Where to Care

A Comprehensive Resource of Information for Teens About Volunteering
Introduction

This guidebook was created to give you, teens on the Eastside, a comprehensive resource of information about volunteering in your community. We hope that this guidebook will get you on the right track to finding your ideal volunteer experience.

Why Volunteer?
Volunteering is a good thing. It takes time and you probably are required to complete a certain number of hours for school. But what can it do for you and why do you have to do it? Community Service is a great way to get work or career experience and exposure that you normally wouldn’t get. Frequently volunteer work can be the key to getting your first paying job. Colleges are also looking for people who are involved with and care about their community. Believe it or not, volunteering will make you feel better. Helping people, animals, your community, or the environment will also build your self esteem and you will meet new people!

How Do I Start?
The best way to ensure that you have a good community service experience is to find an organization that offers opportunities in an area that interests you. Make a list of things that you are willing and interested to do. This guide contains 10 areas of interest: Animals, Arts & Museums, Children & Families, Civic, Disabilities, Environment, Health, Older Adults, Poverty & Homelessness, Unique to Teens, and Violence Prevention. Information listed for each of the included organizations follow the same basic format:

- **Organization Description** — what they do, areas of interest/focus, mission statement, etc.
- **Contact Information** — title of person(s), address, phone number, fax, email, web site, business hours, and hours of operation.
- **Volunteer Opportunities** — positions available within the organization.
- **Volunteer Requirements** — minimum age, time commitment, and training provided/needed.

Be sure to read all of the information carefully to make sure it’s something you want to and are qualified to do. The information included is intended to save you time by directing your efforts toward your interests and organizations that you are eligible for.

Once you have found a handful of opportunities that look interesting to you and that you are eligible for, make a list of questions you want to ask the contact person. These questions should help you determine what it is like to work for the organization and if it is a good fit for you. You may even want to do a site visit to take a look around before committing yourself. If you like what you see, make plans to start volunteering! On your first day, be sure to dress appropriately, arrive early, and be ready to work.

The Where to Care Guide is just the tip of the iceberg. There are thousands of other volunteer opportunities out there. Many organizations may have seasonal opportunities during the summer months or for special events only. If you don’t find what you are looking for here, think about contacting businesses, organizations, companies, etc., that specialize in your interest area. Make contact to find out more about the company/organization and how you might be able to fit into their existing structure. If you are offering free help, they probably will be interested in hearing what you have to contribute! Be prepared to propose ways you can and are willing to help.

Best of luck to you and we hope that your volunteer experience is a good one!
### Eager Eye Guide Pups
Eager Eye Guide Pups raise puppies, bred by Guide Dogs for the Blind, for 12-15 months in preparation for becoming guide dogs. Puppy raisers love pups, teach them basic obedience, and take them on outings to public places. The green coats they wear are their “press passes” allowing them into places other dogs can’t go — restaurants, grocery stores, movie theaters, etc.

**Volunteer Opportunities:** Volunteers are needed to raise and train puppies in their homes. After training, a puppy will live in the home for approximately one year.

**Minimum Age:** 9 with parent permission and assistance

**Minimum Commitment:** Puppy training takes place every day for one year. Volunteers are also required to attend at least two meetings and one outing per month.

**Contact/Position:** Sandy Bonsib  
**Physical Address:** 18327 SE 60th St.  
**Issaquah, WA 98027**  
**Phone:** 425.644.7421  
**Email:** sjbonsib@aol.com  
**Website:** www.eagereyeguidepups.com

### Homeward Pet
Homeward Pet is a no-kill shelter that provides food, shelter, medical attention, and love to homeless adoptable cats and dogs until permanent homes can be found.

**Volunteer Opportunities:** Volunteers are needed to help take care of homeless dogs and cats by cleaning cages, feeding, petting, exercising, and playing with the animals.

**Minimum Age:** 16

**Minimum Commitment:** 3 months

**Other Notes:** All volunteers must be well trained and educated in Homeward Pet procedures. This may take 1-2 months.

**Contact/Position:** Volunteer Coordinator  
**Physical Address:** 13132 Northeast 177th Place  
**Woodinville, WA 98072**  
**Mailing Address:** PO Box 2293  
**Woodinville, WA 98072**  
**Phone:** 425.488.4444 ex 407  
**Email:** volunteers@homewardpet.org  
**Web:** www.homewardpet.org

**Business Hours:** Weds-Sun, 12-6PM

### Humane Society for Seattle/King County
The Humane Society is a private, non-profit agency dedicated to bringing people and pets together. Life-saving work is made possible through the generosity of people who care.

**Volunteer Opportunities:** Volunteers are needed to assist with fundraising, socializing dogs, adoption support, foster care, education, pet food bank, and much more.

**Minimum Age:** 16 without parent. 13-15 year olds may qualify for Humane Teen Club (see website for details).

**Minimum Commitment:** 6 months

**Contact/Position:** Volunteer Services  
**Physical Address:** 13212 SE Eastgate Way  
**Bellevue, WA 98005**  
**Phone:** 425.641.0090  
**Facebook:** https://www.facebook.com/seattlehumane  
**Email:** volunteers@seattlehumane.org  
**Web:** www.seattlehumane.org

**Office Hours:** Mon-Sun, 9AM-5PM  
**Shelter Hours:** Sun-Weds, 11AM-6PM  
**Thurs-Sat, 11AM-8PM**
### Kelsey Creek Farm Park

**Kelsey Creek Farm Park**
Kelsey Creek Farm Park is home to a variety of farm animals including ponies, pigs, goats, and sheep. The farm features several children’s recreational programs such as pony care classes and farm experience tours.

**Volunteer Opportunities**: In the summer and afterschool, teen volunteers can assist farm staff with daily operations, animal chores, routine and special projects. Other volunteer opportunities during the summer include working directly with children in the equine program.

**Minimum Age**: 12
**Minimum Time Commitment**: Varies

**Contact/Position**: Recreation Coordinator  
**Physical Address**: 410 130th PL SE  
Bellevue, WA 98005  
**Mailing Address**: PO Box 90012  
Bellevue, WA 98009  
**Phone**: 425.452.7688  
**Facebook**: https://www.facebook.com/pages/Kelsey-Creek-Farm/144985478868475  
**Email**: KelseyCreekFarm@bellevuewa.gov  
**Office Hours**: Mon-Fri, 8AM-4PM  
**Farm Hours**: Daily, 9:30AM-3:30PM

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### Pet Partners

**Pet Partners**  
Pet Partners, formerly Delta Society, is an international non-profit organization that helps people live healthier and happier lives by incorporating therapy, service and companion animals into their lives. At the heart of all of Pet Partners’ programs is a research foundation which demonstrates that when animals are around, people’s blood pressure goes down, stress and anxiety levels are reduced, people feel less lonely and less depressed, and they tend to be more social and community oriented.

**Volunteer Opportunities**: Volunteers are needed to assist in the front desk/reception area. Duties include answering and routing calls and emails and greeting office visitors. Individuals who are pet owners are also invited to become Pet Partners.

**Minimum Age**: 16
**Minimum Commitment**: Office work — 6 months, 3 hrs/wk  
**Pet Partners — Flexible**

**Other Notes**: Pet Partner volunteers must complete handler workshop, pass team evaluation, and be cleared by a veterinarian.

**Contact/Position**: Director of Programs  
**Physical Address**: 875 124th Ave NE Ste 101  
Bellevue, WA 98005  
**Phone**: 425.679.5506  
**Facebook**: https://www.facebook.com/petsforhealth  
**Email**: rachelw@petpartners.org  
**Web**: www.petpartners.org  
**Business Hours**: Vary

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### Purrfect Pals

**Purrfect Pals**  
Founded on the belief that every cat matters, Purrfect Pals provides a no-kill sanctuary, foster, and hospice care for homeless cats. They work to end over-population through humane education, spay/neuter programs and permanent placement in quality homes.

**Volunteer Opportunities**: Volunteers are needed to assist with offsite PetSmart partner locations. This includes socializing, grooming and interacting with cats. Assistance is also needed with maintaining cleanliness of litter pans while socializing and playing with the cats.

**Minimum Age**: All youth 13+ can volunteer with an adult. Teens can volunteer independently once they are either 16 or 18 depending on the location.

**Minimum Time Commitment**: 3 months

**Other Notes**: All volunteers must attend a volunteer orientation and training. Orientations are offered at our Arlington shelter twice a month. During this orientation volunteers will learn more about the history and mission of Purrfect Pals, as well as detailed information of the volunteer positions.

**Contact/Position**: Volunteer Manager  
**Shelter Address**: 230 McAie Road NE  
Arlington, WA 98223  
**Offsite Partner Locations & Hours**:

<table>
<thead>
<tr>
<th>Location</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kirkland Petco</td>
<td>Mon-Sat 9AM-9PM Sun 10AM-7PM</td>
</tr>
<tr>
<td>12040 NE 85th St</td>
<td>Mon-Sat 9AM-9PM Sun 10AM-6PM</td>
</tr>
<tr>
<td>Kirkland, WA 98033</td>
<td>Mon-Sat 9AM-9PM Sun 10AM-6PM</td>
</tr>
<tr>
<td>Bellevue PetSmart</td>
<td>Mon-Sat 9AM-9PM Sun 10AM-8PM</td>
</tr>
<tr>
<td>Issaquah Petco</td>
<td>Mon-Sat 9AM-9PM Sun 10AM-6PM</td>
</tr>
<tr>
<td>3 100 108th Ave</td>
<td>Mon-Sat 9AM-9PM Sun 10AM-6PM</td>
</tr>
<tr>
<td>Bellevue, WA 9804</td>
<td>Mon-Sat 9AM-9PM Sun 10AM-6PM</td>
</tr>
<tr>
<td>17845 Garden Way</td>
<td>Mon-Sat 9AM-9PM Sun 10AM-6PM</td>
</tr>
<tr>
<td>NE Woodinville, WA98072</td>
<td>Mon-Sat 9AM-9PM Sun 10AM-6PM</td>
</tr>
</tbody>
</table>

**Phone**: 360.652.9611 ext. 16  
**Facebook**: https://www.facebook.com/PurrfectPals  
**Email**: volunteers@purrfectpals.org  
**Web**: www.purrfectpals.org  
**Office Hours**: Vary
<table>
<thead>
<tr>
<th><strong>Seattle Aquarium</strong></th>
<th><strong>Woodland Park Zoo</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>The Seattle Aquarium’s mission is to inspire conservation of our marine environment.</strong></td>
<td><strong>The Woodland Park Zoo saves animals and their habitats through conservation leadership and engaging experience inspiring people to learn, care, and act.</strong></td>
</tr>
<tr>
<td><strong>Volunteer Opportunities:</strong> Volunteers are needed as interpreters to speak to guests about our exhibits, lead guided tours, lead activities for children, and assist with special events during the school year and summer.</td>
<td><strong>Volunteer Opportunities:</strong> Volunteers are needed to assist in the Family Farm Contact area, Zoomarium, and Zoo Corps (teen development program).</td>
</tr>
<tr>
<td><strong>Minimum Age:</strong> 16</td>
<td><strong>Minimum Age:</strong> 14</td>
</tr>
<tr>
<td><strong>Minimum Commitment:</strong> School Year — Three 5 hour weekend days/month Summer — Two 5 hour shifts/week <strong>Other Notes:</strong> Training in Marine Biology and public speaking is provided.</td>
<td><strong>Minimum Time Commitment:</strong> 25 hours/month <strong>Other Notes:</strong> Each program has its own set of requirements and application procedures. Please check website.</td>
</tr>
</tbody>
</table>

| **Contact/Position:** High School Volunteer Supervisor **Physical Address:** 1483 Alaskan Way Seattle, WA 98101 **Phone:** 206.386.4351 **Facebook:** [https://www.facebook.com/Aquarium.Seattle](https://www.facebook.com/Aquarium.Seattle) **Web:** [www.seattleaquarium.org/high-school-volunteer](http://www.seattleaquarium.org/high-school-volunteer) **Office Hours:** Weds-Sun, 9:00AM-5:00PM **Aquarium Hours:** Daily 9:30AM–5PM |
| **Contact/Position:** Volunteer Office **Physical Address:** 601 N 59th St Seattle, WA 98103 **Phone:** 206.684.4845 **Facebook:** [https://www.facebook.com/WoodlandParkZooSeattle](https://www.facebook.com/WoodlandParkZooSeattle) **Email:** kim.haas@zoo.org **Web:** [www.zoo.org](http://www.zoo.org) **Business Hours:** March 15-April 30 9:30AM-5PM May 1-Sept 14 9:30AM-6PM Sept 15-Oct 14 9:30AM-5PM Oct 15-March 14 9:30AM-4PM |
## Volunteer Positions

### Arts & Museums

| **Eastside Heritage Center** | **Contact/Position:** Executive Director  
**Physical Address:** 1660 Main St  
Belleview, WA 98015  
**Mailing Address:** PO Box 40535  
Belleview, WA 98015  
**Phone:** 425.450.1049  
**Facebook:** [https://www.facebook.com/EastsideHeritageCenter](https://www.facebook.com/EastsideHeritageCenter)  
**Email:** director@eastsideheritagecenter.org  
**Web:** [www.eastsideheritagecenter.org](http://www.eastsideheritagecenter.org)  
**Business Hours:** Mon-Fri, 10AM-4PM |
| **Volunteer Opportunities:** Volunteers are needed to assist with artifact processing, development of programs for schools and events, preparation of artifacts for exhibits, and miscellaneous tasks.  
**Minimum Age:** 14  
**Minimum Commitment:** 2-4 hours/week for 12 weeks |

| **KidsQuest Children’s Museum** | **Contact/Position:** Operations Manager & Volunteer Coordinator  
**Physical Address:** 4091 Factoria Mall SE  
Belleveu, WA 98006  
**Phone:** 425.637.8100  
**Facebook:** [https://www.facebook.com/KidsQuestChildrensMuseum](https://www.facebook.com/KidsQuestChildrensMuseum)  
**Email:** sarahb@kidsquestmuseum.org  
**Web:** [www.kidsquestmuseum.org](http://www.kidsquestmuseum.org)  
**Business Hours:** Tues-Weds, 10AM-5PM  
Thurs-Fri, 10AM-8PM  
Sat, 10AM-5PM  
Sun, 12PM-5PM |
| **Volunteer Opportunities:** Volunteers are needed to assist with community events, leading hands-on activities with children and their families, birthday parties, workshops, and programs.  
**Minimum Age:** 14  
**Minimum Commitment:** None  
**Other Notes:** Volunteers must complete an application, an interview, and orientation before volunteering. |

| **Kirkland Arts Center** | **Contact/Position:** Volunteer Director  
**Physical Address:** 620 Market St  
Kirkland, WA 98033  
**Phone:** 425.822.7161  
**Facebook:** [https://www.facebook.com/KirkArtsCenter](https://www.facebook.com/KirkArtsCenter)  
**Email:** tsilveri@kirklandartscenter.org  
**Web:** [www.kirklandartscenter.org](http://www.kirklandartscenter.org)  
**Office Hours:** Mon-Fri, 10AM-6PM  
**Gallery Hours:** Mon-Fri 11AM-6PM  
Second Fri 11AM–8:30PM  
Sat 11AM-5PM |
| **Volunteer Opportunities:** Volunteers are needed as Gallery Assistants, Classroom Assistants, Street Team Marketing, Program Evaluation, Facilities Management, and much more.  
**Minimum Age:** 15  
**Minimum Commitment:** 1-5 hours  
**Other Notes:** KAC can accommodate needs of each volunteer, working with a flexible schedule, and placing them according to their area of interest. |
### Pacific Science Center

**The Pacific Science Center inspires a lifelong interest in science, math, and technology by engaging diverse communities through interactive and innovative exhibits and programs.**

**Volunteer Opportunities:** High school students are eligible for a couple of programs including the Discovery Corps Program. The program offers professional development where teens learn job and life skills as well as presentation skills. Teens learn about informal education and interpret on our floor for guests of all ages. During the summer assistance is needed in the Counselor in Training Program. This program focuses on classroom management as teens assist our camp teachers with science activities and experiments.

- **Minimum Age:** 16
- **Minimum Commitment:** For Discovery Corps — 100 hours
  For Summer Camp Volunteers — 20-40 hours the week of program
- **Other Notes:** Volunteers will be provided with relevant training and background information during orientation.

**Contact/Position:** Volunteer Office  
**Physical Address:** 200 Second Ave N Seattle, WA 98109  
**Phone:** 206.443.2868  
**Facebook:** https://www.facebook.com/PacSci  
**Email:** volunteers@pacscl.org  
**Web:** www.pacificsciencecenter.org/Get-Involved/volunteer  
**Business Hours:** Mon-Fri, 9:45AM-5PM  
Sat-Sun, 9:45AM-6PM

### Redmond Historical Society

**The mission of the Redmond Historical Society is to educate, advocate, and serve the Redmond area by documenting, collecting, housing and displaying, the history of the people, places and events that illustrate the City’s heritage.**

**Volunteer Opportunities:** Volunteers are needed to assist with scanning photos, newspaper articles, etc. Other projects available as well.

- **Minimum Age:** 16
- **Minimum Commitment:** 5-10 hours/month

**Contact/Position:** Office Manager  
**Physical Address:** 6600 NE 80th St, Rm 106  
Redmond, WA 98052  
**Phone:** 425.885.2919  
**Facebook:** https://www.facebook.com/Redmond.Historical.Society  
**Email:** info@redmondhistoricalsociety.org  
**Web:** www.redmondhistoricalsociety.org  
**Business Hours:** Mon, Weds, Thurs 9:30AM-4:30PM

### Studio East Training for the Performing Arts

**Studio East’s mission is to create opportunities for young people to discover and explore the performing arts and is founded on the belief that the performing arts can make a difference in the lives of our children. Children who learn and practice the discipline, dedication, and teamwork required by the craft of theater develop skills that will be valuable assets throughout their lives, no matter what career they choose to pursue. Studio East offers after school and homeschool classes, workshops, break camps and Mainstage productions.**

**Volunteer Opportunities:** Most volunteer opportunities are with the scene shop, including set construction, or other related tasks as need by the technical director.

- **Minimum Age:** 13
- **Minimum Commitment:** Varies

**Contact/Position:** Technical Director  
**Physical Address:** 11730 118th AVE NE, Ste.100  
Kirkland, WA 98034  
**Phone:** 425.820.1800  
**Facebook:** https://www.facebook.com/pages/STUDIO-EAST-Training-for-the-Performing-Arts/110291411404  
**Email:** info@studio-east.org  
**Web:** www.studio-east.org  
**Business Hours:** Mon-Fri, 9:30AM-5PM

### Village Theatre

**Based out of Issaquah, the Village Theatre (VT) is a leading producer of musical theater in the Pacific Northwest. VT KIDSTAGE is a year-round performing arts training program in Issaquah and Everett for young people ages 4-20.**

**Volunteer Opportunities:** Volunteers are needed to assist with mailings, collateral distribution, and KIDSTAGE classrooms, including organizing art supplies, labeling, and greeting students as they arrive.

- **Minimum Age:** 13
- **Minimum Commitment:** Flexible

**Contact/Position:** House Manager  
**Physical Address:** 303 Front Street  
Issaquah, WA 98027  
**Phone:** 425.392.1942  
**Facebook:** https://www.facebook.com/VillageTheatre  
**Email:** russell@villagetheatre.org  
**Web:** www.villagetheatre.org  
**Business Hours:** Mon-Fri, 9AM-5PM
# Volunteer Positions

## Children & Families

### Boys and Girls Clubs of King County

The Boys and Girls Club is a youth serving organization providing a variety of programs; tutoring, arts and crafts, athletics, before and after school activities, and more.

<table>
<thead>
<tr>
<th>Club</th>
<th>Contact/Position</th>
<th>Address</th>
<th>Phone</th>
<th>Facebook</th>
<th>Email</th>
<th>Web</th>
<th>Office Hours</th>
<th>Drop-in Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bellevue Club</td>
<td>Unit Director</td>
<td>209 100th Ave NE</td>
<td>425.454.6162</td>
<td><a href="https://www.facebook.com/bgbellevue">https://www.facebook.com/bgbellevue</a></td>
<td><a href="mailto:admin@bgcbellevue.org">admin@bgcbellevue.org</a></td>
<td><a href="http://www.bgcbellevue.org">www.bgcbellevue.org</a></td>
<td>Vary</td>
<td>Vary based on season</td>
</tr>
<tr>
<td>Kirkland Club</td>
<td>Education Director</td>
<td>10805 124th Ave NE, Kirkland, WA 98033</td>
<td>425.827.0132</td>
<td><a href="https://www.facebook.com/KirkBoysGirlsClub">https://www.facebook.com/KirkBoysGirlsClub</a></td>
<td><a href="mailto:lgrohn@positiveplace.org">lgrohn@positiveplace.org</a></td>
<td><a href="http://www.onepositiveplace.org">www.onepositiveplace.org</a></td>
<td>Mon-Fri, 12PM-7:30PM, Sat, 10AM-3:30PM</td>
<td>Mon-Fri, 2:30PM-7:30PM, Sat, 10AM-3:30PM</td>
</tr>
<tr>
<td>Redmond/Sammamish Club</td>
<td>Teen Director</td>
<td>7300 208th Ave NE</td>
<td>425.836.9295</td>
<td><a href="http://www.rs.positiveplace.org">www.rs.positiveplace.org</a></td>
<td><a href="mailto:sjones@positiveplace.org">sjones@positiveplace.org</a></td>
<td><a href="http://www.rs.positiveplace.org">www.rs.positiveplace.org</a></td>
<td>Mon-Fri, 12PM-7:30PM</td>
<td>Mon-Fri, 2:30PM-7PM</td>
</tr>
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### Catholic Community Services

Catholic Community Services of King County (CCS) was founded by volunteers in 1918, with a primary focus on assisting with foster care and adoption following World War II. For more than a half a century, CCS has provided critical human services to thousands of children, families, and elderly regardless of race, creed, or income. Under the umbrella of CCS King County, there are 27 programs providing a wide spectrum of services to over 25,000 people annually.

<table>
<thead>
<tr>
<th>Contact/Position</th>
<th>Physical Address</th>
<th>Phone</th>
<th>Email</th>
<th>Web</th>
<th>Business Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>East County Office Coordinator</td>
<td>12828 Northup Way, Ste 100 Bellevue, WA 98005</td>
<td>425.284.2211</td>
<td><a href="mailto:info@ccsww.org">info@ccsww.org</a></td>
<td><a href="http://www.ccsww.org">www.ccsww.org</a></td>
<td>Mon-Fri, 8:30AM-4PM</td>
</tr>
</tbody>
</table>

### Catholic Community Services - Harrington House

Harrington House provides transitional housing with supportive services to eight women, 18 years and older, who are pregnant and/or parenting and homeless.

<table>
<thead>
<tr>
<th>Contact/Position</th>
<th>Physical Address</th>
<th>Phone</th>
<th>Email</th>
<th>Web</th>
<th>Business Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Manager</td>
<td>15980 N.E. 8th St Bellevue WA 98032</td>
<td>425.643.1434</td>
<td><a href="mailto:laurenz@ccsww.org">laurenz@ccsww.org</a></td>
<td><a href="http://www.ccsww.org">www.ccsww.org</a></td>
<td>Vary</td>
</tr>
</tbody>
</table>
### Children’s Country Home

Children’s Country Home (CCH) is a loving eight bed home providing 24-hour skilled care to medically fragile and technology-dependent children. CCH provides long-term residential, transitional, respite, and end-of-life care. They are dedicated to enhancing the quality of life for the children by making home a loving, enriching, family-centered environment. CCH’s goal is to help each child live, grow and thrive physically, intellectually, emotionally, socially, and spiritually.

**Volunteer Opportunities:** Volunteers are needed to assist with providing comfort and companionship to children. This includes visiting, reading, sensory stimulation, telling stories, massage, art therapy, music therapy and more.

- **Minimum Age:** 16
- **Minimum Commitment:** One hour/week for three months with some flexibility.
- **Other Notes:** Some may find this work too difficult emotionally. Seeing kids hooked up to machines and some in comas, can be overwhelming. It is, however, a great opportunity to be exposed to disabilities and help another who is otherwise totally dependent.

#### Contact/Position
- Volunteer Coordinator

#### Physical Address
- 14643 NE 166th St
- Woodinville, WA 98072
- Phone: 425.806.9453 ex 302

#### Facebook

#### Email
- volunteer@childrenscountryhome.org

#### Web
- www.childrenscountryhome.org

#### Business Hours
- Mon-Fri, 8AM-5PM

### Eastside Baby Corner

Eastside Baby Corner collects, sorts, and distributes everything that children use from birth to age twelve. They give items to families in need through Service Care Providers.

**Volunteer Opportunities:** Volunteers are needed to sort clothing items, prepare clothing bags, and restock shelves.

- **Minimum Age:** 14
- **Minimum Commitment:** Varies

#### Contact/Position
- Volunteer Coordinator

#### Physical Address
- 1510 Maple St
- Issaquah, WA 98027
- Phone: 425.865.0234 ex 703

#### Facebook
- https://www.facebook.com/pages/Eastside-Baby-Corner/126501474033709

#### Email
- ebc@babycorner.org

#### Web
- www.babycorner.org

#### Office Hours
- Vary

#### Warehouse Hours
- Mon, 5:30PM-8:30PM
- Thurs, 9AM-11AM
- Sat, 9AM-12PM

### Friends of Youth

Friends of Youth (FOY) positively impacts over 5,500 youth and young adults ages 6-24 and their families each year, operating facilities and programs at twenty one sites in thirteen cities across the Puget Sound region. In addition to operating the only overnight youth shelters on the Eastside, FOY offer youth development initiatives, in-home family support for young parents of newborns, parent education, youth and family counseling, substance abuse counseling, therapeutic foster care, residential treatment and transitional housing for homeless young people and teen mothers.

**Volunteer Opportunities:** Volunteers are needed to assist with office, food and clothing drives, and afterschool tutoring.

- **Minimum Age:** 13
- **Minimum Commitment:** Flexible

#### Contact/Position
- Volunteer Coordinator

#### Physical Address
- 16225 NE 87th St, Ste A-6
- Redmond, WA 98052
- Phone: 425.869.6490

#### Facebook
- https://www.facebook.com/friendsofyouth

#### Email
- cheryl@friendsofyouth.org

#### Web
- www.friendsofyouth.org

#### Business Hours
- Mon-Fri, 8:30AM-5PM
<table>
<thead>
<tr>
<th><strong>Issaquah Community Center</strong></th>
<th><strong>Kindering Center</strong></th>
<th><strong>Lake Washington School District –LINKS Program</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Issaquah Community Center provides programs, services, and facilities to the Issaquah community. This includes aquatics, cultural arts, health and fitness, sports, special populations, and preschool.</strong></td>
<td><strong>Kindering Center provides superior, individualized, family-centered services for children who are disabled, medically fragile, or vulnerable because of abuse or neglect. They focus on helping children develop their maximum potential, engender hope, and promote community understanding.</strong></td>
<td><strong>LINKS (Looking Into the Needs of Kids and Schools) is a program of the Lake Washington School District (LWSD), with funding provided by the Lake Washington Schools Foundation. LINKS recruits and places community volunteers in LWSD schools, including those in the Kirkland, Redmond and Sammamish communities.</strong></td>
</tr>
<tr>
<td><strong>Volunteer Opportunities:</strong> Volunteers are needed to help make posters, assist with special events, and other miscellaneous projects in and around the facility. <strong>Minimum Age:</strong> 11 <strong>Minimum Time Commitment:</strong> Varies</td>
<td><strong>Volunteer Opportunities:</strong> Volunteers are needed to assist with arts and crafts, child care, classroom activities, landscaping, language interpretation, library duties, office duties, and special events. <strong>Minimum Age:</strong> 16 <strong>Minimum Commitment:</strong> Varies</td>
<td><strong>Volunteer Opportunities:</strong> Classroom Tutors <strong>Minimum Age:</strong> 16 <strong>Minimum Commitment:</strong> From time of placement through the duration of school year.</td>
</tr>
<tr>
<td><strong>Contact/Position:</strong> Cathy Jones</td>
<td><strong>Contact/Position:</strong> Volunteer Coordinator</td>
<td><strong>Contact/Position:</strong> Program Coordinator</td>
</tr>
<tr>
<td><strong>Physical Address:</strong> 301 Rainer Blvd S, Issaquah, WA 98027</td>
<td><strong>Physical Address:</strong> 16120 NE 8th St, Bellevue, WA 98008</td>
<td><strong>Physical Address:</strong> 16250 N.E. 74th Street, Redmond WA 98052</td>
</tr>
<tr>
<td><strong>Mailing Address:</strong> PO Box 1307, Issaquah, WA 98027</td>
<td><strong>Phone:</strong> 425.837.3317</td>
<td><strong>Phone:</strong> 425.936.1410</td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:cathyj@issaquahwa.gov">cathyj@issaquahwa.gov</a></td>
<td><strong>Facebook:</strong> <a href="https://www.facebook.com/KinderingCenter">https://www.facebook.com/KinderingCenter</a></td>
<td><strong>Email:</strong> <a href="mailto:mwehr@lwsd.org">mwehr@lwsd.org</a></td>
</tr>
<tr>
<td><strong>Web:</strong> <a href="http://www.issaquahwa.gov">www.issaquahwa.gov</a></td>
<td><strong>Email:</strong> <a href="mailto:Wendy.olsen@kindering.org">Wendy.olsen@kindering.org</a></td>
<td><strong>Web:</strong> <a href="http://www.lwsd.org/For-Community/Volunteers/LINKS/Pages/default.aspx">http://www.lwsd.org/For-Community/Volunteers/LINKS/Pages/default.aspx</a></td>
</tr>
<tr>
<td><strong>Community Center Hours:</strong> Mon-Fri, 5AM-9PM, Sat, 8AM-4PM</td>
<td></td>
<td><strong>Business Hours:</strong> Mon-Fri, 7:30AM-3:30PM</td>
</tr>
</tbody>
</table>
### VIBES – Volunteers in Bellevue’s Education System

**Volunteer Opportunities:** Volunteers are needed for mentoring and tutoring (one on one, small group or classroom) for students grades Preschool-12.

- **Minimum Age:** 16
- **Minimum Commitment:** 1 hour per week during the school year
- **Other Notes:** Earn Community Service Hours for High School! Help a Classroom Teacher! Mentor an English Language Learner! Be a Role Model!

**Contact/Position:** Office Coordinator/Volunteer Coordinator

**Physical Address:** 700 108th AVE NE, Suite 207
Bellevue, WA 98004

**Phone:** 425.451.8838

**Facebook:** https://www.facebook.com/pages/Washington-Women-in-Need/108393312632

**Email:** mnnitz@wwin.org

**Web:** www.wwin.org

**Business Hours:** Mon-Fri, 9AM-5PM

### Starlight Children’s Foundation - Northwest

**Volunteer Opportunities:** Volunteers are needed for Volunteer Saturdays, Teen Formal Committee, Teen Formal Event, and Hospital Happenings.

- **Minimum Age:** 16
- **Minimum Commitment:** Varies

**Contact/Position:** Office Coordinator/Volunteer Coordinator

**Physical Address:** 5001 150th AVE NE #110
Redmond, WA 98052

**Phone:** 425.883.9023

**Facebook:** https://www.facebook.com/starlightwa?v=feed

**Email:** volunteer@starlight-northwest.org

**Web:** www.starlight-washington.org

**Business Hours:** Mon-Fri, 9AM-4:30PM

### Washington Women in Need

**Volunteer Opportunities:** Volunteers are needed to periodically help stuff and sort bulk mailings.

- **Minimum Age:** 15
- **Minimum Commitment:** 6 hours

**Contact/Position:** Program Coordinator

**Physical Address:** PO Box 90010
Bellevue, WA 98009-9010

**Phone:** 425.456.4151

**Email:** Vibes@bsd405.org

**Web:** wwwbsd405org/vibes

**Business Hours:** Mon-Fri, 9AM-5PM
### YMCA

The YMCA has a full exercise facility with swimming pools and childcare programs. They are an inclusive organization of men, women and children with a shared commitment to nurture the potential of youth, promote healthy living and foster social responsibility.

**Volunteer Opportunities:** Volunteers are needed as camp aides, tutors, coaches, sports officials, to assist with childcare, and the aquatics program.  
**Minimum Age:** 14  
**Minimum Commitment:** Varies

<table>
<thead>
<tr>
<th>Location</th>
<th>Contact/Position</th>
<th>Address</th>
<th>Phone</th>
<th>Facebook</th>
<th>Email</th>
<th>Web</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eastside (Bellevue)</td>
<td>Volunteer Coordinator</td>
<td>14230 Bel-Red Rd, Bellevue, WA 98007</td>
<td>425.746.9900</td>
<td><a href="https://www.facebook.com/BellevueYMCA">https://www.facebook.com/BellevueYMCA</a></td>
<td><a href="mailto:vhinds@seattleymca.org">vhinds@seattleymca.org</a></td>
<td><a href="http://www.seattleymca.org/Locations/Bellevue">www.seattleymca.org/Locations/Bellevue</a></td>
</tr>
<tr>
<td>Northshore (Bothell)</td>
<td>Volunteer Coordinator</td>
<td>11811 NE 195th St, Bothell, WA 98011</td>
<td>425.485.9797</td>
<td><a href="https://www.facebook.com/NorthshoreYMCA">https://www.facebook.com/NorthshoreYMCA</a></td>
<td><a href="mailto:rscoott@seattleymca.org">rscoott@seattleymca.org</a></td>
<td><a href="http://www.seattleymca.org/Locations/Northshore">www.seattleymca.org/Locations/Northshore</a></td>
</tr>
<tr>
<td>Sammamish</td>
<td>Volunteer Coordinator</td>
<td>4221 220th Ave SE, Issaquah, WA 98029</td>
<td>425.391.4840</td>
<td><a href="https://www.facebook.com/SammamishYMCA">https://www.facebook.com/SammamishYMCA</a></td>
<td><a href="mailto:hmayhew@seattleymca.org">hmayhew@seattleymca.org</a></td>
<td><a href="http://www.seattleymca.org/Locations/Sammamish">www.seattleymca.org/Locations/Sammamish</a></td>
</tr>
</tbody>
</table>

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<tr>
<th>Facility Hours</th>
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<th>Facility Hours</th>
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<tbody>
<tr>
<td>Mon-Fri, 5AM-10PM Sat-Sun, 7AM-7PM</td>
<td>Mon-Fri, 5AM-10PM Sat, 7AM-7PM Sun, 9AM-5PM</td>
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</table>

### YWCA Family Village

YWCA Family Village provides transitional housing with on-site support services to help homeless families stabilize and become self-sufficient as they prepare to transition to independent living in permanent housing.

**Volunteer Opportunities:** Volunteers are needed to assist teachers, read to young children, work in the clothing program for low-income adults, and help sort donations.  
**Minimum Age:** 16  
**Minimum Commitment:** Typical range is 3 hours/month — 2 hours/week for 6 months

| Contact/Position: Volunteer Coordinator | Physical Address: 16601 NE 80th St, Redmond, WA 98052 | Phone: 206.490.4376 | Facebook: https://www.facebook.com/YWCASeattle | Email: volunteer@ywcaworks.org | Web: www.ywcaworks.org | Business Hours: Mon-Fri, 8AM-5PM |
Service Clubs and Organizations
A service club is a group of business and/or professional adults who have identified common needs within the community and support that need through community service, fundraising, awareness, and more.

Kiwanis - “Serving the Children of the World” (www.kiwanis.org)
Bellevue — www.bellevue.kiwanis.org
Kirkland — www.kirkland.kiwanis.org
Kirkland Sunrise — www.kirklandsunrisekiwanis.org
Issaquah — www.issaquah.kiwanis.org
Issaquah Valley
Providence Point (Issaquah)
Redmond
Sammamish — www.sammamishkiwanis.org

Lions - “We Serve” (www.lionsclub.org)

Rotary - “Encouraging the Ideal of Service as the Basis of Worthy Enterprise” (www.rotary.org)
Bellevue — www.bellevuerotary.net
Bellevue Breakfast — www.tbrc.net
Bellevue Overlake — www.bellevueoverlakerotary.org
Bellevue Sunrise — www.bellevuesuniserotary.org
Issaquah — www.issaquahrotary.org
Kirkland — www.kirklandrotary.org
Kirkland Downtown — www.rckd.org
Redmond — www.redmondrotary.org
Redmond Rousers — www.redmondrousers.org
Sammamish — www.sammamishrotary.org

Chambers of Commerce
A chamber of commerce is a voluntary association whose membership is comprised of companies, civic leaders, and individual business people. Chambers of commerce strive to develop and publicize business opportunities in their communities, as well as work for the betterment of local schools and other community institutions.

Bellevue
The Bellevue Chamber of Commerce fosters a healthy business environment by providing strategic leadership, advocacy, tools, and resources for business success.

Address: 302 Bell Square Bellevue, WA 98004
Phone: 425.454.2464
Facebook: https://www.facebook.com/bellevuechamber
Email: staffteam@bellevuechamber.org
Web: www.bellevuechamber.org

Issaquah
The mission of the Issaquah Chamber of Commerce is to advance and promote business by providing a forum to address critical issues, and to unite and support our memberships and community through programs, events, and services.

Address: 155 NE Gilman Blvd Issaquah, WA 98027
Phone: 425.392.7024
Facebook: https://www.facebook.com/pages/The-Greater-Issaquah-Chamber-of-Commerce/112463128764840
Email: info@issaquahchamber.com
Web: www.issaquahchamber.com
## Volunteer Positions

<table>
<thead>
<tr>
<th>Location</th>
<th>Information</th>
</tr>
</thead>
</table>
| Kirkland | The mission of the Kirkland Chamber of Commerce is to promote economic vitality. The Chamber endeavors through its programs, to seek broad involvement of business and community interests. It provides the leadership necessary for a favorable business climate, forges public-private partnerships whenever possible, and fosters a positive community identity.  
Address: 223 Kirkland Ave, Ste 102  Kirkland, WA 98033  
Phone: 425.822.7066  
Facebook: [https://www.facebook.com/pages/Greater-Kirkland-Chamber-of-Commerce/118760344815311](https://www.facebook.com/pages/Greater-Kirkland-Chamber-of-Commerce/118760344815311)  
Email: judim@kirklandchamber.org  
Web: [www.kirklandchamber.org](http://www.kirklandchamber.org) |
| Redmond | The Greater Redmond Chamber of Commerce exists to retain, expand and recruit new business; promote community involvement, connect Eastside businesses, and advocate for a vibrant business community.  
Address: 1610 NE 80th Street  Redmond, WA 98052  
Phone: 425.885.4014  
Email: info@redmondchamber.org  
Web: [www.redmondchamber.org](http://www.redmondchamber.org) |
| Sammamish | To encourage economic development and vitality through enhancement and support of business, city and community.  
Address: 704 228th AVE NE #123  Sammamish, WA 98074  
Phone: 425.681.4910  
Facebook: [https://www.facebook.com/SammamishChamber](https://www.facebook.com/SammamishChamber)  
Email: info@sammamishchamber.org  
Web: [www.sammamishchamber.org](http://www.sammamishchamber.org) |
## King County Library System

King County Library System (KCLS) offers an unparalleled collection of books, ebooks, music, movies, computers, internet resources, public programs & more. KCLS is currently the busiest library in the United States, circulating 22.4 million items in 2010. It consists of 48 libraries, a Traveling Library Center, a mobile TechLab, and the ABC Express children’s library van. KCLS offers a collection of more than 4.1 million items, including books, periodicals, newspapers, audio and videotapes, films, CDs, DVDs and extensive online resources. All KCLS libraries offer free Wi-Fi connections.

**Websites:** (www.kcls.org/volunteer), (www.facebook.com/kingcountylibrarysystem)

<table>
<thead>
<tr>
<th>Bellevue Library</th>
<th>Issaquah Library</th>
<th>Kirkland Library</th>
<th>Lake Hills Library</th>
<th>Newport Way Library</th>
<th>Redmond Library</th>
<th>Sammamish Library</th>
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<tbody>
<tr>
<td>Site Address:</td>
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<td>Site Address:</td>
<td>Site Address:</td>
<td>Site Address:</td>
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<tr>
<td>1111 110th Ave NE Bellevue, WA  98004</td>
<td>10 West Sunset Way Issaquah, WA  98027</td>
<td>308 Kirkland Ave Kirkland, WA  98033</td>
<td>15590 Lake Hills Blvd Bellevue, WA  98007</td>
<td>14250 SE Newport Way Bellevue, WA  98006</td>
<td>15990 N.E. 85th Redmond, WA  98052</td>
<td>825 228th Ave NE Sammamish, WA  98075</td>
</tr>
<tr>
<td>Phone:</td>
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</tr>
<tr>
<td>Mon-Thurs, 9AM-9PM Fri, 10AM-6PM Sat, 10AM-6PM Sun, 12PM-8PM</td>
<td>Mon-Thurs, 10AM-9PM Fri, 10AM-6PM Sat, 10AM-5PM Sun, 1PM-5PM</td>
<td>Mon-Thurs, 10AM-9PM Fri, 10AM-6PM Sat, 10AM-5PM Sun, 1PM-5PM</td>
<td>Mon-Thurs, 10AM-9PM Fri, 10AM-6PM Sat, 10AM-5PM Sun, 1PM-5PM</td>
<td>Mon-Thurs, 10AM-9PM Fri, 10AM-6PM Sat, 10AM-5PM Sun, 1PM-5PM</td>
<td>Mon-Thurs, 10AM-9PM Fri, 10AM-6PM Sat, 10AM-5PM Sun, 1PM-5PM</td>
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</tr>
</tbody>
</table>
## Local Government

### City of Bellevue

**Volunteer Opportunities:** Volunteers are needed to assist with a broad range of programs and activities. This includes providing information to fellow citizens, coaching sports teams, helping older adults, and protecting local environment.

**Minimum Age:** Varies  
**Minimum Commitment:** Varies

**Contact/Position:** Volunteer Program  
**Physical Address:** 450 110th Ave NE  
Bellevue, WA  98004  
**Mailing Address:** PO Box 90012  
Bellevue, WA  98009  
**Phone:** 425.452.5375  
**Facebook:** https://www.facebook.com/bellevuewashington  
**Email:** sshellabarger@bellevuewa.gov  
**Web:** http://www.bellevuewa.gov/volunteer.htm  
**Business Hours:** Mon-Fri, 8AM-5PM

### City of Kirkland

**Volunteer Opportunities:** City volunteers assist City staff in all departments enhancing services to the Kirkland community by restoring the natural vegetation in City parks, supporting the City Council in legislative matters, assisting with special events, and providing office support. The City also reserves a youth-specific position on seven of its boards and commissions.

**Minimum Age:** Varies  
**Minimum Commitment:** Varies

**Contact/Position:** Volunteer Coordinator  
**Physical Address:** 123 5th Ave  
Kirkland, WA  98033  
**Phone:** 425.587.3012  
**Email:** volunteer@kirklandwa.gov  
**Web:** http://www.kirklandwa.gov/depart/CMO/Volunteering.htm  
**Business Hours:** Mon-Fri, 8AM-5PM

### City of Sammamish

**Volunteer Opportunities:** Volunteers are needed to help support City staff, maintain parks, and assist with special events.

**Minimum Age:** Varies  
**Minimum Commitment:** Varies

**Contact/Position:** Volunteer Coordinator  
**Physical Address:** 801 228th Ave SE  
Sammamish, WA  98075  
**Phone:** 425.295.0556  
**Email:** dsanders@ci.sammamish.wa.us  
**Web:** http://www.ci.sammamish.wa.us/volunteer/Default.aspx  
**Business Hours:** Mon-Fri, 8AM-5PM
## Life Enrichment Options
Life Enrichment Options is a non-profit organization working to foster a community that supports individuals with developmental disabilities in achieving their goals including housing, recreation, employment, and education.

**Volunteer Opportunities:** Volunteers are needed to assist with a variety of special events and activities throughout the year. Assistance is also needed with yard work and general home repairs.

**Minimum Age:** 15  
**Minimum Commitment:** Varies

### Contact/Position:
- **Executive Director**  
- **Mailing Address:** 3020 Issaquah Pine Lake Road #254  
  Sammamish, WA 98075  
- **Phone:** 425.260.2109  
- **Facebook:** https://www.facebook.com/LifeEnrichmentOptions-LEO/255893314423702  
- **Email:** info@lifeenrichmentoptions.org  
- **Web:** www.lifeenrichmentoptions.org

### Business Hours:
- **Vary**

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## Bridge Disability Ministries
Bridge Disability Ministries is a faith-based non-profit serving people living with disabilities.

**Volunteer Opportunities:** Volunteers are needed to assist with the annual benefit dinner & auction and in the mobility center.

**Minimum Age:** 18 (Minimum age may be waived in certain circumstances)  
**Minimum Commitment:** Varies

### Contact/Position:
- **Volunteer Coordinator**  
- **Physical Address:** 12356 Northup Way, Ste 103  
  Bellevue, WA 98005  
- **Phone:** 425.885.1006 ext. 118  
- **Facebook:** https://www.facebook.com/BridgeDisabilityMinistries  
- **Email:** lindam@bridgemin.org  
- **Web:** http://www.bridgemin.org

### Business Hours:
- **Mon-Thurs, 9AM-5PM**

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## Athletes for Kids
Athletes for Kids serves children with special needs by improving their social and emotional development through a personal relationship with an older high school student-athlete. The program is designed to dramatically improve confidence, self-esteem, and ability to relate to peers before entering the teen years. By socializing with a positive role model, the young child gains self-confidence and learns to make thoughtful choices.

**Volunteer Opportunities:** Volunteer student athletes are needed to serve as mentors to students with special needs.

**Minimum Age:** High school sophomore  
**Minimum Commitment:** One school year  
**Other Notes:** Student mentors must attend Skyline, Eastlake, Eastside Catholic, Issaquah, Overlake or Redmond high schools. Each potential mentor must complete an application form and interview.

### Contact/Position:
- **President**  
- **Mailing Address:** 3020 Issaquah Pine Lake Road #254  
  Sammamish, WA 98075  
- **Phone:** 425.395.6688  
- **Facebook:** https://www.facebook.com/athletesforkids  
- **Email:** contactAFK@athletesforkids.org  
- **Web:** www.athletesforkids.org

### Business Hours:
- **N/A**
<table>
<thead>
<tr>
<th><strong>Little Bit Therapeutic Riding Center</strong></th>
<th><strong>Outdoors For All Foundation</strong></th>
<th><strong>Tavon Center</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Little Bit strives to improve the bodies, minds, and spirits of children and adults with disabilities through equine-assisted therapy and to be an educational resource for the therapeutic riding profession, both regionally and nationally. The Adaptive Riding and Hippotherapy programs utilize the unique qualities of the horse to affect positive change in the lives of children and adults with disabilities.</td>
<td>The Outdoors for All Foundation is a national leader and one of the largest nonprofit organizations providing year round instruction in outdoor recreation for people with physical, developmental, and sensory disabilities. Outdoors for All’s year round programming includes snowboarding, snowshoeing, cross country and downhill skiing, cycling, hiking, river rafting, canoeing and kayaking, day camps, water skiing, rock-climbing, camping and Custom Events.</td>
<td>The Tavon Center is a day program for young adults with disabilities ages 18 and over.</td>
</tr>
<tr>
<td><strong>Volunteer Opportunities:</strong> Volunteers are needed to assist in preparing horses for classes, office work, and special events.</td>
<td><strong>Volunteer Opportunities:</strong> Volunteers are needed to assist with a wide variety of sports and recreational activities, office work, camps, and special events.</td>
<td><strong>Volunteer Opportunities:</strong> Volunteers are needed to work directly with clients, work in the gardens, caring for animals (chickens, goats, rabbits).</td>
</tr>
<tr>
<td><strong>Minimum Age:</strong> 14 or 16 depending on task</td>
<td><strong>Minimum Age:</strong> 13</td>
<td><strong>Minimum Age:</strong> 16</td>
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<tr>
<td><strong>Minimum Commitment:</strong> Varies</td>
<td><strong>Minimum Commitment:</strong> Varies</td>
<td><strong>Minimum Commitment:</strong> Flexible</td>
</tr>
<tr>
<td><strong>Other Notes:</strong> Training is provided.</td>
<td><strong>Other Notes:</strong> Training is provided.</td>
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</table>
# Volunteer Positions

## Environment

### City of Issaquah – Office of Sustainability

Office of Sustainability is a residential source to information on local environmental issues, conserving and protecting Issaquah’s natural resources, and educational and volunteer opportunities.

**Volunteer Opportunities:** Volunteers are needed to assist with water quality sampling, monitoring restoration areas, wetland monitoring, bird monitoring, and working in the community garden.

**Minimum Age:** 12

**Minimum Commitment:** Flexible

**Contact/Position:** Office of Sustainability Volunteer Coordinator

**Physical Address:** 130 E. Sunset Way

**Mailing Address:** PO Box 1307

**Phone:** 425.837.3400

**Email:** sustainability@issaquahwa.gov

**Web:** www.issaquahwa.gov

**Business Hours:** Mon-Fri, 8AM-5PM

### City of Sammamish Parks and Recreation Department

The City of Sammamish Parks and Recreation Department works with volunteers to enhance and enrich their parks.

**Volunteer Opportunities:** Volunteers are needed to assist with maintaining trails, removing invasive species, enhancing native plant gardens, marking storm drains, and special events.

**Minimum Age:** 14

**Minimum Commitment:** Varies

**Other Notes:** Eagle Scout projects are encouraged. Youth are also encouraged to become Park Stewards.

**Contact/Position:** Volunteer Coordinator

**Physical Address:** 801 228th Ave SE

**Phone:** 425.295.0556

**Facebook:** https://www.facebook.com/SammamishParksandRec

**Email:** dsanders@ci.sammamish.wa.us

**Web:** www.ci.sammamish.wa.us

**Business Hours:** Mon-Fri, 8AM-5PM

### EarthCorps

EarthCorps’ mission is to build global community through local environmental service. We do this by training young adults, from all over the US and the world, in environmental restoration. We also accomplish this by leading over 10,000 volunteers in projects ranging from Tacoma to Everett.

**Volunteer Opportunities:** Most events are forest restoration (invasive plant species removal, planting native trees/shrubs and restoration site maintenance) projects that take place in various parks and natural areas. Most events take place on Saturdays.

**Minimum Age:** No minimum

**Minimum Commitment:** 4 hours

**Other Notes:** To participate in any of our volunteer events folks MUST sign up ahead of time at http://www.earthcorps.org/volunteer.php.

EarthCorps supplies gloves, tools, water, light refreshments and volunteer education that covers safety, information on the park you are working in, forest health, environmental restoration and the overview of the project. We suggest that volunteers dress in layers of older clothes that include long pants, long sleeve shirt and a jacket. Durable footwear such as work boots, hiking boots or running shoes are recommended for these events. Our events take place rain or shine so please come prepared for the weather. Bring a lunch/snack if you would like as well as a water bottle and a coffee cup/travel mug for refreshments.

**Contact/Position:** Volunteer Program Manager

**Physical Address:** 6310 NE 74th Street Suite 201 E

**Phone:** 206.322.9296 ext.217

**Facebook:** http://www.facebook.com/EarthCorps

**Email:** chris@earthcorps.org

**Web:** http://www.earthcorps.org/volunteer.php

**Business Hours:** Mon-Fri, 8AM-5PM
### Forterra
Forterra’s mission is to act with immediacy to protect, enhance and steward our region’s most precious resources—its communities and its landscapes. Filling a unique niche as the largest conservation and community building organization in Washington State, they are working to build the foundations for our sustainable environmental and economic futures in the face of a rapidly growing population. For over 20 years, Forterra has successfully led efforts to conserve more than 179,000 acres of forests, farms, shorelines, parks and natural areas and restore critical landscapes.

**Volunteer Opportunities:** Volunteers are needed to help remove invasive plant species, plant native plants, spread mulch, do stream and trail restoration and more.

**Minimum Age:** Youth under 18 years of age may participate in any Forterra event either with a guardian present, or with a signed youth waiver.

**Minimum Commitment:** Flexible

### Friends of the Cedar River Watershed (FCRW)
The Friends of the Cedar River Watershed (FCRW) is a non-profit that supports watershed restoration efforts from the Cascade crest to the Puget Sound. FCRW’s mission is to inspire conservation and protection of healthy local watersheds through restoration, education, and stewardship.

**Volunteer Opportunities:** Volunteers are needed to assist with restoration activities at the Cedar River watershed and in the greater Lake Washington watershed. Work includes removal of invasive species and weed suppression, planting of native plants, irrigation installation, watering of newly planted natives, and continual management of adopt-a-site restorations.

**Minimum Age:** 15

**Minimum Commitment:** One 4 hour project

### Friends of the Trail
Friends of the Trail (FoT) addresses the problem of dumping and littering of our public lands, waterways and scenic areas in Eastern King County, WA. FoT works on these lands removing years of accumulated trash, abandoned vehicles, and appliances to restore these areas to their original state. They strive to create better awareness of the problem, implement prevention measures, and educational efforts to achieve the overall goal to keep Washington State’s public lands and waterways healthy.

**Volunteer Opportunities:** Volunteers are needed to assist with illegal dumpsites and litter cleanups on public lands and waterways.

**Minimum Age:** 15

**Minimum Commitment:** One 4 hour project

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**Contact/Position:** Volunteer Coordinator  
**Physical Address:** 901 5th Avenue Ste. 2200  
Seattle, WA  98164  
**Phone:** 206.905.6931  
**Facebook:** [https://www.facebook.com/ForterraNW](https://www.facebook.com/ForterraNW)  
**Email:** volunteer@forterra.org  
**Web:** [www.forterra.org](http://www.forterra.org)  
**Business Hours:** Vary

**Contact/Position:** Stewardship Coordinator  
**Office Address:** 6512 23rd Ave NW, #201  
Seattle, WA  98117  
**Project Site:** Cedar River Watershed & Lake Forest Park Watershed  
**Phone:** 206.297.8141  
**Facebook:** [https://www.facebook.com/friendsofcedar](https://www.facebook.com/friendsofcedar)  
**Email:** info@cedarriver.org  
**Web:** [www.cedarriver.org](http://www.cedarriver.org)  
**Office Hours:** Mon-Fri, 9AM-5PM  
**Project Hours:** Typically Sat, 10AM-2PM

**Contact/Position:** Program Coordinator  
**Mailing Address:** PO Box 1124  
North Bend, WA  98045  
**Phone:** 425.831.5489  
**Facebook:** [https://www.facebook.com/pages/Friends-of-The-Trail/253149488046806](https://www.facebook.com/pages/Friends-of-The-Trail/253149488046806)  
**Email:** friendsot@centurytel.net  
**Web:** [www.friendsofthetrail.org](http://www.friendsofthetrail.org)  
**Business Hours:** Vary
### Green Kirkland Partnership

The Green Kirkland Partnership is an alliance between the City of Kirkland, nonprofit partners, businesses and the community to restore natural areas in the City. The City of Kirkland is fortunate to have more than 550 acres of park lands-more than 400 acres are natural areas such as forests, streams, wetlands and native vegetation. The Partnership seeks to remove invasive plants in city parks and plant native species.

**Volunteer Opportunities:** Volunteers are needed to help remove invasive species and plant native species.

**Minimum Age:** 14  
**Minimum Commitment:** Flexible  
**Other Notes:** Volunteers can choose to participate in pre-planned work parties or private group projects.

### King County Parks Department

The King County Parks Department exists to serve and enhance the quality of life for residents through partnerships, entrepreneurial initiatives, and environmentally sound stewardship of regional and rural parks, trails, natural lands and recreational facilities.

**Volunteer Opportunities:** Volunteers are needed to plant trees, work in the nursery, maintain planted sites, repair backcountry trails, clean up parks, and remove noxious weeds.

**Minimum Age:** 16  
**Minimum Commitment:** One event  
**Other Notes:** Events take place almost every Saturday.

### Mercer Slough Environmental Education Center

Located on a biologically diverse 320-acre wetland nature park in the heart of urban Bellevue, the Mercer Slough Environmental Education Center is a collaboration between the City of Bellevue and Pacific Science Center.

**Volunteer Opportunities:** Volunteers are needed as summer camp assistants. Teens can also participate in the yearlong Lake Washington Watershed Internship program.

**Minimum Age:** 14  
**Minimum Commitment:** Varies based on volunteer assignment  
**Other Notes:** Volunteers will be provided with relevant training and background information during orientation sessions.

### Contact/Position:

<table>
<thead>
<tr>
<th>Environment &amp; Outreach Specialist</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Physical Address:</strong> 505 Market St Ste A</td>
</tr>
<tr>
<td><strong>Phone:</strong> 425.587.3305</td>
</tr>
<tr>
<td><strong>Facebook:</strong> <a href="https://www.facebook.com/Green-Kirkland-Partnership/134032297602">https://www.facebook.com/Green-Kirkland-Partnership/134032297602</a></td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:greenkirkland@kirklandwa.gov">greenkirkland@kirklandwa.gov</a></td>
</tr>
<tr>
<td><strong>Web:</strong> <a href="http://www.greenkirkland.org">www.greenkirkland.org</a></td>
</tr>
<tr>
<td><strong>Business Hours:</strong> Mon-Fri, 7:30AM-4PM</td>
</tr>
</tbody>
</table>

### Contact/Position:

<table>
<thead>
<tr>
<th>Volunteer Coordinator</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Physical Address:</strong> 201 Jackson St, Ste 700</td>
</tr>
<tr>
<td><strong>Phone:</strong> 206.296.4452</td>
</tr>
<tr>
<td><strong>Facebook:</strong> <a href="https://www.facebook.com/iheartkcparks">https://www.facebook.com/iheartkcparks</a></td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:laurie.clineton@kingcounty.gov">laurie.clineton@kingcounty.gov</a></td>
</tr>
<tr>
<td><strong>Web:</strong> <a href="http://www.kingcounty.gov/recreation/parks/volunteer.aspx">www.kingcounty.gov/recreation/parks/volunteer.aspx</a></td>
</tr>
<tr>
<td><strong>Business Hours:</strong> Mon-Fri, 7:30AM-4PM</td>
</tr>
</tbody>
</table>

### Contact/Position:

<table>
<thead>
<tr>
<th>Teen Programs Supervisor</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Physical Address:</strong> 1625 118th Ave SE</td>
</tr>
<tr>
<td><strong>Phone:</strong> 425.450.0207</td>
</tr>
<tr>
<td><strong>Facebook:</strong> <a href="https://www.facebook.com/MSEEC">https://www.facebook.com/MSEEC</a></td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:Mercer.Slough.Teens@pacsci.org">Mercer.Slough.Teens@pacsci.org</a></td>
</tr>
<tr>
<td><strong>Web:</strong> <a href="http://www.pacificsciencecenter.org/Mercer-Slough/slough">www.pacificsciencecenter.org/Mercer-Slough/slough</a></td>
</tr>
<tr>
<td><strong>Business Hours:</strong> Mon-Sun, 10AM-5PM</td>
</tr>
<tr>
<td>Organization</td>
</tr>
<tr>
<td>--------------</td>
</tr>
<tr>
<td><strong>Mountains to Sound Greenway</strong></td>
</tr>
<tr>
<td><strong>The Student Conservation Association - Seattle</strong></td>
</tr>
<tr>
<td><strong>Volunteers for Outdoor Washington</strong></td>
</tr>
<tr>
<td><strong>Washington Trails Association</strong></td>
</tr>
</tbody>
</table>

**Mountains to Sound Greenway**
The Mountains to Sound Greenway is a 100-mile corridor of parks, forests, and trails along Interstate 90. The Greenway Trust aims to keep these natural areas healthy and improve recreational access.

**Volunteer Opportunities:** Volunteers are needed to help restore natural areas and build trails. Seasonal tasks include tree and shrub planting, replanting seedlings at the nursery, and removal of invasive plants.

**Minimum Age:** 14
**Minimum Commitment:** One 6 hour project
**Other Notes:** Most projects are scheduled for Saturdays, 9am-3pm. All projects are outdoors and run rain or shine.

**The Student Conservation Association - Seattle**
The Student Conservation Association is America’s conservation corps. Members protect and restore national parks, marine sanctuaries, cultural landmarks and community green spaces in all 50 states.

**Volunteer Opportunities:** Volunteers can participate in various environmental conservation projects. Opportunities exist in Seattle for high school students throughout the year.

**Minimum Age:** 15
**Minimum Commitment:** Varies

**Volunteers for Outdoor Washington**
Volunteers for Outdoor Washington is a non-profit service organization that recruits, organizes and trains volunteers to perform trail construction and maintenance and to restore natural habitat while preserving the rich heritage features found in Washington State.

**Volunteer Opportunities:** Volunteers are needed to assist with removing invasive species, constructing steps, installing culverts, and more.

**Minimum Age:** 15
**Minimum Commitment:** One 7 hour work party

**Washington Trails Association**
As the state’s largest advocacy group, Washington Trails Association preserves and promotes hiking opportunities in Washington State.

**Volunteer Opportunities:** Volunteers are needed to assist with trail maintenance, advocacy efforts, updating website, and as photographers and writers.

**Minimum Age:** 14
**Minimum Commitment:** Flexible
### Health

| **Volunteer Positions** | **Contact/Position**: Volunteer Coordinator  
**Physical Address**: 9 Lake Bellevue Drive  
Belleview, WA 98055  
**Phone**: 425.451.8455  
**Facebook**: [https://www.facebook.com/ccfanorthwest](https://www.facebook.com/ccfanorthwest)  
**Email**: ecollins@ccfa.org  
**Web**: [www.ccfa.org/chapters/northwest](http://www.ccfa.org/chapters/northwest)  
**Business Hours**: Mon-Fri, 9AM-5PM |
| **Crohns & Colitis Foundation of America: Northwest Chapter** | **Volunteer Opportunities**: Volunteers are needed to help with special events and assist with planning events.  
**Minimum Age**: 14  
**Minimum Commitment**: Flexible |
| **Evergreen Health** | **Volunteer Opportunities**: Volunteers help in many areas of the hospital, gift shop, and behind the scenes in office settings.  
**Minimum Age**: 16  
**Minimum Commitment**: 4 hour shift/week for 6 months  
**Other Notes**: All volunteers must complete orientation prior to starting. |
| **Public Health – Seattle/King County Tobacco Prevention** | **Volunteer Opportunities**: Underage youth operatives are needed to join forces with Public Health staff to identify retailers that are selling tobacco to minors.  
**Minimum Age**: 15 – Maximum age is 17  
**Minimum Commitment**: Typically 3-5 hours/month for 6 months  
**Other Notes**: All youth are under the direct supervision of the Compliance Coordinator at all times. Training and transportation are also provided. |
| **Puget Sound Blood Center** | **Volunteer Opportunities**: Volunteers are needed to assist with registering blood and bone marrow donors. Volunteers are also needed to help monitor donors and serve refreshments following their blood donation. Assistance with placing reminder calls to donors and organizing school based blood drives is also needed.  
**Minimum Age**: 14  
**Minimum Commitment**: Varies |
| **Contact/Position**: Volunteer Services  
**Physical Address**: 12040 NE 128th St  
Kirkland, WA 98034  
**Phone**: 425.889.1994  
**Facebook**: [https://www.facebook.com/evergreenhospital.org](https://www.facebook.com/evergreenhospital.org)  
**Email**: mllong@evergreenhealthcare.org  
**Web**: [www.evergreenhealth.org](http://www.evergreenhealth.org)  
**Business Hours**: Mon-Fri, 8AM-6:30PM  
Sat, 9AM-5PM |
| **Contact/Position**: Compliance Coordinator  
**Physical Address**: 401 Fifth Ave Ste 900  
Seattle, WA 98104  
**Phone**: 206.263.0177  
**Email**: Fel.pajimula@kingcounty.gov  
**Web**: [www.tobaccoprevention.org](http://www.tobaccoprevention.org)  
**Business Hours**: Mon-Fri, 8AM-5PM |
| **Contact/Position**: Volunteer Coordinator  
**Physical Address**: 1021 112th Ave NE  
Bellevue, WA 98004  
**Phone**: 425.462.4381  
**Facebook**: [https://www.facebook.com/PugetSoundBloodCenter](https://www.facebook.com/PugetSoundBloodCenter)  
**Email**: ColetteG@psbc.org  
**Web**: [www.psbc.org](http://www.psbc.org)  
**Office Hours**: Mon-Fri, 8AM-5PM  
**Center Hours**: Mon-Thurs, 8AM-4PM  
Fri, 8AM-5PM  
Sat, 8AM-4PM |

Evergreen Health is a community-based healthcare organization serving more than 400,000 people throughout the northern King and southern Snohomish counties. Services provided are among the most comprehensive in the region. **Opportunities**: Volunteers help in many areas of the hospital, gift shop, and behind the scenes in office settings. **Minimum Age**: 16  
**Minimum Commitment**: 4 hour shift/week for 6 months  
**Other Notes**: All volunteers must complete orientation prior to starting. **Contact/Position**: Volunteer Services  
**Physical Address**: 12040 NE 128th St  
Kirkland, WA 98034  
**Phone**: 425.889.1994  
**Facebook**: [https://www.facebook.com/evergreenhospital.org](https://www.facebook.com/evergreenhospital.org)  
**Email**: mllong@evergreenhealthcare.org  
**Web**: [www.evergreenhealth.org](http://www.evergreenhealth.org)  
**Business Hours**: Mon-Fri, 8AM-6:30PM  
Sat, 9AM-5PM |

Public Health – Seattle/King County Tobacco Prevention

King County Public Health operates the largest tobacco compliance check program in the nation. Working closely with the Washington State Liquor Control Board and various local agencies, the Tobacco Compliance Check Program monitors every tobacco retailer in King County. **Volunteer Opportunities**: Underage youth operatives are needed to join forces with Public Health staff to identify retailers that are selling tobacco to minors. **Minimum Age**: 15 – Maximum age is 17  
**Minimum Commitment**: Typically 3-5 hours/month for 6 months  
**Other Notes**: All youth are under the direct supervision of the Compliance Coordinator at all times. Training and transportation are also provided. **Contact/Position**: Compliance Coordinator  
**Physical Address**: 401 Fifth Ave Ste 900  
Seattle, WA 98104  
**Phone**: 206.263.0177  
**Email**: Fel.pajimula@kingcounty.gov  
**Web**: [www.tobaccoprevention.org](http://www.tobaccoprevention.org)  
**Business Hours**: Mon-Fri, 8AM-5PM |

Puget Sound Blood Center

The Puget Sound Blood Center is a volunteer supported non-profit regional resource that provides blood and tissue services, research, and education throughout Western Washington. **Volunteer Opportunities**: Volunteers are needed to assist with registering blood and bone marrow donors. Volunteers are also needed to help monitor donors and serve refreshments following their blood donation. Assistance with placing reminder calls to donors and organizing school based blood drives is also needed. **Minimum Age**: 14  
**Minimum Commitment**: Varies  
**Contact/Position**: Volunteer Coordinator  
**Physical Address**: 1021 112th Ave NE  
Bellevue, WA 98004  
**Phone**: 425.462.4381  
**Facebook**: [https://www.facebook.com/PugetSoundBloodCenter](https://www.facebook.com/PugetSoundBloodCenter)  
**Email**: ColetteG@psbc.org  
**Web**: [www.psbc.org](http://www.psbc.org)  
**Office Hours**: Mon-Fri, 8AM-5PM  
**Center Hours**: Mon-Thurs, 8AM-4PM  
Fri, 8AM-5PM  
Sat, 8AM-4PM |
# Volunteer Positions

## Older Adults

### Eastside Friends of Seniors
Eastside Friends of Seniors helps the elderly population living in the greater Issaquah, Sammamish, and Snoqualmie Valley with a complete list of critical services to stay where they really want to be—in their own home.

**Volunteer Opportunities:** Volunteers are needed to visit with seniors, assist with house cleaning and yard work.

- **Minimum Age:** 16
- **Minimum Commitment:** Varies
- **Other Notes:** Training is provided.

**Contact/Position:** Volunteer Coordinator

**Physical Address:** 1121 228th Ave SE
Sammamish, WA 98075

**Phone:** 425.369.9120

**Facebook:** [https://www.facebook.com/FriendsOfSeniors](https://www.facebook.com/FriendsOfSeniors)

**Email:** info@eastsidefriendsofseniors.org

**Web:** [www.eastsidefriendsofseniors.org](http://www.eastsidefriendsofseniors.org)

**Business Hours:** Mon-Fri, 10AM-4PM

### Emerald Heights
Emerald Heights is a retirement community on a 40-acre campus adjoining Redmond High School.

**Volunteer Opportunities:** Volunteers are needed to help the recreation assistants carry out events and activities with residents.

- **Minimum Age:** 16
- **Minimum Commitment:** Varies
- **Other Notes:** Training is provided.

**Contact/Position:** Director of Human Resources

**Physical Address:** 10901 176th Circle NE
Redmond, WA 98052

**Phone:** 425.556.8100

**Email:** info@emeraldheights.com

**Web:** [www.emeraldheights.com](http://www.emeraldheights.com)

**Business Hours:** Mon-Fri, 9AM-5PM

### Gardens at Juanita Bay
The Gardens at Juanita Bay is a retirement community that welcomes residents of all nationalities and backgrounds. We were originally founded by the German Ladies Society of Seattle in 1925, but since 1937 we have been a non-profit corporation providing quality care to elder citizens of all nationalities.

**Volunteer Opportunities:** Volunteers are needed to help with various activities, visiting, and reading with residents.

- **Minimum Age:** 15
- **Minimum Commitment:** One hour per week
- **Other Notes:** Training is provided.

**Contact/Position:** Office Manager

**Physical Address:** 11853 97th Ave NE
Kirkland, WA 98034

**Phone:** 425.823.0410 ext 17

**Facebook:** [https://www.facebook.com/pages/The-Gardens-at-Juanita-Bay/109938625763915](https://www.facebook.com/pages/The-Gardens-at-Juanita-Bay/109938625763915)

**Email:** monika@gardensatjuanitabay.com

**Web:** [www.gardensatjuanitabay.com](http://www.gardensatjuanitabay.com)

**Business Hours:** Seven days a week, 24 hours/day

### Madison House Retirement & Assisted Living
Madison House is a retirement community serving elderly residents in Kirkland.

**Volunteer Opportunities:** Volunteers are needed to visit with and assist residents. This may include game playing and reading.

- **Minimum Age:** 14
- **Minimum Commitment:** 1 hour/week
- **Other Notes:** Training is provided.

**Contact/Position:** Activities Director

**Physical Address:** 1225 NE 128th St
Kirkland, WA 98034

**Phone:** 425.821.8210

**Email:** info@mhretirement.com

**Web:** [www.madisonhouseretirement.com](http://www.madisonhouseretirement.com)

**Office Hours:** Mon-Fri, 8AM-3PM

**Business Hours:** Seven days a week, 24 hours/day
### Northshore Senior Center

The Northshore Senior Center offers activities and daytime care for elderly citizens.

**Volunteer Opportunities:** Volunteers are needed to assist seniors, take walks with seniors, and play games with patrons.

**Minimum Age:** 16  
**Minimum Commitment:** 4 hours/week

| Contact/Position: | Volunteer Coordinator |
| Physical Address: | 10201 E Riverside Dr  
Bothell, WA 98011 |
| Phone: | 425.286.1054 |
| Facebook: | [https://www.facebook.com/pages/Northshore-Senior-Center/348956115009](https://www.facebook.com/pages/Northshore-Senior-Center/348956115009) |
| Email: | JeanJ@seniorservices.org |
| Web: | [www.northshoreseniorservices.org](http://www.northshoreseniorservices.org) |
| Business Hours: | Mon-Fri, 8:30AM-4:30PM |

### Providence Marianwood

Providence Marianwood is a non-profit nursing facility that offers long-term care, hospice, dementia care, and respite care.

**Volunteer Opportunities:** Volunteers are needed to assist task groups and to visit with residents.

**Minimum Age:** 14  
**Minimum Commitment:** One hour/week for 6 months

| Contact/Position: | Volunteer Coordinator |
| Physical Address: | 3725 Providence Pt Dr SE  
Issaquah, WA 98029 |
| Phone: | 425.391.2800 |
| Facebook: | [https://www.facebook.com/pages/Providence-Marianwood-Foundation/142935993617](https://www.facebook.com/pages/Providence-Marianwood-Foundation/142935993617) |
| Email: | andrea.abercrombie@providence.org |
| Web: | [www.providencemarianwood.org](http://www.providencemarianwood.org) |
| Business Hours: | Mon-Sun, 8:30AM-8PM |
### American Red Cross

The American Red Cross of King, Kitsap and North Mason Counties has been helping the community since 1898. Services include Disaster Response, Community Preparedness, Health & Safety Training, International Services, Language Bank, and Youth and Young Adult Services.

**Volunteer Opportunities:** Volunteers are needed to assist with all programs.

**Minimum Age:** 14  
**Minimum Commitment:** Varies  
**Other Notes:** Volunteer orientation required.

Contact/Position: Volunteer Services Coordinator  
Physical Address: 1900 25th Ave S  
Seattle, WA  98144  
Mailing Address: PO Box 3097  
Seattle, WA  98114  
Phone: 206.726.3566  
Facebook: https://www.facebook.com/seattleredcross  
Email: volunteers@seattleredcross.org  
Web: www.seattleredcross.org  
Business Hours: Vary

### Hopelink

Hopelink serves homeless and low income families, children, seniors, and people with disabilities. They help families move out of crisis and into self-sufficiency. Hopelink offers a broad range of services and a holistic model that looks at all aspects of a family’s life. Services range from immediate and crisis-orientated services to longer-term programs that help families get back on their feet and thrive.

**Volunteer Opportunities:** Volunteers are needed to assist in the food banks, child development centers, administrative offices, and special events.

**Minimum Age:** 16  
**Minimum Commitment:** Three months

Contact/Position: Volunteer Coordinator  
Admin Office Address: 10675 Willows Rd NE #275  
Redmond, WA  98052  
Phone: 425.869.6000  
Office Hours: Mon-Fri, 8:30AM-5PM  
Facebook: https://www.facebook.com/pages/Hopelink/31267775819  
Email: volunteerwithus@hope-link.org  
Web: www.hope-link.org

**Site Addresses & Phone Numbers:**

- **Bellevue**  
  14812 Main St  
  Bellevue, WA  98007  
  Phone: 425.943.7555

- **Carnation**  
  31957 Commercial  
  Carnation, WA  98104  
  Phone: 425.333.4163

- **Kirkland**  
  11011 120th Ave NE  
  Kirkland, WA  98034  
  Phone: 425.889.7880

- **Redmond**  
  16725 Cleveland St  
  Redmond, WA  98052  
  Phone: 425.882.0241
<table>
<thead>
<tr>
<th><strong>Volunteer Positions</strong></th>
<th><strong>Poverty &amp; Homelessness</strong></th>
</tr>
</thead>
</table>
| **Issaquah Food and Clothing Bank** | **Contact/Position:** Food Bank Supervisor  
**Physical Address:** 179 First Ave NE  
Issaquah, WA 98027  
**Phone:** 425.392.4123  
**Facebook:** [www.facebook.com/issaquahfoodclothingbank](https://www.facebook.com/issaquahfoodclothingbank)  
**Email:** issaquahfood@aol.com  
**Web:** [www.issaquahfoodbank.org](http://www.issaquahfoodbank.org)  
**Office Hours:** Mon-Fri, 8AM-4PM  
**Bank Hours:** Tues-Thurs, 10AM-2PM  
2nd Tuesday of each month, 5-7PM |
| The Issaquah Food and Clothing Bank responds to those requiring assistance obtaining food, clothing, and related services.  
**Volunteer Opportunities:** Volunteers are needed as food bank and clothing bank assistants.  
**Minimum Age:** 16  
**Minimum Commitment:** Flexible |
| **KITH Kirkland Interfaith Transitions in Housing** | **Contact/Position:** Development Director  
**Physical Address:** 125 State St S  
Kirkland, WA 98033  
**Phone:** 425.576.9531  
**Facebook:** [www.facebook.com/pages/KITH/319291434815082](https://www.facebook.com/pages/KITH/319291434815082)  
**Email:** kith@kithcares.org  
**Web:** [www.kithcares.org](http://www.kithcares.org)  
**Business Hours:** Mon-Fri, 9AM-5PM |
| KITH assists individuals and families on the Eastside who are facing a homelessness crisis by providing housing and services to help them become stable and self-sufficient.  
**Volunteer Opportunities:** Volunteers are needed to assist with yard work, apartment maintenance, painting apartments, agency events, and mailings.  
**Minimum Age:** 16  
**Minimum Commitment:** No minimum |
| **Wilderness Technology Alliance** | **Contact/Position:** Director  
**Physical Address:** 206 SW 112th St  
Seattle, WA 98146  
**Phone:** 206.242.9505  
**Email:** dcase@wildtech.org  
**Web:** [www.wildtech.org](http://www.wildtech.org)  
**Business Hours:** Mon-Fri, 9:30AM – 5:30PM |
| Wilderness Technology Alliance is a non-profit organization which obtains computers, mainly from large corporations and makes them available to schools, students, other non-profit organizations, and people of low income.  
**Volunteer Opportunities:** Volunteers are needed to assist with refurbishing computers and many other activities.  
**Minimum Age:** 16  
**Minimum Commitment:** 4 hours a week  
**Other Notes:** Training in refurbishing computers will be provided. |
# Volunteer Positions

## Bellevue Youth Link
Youth leadership and community service program for Bellevue teens and students.

**Volunteer Opportunities:** Serve in the Bellevue Youth Council, Bellevue Youth Court, Action Teams or Special Event Committees.

**Minimum Age:** 11 years old/6th Grade

**Minimum Commitment:** 2 meetings a month; September through June (school year)

**Other Notes:** Summer Youth Leadership Academy training in late July also available for new and returning members.

**Contact/Position:** Patrick Alina, Youth Link Program Coordinator

**Physical Address:**
Bellevue City Hall  
450 110th Avenue NE  
Bellevue, WA 98004

**Mailing Address:**
Bellevue Youth Link Program,  
P.O. Box 90012  
Bellevue, WA 98009-9012

**Phone:** 425.452.5254

**Facebook:** https://www.facebook.com/pages/Bellevue-Youth-Link/134818629923137

**Email:** palina@bellevuewa.gov

**Web:** www.youthlink.com

**Business Hours:** Mon-Fri, 9AM-5PM

## Ground Zero Teen Center (The Club)
The Ground Zero Teen Center provides teens a place to enjoy drop-in activities, art & crafts, movies, field trips, classes, live concerts, and more!

**Volunteer Opportunities:** There are several internship positions available including the Keystone Club, a community service group.

**Minimum Age:** 13

**Minimum Commitment:** None

**Contact/Position:** Unit Director

**Physical Address:** 15228 Lake Hills Blvd  
Bellevue, WA 98007

**Phone:** 425.429.3203

**Facebook:** https://www.facebook.com/groundzeroteencenter

**Email:** llatimer@bgcbellevue.org

**Web:** http://gz.bgcbellevue.org

**Business Hours:** Mon, Tues, Thurs, 2:30PM-7PM  
Wed, 1PM-7PM  
Fri, 2:30PM-7PM and till 10PM for concerts.  
Saturday, If concert scheduled 7PM-10PM

## Issaquah Youth Advisory Board
The City of Issaquah believes that youth are not only future leaders of tomorrow, but also active civic contributors of today. The Issaquah Youth Advisory Board exists to create and encourage both youth leadership and service opportunities in order to develop leadership skills, highlight youth ideas and opinions, and unite students in the Issaquah School District.

**Volunteer Opportunities:** 1 school year term as Board Member

**Minimum Age:** 5th graders may apply for their 6th grade year

**Minimum Commitment:** One school year

**Other Notes:** Applications are available each April for the following school year’s Board.

**Contact/Position:** Recreation Coordinator

**Physical Address:** 301 Rainer Blvd S  
Issaquah, WA 98027

**Mailing Address:** PO Box 1307  
Issaquah, WA 98027

**Phone:** 425.837.3317

**Email:** cathyj@issaquahwa.gov

**Web:** www.issaquahwa.gov

**Business Hours:** Mon-Sat, hours vary
<table>
<thead>
<tr>
<th>Volunteer Positions</th>
<th>Unique to Teens</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Kids Without Borders</strong></td>
<td>Kirkland Police Explorers</td>
</tr>
<tr>
<td>Kids Without Borders was launched as a school service project for students to sort clothes and donated items for children in the community. Today, the organization supports and works with children in more than 30 countries, attracting volunteers worldwide, providing opportunities for youth, benefiting and changing thousands of lives around the world.</td>
<td>Police Explorers are youth volunteers who receive extensive law enforcement training to perform traffic control and other assignments.</td>
</tr>
<tr>
<td><strong>Volunteer Opportunities</strong>: Volunteers are needed to sort, organize, and distribute donated children’s products in the Sammamish warehouse. Volunteers are also needed to help facilitate community fundraising and donation events.</td>
<td><strong>Volunteer Opportunities</strong>: Youth can join the Explorer Post.</td>
</tr>
<tr>
<td><strong>Minimum Age</strong>: Varies</td>
<td><strong>Minimum Age</strong>: 14</td>
</tr>
<tr>
<td><strong>Minimum Commitment</strong>: Flexible</td>
<td><strong>Minimum Commitment</strong>: 1 year — six events and 18 meetings</td>
</tr>
</tbody>
</table>

| **Contact/Position**: Director | **Contact/Position**: Det. Mike DeAguiar |
| **Physical Address**: Warehouse – Sammamish | **Physical Address**: 123 5th Ave |
| **Mailing Address**: PO Box 24 | Kirkland, WA 98033 |
| **Phone**: 425.836.5354 | **Phone**: 425.587.3400 |
| **Facebook**: https://www.facebook.com/pages/KIDS-WITHOUT-BORDERS/272855577559 | **Email**: MDeAguiar@kirklandwa.gov |
| **Email**: info@kidswithnoborders.org | **Web**: www.kidswithnoborders.org |
| **Web**: www.kidswithnoborders.org | **Business Hours**: Vary |

| **Kirkland Teen Union Building** | **Contact/Position**: Volunteer Career Resource Specialist |
| As a recreation, resource and arts center, this unique facility gives teens a positive, supportive environment to develop skills, connect with their peers and make a difference locally. | **Physical Address**: 348 Kirkland Ave |
| **Volunteer Opportunities**: Volunteers are needed to assist with Friday teen feeds, concerts, special events, and on the Teen Feedback Advisory Board. | Kirkland, WA 98033 |
| **Minimum Age**: 13 | **Phone**: 425-822-3088 |
| **Minimum Commitment**: Varies | **Facebook**: https://www.facebook.com/ktub1 |
| | **Email**: volunteer@ktub.org |
| | **Web**: www.ktub.org |
| | **Business Hours**: Tues & Thurs, 3-9PM |
| | Weds, 1-9PM |
| | Fri, 3-11PM |
| | Sat, 4-11PM |
## Volunteer Positions

### Kirkland Youth Council
**The Kirkland Youth Council provides a vital link between the youth of Kirkland, the greater community, and the government. This alliance promotes mutual respect, ensures that the voice of youth is heard, and creates and encourages opportunities for youth to give back to the community.**

**Volunteer Opportunities:** Youth can become a member of the Youth Council, assist with television program “We’ve Got Issues”, help with service projects, and assist with special events.

- **Minimum Age:** 12 (6th grade)
- **Minimum Commitment:** One year
- **Other Notes:** Youth Council applications are due at the end of September every year.

**Contact/Position:** Youth Services Coordinator
**Physical Address:** 505 Market St Ste A
Kirkland, WA 98033
**Phone:** 425.587.3323
**Facebook:** https://www.facebook.com/pages/Kirkland-Youth-Council/450066875034517?ref=hl
**Email:** kyc@kirklandwa.gov
**Web:** www.kirklandwa.gov
**Business Hours:** Mon-Fri, 8AM-5PM

### Old Firehouse Teen Center
**The Old Fire House Teen Center (OFH) provides progressive and innovative recreational, educational, and personal support programs and services for Redmond youth ages 13-18. OFH offers music, art, video, and photography classes, community dinners, field trips, movie nights and much more. The OFH also provides a venue for Eastside youth to perform music, poetry, dance, drama, comedy, and more at all-ages events every Friday night.**

**Volunteer Opportunities:** Volunteers can assist with Friday night events, teach workshops, assist with office work, and more.

- **Minimum Age:** 13
- **Minimum Time Commitment:** 2 hours
- **Other Notes:** All volunteers must undergo background check.

**Contact/Position:** Program Assistant
**Physical Address:** 16519 NE 79th St
Redmond, WA 98052
**Phone:** 425.556.2371
**Facebook:** https://www.facebook.com/pages/Teen-Programs-City-of-Redmond-Parks-Recreation/36888003243
**Email:** rshmait@redmond.gov
**Web:** www.redmond.gov
**Business Hours:** Tues-Thurs, 3-9PM
Fri, 7-11PM
Sat, 4-10PM

### Redmond Police Explorers
**Police Explorers are youth volunteers who receive extensive law enforcement training to perform traffic control and other assignments.**

**Volunteer Opportunities:** Teens can join the Explorer Post.

- **Minimum Age:** 14
- **Minimum Commitment:** One year
- **Other Notes:** The application process for the Post requires candidates to complete a written application and pass an oral board. A thorough background check is conducted in which references and criminal history are evaluated. Explorers are required to have a minimum 2.0 grade point average and a clean criminal history.

**Contact/Position:** Officer Julie Beard
**Physical Address:** 8701 160th Ave NE
Redmond, WA 98052
**Phone:** 425.556.2659
**Email:** jbeard@redmond.gov
**Web:** www.redmond.gov
**Business Hours:** Vary
## Redmond Youth Partnership Advisory Board

The Redmond Youth Partnership Advisory Committee (RYPAC) is the voice for youth which is made up of youth and adults who help shape programs for our community. RYPAC is a unique board made up of youth and adults who focus on three areas of interest: recreation, youth voice, and service. With the help of the RYPAC coordinator, the committee creates, implements, and supports programs they feel best represents the needs and interests of Redmond’s youth.

**Volunteer Opportunities:** Teens can become a RYPAC member and assist with various projects.

**Minimum Age:** 13  
**Minimum Commitment:** One year

<table>
<thead>
<tr>
<th>Contact/Position:</th>
<th>Program Coordinator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physical Address:</td>
<td>16600 NE 80th St</td>
</tr>
<tr>
<td></td>
<td>Redmond, WA 98052</td>
</tr>
<tr>
<td>Mailing Address:</td>
<td>PO Box 97010</td>
</tr>
<tr>
<td></td>
<td>Redmond, WA 98073</td>
</tr>
<tr>
<td>Phone:</td>
<td>425.556.2358</td>
</tr>
<tr>
<td>Facebook:</td>
<td><a href="https://www.facebook.com/redmond.rypac">https://www.facebook.com/redmond.rypac</a></td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:rypac@redmond.gov">rypac@redmond.gov</a></td>
</tr>
<tr>
<td>Web:</td>
<td><a href="http://www.redmond.gov">www.redmond.gov</a></td>
</tr>
</tbody>
</table>

| Business Hours:  | Vary |

## Sammamish Youth Board

The Sammamish Youth Board unites youth, adults, and government to form a relationship that promotes equality and mutual respect as well as create integral activities that lead to a stronger community.

**Volunteer Opportunities:** Teens can join the Sammamish Youth Board in the spring of every year.

**Minimum Age:** Teens entering 8th grade in the fall

**Minimum Commitment:** One year

**Other Notes:** To be eligible for board membership, applicants must:
- Reside, work, or perform a legitimate activity within the Sammamish City limits;
- Be in 7th-11th grade or in a program equivalent; and
- Have a great desire to embrace the opportunities and responsibilities of representing the youth of Sammamish.

<table>
<thead>
<tr>
<th>Contact/Position:</th>
<th>Recreation Coordinator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physical Address:</td>
<td>801 228th Ave SE</td>
</tr>
<tr>
<td></td>
<td>Sammamish, WA 98075</td>
</tr>
<tr>
<td>Phone:</td>
<td>425.295.0584</td>
</tr>
<tr>
<td>Facebook:</td>
<td><a href="https://www.facebook.com/groups/221966347821307/">https://www.facebook.com/groups/221966347821307/</a></td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:lhandlos@ci.sammamish.wa.us">lhandlos@ci.sammamish.wa.us</a></td>
</tr>
<tr>
<td>Web:</td>
<td><a href="http://www.ci.sammamish.wa.us">www.ci.sammamish.wa.us</a></td>
</tr>
</tbody>
</table>

| Business Hours:  | Mon-Fri, 8:30AM-5PM |

## Vera Project

Vera is an all-ages volunteer fueled music and arts venue. By engaging participants at all levels of music production and community organizing, Vera strives to fulfill its mission to foster a participatory creative culture through popular music concerts, arts programs, experiential learning and volunteer opportunities for all ages, especially young people. Vera’s programs are always all ages, with a focus on young people ages 14 to 24.

**Volunteer Opportunities:** Volunteers can run shows, help in the silkscreen studio or recording studio, curate exhibitions in the gallery and more.

**Minimum Age:** None  
**Minimum Commitment:** None

**Other Notes:** Interested volunteers must attend a volunteer orientation - generally, the 2nd Thursday at 6pm and the 2nd Saturday at 4pm of each month.

<table>
<thead>
<tr>
<th>Contact/Position:</th>
<th>Volunteer Coordinator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physical Address:</td>
<td>Corner of Warren &amp; Republican Ave N, next to the Key Arena in Seattle Center</td>
</tr>
<tr>
<td>Mailing Address:</td>
<td>305 Harrison Street</td>
</tr>
<tr>
<td></td>
<td>Seattle, WA 98109</td>
</tr>
<tr>
<td>Phone:</td>
<td>206.956.8372</td>
</tr>
<tr>
<td>Facebook:</td>
<td><a href="https://www.facebook.com/pages/The-Vera-Project/336116096470972">https://www.facebook.com/pages/The-Vera-Project/336116096470972</a></td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:volunteer@theveraproject.org">volunteer@theveraproject.org</a></td>
</tr>
<tr>
<td>Web:</td>
<td><a href="http://www.theveraproject.org">www.theveraproject.org</a></td>
</tr>
</tbody>
</table>

| Business Hours:  | Tues-Fri, 2-6PM  
|                 | Sat, 12-5PM     |
## Bellevue Neighborhood Mediation Program

The Bellevue Mediation team can help resolve disputes over a broad range of issues, including: property boundaries, messy yards, noise, landlord-tenant issues, parking, merchant-consumer issues, parent-teen issues, elder care, work groups, construction and homeowners associations. The Bellevue Parent Teen Mediation lets parents and teens talk about what is most important to them. The mediators are there to help make sure things go smoothly.

**Volunteer Opportunities:** Volunteers are needed to provide conciliation and mediation to help Bellevue residents resolve conflicts. Tasks include: telephone conciliation (coaching, problem solving, and convening mediation); database entry and other minor office tasks; conducting face-to-face mediation; and assisting with outreach, training and other program projects.

**Minimum Age:** 13

**Minimum Commitment:** One year

**Other Notes:** Training is provided.

<table>
<thead>
<tr>
<th>Contact/Position:</th>
<th>Mediation Manager</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physical Address:</td>
<td>450 110th Ave NE</td>
</tr>
<tr>
<td></td>
<td>Bellevue, WA 98004</td>
</tr>
<tr>
<td>Mailing Address:</td>
<td>PO Box 90012</td>
</tr>
<tr>
<td></td>
<td>Bellevue, WA 98009</td>
</tr>
<tr>
<td>Phone:</td>
<td>425.452.4091</td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:mediation_info@bellevuewa.gov">mediation_info@bellevuewa.gov</a></td>
</tr>
<tr>
<td>Web:</td>
<td><a href="http://www.ci.bellevue.wa.us/mediation.htm">http://www.ci.bellevue.wa.us/mediation.htm</a></td>
</tr>
<tr>
<td>Business Hours:</td>
<td>Mon-Fri, 9AM-5PM</td>
</tr>
</tbody>
</table>

## LifeWire (formerly Eastside Domestic Violence Program)

LifeWire has been providing domestic violence services and programs to the community since 1982. We have grown to become one of Washington State's largest domestic violence service providers and a recognized leader in the field. We work closely with local and regional human service agencies to provide life-saving and life-changing programs and services to help victims and their children separate safely from an abuser, restore trust, develop self-sufficiency, and build peaceful families.

**Volunteer Opportunities:** Volunteers are needed to assist with basic office support, fundraising events, donation drives, and to take part on various projects.

**Minimum Age:** 16

**Minimum Commitment:** Varies

**Other Notes:** Some training may be required.

<table>
<thead>
<tr>
<th>Contact/Position:</th>
<th>Volunteer Coordinator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mailing Address:</td>
<td>PO Box 6398</td>
</tr>
<tr>
<td></td>
<td>Bellevue, WA 98008</td>
</tr>
<tr>
<td>Phone:</td>
<td>425.562.8840</td>
</tr>
<tr>
<td>Facebook:</td>
<td><a href="https://www.facebook.com/pages/LifeWire/224307285022">https://www.facebook.com/pages/LifeWire/224307285022</a></td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:email@edvp.org">email@edvp.org</a></td>
</tr>
<tr>
<td>Web:</td>
<td><a href="http://www.edvp.org">www.edvp.org</a></td>
</tr>
<tr>
<td>Business Hours:</td>
<td>Mon-Fri, 8AM-5PM</td>
</tr>
</tbody>
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