



## Human Services Commission Meeting

Date: February 25, 2020

Time: 7:00 p.m.

Place: Council Chambers, City Hall

*The commission is directed by the City Council to advise the Parks and Community Services Department, City Manager, and City Council in leading the City's efforts to support a socially sustainable community through health and human services and programs that fulfill the basic needs of all people and enhance the quality of life in our city now and into the future.*

### AGENDA

	<u>Estimated Time</u>
<b>1. CALL TO ORDER</b>	
<b>2. ROLL CALL</b>	
<b>3. APPROVAL OF MINUTES</b>	5 minutes
a. January 28, 2020	
<b>4. ITEMS FROM THE AUDIENCE</b>	5 minutes
<b>5. PRESENTATIONS</b>	
a. Bellevue Needs Assessment Learnings	45 minutes
b. Crisis Connections	45 minutes
<b>6. UNFINISHED BUSINESS</b>	
a. Vote to Change Meeting Time	5 minutes
<b>7. NEW BUSINESS</b>	
a. Review Kirkland's Application Information Page	10 minutes
<b>8. COMMUNICATIONS</b>	10 minutes
a. Commissioner Reports	
b. Staff Reports and Announcements	
<b>9. ADJOURNMENT</b>	Estimated meeting completion: 9:05 p.m.

#### Upcoming Commission Activities:

March 17, 2020 – Joint Human Services Commission Equity Lens Training

March 24, 2020 – Human Services Commission Meeting

April 13, 2020 – Joint Human Services Commission Equity Lens Training

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**Alternate Formats:** Persons with disabilities may request materials in alternative formats. Persons with hearing impairments may access the Washington State Telecommunications Relay Service at 711.

**Title VI:** Kirkland's policy is to fully comply with Title VI of the Civil Rights Act by prohibiting discrimination against any person on the basis of race, color, national origin or sex in the provision of benefits and services resulting from its programs and activities. Any person who believes his/her Title VI protection has been violated, may file a complaint with the City. To request an alternate format, file a complaint or for questions about Kirkland's Title VI Program, contact the Title VI Coordinator at 425-587-3011 or [titlevicoordinator@kirklandwa.gov](mailto:titlevicoordinator@kirklandwa.gov).

The City of Kirkland strives to accommodate people with disabilities. Please contact the City Clerk's Office at 425.587.3190, or for TTY Services call 425.587.3111 (by noon the work day prior to the meeting) if we can be of assistance. If you should experience difficulty hearing the proceedings, please bring this to the attention of the Chairperson by raising your hand.

# **CITY OF KIRKLAND HUMAN SERVICES COMMISSION Minutes of Regular Meeting January 28, 2020**

## **1. CALL TO ORDER**

The January 28, 2020, Human Services Commission Meeting was called to order at 7:03 p.m. by Chair Jonathan Stutz.

## **2. ROLL CALL**

Commissioners present: Chair Jonathan Stutz, Commissioners Dianne Bell, David Godfrey, and Michelle Alten-Kaehler.

Commissioner Gildas Cheung arrived at 7:22 pm. Commissioner Max Reisman is excused.

Staff present: Human Services Supervisor Leslie Miller and Youth Services Coordinator Regula Schubiger.

Recording Secretary: Senior Office Specialist Melissa Bartoletti

Presenters:

Mary Ellen Stone, Executive Director, King County Sexual Assault Resource Center  
Suamhirs Piraino-Guzman, Senior Program Coordinator for the Washington Anti-Trafficking Response Network (WARN) at International Rescue Committee in Seattle

## **3. APPROVAL OF MINUTES**

- a. November 26, 2019  
Motion to Approve the November 26, 2019 minutes as presented.  
Moved by Commissioner David Godfrey, seconded by Commissioner Dianne Bell.  
Motion carried (Yes: 4, No: 0).

## **4. ITEMS FROM THE AUDIENCE**

John Sambrook addressed the commission.

## **5. PRESENTATIONS**

- a. King County Sexual Assault Resource Center Update  
Mary Ellen Stone, Executive Director, gave an overview of King County Sexual Assault Resource Center's primary programs.
- b. Introduction to Human Trafficking

Suamhirs Piraino-Guzman of the International Rescue Committee in Seattle provided an overview of human trafficking in the King County region including experiences of Kirkland residents, the services available and areas of insufficient assistance.

## **6. UNFINISHED BUSINESS**

### **7. NEW BUSINESS**

- a. City Council Request to Consider Public Comment  
Human Services Commission reviewed a request made by high school students regarding supporting the homeless as requested by the City Council. Human Services Supervisor will follow up with a letter to the students and will ask Commissioner Max Reisman to provide information with the Youth Council to share with their peers.
- b. The 2021-2022 Human Services Grant Application Process  
Human Services Supervisor Leslie Miller gave an introductory presentation about the 2021-2022 Human Services Grant Application Process and announced that applications will be open from March 4<sup>th</sup> through April 7<sup>th</sup>. Commissioners also provided feedback on availability for additional meetings to review grant applications.

Joint Equity Lens Training with Bellevue, Issaquah, Redmond, and Sammamish will be offered before the application review process. Commissioners are invited to attend either dates on Tuesday, March 17<sup>th</sup> at Bellevue City Hall, or Monday, April 13<sup>th</sup> at Heritage Hall in Kirkland.

- c. Officer Election  
Commissioner David Godfrey moved that we go to a Chair -Vice Chair model for governance. Seconded by Commissioner Dianne Bell.  
Motion carried (Yes: 5, No: 0).

Chair Jonathan Stutz opened the floor for nominations for Vice Chair. Commissioner Gildas Cheung nominated Commissioner Dianne Bell. Commissioner David Godfrey seconded.  
Motion carried (Yes: 5, No: 0).

## **8. COMMUNICATIONS**

- a. Commissioner Reports  
Commissioner David Godfrey gave an update on the SRO Taskforce. He took over the Human Services Commission representative position for Councilmember Amy Falcone. The task force has a draft of recommendations and a cover letter that will go to the City Council.

Chair Jonathan Stutz shared an experience with getting a resident connected to services with Eastside Legal Assistance Program.

Commissioner David Godfrey, Councilmembers Amy Falcone and Jon Pascal, and staff member Melissa Bartoletti participated in All Home King County's Annual Point in Time Count the morning of January 24, 2020.

Commissioners Dianne Belle, Jonathan Stutz, David Godfrey and Human Services Supervisor Leslie Miller attended the first Kirkland Welcoming Initiative community learning event called Kirkland Talks, Preparing to Be Conscious, and Color Brave.

b. Staff Reports and Announcements

Human Services Supervisor Leslie Miller asked if Commissioners wanted to continue to receive meeting packets in the mail and if there was interest in starting Commission meetings earlier. Commissioners agreed that 6:30 p.m. would be a better start time.

**9. ADJOURNMENT**

Chair Jonathan Stutz asked for a motion to adjourn. Commissioner David Godfrey motioned, Commissioner Gildas Cheung seconded. Motion carried (Yes: 5, No: 0). The meeting was adjourned at 9:22 p.m.



**CITY OF KIRKLAND**  
**Department of Parks & Community Services**  
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**MEMORANDUM**

**To:** Human Services Commission

**From:** Lynn Zwaagstra, Director  
Leslie R. Miller, Human Services Supervisor  
Regi Schubiger, Youth Services Coordinator

**Date:** February 18, 2020

**Subject:** 2019-20 Bellevue Human Services Needs Update

**RECOMMENDATION:**

That the Human Services Commission receive an overview of the City of Bellevue's 2019-2020 Human Services Needs Update by Human Services Planner Christy Stangland.

**BACKGROUND:**

Every two years, Bellevue Human Services staff conducts an extensive human services needs assessment to obtain a comprehensive picture of needs and issues in Bellevue. The findings of the Human Services Needs Update are used to prioritize funding and guides the work of the Human Services Division. The key emerging and ongoing trends and issues in 2019-2020 are affordable housing, living wage, childcare, homelessness, racial and ethnic themes, behavioral health and substance use disorder, and access to transportation.

The Report is available here: <https://bellevuewa.gov/city-government/departments/parks/community-services/human-services/human-services-needs-update>



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## MEMORANDUM

**To:** Human Services Commission

**From:** Lynn Zwaagstra, Director  
Leslie R. Miller, Human Services Supervisor  
Regi Schubiger, Youth Services Coordinator

**Date:** February 18, 2020

**Subject:** Crisis Connections

### **RECOMMENDATION:**

That the Human Services Commission hear a presentation on the Crisis Clinic and the programs they offer.

### **BACKGROUND:**

The purpose of Crisis Connections is to connect people in physical, emotional and financial crisis to services that will be of help. The goal is to reduce immediate emotional distress and defuse crises for individuals, families and the community; to reduce the immediate risk of violence to one's self and others; and to increase the ability of people to access the safety net, particularly for mental and emotional support services. Crisis Connections serves all people (in physical, emotional and financial crisis) with an emphasis on serving King County residents.

### **Kirkland Funded Programs**

#### Teen Link

Teen Link operates a confidential and anonymous statewide peer help line and chat service. Their trained teen volunteer phone workers take both calls and chats from teens in distress. Teen Link also conducts suicide prevention training to youth in schools and in youth organizations. Teen Link empowers teens to make healthy, self-respecting decisions about their lives, supporting their development as fully actualized and productive adults.

#### King County 2-1-1

King County 2-1-1 is a connector. By simply dialing 2-1-1 or accessing resources online, King County 2-1-1 connects people to the help they need. They provide the most comprehensive information on health and human services in King County. Whether it's for housing assistance, help with financial needs, or to find the location of the nearest food bank.

#### Crisis Line

The 24-Hour Crisis Line provides free and confidential telephone crisis intervention, information, referral and support services to anyone in emotional crisis or needing help in King County. By empathetic listening and supportive problem solving, they help distressed callers see their problems as manageable. They also provide clinical consultation to professionals and link callers to emergency behavioral health and community services.

## **Other Programs**

### Community Trainings

Crisis Connections offers a series of community trainings designed specifically for mental health and social service providers working in King County. Each course is conducted by a skilled professional with years of hands-on experience in their field.

### WA Warm Line

WA Warm Line is a peer support help line for people living with emotional and mental health challenges. Calls are answered by specially trained volunteers who have lived experience with mental health challenges. They have a deep understanding and provide emotional support, comfort, and information. All calls are confidential.

The Veteran Support Line is a branch of the WA Warm Line that offers peer support for veterans living with emotional and mental health challenges. Veterans who call may request to speak with a veteran. If a veteran is available at that time, the caller will have the opportunity to speak with one of the volunteers who is a veteran and receive support from a peer.

### Washington Recovery Help Line

The Washington Recovery Help Line is an anonymous and confidential help line that provides crisis intervention and referral services for Washington State residents. Professionally trained volunteers and staff are available to provide emotional support 24 hours a day, and offer local treatment resources for substance abuse, problem gambling and mental health as well as to other community services.



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## **MEMORANDUM**

**To:** Human Services Commission

**From:** Lynn Zwaagstra, Director  
Leslie R. Miller, Human Services Supervisor

**Date:** February 18, 2020

**Subject:** Meeting Start Time

### **RECOMMENDATION:**

That the Human Services Commission make official their decision to move the Commission meeting start time to 6:30pm by way of a motion and vote.

### **BACKGROUND:**

At the January 28, 2020 Commission Meeting, Commission members considered changing the start time of their meeting to a 6:00 or 6:30 start time. Through consensus the members settled on 6:30pm. City procedure requires that the Commission take formal action.