

Dance, Movement, & Gymnastics

Ballet 1 Youth

Ballet vocabulary, alignment, posture, strength, and fluidity will be the focus through barre exercises, floor, and center work. Parents invited to watch on the last day of class. Leather-soled ballet shoes required. Prerequisite for 5 year olds: Preschool Dance B or equivalent experience (No class 5/25, 8/1)

AGE:5-7

18237	Sat	4/20-6/22	10:45-11:30am	R \$86/NR \$103
19130	Thu	7/11-8/22	11:15am-12pm	R \$57/NR \$68
18239	Sat	7/13-8/24	10:45-11:30am	R \$67/NR \$80

LOCATION: NKCC

INSTRUCTOR: ULIANA CLAROS



Youth Hip Hop

Build self-esteem, enhance coordination, and stay fit in these high-energy age-appropriate classes. Express yourself using the dynamic style of hip hop, focusing on the culture, attitude, style, and funk. Wear comfortable clothing and shoes and bring a water bottle to class. Parents are invited to watch on the last day of class. Hip Hop encourages athleticism, self-expression, confidence, and a feeling of accomplishment. (No class 6/19)

HIP HOP KIDS

AGE:5-7

18308	Wed	4/17-5/22	4:15-5pm	
18311	Wed	6/5-7/17	4:15-5pm	
				R \$60/NR \$72
18314	Wed	7/24-8/21	4:15-5pm	
				R \$50/NR \$60

HIP HOP YOUTH I

AGE:7-11

18309	Wed	4/17-5/22	5:05-5:50pm	
18312	Wed	6/5-7/17	5:05-5:50pm	
				R \$60/NR \$72
18315	Wed	7/24-8/21	5:05-5:50pm	
				R \$50/NR \$60

HIP HOP YOUTH II

AGE:7-11

18310	Wed	4/17-5/22	6-6:45pm	
18313	Wed	6/5-7/17	6-6:45pm	
				R \$60/NR \$72
18316	Wed	7/24-8/21	6-6:45pm	
				R \$50/NR \$60

LOCATION: NKCC

INSTRUCTOR: DUFON SMITH

Kids' Zumba

NEW

Welcome to the dance party! This class is a high-energy dance party packed with kid friendly dance routines. During the session, the students will work on improving their flexibility, strength, and confidence. This class will encourage students to dance outside-the-box and bring their own personality to each movement.

AGE:6-10

19167	Thu	4/18-6/6	4pm-4:45pm	
				R \$120/ NR /NR\$144
19171	Thu	7/25-8/22	4-4:45pm	
				R \$75/NR \$90

LOCATION: NKCC

INSTRUCTOR: TANYA DANCE FITNESS

Dream Team Cheer Squad

Be a part of the Kirkland Parks cheer squad! You'll learn dances, cheers, and beginning tumbling. There will be opportunities to perform too, including at the Seattle Storm and UW! Previous experience not required. Cheer classes are run by Eastside Dream Elite Cheer & Dance, www.EastsideDreamElite.com. (Some extra costs may be incurred for this class.) Class continues throughout the school year.

AGE:7-15

16831	Thu	4/18-6/6	6-7:30pm	
				R \$145/NR \$174

LOCATION: NKCC

INSTRUCTOR: EASTSIDE DREAM ELITE

Elementary Tumbling

Coordination is the basis for any sport and dance genre, but also for something as simple as running! Work on coordination with Miss Janice's help on the beam, bar, and springboard, but also learn handstands and cartwheels. This class for the older elementary student is perfect for beginners and those with some tumbling experience. (No class 5/25)

AGE:7-10

17957	Wed	4/17-6/12	4:40-5:40pm	
17958	Wed	4/17-6/12	5:45-6:45pm	
17959	Sat	4/20-6/22	11:15am-12:15pm	
				R \$113/NR \$136
17960	Sat	7/13-8/17	11:15am-12:15pm	
				R \$75/NR \$90

LOCATION: NKCC

INSTRUCTOR: JANICE GOEBEL

GENERAL PROGRAMS

Capoeira

This exciting Brazilian martial art incorporates music and dance with a physical and mental discipline so that participants develop self-confidence and coordination. (No class 6/19)

AGE:4-6

18030	Mon, Wed	4/1-4/24	5-5:45pm
18031	Mon, Wed	4/29-5/22	5-5:45pm
18032	Mon, Wed	5/29-6/26	5-5:45pm
18033	Mon, Wed	7/1-7/24	5-5:45pm
18034	Mon, Wed	7/29-8/22	5-5:45pm

AGE:7-16

18039	Mon, Wed	4/1-4/24	6-7pm
18040	Mon, Wed	4/29-5/22	6-7pm
18041	Mon, Wed	5/29-6/26	6-7pm
18042	Mon, Wed	7/1-7/24	6-7pm
18043	Mon, Wed	7/29-8/22	6-7pm

R\$140/NR168

LOCATION: PKCC

INSTRUCTOR: COTY VALDEZ



Cooking with Karen

Your child will practice creativity and culinary skills while learning kitchen safety and developing healthy eating habits. Plan, prep, and prepare for a gastronomic good time! (No Class 4/10,5/22, 6/19)

AGE:6-10

17920	Wed	4/3-5/1	3:30-4:30pm
R \$60/NR \$72			
17922	Wed	5/8-5/29	3:30-4:30pm
17924	Wed	6/5-6/26	3:30-4:30pm
R \$45/NR \$54			

LOCATION: MCAULIFFE PARK ATRIUM

INSTRUCTOR: KAREN RENFROE-GIELGENS



MUSIC

Ukulele Fun-O-1 for Youth

Be a rockstar! Take the first steps, and let's learn to play the ukulele. Learn a few chords and start playing songs in the first class, from Twinkle-Twinkle Little Star to Taylor Swift, this will be a great start for your music career. Bring a ukulele and let's rock!

AGE:10-13

17965	Tue	4/16-5/14	4:30-5:15pm
17968	Tue	5/21-6/18	4:30-5:15pm

R \$50/NR \$60

LOCATION: NKCC

INSTRUCTOR: JULIE METTEER

Crescendo Kids Piano Classes by Move Over Mozart

Piano classes are designed specifically to meet your child's development and learning styles. Classes include basic music theory, one-on-one piano time, and games or activities all designed to teach and motivate your child to play their best on the piano keyboard. Piano at home is not required but is recommended. (No class 7/4)

AGE:7-9

18211	Tue	4/16-6/18	6:30-7pm
18216	Thu	4/18-6/20	6:30-7pm
R \$180/NR \$216			
18221	Tue	6/25-8/20	6:30-7pm
R \$162/NR \$194			
18226	Thu	6/27-8/22	6:30-7pm
R \$144/NR \$173			

LOCATION: NKCC

INSTRUCTOR: PAMELA CORNELL

SPORTS/FITNESS

Skyhawks After School Skills Academies

This fun, skill-intensive program is designed for beginning to intermediate players. Using our progression-based curriculum, we focus on the whole player - teaching sportsmanship and teamwork. Learn the fundamentals of passing, shooting, ball handling, rebounding and defense through skill-based instruction and small-sided scrimmages.

BASKETBALL

AGE:6-8

18355	Wed	4/17-5/22	4:30-5:20pm
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AGE:9-12

18356	Wed	4/17-5/22	5:30-6:20pm
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R \$149/NR \$179

LOCATION: NKCC

INSTRUCTOR: SKYHAWKS

TENNIS

AGE:6-8

18332	Mon	4/15-5/20	4:30-5:20pm
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AGE:9-12

18333	Mon	4/15-5/20	5:30-6:20pm
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R \$149/NR \$179

LOCATION: JUANITA BEACH PARK

INSTRUCTOR: SKYHAWKS

SOCCER

AGE:6-8

18340	Tue	4/16-5/21	4:30-5:20pm
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AGE:9-12

18346	Tue	4/16-5/21	5:30-6:20pm
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R \$149/NR \$179

LOCATION: JUANITA BEACH PARK

INSTRUCTOR: SKYHAWKS

ASK US
ABOUT OUR
SCHOLARSHIP
PROGRAM
See page 63

YOUTH

Kidokinetics: Multi-Sports Play & Physical Education

NEW

Kidokinetics is a unique and exciting way to introduce children to over 20 different sports and activities (pickleball, scoops, golf, football, basketball, and more) in a fun and non-competitive environment. Lessons develop age-appropriate motor skills in games and activities that the kids love and don't realize are physical exercise. Kidokinetics enhances physical fitness, improves self-confidence, and builds a sense of teamwork.

SPORTS ENRICHMENT

AGE: 3-10

19327	Mon	4/15-5/20	3-3:45pm
19328	Mon	4/15-5/20	4-4:45pm

R \$150/ NR \$180

LOCATION: NKCC

INSTRUCTOR: KIDOKINETICS

Ice Skating

Experience Ice Skating in a fun and safe learning environment. Classes include rental skates, 30 minutes of professional instruction, 30 minutes of practice skating time. Last day of class is Bring-A-Buddy Day and practice time. Registration deadline is two weeks before the first class. No refunds issued after registration closes.

AGE: 5+

18036	Wed	4/17-6/19	6:05-7:05pm
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R \$390/NR \$468

18038	Wed	7/10-8/21	6:05-7:05pm
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R \$273/NR \$328

LOCATION: SNO KING ICE ARENA

14326 124 AVE NE IN KIRKLAND

INSTRUCTOR: SNO KING ICE SKATING



Kendo

Come join us to learn the ancient Japanese art of sword fighting! Kendo is a coed martial arts sport based on Samurai traditions requiring both mental and physical discipline. Class is open for ages 8 and up. Beginning classes are taught in a roughly 10-week curriculum, focusing on the fundamentals, starting with proper etiquette, footwork, and sword handling. This class is taught all together, kids and adults.

Beginners Kendo

Please wear comfortable exercise clothes, and please note that kendo is practiced barefoot. Additional equipment fee of \$60 is required for a wooden practice sword (bokken) and a bamboo practice sword (shinai). Optional sword bags will also be available for an additional \$10.

AGE: 8+

17705	Tue	4/2-6/4	6-7:30pm
19387	Tue	6/18-8/20	6-7:30pm

R \$120/NR \$144

LOCATION: NKCC

INSTRUCTOR: JULIE CHEN

Intermediate/Advanced Kendo

This class is for both intermediate and advanced students. Advanced students are people who are already in armor. Intermediate students are people who have completed the beginner's class in the previous quarter and wish to continue on to further improve their skills. Half of the class time will be spent on drills with the advanced group. Halfway through the quarter, intermediate students will be asked to purchase uniforms. Details will be discussed further during class.

AGE: 8+

17706	Tue	4/2-6/4	7-9pm
19388	Tue	6/18-8/20	7-9pm

R \$130/NR \$156

LOCATION: NKCC

INSTRUCTOR: JULIE CHEN

Northwest University Spring Volleyball Skills Camp

All volleyball camps will be staffed by Northwest University coaches and players and will provide excellent instruction in an environment that is fun, safe, and competitive! A variety of drills and game-like activities will stress the fundamentals of serving, passing, and attacking as well as serve-receive, defense, and offense. Players will be grouped by ability so whether you are a beginning player or more advanced, all will be challenged at an appropriate level.

AGE: 11-14

18253	Thu	4/11-4/25	6-8pm
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R \$100/NR \$120

LOCATION: NORTHWEST UNIVERSITY GYMNASIUM

INSTRUCTOR: STEVE BAIN

REC N ROLL
FRIDAYS
10AM-2PM
AGES 5-13

The Rec-n-Roll Van is bringing the fun to a park near you all summer long.

FREE PROGRAM

JUNE 28	JUANITA BEACH PARK
JULY 5	EVEREST PARK
JULY 12	EDITH MOULTON PARK
JULY 19	CRESTWOODS PARK
JULY 26	132ND SQUARE PARK
AUGUST 2	PETER KIRK PARK
AUGUST 9	HOUGHTON BEACH PARK
AUGUST 16	JUANITA BEACH PARK

To view where the Rec-N-Roll van will be going each week, visit Kirklandparks.net

Peter Kirk After School Camp

**M/T/TH/F: 3:30-6PM
W: 2-6PM**

**PETER KIRK COMMUNITY CENTER
GRADES K-5**

**CAMP FEE PER MONTH: R \$336/NR \$403
TRANSPORTATION FEE PER MONTH: R \$126/NR \$151**

(Parents must sign child out at the end of each day.)

The Peter Kirk Community Center After School Camp is a quality after school experience for children in grades K-5. Our staff offer a unique blend of recreational and educational activities in a relaxed, fun and safe environment.

Transportation is available and must be registered for separately. Transportation is only available from Peter Kirk Elementary school.

REGISTRATION FEES/DEPOSITS

MONTHLY FEE - R \$336/NR \$403

All camp fees include a \$25.00 non-refundable deposit.

MONTHLY INSTALLMENTS - Full fee for your initial month of After School Camp and transportation is required upon registration (fee includes a \$25 deposit). *Monthly installment option is not available for online registration.* Additional months will be reserved by paying a \$25 non-refundable, non-transferable deposit per month per child. **The remaining balance due must be paid by the 15th of the previous month, otherwise the reserved spot and deposit will be lost.** The monthly

installment option is only available for those registering for the full school year.

REFUND POLICY

The \$25 deposits for the Peter Kirk After School Camp are non-refundable and non-transferable. For withdrawals, a refund/credit less the \$25 deposit will be granted if withdrawal request is received at least two (2) weeks prior to the start of the new month. No refunds/credits will be granted with less than two (2) weeks' notice.

CAMP TRANSPORTATION

The After School Camp program provides transportation for students at Peter Kirk Elementary. Transportation

to the after-school program is available for a limited number of students on a first come, first serve basis. This service is offered at an additional cost of R \$126/ NR \$151 per month (December 2023 & January 2024 will be pro-rated). **You must be registered for the After School Camp in order to register for Transportation.**

HEALTH & MEDICATIONS

A participant information sheet must be filled out for each child, indicating all health concerns, allergies and limitations. Please note, City of Kirkland staff are unable to dispense any type of medication to participants.

Three Ways to Register

Registration is first come, first served. Online registration is your best opportunity for getting into the program of your choice!



ONLINE AT KIRKLANDPARKS.NET

When enrolling online, please sign your electronic waiver and print your receipt when prompted.

VIEW REGISTRATION TIPS AT
KIRKLANDWA.GOV/RECREATIONGUIDE



WALK-IN (OPEN AT 8:00 AM)

North Kirkland Community Center
12421 103rd Ave NE

Peter Kirk Community Center
352 Kirkland Ave

Kirkland City Hall
123 Fifth Ave



PHONE-IN

425-587-3336
Monday–Friday,
8:00 AM–5:00 PM

Please have 5 digit course number and credit card information ready.
On registration day, 3/19 & 3/20 phone line opens at 7AM or 3/21 at 8AM.

All Are Welcome

The City of Kirkland is committed to offering programs and services that are inclusive and where people from all backgrounds feel a sense of belonging, regardless of race, gender identity, gender expression, sexual orientation, socioeconomic position, or physical/cognitive ability.



Please visit www.kirklandwa.gov/Recreation for our inclusion policies. Kirkland Parks and Community Services is committed to accommodating people with disabilities and will make every reasonable effort to ensure that programs and services are accessible. To request an accommodation, please call us at 425-587-3300. TTY/TTD 425-587-3111

Alternate Formats: Persons with disabilities may request materials in alternative formats. Persons with hearing impairments may access the Washington State Telecommunications Relay Service at 711.

Kirkland Parks and Community Services staff are unable to provide personal care (feeding, toileting assistance, giving medications, transfers, etc.). Participants in need of personal assistance are encouraged to participate with a caregiver. Older adults with care needs may be eligible for community-based programs, such as adult day care centers (see page 73). Contact EvergreenHealth Community Health Care Access Team at 425-899-3200 for other options.

Inclement Weather

The safety of program participants and staff is the primary consideration when determining whether programs should be canceled, rescheduled, or modified due to inclement weather, excessively high or low temperatures, poor or icy road conditions, poor air quality, or other events which may jeopardize safety. The City of Kirkland typically follows the lead of the Lake Washington School District when determining cancellations during the school year. When school is not in session, City staff will evaluate conditions and make the appropriate decision to cancel or delay programs. When air quality levels in Kirkland are deemed unhealthy according to the Environmental Protection Agency's (EPA) website www.airnow.gov, all outdoor programs will be canceled or rescheduled. Additionally, the Peter Kirk Pool will be closed, and beaches will not be staffed by lifeguards. Refunds will be considered on an individual program basis but are not guaranteed. Our inclement weather hotline is 425-587-3335.

Title VI

Kirkland's policy is to fully comply with Title VI of the Civil Rights Act by prohibiting discrimination against any person on the basis of race, color, national origin or sex in the provision of benefits and services resulting from its programs and activities. Any person who believes his/her Title VI protection has been violated may file a complaint with the City.

To request an alternate format, file a complaint or for questions about Kirkland's Title VI Program, contact the Title VI Coordinator at 425-587-3011 or titlevicoordinator@kirklandwa.gov.

Para pedir un formato alternativo, presentar una queja o si tiene preguntas sobre el Programa del Título VI de Kirkland, comuníquese con el coordinador del Título VI llamando al 425-587-3831 o en titlevicoordinator@kirklandwa.gov.

Para solicitar um formato alternativo, registrar uma reclamação ou tirar dúvidas sobre o Programa Título VI de Kirkland, entre em contato com o Coordenador do Título VI pelo telefone 425-587-3831 ou em titlevicoordinator@kirklandwa.gov.

Чтобы запросить другой формат, подать жалобу или задать вопросы о программе Title VI г. Киркланда, свяжитесь с координатором по номеру 425-587-3831 или по электронной почте titlevicoordinator@kirklandwa.gov.

如需获取其他格式、提出投诉或对柯克兰的第六章计划 (Title VI Program) 有疑问, 请致电 425-587-3831 或发送电子邮件至 titlevicoordinator@kirklandwa.gov 与第六章协调员联系。

Để yêu cầu một định dạng khác, nộp đơn khiếu nại hoặc nếu có câu hỏi về Chương Trình Tiêu Mục VI của Kirkland, hãy liên hệ với Điều Phối Viên Tiêu Mục VI theo số 425-587-3831 hoặc titlevicoordinator@kirklandwa.gov.

다른 형식을 요청하거나, 민원을 제기하거나, 커클랜드의 제VI편 프로그램 (Title VI Program)에 관한 문의 사항이 있는 경우, 전화 425-587-3831번 또는 이메일 titlevicoordinator@kirklandwa.gov로 제VI편 코디네이터에게 문의하십시오.

Refunds / Cancellations / Transfers

- To request a transfer or cancellation, please email us at eparks@kirklandwa.gov or call 425-587-3330.
- Some programs have specific cancellation requirements outside our general cancellation policy listed below. For detailed information, please see our Refund and Cancellation Policies at www.kirklandwa.gov/Recreation.

- Refunds are granted if a request is made at least five business days prior to the start of a program, less a \$10.00 administrative fee applied to each program withdrawn.
- A 50% refund of the registration fee will be granted for program withdrawal requests received less than five business days prior to the start of program.
- Please note: Programs paid by check or cash will be refunded by check. No refunds will be given for programs that cost less than \$10.00.
- No refunds will be issued on or after the first day of program.
- Online enrollments resulting in withdrawals are subject to cancellation policies listed above.
- A 100% refund will be given if a program is canceled by Kirkland Recreation.
- Transfers must be requested five business days prior to the start of a program. (Exception: progressive level transfers directed by program instructor.)
- Visit www.kirklandwa.gov/ParkRentals for facility rental cancellation and change policies.
- Community Center Special Events: Unless otherwise noted, event tickets will be available until 5pm seven business days prior to the event. No tickets will be sold the day of the event. Event tickets are not refundable or transferable.

Disclaimer

This schedule of activities is published for informational purposes only. We strive to produce the most accurate guide possible. However, some program information may have changed after this guide has gone to print. We will make every effort to notify participants of the changes. Our website www.kirklandparks.net will be most up to date.

WATCH FOR THESE ICONS



New Program



Virtual Program



Family Program