348 Kirkland Ave
Kirkland, WA 98033
425.822.3088 • ymcaktub.org

Through the Kirkland Teen Union Building, the Y strives to meet and exceed the social and cultural needs of young people while offering resources that empower them to become active, caring and responsible community members. As a recreation, resource and arts center, this unique facility gives teens a positive, supportive environment to develop their skills, connect with their peers and make a difference locally. The Y is dedicated to youth development, and alongside our partners and supports we’re working to strengthen our community now and for the future.

Summer Hours
Mon, Tues, Thurs: 1:00–7:00pm
Wed: 12:00–6:00pm
Fri: 1:00–8:00pm

Music Stage:
It’s Friday Night! Come check out one of our many Friday events! From Open Mic’s, Open DJ and eSports tournaments on our stage projector!
1st & 3rd Fri: Open Mic: 6–8pm
2nd & 4th Fri: eSports Tournament: 5–7pm
For more information contact KTUB staff: KTUB@seattleymca.org

Drop In
Open to ages 13 to 19 during open hours of operation. Play Pool, Ping Pong or competitive video games! Learn basic robotics on Cozmo and Vector or create your own custom beats in our brand new Tech Lab! Once you’re ready, take your creation into our updated music studio and record vocals over your new music project!
Check out a laptop to work on homework or career advancement in our Study Lab or join us on one of our many spur-of-the-moment activities to occasional field trips. Come find out what YMCA KTUB is and how you can get involved! Drop-in activities include: Music and Technology, Game Club, Music Exploration, Art Room, Game Room, Tech Lab, Study Lab, Music Studio, Career Services, Film, Technology and more.

KTUB PROGRAMS  Ages 13–19

KTUB offers a regular schedule of classes with special offerings throughout the year. Programs range from eSports competitive gaming to painting to learning the ins and outs of Live Sound. While some of our classes have small joining fees, we always strive to make rates affordable and make scholarships available. Because many of our programs are based on youth voice and input, we are constantly adding new and exciting options. For most up to date information list our website at ymcaktub.org or email ktub@seattleymca.org.

Monthly Community Service
Come join KTUB on their monthly service projects, and gain some community service hours as well! Take part in fun projects such as, teaching kids technology, connecting with seniors, community cleanup, and many more. Each month there will be a different opportunity!
For information contact Cameron Jensen, cameronjensen@seattleymca.org • Transportation is provided

Resume Building and Career Development
Mondays, 4:00–5:00pm
Join us every Monday from 4:00pm to 5:00pm and learn how to make your resume stand out from the rest! We will cover a large array of topics and techniques to get your career heading in the direction of your dreams.
- Understand your achievements and skills
- Define or reaffirm your career objectives
- Increase your awareness of your own marketability
- Enhance your interviewing skills because of greater self-awareness
- Evaluate the fit and appropriateness of job postings
- Expand your career opportunities by identifying transferable skills

Paint for a Cause
1st Tuesday of the month, 5:00–7:00pm
KTUB partners with GGB, Girls Giving Back, to create one of a kind art which is donated to recent GGB shelter renovations. This FREE workshop is the perfect way to get involved in community service or for a budding artist! Supplies provided, bring your creative juices! Calling ahead is appreciated, so we can reserve your canvas.
For more info check out these websites: ymcaktub.org and Girlsgivingback.org

Creative Coding Workshops
Play with something new and exciting each week! In this program we will explore all types of cutting edge technology ranging from Snapchat filters to creating your very own smart devices! This program will run 6 weeks and each week will touch on a new topic.
Contact Cameron Jensen for registration.

New Tech Lab
Drop in and learn to 3D print, create flyers and posters in Adobe Illustrator and Photoshop, mix and master your musical creations using Avid’s Pro Tools, learn the basic of A.L. and coding with Cozmo the Robot and Vector! If you have a passion for technology, then come down and check out our new Tech Lab share with us in our passion for new tech and innovation.

Friday Feed
Every Friday, 6:00–7:00pm
Friday Feed is a free meal program offered at KTUB every Friday night at 6:00pm and is open to all young people between the ages of 13-22. While the primary goal of this program is to meet a basic need by providing teens with a well-balanced meal, Friday Feed also strives to collaborate with local groups and organizations to build community, create a culture of social responsibility, and promote healthy living.
FREE • Interested in sponsoring? Contact: Adjackson@seattleymca.org

REGISTER @ YMCAKTUB.ORG
**PROGRAMS**  Ages 13–19

**Ping Pong Tournaments**  
**Mondays, 5:00pm**  
Ping pong master? Don’t miss out on our weekly tournaments. Weekly winner will receive a $10 gift card.  
*Details: Cody, CChriest@seattleymca.org*

**College P.R.E.P**  
**(Planning, Readiness, Expectations, and Preparation)**  
Thinking about college? Let KTUB staff support you. KTUB staff will work with youth weekly to help guide them, and make sure that they are on track to meet necessary academic requirements. Youth will work with a staff member to identify different secondary options, and resources for funding, suited to their needs. Staff will assist with the college preparation and application process. Weekly.  
*Call 425.822.3088 for more information and to sign up*

**YMCA eSports Team**  
**Thursdays, 4:00–6:00pm • LIMITED SEATING**  
You read it correctly! YMCA KTUB is currently recruiting young competitive gamers looking to take their game to the next level! Join the Esports team and discover what it takes to become a competitive esports athlete. If you are a gamer looking for a structured team setting, then come join our YMCA eSports team as we work on sportsmanship, teamwork, communication, college recruitment and of course gaming.  
*Please contact Antione Jackson for more information Adjackson@seattleymca.org*

**Music Technology**  
**Wednesdays, 4:00–5:30pm and some Fridays when we have a show.**  
Learn how to setup and produce/mix live shows, operate a live sound system, mix live bands, and more! This class is for beginners and those with experience alike. Get hands on experience running live sound alongside our technician while learning the ins and outs of the industry and processes.  
*Earn volunteer hours and experience working facility rentals with our technician. For more information contact KTUB Staff Cody, CChriest@seattleymca.org*

**MUSIC PROGRAMS**

**Mackie Stage Shows**  
**Every 4th Friday**  
Youth artists & bands take the KTUB Mackie stage! Main stage shows are booked in advance. Please contact staff for show openings. Tickets for sale in advance or at the door. Ticketing prices vary.  
*For booking information contact our staff: Cody, CChriest@seattleymca.org*

**Studio Reservation**  
Youth may call in advance and reserve our newly remodeled music studio space for practice or private studio recording. 2 hours max time limit per youth or group.  
*424-822-3088 / KTUBMUSIC@seattleymca.org*

**Rock Band Club**  
A comprehensive class on how to perform in a rock band! Students will need prior experience in playing the instrument that they will play in the band. Students will need to audition for this club. Students in this class will learn how to play full songs and play on the KTUB Mackie Stage!  
*Info: contact Cody Chriest CChriest@seattlymca.org*

**Music Studio Drop-in Activities**  
**Tuesdays & Fridays**  
Drop in and learn the basic or pick up a few new techniques in one of our many instrument lessons drop in classes. DJ lessons, Drum lessons, Bass lessons, Piano/Keyboard Lessons! Drop in or register for lessons!  
*Contact for registration: Cody Chriest, CChriest@seattleymca.org, 425-822-3088*

**OUTREACH/COUNSELING**  
**Y(outh) E(astsides) S(ervices)**  
KTUB partners with YES to provide an on-site counselor who provides free services to youth by scheduled appointment or drop-in. Young people can also connect with the YES team, who assist homeless young people with case management, finding shelter, transportation, access to health care or work towards family reconciliation when possible.  
*Mon, Tues, Wed, Fri 2pm—7pm*  
*Tyrelle@youtheastside.services.org*

**FACILITY RENTALS**  
KTUB is the perfect venue for dances, birthday parties, graduations, and other group events. With stages, dance floor, café, and lounge, KTUB facility can accommodate any occasion. Our recently renovated board room is great for community meetings. KTUB rental opportunities are based upon the discretion of the staff team, and are events that support our youth driven mission.  
*More details: Adjackson@seattleymca.org*

See page 18 for Registration Information or Register Online at KirklandParks.net