

Preschool Programs

Most classes held at: NKCC
North Kirkland Community Center
12421 103rd Ave NE ★ 425.587.3350

PRESCHOOL CLASS REQUIREMENTS

- ★ Children must be able to follow directions and participate in small group setting without a parent.
- ★ Please take your child to the bathroom before class.
- ★ No siblings other than infants in carriers; registered participants only.
- ★ Refer to class description for “no class” dates.
- ★ Please be on time for drop-off and pick-up!
- ★ If we cancel an individual class, we will make it up when the schedule allows. If the schedule does not allow for a make-up class, a credit will be issued. No make-ups are available for missed classes.
- ★ Refund policy is on page 7.



Creating in the Kitchen with Karen

Ages 3 to 5 years (children only)

Nurture curiosity in this tasty class where your child will practice creativity and culinary skills while learning kitchen safety and developing healthy eating habits. Plan, prep, and prepare for a gastronomic good time!

*Instructor: Karen Renfroe-Gielgens • Location: McAuliffe Park, 10824 NE 116th St (enter off of 108th Ave NE).
8 weeks • No class 2/15 • Resident \$72 / Non-Resident \$86
\$10 supply fee payable to instructor*

Mon	2:30–3:30pm	Sept 14–Nov 2	46413
Mon	2:30–3:30pm	Jan 25–Mar 21	46415

Holiday Creating in the Kitchen with Karen

Ages 3 to 5 years

Cook holiday treats in this 4-week class.

Location: McAuliffe Park, 10824 NE 116th St (enter off of 108th Ave NE) • 4 weeks • No class 11/23 • Supply fee of \$5 payable to instructor • Resident \$36 / Non-Resident \$43

Mon	2:30–3:30pm	Nov 9–Dec 7	46417
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ABC & 123 “Preschool & Kindergarten Readiness”

Ages 3 & 4 years

We know how scary your first class can be, so bring your mom the first day and see how easy it is to meet new friends. In this small group setting with a 1 to 8 teacher to student ratio the teacher will work with your little one on socialization skills, like learning to share and playing with others. She will teach letter and color recognition, number sequencing, and seasons. She’ll even sprinkle in stories, play, and art, while doing creative group and individual projects. Learning has never been so much fun! Choose from a 1 hour or 1½ hour class. We recommend the 1 hour program for beginners.

*Location: NKCC • 13 weeks • No class 11/24
Resident \$208 / Non-Resident \$250*

Age 3 years

Tue	9:30–10:30am	Sept 8–Dec 8	46404
Tue	9:30–10:30am	Jan 5–Mar 29	46410

Ages 3 to 4 years

Tue	10:40am–12:10pm	Sept 8–Dec 8	46405
Tue	10:40am–12:10pm	Jan 5–Mar 29	46411

Art Adventures

(Parent Participation Optional)

Ages 3 to 5 years

You’re a little bit older, and now ready for this, a safari in art you won’t want to miss. So lace up your boots, on a hunt we will go, that will take us through paint lands and mountains of dough. We’ll capture the colors and textures and more, and release them to projects you’re sure to adore

*Instructor: Miss Pamela • Location: NKCC • 3 weeks
No class 11/11 • Resident \$24 / Non-Resident \$29*

Wed	10:30–11:15am	Sept 9–23	46419
Wed	10:30–11:15am	Oct 7–21	46420
Wed	10:30–11:15am	Nov 4–25	46421
Wed	10:30–11:15am	Dec 2–16	46422
Wed	10:30–11:15am	Jan 6–20	46423
Wed	10:30–11:15am	Feb 10–24	46424
Wed	10:30–11:15am	Mar 9–23	46425

Valentine Workshop

Ages 5 to 8 years

Create a one-of-a-kind valentine box with glitter, doilies, paint, stickers, and more to store your beloved valentines. Listen to a heartwarming story, and enjoy a valentine snack.

*Instructor: Miss Pamela • Location: NKCC
Resident \$20 / Non-Resident \$24*

Sat	10–11:30am	Feb 6	46427
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Preschoolers

Language: Polly-Glots

Polly-Glots was founded in 2007 by a mom with a dream of offering engaging and affordable language immersion classes for children.

French For Children

Ages 5 to 9 years, parent participation optional

This French immersion class integrates play, music, movement, and art to engage children and connect the foreign sounds and words to everyday items and activities. Vocabulary is provided so parents can reinforce the language outside of class.

Instructor: Frederique Battestini/Polly-Glots
Location: NKCC • 10 weeks • No class 11/28
Resident \$168 / Non-Resident \$202

Sat	10–10:45am	Sept 26–Dec 5	46437
Sat	10–10:45am	Jan 23–Mar 26	46438

Spanish for Elementary Youth

Ages 5 to 9 years

Help your children get a head start by learning a foreign language early. This Spanish immersion class integrates play, music, movement, and art to engage children and connect the foreign sounds and words to everyday items and activities.

Instructor: Polly-Glots • Location NKCC • 10 weeks
No class 11/28 • Resident \$168 / Non-Resident \$202

Sat	9-9:45am	Sept 26–Dec 5	46915
Sat	9-9:45am	Jan 23–Mar 26	46916

Preschool Music

Move Over Mozart Piano

Ages 3 to 4 years

Learn to play familiar tunes on the piano, read music, and, basic music theory. Class recitals throughout the year are optional. Having a piano at home is not a requirement; instruction on community center piano or keyboard is included in instruction. A one-time \$10 materials fee is payable to instructor and due at first class.

Class size is limited to 6 (additional classes may be added based on waiting lists). For more information visit moveovermozart.net • Location: NKCC

Fall Mon 16 weeks • No class 12/28
Resident \$159 / Non-Resident \$191

Mon	4–4:30pm	Sept 21–Jan 11	46726
Mon	5–5:30pm	Sept 21–Jan 11	46727

Fall Tue & Thur 10 weeks • Resident \$99 / Non-Res. \$119

Tue	4–4:30pm	Sept 22–Nov 24	46728
Thur	4–4:30pm	Sept 17–Nov 19	46729
Thur	5:30–6pm	Sept 17–Nov 19	46730

Winter Mon 9 weeks • No class 2/15
Resident \$89 / Non-Resident \$107

Mon	4–4:30pm	Jan 25–Mar 28	46737
Mon	5–5:30PM	Jan 25–Mar 28	46738

Winter Tue 11 weeks • Res. \$109 / Non-Res. \$131

Tue	4–4:30pm	Jan 19–Mar29	46739
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Winter Thur 10 weeks • No class 2/11
Resident \$99 / Non-Resident \$119

Thur	4–4:30pm	Jan 21–Mar 31	46740
Thur	5:30–6pm	Jan 21–Mar 31	46741

Move Over Mozart Piano

Ages 5 to 6 years

Learn to play familiar tunes on the piano, read music, and, basic music theory. Class recitals throughout the year are optional. Having a piano at home is not a requirement; instruction on community center piano or keyboard is included in instruction. A one-time \$10 materials fee is payable to instructor and due at first class.

Class size is limited to 6 (additional classes may be added based on waiting lists). For more information visit moveovermozart.net • Location: NKCC

Fall Mon 16 weeks • No class 12/28
Resident \$159 / Non-Resident \$191

Mon	4:30–5pm	Sept 21–Jan 11	46731
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Fall Tue & Thur 10 weeks
Resident \$99 / Non-Resident \$119

Tues	4:30–5pm	Sept 22–Nov 24	46732
Thurs	4:30–5pm	Sept 17–Nov 19	46733
Thurs	6–6:30pm	Sept 17–Nov 19	46734

Winter Mon 9 weeks • No class 2/15
Resident \$89 / Non-Resident \$107

Mon	4:30–5pm	Jan 25–Mar 28	46742
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Winter Tue 11 weeks • Resident \$109 / Non-Resident \$131

Tues	4:30–5pm	Jan 19–Mar 29	46743
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Winter Thur 10 weeks • No class 2/11
Resident \$99 / Non-Resident \$119

Thurs	4:30–5pm	Jan 21–Mar 31	46744
Thurs	6–6:30pm	Jan 21–Mar 31	46745

For Move Over Mozart classes for ages 7–12 years, see page 26.

Sweet Impressions

All ages (1 adult/child team)

NEW! Babies and children grow up so quickly and tiny hands and feet get bigger and bigger! If you have ever wanted to capture a lasting impression of those precious little fingers and toes, this is one way to creatively freeze a moment in time. Participants work as an adult/child pair to create a unique, one-of-a-kind impression on a clay tile that will be adorned with names, textures, patterns and colors. If you are looking for that perfect Christmas or Valentines gift for a loved one, come create a work of art that will bring memories to life forever!

Due to the nature of the workshop and families with multiple children, each child must be accompanied by an adult. This is the perfect opportunity for Grandma & Grandpa to get involved in the fun!

No experience necessary. All materials, glazes & firing included. Pieces will be fired and ready for pick-up within three weeks of the class.

Instructor: Karen White • Location: NKCC • Fee is for 1 adult/child team: Resident \$50 / Non-Resident \$60

Sat	10–11am	Oct 10	46756
Sat	11:30–12:30am	Oct 10	46757
Sat	10–11am	Nov 21	46758
Sat	11:30–12:30am	Nov 21	46759
Sat	10–11am	Jan 23	46760
Sat	11:30–12:30am	Jan 23	46761

Move Over Mozart Advanced Piano

Ages 5 to 7 years

Admittance to advanced classes will need teacher approval. This is for the student that has already taken several sessions with move over Mozart. Class will focus on learning to read notes on the staff, recognizing patterns in the music and identifying intervals.

For more information visit moveovermozart.net
Location: NKCC • Fall 10 weeks
Resident \$99 / Non-Resident \$119

Tues	5–5:30pm	Sept 22–Nov 24	46752
Tues	5–5:30pm	Jan 26–Mar 29	46754

Knee Hi Investigators for 4's

Lady, Potato, & Stink Bugs

Age 4 years

Learn about crawling bugs! Why does the potato bug curl up, and does a stink bug really stink? And what are spider webs and slug slime made of? We'll investigate these mysteries and many more, and during class do fun things like make our own slug slime or spider webs to take home!

Location: NKCC • 3 weeks

Resident \$35 / Non-Resident \$42

Tue 10:30–11:30am Sept 8–22 46787

Flamingo, Chicken & Hummingbirds

Age 4 years

Learn about birds! Can you balance on one leg like a flamingo can? Do all birds fly? How many fish can a pelican fit in its bill? How fast can the Hummingbirds wings move? We'll investigate these mysteries and many more, and during class do fun things like make our own feathered owl or bird seed feeder to take home.

Location: NKCC • 3 weeks

Resident \$35 / Non-Resident \$42

Tue 10:30–11:30am Oct 6–20 46788

Fossils, Caves & Dinosaurs

Age 4 years

Learn about the world of dinosaurs! What did our world look like when dinosaurs lived? Were there cars and houses? How did the dinosaurs sleep and what did they eat? We'll investigate these mysteries and many more, and during class do fun things like make our own fossil or dinosaur egg to take home.

Location: NKCC • 3 weeks

Resident \$35 / Non-Resident \$42

Tue 10:30–11:30am Nov 3–17 46789

Seahorse, Star & Jellyfish

Age 4 years

Learn about sea creatures! Neigh, how fast can a seahorse gallop? Does the starfish fall from the sky, or a gooey duck have feathers? Why does a jellyfish sting? We'll investigate these mysteries and many more, and during class do fun things like make our own jelly or starfish to take home.

Location: NKCC • 3 weeks

Resident \$35 / Non-Resident \$42

Tue 10:30–11:30am Dec 1–15 46790



Thunder, Clouds & Showers

Age 4 years

Learn about the weather! Do the big fluffy clouds hold all of the rain and snow that comes down on us? Where does thunder come from? Can it really get hot enough to fry an egg outside? We'll investigate these mysteries and many more, and during class do fun things like make our rain painting or weather chart to take home!

Location: NKCC • 3 weeks • Resident \$35 / Non-Res. \$42

Tue 10:30–11:30am Jan 12–26 46791

Stars, Moon, & Sun

Age 4 years

Learn about space! Is there really a man in the moon? How do stars shoot across the sky? What is the sun made of that makes it so hot? How many more planets are there? We'll investigate these mysteries and many more, and during class do fun things like make our own planet, or spaceship to take home!

Location: NKCC • 3 weeks • Resident \$35 / Non-Res. \$42

Tue 10:30–11:30am Feb 9–23 46792

Dragon, Fruit, & Fireflies

Age 4 years

Learn about flying bugs! Where does a firefly get its light? And does a dragonfly breathe fire? Why do moths fly towards light and bees fly to flowers? We'll investigate these mysteries and many more, and during class do fun things like make mini wings or a fruit fly snack to take home!

Location: NKCC • 3 weeks • Resident \$35 / Non-Res. \$42

Tue 10:30–11:30am Mar 8–22 46793

Engineering For Kids

Junior Aerospace Engineering

Ages 4 to 6 years

Children are natural engineers! Let your child explore their interest in all things that fly by introducing young engineers to the fundamental concepts of aircraft and spacecraft design. Through open and focused exploration, students explore and construct airplanes, rockets, hot air balloons, and more.

Instructor: Engineering for Kids • Location: NKCC
6 weeks • No class 11/11 • \$35 supply fee payable to the instructor • Resident \$90 / Non-Resident \$108

Wed 1–1:45pm Oct 7–Nov 18 46433

Junior Mechanical Engineering

Ages 4 to 6 years

Children are often fascinated with machines all around us. From cars to coasters, this class introduces young engineers, ages 4 to 6, to the fundamental concepts of energy, materials, and movement. Through open and focused exploration, students explore and construct their own roller coasters, catapults, cars, and more.

Instructor: Engineering for Kids • Location: NKCC
6 weeks • \$35 supply fee payable to the instructor
Resident \$90 / Non-Resident \$108

Wed 1–1:45pm Jan 20–Feb 24 46436

Preschoolers

Preschool Dance

See page 14 for Dance Class for Two Year Olds with Parent!

Jazz for Children

Ages 3 to 4½ years

Jazz—It's fun, upbeat, and allows for just enough "free dance." This might be the perfect combination class because ballet techniques are taught through jazz. Start with a simple warm up followed by intros to turns, kicks, and leaps, with time for free form expression. Parents may join us for the last class to watch and take pictures.

Ballet slippers required • Location: NKCC • 13 weeks
No class 11/11, 11/25 • Resident \$93 / Non-Resident \$112

Wed	9:40–10:25am	Sept 9–Dec 16	46469
Wed	9:40–10:25am	Jan 6–Mar 30	46470

Preschool Ballet A

Ages 3 to 4½ years with no previous dance experience

This exciting introduction to creative dance emphasizes musical expression, coordination and movement exploration. Mirrors and music create an enchanting dance environment. Parents may join us for the last class to watch and take pictures.

Ballet slippers required! Location: NKCC

Fall 13 weeks • No class 11/11, 11/23–28
Resident \$93 / Non-Resident \$112

Mon	9:45–10:30am	Sept 14–Dec 14	46439
Wed	10:30–11:15am	Sept 9–Dec 16	46440
Wed	11:25am–12:10pm	Sept 9–Dec 16	46441
Thur	10:20–11:05am	Sept 17–Dec 17	46442
Sat	9–9:45am	Sept 19–Dec 19	46443
Sat	9:50–10:35am	Sept 19–Dec 19	46444

Winter Monday 11 weeks • No class 1/18 & 2/15
Resident \$79 / Non-Resident \$95

Mon	9:45–10:30am	Jan 4–Mar 28	46446
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Winter Wednesday & Thursday 13 weeks
Resident \$93 / Non-Resident \$112

Wed	10:30–11:15am	Jan 6–Mar 30	46447
Wed	11:25am–12:10pm	Jan 6–Mar 30	46448
Thur	10:20–11:05 am	Jan 7–Mar 31	46449

Winter Saturday 12 weeks
Resident \$86 / Non-Resident \$103

Sat	9–9:45am	Jan 9–Mar 26	46450
Sat	9:50–10:35am	Jan 9–Mar 26	46451



Preschool Ballet B

Ages 4 to 6 years

Older preschoolers and children with previous dance experience will explore musicality, artistic expression and a repertoire of dance steps. Parents may join us for the last class to watch and take pictures.

Ballet slippers required! • Location: NKCC

Fall 13 weeks • No class 11/23–28
Resident \$93 / Non-Resident \$112

Mon	11:25am–12:10pm	Sept 14–Dec 14	46453
Thur	11:15am–12pm	Sept 17–Dec 17	46454
Sat	10:40–11:25am	Sept 19–Dec 19	46455

Winter Mondays 11 weeks • No class 1/18 & 2/15
Resident \$79 / Non-Resident \$95

Mon	11:25am–12:10pm	Jan 4–Mar 28	46456
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Winter Thursdays 13 weeks
Resident \$93 / Non-Resident \$112

Thur	11:15am–12pm	Jan 7–Mar 31	46457
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Winter Saturdays 12 weeks
Resident \$86 / Non-Resident \$103

Sat	10:40–11:25am	Jan 9–Mar 26	46458
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Preschool Ballet/Tap Combo A

Ages 3 to 4½ years

Remember your first pair of shiny black tap shoes? We do! Tap was so much fun we added it to our Preschool Ballet Class! This class will introduce the very beginning movements of ballet and the toe tapping sounds of tap. Parents may join us for the last class to watch and take pictures.

Ballet slippers & tap or dress shoes required!
Location: NKCC

Fall 13 weeks • No class 11/23–28
Resident \$93 / Non-Resident \$112

Mon	10:35–11:20am	Sept 14–Dec 14	46459
Thur	9:30–10:15am	Sept 17–Dec 17	46460
Tue	4–4:45pm	Sept 15–Dec 15	46461

Winter Monday 11 weeks • No class 1/18 & 2/15
Resident \$79 / Non-Resident \$95

Mon	10:35–11:20am	Jan 4–Mar 28	46462
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Winter Thursday 13 weeks • No class 11/24
Resident \$93 / Non-Resident \$112

Thur	9:30–10:15am	Jan 7–Mar 31	46463
Tue	4–4:45pm	Jan 5–Mar 29	46464

Preschool Ballet/Tap Combo B

Ages 4 to 6 years

Ballet and tap are explored in this class for the older preschooler and also for children with previous dance experience. Parents may join us for the last class to watch and take pictures.

Ballet slippers & tap or dress shoes required!
Location: NKCC • 13 weeks • No class 11/11, 11/24, & 11/25
Resident \$93 / Non-Resident \$112

Wed	12:15–1pm	Sept 9–Dec 16	46465
Tue	4:50–5:35pm	Sept 15–Dec 15	46466
Wed	12:15–1pm	Jan 6–Mar 30	46467
Tue	4:50–5:35pm	Jan 5–Mar 29	46468

Rhythmic Gymnastics

The Olympic sport of rhythmic gymnastics is now offered in your neighborhood at La Luna Rhythmic Gymnastics Academy. Learn the grace & beauty of ballet and movement to music, while also learning to perform athletic tricks with ribbons, balls, hoops, ropes and clubs. Mastering self-esteem, discipline, flexibility, dance & artistry, in addition to eye-hand coordination and aerobic exercise are just some of the benefits of this unique sport.

Owner Arzu Karaali has trained athletes for National and International competitions and worked with athletes as a choreographer for the 1996 Olympic Games in Atlanta. She was selected seven times "Best Choreographer of the Year" in Washington and was awarded "Coach of the Year" three times by the USA Gymnastics Federation in Region 2

www.lalunagym.com

Rhythmic Gymnastics Level 1 Beginners

Girls ages 4 to 5 years

Introduces students to basic positions of Ballet and Rhythmic Gymnastics apparatus while encouraging confidence, creativity, flexibility of movement and self-expression.

Location: LaLuna Gym, 11251 120th Ave NE, Ste 150
No experience necessary • Gymnastics leotard required, bare feet or socks OK

45 MINUTE CLASSES

6 weeks • No class 11/11 & 11/28
Resident \$78 / Non-Resident \$94

Wed	3-3:45pm	Sept 9-Oct 14	46499
Sat	12-12:45pm	Sept 12-Oct 17	46500
Wed	3-3:45pm	Oct 28-Dec 9	46501
Sat	12-12:45pm	Oct 31-Dec 12	46502
Wed	3-3:45pm	Jan 6-Feb 10	46505
Sat	12-12:45pm	Jan 9-Feb 13	46506
Wed	3-3:45pm	Feb 24-Mar 30	46507
Sat	12-12:45pm	Feb 27-Apr 2	46508

1 HOUR CLASSES

6 weeks • No classes 1/11, 1/18, 2/15
Resident \$84 / Non-Resident \$101

Mon	4:30-5:30pm	Sept 14-Oct 19	46958
Wed	4:30-5:30pm	Sept 9-Oct 14	46959
Mon	4:30-5:30pm	Nov 2-Dec 7	46960
Wed	4:30-5:30pm	Oct 28-Dec 9	46961
Mon	4:30-5:30pm	Jan 4-Feb 22	46962
Wed	4:30-5:30pm	Jan 6-Feb 10	46963
Wed	4:30-5:30pm	Feb 24-Mar 30	46965

5 weeks • Resident \$70 / Non-Resident \$84

Mon	4:30-5:30	Feb 29-Mar 28	46964
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PEE WEE Monster Bash

Come any time, activities are ongoing, carnival style!

Friday, Oct 30
10:00am-Noon



Ages 5 and under with parent

Put on your costume, grab your broom and fly on over to our 12th Annual Pee Wee Monster Bash! You'll do the monster mash, the ghoulish cookie walk, swamp fishing for treats, arts & crafts, and more. We guarantee a not too spooky time, just a kooky time!

Pre-register early to guarantee your spot! • Event usually sells out. If not sold out, tickets will be available at the door on a limited basis
No refunds for this event • (Fee includes WA State Sales Tax)

Resident \$10.95 per child / Non-Resident \$13.14 per child

Friday	10am-12pm	October 30	46195
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North Kirkland Community Center
12421 103rd Ave NE

Snowflake Ball

FATHER DAUGHTER DANCE

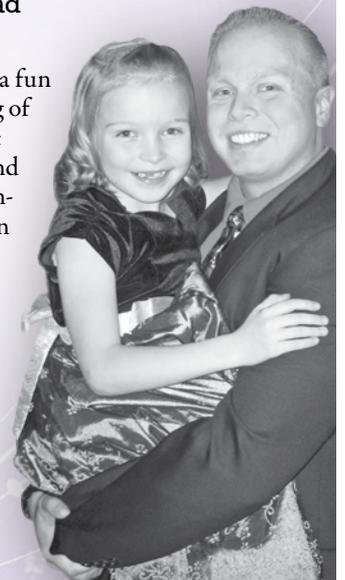
December 11
6:30-8:30pm

Ages 3 to 10 years with Dad

START AN ANNUAL TRADITION! Join us for a fun Father/Daughter Dance as we celebrate the beginning of the winter season with an enchanted evening of music and dancing. Dance to old favorites such as YMCA and the Macarena and learn new dances, too. Create a princess craft, and enjoy beverages and goodies. Dress up in your finest clothes or princess gowns since this will be a magical night spent with Dad! Grandpas, uncles, or other father figures etc. are welcomed to escort their little sweethearts to this special evening. Have your commemorative photo taken as a treasured memory of this wonderful night.

Register each child separately—space is limited so sign up now!
Location: NKCC • Resident \$27.38 per child Non-Resident \$32.85 (includes WA State Sales Tax)

Fri	6:30-8:30pm	December 11	46196
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Preschoolers

Preschool Sports and Fitness

Little Tumblers 1

Ages 3 to 4 years

FUNDamental tumbling is geared toward the 3 and 4 year old preschooler. Basic tumbling skills are taught on floor mats. Introduction to low balance beam, bar, and trampoline. The emphasis in this class is placed on coordination, technique, and FUN!

Please dress comfortably in shorts, T-shirts or leotards. No clothing with buttons or zippers. Hair pulled back.

Fall 6 weeks • No class 11/27 • Location: NKCC
Resident \$45 / Non-Resident \$54

Mon	4-4:45pm	Sept 14-Oct 19	46477
Mon	4-4:45pm	Nov 2-Dec 7	46478
Fri	10-10:45am	Sept 18-Oct 23	46479
Fri	10:50-11:35am	Sept 18-Oct 23	46480
Fri	11:40am-12:25pm	Sept 18-Oct 23	46481
Fri	10-10:45am	Nov 6-Dec 18	46482
Fri	10:50-11:35am	Nov 6-Dec 18	46483
Fri	11:40am-12:25pm	Nov 6-Dec 18	46484

Winter 5 weeks • No class 1/18 & 2/15 • Location: NKCC
Resident \$38 / Non-Resident \$46

Mon	4-4:45pm	Jan 11-Feb 22	46485
Mon	4-4:45pm	Feb 29-Mar 28	46486
Fri	10-10:45am	Jan 15-Feb 12	46487
Fri	10:50-11:35am	Jan 15-Feb 12	46488
Fri	11:40am-12:25pm	Jan 15-Feb 12	46489
Fri	10-10:45am	Feb 26-Mar 25	46490
Fri	10:50-11:35am	Feb 26-Mar 25	46491
Fri	11:40am-12:25pm	Feb 26-Mar 25	46492

Little Tumblers 2

Ages 4 to 6 years

For children with previous tumbling experience only. Review tumbling skills and advance to the next level with additional work on all apparatus.

Please dress comfortably in shorts, T-shirts or leotards. No clothing with buttons or zippers. Hair pulled back.

Fall 6 weeks • Location: NKCC
Resident \$45 / Non-Resident \$54

Mon	4:50-5:35pm	Sept 14-Oct 19	46493
Mon	4:50-5:35pm	Nov 2-Dec 7	46494

Winter 5 weeks • No class 1/18 & 2/15 • Location: NKCC
Resident \$38 / Non-Resident \$46

Mon	4:50-5:35pm	Jan 11-Feb 22	46496
Mon	4:50-5:35pm	Feb 29-Mar 28	46497

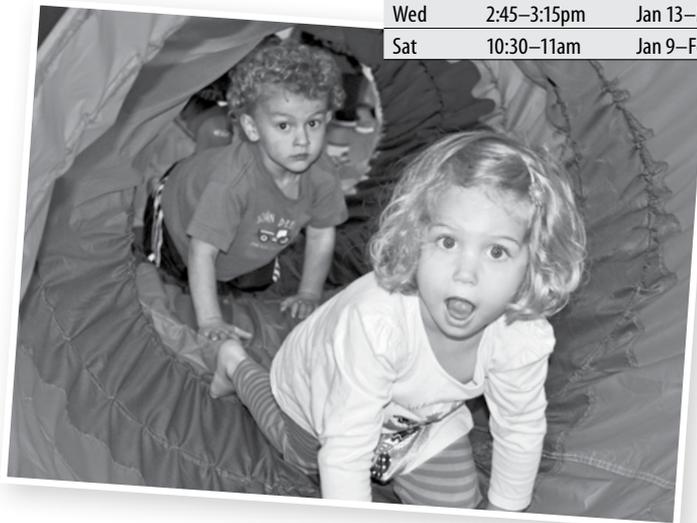
Mighty Mite Martial Arts

Ages 4 to 6 years

Miller's Martial Arts Academy introduces Martial Arts to boys and girls. Learn non-violent conflict resolution, better concentration and listening skills, and build coordination, flexibility and self-control. At this age there will never be contact between participants. The last week of class we will have a graduation ceremony to a Mighty Mite White Belt.

Location: Miller's Martial Arts Academy, 8920 122nd Ave NE • 8 weeks • No class 1/18 & 2/15
Resident \$38 / Non-Resident \$46

Mon	2:30-3pm	Sept 14-Nov 2	46471
Wed	2:45-3:15pm	Sept 16-Nov 4	46472
Sat	10:30-11am	Sept 12-Oct 31	46473
Mon	2:30-3pm	Jan 11-Mar 14	46474
Wed	2:45-3:15pm	Jan 13-Mar 2	46475
Sat	10:30-11am	Jan 9-Feb 27	46476



Preschool Kids In Motion

Up and over, under and through, balls and streamers, tunnels and YOU!

Meet friends, build confidence and have FUN developing their large muscle motor skills. This program progresses with your child... they'll be crawling, climbing, balancing, and bouncing!

See page 14 for parent/child Kids in Motion classes for younger children • Location: NKCC

Kids In Motion – On My Own

Perfect for children transitioning to non-parent participation. This ½ hour class is for children only.

Ages 28 months to 3 years

Fall 6 weeks • Resident \$27 / Non-Resident \$32

Thurs	9:15-9:45am	Sept 10-Oct 15	46511
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Fall 7 weeks • No class 11/26
Resident \$32 / Non-Resident \$38

Thurs	9:15-9:45am	Oct 29-Dec 17	46512
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Winter 6 weeks • No class 2/11
Resident \$27 / Non-Resident \$32

Thurs	9:15-9:45am	Jan 7-Feb 18	46513
Thurs	9:15-9:45am	Feb 25-Mar 31	46514

Kids In Motion A & B

These 45-minute classes are for children only.

Motion A Ages 2½ to 3 years

Fall 6 weeks • Resident \$42 / Non-Resident \$50

Wed	11-11:45am	Sept 16-Oct 21	46515
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Fall 7 weeks • No class 11/11
Resident \$49 / Non-Resident \$59

Wed	11-11:45am	Oct 28-Dec 16	46516
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Winter 6 weeks • Resident \$42 / Non-Resident \$50

Wed	11-11:45am	Jan 6-Feb 10	46517
Wed	11-11:45am	Feb 24-Mar 30	46518

Motion B Ages 3 to 4 years

Fall 6 weeks • Resident \$42 / Non-Resident \$50

Thur	11:35am-12:20pm	Sept 10-Oct 15	46519
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Fall 7 weeks • No class 11/26
Resident \$49 / Non-Resident \$59

Thur	11:35am-12:20pm	Oct 29-Dec 17	46520
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Winter 6 weeks • No class 2/11
Resident \$42 / Non-Resident \$50

Thur	11:35am-12:20pm	Jan 7-Feb 18	46521
Thur	11:35am-12:20pm	Feb 25-Mar 31	46522



Basketball for 2½ to 6 year olds!

Develop basic motor skills such as dribbling/ball handling, shooting, passing/catching and running/agility that are needed to participate in organized basketball. Practice and games are centered around skill development, participation, and fun! Each player receives a t-shirt, group photo and participation certificate.

6 weeks • No class 11/28 or 2/13 • Resident \$66 / Non-Resident \$79

Fall League

Ages 2½ to 3 years

Sat	9:30am–10:30am	Nov 7–Dec 19	46005
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Age 4 years

Sat	10:45am–11:45am	Nov 7–Dec 19	46006
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Ages 5 to 6 years

Sat	12pm–1pm	Nov 7–Dec 19	46007
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Winter League

Ages 2½ to 3 years

Sat	9:30am–10:30am	Jan 23–Mar 5	46008
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Age 4 years

Sat	10:45am–11:45am	Jan 23–Mar 5	46009
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Ages 5 to 6 years

Sat	12pm–1pm	Jan 23–Mar 5	46010
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Coaches Needed for PeeWee Basketball

Please email khayes@kirklandwa.gov if you are interested!!

Ice Skating All Ages

Come experience the thrill and athletic challenge of Ice Skating in a fun and safe learning environment. Our professional learn-to-skate staff will teach a progression of skills to ensure safety and provide an understanding of the basic fundamentals of ice skating. Whether you are a beginner or would like to enhance your present skill level (figure skating or ice hockey), we encourage children and adults to join. Students will be divided into their skill level and age level. Skates will be provided and helmets are highly recommended.

Location: SnoKing Arena; 14326 124th Ave NE, Kirkland • Classes will include 30 minutes of professional instruction and 30 minutes of practice/free skating time • Please arrive ½ hour before class to get skates on • Please wear warm clothes, jacket and gloves • No class on November 27th • Registration deadline is: one week prior to start of first class.

FALL CLASSES

Ages 5 to Adult • 6 weeks • Resident \$115 / Non-Res. \$138

Mon	6–7pm	Sept 14–Oct 19	46572
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Ages 5 to Adult • 7 weeks • Resident \$135 / Non-Res. \$162

Mon	6–7pm	Nov 2–Dec 14	46573
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Ages 3½ to Adult • 7 weeks • Resident \$135 / Non-Res. \$162

Tue	10:45–11:45am	Sept 8–Oct 20	46574
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Tue	10:45–11:45am	Nov 3–Dec 15	46575
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Ages 5 to Adult • 7 weeks • Resident \$135 / Non-Res. \$162

Fri	6–7pm	Sept 11–Oct 23	46576
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Ages 5 to Adult • 4 weeks • Resident \$75 / Non-Res. \$90

Fri	6–7pm	Nov 6–Dec 4	46577
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WINTER CLASSES

Ages 5 to Adult • 7 weeks

Resident \$135 / Non-Resident \$162

Mon	6–7pm	Jan 4–Feb 15	46578
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Fri	6–7pm	Jan 9–Feb 20	46582
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Mon	6–7pm	Feb 29–Apr 11	46579
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Fri	6–7pm	Mar 4–Apr 15	46583
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Ages 3½ to Adult • 7 weeks

Resident \$135 / Non-Resident \$162

Tue	10:45–11:45am	Jan 5–Feb 16	46580
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Tue	10:45–11:45am	Mar 1–Apr 12	46581
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KIRKLAND KIDS TRIATHLON

"I wanted to tell you how much our two grandchildren enjoyed the Children's Triathlon. They came away with such a sense of pride and accomplishment. It was extremely well organized."

This non-competitive, non-timed event provides an excellent opportunity for youth to experience the sport of triathlon. Athletes participate in 50 yard swim/splash, ½ mile bike, ½ mile run. Registration will close September 11th.

Day of event registration will be available beginning at 9:30am however participants are encouraged to register prior to the event.

AGES 3 TO 12 YEARS SEPTEMBER 12, 2015 JUANITA BEACH

**Race begins at 11:00am
Check in begins at 10:00am**

\$32 (includes tax)

Registration #45040

**Participants will receive swim cap,
T-shirt & ribbon**

REGISTRATION NOW OPEN!



PEE WEE SOCCER

AGES 3 TO 6 YEARS TWO LOCATIONS TO CHOOSE FROM!

The Pee Wee Soccer League is focused on fun, participation and socialization.

Quick Facts about the Pee Wee Soccer League (PWS):

Do I have to choose a location?

You are free to choose whichever location is most convenient. All games will be played at that particular location. Just register using the designated course number.

I've signed up for PWS... what do I do now?

You will be contacted by a coach at least one week prior to the first day, September 12th. The coach will provide you with information about game schedule, team name, etc.

I'd like to be a coach. How do I apply? And, what if my team does not have a coach?

Please visit our league website www.kirklandwa.gov/peeweesoccer to download the volunteer application. Prior soccer experience does help but is not necessary. We handle applications on a first-come, first-serve basis therefore getting your volunteer packet turned in ASAP is crucial. All coaches must pass a background check. Feel free to email nthomas@kirklandwa.gov for more information.

How are teams formed?

Registration is taken in the order received. Siblings will be placed together. Teams are formed randomly, but we take into consideration gender ratios and ages of the participants.

Resident \$69 / Non-Resident \$82 **WA Sales Tax Will Be Collected**

PLEASE NOTE refunds will not be given if withdrawn after the coaches meeting, August 31.

The coaches meeting marks the official start of the program.

LOCATION: Emerson High School Field, 10903 NE 53rd ST.

3 to 4 year olds Saturdays Sept 12 – Oct 24 46657

5 to 6 year olds Saturdays Sept 12 – Oct 24 46658

LOCATION: 132nd SQUARE PARK, 13159 132nd Ave NE.

3 to 4 year olds Saturdays Sept 12 – Oct 24 46659

5 to 6 year olds Saturdays Sept 12 – Oct 24 46660

PARENTS PLEASE NOTE: Due to the overwhelming number of special team requests we receive, Fall will be the last season we will be able to accept special team preferences. The program has grown in such a way that staff no longer has the resources to accommodate these requests. Siblings will continue to be placed on the same age appropriate team. We appreciate your understanding.

What is the format of the league?

The program meets on Saturday mornings/early afternoons. The program is one hour in duration with the first 20 or 30 minutes of the hour, depending on age division, devoted to practice. The last 30 or 40 minutes are reserved for a friendly, recreational-style soccer game. **Game start times will range from 9am to 2pm and start on the hour.** For example, week one your game might be at 9am but week two your game might be at 10am.

Are games played in the rain?

Yes, if it is raining, games will be played as scheduled if the field is in good condition. If the field conditions are poor we will cancel games for the day and reschedule.

Does the program take player pairing or coach requests?

Due to the overwhelming number of special team requests we receive, fall will be the last season we will be able to accept such requests. Siblings will continue to be placed on the same age appropriate team. **Please note that if you register for the league it is the parent's responsibility to arrange for travel and supervision regardless of who is on the child's team.**

What is included with the registration fee?

Each child will receive a t-shirt to wear during the season and a participant medal at the end of the season. Shin guards are not provided but are required. Cleats are optional but recommended.

If I have additional questions, who do I contact?

Please call 425.587.3336 for additional information or to register.



**SPRING REGISTRATION
OPENS FEB 1, 2015**