults with chronic illnesses or disabilities remain independent in their own home. We match volunteers with older adults to provide companionship, light housework, and other simple chores. Opportunities to help are available all over the county. Below are a few ways you can get involved.
Center for Human Services	Family Support Programs	Center for Human Services offers Family Support services at various sites in North King County cities. We provide many different activities and programs that enrich the lives of residents focused on three areas: Early Learning, Adult Education and Parenting Support, and Youth Development.
Centro Cultural Mexicano	La Casa de mi Familia	This request is for funding to expand programs and services for a Centro Cultural Mexicano dedicated Casa de mi Familia family engagement center to serve the Latino Spanish speaking community with family supports and youth engagement centered around cultural identity. We will accomplish this through culturally and linguistically relevant civic and social engagement where the Latino community can come to one trusted place to participate in specific bilingual services and programs.
Chinese Information and Service Center	East King County Family Resource Center	The East King County Family Resource Center (EKCFRC) will provide low-income, LEP Chinese, Vietnamese, and Russian speaking families on the Eastside a single-entry point to obtain free cultural and systems navigation support to help them access information and referrals around basic needs -- health, education, training, legal, naturalization, benefits -- for the whole family. This holistic service will help immigrant families connect to critical community resources to secure basic needs.
Communities In Schools of Renton-Tukwila	Integrated Student Support	For over 25 years, Communities In Schools Renton-Tukwila has been striving for equity in educational opportunities empowering students to break through personal challenges and create access to resources and opportunities that help them overcome the barriers that stand between them and an equitable path to education. Guided by our core values of equity, opportunity and collaboration, our social service professionals deliver a unique model of Integrated Student Support.

Community Homes, Inc.	Community Housing Education for families of individuals with intellectual and developmental disabilities	Community Homes provides, promotes, and sustains exceptional community-based housing for adults with intellectual and developmental disabilities (I/DD) and family-based housing education. We own single dwelling homes and provide licensed in-home care providers for 45-47 individuals for 10 homes in King County. Residents use section 8 housing vouchers and DSHS funding. Education specific to housing models and benefits in King County is provided online with 10-12 workshops per quarter.
Crisis Connections (formerly Crisis Clinic)	King County 2-1-1	King County 2-1-1 is a connector, an educator and a provider of information. By simply dialing 2-1-1 or accessing resources online, people get connected to preventive help whether it's housing assistance, Veteran's services, services for seniors or the location of a food bank.
Eastside Legal Assistance Program	ELAP Pooled Cities General Request	ELAP provide free civil legal aid to low income residents in King County. We use various delivery models, including volunteer attorneys, low bono (reduced cost) attorneys, and staff attorneys. Services are delivered through one on one counseling, workshops, and clinics.
Families of Color Seattle	Families of Color Seattle (FOCS)	Families of Color Seattle (FOCS) will pilot diverse Parent Groups for BIPOC families from the Eastside (Bellevue, Kirkland, Redmond) and S. King County (Burien, SeaTac, Kent Tukwila, Renton). Parent groups are facilitated gatherings that increase parenting skills and build community. Families meet for 8-10 weeks and build relationships, gain resources/referrals, and take part in culturally responsive conversations about race and identity with facilitators with shared lived experiences.
Hopelink	Family Development	Hopelink's Family Development Program is a voluntary case-management program that serves low-income families in North and East King County who are homeless or at risk of homelessness. The Family Development program supports families in achieving housing stability and long-term economic self-sufficiency through strength-based case management and client-centered goal development. Using target goal setting to remove barriers, families achieve their highest level of self-sufficiency and make lasting
Indian American Community Services (IACS)	Cultural Navigation Program	IACS offers much needed cultural navigation services in-person and virtually for the Asian Indian community. The IAWW cultural hub is a safe and familiar space for community to access support services and resource referrals for COVID vaccinations, healthcare, mental health support, pandemic related assistance for food, legal services, housing, health insurance needs, digital training, employment training, mentoring to access resources, participate in wellness sessions and reach family in India.
Indian American Community Services (IACS)	Women, Youth and Senior Program	IACS offers much needed human services programming for women, seniors and youth in the Asian Indian community of King County both in-person at six popup community centers and virtually. Services for seniors address social connections, isolation, wellness, healthcare, health education and vocational training; for women focus on mentoring, interview skills, career training, employment placement; and for youth include peer mentoring, leadership training, vocational training and volunteer projects.
Indian American Community Services (IACS)	Small Business Support Program	IACS will provide support to struggling small businesses and their workers in the Asian Indian community experiencing ongoing pandemic related basic needs, revenue and health impacts. Services provided will include technical assistance for relief applications, navigating resources for residential and commercial assistance, workforce training, workshops on setting up businesses with licensing, labor practices, marketing, website development and healthcare access for owners and their employees.
Kids Quest Children's Museum for Equity in Communication CAN Noticias Program	Noticias en espanol para familias en BSD y LWSD	Noticias en espanol para familias en BSD y LWSD is an innovative, weekly video production, transcreated with the community and broadcast by native Spanish speakers. The goal of the videos is to provide timely, culturally relevant news from both districts to close the opportunity gap. Parent feedback led us to use Facebook as our platform, giving us a much farther reach than we could have gained with other forms of communication.

King County Bar Foundation	Neighborhood Legal Clinics	Pro Bono Services (PBS) utilizes the services of volunteer attorneys, legal assistants and community members to provide free legal advice and services to low income individuals and families in King County. Our 40 Neighborhood Legal Clinics serves the largest number of clients annually and provides advice on any civil legal issue. PBS is a critical component to ensuring equitable access to justice and our legal system.
Lake Washington Schools Foundation	LINKS Lunch Buddies Mentoring	The LINKS (Looking Into the Needs of Kids and Schools) "Lunch Buddies" program provides one-on-one mentoring for elementary children in the Lake Washington School District.
MAPS - MCRC	Information, Referrals and Resources (IR&R)	Providing agile, need-based intake service needs fulfillment. Our walk-in and call-in assistance is available to anyone in need, 24 hours a day, 7 days a week, and we are uniquely able to provide assistance even to those with cultural and language barriers that often make finding and receiving help prohibitively difficult.
Mission Africa	Mission Africa	Through a culturally centered wholistic lens, Mission Africa serves the African families in the South King County communities by addressing unmet basic needs such as food access, clothing, tutoring assistance, school supplies, physical, behavioral and mental health, youth programming, immigration support and childcare resources. Mission Africa aims to increase access to food and culturally appropriate information/needed resources among African immigrants in the South King County Communities.
Open Doors for Multicultural Families	Multicultural Family Support Program	ODMF's Family Support program provides individualized, culturally competent case management for individuals with developmental/intellectual disabilities and their families from culturally and linguistically diverse communities. We provide such case management for a variety of issues, including disabilities benefits and services, housing, special education, access to resources, assistance with other applications, and more. Our staff come from similar cultures as the families they are serving, and
Ubumwe Women Association	Immigrant single parent family empowerment support group	Ubumwe (meaning "Unity" in Kinyarwanda, an official language of Rwanda) serves immigrant and refugee single parent families. Our unique services include mental health support through Facilitator-led support groups, holistic whole-person services, and relationships with clients-they consider us not as case managers, but as trusted extended family, and they open up to us, sharing what they are experiencing. In turn, this trust helps us to remove barriers between them and other essential services.
Wonderland Child and Family Services	Hope RISING Clinic treating Prenatal Substance Exposure	One in ten children in the United States is born with prenatal substance exposure which impacts brain development, learning readiness, behavior, and social-emotional development. Wonderland treats children 0-12 with prenatal substance exposure to a variety of substances such as alcohol and opioids through providing specialized interventions with a neurobehavioral lens. 91% of children we treat are in foster care or adoptive families.
Youth Eastside Services	Community-Based Outreach	YES' Community-Based Outreach Services provides free of charge, social services for children and youth at the Bellevue Boys & Girls Club location (The Club in Lake Hills) and at Redmond Firehouse Teen Center, including outreach to children/youth; drop-in counseling; and group services. In Kirkland at Juanita High, we provide counseling and case management to support African American/Black students, including immigrant/refugee youth, in connecting to school and developing leadership skills.
Youth Eastside Services	Latine Programs	YES' Latine programs provide culturally-relevant youth development activities facilitated by bilingual (Spanish-English)/bicultural staff, including program activities to promote college readiness, student voice, parent engagement, youth leadership skills, and youth-led community service projects and cultural events. The after-school programs in Redmond, Bellevue and Kirkland engage Latine youth who are at-risk of dropping out of school, reconnecting them to school, community and culture.

GOAL AREA 3: First Review Due 05/24/22

Agency Name	Program Name	Brief Description
Businesses Ending Slavery & Trafficking	Not Alone Human Trafficking Outreach Program	BEST will provide a city-wide public outreach campaign to help victims of human trafficking access the services they need to escape their traffickers. This project will place signage in public spaces within city departments such as parks, recreation facilities, libraries, court houses, and other city facilities. The messaging will speak directly to victims of human trafficking and be provided in multiple languages.

Consejo Counseling and Referral Service		Consejo's Domestic Violence Program promotes dignity, respect, and safety for all survivors through a holistic and culturally sensitive approach. In addition to community advocacy-based counseling, the program offers sexual assault services, mental health services, wellness services, access to primary care and transitional housing services.
Harborview Abuse & Trauma Center	Sexual Assault	Harborview Abuse & Trauma Center (formerly Harborview Center for Sexual Assault and Traumatic Stress) provides services for children, youth and adults who have experienced sexual assault or other traumatic events. Services include brief intervention; evidence based therapy for the effects of traumatic stress; medical and legal advocacy services; crisis intervention; information and referral; outreach and community awareness.
King County Sexual Assault Resource Center	Comprehensive sexual assault advocacy services	Child, teen and adult victims of sexual assault and abuse receive comprehensive trauma focused crisis and advocacy services in English and Spanish. We offer community based, survivor driven, flexible mobile advocacy services. Specialized counselors offer 24hr crisis intervention and case management connecting victims to all services including mental health treatment. Advocates help navigate victims through the criminal and civil legal system along with intensive parent/caregiver psychoeducation.
LifeWire	Survivor Advocacy Services	LifeWire will provide advocacy services for survivors of domestic violence. Advocacy services include case consultation, supportive listening, resource referrals, outreach services, legal system navigation assistance and individual as well as group behavioral health services.
The Genesis Project	Drop-in Center Operations	We are seeking funding for Genesis Project's center operations costs for our drop-in center serving survivors of sexual exploitation. During the interview intake process, case managers identify the immediate needs, missing support structures, do a comprehensive evaluation of their situation. Then they create a comprehensive A to Z action plan which includes creating goals for their career aspirations and providing ongoing personalized support.

GOAL AREA 4: First Review Due 07/13/22

Agency Name	Program Name	Brief Description
4 Tomorrow	Mental Health Coordination & Gap Therapy Program	Our innovative program designed by the Latinx community provides Coordination (referrals to exiting therapy providers), Gap Therapy (free short-term therapy to those in need of immediate care), Education & Community Connection (monthly psychoeducation courses and groups). In collaboration with our Life Services Program, 4T will engage East King County in various culturally sensitive access points for important resources.
Alpha Supported Living Services	Alpha's Health Services Program	The Health Services Program supports our clients with developmental disabilities who are a part of our community residential program. We currently have 215 adults in Supported Living in King, Snohomish, and Spokane counties. RNs and members of the health care team set individualized health supports for each client, including nutrition plan and for those with skilled nursing needs, a nursing care plan. Clients attend over 2,500 appointments annually for medical, dental, and mental health needs.
Asian Counseling	Asian Counseling and Referral	ACRS' Behavioral Health Program provides culturally competent whole health oriented mental health services for Asian, Native Hawaiian & Pacific
Asian Counseling and Referral Service	Children, Youth and Families Program	Asian Counseling and Referral Service (ACRS)' Children Youth and Families (CYF) program provides bilingual/bicultural mental health services for low-income Asian, Native Hawaiian and Pacific Islander (ANH&PI) youth and their families in Bellevue, Kirkland and Redmond. Individual and family counseling will be offered in partnership with Bellevue School District (BSD) and Lake Washington School District (LWSD) to support challenges that youth are facing.
Boys & Girls Clubs of King County	Mental Health Initiative	Kirkland Boys & Girls Club seeks to provide a more intentional focus on youth mental health by expanding services available at the Club. At the center of this effort would be a partnership with Youth Eastside Services (YES) to bring professional counseling on-site to 1) elevate the level of care available at the Club, 2) guarantee that all Club kids have access to professional care, and 3) provide additional support, resources, and education to staff to improve overall response effectiveness.
Bridge Disability Ministries	Guardianship	Bridge Disability Ministries acts as legal Guardian to our clients: adults with developmental disabilities. We care for the personal, residential, medical, social, and financial needs of our clients and help make supported decisions regarding these aspects of our clients' lives. We hold the highest fiduciary regard in this responsibility and build a high level of trust with our clients, so their affairs are being taken care of in the best ways possible.

Bridge Disability Ministries	Meyer Medical Equipment Center	The Meyer Medical Equipment Center (MMEC) disperses durable medical equipment to all comers, without any eligibility requirements, application process (which can be a barrier for non-English speaking individuals) or required fees. The MMEC collects donated equipment from the community, which we then clean, refurbish, and repair as needed, then distribute to community members on a donate-what-you-can basis. We also purchase and distribute new items that are not donated at a rate that meets need.
Center for Human Services	Center for Human Services - Behavioral Health Programs	CHS's Behavioral health programs provide therapeutic services to individuals who are experiencing problems with mental illness (such as depression, anxiety, PTSD, etc.) and/or substance use disorders. Our services are evidence-based, client-centered, culturally-responsive, trauma-focused & strengths-based and are offered to children/youth and adults.
Congregations for the Homeless	Behavioral Mental Health	CFH's Behavioral Health Program delivers same day/on-site mental health and substance abuse services to men in our emergency, rotating, and hotel shelter programs. Licensed mental health providers operating as behavioral health advocates deliver these vital services.
Crisis Connections (formerly Crisis Clinic)	Teen Link	Teen Link operates a confidential teen peer-to-peer help line and chat/text service that focuses on providing emotional support and resources as well as a line designed to support teens and parents around substance use issues. Teen Link also conducts suicide prevention training to youth in schools and the community. The mission of Teen Link is to empower teens to make healthy, self-respecting decisions about their lives.
Crisis Connections (formerly Crisis Clinic)	Crisis Line	The 24-Hour Crisis Line provides free and confidential telephone crisis intervention, information, referral and support services to anyone in emotional crisis or needing help in King County. By empathetic listening and supportive problem solving, we help distressed callers see their problems as manageable and direct them to appropriate mental health resources. We also provide clinical consultation to professionals and link callers to emergency behavioral health and community services.
Friends of Youth	Mental Health and Substance Use Disorder Counseling	Our Youth and Family (YFS) Counseling and Prevention programs support youth and their families through outpatient and school-based counseling for mental health, substance use disorder treatment and prevention. We provide individual, group and family therapy at our YFS offices located in Issaquah, North Bend, and Duvall, offer behavioral health services to Friends of Youth Transitional Living Programs and Youth and Young Adult shelters, and provide school-based counseling and prevention services
HealthPoint	Dental Care	City residents receive diagnostic, preventive, restorative, urgent and emergency dental care. The Dental Care program is distinguished by its focus on quality of care, affordability and accessibility to all community residents and, perhaps most uniquely, community governance. More than half of HealthPoint's governing board members are patients of HealthPoint.
HealthPoint	Medical Care	City residents receive medical treatment and care for preventive, urgent, acute and chronic health conditions. The Medical Care program is distinguished by its mission to community, quality of care, affordability and accessibility to all community residents and, uniquely, community governance. More than half of HealthPoint's governing board members are patients of HealthPoint.
IKRON of Greater Seattle	Behavioral Health Services	IKRON's integrated behavioral health program is focused on assisting low income and homeless individuals and families in East King County. We provide high quality mental health and recovery services, including psycho-social assessments, counseling, case management, substance abuse intensive treatment, relapse prevention, and psychiatric care. The ultimate goal of our program is to establish a solid foundation for emotional well-being and recovery towards successful integration in the community.
Imagine Housing	Behavioral Health Support	Imagine Housing will partner with three outstanding behavioral health organizations, IKRON, Youth Eastside Services and Encompass Northwest, to provide on-site and critically-needed behavioral health support to individuals and families living at Imagine Housing properties. We began this partnership with a pilot program in 2021 serving adults and plan to expand services in 2023 to serve more residents, including children and youth.
Imagine Housing	ADL Support	Many Imagine Housing elder residents require direct assistance with Activities of Daily Living (ADLs) and Instrumental Activities of Daily Living (IADLs) in order to maintain their independence and support aging in place with dignity and grace. Imagine Housing Resident Services staff are now working through a formal partnership with Full Life Care to provide in-home assistance to residents of two Imagine Housing communities in Kirkland, Athene and Francis Village.

Indian American Community Services (IACS)	Mental Health Support Program	IACS provides culturally-nuanced and linguistically relevant mental health support services for Asian Indian families, addressing body, mind and soul. IACS will host weekly conversation-driven support groups moderated by certified mental health professionals, behavioral health life coaches and IACS staff, wellness programs, yoga, meditation, art, music and movement, and offer individual personalized counseling in multiple King County cities by our network of mental health providers.
Kindering Center	Families in Transition	FIT helps young children experiencing homelessness and their families access health care, education, resources and other services tailored to their specific needs. Our program supports the whole family by building resilience against daily stress and trauma, helping children make developmental gains, and promoting healthy parent-child relationships through parent coaching.
Kindering Center	ParentChild+	ParentChild+ is a free, research-based, school readiness program for low-income, primarily immigrant/refugee families. Early Learning Specialists meet one-on-one with parents and their 16-48 month-olds, delivering intensive, culturally appropriate educational supports to promote academic success and strengthen families. Home visits take place twice a week over two school years and currently are offered in English and Spanish.
Kindering Center	Parenting Plus	Parenting Plus is a free 10-week course that supports and strengthens parents of children of all abilities, age 12 or younger, through education and counseling. Since 1961, Parenting Plus has helped parents become appropriately and actively involved with their child while creating a nurturing and safe environment.
NAMI Eastside	Mental Health Education & Support Programs for Individuals and Families	NAMI Eastside provides mental health education, advocacy, and support services. We seek additional funding to expand our support group program to widen our reach and increase our capacity to service historically marginalized communities by providing trauma-informed, culturally attuned support groups.
NAMI Eastside	Youth Mental Health	NAMI Eastside's youth mental health program centers youth voices to provide robust services to East King County schools and communities. We partner closely with families and educators to share mental health education through presentations and in-depth classes. The recent installation of our Youth Ambassadors Program has successfully engaged students and builds mental health advocates to inspire and support peers within Eastside classrooms.
Northwest Parkinsons Association	Parkinson's Disease Support Groups in the City of Kirkland	Northwest Parkinson's (NWPF) in partnership with the Booth Gardner Parkinson's Care Center at Evergreen Hospital conduct multiple support groups to help persons impacted by Parkinson's Disease. NWPF has two Masters of Social Work on staff and both lead different support groups at the care center at Evergreen. We will begin meeting again in-person on-site at the hospital in Kirkland.
Sound Generations	Volunteer Transportation Services (VTS)	Sound Generations' Volunteer Transportation Program provides free, personalized, and safe transportation to healthcare appointments and other essential visits. The program relies on volunteers using their own vehicles to provide the rides to seniors 60 and older giving them a sense of independence, care and support.
Therapeutic Health Services	THS Substance Use and Mental Health Treatment Program	Therapeutic Health Services (THS) provides strengths based, culturally appropriate, intensive outpatient and outpatient drug and alcohol treatment, mental health counseling and case management services. This includes individual, group and family counseling sessions and relapse prevention treatment. Evidence-based practices are used by staff comprised of licensed substance use disorder and mental health professionals, case managers, nurses, ARNPs, physicians and psychiatrists.
Washington Poison Center	Emergency and Education Services	The Washington Poison Center (WAPC) is a 501(c)3 nonprofit mandated by Washington State to deliver poison and drug exposure-related medical advice and education to community members, first responders, and healthcare providers. WAPC provides medical advice through a 24/7/365 free telephone line staffed by specially trained pharmacists, nurses, and physician medical toxicologists. WAPC also provides free programs to educate local communities on poison safety, prevention, and harm reduction.
Wonderland Child and Family Services	The Next Level Early Support Program	The Next Level is Wonderland's early support program for children birth to three with a suspected or diagnosed developmental delay. Wonderland developed The Next Level based on proven models to deliver intensive, tiered early-intervention services—speech, occupational, and physical therapy, special education, infant mental health services, and family resources coordination—to children and provide support to their parent or caregiver. Therapies happen in the home or other natural learning environ

Youth Eastside Services	Behavioral Health Care for Children and Youth	YES' Behavioral Health Care for Children and Youth is a comprehensive program for those ages eight to 22, and their families, that intervenes, stabilizes, supports and empowers children/youth/families with the skills needed for improved social-emotional well-being and self-regulation. We provide evidence-based mental health counseling, substance use treatment, co-occurring disorders treatment (for those with mental health/substance abuse conjointly), psychiatric services and case management.
Youth Eastside Services	Early Childhood Behavioral Health	YES' Early Childhood Behavioral Health (ECBH) program provides early childhood intervention aimed at restructuring the parent-child relationship to support the infant's/child's healthy social, emotional and cognitive development. ECBH provides three evidence-based interventions for children from birth to age 7, and their parents/caregivers: Promoting First Relationships, Parent-Child Interaction Therapy, and our newly added Cognitive Behavioral Therapy, detailed below.

GOAL AREA 5: First Review Due 06/08/22

Agency Name	Program Name	Brief Description
Bellevue College	Center for Career Connections	Bellevue College's Center for Career Connections (CCC) seeks to ensure all people are able to find fulfilling work that provides a living wage. Our Center is open to the general public and we provide high quality career development services including interest and skill assessments, job search, resume development, customized workshops, and connections to education and training services. The CCC serves large numbers of student and non-student residents of Bellevue, Issaquah, and Kirkland.
Child Care Resources	Child Care Resources Information and Referral, Technical Assistance, and Training	Through the Information and Referral program, Child Care Resources assists families in their child care search by referring them to child care providers, community resources, and education about quality child care. CCR also provides customized, culturally relevant, and inclusive Technical Assistance and Training to child care providers to strengthen their delivery of child care.
Essence Health and Research Foundation	Project Thrive Health Services Program	The Project Thrive Health Services Program provides specialized Clinical Nutrition, Yoga, and Public Health services along with Emergency Nutrition/Crisis Kits to those with financial and medical need. Services can be received by anyone in Washington state with these needs, but current services are being provided predominantly to Sammamish, Issaquah, Redmond, and Kirkland, WA. Services focus on medical/financial conditions that need specific nutrition, stress, & financial relief planning.
Friends of Youth	Youth Employment Program	The Youth Employment Program is an integrated wraparound service in our shelter and housing programs, working with young people experiencing homelessness to develop skills and resources that promote financial independence. Services are convenient, free, and low-barrier, including group activities through Job Club, individualized support from Employment Case Managers, and connection to employment opportunities including agency-subsidized paid internships.
HERO House NW	Supported Employment	HERO House NW serves adults with mental illness by using the "Clubhouse" model. Clubhouse is recognized by SAMHSA as an evidence-based practice. We use a work-mediated approach to provide both vocational and social rehabilitation and recovery through our Supported Employment program.
Hopelink	Adult Education	Hopelink Adult Education offers two programs: GED/High School+, which prepares students to earn their GED or high school diploma, and English for Work, which supports refugees and immigrants with improving their English language skills while preparing for employment. We seek to center inclusivity, equity, and anti-racism in our approach and to create a learning environment that empowers students make progress toward obtaining living wage employment.
Hopelink	Employment	Hopelink's Employment Program serves job seekers in north and east King County at or below 200% FPL including homeless and very low-income clients who have a multitude of issues that hinder their ability to seek, secure, and maintain living wage employment for themselves and their families. Trauma-informed support services include career assessment and pathing, job search, resume and cover letter writing, job applications, interview preparation, job skills workshops, and job retention.

Hopelink	Financial Capabilities	Hopelink's Financial Capability Program helps clients become financially stable, gain knowledge to make informed financial decisions and develop skills to manage resources so they can find their own financial path forward that will lead to long-term, sustained financial security. We provide free financial coaching and financial education to vulnerable residents in King County, as well as support human service programs and staff in embedding financial empowerment tools in their work.
IKRON of Greater Seattle	Integrated Employment Services	IKRON's Integrated Employment Program combines employment readiness activities (career assessments, interview preparation, resume and cover letter writing), job placement and job sustainment services, with other supports and behavioral health services. Integrating all services under one roof with a wraparound concept to care, facilitates increased quality of care and improved outcomes. The ultimate goal of our services is successful integration in the community through employment sustainability.
Kindering Center	Child Care and Preschool Consultation (CCPC)	CCPC promotes the health, safety and development of children in child care and preschool settings and strengthens the capacity of their parents, caregivers and early learning professionals. Consultants provide onsite observations, coaching and trainings using a healing-centered, trauma-informed approach. Topics include child development, supporting children with diverse abilities, managing challenging behaviors and the increased needs of children raised during the pandemic.
Lake Washington Schools Foundation	Inclusive Libraries in our Schools	The Inclusive Libraries project supports school librarians as they evaluate, audit, and diversify the print and digital library collections in each of our district's schools.
Northwest Education Access	Helping Opportunity Youth (OY) build a pathway to a livable wage career by removing barriers to postsecondary access and success.	NWEA assists low-income Opportunity Youth (young people who are disengaged from education and workforce) in earning postsecondary degrees. Our evidence based program is designed to address barriers to academic success as students prepare for entry into and through graduation from higher education in pursuit of a livable wage career.
PROVAIL	School-to-Work Transition Program	PROVAIL is requesting funding to provide job coaching for youth with disabilities. City support directly funds Employment Service hours to individuals with disabilities who live, and often go on to work, in that city. Our Transition Program ensures that youth with disabilities are connected to right-fit jobs that enable them to be more economically self-sufficient while meeting the needs of local employers in the community and contributing to inclusive work environments.
YWCA Seattle King Snohomish	YWCA Eastside Employment Services (EES)	The YWCA's Eastside Employment Services (EES) matches Bellevue & Kirkland funds with DSHS Basic Food Employment & Training (BFET) funds to provide culturally-specific programs focusing on economic independence & advancement. While inclusive of all, EES centers on BIPOC and those who are structurally positioned furthest from opportunity, offering: career navigation, soft skills, vocational training, financial capability, and job placement/ job retention services.