

## PARENT/CHILD

**Parent/Child Class Requirements:**  
Children must be able to follow directions and participate in small group settings with a parent present. Please take your child to the bathroom before class. No siblings other than infants in carriers; registered participants only. Refer to the class description for "no class" dates. Please be on time! Individual classes that are canceled due to instructor illness or emergencies will be made up the week following the end date of class, where the schedule allows. A refund will be issued if the schedule does not allow for a make-up class.

## DANCE & MOVEMENT

### Tickle Toes-Babies in Motion

Assist your little one in a playful exploration of movement and song! Tummy time activities and props are fun for both babies and parents! Don't miss out on the fun of this new baby group. (No class 5/27)

#### AGE:2M-1

18232	Mon	4/15-5/13	11:30am-12:15pm
R \$55/NR \$66			
18240	Mon	5/20-6/17	11:30am-12:15pm
R \$44/NR \$53			

#### AGE:1-2½

19320	Mon	4/15-5/13	10:30-11:15am
R \$55/NR \$66			
18238	Mon	5/20-6/17	10:30-11:15am
R \$44/NR \$53			

LOCATION: NKCC

INSTRUCTOR: JESSICA ANDERSON



## Kids in Motion Parent/Child

Up and over, under and through, balls and streamers, tunnels, and YOU! Meet friends, build confidence, and have FUN developing large muscle motor skills. This program progresses with children. They'll be crawling, climbing, balancing, and bouncing their way through each class! Your child must be walking.

### Parent/Child Motion I

#### AGE:1½-2½

17990	Tue	4/16-5/7	9:30-10:15am
17997	Wed	4/17-5/8	10:20-11:05am
R \$38/NR \$46			
17991	Tue	5/14-6/11	9:30-10:15am
18002	Wed	5/15-6/12	10:20-11:05am
R \$48/NR \$58			

LOCATION: NKCC

TUESDAY INSTRUCTOR: HEATHER RODGERS

WEDNESDAY INSTRUCTOR: JANICE GOEBEL

### Parent/Child Motion II

#### AGE:2-3

17992	Tue	4/16-5/7	10:20-11:05am
17995	Wed	4/17-5/8	9:30-10:15am
17996	Wed	4/17-5/8	11:15am-12pm
R \$38/NR \$46			
17994	Tue	5/14-6/11	10:20-11:05am
17998	Wed	5/15-6/12	9:30-10:15am
18000	Wed	5/15-6/12	11:15am-12pm
R \$48/NR \$58			
18005	Fri	7/12-8/16	9:30-10:15am
R \$57/NR \$68			

LOCATION: NKCC

TUESDAY INSTRUCTOR: HEATHER RODGERS

WEDNESDAY INSTRUCTOR: JANICE GOEBEL

FRIDAY INSTRUCTOR: JANICE GOEBEL

## PARENT & LITTLE BARRE CLASS

See page 59

## Parent and Kid Zumba

NEW

Experience the joy of dancing together! This class will focus on the bonding experience between kids & parents/ caregivers with the help of dance, music, and movement. During the class, everyone will enjoy dancing with various props.

#### AGE:3-5

19168	Thu	4/18-6/6	5-5:45pm
R \$120/NR \$144			
19170	Thu	7/25-8/22	5-5:45pm
R \$75/NR \$90			

LOCATION: NKCC

INSTRUCTOR: TANYA DANCE FITNESS

## ART & MUSIC

### Boogie and Books

Join Miss Karen in a beautiful park setting while she shares whimsical engaging stories and music with instruments to sing-along and boogie to! All instruments will be cleaned according to COVID-19 recommendations prior to and after use. Bring a snack to enjoy in the park. Program is located at the North Rose Hill Woodlands Park Shelter, 9930 124th Ave NE. Street parking only. (No class 4/8)

#### AGE:2-5

17906	Mon	4/1-4/29	10-11am
17908	Mon	6/3-6/24	10-11am
17909	Mon	7/8-7/29	10-11am
R \$41/NR \$49			
17907	Mon	5/6-5/13	10-11am
R \$21/NR \$27			

LOCATION: NORTH ROSEHILL WOODLANDS

PARK PICNIC SHELTER

INSTRUCTOR: KAREN RENFROE-GIELGENS

### Messy Art for Twos with Parent

Tickle your two-year old's senses and play messy by smearing paint and kneading dough. Sensory and tactile play helps to develop self-expression and creativity while rewarding children with the emotional pleasures of "hands-on" art. Dress for a mess!

#### AGE:2

18187	Tue	4/16-4/30	10:30-11:15am
18188	Tue	5/7-5/21	10:30-11:15am
18189	Tue	6/4-6/18	10:30-11:15am
R \$30/NR \$36			

LOCATION: NKCC

INSTRUCTOR: MONIQUE BAYNE

## Parent/Child Art

Preschoolers develop observation skills, creativity, self-expression, and confidence in this class where you might make slime from hair conditioner, paint with marshmallows, and create puffy paint with shaving cream.

### Peep and Hop in April

Spring has sprung and with it brings rainbow eggs and fluffy things. From bunny nests and yellow chicks to butterflies and blooming sticks. You'll have a hopping good time in this parent/child art class!

AGE: 2½-3½

18190	Tue	4/16-4/30	9:30-10:15am
			R \$30/NR \$36

LOCATION: NKCC  
INSTRUCTOR: MONIQUE BAYNE

### In the Very Merry Month of May

May is for mothers, and showers, and spring, May is the time to celebrate these things. Our mothers so loving, showers that restore, the spring that brings hope for our sunshine once more! Come celebrate the month of May in Parent/Child Art.

AGE: 2½-3½

18191	Tue	5/7-5/21	9:30-10:15am
			R \$30/NR \$36

LOCATION: NKCC  
INSTRUCTOR: MONIQUE BAYNE

### June and the Strawberry Moon

June welcomes the summer and the strawberry moon; it honors our fathers and the berries that bloom. Welcome the month of June in this parent/child art class full of fun art activities!

AGE: 2½-3½

18192	Tue	6/4-6/18	9:30-10:15am
			R \$30/NR \$36

LOCATION: NKCC  
INSTRUCTOR: MONIQUE BAYNE



## Parent/Child Cooking

### Cooking for Preschoolers

In this changing monthly themed parent/child cooking class, get ready to peel, pour, shred, shake, bake, mash and more! Class held at McAuliffe Park, see receipt for location details. These are parent/child classes.

### Itty Bitty Breakfast Club

Can you give a pig a pancake, or a moose a muffin? Well maybe... if you learn to cook! Everyone knows that breakfast is the most important meal of the day. Join us as we give a tot a teacher, instructions, a recipe, friends. (No class 4/10)

AGE: 2½-4½

17916	Wed	4/3-5/1	10:30-11:30am
			R \$60/NR \$72

LOCATION: MCAULIFFE PARK ATRIUM  
INSTRUCTOR: KAREN RENFROE-GIELGENS



### Tutti Frutti

Apples and oranges come from a tree, so do apricots, cherries, and plums basically. What most have in common is they are deliciously sweet, let's whip up something yummy with this nutritious treat. (No class 5/22)

AGE: 2½-4½

17917	Wed	5/8-5/29	10:30-11:30am
			R \$45/NR \$54

LOCATION: MCAULIFFE PARK ATRIUM  
INSTRUCTOR: KAREN RENFROE-GIELGENS

## Teddy Bear Picnic Fare

Prep, prepare and pack a spring picnic snack! Bring your favorite stuffy or doll and come along with us as we picnic and share a story (weather permitting). Please note that this class is a little longer so that we can pack and picnic, even if it has to be inside! (No Class 6/19)

AGE: 2½-4½

17918	Wed	6/5-6/26	10:30-11:30am
			R \$45/NR \$54

LOCATION: MCAULIFFE PARK ATRIUM  
INSTRUCTOR: KAREN RENFROE-GIELGENS

## Self Defense for Children with Parent

Keep the magic of childhood safe in this low-key, friendly, and age-appropriate safety skills classes for girls and boys ages 5-8. Learn about risks facing your kids, how to frame the discussion with children, and recognize when someone may be targeting your family. This is a parent/child class.

AGE: 5-8

17826	Sat	4/20	12-1:15pm
17829	Sat	6/8	12-1:15pm
			R \$40/NR \$48

LOCATION: NKCC  
INSTRUCTOR: STRATEGIC LIVING, LLC

## Indoor Playground

Ages: 9M-5YR

**NO PRE-REGISTRATION  
DROP IN PROGRAM**

Join the fun, climbing, riding, pushing, pulling, and spinning. There's lots of active fun in our Indoor Playground.

For babies we also include busy boxes, and a variety of toddler and baby toys. Adults must supervise children at all times.

**DATE AND TIME**

Wednesdays  
4/17 - 6/12  
10am-1pm

**Pay-as-you-go for \$3  
per child per visit or  
purchase a 10-visit  
punch card for \$25.**

LOCATION: NKCC

## Three Ways to Register

Registration is first come, first served. Online registration is your best opportunity for getting into the program of your choice!



### ONLINE AT KIRKLANDPARKS.NET

When enrolling online, please sign your electronic waiver and print your receipt when prompted.



### WALK-IN (OPEN AT 8:00 AM)

North Kirkland Community Center  
12421 103rd Ave NE

Peter Kirk Community Center  
352 Kirkland Ave

Kirkland City Hall  
123 Fifth Ave



### PHONE-IN

425-587-3336  
Monday–Friday,  
8:00 AM–5:00 PM

Please have 5 digit course number and credit card information ready.  
On registration day, 3/19 & 3/20 phone line opens at 7AM or 3/21 at 8AM.

VIEW REGISTRATION TIPS AT  
[KIRKLANDWA.GOV/RECREATIONGUIDE](http://KIRKLANDWA.GOV/RECREATIONGUIDE)

### All Are Welcome

The City of Kirkland is committed to offering programs and services that are inclusive and where people from all backgrounds feel a sense of belonging, regardless of race, gender identity, gender expression, sexual orientation, socioeconomic position, or physical/cognitive ability.



Please visit [www.kirklandwa.gov/Recreation](http://www.kirklandwa.gov/Recreation) for our inclusion policies. Kirkland Parks and Community Services is committed to accommodating people with disabilities and will make every reasonable effort to ensure that programs and services are accessible. To request an accommodation, please call us at 425-587-3300. TTY/TTD 425-587-3111

Alternate Formats: Persons with disabilities may request materials in alternative formats. Persons with hearing impairments may access the Washington State Telecommunications Relay Service at 711.

Kirkland Parks and Community Services staff are unable to provide personal care (feeding, toileting assistance, giving medications, transfers, etc.). Participants in need of personal assistance are encouraged to participate with a caregiver. Older adults with care needs may be eligible for community-based programs, such as adult day care centers (see page 73). Contact EvergreenHealth Community Health Care Access Team at 425-899-3200 for other options.

### Inclement Weather

The safety of program participants and staff is the primary consideration when determining whether programs should be canceled, rescheduled, or modified due to inclement weather, excessively high or low temperatures, poor or icy road conditions, poor air quality, or other events which may jeopardize safety. The City of Kirkland typically follows the lead of the Lake Washington School District when determining cancellations during the school year. When school is not in session, City staff will evaluate conditions and make the appropriate decision to cancel or delay programs. When air quality levels in Kirkland are deemed unhealthy according to the Environmental Protection Agency's (EPA) website [www.airnow.gov](http://www.airnow.gov), all outdoor programs will be canceled or rescheduled. Additionally, the Peter Kirk Pool will be closed, and beaches will not be staffed by lifeguards. Refunds will be considered on an individual program basis but are not guaranteed. Our inclement weather hotline is 425-587-3335.

### Title VI

Kirkland's policy is to fully comply with Title VI of the Civil Rights Act by prohibiting discrimination against any person on the basis of race, color, national origin or sex in the provision of benefits and services resulting from its programs and activities. Any person who believes his/her Title VI protection has been violated may file a complaint with the City.

To request an alternate format, file a complaint or for questions about Kirkland's Title VI Program, contact the Title VI Coordinator at 425-587-3011 or [titlevicoordinator@kirklandwa.gov](mailto:titlevicoordinator@kirklandwa.gov).

Para pedir un formato alternativo, presentar una queja o si tiene preguntas sobre el Programa del Título VI de Kirkland, comuníquese con el coordinador del Título VI llamando al 425-587-3831 o en [titlevicoordinator@kirklandwa.gov](mailto:titlevicoordinator@kirklandwa.gov).

Para solicitar um formato alternativo, registrar uma reclamação ou tirar dúvidas sobre o Programa Título VI de Kirkland, entre em contato com o Coordenador do Título VI pelo telefone 425-587-3831 ou em [titlevicoordinator@kirklandwa.gov](mailto:titlevicoordinator@kirklandwa.gov).

Чтобы запросить другой формат, подать жалобу или задать вопросы о программе Title VI г. Киркланда, свяжитесь с координатором по номеру 425-587-3831 или по электронной почте [titlevicoordinator@kirklandwa.gov](mailto:titlevicoordinator@kirklandwa.gov).

如需获取其他格式、提出投诉或对柯克兰的第六章计划 (Title VI Program) 有疑问, 请致电 425-587-3831 或发送电子邮件至 [titlevicoordinator@kirklandwa.gov](mailto:titlevicoordinator@kirklandwa.gov) 与第六章协调员联系。

Để yêu cầu một định dạng khác, nộp đơn khiếu nại hoặc nếu có câu hỏi về Chương Trình Tiêu Mục VI của Kirkland, hãy liên hệ với Điều Phối Viên Tiêu Mục VI theo số 425-587-3831 hoặc [titlevicoordinator@kirklandwa.gov](mailto:titlevicoordinator@kirklandwa.gov).

다른 형식을 요청하거나, 민원을 제기하거나, 커클랜드의 제VI편 프로그램 (Title VI Program)에 관한 문의 사항이 있는 경우, 전화 425-587-3831번 또는 이메일 [titlevicoordinator@kirklandwa.gov](mailto:titlevicoordinator@kirklandwa.gov)로 제VI편 코디네이터에게 문의하십시오.

### Refunds / Cancellations / Transfers

- To request a transfer or cancellation, please email us at [eparks@kirklandwa.gov](mailto:eparks@kirklandwa.gov) or call 425-587-3330.
- Some programs have specific cancellation requirements outside our general cancellation policy listed below. For detailed information, please see our Refund and Cancellation Policies at [www.kirklandwa.gov/Recreation](http://www.kirklandwa.gov/Recreation).

- Refunds are granted if a request is made at least five business days prior to the start of a program, less a \$10.00 administrative fee applied to each program withdrawn.
- A 50% refund of the registration fee will be granted for program withdrawal requests received less than five business days prior to the start of program.
- Please note: Programs paid by check or cash will be refunded by check. No refunds will be given for programs that cost less than \$10.00.
- No refunds will be issued on or after the first day of program.
- Online enrollments resulting in withdrawals are subject to cancellation policies listed above.
- A 100% refund will be given if a program is canceled by Kirkland Recreation.
- Transfers must be requested five business days prior to the start of a program. (Exception: progressive level transfers directed by program instructor.)
- Visit [www.kirklandwa.gov/ParkRentals](http://www.kirklandwa.gov/ParkRentals) for facility rental cancellation and change policies.
- Community Center Special Events: Unless otherwise noted, event tickets will be available until 5pm seven business days prior to the event. No tickets will be sold the day of the event. Event tickets are not refundable or transferable.

### Disclaimer

This schedule of activities is published for informational purposes only. We strive to produce the most accurate guide possible. However, some program information may have changed after this guide has gone to print. We will make every effort to notify participants of the changes. Our website [www.kirklandparks.net](http://www.kirklandparks.net) will be most up to date.

### WATCH FOR THESE ICONS



New Program



Virtual Program



Family Program