PKCC CAFÉ March 2020

Mon	Tue	Wed	Thu	Fri
2 **Sweet & Sour Pork** Vegetables Rice Fortune Cookie Ice Cream	3 **Beef & Rice Burrito** Salsa, Guacamole, Sour Cream Cucumber & Tomato Salad Sautéed Cinnamon Apples	4 **Salmon Fillet** Wild Rice Caesar Salad Ice Cream w/ Rhubarb Sauce	5	6 **Amandine Fish** Broccoli Wheat Roll Orange Lemon Bar
9 **Swiss Cheeseburger** Lettuce & Tomato Sweet Potato Fries Mixed Berries	10 **Chef Salad w/ Turkey** Cheese, Egg, Beans & Peas Breadstick Peaches	11 **Beef Stuffed Pepper** Salsa Lemon Bar	12	13 **Vegetable Lasagna** Green Beans Sautéed Cinnamon Apples
16 **Pork Soft Tacos** Mexicali Veggies Rice Salsa & Sour Cream Banana	17 **Corned Beef & Cabbage** Potatoes & Carrots Biscuits Apples & Cinnamon	18 **Oven Fried Chicken** Roasted Potatoes Broccoli Wheat Roll Orange	19	20 **Lime Fish** Zucchini Linguine Strawberry & Rhubarb Compote
23 **Chicken Fajitas w/ Bell Pepper & Zucchini** Rice Salsa, Sour Cream & Guacamole Peaches	24 **Beef Chili Con Carne** Sautéed Carrots Spinach Cornbread Pears	25 **Pork Chops w/ Apples** Cucumber, Tomato & Feta Cheese Rice Pudding	26	27 **Lemon Pepper Baked Cod** Potatoes Au Gratin Pineapple Upside Down Cake
30 **Beef & Pepper Steak** Brussel Sprouts Pound Cake w/ Strawberries & Whipped Cream	31 **Honey Dijon Chicken** Potatoes Beets Peaches	Happy St. Patricks Day		Catholic Community Services of Western Washington

Nutrition analysis includes 1% milk. (Butter is optional and increases the fat content of the menu.) This Menu is subject to change.
Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.