



CITY OF KIRKLAND SENIOR COUNCIL



HOW THE KIRKLAND SENIOR COUNCIL WORKS FOR YOU!

WHAT IS THE KIRKLAND SENIOR COUNCIL?

The City Council established the Senior Council in 2002 to ensure Kirkland is and remains a safe, vibrant community for residents ages 50 and older. The members of the Council are a group of concerned citizens like you.

HOW DOES THE SENIOR COUNCIL WORK?

The Senior Council meets monthly for 2 hours and members also meet through committees to identify the concerns of Kirkland's adults age 50 and over, to advocate for their needs and to create programs that advance their well-being.

WHAT IS THE RELATIONSHIP TO THE KIRKLAND CITY COUNCIL?

The Senior Council works in an advisory capacity to the City Council. Its role is to study, review, evaluate and make recommendations to the City Council and the City Manager regarding matters affecting citizens age 50 and older, in the City of Kirkland.

YOU CAN GET INVOLVED!

Recruitment for Senior Council members is now underway! Council members either live, work or serve Kirkland's older adults and are adults younger and older than age 50, employed or retired and are willing to volunteer 6-12 hours per month. Member terms are 3 years. To get an application see information below.

SENIOR COUNCIL PROJECTS

The following projects raise community awareness on a variety of topics and issues of interest to seniors, the KSC produces and distributes educational video programs which air on Klife, (Comcast channel 75 or Verizon channel 32) and are available to the public on DVD. **(For details call 425.587.3360.)**

Videos include:

- **Identify, Advocate, Create:**
How the KSC Works for You
- **SWAY:** *How to Influence Your Elected Officials*
- **Aging in Place in Kirkland:** *Universal Design in Housing is Good for Everyone.*
- **Elder Abuse:** *Neglect and Self-Neglect*
- **Falling into Fitness:** *How Age-appropriate Exercise Helps to Prevent Falls*
(Available Fall 2010)

Other Ongoing Projects:

- Sponsor an Eastside Senior Art Show to promote the talents of local artists who are 50 and older.
- Reprint 2009's KSC's Emergency Preparedness Tips sheets for continued distribution throughout community and insertion into Kirkland-area utility bills.
- Work with other Eastside cities to establish their own Senior Councils.
- Represent adults age 50+ on various city committees: Totem Lake Action Team, Downtown Action Team, Active Living Task Force, Greater Kirkland Citizen Corps Council and Map Your Neighbor Program.

THE KIRKLAND SENIOR COUNCIL WANTS TO HEAR FROM YOU!

Share your questions, comments and ideas:

Contact the Kirkland Senior Council at ksrcouncil@ci.kirkland.wa.us
or call Carrie Hite at 425.587-3320.

CITY OF KIRKLAND SENIOR COUNCIL
c/o Peter Kirk Community Center

352 Kirkland Avenue • Kirkland, Washington 98033
425.587-3361 • ksrcouncil@ci.kirkland.wa.us

Dear Applicant:

Thank you for applying for a position on the Kirkland Senior Council (KSC)! The KSC meetings are monthly from 5:30 – 7:30 P.M. at the Peter Kirk Community Center, 352 Kirkland Avenue in downtown Kirkland. Member terms are for three years. The monthly commitment is 6-12 hours. Interviews will be the week of November 8, 2010.

APPLICATIONS ARE DUE: NO LATER THAN 5:00 P.M., FRIDAY, OCTOBER 29, 2010
IF MAILING, POSTMARKED BY 5:00 P.M., FRIDAY,
OCTOBER 29, 2010

RETURN APPLICATIONS TO: PETER KIRK COMMUNITY CENTER
352 KIRKLAND AVENUE
KIRKLAND, WASHINGTON 98033

FOR QUESTIONS CALL: SHARON ANDERSON, 425.587.3322



CITY OF KIRKLAND

APPLICATION: KIRKLAND SENIOR COUNCIL

Please print or type

Name _____

Date _____

Home Address _____

Phone – Work _____

Phone – Home _____

E-mail _____

Do you live, work, or serve the senior population in Kirkland? _____

(If you need more space attach additional sheets)

Background, experience and current occupational status: _____

List any special training and skills you may have that are pertinent to the Kirkland Senior Council position to which you are applying. _____

Describe why you are interested in serving on the Kirkland Senior Council. _____

Please state what you consider are key issues currently impacting seniors in the community. _____

Education: _____

Organizational Affiliations: _____

Describe your involvement in the Kirkland community: _____

Signature