

September 19 - 23, 2016

## National Pollution Prevention Week

Join the City of Kirkland in celebrating National Pollution Prevention (P2) Week. Pollution prevention is an effective way to save time, money – and the environment – by eliminating pollution at the source before it is generated.

**P<sup>2</sup>** You can help prevent pollution at home and in your community – look for the P2 icon throughout this newsletter for tips! Get more information about Pollution Prevention Week, and ways you can help prevent pollution, at [epa.gov/p2week](http://epa.gov/p2week).

## Green Cleaning Workshop

Sept. 22 | Kingsgate Library

A sparkly clean home doesn't have to be toxic! This workshop will offer tips and recipes for safer cleaning, plus you'll take home free green cleaning supplies.

Supplies provided to first 30 people registered. Sign up at [kirklandpw.eventbrite.com](http://kirklandpw.eventbrite.com).

### GREEN CLEANING RECIPES

#### ALL PURPOSE CLEANER

2 c hot water      1/2 t liquid dishsoap  
4 t baking soda      12 drops essential oils (optional)

Put hot water and baking soda in 3-4 cup container, then add dishsoap (to minimize foaming). Mix and pour into spray bottle.

#### DRAIN CLEANER

1/2 c baking soda      kettle full of boiling water  
1/2 c vinegar

This recipe frees minor clogs. Pour baking soda down the drain first, then vinegar. Let it fizz for a few minutes, then pour down a teakettle full of boiling water. Repeat if needed.

**P<sup>2</sup>** Use less toxic household cleaning products

## Make Halloween a Treat for the Planet

Americans buy about \$6 billion worth of stuff every Halloween – including about 1.1 billion pounds of pumpkins and 600 million pounds of candy! With all those decorations, costumes, and candy comes a hefty environmental impact. This year, make Halloween a treat, not a trick, for the planet.



- ▶ Attend our costume swap to trade costumes (see back page). Or shop second-hand instead of buying new.
- ▶ Use battery-powered candles that you can reuse each year.
- ▶ Instead of themed paper plates and utensils, choose reusable.
- ▶ Skip the glowsticks – use a flashlight or mini LED that won't get thrown out.
- ▶ Give out organic, local and fair-trade treats.
- ▶ Don't toss your pumpkin seeds after carving – roast them in the oven and enjoy!

### REUSE RECYCLE CONSERVE



City of Kirkland  
Public Works Department  
123 5<sup>th</sup> Avenue  
Kirkland, WA 98033

[recycle@kirklandwa.gov](mailto:recycle@kirklandwa.gov) | (425) 587-3812

## Costume Swap

Drop off clean, gently-used costumes at Kirkland City Hall from 8 am - 5 pm the week of October 3-7.

Then, complete the swap by selecting a donated costume at Heritage Hall from 10 am - 12 pm on Saturday October 8! Details at [kirklandwa.gov/recycle](http://kirklandwa.gov/recycle).



Funding provided in part by the King County Solid Waste Division

Green tips: [kirklandwa.gov/recycle](http://kirklandwa.gov/recycle) [facebook.com/KirklandEnviro](https://www.facebook.com/KirklandEnviro) [@KirklandEnviro](https://twitter.com/KirklandEnviro)

## Recycling Collection Event

Lake Washington High School - 12033 NE 80th Street

Recycle some items that are not accepted during your weekly collection service. For details, visit [kirklandwa.gov](http://kirklandwa.gov) and search for Recycling Event. Please note that accepted items have changed. Only listed items will be accepted at the event.

Saturday  
Oct 8  
9 - 3

### Hazardous Materials    Household Items    Appliances & Bulky Items



**Free Shredding** - Limit 4 file-size boxes. Staples OK. Shredding by Confidential Data Disposal.

▶ No paint ▶ No TVs ▶ No computers or monitors ▶ No household goods or clothes ▶ No cardboard

# Reuse Recycle Conserve

FALL 2016  
MULTIFAMILY

by **KIRKLAND CONSERVES**



## Free No-Waste Lunch Kit

Waste less at lunchtime! Order your free lunch kit at [EcolunchEastside.org](http://EcolunchEastside.org). Limit 1 per household. Colors vary. Available while supplies last.

Get your free lunch kit at [ecoluncheastside.org](http://ecoluncheastside.org)

## See Where Your Recycling Goes

Oct. 6 | Woodinville

See what happens to your recycling after it's picked up at your complex. Tour the Cascade Recycling Center in Woodinville where all your recycling is sorted.

Register at [kirklandpw.eventbrite.com](http://kirklandpw.eventbrite.com).

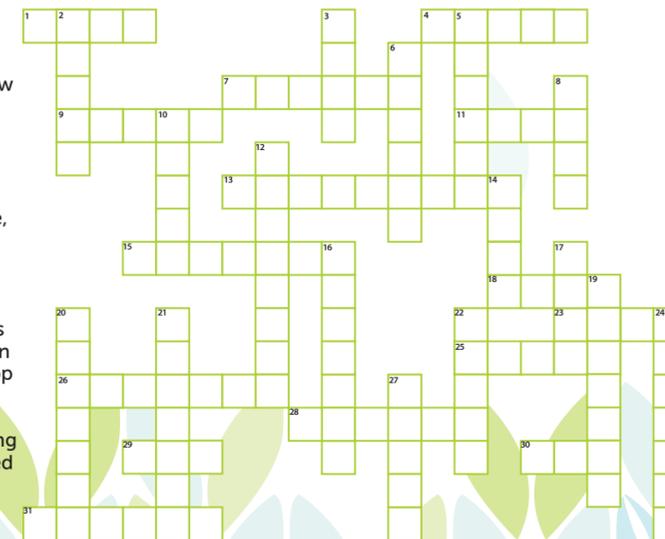
## Conservation Crossword

#### ACROSS

- Trade
- Recycling should be \_\_\_\_\_ and dry
- Downtown destination
- Another man's treasure?
- Take in a museum
- Some boxes are made of this
- Type of elective surgery
- Swab the \_\_\_\_\_ deck mate!
- What plants do
- Instead of throwing it out
- A type of jewelry
- The first "R"
- For closing
- Garbage \_\_\_\_\_
- Deciduous detritus

#### DOWN

- \_\_\_\_\_ not, want not
- Where plants grow
- \_\_\_\_\_ Bug, shame on you!
- Chinook
- Cedar
- Coffee disaster
- Kirkland, Bellevue, Redmond
- Don't \_\_\_\_\_ and Drive!
- Disorder
- Man's best friends
- Don't let it happen
- Complete the loop
- Who do you call?
- Mr. Yellow's and Ms. Blue's offspring
- Recently reopened waterfront park
- Midday repast



Solution at [kirklandwa.gov/recycle](http://kirklandwa.gov/recycle).

Go Green for Halloween

Green Cleaning Workshop

Be a Water Watchdog

Dog Photo Contest  
What's That Leak?

Lighten Up: Clear Your Clutter

September Clothes Drive

Recycling Collection Event

Halloween Costume Swap



# Prevent Pollution: Be a Water Watchdog

**P** Report water pollution and spills to 425-587-3900 (24/7 hotline)

## 5 pollutants to watch out for to protect Puget Sound

Stormwater runoff is the #1 cause of pollution in Washington waters.

Our hotline gets the most calls for soap, sediment, oil, and hazardous materials.

### 1 Grass clippings and leaves in street

Landscape materials in the street can block storm drains and pollute our local waterways with extra nitrogen and phosphorous, which can cause unwanted growth of algae and aquatic weeds.



### 3 Wash water and/or suds in parking lot or street

Wash water can carry nutrients, metals and hydrocarbons to our creeks. The detergents in soaps, even biodegradable soaps, can damage fish gills.



Help protect the health of your family, your pets and the environment – always scoop your dog’s poop, bag it and put it in the trash.

**Your dog could be a star!**  
Post a photo of your furry best friend out and about in Kirkland on our Facebook page ([facebook.com/kirklandenviro](https://facebook.com/kirklandenviro)), tagged #whoscoops. We’ll choose one photo as our “spokesdog” to spread the word about cleaning up after man’s best friend. Everyone who enters will get a free leash-sized canister of dog waste bags.

**P** Participate in the Pet Waste Station program ([kirklandwa.gov/petwaste](https://kirklandwa.gov/petwaste))



Don't let this happen! Only rain down the storm drain.

**P** Volunteer to mark the storm drains in your neighborhood

Storm drains connect directly to the nearest stream. Any pollution that enters drains has an impact.



Report spills 24/7 to (425) 587-3900

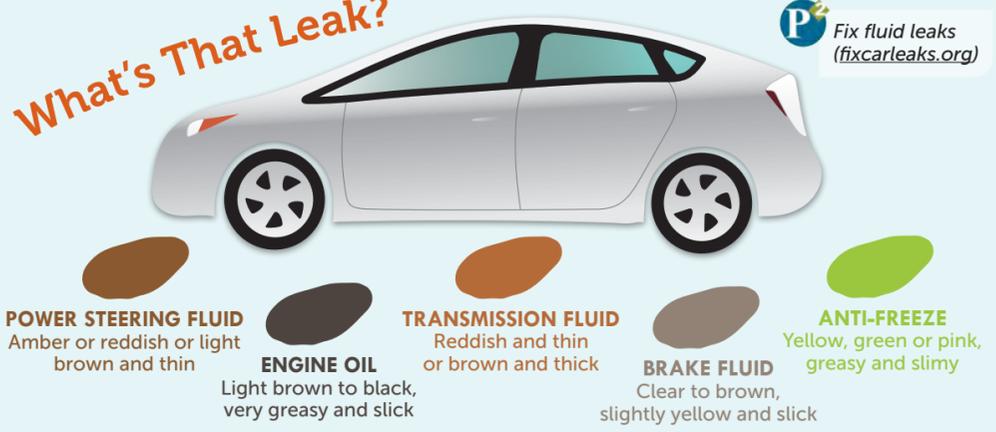
### 4 Sediment erosion

Sediment that enters stormwater runoff from construction sites and disturbed areas can clog fish gills and affect their sense of smell.

### 5 An oily sheen or green liquid on pavement

Vehicle fluids are toxic to both humans and animals, damage our swimming beaches and wildlife habitat.

### What's That Leak?



# Lighten Up: Clear Out Your Clutter

## Clear Your Closet, Cleanse Your Mind

by Denise Frakes, Blue Sky Services

We all have clutter. It is the stuff we rarely use but keep ... just in case. It is the stuff we don't really like but store because it came from those we love. It is the stuff that gets dumped, piled and stuffed but has no real home. It is our procrastinations and our too busy to decide stuff.

Will cleaning out your underwear drawer decrease your stress? Will opening up space in your bookcase give you insight? Will clearing out your closet help you lose weight? Maybe! By letting go of our “stuff,” we can increase our physical, mental, emotional and spiritual vitality.

Ask yourself about your stuff. You will be amazed at your intuition.

- ▶ Do you love it?
- ▶ Does it give you energy or weigh you down?
- ▶ How do you feel when you think of it?
- ▶ How often have you used it, moved it, thought of it, touched it, dusted it or just looked at it?

Start with a drawer, a closet, a desk. Don't take on the whole house. Pick a target you can complete in half day and start!! Starting is the hardest part.

Denise Frakes is a certified Professional Clutter Clearing Coach and Healthy Home Specialist with 25 years experience in creating healthy homes. Visit her blog at [beresiduefree.com](https://beresiduefree.com).

**Clear Your Clutter Workshop**  
Sept. 29 | Kirkland Library  
Join Denise for this workshop and learn how to simplify your life, buy less, and make your home healthier and happier.  
Sign up at [kirklandpw.eventbrite.com](https://kirklandpw.eventbrite.com).

## Recycle Old Clothes

Did you know you can donate torn, stained and mis-matched clothes and linens with Threadcycle? Instead of throwing away damaged textiles, donate them for recycling. Damaged textiles can be reused as rags for painting and recycled into carpet padding and insulation. The only textiles you shouldn't donate are those that are wet, mildewed, or contaminated with hazardous materials.

Drop off at Goodwill and Value Village. More info at [kingcounty.gov/threadcycle](https://kingcounty.gov/threadcycle).

Alternate Formats: Persons with disabilities may request materials in alternative formats. Persons with hearing impairments may access the Washington State Telecommunications Relay Service at 711.  
Title VI: Kirkland's policy is to fully comply with Title VI of the Civil Rights Act by prohibiting discrimination against any person on the basis of race, color, national origin or sex in the provision of benefits and services resulting from its programs and activities. Any person who believes his/her Title VI protection has been violated, may file a complaint with the City.  
To request an alternate format, file a complaint or for questions about Kirkland's Title VI Program, contact the Title VI Coordinator at (425) 587-3011 or [titlevicocoordinator@kirklandwa.gov](mailto:titlevicocoordinator@kirklandwa.gov).

## September Clothes Drive

We've teamed with Sight Connection to offer a textile drive this September. Schedule pickup at your condo or apartment online at [donatesightconnection.org](https://donatesightconnection.org).

