

Partner Dancing

at the North Kirkland
Community Center

West Coast Swing

Age 16–Adult

The coolest, smoothest and most playful form of swing on the planet! West Coast Swing can be danced to all types of music, from Blues, Jazz, and R & B to Top 40 pop of all eras. Adult & teens, Couples & Singles, Everyone Welcome!

2597 Tue Sep 12–Oct 10 7:30pm–8:30pm

2598 Tue Jan 16–Feb 13 7:30pm–8:30pm

\$57 R / \$68 NR NKCC Instructor: Charles England

Ballroom

Age 16–Adult

It's time to learn to dance. Easy basics in Fox Trot, Waltz and Swing with emphasis on lead/follow skills. Everything you need for a night out dancing. Adult & teens, Couples & Singles, Everyone Welcome!

2599 Tue Sep 12–Oct 10 8:30pm–9:30pm

2600 Tue Jan 16–Feb 13 8:30pm–9:30pm

\$57 R / \$68 NR NKCC Instructor: Charles England

East Coast Swing

Age 16–Adult

The All-American Swing Dance! Dance to Big Band Swing, Rock 'n Roll and more. Both single and triple rhythm styles will be taught in this fun and easy class. Adult & teens, Couples & Singles, Everyone Welcome! *No class on 10/31*

2601 Tue Oct 17–Nov 21 7:30pm–8:30pm

2602 Tue Feb 27–Mar 27 7:30pm–8:30pm

\$57 R / \$68 NR NKCC Instructor: Charles England

Salsa

Age 16–Adult

Hot! Hot! Hot! Solid basic turns in Salsa and Merenque. Dance the night away! Adult & teens, Couples & Singles, Everyone Welcome! *No class on 10/31.*

16/up

2603 Tue Oct 17–Nov 21 8:30pm–9:30pm

2604 Tue Feb 27–Mar 27 8:30pm–9:30pm

\$57 R / \$68 NR NKCC Instructor: Charles England

Ballet

Instructor: Marco Carrabba, Ballet Master & Choreographer of Carrabba Dance Theatre, has a 20 year distinguished professional dance career and over 18 years experience teaching and choreographing ballets for students of all levels, as well as an extensive theater background. Dance companies include PNB, San Francisco, Boston, Stuttgart and Hamburg Ballet.

Ballet Open Level

Age 18–Adult

Take your training to the next level. This class is for those who have had some ballet training and is a good additional class for a Basic or Intermediate level class. Emphasis is on improving technical strength and more movement. Students are encouraged to work at their own ability. *No class on 11/23, 12/28, 4/12.*

3056 Thur Sep 7–Oct 12 6:15pm–7:15pm

3057 Thur Oct 19–Nov 30 6:15pm–7:15pm

3058 Thur Dec 7–Jan 18 6:15pm–7:15pm

3059 Thur Jan 25–Mar 1 6:15pm–7:15pm

3060 Thur Mar 8–Apr 19 6:15pm–7:15pm

\$33 R / \$40 NR PKCC Instructor: Marco Carrabba

Ballet Basics

Age 18–Adult

Have you always wanted to take a ballet class but something got in the way? Now that you have the time, do you feel like you're too old and it's too late! Here's the good news, it's never too late to learn ballet! No reason to be intimidated! This adult basic ballet class offers something for everyone from young adult to seniors and provides a fun way to tone and tighten your body while learning the fundamental techniques in a positive and supportive environment. Ballet develops balance, coordination, strength, stamina, self-confidence and body-centered awareness. This class is for those with little or no dance training but who want to embrace one of the most beautiful and graceful of all dance styles. *No class on 12/25, 1/1, 1/15, 2/19.*

3050 Mon Sep 11–Oct 16 6:15pm–7:15pm

3051 Mon Oct 23–Nov 27 6:15pm–7:15pm

3052 Mon Dec 4–Jan 29 6:15pm–7:15pm

3053 Mon Feb 5–Mar 19 6:15pm–7:15pm

\$66 R / \$79 NR PKCC Instructor: Marco Carrabba

Ballet Lunch Special

NEW!

Age 16–Adult

Brown bag it one day a week and spend your lunch hour learning the graceful art of ballet while achieving that long, lean look of a dancer's body. This class for beginners includes barre work advancing to centre, and classical techniques with long graceful movements. Leave feeling light, limber and energized! Comfortable clothing (not baggy), and leather ballet shoes or bare feet. *No class on 11/23.*

2868 Thur Sep 7–Oct 19 12:15pm–1pm

2869 Thur Oct 26–Dec 14 12:15pm–1pm

\$61 R / \$73 NR NKCC Instr: Tessa Mamas



Adult Dance

Folk Dance

The Mountaineer's International Folk Dancing

Age 18-Adult

Learn line dances, couple dances and mixers from many countries including the waltz, two-step, tango, hambo, schottische and polka. Walk through beginner level dances in the first hour, the second hour is dedicated to requests with walk-throughs for simpler dances. This fun and lively class is open to everyone, no partner or experience needed!

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| 2478 | Tue | Sep 5–Sep 26 | 7:30pm–9:30pm |
| 2479 | Tue | Oct 3–Oct 24 | 7:30pm–9:30pm |
| 2480 | Tue | Oct 31–Nov 21 | 7:30pm–9:30pm |
| 2481 | Tue | Nov 28–Dec 19 | 7:30pm–9:30pm |
| 2482 | Tue | Jan 2–Jan 23 | 7:30pm–9:30pm |
| 2483 | Tue | Jan 30–Feb 20 | 7:30pm–9:30pm |
| 2484 | Tue | Feb 27–Mar 20 | 7:30pm–9:30pm |

\$25 R / \$30 NR PKCC Instructor: Kate Hough
Folk Dance drop-in rate: \$8 per class

Line Dance

Line Dancing

Age 18-Adult

Line Dancing is a great way to exercise your body and mind while meeting new friends and listening to some great music. This class includes basic line dancing for the beginner along with more challenging dances for the more advanced dancer. A new dance is taught at every class as well as reviewing previously taught dances. All abilities welcome! Join Eloise in this fun and friendly class. No partner needed. This class will not be pro-rated. *No class on 9/26, 11/21, 11/28*

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| 2721 | Tue | Sep 12–Oct 24 | 10am–11am |
| 2722 | Tue | Oct 31–Dec 19 | 10am–11am |
| 2723 | Tue | Jan 2–Feb 6 | 10am–11am |
| 2725 | Tue | Feb 20–Mar 27 | 10am–11am |

\$30 R / \$36 NR PKCC Instructor: Eloise Chinn

Hula Dance

Hula is for everyone, it's a great way to stay in shape and have fun while dancing. Hula works the entire body and also engages the mind. It is a unique blend of balance, motion, and mental concentration. Hula will lift your spirits and give you an energy boost.

Beginning Hula For Adults

Age 18-Adult

This class will concentrate on the basic foot and hand motions as you experience the Hawaiian culture and Spirit of Aloha. Both ancient (Hula Kahiko) and modern (Hula 'auana) will be taught.

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| 2470 | Wed | Sep 13–Nov 15 | 6:30pm–7:15pm |
| 2471 | Wed | Jan 17–Mar 21 | 6:30pm–7:15pm |

\$100 R / \$120 NR NKCC Instructor: Jeanne Porter

Intermediate Hula

Age 18-Adult

For those with hula experience and an understanding of the basic steps. This fast-paced class will introduce hula implements such as ipu, 'uli' uli, 'ili' ili, pu'ili. Both Kahiko and 'auana will be taught along with a focus on general technique. Some Hawaiian language taught as it pertains to hula, along with lyrics and the background of every dance learned. Optional public performances.

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| 2472 | Wed | Sep 13–Nov 15 | 7:15pm–8:15pm |
| 2473 | Wed | Jan 17–Mar 21 | 7:15pm–8:15pm |

\$100 R / \$120 NR NKCC Instructor: Jeanne Porter

Advanced Hula

Age 18-Adult

Advanced Hula is for the dancer with a more extensive hula background. The hula basics are reviewed as we continue on to more difficult, involved hulas, both Kahiko (ancient) and 'auana (modern). There's a continuing focus on technique and performance skills. There will be public performances.

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| 2474 | Wed | Sep 13–Nov 15 | 8:15pm–9:15pm |
| 2475 | Wed | Jan 17–Mar 21 | 8:15pm–9:15pm |

\$100 R / \$120 NR NKCC Instructor: Jeanne Porter

Belly Dance

Shimmy and Sway Beginning Belly Dance

Age 17-Adult

Begin your transformation! Tighten and tone your core muscles. Belly dance is the most creative and graceful form of body conditioning. So tie a scarf around your hips and get ready to shimmy and sway with the sensual moves of Belly dance. Please bring bottled water and a long scarf to tie around the hips.

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| 2633 | Tue | Sep 12–Oct 24 | 6:40pm–7:40pm |
| 2634 | Tue | Nov 7–Dec 12 | 6:40pm–7:40pm |

\$70 R / \$84 NR NKCC Instructor: Josette Minaglia

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| 2635 | Tue | Jan 9–Feb 13 | 6:40pm–7:40pm |
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| 2636 | Tue | Feb 20–Mar 27 | 6:40pm–7:40pm |
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\$60 R / \$72 NR NKCC Instructor: Josette Minaglia

Belly Dance Advanced

Age 18-Adult

This class combines basic moves into interesting combinations. Choreography is also taught which helps those students that want to go further with stage performances. Discover your personal style of dance and enjoy. Please bring bottled water and a long scarf to tie around the hips.

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| 2637 | Tue | Sep 12–Oct 24 | 7:45pm–8:45pm |
| 2638 | Tue | Nov 7–Dec 12 | 7:45pm–8:45pm |

\$70 R / \$84 NR NKCC Instructor: Josette Minaglia

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| 2639 | Tue | Jan 9–Feb 13 | 7:45pm–8:45pm |
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| 2640 | Tue | Feb 20–Mar 27 | 7:45pm–8:45pm |
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\$60 R / \$72 NR NKCC Instructor: Josette Minaglia

