



CITY OF KIRKLAND
Department of Parks & Community Services
123 5th Avenue, Kirkland, WA 98033 425.587.3300
www.kirklandwa.gov

MEMORANDUM

To: Kurt Triplett, City Manager

From: Lynn Zwaagstra, Director
Michael Cogle, Deputy Director

Date: June 5, 2017

Subject: Resolution Approving the Nomination of Kathy Smith Connor for Kirkland's Plaza of Champions

Recommendation

The Park Board recommends that the City Council approve the nomination of Kathy Smith Connor for Kirkland's Plaza of Champions.

Background

The Plaza of Champions was created in 1988 to honor and recognize those Kirkland groups and individuals who have reached the pinnacle of achievement in their chosen field and have, through that achievement, contributed in a significant way to our community. This contribution may be by providing recognition for Kirkland and its residents or improving the quality of life for a significant segment of the greater Kirkland community. Honorees are inducted in a public ceremony and have a bronze plaque installed in their honor at the Plaza of Champions near Marina Park.

The Park Board has been established as the review panel to consider and make recommendations to the City Council on all nominations. Criteria adopted by the City Council for the Plaza of Champions (**Attachment 1**) are intended to be both broad and flexible, yet the standards set for this tribute are intended to be high. A list of prior honorees is provided as **Attachment 2**.

Former Kirkland resident Kathy Smith Connor has been nominated for induction into the Plaza of Champions for her achievements in the sport of competitive swimming. Ms. Connor won numerous titles and established records as a member of the swim teams of both Lake Washington High School and Stanford University, and was chosen to represent the USA for the 1980 Olympic Games. Please see the attached nomination packet that has been submitted on her behalf (**Attachment 3**).

Below is a summary of how the nomination fulfills the criteria established for the Plaza of Champions program:

Criteria I – Level of Achievement - *Level of Achievement must be highest possible, unique, and/or exceptional in chosen field or endeavor.*

Ms. Connor was chosen for the 1980 U.S. Olympic Team and established numerous records during her swimming career. Ms. Connor was inducted into the Washington State Intercollegiate Swimming Hall of Fame in 2005.

Conclusion: The Park Board believes that these achievements are exceptional and meet the criteria established for Level of Achievement.

Criteria II – Identity With Kirkland - *Applicant must meet at least 2 of the following criteria:*

- ☒ 2.1 Born in Kirkland (*Yes. Ms. Connor was born in Kirkland*)
- ☐ 2.2 Currently Resides in Kirkland
- ☒ 2.3 Lived in Kirkland at least 10 yrs. (*Yes. Ms. Connor grew up in Kirkland and graduated from Lake Washington High School*)
- ☐ 2.4 Improved quality of life in Kirkland
- ☐ 2.5 Works in or owns Kirkland business
- ☐ 2.6 Other justification

Conclusion: The Park Board has determined that Ms. Connor meets at least 2 of the identified criteria established for Identity With Kirkland.

Criteria III – Significance of Achievement

Applicant must meet at least 1 of the following criteria:

- ☒ 3.1 Recognition of achievement by Kirkland Community (*Yes. See assorted media articles included with nomination*)
- ☒ 3.2 Peers recognize achievement as outstanding (*Yes. Inducted into the Washington State Intercollegiate Swimming Hall of Fame*)
- ☐ 3.3 Played a key role in group effort
- ☐ 3.4 Achievement improved quality of life

Conclusion: The Park Board has determined that Ms. Connor meets at least 1 of the identified criteria established for Significance of Achievement.

History Requirement

Information has been provided as part of the nomination packet and satisfies this requirement.

Park Board Recommendation

At their regular meeting of May 10, 2017 the Park Board reviewed the nomination of Kathy Smith Connor and voted unanimously to recommend approval.

If approved by the Council via the attached Resolution, staff will work with Ms. Connor and her family to schedule a public induction ceremony later in the year.

Attachments:

- 1 – Nomination Guide
- 2 – List of Past Honorees
- 3 – Kathy Smith Connor Nomination Packet
- 4 – Resolution



KIRKLAND PLAZA OF CHAMPIONS Nomination Guide

CRITERIA AND ELEMENTS

An applicant for recognition should satisfy the listed minimum number of the elements from each of the three (3) criteria listed below. Applicants must meet the eligibility requirement listed in Criterion I, must meet at least two (2) of the elements from Criterion II, and must meet at least one (1) of the elements from Criterion III.

In addition, the applicant must also furnish a history of achievements. These achievements must have occurred at least one calendar year prior to submission of the application. The honor cannot be conferred unless the history is provided.

Applicants will be reviewed by the Kirkland Park Board, whose decision will be final.

CRITERION I

LOCAL, STATE, NATIONAL, OR INTERNATIONAL LEVEL OF ACHIEVEMENT

The following basic eligibility requirement must be met before a nominee can be considered for possible induction.

ELEMENTS:

1.1 Level of Achievement

The level of achievement by the individual or team must be explicitly stated and should be the highest possible level of achievement in fields such as science, education, athletics, the arts (music, drama, literary, fine arts, etc), medicine, debate, etc.

The Plaza of Champions is not intended to recognize **lifelong or enduring** achievement in a particular field unless the applicant has previously received an award for such lifelong achievement.

This basic achievement element also provides the opportunity for nomination of first-time achievements (examples: first Kirkland resident to swim the English Channel, first Kirkland individual or group to participate in a national competition, etc.).

If it is not possible to identify the highest possible level of achievement, the applicant must provide a detailed explanation as to why the achievement is considered to be exceptional.

CRITERION II

IDENTITY WITH GREATER KIRKLAND

Applicant must consider Kirkland to be his/her home or identify with Kirkland in such a way that the Kirkland community recognizes the applicant as a "Kirklander."

At least two (2) of the following elements must be met before a nominee can be considered for possible induction.

ELEMENTS:

2.1 Born in the Kirkland area.

This means that the parent(s) were residing in Kirkland at the time of the candidate's birth.

2.2 Currently resides in Great Kirkland area.

Applicant currently has a Kirkland address. Applicant must live at this address at least six months of the year.

2.3 Lived in Greater Kirkland area for at least ten years or longer and consider Kirkland their home town.

2.4 Has improved the quality of life in Greater Kirkland.

2.5 Worked (or has worked) within the community or owns a business in Greater Kirkland area.

The applicant is a past or present Kirkland area business owner or worker who has contributed in a special way to the community.

2.6 None of the above.

An applicant may still be considered even if the preceding elements do not apply. Substantial documentation, however, will be required in this instance so as to demonstrate the applicant's identity with Greater Kirkland.

CRITERION III

SIGNIFICANCE OF ACHIEVEMENT

The applicant must fully explain the significance of the achievement. It must be further specified if the achievement is the result of an individual or team effort. No individual members of a team will be recognized. The team members, however, may be recognized by name.

At least one (1) of the following elements must be met before a nominee can be considered for possible induction.

ELEMENTS:

3.1 Recognition of the achievement by the Kirkland community.

Applicant must submit a statement which explains how the community has been affected by the achievement as well as the manner in which the community was informed (e.g.,

press coverage received subsequent to achievement – include press clippings and any other examples of media coverage).

3.2 Peers recognize this achievement as outstanding.

Persons in the same field must recognize the achievement as outstanding and worthy of recognition. A statement of endorsement for the applicant from leaders in the applicant's field is expected. The peer group may include a person, or persons, residing outside the Kirkland area.

3.3 Played a key role in a group effort which without this individual's achievement would not have taken place.

The candidate formed an organization or group and was instrumental in making it operational. The group or organization benefited the community in a demonstrable way.

3.4 The achievement has improved the quality of life for a large segment of Greater Kirkland area residents.

For example, the achievement may have resulted in increased educational or recreational opportunities for area residents.

HISTORY REQUIREMENT

The history and description of the achievements must be in narrative form and in sufficient detail to completely support the conferring of this award. The person or persons writing the history must provide sufficient in-depth history to enable future readers to completely appreciate the significance of the applicant's contribution. Include, if possible, documents, press clippings, photos, or other examples of media coverage related to the achievement.

If the history is written by anyone other than the applicant, it must be read and signed by the applicant (when possible) and thus documented as a true and accurate account. If the award is conferred, the history will be placed in the Kirkland Library to serve as a reference and permanent record of the achievement.

KIRKLAND PLAZA OF CHAMPIONS HONOREES

<u>1988</u>	JoAnne Gunderson Carner	L.P.G.A. Hall of Fame Golfer
<u>1989</u>	Rick Acton	N.W.P.G.A. Champion Golfer
	Dorothy "Didi" Anstett	1968 Miss U.S.A.
	Hot Dog U.S.A.	World Champion Rope-Skipping Team
	1980 Kirkland National Little League All-Stars	3rd Place in Little League World Series
	1982 Kirkland National Little League All-Stars	Little League World Series Champions
	1975 Tyee/Bel-Kirk Senior Babe Ruth Team	Babe Ruth Baseball World Champions
	Andrew Okada	Collegiate Boxing Champion
	Steven Earl Todd	Champion Wheelchair Athlete
<u>1991</u>	Demetri Corahorgi	Medal of Honor Recipient
	1974 Kirkland National Little League Girls' Softball Team	2nd Place in Little League World Series
	1980, 1990, 1991 Northwest College Women's Basketball Teams	National Christian College Athletic Association National Champions
<u>1992</u>	Julie Ann Gregg	Bicycle Racing Champion
	Chris Sharp	1990 Peabody Award for Excellence in Broadcast Journalism
<u>1993</u>	Rick Colella	1976 Olympic Bronze Medalist - Swimming
<u>1994</u>	1993 Kirkland/District 9 Big League Softball Team	Little League World Champions
<u>1995</u>	Maxine Conover	1958 U.S. National Women's Bicycling Champion
<u>1996</u>	Glen Ethier	1972 International Broadcasting Award and 1973 CLIO Awards for Excellence in Broadcast Advertising
<u>1998</u>	1963 Lakeside Gravel Baseball Team	1963 Connie Mack Baseball National Champions
<u>2001</u>	Randall Garretson	1964 Junior National Ski Jumping Champion 1964 Nordic Combined Junior National Champion
<u>2013</u>	Chris Warren	2008 Emmy Award Excellence in Broadcasting
<u>2015</u>	Billy and Cory Roeseler	Inventors and Pioneers of the Sport of Kiteboarding



KIRKLAND PLAZA OF CHAMPIONS **Nomination Application Form**

Name of Honored Group or Individual:

Kathy Smith Connor

Achievement or Award to be Recognized:

Olympic, National, State-wide Swimming

Date or Dates of Achievement or Award:

1980 - 1987

Name of Person(s) Submitting Application:

Name:

Kathy Smith Connor

Address:

3473 NW Tustin Ranch Drive

City:

Portland

Zip:

97229

Phone:

503-679-5437

Email:

connor.k@stanfordalumni.org

Relationship to Honored Group or Individual:

Self

If applicable, list members of Group and their roles:

(attach extra page if necessary)

If applicable, list other key individuals and their roles (coach, parent, sponsor, teacher, etc.):

See Attached

(attach extra page if necessary)

Agreement

In submitting this application, I understand that the applicant must meet the required qualifications and that this application will be reviewed by the Kirkland Park Board, and that their decision will be final. I further understand that if this application is accepted, a fee of \$200 will be paid to the City of Kirkland to cover the cost of the plaque, engraving, installation, and maintenance. The plaque will not be installed until all application materials are received and the fee has been paid.

Signed:

Kathy A. Connor

Date:

2/8/17

Signed:

Date:

KIRKLAND PLAZA OF CHAMPIONS

Application Form

Criterion I

LOCAL, STATE, NATIONAL, OR INTERNATIONAL LEVEL OF ACHIEVEMENT

Name of Applicant: Kathy Smith Connor

Please explain how the applicant meets this eligibility requirement. Attach extra pages as necessary.

Criteria I – Local, State, National, International Achievement

Kathy Smith Connor began swimming for the Bellevue Eastside Swim Team in 1978 and quickly rose to compete at both the state and national levels. I competed at the United State Olympic Trials at age 15 and made the 1980 US Olympic Team (the boycott team) as an alternate in the 200 breaststroke. I competed with that team in Hawaii with the other boycott teams. I went on to compete on United States National Teams in 1980, 1981, 1982, 1985, 1986 and 1987, winning multiple medals (see my attached swimming resume for a list of competitions and medals). I also competed in the 1984 and 1988 Olympic Trials before retiring in 1988.

Competing for Lake Washington High School beginning in 1979 as a sophomore, I broke the National High School record in the 100 breaststroke at Hec Ed Pool at the University of Washington. I also broke the State Record in the 50 freestyle at that same meet. In 1981 and as a senior, I returned to break the National High School record in the 100 breaststroke for a second time, as well as the State record in the 50 free for a second time. In total, I won 7 state titles for Lake Washington HS, all in either State or National record time. My 100 breaststroke record was the longest held record in Washington State high school swimming history and was only recently broken.

Amongst my many local honors, I was the Bellevue Journal American Prep Athlete of the Year in 1986 and was awarded the Northwest Sports Foundation Future Leader Award in 1985. I was inducted into the Washington State Intercollegiate Swimming Hall of Fame in 2005.

After high school, I went on to compete as a four year varsity athlete on a full athletic scholarship for Stanford University (from 1982-86) followed by two years at the famed Santa Clara Swim Club until I retired in 1988. During my 4 years at Stanford, I amassed 21 NCAA All-American awards, numerous NCAA and Pac-10 Titles in relays and the 100 and 200 Breast, and was part of the 1983 NCAA National Championship Team. I was the Pac-10 Scholar Athlete of the Year in 1986. Please see my included resume for a full list of medals and honors.

KIRKLAND PLAZA OF CHAMPIONS

Application Form

Criterion II

IDENTIFY WITH GREATER KIRKLAND

Name of Applicant: Kathy Smith Connor

Please explain how the applicant meets at least two (2) of the elements listed for this eligibility requirement. Attach extra pages as necessary.

Element Explanation: _____

Criteria II – Identity with greater Kirkland

Kathy Smith Connor was born and raised in Kirkland, Washington. I attended Ben Franklin Elementary School, Rose Hill Junior High School and Lake Washington High School, graduating in 1982. We attended both Kirkland Methodist Church and Overlake Christian Church.

My parents, Dave and Carol Smith, were significant contributors to the Kirkland area as well as Washington State. Carol Smith was a pre-school teacher at Lake Washington Methodist Church for 30 years. David Smith was the nation's first State Patrol Psychologist with the Washington State Patrol, followed by a private counseling practice helping first responders manage trauma. We were fully entrenched in our community and I consider Kirkland my home town, as a result of the many years spent living there as well as the many activities and people my family and I were involved with.

I have many happy memories of "feeding the ducks" down on the Kirkland waterfront where we frequently visited, especially after receiving our "allowance" so that we could feed the ducks and spend our allowance money at the "dime store". I swam across the lake from the marina to Sand Point each summer as a training exercise. We launched our boat at the marina every summer. We loved attending Moss Bay Days. We rode our horses every day in Bridle Trails State Park near our home. My entire life was focused on Kirkland and it was a wonderful place to grow up and thrive. I left Kirkland to attend college in California but returned most summers to "come home" during my college years.

KIRKLAND PLAZA OF CHAMPIONS

Application Form

Criterion III

SIGNIFICANCE OF ACHIEVEMENT

Name of Applicant: Kathy Smith Connor

Please explain how the applicant meets at least one (1) of the elements listed for this eligibility requirement. Attach extra pages as necessary.

Element Explanation: _____

Criteria III – Significance of Achievement

For this criteria, in addition to the previously written sections, it seems that the best way to “explain the significance of the achievement” and “explain how the community has been affected by the achievement as well as the manner in which the community was informed” would be to share a FEW of the MANY newspaper articles that were written about me during that time. I also have tapes of quite a few of the TV interviews on me if that would be of interest to the committee. Please find attached copies of quite a few articles written about me during that time. I take great pride in the fact that these articles talk about my commitment to my community, especially the article titled *An Uncommon Combination* that questions (and praises) why I stayed in Kirkland/Bellevue to train as opposed to moving down to a power house swim team in California. As you will see from the article, my family, church, team, coaches, school, friends were all more important to me than that possibility of swimming even faster if I trained elsewhere. I was committed to Kirkland, my school, my family, and my team!

KIRKLAND PLAZA OF CHAMPIONS

Application Form

History Requirement

Name of Applicant:

Kathy Smith Connor

Using the criteria and elements as a guide, please furnish a complete history and description of the achievement in narrative form. Attach extra pages as necessary. Please note that if the history is prepared by anyone other than the applicant, it must be read and signed by the applicant (when possible) and documented as a true account. Please include, if possible, documents, press clippings, photos, or other examples of media coverage related to the achievement.

See Attached

History Requirement

Kathy Smith Connor was born and raised in Kirkland, Washington. I attended Ben Franklin Elementary School, Rose Hill Junior High School and Lake Washington High School, graduating in 1982. We attended both Kirkland Methodist Church and Overlake Christian Church.

My parents, Dave and Carol Smith, were significant contributors to the Kirkland area as well as Washington State. Carol Smith was a pre-school teacher at Lake Washington Methodist Church for 30 years. David Smith was the nation's first State Patrol Psychologist with the Washington State Patrol, followed by a private counseling practice helping first responders manage trauma. We were fully entrenched in our community and I consider Kirkland my home town, as a result of the many years spent living there as well as the many activities and people my family and I were involved with.

I have many happy memories of "feeding the ducks" down on the Kirkland waterfront where we frequently visited, especially after receiving our "allowance" so that we could feed the ducks and spend our allowance money at the "dime store". I swam across the lake from the marina to Sand Point each summer as a training exercise. We launched our boat at the marina every summer. We loved attending Moss Bay Days. We rode our horses every day in Bridle Trails State Park near our home. My entire life was focused on Kirkland and it was a wonderful place to grow up and thrive. I left Kirkland to attend college in California but returned most summers to "come home" in my college years.

I began swimming for the Bellevue Eastside Swim Team in 1978 and quickly rose to compete at both the state and national levels. I competed at the United State Olympic Trials at age 15 and made the 1980 US Olympic Team (the boycott team) as an alternate in the 200 breaststroke. I competed with that team in Hawaii with the other boycott teams. I also competed in both the 1984 and 1988 US Olympic Trials and went on to compete on United States National Teams in 1980, 1981, 1982, 1985, 1986 and 1987, winning multiple medals (see my attached swimming resume for a list of competitions and medals).

Competing for Lake Washington High School beginning in 1979 as a sophomore, I broke the National High School record in the 100 breaststroke at Hec Ed Pool at the University of Washington. I also broke the State Record in the 50 freestyle at that same meet. In 1981 and as a senior, I returned to break the National High School record in the 100 breaststroke for a second time, as well as the State record in the 50 free for a second time. In total, I won 7 state titles for Lake Washington HS, all in either State or National record time. My 100 breaststroke record was the longest held record in Washington State high school swimming history and was only recently broken.

Amongst my many local honors, I was the Bellevue Journal American Prep Athlete of the Year in 1986 and was awarded the Northwest Sports Foundation Future Leader Award in 1985. I was inducted into the Washington State Intercollegiate Swimming Hall of Fame in 2005.

After high school, I went on to compete as a four year varsity athlete on a full athletic scholarship for Stanford University (from 1982-86) followed by two years at the famed Santa Clara Swim Club until I retired in 1988. During my 4 years at Stanford, I amassed 21 NCAA All-American awards, numerous NCAA and Pac-10 Titles in relays and the 100 and 200 Breast, and was part of the 1983 NCAA National Championship Team. I was the Pac-10 Scholar Athlete of the Year in 1986.

Kathy Smith Connor grew up and competed in Washington State on the **Bellevue Eastside Swim Team** before competing for **Stanford University** and **Santa Clara Swim Club**. She was an **alternate on the 1980 United States Olympic Swim Team in the 200m Breast** and a member of the **US National team that competed in Hawaii after the 1980 boycott**.

Kathy was a four year varsity athlete at Stanford University and graduated in the spring of 1986. During her 4 years at Stanford, she amassed **21 NCAA All-American awards and numerous NCAA and Pac-10 Titles** in relays and the 100 and 200 Breast, and was **part of the 1983 NCAA National Championship Team**. She was the **Pac-10 Scholar Athlete of the Year in 1986**.

Kathy medaled - and was a member of - numerous United States National Teams from 1980 to 1987, including Pan American Games, New Zealand Games, Goodwill Games, World University Games and Pan Pacific Games. She was inducted into the Washington State Scholastic Swimming Hall of Fame in 2005.

Here is a partial list of Kathy's swimming accomplishments:

- **United States Olympic Team; 1980, Alternate**
Kathy was selected to compete on the US National Team that competed in Hawaii with other countries that also boycotted
- **National High School records, 100 breaststroke, 1979, 1981**
- **New Zealand Games, US National Team, 1981**
2 Gold medals as part of the US National Team 200 and 400 Medley relays
Individual Gold medal 200 Breaststroke
Individual Bronze medal 100 Breaststroke
- **World University Games, US National Team, 1985**
Gold medal, 400m Medley Relay
Silver medal, 100m Breaststroke
- **Pan Pacific Games, US National Team, 1985**
- **Named as member of the United States Swimming 1985 All Star Team**
- **Goodwill Games, US National Team, 1986**
Gold medal, 400 Medley Relay
Bronze medal, 100 Breaststroke
- **Pan American Games, US National Team, 1987**
Bronze medal, 200m Breaststroke
- **Member of the NCAA winning Championship Team at Stanford University, 1982-86**
- **Multiple individual and relay PAC-10 and NCAA Championship titles.**
- **PAC-10 Scholar Athlete of the Year, 1986**
- **21 NCAA All American awards while at Stanford**



Kathy Smith
Lake Washington

Steve Routos
Newport



Prep Athletes of the Year

Routos, Smith were dream team performers *and* individual stars

Journal-American staff report

They place their teams before themselves, yet, because of the magnitude of their individual talents, Steve Routos and Kathy Smith can't escape the spotlight.

Tuesday night Routos, a senior at Newport High School, and Smith, a senior at Lake Washington, were named the 1981 Prep Athletes of the Year at *The Journal-American's* seventh annual awards banquet.

Routos capped a brilliant three-year baseball career by leading Newport to the state championship, playing nearly flawless shortstop and hitting over .500. In football, he rushed for 495 yards and averaged 6.1 yards per carry before an injury ended his season after five games.

Smith set a national record in the 100-yard breaststroke with a 1:02.96 clocking and she also won all-American consideration with a 23.21 time in the 50 freestyle. It gave her seven state championships in four years of high school swimming.

THE COACHES of both Smith and Routos are as impressed by their unselfishness as their athletic talents.

Routos' football coach, Bill Bloomer, calls him "the kind of kid who's going to do his best to help his team win — or die trying."

Says Lake Washington swim coach Steve Daugherty of Smith, "She's as excited to swim the relays as she is to swim the individual races. And she's not the type to sit back and watch the rest of the team compete without a sound, then go out and steal the glory for herself. She's always cheering for everybody else."

Routos edged Sammamish senior Dean

1981-82 Prep Athletes of the Week		
FALL	WINTER	SPRING
JEFF AMIS, Interlake, football	ERIC RILEY, Mount St., basketball	DARCI LAMB, Bothell, soccer
JOAN ANDREWS, Newport, swimming	MIKE HANEY, Juanita, basketball	BILLY YOUNG, Bellevue, tennis
DEAN TURULJA, Sammamish, football	KARIN BISHOP, Interlake, basketball	MEAGAN DEWEY, Mercer Island, track
DALE BATHUM, Mercer Island, football	LYNN ERIKSEN, Bellevue, basketball	MIKE CAMPBELL, Newport, baseball
JENNY HARSHBARGER, Newport, swimming	KEN MARTIN, Redmond, basketball	KARLA HOSSFELD, Bellevue, soccer
TOM LOOP, Bellevue, football	LAUNDRA WALKER, Newport, basketball	PAM PAUDLER, Redmond, track
ERV KUEBLER, Juanita, football	AL MOSCATEL, Mercer Island, basketball	BONNIE BROUGHTON, Redmond, soccer
JILL ANDREWS, Bellevue, tennis	JOHANNA HOEK, Bellevue Christian, basketball	ANDY OLSON, Newport, baseball
DAVE SWAN, Newport, cross country	PAUL DAMMKOEHLER, Bellevue, basketball	JANE RONGREN, Lake Washington, softball
MARILYN HOPKINS, Mercer Island, volleyball	TAUNIA ROGERS, Inglesmoor, gymnastics	CHRIS PEARSON, Newport, tennis
DEAN SMITH, Interlake, football	DENNY ANDREWS, Bellevue Christian, wrestling	MATT SMITH, Mercer Island, soccer
PATTY MAPAVA, Bellevue, cross country	MARTIN SVENSSON, Sammamish, swimming	DAN CLAY, Issaquah, gymnastics
KATHY SMITH, Lake Washington, swimming	PAUL KAISER, Redmond, wrestling	HELEN LORTON, Newport, track
MARY WAYTE, Mercer Island, swimming	MARK STOPPLER, Sammamish, basketball	JULIE RALLS, Bothell, golf
	CHRIS VAN PELT, Bellevue, basketball	GARTH THOMAS, Redmond, track
	KYLE PEPPE, Mercer Island, basketball	
	GARY HASLAM, Newport, swimming	
	ANN SHANNON, Bellevue, basketball	
	ERIC SCHWABE, Mercer Island, basketball	

Turulja, an all-state defensive back and all-Kingo running back; and Mercer Island senior Al Moscatel, who won all-state honors in basketball.

Smith beat out Bellevue junior Chris Van Pelt, a state champion in the shot put and discus and an all-Kingo choice in basketball; and Inglesmoor senior Taunia Rogers, who won all four individual events and the all-around title in the state gymnastics meet.

THE SELECTIONS were made by *The Journal-American's* sports staff.

"The choices were difficult, as usual," said Glenn Drosendahl, J-A sports editor. "We went with Routos because he led his team to a state championship, as well as

having amazing individual stats.

"This was Kathy Smith's third year as a finalist, and she couldn't be denied this time. Her national record was the clincher."

It was Smith's second national record in three years, and Daugherty is convinced even better things are ahead of her.

"There's no reason why she can't be swimming the best times of her life when she's 22," he said. "She's got all the talent in the world. I honestly think that she has an excellent shot at making the '84 Olympic team."

More than 30 colleges sought Smith's talents. She finally chose Stanford.

Routos, who signed a national letter of intent to play baseball for Washington, led

Newport to a phenomenal 93-6 record in three years as a baseball starter. As a senior he struck out only twice and committed just two errors.

"He's the greatest shortstop I've ever coached," said Newport baseball coach Bob Albo.

ROUTOS WAS no slouch on the football field either. As a junior, the 5-foot-7 athlete led Kingco in scoring and ranked fourth in rushing with an 8.3 average per carry.

"He was our Reggie Jackson," said Bloomer. "He didn't hit a homer every time, but he always was a threat, especially in the clutch."

"The thing I admire most about him is that he was a tremendous competitor."

Tom Flick, former University of Wash-

ington and Interlake High School quarterback now playing pro football for the Washington Redskins, served as master of ceremonies at the banquet, which was attended by nearly 200 at the Bellevue Holiday Inn. The guest speaker was Bellevue's Janet Addikson, a Hall of Fame tennis player.

OTHER FINALISTS

CHRIS VAN PELT — The Bellevue junior was a standout in basketball, track and volleyball. Van Pelt's scoring and rebounding helped Bellevue reach the state girls basketball tournament. She was an all-Kingo Conference first team selection, averaging 13.5 points and 7 rebounds a game. She had a big year in track, successfully defending her state shot put title and winning the state championship in the discus.

TAUNIA ROGERS — The Inglesmoor senior capped an outstanding girls gymnastics career with her second straight state all-around championship. She dominated the Kingco and Sea-King meets, then made a clean sweep of the state meet — winning the floor exercise, vault, balance beam and uneven parallel bars while scoring nothing but 9's both days of the meet. Rogers will attend Cal-State Fullerton on a gymnastics scholarship.

DEAN TURULJA — The Sammamish senior blossomed into one of the state's top football players last fall. He earned all-league honors as a running back and defensive back, and was all-state as a defensive back. Turulja rushed for more than 800 yards and was among Kingco's top scorers. A versatile athlete, Turulja also started in basketball and competed in track. Although he hadn't played basketball since junior high, Turulja averaged 9.4 points and 5 rebounds a game. This fall Turulja will play football for Washington State.

AL MOSCATEL — The Mercer Island senior had a tremendous basketball career. Moscatel averaged more than 20 points a game last winter and earned all-state honors. For the second year, he was also selected on the class AAA state tournament team. In December, he repeated all-tourney honors in the Las Vegas, Nev. Holiday Prep Classic, where he led all scorers with 105 points. Moscatel finished his season ranked No. 2 on the school's all-time scoring list.

College offers deluged Kathy Smith

Who is the all-time Super Recruit of East Side high school athletes? Who had the most colleges lined up, scholarship offers in hand?

Steve Pelluer might have been, except that the all-state quarterback from Interlake would not play the recruiting game. He headed off dozens of colleges by quickly announcing that his choice was between Washington and Washington State before picking the Huskies.

Rodnie Taylor, the two-time all-state basketball player from Juanita, certainly came close. He stuffed correspondence from about 32 colleges into a shoe box before he finally picked Oregon.

But the winner, by unofficial count and dollars landed, has to be Kathy Smith. The senior swimmer from Lake Washington heard from 45 or 50 schools, and was pursued further by 34, before narrowing her choice to California, Southern Cal and Stanford. She recently accepted a full scholarship from Stanford, where the women's swimming team finished second in the NCAA championships.

Stanford being Stanford, Smith's full ride is worth about \$12,000 a year. She deserves it.

SINCE SHE BEGAN swimming competitively at age 11, Smith has built herself from "a little twig" of a ninth-grader (5-foot-8, 115 pounds) to a 135-pounder who can bench press 180 and swim the breast stroke with the nation's best.

She has set national high school records at both weights — as a sophomore and again as a senior.

She was invited to the U.S. Olympic developmental camp before her sophomore year and placed fourth in the 1980 Olympic Trials. She has represented the United States in four international meets, including the 1981 New Zealand Games. She is training for a spot on the U.S. team in the 1982 World Games.

During her career at Lake Washington, she won seven state championships.

But greater accomplishments may be her 3.8 grade-point average, which is a big reason why so many schools wanted her in their pools, and her loyalty. She has stuck with the Bellevue Eastside YMCA Swim Team (BEST) from the beginning, despite pressures to move to more elite programs. She calls BEST "a family." If it is, she has been

Glenn Drosendahl



J-A Sports Editor

the mother — leading by example, training through pain, proving to teammates that a YMCA swimmer can be Olympic caliber, that if she can, so can they.

OLYMPIC MARATHONER and sports writer Kenny Moore once called swimming "a sport where commitment begins to shade into dementia." To understand what he meant, consider Smith's training schedule:

Every Monday, Wednesday and Friday, year round, she gets up for 5:30 a.m. BEST practice. That session lasts 1½ hours. She swims for two more hours after school, then lifts weights for 1½ hours. Her two Saturday swim workouts total 3½ hours and are followed by more weight training. Sunday, her day of rest, includes just one swim practice, for an hour and a half.

She has maintained that schedule for the last three years.

Her shoulders make shopping for clothes a challenge. Her normal bench-press routine is three sets of eight repetitions each at 130 pounds. At night, she rips off a quick 350 situps.

All this takes a toll, but not as much as reaching national prominence at age 14.

"When that happens," said BEST coach Buck Hendrix, "you're expected to maintain that intensity ... She has had to provide all the leadership for our club since she was 14."

WHILE LEADING her team, Smith has faced a series of personal disappointments. She has failed

to meet expectations — hers as well as others — in several national meets. Her national record last fall was a big mental lift, but that was followed by disappointing times in the recent Short Course Nationals.

She is not tired of swimming, she says. She has not peaked physically, says Hendrix.

What she needs, they agree, is renewed mental energy, a change of scene, tougher competition in practice.

"I've been the leader, the dreamer, the pacesetter," she said. "Now I want to let others dream of breaking the world record and I want to be a follower for a while ... I want to be pulled along, instead of being the puller."

Stanford has the talent to do it. First-year coach George Haines already had superstar Marybeth Linzmeier and has recruited West Chester (Pa.) teammates Libby Kinkead and Patty Gavin. Smith will have all the racing she can handle.

COINCIDENTALLY, the East Side's last super swimmer also went to Stanford. Jo Harshbarger, now Mercer Island's coach, set a world record and went to the Olympics before she entered Newport High School.

Their two cases, just seven years apart, demonstrate how times have changed for women athletes.

Even though Harshbarger had set a world record and placed sixth in the 1972 Olympics at age 15, only two colleges offered her swimming scholarships in 1975. Neither offered a full ride.

Harshbarger was Stanford's first female scholarship athlete. Smith will be one of 15 just on the swim team.

"I consider swimming my job," Smith said. "It's paying for my college and it's fulltime. People always see the benefits; they don't see the time you invest."

One of the reasons she chose Stanford is because the athletes there mingled socially, and they all seemed to be respected, regardless of the visibility of their sports.

"I get sick of people putting football players on a pedestal," she said. "They don't realize people work just as hard in other sports."

Smith is living proof that they ought to.



KATHY SMITH
... 45 to 50 schools came calling

SWIMMING
No. 28



NATIONAL
SPORTS
FESTIVAL
INDIANAPOLIS
JULY 28-31, 1982

National
Sports Festival Medal



World Class
Trials



BELLEVUE EASTSIDE SWIM TEAM

SMITH, KATHY

18

PARTICIPANT

At state swim meet

LW's Smith edges closer to national mark

By DEBBIE CARLTON
J-A Sports Writer

Lake Washington's Kathy Smith set a meet record in the 100-yard breaststroke and edged within tenths of a second of shattering the national high school record Friday during the preliminaries of the Washington State prep swimming and diving championships at the University of Washington's Hee Edmundson pool.

Smith, a sophomore who will compete in the breaststroke at the Olympic trials in June, will have a shot at the national record in today's swimming and diving finals which begin at 7:30 p.m. The diving preliminaries begin at 10 a.m.

Smith's 1:04.58 time also earned her automatic All-American honors. The national record is 1:04.35. As a freshman last year, she won cham-

pionships in both the 50- and 100-yard freestyles and may add to her collection today in the 200-yard individual medley. (It is also her state record in the 50 free that swimmers will be trying to break).

Newport swimmers did not fare as well as coach Jack Ridley had hoped, but they are still the front-runners to win the team title—their second straight. And they have a chance to break several meet records, especially in the 400-yard freestyle relay and 100-yard freestyle, led by Dawn Seth.

Further, if the "Knights" do win it, it would be their sixth crown, keeping it in the Kingco Conference family for the eighth straight year.

Illness took its toll on two of the Knights' potential point-grabbers. Laura Meyers toughed it out but failed to qualify for the finals in the 200-

yard freestyle and 100-yard butterfly. Melanie Barker did not compete.

NEWPORT ALSO got a rude awakening in the 50 free, when only one (Liz Cornell) of four qualifiers advanced to the finals. Nor will Newport have a representative in the 100-yard backstroke.

But the Knights have more than enough talent to compensate. Their free relay team (Cathy McGovern, Cornell, Jenny Harshbarger and Seth) edged closer to the 3:39.64 meet record with a 3:39.77 mark. Harshbarger, who did not swim the event at district but has alternated with Laure Smith in the event, swam one of her fastest splits and may be chosen again today.

Victory in the relay would be especially sweet for Newport, which was ranked first all season but got

edged out of the championship by Sammamish last year.

Four Knights—McGovern, Smith, Seth and Cornell—are in scoring position in the 100 free. Seth, who is on both Newport's top-ranked relays, could earn a third state championship in the 100 free. She's about one second away from a state record.

Harshbarger could also earn three state championships. Besides possible inclusion in the free relay, Harshbarger leads the pack in the 200 free. But she'll have to beat Nancy Gillingham of Lakes and Kingco Conference rivals Susie Dalton (Bellevue) and Erin Riley (Mercer Island).

Harshbarger is seeded third behind second-place Dalton and leader Amelia Nalli of Evergreen in the 500 free.

SAMMAMISH, which took second in district and Kingco competition, received some big blows. The Totes' two relays failed to qualify for the finals, and it lost its bid in the backstroke. So the pressure is on divers Melinda Ritch and Katie Tjelle, who are sure to pick up points but may find tough competition from Bellevue's Kelly Mathias and Lindbergh's Patty Hysong and Diane Fitzgerald.

"We haven't experienced this in a long time—it was a bad day for us," said Totes coach John Pat Bourassa.

Interlake qualified in both relays with the same team: Karl Anderson, Diane Bone, Cindy Hovet, and Cara Bridges. Interlake made the cut for the championship final (places 1-6) in the medley relay, and will be in the consolation final (places 7-12) in the breaststroke.

the free relay. Hovet also qualified in the breaststroke, the only Saint to advance in an individual event.

Mercer Island's free relay team of Marci Ballard, Wendy Warren, Carolyn Wittenberg and Riley are seeded fourth, and Ballard is also in the championship final of both the 50 free and 100 back. Riley also qualified in the back.

Redmond's Sarah Henderson was the only Kingco swimmer to qualify for the finals in the 100-yard butterfly.

Other Kingco finalists include Newport's Gwen Roedel, whose big time drops qualified her in the 200 and 500 free, and IM'ers Patty Hutchinson (Juanita) and Joan Andrews (Newport). Arlene Clements (Newport) also made the cut in the breaststroke.

National record is Smith's

By DEBBIE CARLTON
J-A Sports Writer

The fans went wild in Hee Edmundson Pavilion when Kathy Smith broke a national high school record in the 100-yard breaststroke and set a meet record in the 200-yard individual medley Saturday night during the Washington State swimming and diving championships.

But the thunderous applause was not just for her performances. It was also a way of thanking her for proving one can be humble and still come out on top—as if to say, "it couldn't happen to a nicer person."

"I couldn't believe it—the applause—when I broke the record," Smith said. "I almost started crying when people came down to the lane to congratulate me. I wanted to break it, but I didn't even know what the (old) record was until the preliminaries, when I came

close to it (her 1:04.58 prelim time was tenths of a second short of the national mark, 1:04.35, which she then smashed with a 1:03.79 time)."

And Smith, who won state championships last year in the 50- and 100-yard freestyle, may just be warming up.

The slender, 15-year-old Lake Washington ace will compete for a spot on the 1980 U.S. Olympic team in the trials in June in the 100- and 200-meter breast. And if she swims with as much inspiration in the trials as she did at state, her graceful, far-reaching strokes may extend to Moscow.

"I really think she's got the talent to make the Olympics," said Kang coach Ron Koch. "I don't think she's realized what her potential is yet, but her confidence is improving with every meet."

"I just love to swim," she said. "I've been lifting weights, and training 3½ hours a day,

but it's worth it. I've never felt like I've missed anything."

"But the main thing is reading *The Athletic Handbook for Christians* this summer," she said. "I'd been a Christian, but I didn't know how to apply it. The book just changed my total outlook—it's really made a big difference."

"When I made the Olympic trials, I couldn't believe it," she said. "I thought that was as far as I'd go—it's all happened so quick. But now, I think I have a chance for the Olympics."

"Sometimes you have a super swimmer who looks down on the other kids," Koch said. "Kathy's not that way. She helps them, she works hard, doesn't complain."

"She's got attitude and ability, and now she's putting it all together," he said. "I wish I had a whole team of Kathy Smiths."

(Related story, C3.)

Monday, November 19, 1979



—Staff photo

With the Olympic trials ahead, Kathy Smith may just be warming up.



KATHY SMITH ... just part of the team

An uncommon combination

In many ways Kathy Smith is unlike other high school students.

But the only thing the differences serve to do is heighten the similarities between herself and the rest of that portion of the populace that calls itself the class of '82.

Smith is a student at Lake Washington High School who plays the piano, sings in the choir and rides horses. She laughs and jokes and carries on much like anyone else in her class. She cheers for the Kangs at Friday night football games. Walking through the halls of the school, you wouldn't be able to pick her out of the crowd.

But set her in a swimming pool and you set her apart.

Smith is a national-class swimmer who barely missed qualifying for the U.S. Olympic team.

She's well aware of her accomplishments in swimming — she holds her head high. But her rising stature in the sport has not caused a corresponding rise in the elevation of her nose.

KATHY SMITH has an ego, but she isn't egotistical. She doesn't look down on people, she doesn't turn away from those who can't match her pace.

"It's fun to be with the people in school," she says. "Your friends are your friends — it's fun to be with them."

Why, with her abilities, hasn't she gone off on her own, to be with and train with other potential national champions? Why does she choose to stay and swim with her classmates?

STAFF COLUMNIST

SCOTT BARRY



"Because high school is a fun time," she said. "It's great to be there with your friends."

Others have gone before her, and many more will follow, who react to the situation differently. They view success as the ultimate goal, one to be attained whatever the cost. Friends often finish second in that sort of competition.

But Smith sees success as a by-product of attaining her goals.

"I don't think of swimming just to be the best and fastest," she said. "There are valuable things you can learn, dedication and working toward a goal without stepping on people, growing and learning."

"Medals and world recognition aren't important. The important thing is what I'm learning."

"I hope to be ranked in the top three in the world. I have a lot of high goals," she admitted. "Even though these are things I'm working toward, they're not as important as the process."

The medals have come easily for Smith, a winner

at the state prep swimming meet last year. She's ranked among the top 10 in the state in five of the nine individual events that will be contested at state, and tonight she competes in the regional meet, where she'll qualify for the trip to the state finals at the University of Washington next weekend.

EXCEPT FOR the relays, swimming is a very individual endeavor. No one passes off to someone closer to the basket, blocks for a ballcarrier or sacrifices to move a teammate to second base. You dive in, swim like crazy, then show up in the results as an individual winner first, member of a team second.

But it's the team aspects Smith likes best.

"We all work together as a team. I don't think I could do it by myself."

"Everyone on the team puts in something they have. Someone might not be the best swimmer, but they might be inspirational," she said. "I don't have anything special to put in. I try to help with whatever I can. They do too."

"She's a leader," said LW coach Ron Koch. "Her personality is such that where other swimmers first looked up to her, now she's just one of them. She's just as much a part of the team as anybody else."

"She doesn't show what she is in swimming," he continued. "Some people come on with an ego trip on it — she's not that way."

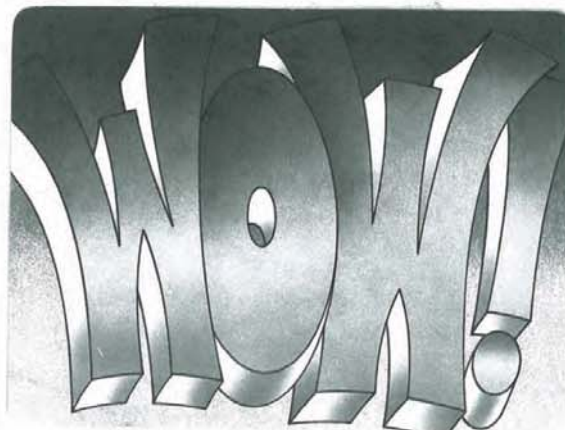
"She's just like any other junior you'd find in high school."

AN INNER WINNER!

Kathy - Super job at the state swim meet. A state champion in the 100-yard breaststroke + a 2nd in the 200-yard individual medley. What a way to end A fantastic season. Your dedication + hard work paid off.

You are an "INNER WINNER!"

Coach McFadden



Kathy,
I love this
can't much but
it's a little
something to
wish you did
well in this year!
Love always, Mom

Prep athlete of the week

Kathy Smith, Mary Wayte

Kathy Smith and Mary Wayte demonstrated why they are among the nation's best swimmers last Saturday.

Smith, a Lake Washington High senior, highlighted the state girls meet by winning the 100-yard breaststroke in a national record time of 1:02.96. In all, she set two meet records as she won the 50-yard freestyle in an all-American time of 23.21.

Wayte, a Mercer Island junior, set meet records and earned all-American times in the 100-yard freestyle (51.16) and 100-yard backstroke (57.96).

For their efforts, Smith and Wayte were selected as *The Journal-American's* Prep

Athletes of the Week.

Smith didn't have the junior season she and other people expected of her. As a sophomore, Smith set a national record in the breaststroke (1:03.79) and won the 200-yard individual medley at state. Later that year she barely missed making the U.S. Olympic team, finishing fourth in the breaststroke trials.

But a preseason ankle injury hindered her progress early in her junior year. Although she recovered from the injury, Smith still didn't post the times she wanted. In the state meet, she again won the

breaststroke but was well off her national record and lost the 200-yard individual medley to Wayte.

Smith bounced back this year. Entering the state meet, she had the state's fastest times in the 200 individual medley, 50 freestyle, 100 butterfly and breaststroke.

At state, she accomplished her goal of winning the breaststroke, which broke the previous national standard of 1:03.27. In the 50, she set a state record and came within three-tenths of a second of the national mark of 22.910. As a freshman at Juanita (she competed there her first year because Lake Washington didn't have a program) Smith set a state record in the 50.

In four years of high school swimming, she won seven state titles.

WAYTE HAS won four state titles in the last two years.

The Mercer Island junior had a very successful sophomore year, setting a state record in the 100-yard backstroke with a time of 58.25. Earlier that year she swam in the Olympic Trials.

Last summer Wayte gave an indication that she might be ready for another big prep season when she won three gold medals in the National Sports Festival in Syracuse, N.Y.

Saturday, Wayte came within eight-tenths of second of the national high

school record in the 100 backstroke. She also helped the Islanders win the 200-yard individual medley with an All-American time of 1:51.45.

NOMINEES

Swimming — Interlake's Kim Chen won the 100-yard butterfly at state with an all-American consideration time of 58:09; Mercer Island's Loretta Soffe won the 200-yard individual medley with an all-American consideration time of 2:08.02 and swam a leg on the Islanders' 200-yard individual medley; Newport's Jenny Harshbarger, a previous Prep Athlete of the Week, set two meet records and had times worthy of all-American consideration in the 200-yard freestyle (1:52.07) and 500-yard freestyle (4:54.48).

Football — Interlake's John Plaisted had numerous tackles in the state class AAA state quarterfinal game but his efforts weren't enough to prevent Clover Park from posting a 7-0 triumph.

Kingco's girl swimmers a fast crowd

Swimming is often considered one of the "minor" high school sports. But there was nothing minor about last Saturday's state girls swim at the University of Washington pool.

The meet had the atmosphere of a carnival. People were downright giddy. Throughout the stands they held balloons in the colors of their favorite schools. There were victory chants. Team members sang school fight songs.

As souvenirs, there were state swim meet T-shirts at one table and comprehensive meet programs at another.

It became clear that this was a special event as veteran chlorine corps watchers began arriving for the meet two hours early. They knew that the building would rapidly fill up and that the competition would first-rate.

And the competition definitely was first-rate.

KATHY SMITH of Lake Washington set a national record in the 100-yard breaststroke and won the 50-yard freestyle in an all-American time. Jenny Harshbarger of Newport, Mary Wayte and Loretta Soffe of Mercer Island and Kim Chen of Interlake were other East Side standouts.

Overall, there were 22 times that merited all-

STAFF COLUMNIST

**BOB
TAYLOR**



There was nothing minor about the operation of the meet, either. Former Olympian Lynn Bell's own first-hand experience of competing in big meets served her well as meet director.

SO YOU UNDERSTAND why it's the season-long goal of Kingco Conference girls to swim at state.

You understand why Kingco coaches get upset these days when administrators talk about cutting their sport from district budgets. Or when the SeaKing District decided that team scoring wouldn't be used in the district meet.

Yes, swimming would still exist on the East Side if school districts decided to drop the sport at the high school level because of AAU clubs.

However, high school swimming, unlike AAU, is oriented more toward team competition than individuals.

While some individual swimmers dominated, Newport showed the importance of team depth in the state meet. Nine girls scored points as the Knights won their fourth straight championship.

And, without the element of teams, there wouldn't have been the balloons and other excitement at state.

We hope SeaKing and school administrators will

attend a state swimming meet in the future before they make any rash decisions. It's definitely worth the price of admission.

Stepping out of the pool and onto terra firma ... The 1981 football season wasn't as successful for the Kingco Conference as the 1980, when Kingco champ Issaquah finished second in the state. However, one-time league patsy Juanita became a power while Interlake and Issaquah each participated in the state quarterfinals.

Look out for the Crown Division next year. Juanita, Issaquah, Inglemoor and Newport had predominantly junior teams this fall and should wage a real war for the division title.

There were some noteworthy achievements by some other teams.

Liberty, despite an inexperienced team, reached the state AA playoffs for the third straight year. Class A Tolt, which has experienced little success in the Cascade League, posted its best record in history at 7-2 and barely missed the state playoffs. Class AA Mount Si, after two 3-6 seasons, also went 7-2 and tied for second in the Seamount League behind Liberty.

7/14/80

On the threshold

Kathy Smith is ready to break through

By DEBBIE CARLTON
J-A Sports Writer

Every day, for several hours, 16-year-old swimmer Kathy Smith tries to push her body beyond its pain threshold. She tries to stretch through the hurt to reach her kind's breakthrough center — her own eye of the storm.

Some may question if she's in her right mind, but that is the whole point to all this gony and ecstasy. Smith is in her right mind, most of the time, when she's swimming. And that is precisely why, says coach Don Graham, she made the Olympic Trials last year in her specialties, the 100- and 200-meter breaststrokes. That is why she is ranked 19th in the world in both events, and why she will push the likes of world record-holder Tracy Caulkins past her pain threshold in the upcoming Senior Nationals.

And why, if the Olympic Games are ever held again, Smith could be there.

"I think Kathy has the best mental attitude I've ever seen," said Graham, who coaches the Bellevue Eastside Swim Club. "She's got the right mindset — she pushes herself to do her best. I really feel that's where she excels. She swims too far out in front of other swimmers to just be racing to beat someone else."

"She's got the optimum body — she's tall and lean, very strong and has very good technique," Graham said. "But so a lot of swimmers, so the biggest factor is mental. The difference has to be in believing she can swim in front of the world."

"MY INSTINCT is to win," said Smith. "But it's not just winning a race or beating someone. Sometimes I'll give up through a pain barrier, and I consider that losing."

"The 200 breast is a real painful race," she said. "I have to tell myself to keep going, work through it. But you're used to it — you go through it five times a day. You expect it every experience."

"All the pushing, the weight-lifting, the jogging and training should pay off in the Senior Nationals beginning July 31 in Irvine, Calif. Because of the boycott of the Moscow Olympics, the formal swim trials Smith qualified for won't be held. But in "honorary" Olympic team will be selected from the Irvine meet.

The top three finishers in each event will represent the U.S. in international competition. The top 22 (eleven males and eleven females) will tour China in August, but even if Smith didn't make that, she could wind up in Honolulu.

So, for Smith, who credits her Christian faith and her coach or her "muse," there are still incentives without Moscow.

"Sure, the boycott was disappointing, but I'm going to keep swimming, keep going," said the dedicated Smith. "I love winning, and I'm still training for myself. But it's the difference between rewards and awards — I care about the things that really last, changes in myself. And I think that's a selfish approach than aiming for the tangible, show-off things like trophies."

OBVIOUSLY, something's been working. She improved on both Olympic trials qualifying times in April's Senior Nationals with a 1:13.86 time in the 100 breast and 2:38.11 in the 200.

— Please see 'Smith,' B3

* The East Side has its own team of Olympians, athletes with local connections who qualified to compete for spots on the U.S. Olympic Team. In today's fifth segment of a nine-part Journal-American series, swimmers Kathy Smith and Mary Wayte are profiled.



KATHY SMITH

Smith...

— Continued from page B1

As a Lake Washington High School sophomore last year, she broke a national high school record in the 100-yard breaststroke — after which the enthused crowd gave her a standing ovation — and set another state prep record in the 200-yard individual medley. The year before she set state records in the 50- and 100-yard freestyles.

With all her success, Graham is wary of the danger of her burning out, of "feeling pressure not to lose."

"But I think she's kept things very well in perspective, and I think being part of a team has helped," he said. "It's inevitable that she's sort of a figurehead for the team, and she's a source of a lot of the energy we have. I don't think there's a person on the team who doesn't really love Kathy. And I think she thrives on that atmosphere."

Another thing that may help keep swimming in perspective is the fact that she's good at other things. She's an equestrian (her family owns horses at Bridge Trails), she plays the piano and is in the school's concert choir. She's also modest, saying of her 3.75 grade average, "It's not that I'm that smart, it's just that swimming has taken time, and being busy has taught me to be organized."

Mary Wayte nearly told teacher to go jump in a pool

By DEBBIE CARLTON
J-A Sports Writer

Mary Wayte's history teacher really got her dander up when he told the class that athletes who didn't go along with the Olympic Games boycott were selfish.

It was not exactly what the 15-year-old Mercer Island high school student wanted to hear after years of 5 a.m. swim workouts (then back again at 5 p.m.), weight-lifting and making sacrifices most teenagers roll their eyeballs at. After spending five months recovering from a stress fracture in her shoulder and wondering if she'd ever swim again, his words got her adrenaline going as fast as any meet's starting gun.

"It really upset me," said Wayte, who qualified for the now-defunct Olympic Trials last year and who will compete for a spot on an "honorary" Olympics team at the Senior Nationals July 31 in Irvine, Calif.

"When I heard about the boycott, I thought about all the good athletes who were being

Wayte...

— Continued from page B1

enough to burn out. You have to be excellent for a long time and, I've got a long ways to go."

But she is improving with every meet. She credits fellow East Side and roommate-on-the-road Kathy Smith with helping her at recent national competition.

So if they're roommates in Irvine, watch out.



MARY WAYTE



Wayte, who got an "A" in the class anyway, still gets peeved when she thinks of her teacher's remarks.

"IT MADE ME so mad when he tried to tell everyone in class how bad it would be for athletes to go to the Olympics," she said. "He hadn't seen that talent. He doesn't know. But he wouldn't look at it from the athlete's point of view, and called athletes who wanted to go 'yellow-bellied.'"

"People will think I'm selfish for thinking this, but I've seen them swim."

After all, here was a young swimmer who has been so dedicated to her sport that "I didn't really know what else there was. One day our team's pool filter broke, and we didn't have a filter. We sat there like bumps on a log."

Wayte, who swims for Chinook Aquatics Club, will dedicate it races, the 100- and 200-meter backstrokes, 100-meter individual medley in Irvine. If she tops three in her events, she will be named team captain that will represent the U.S. in international competition.

So if they're roommates in Irvine, watch out.

"I think Mary has the potential to someday make the Olympics, but there are so many variables," said Chinook coach Jack Ridley. "She has the kind of flexibility and streamlined body that are perfect for her events. Mary's intense, but not extreme, and she could always develop other interests. But at the moment, she's looking really good."

"SHE HAS the ideal body for making her swim well naturally — stream-lined, floating high," Ridley said. "She has a hyper-extended elbow — great for backstroke. Her feet bend back at the ankle, and her knees bow in a little like a lot of good swimmers, which helps her get extra propulsion in her kick. Mark Spitz was double-jointed the same way."

Wayte, who "couldn't swim 25 yards" when she started at age five, has logged too many laps to count since. But, she says, "I don't feel I'm good — Please see 'Wayte,' B3



Staff photo by Rich Frishman

Shouting home a winner

You'd think it was the Olympics the way fellow students cheered home Kathy Smith of Lake Washington High School at Saturday's girls' state high school swimming

championships. Smith won the 100-yard backstroke at the meet, held at the University of Washington. Details on the meet are in Sports, Section B.



State high-school girls' swim meet

At U.W. pool

FINALS
TEAM SCORES — Newport 197, Mercer Island 116, Everett 100, Snohomish 91, Willapa 87, Mount Rainier 85, Shoreline 81, Everett 78, Rainier 75, Shoreline 74, Rainier 73, Kentridge 72, Lakeside 71, Rainier 70, Rainier 69, Rainier 68, Rainier 67, Rainier 66, Rainier 65, Rainier 64, Rainier 63, Rainier 62, Rainier 61, Rainier 60, Rainier 59, Rainier 58, Rainier 57, Rainier 56, Rainier 55, Rainier 54, Rainier 53, Rainier 52, Rainier 51, Rainier 50, Rainier 49, Rainier 48, Rainier 47, Rainier 46, Rainier 45, Rainier 44, Rainier 43, Rainier 42, Rainier 41, Rainier 40, Rainier 39, Rainier 38, Rainier 37, Rainier 36, Rainier 35, Rainier 34, Rainier 33, Rainier 32, Rainier 31, Rainier 30, Rainier 29, Rainier 28, Rainier 27, Rainier 26, Rainier 25, Rainier 24, Rainier 23, Rainier 22, Rainier 21, Rainier 20, Rainier 19, Rainier 18, Rainier 17, Rainier 16, Rainier 15, Rainier 14, Rainier 13, Rainier 12, Rainier 11, Rainier 10, Rainier 9, Rainier 8, Rainier 7, Rainier 6, Rainier 5, Rainier 4, Rainier 3, Rainier 2, Rainier 1.
100-YARD BACKSTROKE — 1. Mary Waver (Bel) 1:07.75, 2. Karen (Bel) 1:08.15, 3. Karen (Bel) 1:08.15, 4. Karen (Bel) 1:08.15, 5. Karen (Bel) 1:08.15, 6. Karen (Bel) 1:08.15, 7. Karen (Bel) 1:08.15, 8. Karen (Bel) 1:08.15, 9. Karen (Bel) 1:08.15, 10. Karen (Bel) 1:08.15.
100-YARD FREESTYLE — 1. Mary Waver (Bel) 1:07.75, 2. Karen (Bel) 1:08.15, 3. Karen (Bel) 1:08.15, 4. Karen (Bel) 1:08.15, 5. Karen (Bel) 1:08.15, 6. Karen (Bel) 1:08.15, 7. Karen (Bel) 1:08.15, 8. Karen (Bel) 1:08.15, 9. Karen (Bel) 1:08.15, 10. Karen (Bel) 1:08.15.
200-YARD FREESTYLE — 1. Mary Waver (Bel) 2:15.50, 2. Karen (Bel) 2:16.00, 3. Karen (Bel) 2:16.50, 4. Karen (Bel) 2:17.00, 5. Karen (Bel) 2:17.50, 6. Karen (Bel) 2:18.00, 7. Karen (Bel) 2:18.50, 8. Karen (Bel) 2:19.00, 9. Karen (Bel) 2:19.50, 10. Karen (Bel) 2:20.00.
400-YARD FREESTYLE — 1. Mary Waver (Bel) 4:35.00, 2. Karen (Bel) 4:36.00, 3. Karen (Bel) 4:37.00, 4. Karen (Bel) 4:38.00, 5. Karen (Bel) 4:39.00, 6. Karen (Bel) 4:40.00, 7. Karen (Bel) 4:41.00, 8. Karen (Bel) 4:42.00, 9. Karen (Bel) 4:43.00, 10. Karen (Bel) 4:44.00.
800-YARD FREESTYLE — 1. Mary Waver (Bel) 9:15.00, 2. Karen (Bel) 9:16.00, 3. Karen (Bel) 9:17.00, 4. Karen (Bel) 9:18.00, 5. Karen (Bel) 9:19.00, 6. Karen (Bel) 9:20.00, 7. Karen (Bel) 9:21.00, 8. Karen (Bel) 9:22.00, 9. Karen (Bel) 9:23.00, 10. Karen (Bel) 9:24.00.
1,600-YARD FREESTYLE — 1. Mary Waver (Bel) 18:45.00, 2. Karen (Bel) 18:46.00, 3. Karen (Bel) 18:47.00, 4. Karen (Bel) 18:48.00, 5. Karen (Bel) 18:49.00, 6. Karen (Bel) 18:50.00, 7. Karen (Bel) 18:51.00, 8. Karen (Bel) 18:52.00, 9. Karen (Bel) 18:53.00, 10. Karen (Bel) 18:54.00.
3,200-YARD FREESTYLE — 1. Mary Waver (Bel) 37:15.00, 2. Karen (Bel) 37:16.00, 3. Karen (Bel) 37:17.00, 4. Karen (Bel) 37:18.00, 5. Karen (Bel) 37:19.00, 6. Karen (Bel) 37:20.00, 7. Karen (Bel) 37:21.00, 8. Karen (Bel) 37:22.00, 9. Karen (Bel) 37:23.00, 10. Karen (Bel) 37:24.00.
6,400-YARD FREESTYLE — 1. Mary Waver (Bel) 74:30.00, 2. Karen (Bel) 74:31.00, 3. Karen (Bel) 74:32.00, 4. Karen (Bel) 74:33.00, 5. Karen (Bel) 74:34.00, 6. Karen (Bel) 74:35.00, 7. Karen (Bel) 74:36.00, 8. Karen (Bel) 74:37.00, 9. Karen (Bel) 74:38.00, 10. Karen (Bel) 74:39.00.
12,800-YARD FREESTYLE — 1. Mary Waver (Bel) 148:45.00, 2. Karen (Bel) 148:46.00, 3. Karen (Bel) 148:47.00, 4. Karen (Bel) 148:48.00, 5. Karen (Bel) 148:49.00, 6. Karen (Bel) 148:50.00, 7. Karen (Bel) 148:51.00, 8. Karen (Bel) 148:52.00, 9. Karen (Bel) 148:53.00, 10. Karen (Bel) 148:54.00.
25,600-YARD FREESTYLE — 1. Mary Waver (Bel) 297:30.00, 2. Karen (Bel) 297:31.00, 3. Karen (Bel) 297:32.00, 4. Karen (Bel) 297:33.00, 5. Karen (Bel) 297:34.00, 6. Karen (Bel) 297:35.00, 7. Karen (Bel) 297:36.00, 8. Karen (Bel) 297:37.00, 9. Karen (Bel) 297:38.00, 10. Karen (Bel) 297:39.00.
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102,400-YARD FREESTYLE — 1. Mary Waver (Bel) 1189:30.00, 2. Karen (Bel) 1189:31.00, 3. Karen (Bel) 1189:32.00, 4. Karen (Bel) 1189:33.00, 5. Karen (Bel) 1189:34.00, 6. Karen (Bel) 1189:35.00, 7. Karen (Bel) 1189:36.00, 8. Karen (Bel) 1189:37.00, 9. Karen (Bel) 1189:38.00, 10. Karen (Bel) 1189:39.00.
204,800-YARD FREESTYLE — 1. Mary Waver (Bel) 2378:45.00, 2. Karen (Bel) 2378:46.00, 3. Karen (Bel) 2378:47.00, 4. Karen (Bel) 2378:48.00, 5. Karen (Bel) 2378:49.00, 6. Karen (Bel) 2378:50.00, 7. Karen (Bel) 2378:51.00, 8. Karen (Bel) 2378:52.00, 9. Karen (Bel) 2378:53.00, 10. Karen (Bel) 2378:54.00.
409,600-YARD FREESTYLE — 1. Mary Waver (Bel) 4757:30.00, 2. Karen (Bel) 4757:31.00, 3. Karen (Bel) 4757:32.00, 4. Karen (Bel) 4757:33.00, 5. Karen (Bel) 4757:34.00, 6. Karen (Bel) 4757:35.00, 7. Karen (Bel) 4757:36.00, 8. Karen (Bel) 4757:37.00, 9. Karen (Bel) 4757:38.00, 10. Karen (Bel) 4757:39.00.
819,200-YARD FREESTYLE — 1. Mary Waver (Bel) 9514:45.00, 2. Karen (Bel) 9514:46.00, 3. Karen (Bel) 9514:47.00, 4. Karen (Bel) 9514:48.00, 5. Karen (Bel) 9514:49.00, 6. Karen (Bel) 9514:50.00, 7. Karen (Bel) 9514:51.00, 8. Karen (Bel) 9514:52.00, 9. Karen (Bel) 9514:53.00, 10. Karen (Bel) 9514:54.00.
1,638,400-YARD FREESTYLE — 1. Mary Waver (Bel) 19029:30.00, 2. Karen (Bel) 19029:31.00, 3. Karen (Bel) 19029:32.00, 4. Karen (Bel) 19029:33.00, 5. Karen (Bel) 19029:34.00, 6. Karen (Bel) 19029:35.00, 7. Karen (Bel) 19029:36.00, 8. Karen (Bel) 19029:37.00, 9. Karen (Bel) 19029:38.00, 10. Karen (Bel) 19029:39.00.
3,276,800-YARD FREESTYLE — 1. Mary Waver (Bel) 38058:45.00, 2. Karen (Bel) 38058:46.00, 3. Karen (Bel) 38058:47.00, 4. Karen (Bel) 38058:48.00, 5. Karen (Bel) 38058:49.00, 6. Karen (Bel) 38058:50.00, 7. Karen (Bel) 38058:51.00, 8. Karen (Bel) 38058:52.00, 9. Karen (Bel) 38058:53.00, 10. Karen (Bel) 38058:54.00.
6,553,600-YARD FREESTYLE — 1. Mary Waver (Bel) 76117:30.00, 2. Karen (Bel) 76117:31.00, 3. Karen (Bel) 76117:32.00, 4. Karen (Bel) 76117:33.00, 5. Karen (Bel) 76117:34.00, 6. Karen (Bel) 76117:35.00, 7. Karen (Bel) 76117:36.00, 8. Karen (Bel) 76117:37.00, 9. Karen (Bel) 76117:38.00, 10. Karen (Bel) 76117:39.00.
13,107,200-YARD FREESTYLE — 1. Mary Waver (Bel) 152234:45.00, 2. Karen (Bel) 152234:46.00, 3. Karen (Bel) 152234:47.00, 4. Karen (Bel) 152234:48.00, 5. Karen (Bel) 152234:49.00, 6. Karen (Bel) 152234:50.00, 7. Karen (Bel) 152234:51.00, 8. Karen (Bel) 152234:52.00, 9. Karen (Bel) 152234:53.00, 10. Karen (Bel) 152234:54.00.
26,214,400-YARD FREESTYLE — 1. Mary Waver (Bel) 304469:30.00, 2. Karen (Bel) 304469:31.00, 3. Karen (Bel) 304469:32.00, 4. Karen (Bel) 304469:33.00, 5. Karen (Bel) 304469:34.00, 6. Karen (Bel) 304469:35.00, 7. Karen (Bel) 304469:36.00, 8. Karen (Bel) 304469:37.00, 9. Karen (Bel) 304469:38.00, 10. Karen (Bel) 304469:39.00.
52,428,800-YARD FREESTYLE — 1. Mary Waver (Bel) 608938:45.00, 2. Karen (Bel) 608938:46.00, 3. Karen (Bel) 608938:47.00, 4. Karen (Bel) 608938:48.00, 5. Karen (Bel) 608938:49.00, 6. Karen (Bel) 608938:50.00, 7. Karen (Bel) 608938:51.00, 8. Karen (Bel) 608938:52.00, 9. Karen (Bel) 608938:53.00, 10. Karen (Bel) 608938:54.00.
104,857,600-YARD FREESTYLE — 1. Mary Waver (Bel) 1217877:30.00, 2. Karen (Bel) 1217877:31.00, 3. Karen (Bel) 1217877:32.00, 4. Karen (Bel) 1217877:33.00, 5. Karen (Bel) 1217877:34.00, 6. Karen (Bel) 1217877:35.00, 7. Karen (Bel) 1217877:36.00, 8. Karen (Bel) 1217877:37.00, 9. Karen (Bel) 1217877:38.00, 10. Karen (Bel) 1217877:39.00.
209,715,200-YARD FREESTYLE — 1. Mary Waver (Bel) 2435754:45.00, 2. Karen (Bel) 2435754:46.00, 3. Karen (Bel) 2435754:47.00, 4. Karen (Bel) 2435754:48.00, 5. Karen (Bel) 2435754:49.00, 6. Karen (Bel) 2435754:50.00, 7. Karen (Bel) 2435754:51.00, 8. Karen (Bel) 2435754:52.00, 9. Karen (Bel) 2435754:53.00, 10. Karen (Bel) 2435754:54.00.
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838,860,800-YARD FREESTYLE — 1. Mary Waver (Bel) 9743017:30.00, 2. Karen (Bel) 9743017:31.00, 3. Karen (Bel) 9743017:32.00, 4. Karen (Bel) 9743017:33.00, 5. Karen (Bel) 9743017:34.00, 6. Karen (Bel) 9743017:35.00, 7. Karen (Bel) 9743017:36.00, 8. Karen (Bel) 9743017:37.00, 9. Karen (Bel) 9743017:38.00, 10. Karen (Bel) 9743017:39.00.
1,677,721,600-YARD FREESTYLE — 1. Mary Waver (Bel) 19486034:45.00, 2. Karen (Bel) 19486034:46.00, 3. Karen (Bel) 19486034:47.00, 4. Karen (Bel) 19486034:48.00, 5. Karen (Bel) 19486034:49.00, 6. Karen (Bel) 19486034:50.00, 7. Karen (Bel) 19486034:51.00, 8. Karen (Bel) 19486034:52.00, 9. Karen (Bel) 19486034:53.00, 10. Karen (Bel) 19486034:54.00.
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6,710,886,400-YARD FREESTYLE — 1. Mary Waver (Bel) 77944138:45.00, 2. Karen (Bel) 77944138:46.00, 3. Karen (Bel) 77944138:47.00, 4. Karen (Bel) 77944138:48.00, 5. Karen (Bel) 77944138:49.00, 6. Karen (Bel) 77944138:50.00, 7. Karen (Bel) 77944138:51.00, 8. Karen (Bel) 77944138:52.00, 9. Karen (Bel) 77944138:53.00, 10. Karen (Bel) 77944138:54.00.
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26,843,545,600-YARD FREESTYLE — 1. Mary Waver (Bel) 311776554:45.00, 2. Karen (Bel) 311776554:46.00, 3. Karen (Bel) 311776554:47.00, 4. Karen (Bel) 311776554:48.00, 5. Karen (Bel) 311776554:49.00, 6. Karen (Bel) 311776554:50.00, 7. Karen (Bel) 311776554:51.00, 8. Karen (Bel) 311776554:52.00, 9. Karen (Bel) 311776554:53.00, 10. Karen (Bel) 311776554:54.00.
53,687,091,200-YARD FREESTYLE — 1. Mary Waver (Bel) 623553108:45.00, 2. Karen (Bel) 623553108:46.00, 3. Karen (Bel) 623553108:47.00, 4. Karen (Bel) 623553108:48.00, 5. Karen (Bel) 623553108:49.00, 6. Karen (Bel) 623553108:50.00, 7. Karen (Bel) 623553108:51.00, 8. Karen (Bel) 623553108:52.00, 9. Karen (Bel) 623553108:53.00, 10. Karen (Bel) 623553108:54.00.
107,374,182,400-YARD FREESTYLE — 1. Mary Waver (Bel) 1247106217:30.00, 2. Karen (Bel) 1247106217:31.00, 3. Karen (Bel) 1247106217:32.00, 4. Karen (Bel) 1247106217:33.00, 5. Karen (Bel) 1247106217:34.00, 6. Karen (Bel) 1247106217:35.00, 7. Karen (Bel) 1247106217:36.00, 8. Karen (Bel) 1247106217:37.00, 9. Karen (Bel) 1247106217:38.00, 10. Karen (Bel) 1247106217:39.00.
214,748,364,800-YARD FREESTYLE — 1. Mary Waver (Bel) 2494212434:45.00, 2. Karen (Bel) 2494212434:46.00, 3. Karen (Bel) 2494212434:47.00, 4. Karen (Bel) 2494212434:48.00, 5. Karen (Bel) 2494212434:49.00, 6. Karen (Bel) 2494212434:50.00, 7. Karen (Bel) 2494212434:51.00, 8. Karen (Bel) 2494212434:52.00, 9. Karen (Bel) 2494212434:53.00, 10. Karen (Bel) 2494212434:54.00.
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6,871,947,673,600-YARD FREESTYLE — 1. Mary Waver (Bel) 79814797888:45.00, 2. Karen (Bel) 79814797888:46.00, 3. Karen (Bel) 79814797888:47.00, 4. Karen (Bel) 79814797888:48.00, 5. Karen (Bel) 79814797888:49.00, 6. Karen (Bel) 79814797888:50.00, 7. Karen (Bel) 79814797888:51.00, 8. Karen (Bel) 79814797888:52.00, 9. Karen (Bel) 79814797888:53.00, 10. Karen (Bel) 79814797888:54.00.
13,743,895,347,200-YARD FREESTYLE — 1. Mary Waver (Bel) 159629595776:45.00, 2. Karen (Bel) 159629595776:46.00, 3. Karen (Bel) 159629595776:47.00, 4. Karen (Bel) 159629595776:48.00, 5. Karen (Bel) 159629595776:49.00, 6. Karen (Bel) 159629595776:50.00, 7. Karen (Bel) 159629595776:51.00, 8. Karen (Bel) 159629595776:52.00, 9. Karen (Bel) 159629595776:53.00, 10. Karen (Bel) 159629595776:54.00.
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54,975,581,388,800-YARD FREESTYLE — 1. Mary Waver (Bel) 638518383104:45.00, 2. Karen (Bel) 638518383104:46.00, 3. Karen (Bel) 638518383104:47.00, 4. Karen (Bel) 638518383104:48.00, 5. Karen (Bel) 638518383104:49.00, 6. Karen (Bel) 638518383104:50.00, 7. Karen (Bel) 638518383104:51.00, 8. Karen (Bel) 638518383104:52.00, 9. Karen (Bel) 638518383104:53.00, 10. Karen (Bel) 638518383104:54.00.
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439,804,651,110,400-YARD FREESTYLE — 1. Mary Waver (Bel) 5108147064832:45.00, 2. Karen (Bel) 5108147064832:46.00, 3. Karen (Bel) 5108147064832:47.00, 4. Karen (Bel) 5108147064832:48.00, 5. Karen (Bel) 5108147064832:49.00, 6. Karen (Bel) 5108147064832:50.00, 7. Karen (Bel) 5108147064832:51.00, 8. Karen (Bel) 5108147064832:52.00, 9. Karen (Bel) 5108147064832:53.00, 10. Karen (Bel) 5108147064832:54.00.
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Lake Washington swimmer stroking toward '84 Olympics

By Walt Paretto
Times staff reporter

With all the splashing that goes on in competitive swimming, the tick of a clock cannot be heard.

But Kathy Smith remembers a mere 17 hundredths of a second from her summer of 1980. She was that close to making the 1980 United States Olympic team.

No question, that has to be a letdown in an athlete's life. But Smith, a senior at Lake Washing-

SPORTS

ton High School, is not quitting on that negative note. She's just diving in and trying harder, if that is possible.

Strung out behind her in a three-year high-school career are five state swimming titles. She very likely will add a couple more in this year's championships, scheduled November 20-21 at the University of Washington pool.

Smith's strongest event is the 100-yard breaststroke where she leads the state in a time of 1 minute 6.6 seconds. At the end of October she dominated the state's best times. She ranked first in the state in the 50- and 100-yard freestyle, with 24.2 and 54.5 seconds, respectively; is first in the 100 butterfly, with 36.6; second in the 100 backstroke, with 1:03; first in the individual medley, 2:11, and fifth best in the 200 freestyle.

Fortunately for everyone else, Smith can swim only two individual events and one relay event at the state meet. Those are the state rules.

Steve Dougherty, who finished his swimming career at the University of Washington only last summer, is Smith's Lake Washington coach. Dougherty, who is doing his cadet teaching at Juanita High, applied for the job, he said, when Ron Koch moved over to the U.W. assistant's position.

"Kathy is highly motivated," Dougherty said. "Before we swim each set in practice, she'll give a few words of verbal praise to everyone. She's really into the team scene, cheering for them alongside the pool in the meets. They voted her team captain. She's really team oriented and not introverted like some stars."

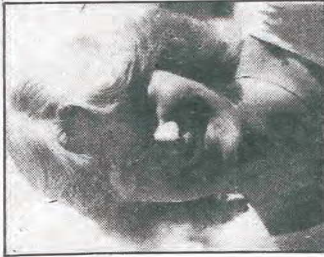
"She's just got that special talent. She's looking at the national high-school record in the breaststroke this year. Right now, we're not sure what other event she'll swim. First, we'll have to decide what relay our team will enter."

The Lake Washington team has only 14 swimmers, Dougherty said, and lacks depth for dual meets. "Dawn Tanabe, who's only a ninth-grader, usually wins two events for us," Dougherty said.

Against Newport, Dawn won the 100 butterfly and got touched out by Jenny Harshbarger in the 200 I.M.

Smith does many of her workouts at the Bellevue Y.M.C.A. where she competes for Bellevue Eastside Swim Team (BEST) coached by Buck Hendrix.

"We run five morning workouts



Kathy Smith
State-meet triple threat

and seven afternoon workouts a week. I ask them to make a minimum of eight a week," Hendrix said. He also employs a weight-lifting program in conjunction with afternoon workouts of 6,000 yards in the water "or about 3 miles."

"I tell people I lift weights and they think it's a little strange because I'm a girl," Smith said. "We sweat together and we hurt together. That helps. I could never do it by myself."

Smith has been swimming six years. She's intent on continuing to 1984. "I'll be 20 then. I'll be there," she promises of that next Olympic Games.

Hendrix said, "I came to Bellevue the Y in April, 1979, the first season that Smith really broke through. She was fourth in the 200 breaststroke and fifth in the 100 breaststroke at the Olympic Trials in Irvine, Calif., last year. She didn't do quite as well in the 1981 nationals."

Hendrix is proud of BEST's swim achievements. "We beat both Chinook and Bellevue Athletic Club in our regional meet this summer. We're in the same caliber as those teams."

Watching the Y team's workout gives a small inkling of the effort involved. Hendrix, a former competitive swimmer, said, "I can identify with what they're going through. Everyone is here by choice. The sport has an awful lot to offer besides just going fast."

Smith was asked if the work is worth it?

"That's a big question. There's a certain point where you quit the natural talent and if you want to get any better, then you have to start working really hard. A lot of it for me is mental and that, for me, comes spiritually and emotionally. I got this Athletic Perfection handbook from a friend. I'd always been a Christian, but it just showed me how to apply my faith to my swimming."

What has been most satisfying for her thus far?

"I was just thinking about that today," Smith said. "From the world standards, I'd say placing fourth at the Olympic Trials was my biggest achievement, but I was not happy with that at all because I set goals for myself and I didn't reach those goals. My goal

Sea
Times
11-22-81
Sun

Kangaroo girl pockets record; Newport wins

Lake Washington High's Kathy Smith swam the fastest 100-yard breaststroke race in the history of high-school swimming at the state girls' meet last night in the University of Washington pool.

Smith's time of 1 minute 2.96 seconds shattered the record held by Patty Clark of Cardinal Newman High of Florida who swam 1:03.27 last year.

Newport High of Bellevue paddled off with its fourth straight team championship with 150 points. Mercer Island was runnerup with 112 and Highline was

third with 94. Interlake followed with 79 and Smith lifted the Lake Washington Kangaroos to fifth with 73.

Smith, who set a previous national mark of 1:03.79 in the event as a sophomore two years ago in this meet, said she was delighted to get the record back.

"I've been training for it," she said. "I had the record before and it was great to get it back."

Smith, who finished fourth in a breaststroke event at 1980 Olympic Trials, was one of three double winners last night, capturing the

50-yard freestyle race in :23.21 seconds.

Leading Newport was double-winner Jenny Harshbarger, a senior. She set meet records in winning the 200 freestyle in 1:52.07 and the 500 freestyle in 4:54.58.

Mercer Island's Mary Wayte, another Olympic Trials competitor, captured the 100 freestyle in :51.16 and the 100 backstroke in :57.96, both meet records. She is a junior.

(Results, B 4)

Girls swim race is for No. 2

The question awaiting an answer at today's finals of the state prep girls swim meet is who will finish second.

Newport, the defending champ, is the heavy favorite to repeat as team titlist at the Hec Edmundson Pavilion pool on the University of Washington campus. But four teams, including Interlake, Mercer Island, Highline and Wil-son of Tacoma, are all considered in the running for the runnerup spot.

This evening's championship finals will begin at 7:30.

Among the highlights during Friday's preliminary swims were the all-America times turned in by Lake Washington's Kathy Smith. She set a state record with a :23.66

to lead all qualifiers in the 50-yard freestyle, then came back later with a 1:04.26 in the 100-yard breaststroke, an event she's won the past two years, to lead the six finalists in that event.

The only other Kingco Conference entrant to lead all qualifiers in two events was Mercer Island's Mary Wayte, who won the individual medley and backstroke last year. Friday she led all qualifiers in the backstroke again, with a time of :59.68, as well as the 100 free with a time of :53.14.

Other Kingco swimmers who paced the qualifying include MI's Loretta Soffe with a 2:11.05 in the

individual medley. Interlake's Kim Chen with a :59.84 in the 100 butterfly, Interlake's 200 medley relay team and Newport's 400 free relay squad.

Newport's Jenny Harshbarger, the defending state titlist in the 500 freestyle, turned in the day's second-best time in that event, two seconds behind Wilson's Roxanne Carlton. Those two will also be matched in the finals of the 200 free.

Newport has qualified finalists in seven of the nine swimming events.

(See Fan Fare, C4)

Journal
November 4
11-23-81

In her freshman year, she won the state 50- and 100-freestyle titles. As a sophomore she won the 200 individual medley and 100 breaststroke and her junior year she won only the breaststroke, finishing second to Mary Wayte of Mercer Island in the I.M.

"I didn't swim very good at state last year," Smith said. "I had a lot of pressure on me. I'm ready to come back this year."

Wayte and Smith have been roommates several times at national meets. "We've helped each other a lot. She's great," Smith said. "That was my first nationals at Austin, Tex., in 1980 and I was real scared. She'd been three times, so that worked out real good."

Is she normally nervous before competing? Smith said, "I get excited and ready to see what I can do. I've got the work behind me, so I'm prepared."

Wayte is the defending state champion in the 100-yard backstroke and 200 I.M. and won three events last summer at the national Sports Festival in Syracuse, N.Y. Her time of 1:02.69 is the state's best backstroke time this fall and Newport's Harshbarger has the fastest in the 500 freestyle, a 4:58.

Newport last week edged Wil-son of Tacoma in an exhibition meet, 88-82. Wilson's 400 freestyle relay was impressive with a 3:42 clocking, a state best, and Roxanne Carlton turned in the state's top 200 freestyle, 1:53, in beating Harshbarger.

Next Tuesday Kingco swimmers will swim in the district meet at the Juanita High Pool, starting at 12:30 p.m.

Swimmers plunge into nationals

IRVING, Calif. (Special) — East Siders Kathy Smith and Mary Wayne will compete in the U.S. national swimming championships and Olympic Trials today.

Smith, 16, of Bellevue Eastside Swim Team and Lake Washington High School, is entered in the 50-meter freestyle and 100 breaststroke today, and the 200 breast and 200 individual medley later in the meet.

Wayne, 15, of Chinook Swim Team and Mercer Island High School, is entered in the 100- and 200-meter breaststroke. The top three swimmers in each event will be designated as U.S.

Olympians. All eyes will be on the scoreboard where medal-winning times from the Moscow Olympics will be posted for each event.

"These will be the best national championships we've ever had," said BEST coach Don Graham, "mainly because the kids will be in the 100."

JA - July 30, 1980

Smith glides into breaststroke finals

IRVINE, Calif. (Special) — Kathy Smith of Kirkland stood on the threshold of making the United States Olympic swim team Tuesday.

The 16-year-old Lake Washington High School student ranked third in the 100-meter breaststroke heading into Tuesday night's championship finals at the U.S. national championships and Olympic trials.

Smith set Pacific Northwest

Swim Team. "The bigger the meet, the better she swims," Smith needed to hold or improve her position in the 100 breaststroke Tuesday night to gain Olympic status.

"She has her work cut out for her," Graham said, noting that the fourth, fifth and sixth qualifiers all were within 0.1 seconds of Smith's three-place time.

The Kirkland swimmer also was scheduled to compete in the consolation finals of the 50 free Tuesday night. The highest she could place in that event was ninth.

Another East Side swimmer, 15-year-old Mary Wayne of Mercer Island fell far short of her best time and failed to qualify for the finals of the 200 breaststroke. Her next competition will be in the 100 backstroke Thursday.

B2 Journal-American

Friday, August 1, 1980

Smith fourth in breaststroke

IRVINE, Calif. (Special) — Kirkland swimmer Kathy Smith played the role of bridesmaid once again Thursday in her quest to qualify for the U.S. Olympic team.

Smith, 16, fell one place short of being named to the Olympic 200-meter breaststroke squad by gaining fourth place in the finals at the United States Swimming Championships.

She ripped through the water in the Heritage Park Aquatic Complex in 2:37.21, slightly off her personal best of 2:37.14 set earlier in the day in the preliminaries.

American record holder Tracy Caulkins shared first place in the race with surprising 15-year-old Terri Barber of Palo Alto, Calif. Their winning time was 2:34.66. The final Olympic team berth was won by third-place finisher Susan Rapp of Fairfax, Va., who had a time of 2:35.08.

Smith was also fourth heading into the finals, but she was only 1/25th of a second out of third.

On Tuesday night, in the 100-meter breaststroke finals, Smith missed making the Olympic team by 0.17 seconds as she finished fifth in 1:13.10.

Prior to Thursday night's finals, Smith was fifth in overall individual standings for women and her efforts were responsible for Bellevue Eastside Swim Team's 11th place team status.

ANOTHER EAST SIDE swimmer, Mercer Island's Mary Wayne, completed the 100-meter breaststroke in 1:06.3 but failed to qualify for the finals.

Meanwhile, in a splendid duel in the 400-meter freestyle that saw both competitors best the gold medal time in the Moscow Olympics, Florida's Kim Linehan outkicked Cynthia Woodhead at 4:08.17.

Linehan also won the 800 free, and both her times would have won gold medals of 17 events, 8 winning times in the meet would have brought gold in Moscow.

"I'm a little tired of the comparisons between our times and the Olympic times," she said. "The United States has the best swimmers in the world and I think we'd be taking one, two, three over there."

"This is not a fast pool. The pool here is a lot different than the one in Moscow."

JA Aug. 2, 1980

Smith paddles off to Hawaii with U.S. team

Kathy Smith of Bellevue Eastside Swim Team, has been named to the U.S. National Team that will compete for two weeks in Hawaii.

Smith, who finished fourth in the 200-meter breaststroke and fifth in the 100-meter breast in the U.S. Olympic Trials last week in Irvine, Calif., earned the right to swim in exhibitions in Honolulu, Oahu and Maui in addition to international competition. The 16-year-old Lake Washington High School student departed Tuesday.

Prep Athlete of the Week: Cathy Smith



Photo by Ron Koch

The Kirkland Courier is proud to salute this week's outstanding high school athlete, Cathy Smith from Lake Washington High School. Ms. Smith, who is a junior, leads the Kangaroo girls swimming team. Although the LW swim program is only in its second year of existence, Smith swam previously for neighboring Juanita, where as a freshman she won the state 50 and 100 meter free style. Last year, as a sophomore, she captured the individual medley and 100 meter breast stroke at state. The latter event set a national record. Both events shattered state marks. To cap off an excellent year, Ms. Smith placed fourth in the Olympic trials, specializing in the 200 meter breast stroke.

Smith, Pakkala earn all-America honors

Kirkland swimmers Kathy Smith and Brian Pakkala have been named to Swimming World magazine's high school all-America team.

Smith, a junior at Lake Washington High, won all-America honors in two events — the 200 individual medley and the 100 breaststroke. Her 200 IM time of 2:05.06 ranked her second among the nation's high school swimmers and her 100 breast time of 1:03.79 ranked her third.

Pakkala, a 1980 graduate of Juanita High, won all-America recognition in the 100 butterfly.

Earning honorable mention was Bellevue High's Susie Dalton in the 500 free.

Stanford gets Smith back in the swim

She left last summer with a trophy as East Side Prep Athlete of the Year. She returned this spring on crutches, with a cast on her ankle and toes the color of burnt marblecake.

Appearances to the contrary, Kirkland's Kathy Smith did not take a beating as a freshman swimmer at Stanford University. She injured her ankle in a jazz dance class. In pools, where she earns her full scholarship, she helped the Cardinal win the NCAA women's team championship.

Smith placed second and fifth in her two individual events, and also swam on Stanford relay teams that finished first and second.

Then she went to the short-course nationals, reached the finals in two events and placed third in the 100 breaststroke, affirming her status as an Olympic contender.

Then she took a break from swimming and got hurt.

"THE WHOLE class heard it," she said about her ankle. It did a loud Rice Krispies imitation during a jazz dance routine, tearing some ligaments and briefly interrupting her swimming career.

The injury forced her to miss the *Seventeen* meet at Mission Viejo, Calif., and probably will keep her out of the National Sports Festival next week at Colorado Springs, Colo. She expects to compete in the Seattle Open early next month and then in an international meet in Los Angeles July 17-19.

"This kind of slows me down," she said about her multi-colored foot, "but I needed a rest. I was tired from everything."

Tired, but confident. Her career is moving again.

Smith set a national prep record as a high school sophomore. She made the Olympic Trials in 1980. But despite regaining her national record as a senior, Smith sometimes felt like she was stagnating

Glenn Drosendahl

J-A Sports Editor



at Lake Washington High School and Bellevue East-side YMCA Swim Team.

She craved competition during workouts, hoping that would make a difference. It did.

"Going to Stanford was one of the best things that happened to me in swimming," she said. "I never really had people to push me, breaststroke girls. I loved it. It took so much pressure off me. I did some of the hardest workouts I've ever done. Without knowing I was doing it."

HER TEAMMATES at Stanford include Kim Carlisle, Libby Kinkead, Patty Gavin, Stephanie Elkins and Ann Tweedy, all among the nation's best. At the NCAA meet, they held off runnerup Florida, led by the legendary Tracy Caulkins.

Mary Wayte, a senior at Mercer Island High School, will join Caulkins next year at Florida. Wayte and Smith are the East Side's leading Olympic contenders. At the short course nationals, Wayte finished second in the 200 freestyle.

Olympic contenders walk around braced for The Question: Will they make it?

"If God is willing," said Smith. "To me, that's a legitimate answer. Going a little deeper, George wants me to stay at Stanford next summer and work at it. He feels like I have a good chance."

George is her coach, George Haines. As luck would have it, Haines also will coach the U.S. Olympic team.

"He really inspired me," Smith said. "He had confidence in me. I needed that. That was the big thing — the confidence."

"But a major thing I learned at school is that swimming isn't my life. I think maybe I put too much importance on it in the past. If I didn't do well, I'd be devastated. It shouldn't affect my personal well-being."

It usually does, however, when athletes train for hours every day for many years. Their identity comes to depend on their sport. When they do well, they feel valuable. When they don't, they may feel worthless.

"THAT'S NOT right," Smith said. "My swimming is not me."

What else is there? Her faith (Christianity), her friends, her studies (she probably will major in psychology), plus some windsurfing and a lot of jazz dancing. ("I love that more than swimming.")

Parents hope, when they kiss their kid goodbye, that he or she will learn something at college. Something beyond sports. Smith did.

"The biggest thing I learned at Stanford is that I don't know anything. That sums it up. There's so much out there," she said.

"If I don't make the Olympic team, sure I'll be disappointed. But it won't be the end of my life."

It sounds as if Smith came home not only as more of a swimmer, but also more than a swimmer. It was a very good year.



KATHY SMITH

... college has been an education



Kathy Smith:
There's more
than swimming

—B1

note



U.S. Nationals 8/83
Clouis



PATRICK S. FITZSIMONS

CHIEF OF POLICE

SEATTLE POLICE DEPARTMENT

January 14, 1980

Dear Kathy,

Congratulations on your exceptional achievements and your dedication to your sport. My wife and I enjoyed reading about you in the Sammamish Valley News and watching you swim at the University of Washington recently.

Our best wishes go with you to the Olympic trials in Austin in April and all the way to the Olympics later in the year - wherever they may be held.

Sincerely,

Pat + Olga F.

The Last Side new
Journal-American

6-3-82

Miss Kathy Smith
6424 126th N.E.
Kirkland, WA 98033

Dear Kathy:

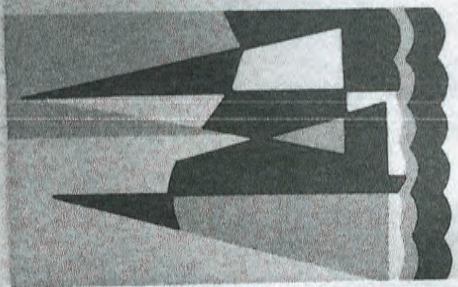
Let me add my personal congratulations to those you have received since being named Journal-American female prep athlete of the year. You have established an enviable and in some respects spectacular athletic record deserving of such award. Additionally, I hear good things about you as a person, as a student and as a citizen. In my book those count equally with athletic achievement. I was impressed by the maturity of your remarks the other night and the feeling of sincerity that you displayed.

I look forward to reading more about you in the Journal-American.

Sincerely,

Robert E. Hartley

Robert E. Hartley
Publisher



Lake Washington High School
Lake Washington School District No. 414
12033 N.E. 80th Street
Kirkland, Washington 98033
828-3371

Charles L. Martin
Principal
Elvis R. Dellinger
Vice Principal
Katherine Siddoway
Vice Principal

November 24, 1981

Mr. & Mrs. David Smith
6424 126th Ave. NE
Kirkland, WA 98033

Dear Mr. & Mrs. Smith:

Just a note to let you know how proud we are of Kathy's achievement at the State swimming meet last week. I know that I have written you notes before, but I want to again express the school's support and appreciation.

Making history is a truly remarkable feat and I know that Kathy will probably continue to break many records in the future.

Again, congratulations. I would appreciate it if Kathy would drop by my office. It's seldom I get the opportunity to shake the hand of a true champion.

Sincerely,


Charles L. Martin
Principal

CLM:jj

CONGRATULATIONS

JANUARY 9, 1981

DEAR KATHY:

CONGRATULATIONS ON YOUR OUTSTANDING PERFORMANCE IN THE UNITED STATES INTERNATIONAL SWIM MEET IN FLORIDA. YOU ARE AN INSPIRATION TO ALL OF US AND OUR BEST WISHES FOR CONTINUED SUCCESS WILL FOLLOW YOU TO NEW ZEALAND.

L.E. Scarr

DR. L.E. SCARR
SUPERINTENDENT

CONGRATULATIONS

NOVEMBER 21, 1979

DEAR KATHY:

CONGRATULATIONS ON YOUR SUPERB PERFORMANCE IN THE 100 YD. BREASTSTROKE AND THE 200 YD. INDIVIDUAL MEDLEY LAST WEEKEND. THE ENTIRE DISTRICT IS VERY PROUD AND HAPPY FOR YOU. KEEP UP THE GOOD WORK IN PREPARATION FOR THE OLYMPIC TIME TRIALS.

L.E. Scarr

DR. L.E. SCARR
SUPERINTENDENT

The best ever

That's what Kathy Smith is in girls' swimming

In the preliminaries of the state girls' swimming meet last week Kathy Smith came within a fraction of a second of breaking a national record in the 100-yard breaststroke.

The next day in the finals she shattered the record.

The old record had been 1:04.35. In the preliminaries she swam the event in 1:04.58 and in the finals, covered the distance in an incredible 1:03.79.

That made her the fastest breaststroke swimmer in the history of high school sports.

Her performance also sent the Hec Edmundson Pavilion audience into a frenzy.

"I couldn't believe it—the applause—when I broke the record," Smith said. "I almost started crying when people came down the lane to congratulate me.

"I wanted to break it, but I didn't even know what the (old) record was until the preliminaries when I came close to it."

Smith, a 15-year-old sophomore, won the 50-yard and 100-yard freestyle events in last year's state meet. This year she remained undefeated in state competition with her breaststroke victory, coupled with a win in the 200-yard individual medley.

She swam the medley in 2:05.06, good for a meet record in that event.

Her times in the two events were good for automatic All-American status, but that, of course, is old hat to Smith. She's been doing that all year.

For an encore Smith may just spend the coming summer in Moscow at the Summer Olympics.

She will compete early next year in the United States Olympic trials

for a spot on the U.S. Olympic team.

"I really think she's got the talent to make the Olympics," said Lake Washington High School swimming coach Ron Koch. "I don't think she's realized what her potential is yet, but her confidence is improving with every meet."

"When I made the Olympic trials, I couldn't believe it," Smith said. "I thought that was as far as I'd go. It's all happened so quick, but now I think I have a chance for the Olympics."

She trains 3½ hours daily, lifts weights for an hour three times a week, and does special abdominal exercises she learned last summer at Olympic training camp.

"I just love to swim. I've been lifting weights and training 3½ hours a day, but it's worth it. I've never felt like I've missed anything.

"But the main thing is reading The Athletic Handbook for Christians this summer. I'd been a Christian, but I didn't know how to apply it. The book just changed my total outlook. It's really made a big difference."

Smith's coaches heap nothing but positive praise on her.

"She's got all-around characteristics," said Koch. "The back is her weakest stroke right now, and even that's very good, but her other strokes are very strong.

"Kathy got 32 points for Lake Washington by herself, but she honestly thought everyone else on the team was just as important."

Smith's coach on the Bellevue Eastside Swim (AAU) Team is Buck Hendrix and he describes Smith as a "tremendous athlete."

"Her enthusiasm for swimming is really tremendous and I think

she can still improve. She looks forward to swimming. She works hard, but comes in the next day with a smile on her face.

"I think she's handled her success very well. I think a big part of her success is that she's willing to open herself up and work with coaches. She tries to learn from each individual she works with, and learns from each situation.

Kathy has a very strong competitive drive in terms of setting goals, but I wouldn't say she's competitive in the sense she wants to beat people. She puts more emphasis on self improvement and competes with herself. She's actually very humble with the people she competes against."

Smith's progress has been fast and furious, from winning Kingco meets, to state titles, to All-American status, to a national record, to the Olympic trials. Who knows—maybe Moscow is the next stop.

Amat

NORTHWEST SENIOR

Team scoring:
David Douglas, Athletic Club, P
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East Side club

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2:08.07 (NJO).

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Shake) 4:12.44.
(PNA); 10, Corn

1,000 free: 4, 1
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1:00.56 (NJO). 3
Craig (C) 1:59.8
400 IM: 5, Miller
4:17.00. 100 back:
58.02. 200 breast
IM: 5, Craig (C).

Key: NQT—AA
time. NJO—Nati
time. PNA—P
regional record.

PASS

Swimmer

BELLEVUE EASTSIDE SWIM TEAM

SMITH, KATHY 16


(B)

L 1	LUNCH WED	LUNCH THUR	LUNCH FRI	LUNCH SAT
A 1	ADMIT WED	ADMIT THUR	ADMIT FRI	ADMIT SAT

**LONGHORN
AQUATICS**



BELLEVUE EASTSIDE SWIM TEAM

SMITH, KATHY

15



—J.A. photo

Kathy Smith, already among the elite young swimmers in the country, will receive two weeks of intensive instruction in an Olympic training camp.

If she continues to improve, she may be a candidate for the U.S. Olympic team next summer.

Kirkland swimmer invited to Olympic training center

Kirkland swimmer Kathy Smith is one of 54 swimmers from around the nation invited by the U.S. Olympic Committee this summer to its national training center in Colorado

Springs, Colo.

The 14-year-old Rose Hill Junior High School student left Friday for a two-week, all-expenses-paid session of intensive training under the in-

struction of coaches from Yale, UCLA, Arizona State and the University of Houston.

The program includes two-a-day workouts and physiological and psychological testing of swimmers whose potential makes them possible candidates for the Olympic swim trials a year from now at the University of Texas.

Smith, a member of the Bellevue East Side Team (YMCA), was extended an invitation partly as a result of her third-place finish in the 200-yard breaststroke in the national Junior Olympics meet at Duke University in April.

Smith, who this year achieved perhaps an unprecedented accomplishment for a freshman when she won two events—the 50 and 100 free—at the state meet for Juanita High School, has been ranked by Swimming World magazine in its national top 10 in several events for her age group this year.

She joins 17 other swimmers—including Roger Von Jouanne, former Hazen High School star now swimming for Southern Illinois University—at the first training session, the elite category.

Her invitation does not guarantee an advantage in the selection process for the Olympic trials. The training center concept is a new program where potential Olympians are shown advanced training techniques in an organized manner and allowed to develop as a team, practices absent in previous U.S. Olympic efforts in many sports.

RESOLUTION R-5259

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF KIRKLAND
INDUCTING KATHY SMITH CONNOR INTO THE KIRKLAND PLAZA OF
CHAMPIONS.

1 WHEREAS, in 1988 the City Council passed Ordinance 3096
2 which established the Plaza of Champions program and created criteria
3 for selection of persons and organized groups of persons who have
4 made outstanding contributions to the Kirkland community, to be
5 permanently honored by the community and the City of Kirkland; and
6

7 WHEREAS, in 2001 the City Council passed Ordinance 3794
8 which established that nominations for the Plaza of Champions will be
9 reviewed by the Park Board, whose recommendation will be forwarded
10 to the City Council; and
11

12 WHEREAS, at their regular meeting of May 10, 2017 the Park
13 Board reviewed the nomination of champion swimmer Kathy Smith
14 Connor and determined that the nomination satisfied the criteria
15 established for the Kirkland Plaza of Champions; and
16

17 WHEREAS, the City Council has received from the Park Board a
18 written report and recommendation on the nomination of Kathy Smith
19 Connor; and
20

21 WHEREAS, in a public meeting the City Council considered the
22 written report and recommendation of the Park Board.
23

24 NOW, THEREFORE, be it resolved by the City Council of the City
25 of Kirkland as follows:
26

27 Section 1. Kathy Smith Connor is hereby inducted into the
28 Kirkland Plaza of Champions.
29

30 Passed by majority vote of the Kirkland City Council in open
31 meeting on the ____ day of _____, 2017.
32

33 Signed in authentication thereof this ____ day of _____,
34 2017.

Amy Walen, Mayor

Attest:

Kathi Anderson, City Clerk