

PKCC CAFÉ DECEMBER 2016

Mon	Tue	Wed	Thu	Fri
<p>Meal is served at 12pm. Check-in is first come, first served starting at 11am. \$3 suggested donation for ages 60+, all others \$6.</p>			1	2 Vegetable Soup Ham Croissant Apple
5 Kielbasa Roasted Red Potatoes Steamed Cabbage Roll Tropical Fruit	6 Pork Chop Mashed Potatoes & Gravy Spinach Roll Mandarin Oranges	7 Steak Ranchero Refried Beans Red Rice Corn Tortilla Applesauce	8	9 Broccoli Cheese Soup Turkey Sandwich Apple Crisp Whipped Topping
12 Orange Glazed Fish Rice Pilaf Asparagus Dinner Roll Oranges	13 Swiss Steak Mashed Potatoes & Gravy Tomatoes & Zucchini Roll Carrot Cake	14 Beef Fajitas Rice Pinto Beans Corn on the Cob	15 Holiday D'Lights Register at the front desk by 12/8!	16 Hungarian Goulash Over Flat Noodles Broccoli Strawberry Short Cake
19 Dill Fish Pasta Salad Sugar Cookie Mandarin Orange	20 Roast Turkey Candied Yams Cranberry Sauce Mixed Vegetables Wheat Roll Chocolate Cream Pie	21 Spanish Chicken Salad Rice Rice Soup Chips & Salsa Strawberry Jello w/ Banana	22	23 NO LUCH SERVED TODAY CENTER CLOSED AT NOON
26 CENTER CLOSED	27 Salmon Fillet Green Salad Wild Rice Broccoli Wheat Roll	28 Mexican Lasagna Black Beans, Corn & Yellow Rice Green Salad Cantaloupe	29	30 NO LUCH SERVED TODAY CENTER CLOSED AT NOON

Nutrition analysis includes 2% milk. Butter, Salad Dressing & Condiments are optional and increases the fat content of the meal.

This Menu is subject to change

Consuming Mishandled Leftover Food May Increase Your Risk of Food Borne Illness.