Preschool Dance, Movement & Gymnastics

**Little Tumblers 1**

**Age 3-4** FUNdamental tumbling is geared toward the 3 and 4 year old preschooler. Basic skills are taught on floor mats. Introduction to low balance beam, bar, and trampoline. Emphasis is placed on coordination, technique, and FUN! Please dress comfortably in shorts, T-shirts or leotards. No clothing with buttons or zippers. No class on June 25, 28.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Code</th>
<th>Location</th>
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<tbody>
<tr>
<td>5961</td>
<td>Tue</td>
<td>Apr 16-May 21</td>
<td>3:40pm-4:25pm</td>
<td>$54 R / $65 NR</td>
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**Little Tumblers 2**

**Age 4-6** For children with previous tumbling experience only. Review tumbling skills and advance to the next level with additional work on all apparatus. Please dress comfortably in shorts, T-shirts or leotards. No clothing with buttons or zippers.

<table>
<thead>
<tr>
<th>Date</th>
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**Ballet A**

**Age 3-4½** This exciting introduction to creative dance emphasizes musical expression, coordination and movement exploration. Mirrors and music create an enchanting dance environment. Parents may join us for the last class to watch and take pictures. Ballet slippers required! No class on May 25, 27 & July 1, 3, 4.

<table>
<thead>
<tr>
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<td>9:30am-10:15am</td>
<td>$76 R / $91 NR</td>
<td>NKCC Kari Rohr</td>
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**Ballet/Tap Combo A**

**Age 3-4½** Remember your first pair of shiny black tap shoes? We do! Tap was so much fun we added it to our Preschool Ballet Class! This class will introduce the very beginning movements of ballet and the toe tapping sounds of tap. Parents may join us for the last class to watch and take pictures. Ballet slippers and tap or dress shoes required! No class on May 27 & July 1, 3, 4.

<table>
<thead>
<tr>
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**Refund policy is on page 18.**
Preschoolers

Ballet B

Age 4-6  Older preschoolers and children with previous dance experience will explore musicality, artistic expression and a repertoire of dance steps. Parents may join us for the last class to watch and take pictures. Ballet slippers required! **No class on May 25, 27 & July 1, 4, 5, 6.**

<table>
<thead>
<tr>
<th>Code</th>
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Ballet/Tap Combo B

Age 4-6  Ballet and Tap are explored in this class for the older preschooler and also for children with previous dance experience. Parents may join us for the last class to watch and take pictures. Ballet slippers and tap or dress shoes required! **No class on July 2, 3.**

<table>
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<td>NKCC</td>
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<tr>
<td>6223</td>
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<td>4:50pm-5:35pm</td>
<td>$95 R / $114 NR</td>
<td>NKCC</td>
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Ballet/Tap Combo C

Age 5-7  For students who have completed Ballet/Tap Combo B. We’re going to be busy developing & expanding on the skills that were introduced in Combo B. Parents may join us for the last class to watch and take pictures. Ballet slippers and tap or dress shoes required! **No class on July 2.**

<table>
<thead>
<tr>
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<tr>
<td>6224</td>
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<td>5:45pm-6:30pm</td>
<td>$76 R / $91 NR</td>
<td>NKCC</td>
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Jazz For Children

Age 3-4½  JAZZ - It’s fun, upbeat, and allows for just enough ‘free dance’. This might be the perfect combination class since ballet techniques are taught through jazz. Start with a simple warm up followed by intros to turns, kicks, and leaps, with time for free form expression. Parents may join us for the last class to watch and take pictures. Leather soled ballet shoes required. **No class on July 3.**

<table>
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<td>9:40am-10:25am</td>
<td>$76 R / $91 NR</td>
<td>NKCC</td>
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Rhythmic Gymnastics Level 1

Age 4-5  La Luna Rhythmic Gymnastics Academy introduces the beautiful Olympic sport of Rhythmic Gymnastics through introductory classes at their Kirkland gym. Self esteem, discipline, flexibility, dance and artistry, concentration, eye/ hand coordination, and aerobic exercise are some of the benefits of this unique sport. Gymnasts learn basic ballet positions and practice routines to music using balls, hoops and ribbons. Instructor Arzu Karaali has trained athletes for National and International competitions and has worked as a choreographer for the Olympic Games. Location: La Luna Gym, 11251 120th Ave NE Suite #150 Kirkland, WA 98033. www.lalunagym.com. **No class on May 25.**

Introduces students to basic positions of Ballet and Rhythmic Gymnastics apparatus while encouraging confidence, creativity, flexibility of movement and self-expression. No experience necessary. Gymnastics leotard and also leggings or tights and short white socks required.

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<td>7901</td>
<td>Sat</td>
<td>Apr 20-June 15</td>
<td>11am-12pm</td>
<td>$144 R / $173 NR</td>
<td>Location: La Luna Gym</td>
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Kids In Motion

Up and over, under and through, balls and streamers, tunnels and YOU! Meet friends, build confidence and have FUN developing their large muscle motor skills. This program progresses with your child...they’ll be crawling, climbing, balancing, and bouncing!

Kids In Motion A

Age 2½-3  These 45-minute classes are for children only.

<table>
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Kids In Motion B

Age 3-4  These 45-minute classes are for children only.

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<td>$38 R / $46 NR</td>
<td>NKCC Instr: Jessica Anderson</td>
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Ballet & Jazz Instructors:

Jen Pineda (Mondays)
Osiris Reynosa-Lotts (Tues, Wed PM)
Leo Reich (Wednesdays AM)
Tiana Goldensohn (Thursdays)
Jazrelle Kellough (Fridays)
Grace Kincaid (Fridays)
Music

Move Over Mozart Piano Classes
A piano-learning program where children participate in musical activities and learn from each other as well as their teacher. Learn to play familiar tunes on the piano, read music, and basic music theory for a lifetime of musical enjoyment. Having a piano at home is recommended but not required. Class recitals are scheduled throughout the year. New materials each session. A one-time, $20 materials fee, payable to instructor, is due on the first day of class. Class size is limited to 6. Additional classes may be added based on wait lists. For more information visit moveovermozart.net. No class on May 27, July 4.

Move Over Mozart Piano Classes
Age 5-6
6079 Mon Apr 15-June 17 4:30pm-5pm
$117 R / $140 NR
NKCC
6080 Tue Apr 16-June 18 4pm-4:30pm
6076 Tue Apr 16-June 18 5:30pm-6pm
6081 Tue Apr 16-June 18 6pm-6:30pm
$130 R / $156 NR
NKCC
6082 Thu Apr 18-June 20 4:30pm-5pm
6083 Thu Apr 18-June 20 6pm-6:30pm
$130 R / $156 NR
NKCC
6169 Mon June 24-Aug 19 4:30pm-5pm
$117 R / $140 NR
NKCC
6170 Tue June 25-Aug 20 4pm-4:30pm
6166 Tue June 25-Aug 20 5:30pm-6pm
6171 Tue June 25-Aug 20 6pm-6:30pm
$117 R / $140 NR
NKCC
6172 Thu June 27-Aug 22 4:30pm-5pm
6173 Thu June 27-Aug 22 6pm-6:30pm
$104 R / $125 NR
NKCC

Age 7-8
6159 Mon Apr 15-June 17 5:30pm-6pm
$117 R / $140 NR
NKCC
6161 Mon Apr 15-June 17 6pm-6:30pm
$117 R / $140 NR
NKCC
6160 Thu Apr 18-June 20 5pm-5:30pm
6174 Mon June 24-Aug 19 5:30pm-6pm
6176 Mon June 24-Aug 26 6pm-6:30pm
$117 R / $140 NR
NKCC
6175 Thu June 27-Aug 22 5pm-5:30pm
$104 R / $125 NR
NKCC

Art

Young Rembrandts Preschool Drawing Class
Come draw colorful, kid-friendly subjects while having fun with friends! As children learn to draw and color with our step-by-step method, they develop hand-eye coordination, fine motor skills, and attention to detail - essential skills for kindergarten readiness! Our kid-friendly, seasonally inspired lessons are brand-new every week. Come draw with us!

Age 3½-5
6301 Sat Apr 13-May 4 9am-9:45am
6302 Sat May 11-June 1 9am-9:45am
6303 Sat June 8-June 29 9am-9:45am
6304 Sat July 6-July 27 9am-9:45am
6305 Sat Aug 3-Aug 24 9am-9:45am
$45 R / $54 NR
NKCC
Instr: Young Rembrandts

Art Adventures
Age 3-5 You’re a little bit older, and now ready for this, a safari in art you won’t want to miss. So lace up your boots, on a hunt we will go, that will take us through paint lands and mountains of dough. We’ll capture the colors and textures and more, and release them to projects you’re sure to adore! Parent participation optional.

Art Adventures
Age 3-5
6040 Wed Apr 17-May 1 9:30am-10:15am
6041 Wed May 8-May 22 9:30am-10:15am
6042 Wed June 5-June 19 9:30am-10:15am
$27 R / $32 NR
NKCC
Instr: Casey Myers-Morgan
Engineering For Kids

Junior Civil Engineering

Age 4-6  The Junior Civil Engineering program is designed to introduce young engineers to the basic concepts of engineering as it relates to building and construction. Students will design and construct their own skyscrapers, bridges, roads and a house designed to withstand the blows of The Big Bad Wolf! $35 supply fee payable to the instructor at the first class.

6147  Wed  Apr 17-May 22  3:15pm-4:00pm
$100 R / $120 NR  NKCC  Instr: Engineering For Kids

General Programs

ABC & 123 “Preschool & Kindergarten Readiness”

Age 3½-4  Is your child ready for preschool or kindergarten? We’re here to help them develop the social, cognitive and language skills they need in this exciting play-based class! Students will be shown that learning is fun through science, art, and motor activities, as well as focused academic activities. 1-8 teacher student ratio. Learning has never been so much fun!

5979  Tue  Apr 16-June 18  10:45am-12pm
5981  Tue  Apr 16-June 18  9:15am-10:30am
$136 R / $163 NR  NKCC  Instr: Kari Rohr

Creating in the Kitchen with Karen

Your child will practice creativity and culinary skills while learning kitchen safety and developing healthy eating habits. Plan, prep, and prepare for a gastronomic good time! Note Location: McAuliffe Park, 10824 NE 116th St. Kirkland, 98034 (enter off of 108th Ave NE). No class on May 27.
Instructor: Karen Renfroe-Gielgens

Age 3-8

6022  Mon  Apr 15-June 10  2:45pm-3:45pm
$89 R / $107 NR  Location: McAuliffe Park
6024  Mon  June 17-July 29  2:45pm-3:45pm
$78 R / $94 NR  Location: McAuliffe Park

Age 4-8

6023  Mon  Apr 15-June 10  4:15pm-5:15pm
$89 R / $107 NR  Location: McAuliffe Park
6025  Mon  June 17-July 29  4:15pm-5:15pm
$78 R / $94 NR  Location: McAuliffe Park

Knee Hi Investigators for 4’s & 5’s

In this preschool class we will investigate a variety of topics and include a science experiment or art activity. Each session there will be a new topic.

Forest, Rain Forest & Desert

Age 4-5  Put on your explorer hats as we will head to different environments! Each week we will investigate and create different plants and animals from these ecosystems. 3 classes.

6060  Tue  June 4-June 18  10:30am-11:30am
$35 R / $42 NR  NKCC  Instr: Jessica Anderson

Hooting, Humming & Clucking Birds!

Age 4-5  Can your balance on one leg like a flamingo? Do all birds fly, what about a chicken? Is a Seahawk a real bird? We’ll investigate these questions and create our own bird feeder and nest! 3 classes.

6059  Tue  May 7-May 21  10:30am-11:30am
$35 R / $42 NR  NKCC  Instr: Jessica Anderson

Insects, Bugs & Creepy Crawlers

Age 4-5  Does a stink bug really stink? How many legs does a caterpillar have? What is a butterfly’s favorite food? Learn all this and more while making your own slug slime! 3 classes.

6058  Tue  Apr 16-Apr 30  10:30am-11:30am
$35 R / $42 NR  NKCC  Instr: Jessica Anderson
Pee Wee Soccer League • Ages 3 to 6 Years

The Pee Wee Soccer League is focused on fun, participation and socialization. The league is structured in a “team” format meaning your child will be placed on a team of 10 and assigned a volunteer coach. The program meets on Saturday mornings/early afternoons. The program is one hour in duration with the first 20 or 30 minutes of the hour, depending on age division, devoted to practice. The last 30 or 40 minutes are reserved for a friendly, recreational-style soccer game. Game start times will range from 9am to 2pm and start on the hour. One buddy request allowed.

Choose to play at one of two locations:

**Location 1** Emerson High School, 10903 NE 53rd St

- **Spring** 3 to 4 year olds Sat Apr 13 – May 18 5783
- **Spring** 5 to 6 year olds Sat Apr 13 – May 18 5784
- **Fall** 3 to 4 years olds Sat Sept 7 – Oct 12 5980
- **Fall** 5 to 6 years olds Sat Sept 7 – Oct 12 5981

**Location 2** 132nd Square Park, 13159 132nd Ave NE

- **Spring** 3 to 4 year olds Sat Apr 13 – May 18 5785
- **Spring** 5 to 6 year olds Sat Apr 13 – May 18 5786
- **Fall** 3 to 4 years olds Sat Sept 7 – Oct 12 5982
- **Fall** 5 to 6 years olds Sat Sept 7 – Oct 12 5983

Interested in coaching?

Our program would not be possible without the help of amazing volunteer coaches. The more coaches we get, the more kids we can get registered! Multiple Pee Wee Volunteer Coaches are needed for each age group. Coaches receive a coaches shirt and a coaches packet with lesson plans. Coaching requires a 1–1 ½ hours per week time commitment (practice, games, prep.) We supply you with all your equipment and a non-competitive, fun and instructional lesson plan. Email sconway@kirklandwa.gov if interested!

**Pee Wee Sports Sampler | Preschoolers**

**Age 3-5** Kids will be able to sample a variety of basic sports skills, build self-confidence and have fun. The students will learn the elements that are needed to build a strong foundation of soccer, basketball, t-ball, track and field and more with a different sport spotlighted each week. The Pee Wee Sports Sampler is taught by Kirkland Parks staff and will cultivate the values, skills and relationships that lead to positive behaviors all in a fun atmosphere. The sampler is taught at Parkland Park Community Center.

**Mighty Mite Martial Arts**

**Age 4-6** Miller Martial Arts Academy introduces Martial Arts to boys and girls. Learn non-violent conflict resolution, better concentration and listening skills, and build coordination, flexibility and self-control. At this age there will never be contact between participants. The last week of class we will have a graduation ceremony to a Mighty Mite White Belt. Location: Miller Martial Arts Academy, 8920 122nd Ave NE Kirkland. No class on May 25.

5977 Wed Apr 17-May 5 2:45pm-3:15pm 5978 Sat Apr 20-June 15 11am-11:30am $38 R / $46 NR Location: Miller Martial Arts Instr: Korbett Miller

**Ice Skating**

**Tuesdays Age 4-Adult**

**Wednesdays Age 5-Adult**

Whether you are a beginner or would like to enhance your present skill level (figure skating or ice hockey), we encourage children and adults to join. Students will be divided into their skill level first and age level second. Skates will be provided and helmets are highly recommended. Classes will be held at Sno-King Ice Arena; 14326 124th Ave NE, Kirkland WA 98034. Registration deadline is: Two weeks prior to start of first class. Please arrive ½ hour before class to get skates on. Please wear warm clothes. No class on June 4, 5.

**Six-week course**

7895 Tue Apr 30-June 11 10:45am-11:45am $133 R / $163 NR Location: Sno King Ice Arena

7896 Wed May 1-June 12 6pm-7pm $152 R / $187 NR Location: Sno King Ice Arena

7899 Wed July 17-Aug 21 6pm-7pm $152 R / $187 NR Location: Sno King Ice Arena

**Seven-week course**

7897 Tue July 9-Aug 20 10:45am-11:45am $165 R / $198 NR Location: Sno King Ice Arena
Saturday, September 7th
11:00am @ Juanita Beach Park
Age 3 – 12 years $34.00 • Course Code 6116

Participants will receive a T-Shirt, swim cap, and ribbon!
This non-competitive, non-timed event provides an excellent opportunity for youth to experience the sport of triathlon.

Friday, March 22 • 6:30-8:30 pm • Ages 3 to 10 years with Dad, Grandpas, uncles or other father figures.

Come along and follow me to the bottom of the sea we’ll join in the Jamboree at the Mermaid Ball! Enjoy refreshments, dancing, a mermaid craft, and a commemorative photo at our very first Mermaid Ball. If you’ve loved our winter themed ball, wait till you see our “under the sea” theme! Make a splash with your little mermaid and sign up early for this event before it’s sold out!

Register each child separately for course #5329 at www.kirklandparks.net or call 425-587-3336.

NOTE: Please eat dinner before coming to the dance. Light refreshments will be served.

$35.00 per child (WA State Sales Tax included)