



KIRKLAND TEEN

**348 Kirkland Ave
Kirkland, WA 98033
425.822.3088 • ymcaaktub.org**

Through the Kirkland Teen Union Building, the Y strives to meet and exceed the social and cultural needs of young people while offering resources that empower them to become active, caring and responsible community members. As a recreation, resource and arts center, this unique facility gives teens a positive, supportive environment to develop their skills, connect with their peers and make a difference locally. Join us alongside community partners and The City of Kirkland as we work towards strengthening the community together.

Summer/Spring Break Hours

Mon–Thur 12:00–7:00pm
Fri 12:00–8:00pm

Café Stage:

It's Friday Night! Come check out what is happening on the KTUB Café Stage. Open to all ages 13 and up.

1st & 3rd Friday: Open Mic
2nd Friday: Free Style Friday
4th Friday: Scheduled Music Show/Tournament
For more specifics contact KTUB staff Malia, MVillani@seattlemca.org

Drop In

Anyone age 13 to 19 is welcome at KTUB during our open hours of operation. Play pool, video games, or ping pong, or check your email in our career center. We have many planned and spur-of-the-moment activities from cooking classes to occasional field trips. Drop-In Activities Include: Art Club, Music Exploration, Open Mic, Career Services, Leadership, Recreation, Video Technology, and more.

**REGISTER @
YMCAKTUB.ORG**



KTUB PROGRAMS Ages 13–19

KTUB offers a regular schedule of classes with special offerings throughout the year. Programs range from video gaming to painting to learning about live sound. While some of our classes have small joining fees, we always strive to make rates affordable and make scholarships available. Because many of our programs are based on youth voice and input, we are constantly adding new and exciting options. For most up to date information visit our website at ymcaaktub.org or email info@ymcaaktub.org.

Monthly Community Service

Come join KTUB on their monthly service projects, and gain some community service hours as well! Take part in fun projects such as, teaching kids technology, connecting with seniors, community cleanup, and many more. Each month there will be a different opportunity!
Contact Carlos Guerrero, CGuerrero@seattlemca.org, for specifics • Transportation is provided

Youth Institute

Youth Institute kicks-off during our 7-8 week summer program. Free for youth 7-11th grade. Participants gain access to state of the industry equipment, learn how to create digital media using Adobe Suite, FinalCut, iMovie and many more programs.
Upon graduation students can earn up to \$500 for successfully producing a short film and design a full color magazine.
Application can be found on webpage.

Film Club

Mondays, 3:00–4:30pm
Cover a large set of filmmaking skills, from story development to directing, cinematography, editing, lighting, and sound design and develop technical expertise that will lay the groundwork for creativity. Uses Adobe Creative Cloud software.

Friday Feed

Every Friday, 6:00–7:00pm
Friday Feed is a free meal program offered at KTUB every Friday night at 6:00pm and is open to all young people between the ages of 13-22. While the primary goal of this program is to meet a basic need by providing teens with a well-balanced meal, Friday Feed also strives to collaborate with local groups and organizations to build community, create a culture of social responsibility, and promote healthy living.
*FREE • Interested in sponsoring?
Contact: Adjackson@seattlemca.org*

Paint for a Cause

1st Tuesday of the month, 5:00–7:00pm
KTUB partners with GGB, Girls Giving Back, to create one of a kind art which is donated to recent GGB shelter renovations. This FREE workshop is the perfect way to get involved in community service or for a budding artist! Supplies provided, bring your creative juices! Calling ahead is appreciated, so we can reserve your canvas.
*For more info check out these websites:
ymcaaktub.org and Girlsgivingback.org*

UNION BUILDING

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PROGRAMS Ages 13–19

Ping Pong Tournaments

Mondays, 5:00pm

Ping pong master? Don't miss out on our weekly tournaments. Weekly winner will receive a \$10 gift card.

Details: Cody, Cchrist@seattlemca.org

Music Technology

**Wednesdays, 4:00–5:30pm
and some Fridays when we have a show.**

Learn how to setup and produce/mix live shows, operate a live sound system, mix live bands, and more! This class is for beginners and those with experience alike. Get hands on experience running live sound alongside our technician while learning the ins and outs of the industry and processes.

Earn volunteer hours and experience working facility rentals with our technician.

For more information contact KTUB Staff Cody, CChrist@seattlemca.org

KTUB Game Club

Thursdays, 5:00–7:00pm

A space where young gamers can come and enjoy competitive gaming, make new friends, share common interests and learn about the gaming industry as a whole. Covers the gaming job market, trends, new tech/software, virtual reality, app development, and includes field trips to explore local gaming companies.

Details: Antione, Adjackson@seattlemca.org

Mackie Stage Shows

Every 4th Friday

Youth artists & bands take the KTUB Mackie stage! Main stage shows are booked in advance. Please contact staff for show openings. Tickets for sale in advance or at the door. Ticketing prices vary.

For booking information contact our staff:

Cody, CChrist@seattlemca.org

College P.R.E.P (Planning, Readiness, Expectations, and Preparation)

Thinking about college? Let KTUB staff support you. KTUB staff will work with youth weekly to help guide them, and make sure that they are on track to meet necessary academic requirements. Youth will work with a staff member to identify different secondary options, and resources for funding, suited to their needs.

*Call 425.822.3088 for more information
and to sign up*

Conversation Table

Fridays: 5pm-6:30pm

Providing a safe, nurturing, and inclusive environment for teens to learn how to engage in discussion about topics such as race, gender, poverty and privilege.

Adobe Creative Club

Tuesdays 3:00-4:30pm

Join us as we dive into Adobe Creative Cloud. Come learn new how to use Adobe Photoshop and Illustrator for all of your creative project!

Nimbus Haus Paint Day

3rd Friday 4:00-7:00pm

Nimbus Haus is a free volunteer art program for youth that promotes expression, empowerment, and connection. Nimbus Haus believes that every child has the potential to be a great artist. Whether it's through painting, writing music, or becoming a filmmaker, our job is to give the inner artist a home where they can thrive. The Nimbus Haus especially support LGBTQ+ youth and youth in the foster care system.

VOLUNTEER

You can positively impact lives right in your own community. Nearly 10,000 volunteers of all ages help the Y nurture youth, improve health and well-being and assist our neighbors in need. We value your time and enthusiasm and look forward to creating a fun, fulfilling volunteer experience for you.

Y KTUB volunteers enjoy:

- A wide variety of programs to fit personal interests
- Options for one-time, seasonal and ongoing volunteerism
- Making new friends, networking and gaining experience

How to begin

Contact Adjackson@seattlemca.org, for more information and to be sent a volunteer application. Or visit KTUB to pick up a volunteer application.

OUTREACH/COUNSELING

Y(outh) E(astside) S(ervices)

KTUB partners with YES to provide an on-site counselor who provides free services to youth by scheduled appointment or drop-in. Young people can also connect with the YES team, who assist homeless young people with case management, finding shelter, transportation, access to health care or work towards family reconciliation when possible.

Mon, Tues, Wed, Fri 2pm–7pm

Tyrelle@youtheastideservices.org

FACILITY RENTALS

KTUB is the perfect venue for dances, birthday parties, graduations, and other group events. With stages, dance floor, café, and lounge, KTUB facility can accommodate any occasion. Our recently renovated board room is great for community meetings.

More details: Adjackson@seattlemca.org

