

OPEN GYM SUNDAYS

One basketball court and three volleyball courts are available.

5 to 8pm • Sundays

Location: Kamiakin Middle School
14111 132nd Ave NE, Kirkland

April 13–June 8

No open gym: May 25

Cost: \$4.00 per person
(includes WA State Sales Tax)

Call 425.587.3335 for gym closure info. 18 and older.



ADULT TENNIS LESSONS

Join us on the courts this summer! Develop your tennis skills, get in shape, or just join us for the fun of it! All sessions are two weeks in duration for a total of 8 lessons. Classes meet Monday through Thursday with Friday designated as makeup days for rainouts. Space is limited! Loaner racquets are available.

Ages 16 and up • Location: Juanita High School Tennis Courts
10601 NE 132nd St., Kirkland

Adult Beginner

The basics: forehand, backhand, serve and scoring

Resident \$64 / Non-Resident \$76

Mon–Thur 5:30–6:25pm	June 23–July 3	40852
Mon–Thur 5:30–6:25pm	July 7–July 17	40853
Mon–Thur 5:30–6:25pm	July 21–July 31	40854
Mon–Thur 5–5:55pm	Aug 4–Aug 14	40855
Mon–Thur 5–5:55pm	Aug 18–Aug 28	40856

Adult Intermediate

Fine-tuning basics, specialty strokes and game strategy

Presently can sustain a short rally, knows how to serve and start play as well as an understanding of scoring

Resident \$64 / Non-Resident \$76

Mon–Thur 6:30–7:25pm	June 23–July 3	40857
Mon–Thur 6:30–7:25pm	July 7–July 17	40858
Mon–Thur 6:30–7:25pm	July 21–July 31	40859
Mon–Thur 6–6:55pm	Aug 4–Aug 14	40860
Mon–Thur 6–6:55pm	Aug 18–Aug 28	40861

Adult Advanced

Dynamic footwork, advanced drills and game strategies

Can keep up a rally with moderate pace and spin, comfortable with volleying and has a consistent serve.

Resident \$64 / Non-Resident \$76

Mon–Thur 7:30–8:25pm	June 23–July 3	40847
Mon–Thur 7:30–8:25pm	July 7–July 17	40848
Mon–Thur 7:30–8:25pm	July 21–July 31	40849
Mon–Thur 7–7:55pm	Aug 4–Aug 14	40850
Mon–Thur 7–7:55pm	Aug 18–Aug 28	40851



Golf Instruction

Learn to play golf in the comfortable atmosphere of the Redwood Golf Center in Woodinville. A PGA instructor teaches group lessons. Learn basic golf, grip stance, swing, rules and etiquette. By the end of this 4-part series you will be able to play on the golf course. Bring your own clubs or try the Golf Center's demo clubs.

Location: Redwood Golf Center, 13029 Redmond-Woodinville Rd NE, Woodinville • Min 6 / Max 12 • 4 classes

Sr Resident \$89 / Sr Non-Resident \$99

Non-Sr Resident \$97 / Non-Sr Non-Resident \$119

Fri 10–11am	Apr 4–25	41660
Fri 10–11am	May 2–23	41661
Fri 10–11am	June 6–27	41662
Fri 10–11am	July 4–25	41663
Fri 10–11am	Aug 1–22	41664

Ice Skating – All Ages

Introducing the thrill and athletic challenge of Ice Skating in a fun and safe learning environment. Our professional learn-to-skate staff will teach a progression of skills to ensure safety and provide an understanding of the basic fundamentals of ice skating. Participants will progress toward edge control and more advanced footwork. Whether you are a beginner or would like to enhance your present skill level (figure skating or ice hockey), we encourage children and adults to join. Students will be divided into their skill level and age level. Skates will be provided and helmets are highly recommended.

Classes will be held at SnoKing Arena: 14326 124th Ave NE, Kirkland • Classes will include 30 minutes of professional instruction and 30 minutes of practice/free skating time • Registration deadline is: one week prior to start of first class • Please arrive ½ hour before class to get skates on • Please wear warm clothes, jacket and gloves.

SPRING

Ages 5 to Adult 7 weeks • No class 5/23 or 5/26
Resident \$125 / Non-Resident \$150

Mon 6–7pm	Apr 28–June 16	42321
Fri 6–7pm	Apr 25–June 13	42323

Ages 4 to Adult 7 weeks

Resident \$125 / Non-Resident \$150

Tue 10:45–11:45am	Apr 29–June 10	42322
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SUMMER

Ages 5 to Adult 7 weeks • Res \$125 / Non-Res. \$150

Mon 6–7pm	July 7–Aug 18	42327
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Ages 4 to Adult 7 weeks • Res \$125 / Non-Res. \$150

Tues 10:45–11:45am	July 8–Aug 19	42328
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SOFTBALL LEAGUES!

* WA State sales tax will be collected *

SPRING SOFTBALL

Registration begins: February 3rd (registration closes when full or deemed necessary)

This spring league will consist of 16 games in 8 weeks of play with one-week of playoffs for the top four teams in each division. The season will span from May through mid-July. Prizes will be awarded for the regular season champion as well as the playoff tournament winner. 8 team maximum per division.

COED DIVISIONS

“REC” DIVISION (Class D)

Our COED division is an open division available to teams of all skill levels. Games are played on Sunday late mornings/early afternoons.

8DH May 4–July 13 Crestwoods Field 40958

MEN’S DIVISIONS

LOW/MID DIVISION (Class D/C)

This division is for teams with average skill level. Games are played on Sunday and Monday evenings.

8DH May 4–July 7 Crestwoods Field 40956

UPPER DIVISION (Class B/C)

Our most competitive division composed of teams with above average skill. Game nights are Tuesday and Wednesday nights.

8DH May 6–June 25 Crestwoods Field 40957

League Fees:

Team registration for all divisions: \$946.08 (includes sales tax) + \$10 per non-Kirkland player.

If the team consists of 51% non-residents, there is an additional charge of \$10 per non-Kirkland player (\$100 maximum) for players over that threshold who do not live or work in the city limits of Kirkland.

SUMMER/FALL SOFTBALL

Registration begins: February 3rd (registration closes when full or deemed necessary)

Summer league will stretch into early fall and consist of 14 games in 7 weeks of play with one-week of playoffs for the top 4 teams in each division. Games will be played “under the lights” at Lee Johnson Field (Peter Kirk Park). Prizes will be awarded for the regular season champion as well as the playoff tournament winner. Men’s divisions: 8 team maximum, COED division: 6 team max.



MEN’S DIVISIONS

LOW/MID DIVISION (Class D/C)

This division is for teams with average skill level. Games are played on Monday and Tuesday evenings.

7DH July 28–Sept 23 Lee Johnson Field 40959

UPPER DIVISION (Class B/C)

Our most competitive division composed of teams with above average skill. Game nights are Wednesday and Thursday nights.

7DH July 16–Aug 28 Lee Johnson Field 40960

COED REC DIVISION

(Class D)

Our COED division is an open division available to teams of all skill levels. Games are played on Sunday late mornings/early afternoons.

7DH July 27–Sept 14 Lee Johnson Field 40961

League Fees:

Team registration for all divisions: \$832.20 (includes sales tax) + \$10 per non-Kirkland player.

If the team consists of 51% non-residents, there is an additional charge of \$10 per non-Kirkland player (\$100 maximum) for players over that threshold who do not live or work in the city limits of Kirkland.

AGE 55+ SOFTBALL Recruitment is in Full Swing!

If you are age 55+ and have played softball or simply want to play (no experience required), recruitment for the new 2014 season is underway! The two men’s teams, “Moss Bay Hawks”, “Kirkland Owls” and the co-ed team, “Kirkland Klassics” were all a hit in 2013! After a long winter break, team players are now dusting off their bats to begin practice in March 2014. Everyone is gearing up for another fantastic season of league play, May through July. These three recreational teams play in the Puget Sound Senior Softball Association and are not affiliated with City of Kirkland Parks and Community Services recreation league.

For more information about the co-ed team: Paula Miller 425.822.7478 or the men’s teams: Rich Mialovich 425.827.1109

For more information on our adult sport league offerings, log on to www.kirklandwa.gov/athletics
Or LIKE our Facebook page www.facebook.com/kirklandsportsleagues

Adult INDOOR Volleyball League Age 18+

Join us for one of the most fun and competitive volleyball leagues on the Eastside. The season consists of 7 weeks of regular season play with two weeks of playoffs with one week guaranteed. Games are played at either Emerson High School or Kamiakin Middle School with 7:15pm, 8:20pm or 8:40pm start times (depending on the division). See Level descriptions below.

Team Fee: \$301.13 (includes tax)

Adult BEACH Volleyball League Age 18+

Join us at newly remodeled Juanita Beach for some sand volleyball! We will offer four divisions of 4 on 4 beach volleyball. Matches will be played on Monday or Wednesday nights for the women's divisions and Tuesday or Thursday nights for the COED divisions. Matches start at 6:15pm and 7:30pm. The league is self-officiated. Six weeks of play and one week of playoffs (top 4 teams). See Level descriptions below.

Team Fee: \$240.90 (includes tax)

Women's Upper Division BB Level

The Women's Upper Division is for teams with intermediate to above average skill level, have in depth knowledge of offensive and defensive game play and can use advanced strategies to be successful. Matches on Monday nights.

INDOOR	Mon	Apr 14–June 9	7:15 or 8:20pm	40487
BEACH	Mon	June 23–Aug 4	6:15 or 7:30pm	40952

Women's Lower Division B Level

The Women's Lower Division is for teams with average to intermediate skill level meaning, abilities more advanced than a beginner. Players understand the game and are able to perform some of the necessary skills required to be successful. Matches on Monday nights for Indoor and Wednesday nights for Beach.

INDOOR	Mon	Apr 14–June 9	7:15 or 8:20pm	40488
BEACH	Wed	June 25–Aug 6	6:15 or 7:30pm	40954

Co-Ed Upper Division BB Level

The COED Upper Division is for teams with intermediate to above average skill level, have in depth knowledge of offensive and defensive game play and can use advanced strategies to be successful. Matches on Tuesday nights.

INDOOR	Tues	Apr 15–May 27	8:20 or 8:40pm	40489
BEACH	Tues	June 24–Aug 5	6:15 or 7:30pm	40953

COED Lower Division B Level

The COED Lower Division is for teams with average to intermediate skill level meaning more advanced than a beginner. Players understand the game and are able to perform some of the necessary skills required to be successful. Matches on Tuesday nights for Indoor and Thursday nights for Beach.

INDOOR	Tues	Apr 15–May 27	8:20 or 8:40pm	40490
BEACH	Thur	June 26–Aug 7	6:15 or 7:30pm	40955

COED C Division

The COED "C" Division is our least competitive division that's great for beginners who are learning the rules or those still improving their fundamental skills. Matches on Wednesday nights.

INDOOR	Wed	Apr 16–May 28	8:20pm	40491
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Free Agent Team COED C Division Only

Are you looking for a team to join? Do you have a couple friends that want to play volleyball but don't have enough to have your own team? Then you're in luck! Starting this fall we are offering a free agent team for our COED C division of volleyball that will play on Wednesday nights. For a flat fee of \$40 (plus tax) you can join the team as an individual. We need a minimum of 6 players (minimum of 3 men and 3 women) in order to form the team.

INDOOR	Wed	Apr 16–May 28	8:20pm	40492
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Coed Dodgeball League

That fun school yard game you use to play as a kid is even more fun as adults! Games are played on Wednesdays at Kirkland Middle School. Matches consist of a full hour of play with 6 team members on each side. The league is an "OPEN" division accepting all levels of play. If deemed necessary, an upper and lower division will be formed.

Team Fee: \$301.13 (includes sales tax)

Wed	Apr 23–June 11	6:45 or 7:55pm	40493
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VISIT OUR WEBSITE:

www.kirklandwa.gov/athletics

