

# ADULT TENNIS LESSONS

Join us on the courts this summer! Develop your tennis skills, get in shape, or just join us for the fun of it! All sessions are two weeks in duration for a total of 8 lessons.

Classes meet Monday through Thursday with Friday designated as makeup days for rainouts. Space is limited! Loaner racquets are available.

**Please Note:** During the June 24th session, there will be no lesson on Thursday, July 4th. The session will run Mon-Thurs the first week and Mon – Wed the following week.

**Ages 16 and up • Location: Juanita High School Tennis Court**

**\* July 22nd session will be held at Kamiakin Middle School, 14111 132nd Ave. NE**

## Adult Beginner

The Basics: Forehand, backhand, serve and scoring

**7 classes • No class 7/4**  
Resident \$52 / Non-Resident \$62

Mon–Thur	5:30–6:25pm	June 24–July 3	37779
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**8 classes • Resident \$60 / Non-Resident \$72**

Mon–Thur	5:30–6:25pm	July 8–July 18	37780
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Mon–Thur	5:30–6:25pm	July 22–Aug 1	37781
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Mon–Thur	5–5:55 pm	Aug 5–Aug 15	37782
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Mon–Thur	5–5:55 pm	Aug 19–Aug 29	37788
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## Adult Intermediate

Fine-tuning basics, specialty strokes and game strategy

Presently can sustain a short rally, knows how to serve and start play as well as an understanding of scoring

**7 classes • No class 7/4 • Resident \$52 / Non-Resident \$62**

Mon–Thur	6:30–7:25pm	June 24–July 4	37774
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**8 classes • Resident \$60 / Non-Resident \$72**

Mon–Thur	6:30–7:25pm	July 8–July 18	37775
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Mon–Thur	6:30–7:25pm	July 22–Aug 1	37776
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Mon–Thur	6–6:55pm	Aug 5–Aug 15	37777
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Mon–Thur	6–6:55pm	Aug 19–Aug 29	37778
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## Adult Advanced NEW!

Dynamic Footwork, Advanced Drills and Game Strategies

Can keep up a rally with moderate pace and spin, comfortable with volleying and has a consistent serve.

**7 classes • No class 7/4**  
Resident \$52 / Non-Resident \$62

Mon–Thu	7:30–8:25pm	June 24–July 3	37809
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**8 classes • Resident \$60 / Non-Resident \$72**

Mon–Thu	7:30–8:25pm	July 8–July 18	37810
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Mon–Thu	7:30–8:25pm	July 22–Aug 1	37811
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Mon–Thu	7–7:55pm	Aug 5–Aug 15	37812
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Mon–Thu	7–7:55pm	Aug 19–Aug 29	37813
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## Ice Skating All Ages!

Introducing the thrill and athletic challenge of Ice Skating in a fun and safe learning environment. Our professional learn-to-skate staff will teach a progression of skills to ensure safety and provide an understanding of the basic fundamentals of ice skating. Participants will progress toward edge control and more advanced footwork. Whether you are a beginner or would like to enhance your present skill level (figure skating or ice hockey), we encourage children and adults to join. Students will be divided into their skill level and age level.

*Skates will be provided and helmets are highly recommended • Classes will be held at Kingsgate Arena; 14326 124th Ave NE, Kirkland WA 98034 • Classes will include 30 minutes of professional instruction and 30 minutes of practice/free skating time • Last day of class is “bring a buddy for free day” • Skates will be provided for your buddy • Registration deadline is: one week prior to start of first class • Please arrive ½ hour before class to get skates on • Please wear warm clothes, jacket and gloves*

7 weeks • No class 5/24 or 5/27  
Resident \$113 / Non-Resident \$136

### Ages 5 to Adult

Fri	6pm–7pm	Apr 26–June 14	38664
Mon	6pm–7pm	Apr 29–June 17	38660
Mon	6pm–7pm	July 8–Aug 19	38666

### Ages 4 to Adult

Tue	10:45–11:45am	Apr 30–June 11	38662
Tue	10:45–11:45am	July 9–Aug 20	38667



# SOFTBALL LEAGUES!

\* WA State sales tax will be collected \*

## SPRING SOFTBALL

Registration begins: February 1st  
(registration closes when full or deemed necessary)

This spring league will consist of 16 games in 8 weeks of play with one-week of playoffs for the top four teams in each division. The season will span from May through mid-July. Prizes will be awarded for the regular season champion as well as the play-off tournament winner. 8 team maximum per division.

### COED DIVISIONS

#### “Rec” Division

Our COED division is an open division available to teams of all skill levels. Games are played on Sunday late mornings/early afternoons.

8DH May 5–July 7 Crestwoods Field 37676

### MEN’S DIVISIONS

#### Low / Mid Division

This division is for teams with average skill level. Games are played on Sunday and Monday evenings.

8DH May 5–July 15 Crestwoods Field 37674

#### Upper Division

Our most competitive division composed of teams with above average skill. Game nights are Tuesday and Wednesday nights.

8DH May 7–July 10 Crestwoods Field 37675

### Spring League Fees:

Team registration for all divisions: \$864.00 + \$10 per non-Kirkland player. If the team consists of 51% non-residents, there is an additional charge of \$10 per non-Kirkland player (\$100 maximum) for players over that threshold who do not live or work in the city limits of Kirkland.



GO AHEAD...HAVE SOME FUN!

We want to thank Wing Dome for their sponsorship of Kirkland’s Adult Softball Leagues!

## LATE SUMMER/FALL SOFTBALL

Registration begins: February 1st  
(registration closes when full or deemed necessary)

Summer league will stretch into early fall and consist of 14 games in 7 weeks of play with one-week of playoffs for the top 4 teams in each division. Games will be played “under the lights” at Lee Johnson Field (Peter Kirk Park). Prizes will be awarded for the regular season champion as well as the playoff tournament winner. Men’s divisions: 8 team maximum, COED division: 4 team max.

### MEN’S DIVISIONS

#### Low / Mid Division

This division is for teams with average skill level. Games are played on Monday and Tuesday evenings.

7DH July 29–Sept 17 Lee Johnson Field 37678

#### Upper Division

Our most competitive division composed of teams with above average skill. Game nights are Wednesday and Thursday nights.

7DH July 31–Sept 12 Lee Johnson Field 37679

### COED DIVISION

#### “Rec” Division

Our COED division is an open division available to teams of all skill levels. Games are played on Sunday late mornings/early afternoons.

7DH July 28–Sept 22 Lee Johnson Field 37680

### FREE AGENT TEAM **NEW!**

#### Men’s Low / Mid Division

Are you looking for a team to join? Do you have a couple friends that want to play softball but don’t have enough to have your own team? Then you’re in luck! Starting this summer we are offering a free agent team for our Men’s Low/Mid division of our softball league that will play on Monday and Tuesday nights. For a flat fee of \$50.23 (plus tax) you can join the team as an individual. We need a minimum of 12 players in order to form the team.

7DH July 29–Sept 17 Lee Johnson Field 37681

### Late Summer / Fall League Fees:

Team registration for all divisions: \$760.00 + \$10 per non-Kirkland player. If the team consists of 51% non-residents, there is an additional charge of \$10 per non-Kirkland player (\$100 maximum) for players over that threshold who do not live or work in the city limits of Kirkland.



## AGE 55-PLUS SOFTBALL

### Recruitment is in Full Swing!

If you are age 55+ and have played softball or simply want to play (no experience required), recruitment for the new 2013 season is underway! The three senior softball teams in Kirkland continue to hit home runs and have lots of fun! The two men’s teams, “Moss Bay Hawks”, “Kirkland Owls” and the co-ed team, “Kirkland Klassics” were all a hit in 2012! After a long winter break, team players are now dusting off their bats to begin practice in March 2013. Everyone is gearing up for another fantastic season of league play, May through July. These three recreational teams play in the Puget Sound Senior Softball Association and are not affiliated with City of Kirkland Parks and Community Services recreation league. For more information call:

CoEd Team: Paula Miller 425.822.7478 or

Men’s Team: Rich Mialouich 425.827.1109 or Glenn Peterson 425.822.8331

Ages 18 and up • For more information on our adult sport league offerings, log on to

[www.kirklandwa.gov/athletics](http://www.kirklandwa.gov/athletics) or LIKE our Facebook page [www.facebook.com/kirklandsportsleagues](http://www.facebook.com/kirklandsportsleagues)



## Adult Volleyball Leagues

Come join the most fun and competitive league on the Eastside! By having the opportunity to play a maximum of 5 games (within a match) per night, our league gives you more “BANG for your BUCK”! The season consists of seven weeks of regular season play with two weeks of playoffs with one week guaranteed. Games are played at either Emerson High School (formerly BEST High School) or Kamiakin Middle School with 7:15pm, 8:20pm or 8:40pm start time (depending on the division). **Team Fee: \$275**

### Women's Upper Division BB Level

The Women's Upper Division is for teams with intermediate to above average skill level, have in depth knowledge of offensive and defensive game play and can use advanced strategies to be successful. Matches on Monday nights.

Mon	Apr 8–June 10	7:15 or 8:20pm	37533
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### Women's Lower Division B Level

The Women's Lower Division is for teams with average to intermediate skill level meaning, abilities more advanced than a beginner. Players understand the game and are able to perform some of the necessary skills required to be successful. Matches are played on Monday nights.

Mon	Apr 8–June 10	7:15 or 8:20pm	37534
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### CoEd Upper Division BB Level

The COED Upper Division is for teams with intermediate to above average skill level, have in depth knowledge of offensive and defensive game play and can use advanced strategies to be successful. Matches on Tuesday nights.

Tues	Apr 9–June 11	8:20 or 8:40pm	37535
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### Coed Lower Division B Level

The COED Lower Division is for teams with average to intermediate skill level meaning more advanced than a beginner. Players understand the game and are able to perform some of the necessary skills required to be successful. Matches on Tuesday nights.

Tues	Apr 8–June 11	8:20 or 8:40pm	37536
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### Coed C Division

The COED “C” Division is our least competitive division that's great for beginners who are learning the rules or those still improving their fundamental skills. Matches are on Wednesday nights.

Wed	Apr 10–June 5	8:20pm	37537
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### Free Agent Team CoEd C Division

Are you looking for a team to join? Do you have a couple friends that want to play volleyball but don't have enough to have your own team? Then you're in luck! We are offering a free agent team for our COED C division of volleyball that will play on Wednesday nights. For a flat fee of \$40 (plus tax) you can join the team as an individual. We need a minimum of 6 players (minimum of 3 men and 3 women) in order to form the team.

Wed	Apr 10–June 5	8:20pm	37539
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## Coed Dodgeball League

That fun school yard game you use to play as a kid is even more fun as adults! Games are played on Wednesdays at Kirkland Middle School. Matches consist of a full hour of play with 6 team members on each side. The league is an “OPEN” division accepting all levels of play. If deemed necessary, an upper and lower division will be formed.

**Team Fee: \$275**

Wed	Apr 10–June 5	6:45 or 7:55pm	37538
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## Golf Instruction

Learn to play golf in the comfortable atmosphere of the Redwood Golf Center in Woodinville. A PGA instructor teaches group lessons. Learn basic golf, grip stance, swing, rules and etiquette. By the end of this 4-part series you will be able to play on the golf course. Bring your own clubs or try the Golf Center's demo clubs.

Location: Redwood Golf Center, 13029 Redmond-Woodinville Rd NE, Woodinville

Min 6 / Max 12 4 classes

Sr Resident \$89 / Sr Non-Resident \$99

Non-Sr Resident \$97 / Non-Sr Non-Resident \$119

Fri	10–11am	Apr 5–26	37875
Fri	10–11am	May 3–24	37876
Fri	10–11am	June 7–28	37877
Fri	10–11am	July 5–26	37878
Fri	10–11am	Aug 2–23	37879

## Adult Beach Volleyball Ages 18+

**NEW!**

Join us at newly remodeled Juanita Beach for some sand volleyball! We will offer two divisions of beach volleyball, COED and women's 4 on 4 “Rec”. Games will be played on Monday nights for the women's division and Tuesday nights for the COED division. Games start at 6:15pm and 7:30pm. The league is self-officiated. Six weeks of play and one week of playoffs (top 4 teams). **Team Fee: \$200**

### Women's Division

Mon	6:15 or 7:30pm	June 24–Aug 5	39350
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### COED Division

Tue	6:15 or 7:30pm	June 24–Aug 5	39351
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**GO AHEAD...HAVE SOME FUN!**

We want to thank Wing Dome for their sponsorship of Kirkland's Adult Sports Leagues!

## OPEN GYM

18 & older – One basketball & three volleyball courts available for individuals or teams.

**5 to 8pm • Sundays • April 15–June 10**

Kamiakin Middle School, 14111 132nd Ave NE •  
No open gym 5/26 • \$4.00 per person (includes tax)  
Call 425.587.3335 for closure info.