Participants will receive a T-Shirt, swim cap, and ribbon! This non-competitive, non-timed event provides an excellent opportunity for youth to experience the sport of triathlon.

Saturday, September 7th
11:00am @ Juanita Beach Park
Age 3 – 12 years $34.00 • Course Code 6116

TO REGISTER VISIT: KIRKLANDPARKS.NET
OR CALL 425-587-3336 • COURSE # 6116

Friday, March 22 • 6:30-8:30 pm • Ages 3 to 10 years with Dad, Grandpas, uncles or other father figures.

Come along and follow me to the bottom of the sea we’ll join in the Jamboree at the Mermaid Ball! Enjoy refreshments, dancing, a mermaid craft, and a commemorative photo at our very first Mermaid Ball. If you’ve loved our winter themed ball, wait till you see our “under the sea” theme! Make a splash with your little mermaid and sign up early for this event before it’s sold out!

Register each child separately for course #5329 at www.kirklandparks.net or call 425-587-3336.

NOTE: Please eat dinner before coming to the dance. Light refreshments will be served.
$35.00 per child (WA State Sales Tax included)
General Programs

Rhythmic Gymnastics Level 1
La Luna Rhythmic Gymnastics Academy introduces the beautiful Olympic sport of Rhythmic Gymnastics through introductory classes at their Kirkland gym. Self esteem, discipline, flexibility, dance and artistry, concentration, eye/hand coordination, and aerobic exercise are some of the benefits of this unique sport. Gymnasts learn basic ballet positions and practice routines to music using balls, hoops and ribbons. Instructor Arzu Karaali has trained athletes for National and International competitions and has worked as a choreographer for the Olympic Games.
No experience necessary. Gymnastics leotard and also leggings or tights and short white socks required.
Age 6-8
7898 Mon Apr 15-June 10 4pm-4:45pm
$144 R / $173 NR NKCC Location: La Luna Gym
Age 6-12
7902 Sat Apr 20-June 15 1pm-2:30pm
$199 R / $239 NR Location: La Luna Gym

Self Defense for Teen Girls
Age 14-19 This 3-hour class will educate teen girls about potentially risky situations. We will cover dating violence, how assailants target and test potential victims, personal safety, and more. Students will learn strikes to vulnerable targets, releases from grabs, and how to safely remove oneself from threatening situations. Great class to take with a friend! Class size limited to 15!
6050 Sat Apr 27 9am-12pm
6051 Sat Aug 17 10am-1pm
$60 R / $72 NR NKCC Instr: STRATEGIC LIVING, LLC

Home Alone Safe Kids 101
Age 9-13 This three-hour home alone class will help your 9 to 13-year-old take the next step in independence while giving you peace of mind. Topics include: responsibilities when staying home alone, simple first aid and abdominal thrusts for choking victims, how to navigate the online world, and fire safety. We’ll also discuss the truth behind abuse, abduction, and stranger danger. All participants will receive the Safe Kids 101 book. Please bring a snack and a drink.
5956 Sat Apr 20 9am-12pm
5957 Sat June 29 9am-12pm
5958 Sat Aug 24 9am-12pm
$43 R / $52 NR NKCC Instr: Cindy Tucker

Young Ladies and Gentleman
Age 6-11 Manners are the key to building positive friendships and strong self-confidence. This fun, hands-on workshop explores the value of kindness and respect for others and their practical applications in introductions and handshakes, table manners, personal care, posture, telephone etiquette and more. Bring supply fee of $5 payable to the instructor for Etiquette Booklet.
6053 Sat May 11 9:30am-12:30pm
6054 Sat July 20 9:30am-12:30pm
$46 R / $55 NR NKCC Instr: Final Touch School

Play-Well Engineering Fundamentals
Age 5-12 Power up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Hot Air Balloons, Space Stations, Tugboats, and the Eiffel Tower. Design and build as never before, and explore your craziest ideas in a supportive environment. There are not prerequisites for this course.
6013 Fri Apr 12-May 3 10am-12pm
$111 R / $111 NR NKCC Instr: Engineering For Kids

Junior Civil Engineering
Age 4-6 The Junior Civil Engineering program is designed to introduce young engineers to the basic concepts of engineering as it relates to building and construction. Students will design and construct their own skyscrapers, bridges, roads and a house designed to withstand the blows of The Big Bad Wolf! $35.00 supply fee payable to the instructor at the first class.
6147 Wed Apr 17-May 22 3:15pm-4pm
$100 R / $120 NR NKCC Instr: Engineering For Kids

Super Sitters
Age 11-15 Students completing this course will be better prepared to provide a safer and more positive infant/child care experience. The class includes parent expectations, basic first aid, home and fire safety, Heimlich maneuver, telephone tips, toys and activities and infant care. Participants receive a Babysitting 101 handbook and a course completion card. Bring a morning snack, a sack lunch, and a drink.
5959 Sat May 4 9am-2pm
5960 Sat June 22 9am-2pm
$50 R / $60 NR NKCC Instr: Super Sitters LLC

Learnin' the Ropes
Age 5-12 Our classes are designed to teach the sport of jump rope while instilling positive character qualities in youth of all ages! Participants will receive high quality instruction in single rope, shared rope, long rope, double dutch and more. All classes are taught by a trained instructor, and we make sure to provide a fun, safe, and inviting atmosphere! Jump rope is great for building hand eye coordination, foot work, cardiovascular health, and overall general fitness.
8028 Wed Apr 17-May 22 3:15pm-4:15pm
$66 R / $79 NR NKCC Instr: Learnin' the Ropes
**For Grades K-5**

New family registration begins March 14 for 2019-2020 school year!

**Peter Kirk After School Camp**

Mon, Tue, Thur, Fri 3-6pm • Wed 1:30-6pm

(Parents must sign child out at the end of each day)

After-school camp offers a quality after school experience for children grades K-5. Our staff offers a unique blend of recreation and educational activities in a relaxed, fun and safe environment.

### REGISTRATION FEES/DEPOSITS

**MONTHLY FEE $300**
(Paid at time of registration)

**MONTHLY INSTALLMENTS**
Full fee for your initial month is required upon registration (fee includes a $25 deposit). Additional months may be reserved by paying a $25 non-refundable, non-transferable deposit per month per child. **Monthly installment option is not available for online registration.** The remaining balance due must be paid by the 15th of the previous month, otherwise the reserved spot and deposit will be lost.

**REGISTRATION ONLINE** at kirklandparks.net with full payment only

**BY PHONE** at 425.587.3336

**IN PERSON** at these locations:
- PKCC 352 Kirkland Ave
- NKCC 12421 103rd Ave NE
- Parks & Community Services Dept
  - City Hall, 123 5th Ave

**REFUND POLICY**
The $25 deposits for the Peter Kirk After School Camp are non-refundable and non-transferable. For withdrawals a refund/credit less the $25 deposit will be granted if withdrawal request is received at least two (2) weeks prior to the start of the new month. No refunds will be granted with less than two (2) weeks’ notice.

### Peter Kirk After School Camp Transportation

Transportation from Peter Kirk Elementary to the after school program is available for a limited number of students on a first come, first serve basis. This service is offered at an additional cost of $100 per month (December 2019 and June 2020 will be pro-rated).

**Camp will follow the Lake Washington School District calendar and will be closed on days that school is not in session (this includes inclement weather closures). No transportation will be offered when LWSD is on limited bus service.**

**Health & Medications:** A participant information sheet must be filled out for each child, indicating all health concerns, allergies and limitations. Please note City of Kirkland staff is unable to dispense any type of medication to participants.

All camp fees include a $25 non-refundable deposit. Camp is located at Peter Kirk Community Center, 352 Kirkland Ave.

## Camp Fees/Transportation

<table>
<thead>
<tr>
<th>Month</th>
<th>Dates</th>
<th>Fees: $300</th>
<th>NR $360</th>
<th>Deposits</th>
<th>Monthly Inst</th>
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<tr>
<td>September 2019</td>
<td>Sept 3–27</td>
<td>$873</td>
<td></td>
<td>$883</td>
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<td>Sept 30–Oct 25 (No camp Oct 18)</td>
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<td></td>
<td>$884</td>
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<td>November 2019</td>
<td>Oct 28–Nov 27 (No camp Nov 11)</td>
<td>$875</td>
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<td>$885</td>
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<td>December 2019</td>
<td>Dec 2–20</td>
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<td></td>
<td>$886</td>
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<tr>
<td>January 2020</td>
<td>Jan 6–31 (No camp Jan 20)</td>
<td>$877</td>
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<td>$888</td>
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<td>Feb 3–28 (No camp Feb 13, 14, 17)</td>
<td>$878</td>
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<td>$889</td>
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<tr>
<td>March 2020</td>
<td>Mar 2–27 (No camp Mar 13)</td>
<td>$879</td>
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<td>$890</td>
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<tr>
<td>April 2020</td>
<td>Mar 30–May 1 (No camp Apr 6, 7, 8, 9, 10)</td>
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<td></td>
<td>$891</td>
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<td>May 4–29 (No camp May 22, 25, 26)</td>
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<td>June 2020</td>
<td>June 1–17</td>
<td>$882</td>
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<td>$893</td>
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</table>
Art & Music

Move Over Mozart Piano Classes

A piano-learning program where children participate in musical activities and learn from each other as well as their teacher. Learn to play familiar tunes on the piano, read music, and basic music theory for a lifetime of musical enjoyment. Having a piano at home is recommended but not required. Class recitals are scheduled throughout the year. New materials each session. A one-time, $20 materials fee, payable to instructor, is due on the first day of class. Class size is limited to 6. Additional classes may be added based on wait lists. For more information visit moveovermozart.net. No class on May 27, July 4.

Move Over Mozart Advanced Piano Classes

Age 7-8

Move over Mozart Advanced Piano Classes

Age 7-8 Admittance requires prior teacher approval. This is for the student that has already taken several sessions with Move Over Mozart. Class will focus on learning to read notes on the staff, recognizing patterns in the music and identifying intervals. For more information visit moveovermozart.net.

Must call to register for Advanced Piano classes. Eligibility would be previous enrollment in the Advanced Class or permission by Pamela Cornell at misspsam@moveovermozart.net.

Soapstone Carving Workshop NEW!

Ages 8 & up Participants will go through the entire process of carving a soapstone animal in this class. The pre-cut soapstone animals will be provided as well as all the tools needed. The instruction will be provided by a professional stone sculptor, Kentaro Kojima. The participant will start with filing the soapstone, then move on to sanding and polishing it. And finally, the instructor will use wax to seal the sculpture. Each participant will take home a beautiful carved soapstone animal.

City of Kirkland Recreation Classes & Programs Spring & Summer 2019
**Ukrainian Egg Decorating**

**Age 10 & up** Legend has it that as long as Pysanky are decorated, goodness over evil will prevail throughout the world. Dye and decorate fresh eggs using a wax-relief technique that is an ancient tradition, called Pysanky. Learn what colors and designs have symbolic meaning to create your own messages. Each participant will make at least 2 eggs to take home. Youth (min age 10yo) and adult classes combined. Instructor will collect a supply fee of $10 at beginning of class.

6316 Sat May 11 10am-1pm
6317 Sat July 27 10am-1pm
$30 R / $36 NR PKCC Instr: Larissa Chuprina

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**Young Rembrandts Saturday Cartooning Class**

**Age 5-12** Learn to create exciting cartoon imagery filled with dynamic characters and expressive personalities. You will develop visual story-telling skills by drawing humorous sequential images. Young Rembrandts teaches all-new lessons every week, and all lessons are both educational and FUN. Media includes pencils, Sharpies, and colored markers. We provide all materials and a trained art instructor. Enroll today!

6311 Sat Apr 13-May 4 11:30am-12:30pm
6312 Sat May 11-June 1 11:30am-12:30pm
6313 Sat June 8-June 29 11:30am-12:30pm
6314 Sat July 6-July 27 11:30am-12:30pm
6315 Sat Aug 3-Aug 24 11:30am-12:30pm
$55 R / $66 NR NKCC Instr: Young Rembrandts

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**Young Rembrandts Saturday Drawing Class**

**Age 5-12** Have fun while learning to draw in realistic, abstract, and graphic styles! Young Rembrandts Drawing Classes teach new, seasonally-inspired lessons every session that explore artistic fundamentals. Every month includes an exciting lesson in Art History. Media includes pencils, colored pencils, Sharpies, and colored markers. We provide all materials and a trained art instructor. Everyone can learn to draw. We will teach you how!

6306 Sat Apr 13-May 4 10:15am-11:15am
6307 Sat May 11-June 110:15am-11:15am
6308 Sat June 8-June 29 10:15am-11:15am
6309 Sat July 6-July 27 10:15am-11:15am
6310 Sat Aug 3-Aug 24 10:15am-11:15am
$55 R / $66 NR NKCC Instr: Young Rembrandts

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**Cool Way to Cool Off!**

**Sprinkler Park**

**At Lee Johnson Field** Downtown Kirkland

Join us this summer at Lee Johnson Field for Sprinkler Park Thursdays. A variety of sprinklers, suitable for all ages, will be set up for everyone to enjoy and cool off from the summer heat!

**Thursdays July 11-Aug 22, 12-3pm**

Parking is available in parking garage under library
Children 10 and under must be supervised by an adult

See page 18 for Registration Information or Register Online at KirklandParks.net
Cooking

Creating in the Kitchen with Karen

Your child will practice creativity and culinary skills while learning kitchen safety and developing healthy eating habits. Plan, prep, and prepare for a gastronomic good time! Note Location: McAuliffe Park, 10824 NE 116th St. Kirkland, 98034 (enter off of 108th Ave NE). $10.00 Supply fee payable to instructor the first day of class. No class on May 27.

Age 3-5

6022 Mon Apr 15-June 10 2:45pm-3:45pm
$89 R / $107 NR Location: McAuliffe Park Instr: Karen Renfroe-Gielgens
6024 Mon June 17-July 29 2:45pm-3:45pm
$78 R / $94 NR Location: McAuliffe Park Instr: Karen Renfroe-Gielgens

Age 4-8

6023 Mon Apr 15-June 10 4:15pm-5:15pm
$89 R / $107 NR Location: McAuliffe Park Instr: Karen Renfroe-Gielgens
6025 Mon June 17-July 29 4:15pm-5:15pm
$78 R / $94 NR Location: McAuliffe Park Instr: Karen Renfroe-Gielgens

Dinner & Dessert with Karen

Come have some fun learning to create a three course meal fit for your family dinner including dessert! Each day we will have new recipes and will talk about: picking fresh and healthy ingredients, chopping, measuring, and the correct cooking method needed for each course. This program is hands-on so dress for cooking and an explosion of flavor! Instructor: Karen Renfroe-Gielgens *Location: McAuliffe Park, 10824 NE 116th St. Kirkland. To enter the park, head north on 108th Ave NE from NE 116th St., then turn into the 1st driveway on the right.

Age 3-6

6026 Tue-Thur July 30-Aug 1 1pm-3pm
$133 R / $160 NR Location: McAuliffe Park Instr: Karen Renfroe-Gielgens

Age 7-8

6027 Tue-Thur Aug 6-Aug 8 1pm-3pm
$133 R / $160 NR Location: McAuliffe Park Instr: Karen Renfroe-Gielgens

Sunset Stand Up Paddleboard Tours With Lesson

Age 8 & up Learn the basics of Stand Up Paddleboarding (SUP) and enjoy an evening tour of Juanita Bay. On-shore and on-water instruction provided by experienced guides who lead the paddlers on a tour of the warm waters of Juanita Bay. Wildlife sighting is common with waterfowl, turtles, otters, eagles and herons all residents of the bay. All equipment is included and properly fitted to each paddler. Class meets at the bath house in Juanita Beach Park. This activity is a great family activity as it’s open for ages 8 and up, with ages 8 to 11 requiring adult accompaniment.

7918 Sat June 29 6:45pm-8:45pm
7919 Sat July 27 6:30pm-8:30pm
7920 Sat Aug 17 6pm-8pm
7921 Sat Sep 14 5pm-7pm
$50 R / $60 NR Location: Juanita Beach Park Instr: Northwest Paddle Surfers

UK Elite Soccer Individual Development

The UK Elite Soccer Individual Development Program offers the best possible professional training for young soccer players. Players are divided into groups that match our age-specific curriculum. Players will learn technical and tactical aspects of soccer using a variety of skill based games and drills.

Age 5-8

5698 Tue Apr 9-May 21 4:30pm-6pm
$100 R / $120 NR Location: Juanita Beach Park Instr: UK Elite

Age 9-14

5699 Tue Apr 9-May 21 6pm-7:30pm
$100 R / $120 NR Location: Juanita Beach Park Instr: UK Elite

Ice Skating

Tuesdays Age 4-Adult
Wednesdays Age 5-Adult

Whether you are a beginner or would like to enhance your present skill level (figure skating or ice hockey), we encourage children and adults to join. Students will be divided into their skill level first and age level second. Skates will be provided and helmets are highly recommended. Classes will be held at Sno-King Ice Arena; 14326 124th Ave NE, Kirkland WA 98034. Registration deadline is: Two weeks prior to start of first class. Please arrive ½ hour before class to get skates on. Please wear warm clothes. No class on June 4, 5.

Six-week course

7895 Tue Apr 30-June 11 10:45am-11:45am
7896 Wed May 1-June 12 6pm-7pm
7899 Wed July 17-Aug 21 6pm-7pm
$143 R / $172 NR Location: Sno King Ice Arena

Seven-week course

7897 Tue July 9-Aug 20 10:45am-11:45am
$165 R / $198 NR Location: Sno King Ice Arena

Dream Team Cheer Squad

Ages 7-18 Be a part of the Kirkland Parks cheer squad! You’ll learn dances, cheers, and beginning tumbling. There will be opportunities to perform too including at the Seattle Storm and UW! Previous experience not required. Cheer classes are run by Eastside Dream Elite Cheer & Dance, www.EastsideDreamElite.com. (Some extra costs may be incurred for this class.) No class on May 31.

5976 Thur Apr 18-Jun 13 5:00pm – 6:00pm
$127 R / $152 NR NKCC Instr: Eastside Dream Elite
Youth Dance, Movement & Gymnastics

Hip Hop Girls 1
**Age 5-7**
In this high-energy, age-appropriate class, girls will learn the latest moves to “today’s” (clean version) of music. Build self-esteem, enhance your coordination and stay fit. Wear comfortable clothing and shoes, and bring a water bottle to class! **No class on July 4.**

- **5988** Thu Apr 18-June 6 4:30pm-5:15pm
- **5991** Thu June 20-Aug 15 4:30pm-5:15pm
- **$76 R / $91 NR** NKCC
  Instr: TBA

Hip Hop Boys 1
**Age 5-7**
Boys can benefit from dance and the concentration and strength that dance builds. These classes are designed to encourage athleticism and to feel more comfortable and accomplished in an environment designed just for boys. Express yourself through music and dance using the dynamic dance style of hip hop, focusing on the culture, style, and funk. **No class on July 4.**

- **5989** Thu Apr 18-June 6 5:20pm-6:05pm
- **5992** Thu June 20-Aug 15 5:20pm-6:05pm
- **$76 R / $91 NR** NKCC
  Instr: TBA

Youth Hip Hop
**Age 7-11**
Bust a move in this fun, high energy, street dance style class taught to “cleaned-up” versions of fast paced Hip Hop music. For newbies and kids with experience. Wear comfortable clothing and shoes, and bring a water bottle to class! **No class on July 4.**

- **5990** Thu Apr 18-June 6 6:15pm-7pm
- **5993** Thu June 20-Aug 15 6:15pm-7pm
- **$76 R / $91 NR** NKCC
  Instr: TBA

Ballet 1 Youth
**Age 5-7**
This class introduces ballet technique to the older student while challenging the younger experienced student. Ballet vocabulary, alignment, posture, strength, and fluidity will be the focus through barre exercises, floor, and center work. Prerequisite for 5 year olds: Preschool Dance B or equivalent experience. 5 year olds must register by phone at 425-587-3350. Bring your cameras for Parent Watch day on the last day of session. Leather soled ballet shoes required. **No class on May 25, July 6.**

- **6198Sat** Apr 20-June 22 11:30am-12:20pm
- **$86 R / $103 NR** NKCC
  Instr: Grace Kincaid
  - **6225** Sat June 29-Aug 24 11:30am-12:20pm
- **$76 R / $91 NR** NKCC
  Instr: Grace Kincaid

Ballet/Tap Combo C
**Age 5-7**
For students who have completed Ballet/Tap Combo B. We’re going to be busy developing & expanding on the skills that were introduced in Combo B. Parents may join us for the last class to watch and take pictures. Ballet slippers and tap or dress shoes required! **No class on July 2.**

- **6197Tue** Apr 16-June 18 5:45pm-6:30pm
- **$95 R / $114 NR** NKCC
  Instr: Osiris Reynoso-Lotts
  - **6224Tue** June 25-Aug 20 5:45pm-6:30pm
- **$76 R / $91 NR** NKCC
  Instr: Osiris Reynoso-Lotts

Teen Dance

Teen - Ballet
**Age 10 & up**
Learn ballet technique, dance vocabulary, practice exercises at the barre, stretching and center floor work. Emphasis is on improving balance, coordination, alignment and strength all taught in a positive and supportive environment. Students will also learn specific steps and creative movement. This fun, invigorating class for boys and girls is a balance of activities and musical awareness. Two ballet classes per week are recommended for continual progress. **No class on May 27.**

Instructor: Marco Carrabba, Ballet master/Choreographer-Carrabba Dance Theatre has a 20 year distinguished professional dance career and over 18 years’ experience teaching and choreographing ballets for students of all levels, as well as an extensive theater background. Dance companies include PNB, San Francisco, Boston, Stuttgart and Hamburg Ballet.

- **6318** Mon Apr 1-May 6 4:15pm-5:15pm
- **6319** Mon May 13-June 24 4:15pm-5:15pm
- **6320** Mon July 1-Aug 5 4:15pm-5:15pm
- **$66 R / $79 NR** NKCC
  - **6321** Mon Aug 12-Aug 19 4:15pm-5:15pm
  - **$22 R / $26 NR** NKCC

See page 18 for Registration Information or Register Online at KirklandParks.net