

Where to Care



A Comprehensive Resource of Information for Teens About Volunteering

Introduction

This guidebook was created to give you, teens on the Eastside, a comprehensive resource of information about volunteering in your community. We hope that this guidebook will get you on the right track to finding your ideal volunteer experience.

Why Volunteer?

Volunteering is a good thing. It takes time and you probably are required to complete a certain number of hours for school. But what can it do for you and why do you have to do it? Community Service is a great way to get work or career experience and exposure that you normally wouldn't get. Frequently volunteer work can be the key to getting your first paying job. Colleges are also looking for people who are involved with and care about their community. Believe it or not, volunteering will make you feel better. Helping people, animals, your community, or the environment will also build your self esteem and you will meet new people!

How Do I Start?

The best way to ensure that you have a good community service experience is to find an organization that offers opportunities in an area that interests you. Make a list of things that you are willing and interested to do. This guide contains 10 areas of interest: Animals, Arts & Museums, Children & Families, Civic, Disabilities, Environment, Health, Older Adults, Poverty & Homelessness, Unique to Teens, and Violence Prevention. Information listed for each of the included organizations follow the same basic format:

- Organization Description — what they do, areas of interest/focus, mission statement, etc.
- Contact Information — title of person(s), address, phone number, fax, email, web site, business hours, and hours of operation.
- Volunteer Opportunities — positions available within the organization.
- Volunteer Requirements — minimum age, time commitment, and training provided/needed.

Be sure to read all of the information carefully to make sure it's something you want to and are qualified to do. The information included is intended to save you time by directing your efforts toward your interests and organizations that you are eligible for.

Once you have found a handful of opportunities that look interesting to you and that you are eligible for, make a list of questions you want to ask the contact person. These questions should help you determine what it is like to work for the organization and if it is a good fit for you. You may even want to do a site visit to take a look around before committing yourself. If you like what you see, make plans to start volunteering! On your first day, be sure to dress appropriately, arrive early, and be ready to work.

The **Where to Care Guide** is just the tip of the iceberg. There are thousands of other volunteer opportunities out there. Many organizations may have seasonal opportunities during the summer months or for special events only. If you don't find what you are looking for here, think about contacting businesses, organizations, companies, etc., that specialize in your interest area. Make contact to find out more about the company/organization and how you might be able to fit into their existing structure. If you are offering free help, they probably will be interested in hearing what you have to contribute! Be prepared to propose ways you can and are willing to help.

Best of luck to you and we hope that your volunteer experience is a good one!

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Animals

Eager Eye Guide Pups

Eager Eye Guide Pups raise puppies, bred by Guide Dogs for the Blind, for 12-15 months in preparation for becoming guide dogs. Puppy raisers love pups, teach them basic obedience, and take them on outings to public places. The green coats they wear are their "press passes" allowing them into places other dogs can't go — restaurants, grocery stores, movie theaters, etc.

Volunteer Opportunities: Volunteers are needed to raise and train puppies in their homes. After training, a puppy will live in the home for approximately one year.

Minimum Age: 9 with parent permission and assistance

Minimum commitment: Puppy training takes place every day for one year. Volunteers are also required to attend at least two meetings and one outing per month.

Contact/Position: Sandy Bonsib

Physical Address: 18327 SE 60th St.
Issaquah, WA 98027

Phone: 425.644.7421

Email: sjbonsib@aol.com

Website: www.eagereyeguidepups.com

Business Hours: N/A

Homeward Pet

Homeward Pet is a no-kill shelter that provides food, shelter, medical attention, and love to homeless adoptable cats and dogs until permanent homes can be found.

Volunteer Opportunities: Volunteers are needed to help take care of homeless dogs and cats by cleaning cages, feeding, petting, exercising, and playing with the animals.

Minimum Age: 16

Minimum Commitment: 3 months

Other Notes: All volunteers must be well trained and educated in Homeward Pet procedures. This may take 1-2 months.

Contact/Position: Volunteer Coordinator

Physical Address: 13132 Northeast 177th Place
Woodinville, WA 98072

Mailing Address: PO Box 2293
Woodinville, WA 98072

Phone: 425.488.4444 ex 407

Email: volunteers@homewardpet.org

Web: www.homewardpet.org

Business Hours: Weds-Sun, 12-6PM

Humane Society for Seattle/King County

The Humane Society is a private, non-profit agency dedicated to bringing people and pets together. Life-saving work is made possible through the generosity of people who care.

Volunteer Opportunities: Volunteers are needed to assist with fundraising, socializing dogs, adoption support, foster care, education, pet food bank, and much more.

Minimum Age: 16 without parent. 13-15 year olds may qualify for Humane Teen Club (see website for details).

Minimum Commitment: 6 months

Contact/Position: Volunteer Services

Physical Address: 13212 SE Eastgate Way
Bellevue, WA 98005

Phone: 425.641.0090

Facebook: <https://www.facebook.com/seattlehumane>

Email: volunteers@seattlehumane.org

Web: www.seattlehumane.org

Office Hours: Mon-Sun, 9AM-5PM

Shelter Hours: Sun-Weds, 11AM-6PM

Thurs-Sat, 11AM-8PM

Volunteer Positions

Animals

Kelsey Creek Farm Park

Kelsey Creek Farm Park is home to a variety of farm animals including ponies, pigs, goats, and sheep. The farm features several children's recreational programs such as pony care classes and farm experience tours.

Volunteer Opportunities: In the summer and afterschool, teen volunteers can assist farm staff with daily operations, animal chores, routine and special projects. Other volunteer opportunities during the summer include working directly with children in the equine program.

Minimum Age: 12

Minimum Time Commitment: Varies

Other Notes: All volunteers must pre-register or call for an application.

Contact/Position: Recreation Coordinator
Physical Address: 410 130th PL SE
 Bellevue, WA 98005
Mailing Address: PO Box 90012
 Bellevue, WA 98009
Phone: 425.452.7688
Facebook: <https://www.facebook.com/pages/Kelsey-Creek-Farm/144985478868475>
Email: KelseyCreekFarm@bellevuewa.gov
Web: <http://www.myparksandrecreation.com/ParksTrails/Details.aspx?pid=23>

Office Hours: Mon-Fri, 8AM-4PM
Farm Hours: Daily, 9:30AM-3:30PM

Pet Partners

Pet Partners, formerly Delta Society, is an international non-profit organization that helps people live healthier and happier lives by incorporating therapy, service and companion animals into their lives. At the heart of all of Pet Partners' programs is a research foundation which demonstrates that when animals are around, people's blood pressure goes down, stress and anxiety levels are reduced, people feel less lonely and less depressed, and they tend to be more social and community oriented.

Volunteer Opportunities: Volunteers are needed to assist in the front desk/reception area. Duties include answering and routing calls and emails and greeting office visitors. Individuals who are pet owners are also invited to become Pet Partners.

Minimum Age: 16

Minimum Commitment: Office work — 6 months, 3 hrs/wk

Pet Partners — Flexible

Other Notes: Pet Partner volunteers must complete handler workshop, pass team evaluation, and be cleared by a veterinarian.

Contact/Position: Director of Programs
Physical Address: 875 124th Ave NE Ste 101
 Bellevue, WA 98005
Phone: 425.679.5506
Facebook: <https://www.facebook.com/petsforhealth>
Email: rachelw@petpartners.org
Web: www.petpartners.org

Business Hours: Vary

Purrfect Pals

Founded on the belief that every cat matters, Purrfect Pals provides a no-kill sanctuary, foster, and hospice care for homeless cats. They work to end over-population through humane education, spay/neuter programs and permanent placement in quality homes.

Volunteer Opportunities: Volunteers are needed to assist with offsite PetSmart partner locations. This includes socializing, grooming and interacting with cats. Assistance is also needed with maintaining cleanliness of litter pans while socializing and playing with the cats.

Minimum Age: All youth 13+ can volunteer with an adult. Teens can volunteer independently once they are either 16 or 18 depending on the location.

Minimum Time Commitment: 3 months

Other Notes: All volunteers must attend a volunteer orientation and training. Orientations are offered at our Arlington shelter twice a month. During this orientation volunteers will learn more about the history and mission of Purrfect Pals, as well as detailed information of the volunteer positions.

Contact/Position: Volunteer Manager
Shelter Address: 230 McRae Road NE Arlington, WA 98223
Offsite Partner Locations & Hours:

1. Kirkland Petco 12040 NE 85th St Kirkland, WA 98033	2. Bellevue PetSmart 100 108th Ave Bellevue, WA 98004	3. Issaquah Petco 975 NW Gilman Blvd Issaquah, WA 98027	4. Woodinville PetSmart 17845 Garden Way NE Woodinville, WA 98072
Mon-Sat 9AM-9PM Sun 10AM-7PM	Mon-Sat 9AM-9PM Sun 10AM-6PM	Mon-Sat 9AM-9PM Sun 10AM-8PM	Mon-Sat 9AM-9PM Sun 10AM-6PM

Phone: 360.652.9611 ext.16
Facebook: <https://www.facebook.com/PurrfectPals>
Email: volunteers@purrfectpals.org
Web: www.purrfectpals.org

Office Hours: Vary

Seattle Aquarium

The Seattle Aquarium's mission is to inspire conservation of our marine environment.

Volunteer Opportunities: Volunteers are needed as interpreters to speak to guests about our exhibits, lead guided tours, lead activities for children, and assist with special events during the school year and summer.

Minimum Age: 16

Minimum Commitment: School Year – Three 5 hour weekend days/month
Summer – Two 5 hour shifts/week

Other Notes: Training in Marine Biology and public speaking is provided.

Contact/Position: High School Volunteer Supervisor

Physical Address: 1483 Alaskan Way
Seattle, WA 98101

Phone: 206.386.4351

Facebook: <https://www.facebook.com/Aquarium.Seattle>

Web: www.seattleaquarium.org/high-school-volunteer

Office Hours: Weds-Sun, 9:00AM-5:00PM

Aquarium Hours: Daily 9:30AM-5PM

Woodland Park Zoo

The Woodland Park Zoo saves animals and their habitats through conservation leadership and engaging experience inspiring people to learn, care, and act.

Volunteer Opportunities: Volunteers are needed to assist in the Family Farm Contact area, Zoomarium, and Zoo Corps (teen development program).

Minimum Age: 14

Minimum Time Commitment: 25 hours/month

Other Notes: Each program has its own set of requirements and application procedures. Please check website.

Contact/Position: Volunteer Office

Physical Address: 601 N 59th St
Seattle, WA 98103

Phone: 206.684.4845

Facebook: <https://www.facebook.com/WoodlandParkZooSeattle>

Email: kim.haas@zoo.org

Web: www.zoo.org

Business Hours: March 15-April 30 9:30AM-5PM

May 1-Sept 14 9:30AM-6PM

Sept 15-Oct 14 9:30AM-5PM

Oct 15-March 14 9:30AM-4PM

Arts & Museums

Eastside Heritage Center

The Eastside Heritage Center is the steward of Eastside history. The Center collects and preserves documents and artifacts and promotes public involvement in and appreciation of this heritage through educational programming and outreach.

Volunteer Opportunities: Volunteers are needed to assist with artifact processing, development of programs for schools and events, preparation of artifacts for exhibits, and miscellaneous tasks.

Minimum Age: 14

Minimum Commitment: 2-4 hours/week for 12 weeks

Contact/Position: Executive Director

Physical Address: 1660 Main St
Bellevue, WA 98015

Mailing Address: PO Box 40535
Bellevue, WA 98015

Phone: 425.450.1049

Facebook: <https://www.facebook.com/EastsideHeritageCenter>

Email: director@eastsideheritagecenter.org

Web: www.eastsideheritagecenter.org

Business Hours: Mon-Fri, 10AM-4PM

KidsQuest Children's Museum

KidsQuest Children's Museum provides interactive exhibits and programs integrating art, science, technology, and daily experiences to inspire life-long learning in children and families.

Volunteer Opportunities: Volunteers are needed to assist with community events, leading hands-on activities with children and their families, birthday parties, workshops, and programs.

Minimum Age: 14

Minimum Commitment: None

Other Notes: Volunteers must complete an application, an interview, and orientation before volunteering.

Contact/Position: Operations Manager & Volunteer Coordinator

Physical Address: 4091 Factoria Mall SE
Bellevue, WA 98006

Phone: 425.637.8100

Facebook: <https://www.facebook.com/KidsQuestChildrensMuseum>

Email: sarahb@kidsquestmuseum.org

Web: www.kidsquestmuseum.org

Business Hours: Tues-Weds, 10AM-5PM

Thurs-Fri, 10AM-8PM

Sat, 10AM-5PM

Sun, 12PM-5PM

Kirkland Arts Center

Kirkland Arts Center (KAC) serves the Eastside arts community by providing artists and art lovers of all ages the opportunity to work together, build creative skills, and broaden their knowledge, understanding and appreciation of the visual arts. We offer classes, workshops, gallery exhibits and special events in a unique historic setting.

Volunteer Opportunities: Volunteers are needed as Gallery Assistants, Classroom Assistants, Street Team Marketing, Program Evaluation, Facilities Management, and much more.

Minimum Age: 15

Minimum Commitment: 1-5 hours

Other Notes: KAC can accommodate needs of each volunteer, working with a flexible schedule, and placing them according to their area of interest.

Contact/Position: Volunteer Director

Physical Address: 620 Market St
Kirkland, WA 98033

Phone: 425.822.7161

Facebook: <https://www.facebook.com/KirkArtsCenter>

Email: tsilveri@kirklandartscenter.org

Web: www.kirklandartscenter.org

Office Hours: Mon-Fri, 10AM-6PM

Gallery Hours: Mon-Fri 11AM-6PM

Second Fri 11AM-8:30PM

Sat 11AM-5PM

Pacific Science Center

The Pacific Science Center inspires a lifelong interest in science, math, and technology by engaging diverse communities through interactive and innovative exhibits and programs.

Volunteer Opportunities: High school students are eligible for a couple of programs including the Discovery Corps Program. The program offers professional development where teens learn job and life skills as well as presentation skills. Teens learn about informal education and interpret on our floor for guests of all ages. During the summer assistance is needed in the Counselor in Training Program. This program focuses on classroom management as teens assist our camp teachers with science activities and experiments.

Minimum Age: 16

Minimum Commitment: For Discovery Corps – 100 hours
For Summer Camp Volunteers – 20-40 hours the week of program

Other Notes: Volunteers will be provided with relevant training and background information during orientation.

Contact/Position: Volunteer Office
Physical Address: 200 Second Ave N Seattle, WA 98109
Phone: 206.443.2868
Facebook: <https://www.facebook.com/PacSci>
Email: volunteers@pacsci.org
Web: www.pacificsciencecenter.org/Get-Involved/volunteer

Business Hours: Mon-Fri, 9:45AM-5PM
Sat-Sun, 9:45AM-6PM

Redmond Historical Society

The mission of the Redmond Historical Society is to educate, advocate, and serve the Redmond area by documenting, collecting, housing and displaying, the history of the people, places and events that illustrate the City's heritage.

Volunteer Opportunities: Volunteers are needed to assist with scanning photos, newspaper articles, etc. Other projects available as well.

Minimum Age: 16

Minimum Commitment: 5-10 hours/month

Contact/Position: Office Manager
Physical Address: 6600 NE 80th St, Rm 106
Redmond, WA 98052
Phone: 425.885.2919
Facebook: <https://www.facebook.com/Redmond.Historical.Society>
Email: info@redmondhistoricalsociety.org
Web: www.redmondhistoricalsociety.org
Business Hours: Mon, Weds, Thurs 9:30AM-4:30PM

Studio East Training for the Performing Arts

Studio East's mission is to create opportunities for young people to discover and explore the performing arts and is founded on the belief that the performing arts can make a difference in the lives of our children. Children who learn and practice the discipline, dedication, and teamwork required by the craft of theater develop skills that will be valuable assets throughout their lives, no matter what career they choose to pursue. Studio East offers after school and homeschool classes, workshops, break camps and Mainstage productions.

Volunteer Opportunities: Most volunteer opportunities are with the scene shop, including set construction, or other related tasks as need by the technical director.

Minimum Age: 13

Minimum Commitment: Varies

Contact/Position: Technical Director
Physical Address: 11730 118th AVE NE, Ste.100
Kirkland, WA 98034
Phone: 425.820.1800
Facebook: <https://www.facebook.com/pages/STUDIO-EAST-Training-for-the-Performing-Arts/110291411404>
Email: info@studio-east.org
Web: www.studio-east.org

Business Hours: Mon-Fri, 9:30AM-5PM

Village Theatre

Based out of Issaquah, the Village Theatre (VT) is a leading producer of musical theater in the Pacific Northwest. VT KIDSTAGE is a year-round performing arts training program in Issaquah and Everett for young people ages 4-20.

Volunteer Opportunities: Volunteers are needed to assist with mailings, collateral distribution, and KIDSTAGE classrooms, including organizing art supplies, labeling, and greeting students as they arrive.

Minimum Age: 13

Minimum Commitment: Flexible

Contact/Position: House Manager
Physical Address: 303 Front Street
Issaquah, WA 98027
Phone: 425.392.1942
Facebook: <https://www.facebook.com/VillageTheatre>
Email: rrussell@villagetheatre.org
Web: www.villagetheatre.org

Business Hours: Mon-Fri, 9AM-5PM

Children & Families

Boys and Girls Clubs of King County

The Boys and Girls Club is a youth serving organization providing a variety of programs; tutoring, arts and crafts, athletics, before and after school activities, and more.

Volunteer Opportunities: Vary based on club; contact club directly

Minimum Age: Vary based on club; contact club directly

Minimum Commitment: Vary based on club; contact club directly

Bellevue Club

Contact/

Position: Unit Director

Address: 209 100th Ave NE
Bellevue, WA 98004

Phone: 425.454.6162

Facebook: <https://www.facebook.com/bgcbellevue>

Email: admin@bgcbellevue.org

Web: www.bgcbellevue.org

Office Hours: Vary

Drop-in Hours:
Vary based on season

Kirkland Club

Contact/

Position: Education Director

Address: 10805 124th Ave NE,
Kirkland, WA 98033

Phone: 425.827.0132

Facebook: <https://www.facebook.com/KirkBoysGirlsClub>

Email: lgrohn@positiveplace.org

Web: www.onepositiveplace.org

Office Hours:

Mon-Fri, 12PM-7:30PM
Sat, 10AM-3:30PM

Drop-in Hours:

Mon-Fri, 2:30PM-7:30PM
Sat, 10AM-3:30PM

Redmond/Sammamish Club

Contact/

Position: Teen Director

Address: 7300 208th Ave NE
Redmond, WA 98052

Phone: 425.836.9295

Email: sjones@positiveplace.org

Web: www.rs.positiveplace.org

Office Hours: Mon-Fri, 12PM-7:30PM

Drop-in Hours: Mon-Fri, 2:30PM-7PM

Catholic Community Services

Catholic Community Services of King County (CCS) was founded by volunteers in 1918, with a primary focus on assisting with foster care and adoption following World War II. For more than a half a century, CCS has provided critical human services to thousands of children, families, and elderly regardless of race, creed, or income. Under the umbrella of CCS King County, there are 27 programs providing a wide spectrum of services to over 25,000 people annually.

Volunteer Opportunities: Volunteers are needed to assist with office support and community outreach efforts.

Minimum Age: 16

Minimum Commitment: 6 months

Contact/Position: East County Office Coordinator

Physical Address: 12828 Northup Way, Ste 100
Bellevue, WA 98005

Phone: 425.284.2211

Email: info@ccsww.org

Web: www.ccsww.org

Business Hours: Mon-Fri, 8:30AM-4PM

Catholic Community Services - Harrington House

Harrington House provides transitional housing with supportive services to eight women, 18 years and older, who are pregnant and/or parenting and homeless.

Volunteer Opportunities: Volunteers are needed to assist with babysitting, gardening, and yard work.

Minimum Age: 15

Minimum Commitment: Flexible

Contact/Position: Program Manager

Physical Address: 15980 N.E. 8th St
Bellevue WA 98032

Phone: 425.643.1434

Email: laurenz@ccsww.org

Web: www.ccsww.org

Business Hours: Vary

Children's Country Home

Children's Country Home (CCH) is a loving eight bed home providing 24-hour skilled care to medically fragile and technology-dependent children. CCH provides long-term residential, transitional, respite, and end-of-life care. They are dedicated to enhancing the quality of life for the children by making home a loving, enriching, family-centered environment. CCH's goal is to help each child live, grow and thrive physically, intellectually, emotionally, socially, and spiritually.

Volunteer Opportunities: Volunteers are needed to assist with providing comfort and companionship to children. This includes visiting, reading, sensory stimulation, telling stories, massage, art therapy, music therapy and more.

Minimum Age: 16

Minimum Commitment: One hour/week for three months with some flexibility.

Other Notes: Some may find this work too difficult emotionally. Seeing kids hooked up to machines and some in comas, can be overwhelming. It is, however, a great opportunity to be exposed to disabilities and help another who is otherwise totally dependent.

Contact/Position: Volunteer Coordinator

Physical Address: 14643 NE 166th St
Woodinville, WA 98072

Phone: 425.806.9453 ex 302

Facebook: <https://www.facebook.com/pages/Childrens-Country-Home/223231890801>

Email: volunteer@childrencountryhome.org

Web: www.childrencountryhome.org

Business Hours: Mon-Fri, 8AM-5PM

Eastside Baby Corner

Eastside Baby Corner collects, sorts, and distributes everything that children use from birth to age twelve. They give items to families in need through Service Care Providers.

Volunteer Opportunities: Volunteers are needed to sort clothing items, prepare clothing bags, and restock shelves.

Minimum Age: 14

Minimum Commitment: Varies

Contact/Position: Volunteer Coordinator

Physical Address: 1510 Maple St
Issaquah, WA 98027

Phone: 425.865.0234 ex 703

Facebook: <https://www.facebook.com/pages/Eastside-Baby-Corner/126501474033709>

Email: ebc@babycorner.org

Web: www.babycorner.org

Office Hours: Vary

Warehouse Hours: Mon, 5:30PM-8:30PM

Thurs, 9AM-11AM

Sat, 9AM-12PM

Friends of Youth

Friends of Youth (FOY) positively impacts over 5,500 youth and young adults ages 6-24 and their families each year, operating facilities and programs at twenty one sites in thirteen cities across the Puget Sound region. In addition to operating the only overnight youth shelters on the Eastside, FOY offer youth development initiatives, in-home family support for young parents of newborns, parent education, youth and family counseling, substance abuse counseling, therapeutic foster care, residential treatment and transitional housing for homeless young people and teen mothers.

Volunteer Opportunities: Volunteers are needed to assist with office, food and clothing drives, and afterschool tutoring.

Minimum Age: 13

Minimum Commitment: Flexible

Contact/Position: Volunteer Coordinator

Physical Address: 16225 NE 87th St, Ste A-6
Redmond, WA 98052

Phone: 425.869.6490

Facebook: <https://www.facebook.com/friendsofyouth>

Email: cheryl@friendsofyouth.org

Web: www.friendsofyouth.org

Business Hours: Mon-Fri, 8:30AM-5PM

Issaquah Community Center

Issaquah Community Center provides programs, services, and facilities to the Issaquah community. This includes aquatics, cultural arts, health and fitness, sports, special populations, and preschool.

Volunteer Opportunities: Volunteers are needed to help make posters, assist with special events, and other miscellaneous projects in and around the facility.

Minimum Age: 11

Minimum Time Commitment: Varies

Contact/Position: Cathy Jones
Physical Address: 301 Rainer Blvd S
 Issaquah, WA 98027
Mailing Address: PO Box 1307
 Issaquah, WA 98027
Phone: 425.837.3317
Email: cathyj@issaquahwa.gov
Web: www.issaquahwa.gov

Community Center Hours: Mon-Fri, 5AM-9PM
 Sat, 8AM-4PM

Kinderling Center

Kinderling Center provides superior, individualized, family-centered services for children who are disabled, medically fragile, or vulnerable because of abuse or neglect. They focus on helping children develop their maximum potential, engender hope, and promote community understanding.

Volunteer Opportunities: Volunteers are needed to assist with arts and crafts, child care, classroom activities, landscaping, language interpretation, library duties, office duties, and special events.

Minimum Age: 16

Minimum Commitment: Varies

Contact/Position: Volunteer Coordinator
Physical Address: 16120 NE 8th St
 Bellevue, WA 98008
Phone: 425.653.4316
Facebook: <https://www.facebook.com/KinderlingCenter>
Email: Wendy.olsen@kinderling.org
Web: www.kinderling.org

Business Hours: Vary

Lake Washington School District –LINKS Program

LINKS (Looking Into the Needs of Kids and Schools) is a program of the Lake Washington School District (LWSD), with funding provided by the Lake Washington Schools Foundation. LINKS recruits and places community volunteers in LWSD schools, including those in the Kirkland, Redmond and Sammamish communities.

Volunteer Opportunities: Classroom Tutors

Minimum Age: 16

Minimum Commitment: From time of placement through the duration of school year.

Contact/Position: Program Coordinator
Physical Address: 16250 N.E. 74th Street
 Redmond WA 98052
Phone: 425.936.1410
Email: nwehr@lwsd.org
Web: <http://www.lwsd.org/For-Community/Volunteers/LINKS/Pages/default.aspx>

Business Hours: Mon-Fri, 7:30AM-3:30PM

Starlight Children's Foundation - Northwest

Starlight Children's Foundation is a non-profit organization dedicated to brightening the lives of seriously ill children and their families through innovative programs that empower, educate, entertain, and inspire.

Volunteer Opportunities: Volunteers are needed for Volunteer Saturdays, Teen Formal Committee, Teen Formal Event, and Hospital Happenings.

Minimum Age: 16

Minimum Commitment: Varies

Contact/Position: Volunteer Coordinator

Physical Address: 5001 150th AVE NE #110
Redmond, WA 98052

Phone: 425.883.9023

Facebook: <https://www.facebook.com/starlightwa?v=feed>

Email: volunteer@starlight-northwest.org

Web: www.starlight-washington.org

Business Hours: Mon-Fri, 9AM-5PM

VIBES – Volunteers in Bellevue's Education System

School Based Mentor and Academic Tutor Program in Bellevue School District.

Volunteer Opportunities: Volunteers are needed for mentoring and tutoring (one on one, small group or classroom) for students grades Preschool-12.

Minimum Age: 15

Minimum Commitment: 1 hour per week during the school year

Other Notes: Earn Community Service Hours for High School! Help a Classroom Teacher! Mentor an English Language Learner! Be a Role Model!

Contact/Position: Program Coordinator

Physical Address: 12111 NE 1st Street
Bellevue, WA 98005

Mailing Address: PO Box 90010
Bellevue, WA 98009-9010

Phone: 425.456.4151

Email: Vibes@bsd405.org

Web: www.bsd405.org/vibes

Business Hours: Mon-Fri, 8AM-4:30PM

Washington Women in Need

Washington Women in Need is a privately funded, non-profit organization that provides funding for education and health care for women in need in Washington.

Volunteer Opportunities: Volunteers are needed to periodically help stuff and sort bulk mailings.

Minimum Age: 15

Minimum Commitment: 6 hours

Contact/Position: Office Coordinator/Volunteer Coordinator

Physical Address: 700 108th AVE NE, Suite 207
Bellevue, WA 98004

Phone: 425.451.8838

Facebook: <https://www.facebook.com/pages/Washington-Women-in-Need/108393312632>

Email: mnitz@wwin.org

Web: www.wwin.org

Business Hours: Mon-Fri, 9AM-5PM

YMCA

The YMCA has a full exercise facility with swimming pools and childcare programs. They are an inclusive organization of men, women and children with a shared commitment to nurture the potential of youth, promote healthy living and foster social responsibility.

Volunteer Opportunities: Volunteers are needed as camp aides, tutors, coaches, sports officials, to assist with childcare, and the aquatics program.

Minimum Age: 14

Minimum Commitment: Varies

Eastside (Bellevue)

Contact/Position: Volunteer Coordinator

Address: 14230 Bel-Red Rd
Bellevue, WA 98007

Phone: 425.746.9900

Facebook: <https://www.facebook.com/BellevueFamilyYMCA>

Email: vhinds@seattleyymca.org

Web: www.seattleyymca.org/Locations/Bellevue

Facility Hours: Mon-Fri, 5AM-10PM
Sat-Sun, 7AM-7PM

Northshore (Bothell)

Contact/Position: Volunteer Coordinator

Address: 11811 NE 195th St
Bothell, WA 98011

Phone: 425.485.9797

Facebook: <https://www.facebook.com/NorthshoreYMCA>

Email: rscott@seattleyymca.org

Web: www.seattleyymca.org/Locations/Northshore

Facility Hours: Mon-Fri, 5AM-10PM
Sat, 7AM-7PM
Sun, 9AM-5PM

Sammamish

Contact/Position: Volunteer Coordinator

Address: 4221 228th Ave SE
Issaquah, WA 98029

Phone: 425.391.4840

Facebook: <https://www.facebook.com/SammamishFamilyYMCA>

Email: hmayhew@seattleyymca.org

Web: www.seattleyymca.org/Locations/Sammamish

Business Hours: Mon-Thurs, 6AM-9PM
Fri, 6AM-8PM
Sat-Sun, 9AM-5PM

YWCA Family Village

YWCA Family Village provides transitional housing with on-site support services to help homeless families stabilize and become self-sufficient as they prepare to transition to independent living in permanent housing.

Volunteer Opportunities: Volunteers are needed to assist teachers, read to young children, work in the clothing program for low-income adults, and help sort donations.

Minimum Age: 16

Minimum Commitment: Typical range is 3 hours/month – 2 hours/week for 6 months

Contact/Position: Volunteer Coordinator

Physical Address: 16601 NE 80th St
Redmond, WA 98052

Phone: 206.490.4376

Facebook: <https://www.facebook.com/YWCASeattle>

Email: volunteer@ywcaworks.org

Web: www.ywcaworks.org

Business Hours: Mon-Fri, 8AM-5PM

Civic

Service Clubs and Organizations

A service club is a group of business and/or professional adults who have identified common needs within the community and support that need through community service, fundraising, awareness, and more.

Kiwanis - "Serving the Children of the World" (www.kiwanis.org)

- Bellevue – www.bellevue.kiwanis.org
- Kirkland – www.kirkland.kiwanis.org
- Kirkland Sunrise – www.kirklandsunrisekiwanis.org
- Issaquah – www.issaquah.kiwanis.org
- Issaquah Valley
- Providence Point (Issaquah)
- Redmond
- Sammamish – www.sammamishkiwanis.org

Lions - "We Serve" (www.lionsclub.org)

- Bellevue - <http://www.lions19b.com/bellevue.html>
- Redmond - <http://www.geocities.com/redmondions/index.html>

Rotary - "Encouraging the Ideal of Service as the Basis of Worthy Enterprise" (www.rotary.org)

- Bellevue – www.bellevuerotary.net
- Bellevue Breakfast – www.bbrc.net
- Bellevue Overlake – www.bellevueoverlakerotary.org
- Bellevue Sunrise – www.bellevuesunriserotary.org
- Issaquah – www.issaquahrotary.org
- Kirkland – www.kirklandrotary.org
- Kirkland Downtown – www.rckd.org
- Redmond – www.redmondrotary.org
- Redmond Rousers – www.redmondrousers.org
- Sammamish – www.sammamishrotary.org

Chambers of Commerce

A chamber of commerce is a voluntary association whose membership is comprised of companies, civic leaders, and individual business people. Chambers of commerce strive to develop and publicize business opportunities in their communities, as well as work for the betterment of local schools and other community institutions.

Bellevue

The Bellevue Chamber of Commerce fosters a healthy business environment by providing strategic leadership, advocacy, tools, and resources for business success.

- Address:** 302 Bell Square Bellevue, WA 98004
- Phone:** 425.454.2464
- Facebook:** <https://www.facebook.com/bellevuechamber>
- Email:** staffteam@bellevuechamber.org
- Web:** www.bellevuechamber.org

Issaquah

The mission of the Issaquah Chamber of Commerce is to advance and promote business by providing a forum to address critical issues, and to unite and support our memberships and community through programs, events, and services.

- Address:** 155 NE Gilman Blvd Issaquah, WA 98072
- Phone:** 425.392.7024
- Facebook:** <https://www.facebook.com/pages/The-Greater-Issaquah-Chamber-of-Commerce/112463128764840>
- Email:** info@issaquahchamber.com
- Web:** www.issaquahchamber.com

Chambers of Commerce continues.

Kirkland

The mission of the Kirkland Chamber of Commerce is to promote economic vitality. The Chamber endeavors through its programs, to seek broad involvement of business and community interests. It provides the leadership necessary for a favorable business climate, forges public-private partnerships whenever possible, and fosters a positive community identity.

Address: 223 Kirkland Ave, Ste 102 Kirkland, WA 98033
Phone: 425.822.7066
Facebook: <https://www.facebook.com/pages/Greater-Kirkland-Chamber-of-Commerce/118760344815311>
Email: judim@kirklandchamber.org
Web: www.kirklandchamber.org

Redmond

The Greater Redmond Chamber of Commerce exists to retain, expand and recruit new business; promote community involvement, connect Eastside businesses, and advocate for a vibrant business community.

Address: 1610 NE 80th Street Redmond, WA 98052
Phone: 425.885.4014
Facebook: <https://www.facebook.com/pages/The-Greater-Redmond-Chamber-of-Commerce/144293471079>
Email: info@redmondchamber.org
Web: www.redmondchamber.org

Sammamish

To encourage economic development and vitality through enhancement and support of business, city and community.

Address: 704 228th AVE NE #123 Sammamish, WA 98074
Phone: 425.681.4910
Facebook: <https://www.facebook.com/SammamishChamber>
Email: info@sammamishchamber.org
Web: www.sammamishchamber.org

King County Library System

King County Library System (KCLS) offers an unparalleled collection of books, ebooks, music, movies, computers, internet resources, public programs & more. KCLS is currently the busiest library in the United States, circulating 22.4 million items in 2010. It consists of 48 libraries, a Traveling Library Center, a mobile TechLab, and the ABC Express children's library van. KCLS offers a collection of more than 4.1 million items, including books, periodicals, newspapers, audio and videotapes, films, CDs, DVDs and extensive online resources. All KCLS libraries offer free Wi-Fi connections.

Websites: (www.kcls.org/volunteer), (www.facebook.com/kingcountylibrarysystem)

Bellevue Library

Site Address: 1111 110th Ave NE
Bellevue, WA 98004
Phone: 425.450.1765
Website: www.kcls.org/bellevue
Hours: Mon-Thurs, 9AM-9PM
Fri, 10AM-6PM
Sat, 10AM-6PM
Sun, 12PM-8PM

Issaquah Library

Site Address: 10 West Sunset Way
Issaquah, WA 98027
Phone: 425.392.5430
Website: www.kcls.org/issaquah
Hours: Mon-Thurs, 10AM-9PM
Fri, 10AM-6PM
Sat, 10AM-5PM
Sun, 1PM-5PM

Kingsgate Library

Site Address: 12315 NE 143rd St
Kirkland, WA 98034
Phone: 425.821.7686
Website: www.kcls.org/kingsgate
Hours: Mon-Thurs, 10AM-9PM
Fri, 10AM-6PM
Sat, 10AM-5PM
Sun, 1PM-5PM

Kirkland Library

Site Address: 308 Kirkland Ave
Kirkland, WA 98033
Phone: 425.822.2459
Website: www.kcls.org/kirkland
Hours: Mon-Thurs, 10AM-9PM
Fri, 10AM-6PM
Sat, 10AM-5PM
Sun, 1PM-5PM

Lake Hills Library

Site Address: 15590 Lake Hills Blvd
Bellevue, WA 98007
Phone: 425.747.3350
Website: www.kcls.org/lakehills
Hours: Mon-Thurs, 10AM-9PM
Fri, 10AM-6PM
Sat, 10AM-5PM
Sun, 1PM-5PM

Newport Way Library

Site Address: 14250 SE Newport Way
Bellevue, WA 98006
Phone: 425.747.2390
Website: www.kcls.org/newportway
Hours: Mon-Thurs, 10AM-9PM
Fri, 10AM-6PM
Sat, 10AM-5PM
Sun, 1PM-5PM

Redmond Library

Site Address: 15990 N.E. 85th
Redmond, WA 98052
Phone: 425.885.1861
Website: www.kcls.org/redmond
Hours: Mon-Thurs, 10AM-9PM
Fri, 10AM-6PM
Sat, 10AM-5PM
Sun, 12PM-8PM

Sammamish Library

Site Address: 825 228th Ave NE
Sammamish, WA 98075
Phone: 425.392.3130
Website: www.kcls.org/sammamish
Hours: Mon-Thurs, 10AM-9PM
Fri, 10AM-6PM
Sat, 10AM-5PM
Sun, 1PM-5PM

Local Government

City of Bellevue

Volunteer Opportunities: Volunteers are needed to assist with a broad range of programs and activities. This includes providing information to fellow citizens, coaching sports teams, helping older adults, and protecting local environment.

Minimum Age: Varies

Minimum Commitment: Varies

Contact/Position: Volunteer Program

Physical Address: 450 110th Ave NE
Bellevue, WA 98004

Mailing Address: PO Box 90012
Bellevue, WA 98009

Phone: 425.452.5375

Facebook: <https://www.facebook.com/bellevuewashington>

Email: sshellabarger@bellevuewa.gov

Web: <http://www.bellevuewa.gov/volunteer.htm>

Business Hours: Mon-Fri, 8AM-5PM

City of Kirkland

Volunteer Opportunities: City volunteers assist City staff in all departments enhancing services to the Kirkland community by restoring the natural vegetation in City parks, supporting the City Council in legislative matters, assisting with special events, and providing office support. The City also reserves a youth-specific position on seven of its boards and commissions.

Minimum Age: Varies

Minimum Commitment: Varies

Contact/Position: Volunteer Coordinator

Physical Address: 123 5th Ave
Kirkland, WA 98033

Phone: 425.587.3012

Email: volunteer@kirklandwa.gov

Web: <http://www.kirklandwa.gov/depart/CMO/Volunteering.htm>

Business Hours: Mon-Fri, 8AM-5PM

City of Sammamish

Volunteer Opportunities: Volunteers are needed to help support City staff, maintain parks, and assist with special events.

Minimum Age: Varies

Minimum Commitment: Varies

Contact/Position: Volunteer Coordinator

Physical Address: 801 228th Ave SE
Sammamish, WA 98075

Phone: 425.295.0556

Email: dsanders@ci.sammamish.wa.us

Web: <http://www.ci.sammamish.wa.us/volunteer/Default.aspx>

Business Hours: Mon-Fri, 8AM-5PM

Disabilities

Athletes for Kids

Athletes for Kids serves children with special needs by improving their social and emotional development through a personal relationship with an older high school student-athlete. The program is designed to dramatically improve confidence, self-esteem, and ability to relate to peers before entering the teen years. By socializing with a positive role model, the young child gains self-confidence and learns to make thoughtful choices.

Volunteer Opportunities: Volunteer student athletes are needed to serve as mentors to students with special needs.

Minimum Age: High school sophomore

Minimum Commitment: One school year

Other Notes: Student mentors must attend Skyline, Eastlake, Eastside Catholic, Issaquah, Overlake or Redmond high schools. Each potential mentor must complete an application form and interview.

Contact/Position: Executive Director

Mailing Address: 3020 Issaquah Pine Lake Road #254
Sammamish, WA 98075

Phone: 425.260.2109

Facebook: <https://www.facebook.com/athletesforkids>

Email: contactAFK@athletesforkids.org

Web: www.athletesforkids.org

Business Hours: N/A

Bridge Disability Ministries

Faith based non-profit serving people living with disabilities.

Volunteer Opportunities: Volunteers are needed to assist with the annual benefit dinner & auction and in the mobility center.

Minimum Age: 18 (Minimum age may be waived in certain circumstances)

Minimum Commitment: Varies

Contact/Position: Volunteer Coordinator

Physical Address: 12356 Northup Way, Ste 103
Bellevue, WA 98005

Phone: 425.885.1006 ext. 118

Facebook: <https://www.facebook.com/BridgeDisabilityMinistries>

Email: lindam@bridgemin.org

Web: <http://www.bridgemin.org>

Business Hours: Mon-Thurs, 9AM-5PM

Life Enrichment Options

Life Enrichment Options is a non-profit organization working to foster a community that supports individuals with developmental disabilities in achieving their goals including housing, recreation, employment, and education.

Volunteer Opportunities: Volunteers are needed to assist with a variety of special events and activities throughout the year. Assistance is also needed with yard work and general home repairs.

Minimum Age: 15

Minimum Commitment: Varies

Contact/Position: President

Physical Address: 301 Rainier Blvd S
Issaquah, WA 98027

Mailing Address: PO Box 117
Issaquah, WA 98027

Phone: 425.395.6688

Facebook: <https://www.facebook.com/pages/Life-Enrichment-Options-LEO/255893314423702>

Email: info@lifeenrichmentoptions.org

Web: www.lifeenrichmentoptions.org

Business Hours: Vary

Little Bit Therapeutic Riding Center

Little Bit strives to improve the bodies, minds, and spirits of children and adults with disabilities through equine-assisted therapy and to be an educational resource for the therapeutic riding profession, both regionally and nationally. The Adaptive Riding and Hippotherapy programs utilize the unique qualities of the horse to affect positive change in the lives of children and adults with disabilities.

Volunteer Opportunities: Volunteers are needed to assist in preparing horses for classes, office work, and special events.

Minimum Age: 14 or 16 depending on task

Minimum Commitment: Varies

Other Notes: Training is provided.

Contact/Position: Volunteer Coordinator

Physical Address: 19802 NE 148th St
Woodinville, WA 98072

Phone: 425.882.1554

Facebook: <https://www.facebook.com/LittleBitTherapeuticRidingCenter>

Email: jeffrey@littlebit.org

Web: www.littlebit.org

Business Hours: Mon-Fri, 9AM-7:30PM

Outdoors For All Foundation

The Outdoors for All Foundation is a national leader and one of the largest nonprofit organizations providing year round instruction in outdoor recreation for people with physical, developmental, and sensory disabilities. Outdoors for All's year round programming includes snowboarding, snowshoeing, cross country and downhill skiing, cycling, hiking, river rafting, canoeing and kayaking, day camps, water skiing, rock-climbing, camping and Custom Events.

Volunteer Opportunities: Volunteers are needed to assist with a wide variety of sports and recreational activities, office work, camps, and special events.

Minimum Age: 13

Minimum Commitment: Varies

Other Notes: Training is provided.

Contact/Position: Volunteer Program Coordinator

Physical Address: 6344 NE 74th St, Ste 102
Seattle, WA 98115

Phone: 206.838.6030

Facebook: <https://www.facebook.com/outdoorsforall>

Email: volunteer@outdoorsforall.org

Web: www.outdoorsforall.org

Business Hours: Mon-Fri, 9AM-5PM

Tavon Center

The Tavon Center is a day program for young adults with disabilities ages 18 and over.

Volunteer Opportunities: Volunteers are needed to work directly with clients, work in the gardens, caring for animals (chickens, goats, rabbits).

Minimum Age: 16

Minimum Commitment: Flexible

Contact/Position: Program Director

Physical Address: 24017 SE Black Nugget Rd
Issaquah, WA 98029

Mailing Address: PO Box 1243
Issaquah, WA 98027

Phone: 425.999.2269

Facebook: <https://www.facebook.com/pages/Tavon-Center/263598901552>

Email: contactus@tavoncenter.org

Web: www.tavoncenter.org

Business Hours: Mon-Fri, 9AM-5PM

Environment

City of Issaquah – Office of Sustainability

Office of Sustainability is a residential source to information on local environmental issues, conserving and protecting Issaquah’s natural resources, and educational and volunteer opportunities.

Volunteer Opportunities: Volunteers are needed to assist with water quality sampling, monitoring restoration areas, wetland monitoring, bird monitoring, and working in the community garden.

Minimum Age: 12

Minimum Commitment: Flexible

Contact/Position: Office of Sustainability Volunteer Coordinator

Physical Address: 130 E. Sunset Way
Issaquah, 98027

Mailing Address: PO Box 1307
Issaquah, WA 98027

Phone: 425.837.3400

Email: sustainability@issaquahwa.gov

Web: www.issaquahwa.gov

Business Hours: Mon-Fri, 8AM-5PM

City of Sammamish Parks and Recreation Department

The City of Sammamish Parks and Recreation Department works with volunteers to enhance and enrich their parks.

Volunteer Opportunities: Volunteers are needed to assist with maintaining trails, removing invasive species, enhancing native plant gardens, marking storm drains, and special events.

Minimum Age: 14

Minimum Commitment: Varies

Other Notes: Eagle Scout projects are encouraged. Youth are also encouraged to become Park Stewards.

Contact/Position: Volunteer Coordinator

Physical Address: 801 228th Ave SE
Sammamish, WA 98075

Phone: 425.295.0556

Facebook: <https://www.facebook.com/SammamishParksandRec>

Email: dsanders@ci.sammamish.wa.us

Web: www.ci.sammamish.wa.us

Business Hours: Mon-Fri, 8AM-5PM

EarthCorps

EarthCorps’ mission is to build global community through local environmental service. We do this by training young adults, from all over the US and the world, in environmental restoration. We also accomplish this by leading over 10,000 volunteers in projects ranging from Tacoma to Everett.

Volunteer Opportunities: Most events are forest restoration (invasive plant species removal, planting native trees/shrubs and restoration site maintenance) projects that take place in various parks and natural areas. Most events take place on Saturdays.

Minimum Age: No minimum

Minimum Commitment: 4 hours

Other Notes: To participate in any of our volunteer events folks MUST sign up ahead of time at <http://www.earthcorps.org/volunteer.php>.

EarthCorps supplies gloves, tools, water, light refreshments and volunteer education that covers safety, information on the park you are working in, forest health, environmental restoration and the overview of the project. We suggest that volunteers dress in layers of older clothes that include long pants, long sleeve shirt and a jacket. Durable footwear such as work boots, hiking boots or running shoes are recommended for these events.

Our events take place rain or shine so please come prepared for the weather. Bring a lunch/snack if you would like as well as a water bottle and a coffee cup/travel mug for refreshments.

Contact/Position: Volunteer Program Manager

Physical Address: 6310 NE 74th Street Suite 201 E
Seattle WA 98115

Phone: 206.322.9296 ext.217

Facebook: <http://www.facebook.com/EarthCorps>

Email: chris@earthcorps.org

Web: <http://www.earthcorps.org/volunteer.php>

Business Hours: Mon-Fri, 8AM-5PM

Forterra

Forterra's mission is to act with immediacy to protect, enhance and steward our region's most precious resources—its communities and its landscapes. Filling a unique niche as the largest conservation and community building organization in Washington State, they are working to build the foundations for our sustainable environmental and economic futures in the face of a rapidly growing population. For over 20 years, Forterra has successfully led efforts to conserve more than 179,000 acres of forests, farms, shorelines, parks and natural areas and restore critical landscapes.

Volunteer Opportunities: Volunteers are needed to help remove invasive plant species, plant native plants, spread mulch, do stream and trail restoration and more.

Minimum Age: Youth under 18 years of age may participate in any Forterra event either with a guardian present, or with a signed youth waiver.

Minimum Commitment: Flexible

Contact/Position: Volunteer Coordinator

Physical Address: 901 5th Avenue Ste. 2200
Seattle, WA 98164

Phone: 206.905.6931

Facebook: <https://www.facebook.com/ForterraNW>

Email: volunteer@forterra.org

Web: www.forterra.org

Business Hours: Vary

Friends of the Cedar River Watershed (FCRW)

The Friends of the Cedar River Watershed (FCRW) is a non-profit that supports watershed restoration efforts from the Cascade crest to the Puget Sound. FCRW's mission is to inspire conservation and protection of healthy local watersheds through restoration, education, and stewardship.

Volunteer Opportunities: Volunteers are needed to assist with restoration activities at the Cedar River watershed and in the greater Lake Washington watershed.

Work includes removal of invasive species and weed suppression, planting of native plants, irrigation installation, watering of newly planted natives, and continual management of adopt-a-site restorations.

Minimum Age: 15

Minimum Commitment: One 4 hour project

Contact/Position: Stewardship Coordinator

Office Address: 6512 23rd Ave NW, #201
Seattle, WA 98117

Project Site: Cedar River Watershed & Lake Forest Park Watershed

Phone: 206.297.8141

Facebook: <https://www.facebook.com/friendsofcedar>

Email: info@cedarriver.org

Web: www.cedarriver.org

Office Hours: Mon-Fri, 9AM-5PM

Project Hours: Typically Sat, 10AM-2PM

Friends of the Trail

Friends of the Trail (FoT) addresses the problem of dumping and littering of our public lands, waterways and scenic areas in Eastern King County, WA. FoT works on these lands removing years of accumulated trash, abandoned vehicles, and appliances to restore these areas to their original state. They strive to create better awareness of the problem, implement prevention measures, and educational efforts to achieve the overall goal to keep Washington State's public lands and waterways healthy.

Volunteer Opportunities: Volunteers are needed to assist with illegal dumpsites and litter cleanups on public lands and waterways.

Minimum Age: 15

Minimum Commitment: One 4 hour project

Contact/Position: Program Coordinator

Mailing Address: PO Box 1124
North Bend, WA 98045

Phone: 425.831.5489

Facebook: <https://www.facebook.com/pages/Friends-of-The-Trail/253149488046806>

Email: friendsot@centurytel.net

Web: www.friendsofthetrail.org

Business Hours: Vary

Green Kirkland Partnership

The Green Kirkland Partnership is an alliance between the City of Kirkland, nonprofit partners, businesses and the community to restore natural areas in the City. The City of Kirkland is fortunate to have more than 550 acres of park lands-more than 400 acres are natural areas such as forests, streams, wetlands and native vegetation. The Partnership seeks to remove invasive plants in city parks and plant native species.

Volunteer Opportunities: Volunteers are needed to help remove invasive species and plant native species.

Minimum Age: 14

Minimum Commitment: Flexible

Other Notes: Volunteers can choose to participate in pre-planned work parties or private group projects.

Contact/Position: Environmental Education & Outreach Specialist

Physical Address: 505 Market St Ste A
Kirkland, WA 98033

Phone: 425.587.3305

Facebook: <https://www.facebook.com/pages/Green-Kirkland-Partnership/134032297602>

Email: greenkirkland@kirklandwa.gov

Web: www.greenkirkland.org

Business Hours: Mon-Fri, 8AM-5PM

King County Parks Department

The King County Parks Department exists to serve and enhance the quality of life for residents through partnerships, entrepreneurial initiatives, and environmentally sound stewardship of regional and rural parks, trails, natural lands and recreational facilities.

Volunteer Opportunities: Volunteers are needed to plant trees, work in the nursery, maintain planted sites, repair backcountry trails, clean up parks, and remove noxious weeds.

Minimum Age: 16

Minimum Commitment: One event

Other Notes: Events take place almost every Saturday.

Contact/Position: Volunteer Coordinator

Physical Address: 201 Jackson St, Ste 700
Seattle, WA 98104

Phone: 206.296.4452

Facebook: <https://www.facebook.com/iheartkcparks>

Email: laurie.clinton@kingcounty.gov

Web: www.kingcounty.gov/recreation/parks/volunteer.aspx

Business Hours: Mon-Fri, 7:30AM-4PM

Mercer Slough Environmental Education Center

Located on a biologically diverse 320-acre wetland nature park in the heart of urban Bellevue, the Mercer Slough Environmental Education Center is a collaboration between the City of Bellevue and Pacific Science Center.

Volunteer Opportunities: Volunteers are needed as summer camp assistants. Teens can also participate in the yearlong Lake Washington Watershed Internship program.

Minimum Age: 14

Minimum Commitment: Varies based on volunteer assignment

Other Notes: Volunteers will be provided with relevant training and background information during orientation sessions.

Contact/Position: Teen Programs Supervisor

Physical Address: 1625 118th Ave SE
Bellevue, WA 98005

Phone: 425.450.0207

Facebook: <https://www.facebook.com/MSEEC>

Email: Mercer.Slough.Teens@pacsci.org

Web: www.pacificsciencecenter.org/Mercer-Slough/slough

Business Hours: Mon-Sun, 10AM-5PM

Mountains to Sound Greenway

The Mountains to Sound Greenway is a 100-mile corridor of parks, forests, and trails along Interstate 90. The Greenway Trust aims to keep these natural areas healthy and improve recreational access.

Volunteer Opportunities: Volunteers are needed to help restore natural areas and build trails. Seasonal tasks include tree and shrub planting, replanting seedlings at the nursery, and removal of invasive plants.

Minimum Age: 14

Minimum Commitment: One 6 hour project

Other Notes: Most projects are scheduled for Saturdays, 9am-3pm. All projects are outdoors and run rain or shine.

Contact/Position: Volunteer Program Coordinator

Physical Address: 911 Western Ave, Ste 203
Seattle, WA 98104

Phone: 206.812.0122

Facebook: <https://www.facebook.com/mtsgreenway?ref=ts>

Email: jeanmarie.hayes@mtsgreenway.org

Web: www.mtsgreenway.org

Business Hours: Mon-Fri, 9AM-5PM

The Student Conservation Association - Seattle

The Student Conservation Association is America's conservation corps. Members protect and restore national parks, marine sanctuaries, cultural landmarks and community green spaces in all 50 states.

Volunteer Opportunities: Volunteers can participate in various environmental conservation projects. Opportunities exist in Seattle for high school students throughout the year.

Minimum Age: 15

Minimum Commitment: Varies

Contact/Position: Seattle Community Program Manager

Physical Address: 1265 S Main St, Ste 210
Seattle, WA 98144

Phone: 206.324.4649

Facebook: <https://www.facebook.com/sca.seattle>

Email: sweigle@thesca.org

Web: www.thesca.org/about/offices/seattle

Business Hours: Mon-Fri, 8:30AM-5:30PM

Volunteers for Outdoor Washington

Volunteers for Outdoor Washington is a non-profit service organization that recruits, organizes and trains volunteers to perform trail construction and maintenance and to restore natural habitat while preserving the rich heritage features found in Washington State.

Volunteer Opportunities: Volunteers are needed to assist with removing invasive species, constructing steps, installing culverts, and more.

Minimum Age: 15

Minimum Commitment: One 7 hour work party

Contact/Position: Executive Director

Physical Address: 12345 NE 30th Ave Suite 1
Seattle, WA 98125

Phone: 206.517.3019

Email: info@trailvolunteers.org

Web: www.trailvolunteers.org

Business Hours: Vary

Washington Trails Association

As the state's largest advocacy group, Washington Trails Association preserves and promotes hiking opportunities in Washington State.

Volunteer Opportunities: Volunteers are needed to assist with trail maintenance, advocacy efforts, updating website, and as photographers and writers.

Minimum Age: 14

Minimum Commitment: Flexible

Contact/Position: Volunteer Coordinator

Physical Address: 705 2nd Ave Ste 300
Seattle, WA 98104

Phone: 206.625.1367

Facebook: <https://www.facebook.com/washingtontrails>

Email: alyssa@wta.org

Web: www.wta.org

Business Hours: Vary

Health

Crohns & Colitis Foundation of America: Northwest Chapter

The Crohns & Colitis Foundation provides support and education for patients and loved ones suffering from Crohns and colitis.

Volunteer Opportunities: Volunteers are needed to help with special events and assist with planning events.

Minimum Age: 14

Minimum Commitment: Flexible

Contact/Position: Volunteer Coordinator

Physical Address: 9 Lake Bellevue Drive
Bellevue, WA 98055

Phone: 425.451.8455

Facebook: <https://www.facebook.com/ccfanorthwest>

Email: ecollins@ccfa.org

Web: www.ccfa.org/chapters/northwest

Business Hours: Mon-Fri, 9AM-5PM

Evergreen Health

Evergreen Health is a community-based healthcare organization serving more than 400,000 people throughout the northern King and southern Snohomish counties. Services provided are among the most comprehensive in the region.

Opportunities: Volunteers help in many areas of the hospital, gift shop, and behind the scenes in office settings.

Minimum Age: 16

Minimum Commitment: 4 hour shift/week for 6 months

Other Notes: All volunteers must complete orientation prior to starting.

Contact/Position: Volunteer Services

Physical Address: 12040 NE 128th St
Kirkland, WA 98034

Phone: 425.889.1994

Facebook: <https://www.facebook.com/evergreenhospital.org>

Email: mllong@evergreenhealthcare.org

Web: www.evergreenhealth.org

Business Hours: Mon-Fri, 8AM-6:30PM

Sat, 9AM-5PM

Public Health – Seattle/King County Tobacco Prevention

King County Public Health operates the largest tobacco compliance check program in the nation. Working closely with the Washington State Liquor Control Board and various local agencies, the Tobacco Compliance Check Program monitors every tobacco retailer in King County.

Volunteer Opportunities: Underage youth operatives are needed to join forces with Public Health staff to identify retailers that are selling tobacco to minors.

Minimum Age: 15 – Maximum age is 17

Minimum Commitment: Typically 3-5 hours/month for 6 months

Other Notes: All youth are under the direct supervision of the Compliance Coordinator at all times. Training and transportation are also provided.

Contact/Position: Compliance Coordinator

Physical Address: 401 Fifth Ave Ste 900
Seattle, WA 98104

Phone: 206.263.0177

Email: Fel.pajimula@kingcounty.gov

Web: www.tobaccoprevention.org

Business Hours: Mon-Fri, 8AM-5PM

Puget Sound Blood Center

The Puget Sound Blood Center is a volunteer supported non-profit regional resource that provides blood and tissue services, research, and education throughout Western Washington.

Volunteer Opportunities: Volunteers are needed to assist with registering blood and bone marrow donors. Volunteers are also needed to help monitor donors and serve refreshments following their blood donation. Assistance with placing reminder calls to donors and organizing school based blood drives is also needed.

Minimum Age: 14

Minimum Commitment: Varies

Contact/Position: Volunteer Coordinator

Physical Address: 1021 112th AVE NE
Bellevue, WA 98004

Phone: 425.462.4381

Facebook: <https://www.facebook.com/PugetSoundBloodCenter>

Email: ColetteG@psbc.org

Web: www.psbcc.org

Office Hours: Mon-Fri, 8AM-5PM

Center Hours: Mon-Thurs, 8AM-4PM

Fri, 8AM-5PM

Sat, 8AM-4PM

Older Adults

Eastside Friends of Seniors

Eastside Friends of Seniors helps the elderly population living in the greater Issaquah, Sammamish, and Snoqualmie Valley with a complete the list of critical services to stay where they really want to be—in their own home.

Volunteer Opportunities: Volunteers are needed to visit with seniors, assist with house cleaning and yard work.

Minimum Age: 16

Minimum Commitment: Varies

Other Notes: Training is provided.

Contact/Position: Volunteer Coordinator

Physical Address: 1121 228th Ave SE
Sammamish, WA 98075

Phone: 425.369.9120

Facebook: <https://www.facebook.com/FriendsOfSeniors>

Email: info@eastsidefriendsofseniors.org

Web: www.eastsidefriendsofseniors.org

Business Hours: Mon-Fri, 10AM-4PM

Emerald Heights

Emerald Heights is a retirement community on a 40-acre campus adjoining Redmond High School.

Volunteer Opportunities: Volunteers are needed to help the recreation assistants carry out events and activities with residents.

Minimum Age: 16

Minimum Commitment: Varies

Other Notes: Training is provided.

Contact/Position: Director of Human Resources

Physical Address: 10901 176th Circle NE
Redmond, WA 98052

Phone: 425.556.8100

Email: info@emeraldheights.com

Web: www.emeraldheights.com

Office Hours: Mon-Fri, 9AM-5PM

Business Hours: Seven days a week, 24 hours/day

Gardens at Juanita Bay

The Gardens at Juanita Bay is a retirement community that welcomes residents of all nationalities and backgrounds. We were originally founded by the German Ladies Society of Seattle in 1925, but since 1937 we have been a non-profit corporation providing quality care to elder citizens of all nationalities.

Volunteer Opportunities: Volunteers are needed to help with various activities, visiting, and reading with residents.

Minimum Age: 15

Minimum Commitment: One hour per week

Other Notes: Training is provided.

Contact/Position: Office Manager

Physical Address: 11853 97th Ave NE
Kirkland, WA 98034

Phone: 425.823.0410 ext 17

Facebook: <https://www.facebook.com/pages/The-Gardens-at-Juanita-Bay/109938625763915>

Email: monkia@gardensatjuanitabay.com

Web: www.gardensatjuanitabay.com

Business Hours: Seven days a week, 24 hours/day

Madison House Retirement & Assisted Living

Madison House is a retirement community serving elderly residents in Kirkland.

Volunteer Opportunities: Volunteers are needed to visit with and assist residents. This may include game playing and reading.

Minimum Age: 14

Minimum Commitment: 1 hour/week

Other Notes: Training is provided.

Contact/Position: Activities Director

Physical Address: 1225 NE 128th St
Kirkland, WA 98034

Phone: 425.821.8210

Email: info@mhretirement.com

Web: www.madisonhouseretirement.com

Office Hours: Mon-Fri, 8AM-3PM

Business Hours: Seven days a week, 24 hours/day

Northshore Senior Center

The Northshore Senior Center offers activities and daytime care for elderly citizens.

Volunteer Opportunities: Volunteers are needed to assist seniors, take walks with seniors, and play games with patrons.

Minimum Age: 16

Minimum Commitment: 4 hours/week

Contact/Position: Volunteer Coordinator

Physical Address: 10201 E Riverside Dr
Bothell, WA 98011

Phone: 425.286.1054

Facebook: <https://www.facebook.com/pages/Northshore-Senior-Center/348956115009>

Email: JeanJ@seniorservices.org

Web: www.northshoreseniorservices.org

Business Hours: Mon-Fri, 8:30AM-4:30PM

Providence Marianwood

Providence Marianwood is a non-profit nursing facility that offers long-term care, hospice, dementia care, and respite care.

Volunteer Opportunities: Volunteers are needed to assist task groups and to visit with residents.

Minimum Age: 14

Minimum Commitment: One hour/week for 6 months

Contact/Position: Volunteer Coordinator

Physical Address: 3725 Providence Pt Dr SE
Issaquah, WA 98029

Phone: 425.391.2800

Facebook: <https://www.facebook.com/pages/Providence-Marianwood-Foundation/142935993617>

Email: andrea.abercrombie@providence.org

Web: www.providencemarianwood.org

Business Hours: Mon-Sun, 8:30AM-8PM

Poverty & Homelessness

American Red Cross

The American Red Cross of King, Kitsap and North Mason Counties has been helping the community since 1898. Services include Disaster Response, Community Preparedness, Health & Safety Training, International Services, Language Bank, and Youth and Young Adult Services.

Volunteer Opportunities: Volunteers are needed to assist with all programs.

Minimum Age: 14

Minimum Commitment: Varies

Other Notes: Volunteer orientation required.

Contact/Position: Volunteer Services Coordinator

Physical Address: 1900 25th Ave S
Seattle, WA 98144

Mailing Address: PO Box 3097
Seattle, WA 98114

Phone: 206.726.3566

Facebook: <https://www.facebook.com/seattleredcross>

Email: volunteers@seattleredcross.org

Web: www.seattleredcross.org

Business Hours: Vary

Hopelink

Hopelink serves homeless and low income families, children, seniors, and people with disabilities. They help families move out of crisis and into self-sufficiency. Hopelink offers a broad range of services and a holistic model that looks at all aspects of a family's life. Services range from immediate and crisis-orientated services to longer-term programs that help families get back on their feet and thrive.

Volunteer Opportunities: Volunteers are needed to assist in the food banks, child development centers, administrative offices, and special events.

Minimum Age: 16

Minimum Commitment: Three months

Contact/Position: Volunteer Coordinator

Admin Office Address: 10675 Willows Rd NE #275
Redmond, WA 98052

Phone: 425.869.6000

Office Hours: Mon-Fri, 8:30AM-5PM

Facebook: <https://www.facebook.com/pages/Hopelink/31267775819>

Email: volunteerwithus@hope-link.org

Web: www.hope-link.org

Site Addresses & Phone Numbers:

Bellevue 14812 Main St 425.943.7555
Bellevue, WA 98007

Carnation 31957 Commercial 425.333.4163
Carnation, WA 98104

Kirkland 11011 120th Ave NE 425.889.7880
Kirkland, WA 98034

Redmond 16725 Cleveland St 425.882.0241
Redmond, WA 98052

Issaquah Food and Clothing Bank

The Issaquah Food and Clothing Bank responds to those requiring assistance obtaining food, clothing, and related services.

Volunteer Opportunities: Volunteers are needed as food bank and clothing bank assistants.

Minimum Age: 16

Minimum Commitment: Flexible

Contact/Position: Food Bank Supervisor

Physical Address: 179 First Ave NE
Issaquah, WA 98027

Phone: 425.392.4123

Facebook: <https://www.facebook.com/issaquahfoodclothingbank>

Email: issaquahfood@aol.com

Web: www.issaquahfoodbank.org

Office Hours: Mon-Fri, 8AM-4PM

Bank Hours: Tues-Thurs, 10AM-2PM

2nd Tuesday of each month, 5-7PM

KITH Kirkland Interfaith Transitions in Housing

KITH assists individuals and families on the Eastside who are facing a homelessness crisis by providing housing and services to help them become stable and self-sufficient.

Volunteer Opportunities: Volunteers are needed to assist with yard work, apartment maintenance, painting apartments, agency events, and mailings.

Minimum Age: 16

Minimum Commitment: No minimum

Contact/Position: Development Director

Physical Address: 125 State St S
Kirkland, WA 98033

Phone: 425.576.9531

Facebook: <https://www.facebook.com/pages/KITH/319291434815082>

Email: kith@kithcares.org

Web: www.kithcares.org

Business Hours: Mon-Fri, 9AM-5PM

Wilderness Technology Alliance

Wilderness Technology Alliance is a non-profit organization which obtains computers, mainly from large corporations and makes them available to schools, students, other non-profit organizations, and people of low income.

Volunteer Opportunities: Volunteers are needed to assist with refurbishing computers and many other activities.

Minimum Age: 16

Minimum Commitment: 4 hours a week

Other Notes: Training in refurbishing computers will be provided.

Contact/Position: Director

Physical Address: 206 SW 112th St
Seattle, WA 98146

Phone: 206.242.9505

Facebook:

<https://www.facebook.com/pages/Wilderness-Technology-Alliance/234693773282812?rf=134900446559025>

Email: dcase@wildtech.org

Web: www.wildtech.org

Business Hours: Mon-Fri, 9:30AM – 5:30PM

Unique to Teens

Bellevue Youth Link

Youth leadership and community service program for Bellevue teens and students.

Volunteer Opportunities: Serve in the Bellevue Youth Council, Bellevue Youth Court, Action Teams or Special Event Committees.

Minimum Age: 11 years old/6th Grade

Minimum Commitment: 2 meetings a month; September through June (school year)

Other Notes: Summer Youth Leadership Academy training in late July also available for new and returning members.

Contact/Position: Patrick Alina, Youth Link Program Coordinator

Physical Address: Bellevue City Hall
450 110th Avenue NE
Bellevue, WA 98004

Mailing Address: Bellevue Youth Link Program,
P.O. Box 90012
Bellevue, WA 98009-9012

Phone: 425.452.5254

Facebook: <https://www.facebook.com/pages/Bellevue-Youth-Link/134818629923137>

Email: palina@bellevuewa.gov

Web: www.youthlink.com

Business Hours: Mon-Fri, 9AM-5PM

Ground Zero Teen Center (The Club)

The Ground Zero Teen Center provides teens a place to enjoy drop-in activities, art & crafts, movies, field trips, classes, live concerts, and more!

Volunteer Opportunities: There are several internship positions available including the Keystone Club, a community service group.

Minimum Age: 13

Minimum Commitment: None

Contact/Position: Unit Director

Physical Address: 15228 Lake Hills Blvd
Bellevue, WA 98007

Phone: 425.429.3203

Facebook: <https://www.facebook.com/groundzeroteencenter>

Email: llatimer@bgcbellevue.org

Web: <http://gz.bgcbellevue.org>

Business Hours: Mon, Tues, Thurs, 2:30PM-7PM
Weds, 1PM-7PM
Fri, 2:30PM-7PM and till 10PM for concerts.
Saturday, If concert scheduled 7PM-10PM

Issaquah Youth Advisory Board

The City of Issaquah believes that youth are not only future leaders of tomorrow, but also active civic contributors of today. The Issaquah Youth Advisory Board exists to create and encourage both youth leadership and service opportunities in order to develop leadership skills, highlight youth ideas and opinions, and unite students in the Issaquah School District.

Volunteer Opportunities: 1 school year term as Board Member

Minimum Age: 5th graders may apply for their 6th grade year

Minimum Commitment: One school year

Other Notes: Applications are available each April for the following school year's Board.

Contact/Position: Recreation Coordinator

Physical Address: 301 Rainer Blvd S
Issaquah, WA 98027

Mailing Address: PO Box 1307
Issaquah, WA 98027

Phone: 425.837.3317

Email: cathyj@issaquahwa.gov

Web: www.issaquahwa.gov

Business Hours: Mon-Sat, hours vary

Kids Without Borders

Kids Without Borders was launched as a school service project for students to sort clothes and donated items for children in the community. Today, the organization supports and works with children in more than 30 countries, attracting volunteers worldwide, providing opportunities for youth, benefiting and changing thousands of lives around the world.

Volunteer Opportunities: Volunteers are needed to sort, organize, and distribute donated children's products in the Sammamish warehouse. Volunteers are also needed to help facilitate community fundraising and donation events.

Minimum Age: Varies

Minimum Commitment: Flexible

Contact/Position: Director
Physical Address: Warehouse — Sammamish
Mailing Address: PO Box 24
 Bellevue, WA 98009

Phone: 425.836.5354
Facebook: <https://www.facebook.com/pages/KIDS-WITH-OUT-BORDERS/272855577559>
Email: info@kidswithnoborders.org
Web: www.kidswithnoborders.org
Business Hours: Vary

Kirkland Police Explorers

Police Explorers are youth volunteers who receive extensive law enforcement training to perform traffic control and other assignments.

Volunteer Opportunities: Youth can join the Explorer Post.

Minimum Age: 14

Minimum Commitment: 1 year — six events and 18 meetings

Contact/Position: Det. Mike Deaguiar
Physical Address: 123 5th AVE
 Kirkland, WA 98033
Phone: 425.587.3400
Email: MDeaguiar@kirklandwa.gov
Web: www.kirklandwa.gov

Business Hours: Vary

Kirkland Teen Union Building

As a recreation, resource and arts center, this unique facility gives teens a positive, supportive environment to develop skills, connect with their peers and make a difference locally.

Volunteer Opportunities: Volunteers are needed to assist with Friday teen feeds, concerts, special events, and on the Teen Feedback Advisory Board.

Minimum Age: 13

Minimum Commitment: Varies

Contact/Position: Volunteer Career Resource Specialist
Physical Address: 348 Kirkland Ave
 Kirkland, WA 98033
Phone: 425-822-3088
Facebook: <https://www.facebook.com/ktub1>
Email: volunteer@ktub.org
Web: www.ktub.org

Business Hours: Tues & Thurs, 3-9PM
 Weds, 1-9PM
 Fri, 3-11PM
 Sat, 4-11PM

Volunteer Positions

Unique to Teens

Kirkland Youth Council

The Kirkland Youth Council provides a vital link between the youth of Kirkland, the greater community, and the government. This alliance promotes mutual respect, ensures that the voice of youth is heard, and creates and encourages opportunities for youth to give back to the community.

Volunteer Opportunities: Youth can become a member of the Youth Council, assist with television program "We've Got Issues", help with service projects, and assist with special events.

Minimum Age: 12 (6th grade)

Minimum Commitment: One year

Other Notes: Youth Council applications are due at the end of September every year.

Contact/Position: Youth Services Coordinator

Physical Address: 505 Market St Ste A
Kirkland, WA 98033

Phone: 425.587.3323

Facebook: <https://www.facebook.com/pages/Kirkland-Youth-Council/450066875034517?ref=hl>

Email: kyc@kirklandwa.gov

Web: www.kirklandwa.gov

Business Hours: Mon-Fri, 8AM-5PM

Old Firehouse Teen Center

The Old Fire House Teen Center (OFH) provides progressive and innovative recreational, educational, and personal support programs and services for Redmond youth ages 13-18. OFH offers music, art, video, and photography classes, community dinners, field trips, movie nights and much more. The OFH also provides a venue for Eastside youth to perform music, poetry, dance, drama, comedy, and more at all-ages events every Friday night.

Volunteer Opportunities: Volunteers can assist with Friday night events, teach workshops, assist with office work, and more.

Minimum Age: 13

Minimum Time Commitment: 2 hours

Other Notes: All volunteers must undergo background check.

Contact/Position: Program Assistant

Physical Address: 16519 NE 79th St
Redmond, WA 98052

Phone: 425.556.2371

Facebook: <https://www.facebook.com/pages/Teen-Programs-City-of-Redmond-Parks-Recreation/36888003243>

Email: rshmait@redmond.gov

Web: www.redmond.gov

Business Hours: Tues-Thurs, 3-9PM

Fri, 7-11PM

Sat, 4-10PM

Redmond Police Explorers

Police Explorers are youth volunteers who receive extensive law enforcement training to perform traffic control and other assignments.

Volunteer Opportunities: Teens can join the Explorer Post.

Minimum Age: 14

Minimum Commitment: One year

Other Notes: The application process for the Post requires candidates to complete a written application and pass an oral board. A thorough background check is conducted in which references and criminal history are evaluated. Explorers are required to have a minimum 2.0 grade point average and a clean criminal history.

Contact/Position: Officer Julie Beard

Physical Address: 8701 160th Ave NE
Redmond, WA 98052

Phone: 425.556.2659

Email: jbeard@redmond.gov

Web: www.redmond.gov

Business Hours: Vary

Volunteer Positions

Unique to Teens

Redmond Youth Partnership Advisory Board

The Redmond Youth Partnership Advisory Committee (RYPAC) is the voice for youth which is made up of youth and adults who help shape programs for our community. RYPAC is a unique board made up of youth and adults who focus on three areas of interest: recreation, youth voice, and service. With the help of the RYPAC coordinator, the committee creates, implements, and supports programs they feel best represents the needs and interests of Redmond's youth.

Volunteer Opportunities: Teens can become a RYPAC member and assist with various projects.

Minimum Age: 13

Minimum Commitment: One year

Contact/Position: Program Coordinator

Physical Address: 16600 NE 80th St
Redmond, WA 98052

Mailing Address: PO Box 97010
Redmond, WA 98073

Phone: 425.556.2358

Facebook: <https://www.facebook.com/redmond.rypac>

Email: rypac@redmond.gov

Web: www.redmond.gov

Business Hours: Vary

Sammamish Youth Board

The Sammamish Youth Board unites youth, adults, and government to form a relationship that promotes equality and mutual respect as well as create integral activities that lead to a stronger community.

Volunteer Opportunities: Teens can join the Sammamish Youth Board in the spring of every year.

Minimum Age: Teens entering 8th grade in the fall

Minimum Commitment: One year

Other Notes: To be eligible for board membership, applicants must:

- Reside, work, or perform a legitimate activity within the Sammamish City limits;
- Be in 7th-11th grade or in a program equivalent; and
- Have a great desire to embrace the opportunities and responsibilities of representing the youth of Sammamish.

Contact/Position: Recreation Coordinator

Physical Address: 801 228th Ave SE
Sammamish, WA 98075

Phone: 425.295.0584

Facebook: <https://www.facebook.com/groups/221966347821307/>

Email: lhandlos@ci.sammamish.wa.us

Web: www.ci.sammamish.wa.us

Business Hours: Mon-Fri, 8:30AM-5PM

Vera Project

Vera is an all-ages volunteer fueled music and arts venue. By engaging participants at all levels of music production and community organizing, Vera strives to fulfill its mission to foster a participatory creative culture through popular music concerts, arts programs, experiential learning and volunteer opportunities for all ages, especially young people. Vera's programs are always all ages, with a focus on young people ages 14 to 24.

Volunteer Opportunities: Volunteers can run shows, help in the silkscreen studio or recording studio, curate exhibitions in the gallery and more.

Minimum Age: None

Minimum Commitment: None

Other Notes: Interested volunteers must attend a volunteer orientation - generally, the 2nd Thursday at 6pm and the 2nd Saturday at 4pm of each month.

Contact/Position: Volunteer Coordinator

Physical Address: Corner of Warren & Republican Ave N,
next to the Key Arena in Seattle Center

Mailing Address: 305 Harrison Street
Seattle, WA 98109

Phone: 206.956.8372

Facebook: <https://www.facebook.com/pages/The-Vera-Project/336116096470972>

Email: volunteer@theveraproject.org

Web: www.theveraproject.org

Business Hours: Tues-Fri, 2-6PM
Sat, 12-5PM

Violence Prevention

Bellevue Neighborhood Mediation Program

The Bellevue Mediation team can help resolve disputes over a broad range of issues, including: property boundaries, messy yards, noise, landlord-tenant issues, parking, merchant-consumer issues, parent-teen issues, elder care, work groups, construction and homeowners associations. The Bellevue Parent Teen Mediation lets parents and teens talk about what is most important to them. The mediators are there to help make sure things go smoothly.

Volunteer Opportunities: Volunteers are needed to provide conciliation and mediation to help Bellevue residents resolve conflicts. Tasks include: telephone conciliation (coaching, problem solving, and convening mediation); database entry and other minor office tasks; conducting face-to-face mediation; and assisting with outreach, training and other program projects.

Minimum Age: 13

Minimum Commitment: One year

Other Notes: Training is provided.

Contact/Position: Mediation Manager

Physical Address: 450 110th Ave NE
Bellevue, WA 98004

Mailing Address: PO Box 90012
Bellevue, WA 98009

Phone: 425.452.4091

Email: mediation_info@bellevuewa.gov

Web: <http://www.ci.bellevue.wa.us/mediation.htm>

Business Hours: Mon-Fri, 9AM-5PM

LifeWire (formerly Eastside Domestic Violence Program)

LifeWire has been providing domestic violence services and programs to the community since 1982. We have grown to become one of Washington State's largest domestic violence service providers and a recognized leader in the field. We work closely with local and regional human service agencies to provide life-saving and life-changing programs and services to help victims and their children separate safely from an abuser, restore trust, develop self-sufficiency, and build peaceful families.

Volunteer Opportunities: Volunteers are needed to assist with basic office support, fundraising events, donation drives, and to take part on various projects.

Minimum Age: 16

Minimum Commitment: Varies

Other Notes: Some training may be required.

Contact/Position: Volunteer Coordinator

Mailing Address: PO Box 6398
Bellevue, WA 98008

Phone: 425.562.8840

Facebook: <https://www.facebook.com/pages/LifeWire/224307285022>

Email: email@edvp.org

Web: www.edvp.org

Business Hours: Mon-Fri, 8AM-5PM

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kirkland youth council

