



Partner Dancing. Great fun & exercise...

Dance Like

Location: Peter Kirk Community Center

Intermediate Hustle

This dance from the Disco era has been reinvented and is now danced to a lot of top 40 music as well as the old Disco favorites. You should have a good understanding of the basics of this fun and energetic dance.

No partner required ★ **Instructor: Vicki Gabrielle**
5 classes ★ **Location: PKCC** ★ **No class 2/20**
Resident \$54 / Non-Resident \$65

Mon	6:45–7:45pm	Sept 12–Oct 10	33855
Mon	6:45–7:45pm	Oct 17–Nov 14	33856
Mon	6:45–7:45pm	Nov 21–Dec 19	33857
Mon	6:45–7:45pm	Jan 23–Feb 27	33858
Mon	6:45–7:45pm	Mar 5–Apr 2	33859

East Coast Swing

This “All American” dance is a MUST for anyone who wants to dance in any situation. Definitely the most enjoyable and typically easiest to learn of all the dances and it’s a great place to get started. This up tempo single time swing will teach you basic footwork and a host of turns and spins. You’ll be up and dancing after just one series.

No experience or partner required! ★ **Location: PKCC**
Instructor: Vicki Gabrielle ★ **5 classes**
Resident \$54/ Non-Resident \$65

Mon	8–9pm	Sept 12–Oct 10	33861
-----	-------	----------------	-------

East Coast Swing II

A continuation of level 1. Gain confidence and learn some beyond basic patterns.

Must have had level 1 or similar experience
No partner required ★ **Location: PKCC**
Instructor: Vicki Gabrielle ★ **5 classes**
Resident \$54 / Non-Resident \$65

Mon	8–9pm	Oct 17–Nov 14	33862
-----	-------	---------------	-------

Night Club Two Step

This is a great alternative when dancing to your favorite slow music. It’s extremely popular all across America and is danced to a very wide range of slow music styles.

No partner or experience required!
Location: PKCC ★ **Instructor: Vicki Gabrielle**
5 weeks ★ **Resident \$54/ Non-Resident \$65**

Mon	8–9:15pm	Nov 21–Dec 19	33854
-----	----------	---------------	-------

Night Club Two Step II

This is a great alternative when dancing to your favorite slow music. You should have a good understanding of the basics of this fun dance.

No partner or experience required!
Location: PKCC ★ **Instructor: Vicki Gabrielle**
5 weeks ★ **No class 2/20**
Resident \$54/ Non-Resident \$65

Mon	8–9pm	Jan 23–Feb 27	33863
-----	-------	---------------	-------

Ballroom Variety

Learn the basics of these popular ballroom dances that are great for any social dance situation foxtrot, tango and waltz.

No experience or partner required!
Location: PKCC ★ **Instructor: Vicki Gabrielle**
5 weeks ★ **Resident \$54 / Non-Resident \$65**

Mon	8–9pm	Mar 5–Apr 2	33864
-----	-------	-------------	-------



West Coast Swing: Level 1

Contemporary modern stylish swing—the most music friendly & versatile of all partner dances! Solid foundational patterns and teaching techniques will make learning this dance a simple, logical & fun experience. Lots of repetition will boost your learning curve and muscle memory, plus provide more fun—in classes and on the dance floor. Even if you’ve taken West Coast Swing classes before, you are guaranteed to learn new and exciting ways to enhance this popular style of swing.

No experience needed! ★ **Adults & Teens, Couples & Singles, All Ability Levels Welcome!** ★ **Professional Certified Instructor: Lynn Gross** ★ **5 weeks** **Location: NKCC** ★ **Resident \$54 / Non-Resident \$65**

Tue	7:30–8:30pm	Sept 13–Oct 11	34358
-----	-------------	----------------	-------

West Coast Swing: Level 2

Add more fun and increase your swing skill by learning popular pattern variations and enhanced partnering techniques! Time to review and become more comfortable with level 1 Basics will be included. Patterns and styling in each Level 2 series differ from the last—the more times you participate, the more you learn, and the more comfortable and confident you will feel.

Prerequisite: Level 1, equivalent experience, or instructor permission ★ **Adults & Teens, Couples & Singles Welcome!** ★ **Professional Certified Instructor: Lynn Gross** ★ **5 weeks** ★ **Location: NKCC**
Resident \$54/ Non-Resident \$65

Tue	7:30–8:30pm	Oct 18–Nov 15	34359
-----	-------------	---------------	-------

West Coast Swing: Level 3

Add styling and personality to your Swing with progressed pattern variations and playful partnering moves! Time to review level 2 patterns and become more comfortable with leading and following will be included. Patterns and styling in each Level 3 series differs from the last—the more times you participate, the more you learn, and the more your dance skills expand.

Adults & Teens, Couples & Singles Welcome!
★ **Prerequisite: Level 2, equivalent experience, or instructor permission** ★ **Professional Certified Instructor: Lynn Gross** ★ **3 weeks** ★ **Location: NKCC**
Resident \$33/ Non-Resident \$40

Tue	7:30–8:30pm	Nov 22–Dec 6	34360
-----	-------------	--------------	-------

no partner required to join in!

the Stars!

Location: North Kirkland Community Center

Slow Dancing 1

The very easiest of partner dances! Developed for classic and contemporary easy-listening ballads. Slow Dancing is simple walking-style steps done to romantic music! From Frank Sinatra, Nat King Cole and Elvis to Backstreet Boys, Mariah Carey and many more... for small, crowded dance floors and large, spacious dance halls, this dance fits them all. Simple techniques for leading, following, finding the beat, and moving to the music, plus logical building blocks for patterns will get you out dancing comfortably right away!

No experience needed! ★ Adults & Teens, Couples & Singles, All Ability Levels Welcome! ★ Professional Certified Instructor: Lynn Gross ★ 5 weeks
Location: NKCC ★ Resident \$54 / Non-Resident \$65

Tue	8:30–9:30pm	Sept 13–Oct 11	34361
-----	-------------	----------------	-------

Slow Dancing 2

Keep developing your romantic side! Learn new patterns and partnering techniques in the easy dance. Bonus patterns from other dances transfer easily to this dance—and this class will teach you how—all in all, enough to keep you dancing through song after song, year after year. A brief review of Level 1 patterns will be included on the first night of classes.

Prerequisite: Level 1, equivalent experience, or instructor permission ★ Adults & Teens, Couples & Singles Welcome! ★ Professional Certified Instructor: Lynn Gross ★ 5 weeks ★ Location: NKCC
Resident \$54 / Non-Resident \$65

Tue	8:30–9:30pm	Oct 18–Nov 15	34362
-----	-------------	---------------	-------

Slow Dancing 3

Take romantic dancing up another notch. Intriguing and exciting new patterns, partnering techniques, and styling variations add more joy and fun to this easy dance. A brief review of Level 2 patterns will be included on the first night of class.

Adults & Teens, Couples & Singles Welcome! Prerequisite: Level 2, equivalent experience, or instructor permission ★ Professional Certified Instructor: Lynn Gross ★ 3 weeks ★ Location: NKCC
Resident \$33 / Non-Resident \$40

Tue	8:30–9:30pm	Nov 22–Dec 6	34363
-----	-------------	--------------	-------

Ballroom Dancing: Level 1

An introduction to Ballroom dancing! Everyone will enjoy learning the basics and simple variations of the ever-popular and always-in-style classics: Romantic Waltz, Smooth Fox Trot, and a little bit of Sensual Tango. You'll be gliding around the dance floor in the very first lesson.

No experience needed! ★ Adults & Teens, Couples & Singles, All Ability Levels Welcome! ★ Professional Certified Instructor: Lynn Gross ★ 5 weeks
Location: NKCC ★ Resident \$54 / Non-Resident \$65

Tue	7:30–8:30pm	Jan 10–Feb 7	34364
-----	-------------	--------------	-------

ADULT DANCE WITH LYNN GROSS:

“Fun, energetic, clear instructions that are easy to follow! Lynn is the best!”
— Kaylee

Ballroom Dancing: Level 2

Gain more comfort and confidence with leading and following as you learn new and pleasing pattern variations in Waltz, Fox Trot and Tango.

Pre-requisite: Level 1 or equivalent experience, or instructor permission ★ Adults & Teens, Couples & Singles Welcome! ★ Professional Certified Instructor Lynn Gross ★ 5 weeks ★ Location: NKCC
Resident \$54 / Non-Resident \$65

Tue	7:30–8:30pm	Feb 14–Mar 13	34365
-----	-------------	---------------	-------

Ballroom Dancing: Level 3

Now you're ready to add more styling and pizzazz to your dancing! Learn Pivots, Parallel Walks, Sways, Dips & more! Be prepared to hear, “Wow, that was FUN” from your dance partners! Adults & Teens, Couples & Singles Welcome!

Pre-requisite: Level 2 or equivalent experience, or instructor permission ★ Professional Certified Instructor Lynn Gross ★ 3 weeks ★ Location: NKCC
Resident \$33 / Non-Resident \$40

Tue	7:30–8:30pm	Mar 20–Apr 3	34366
-----	-------------	--------------	-------

Salsa 1

EZ Latin! This popular Latin dance will raise your energy level. Learn to connect to the Latin beat while you practice easy leading and following techniques and fun—but simple—patterns! Plus an introduction to Latin hip action to add style. Hot fun for winter evenings!

No experience needed! ★ Adults & Teens, Couples & Singles, All Ability Levels Welcome! ★ Professional Certified Instructor: Lynn Gross ★ 5 weeks
Location: NKCC ★ Resident \$54 / Non-Resident \$65

Tue	8:30–9:30pm	Jan 10–Feb 7	34368
-----	-------------	--------------	-------

Salsa 2

Your Salsa skills will become more comfortable and automatic! More practice of Latin hip action, plus new patterns and styling variations. A brief review of Level 1 patterns in the first class of this series will help boost your muscle memory. Even if you've taken a Level 2 Salsa series before, you're guaranteed to learn some new moves and techniques in this class.

Level 1 or equivalent experience, or instructor permission ★ Adults & Teens, Couples & Singles Welcome! ★ Professional Certified Instructor: Lynn Gross ★ 5 weeks ★ Location: NKCC
Resident \$54 / Non-Resident \$65

Tue	8:30–9:30pm	Feb 14–Mar 13	34369
-----	-------------	---------------	-------

Salsa 3

Make your Salsa sizzle with Double Turns, Spins & footwork variations! You'll be surprised how simple it is when you learn the right techniques... and how excited you'll feel about your dancing!

Pre-requisite: Level 2 or equivalent experience, or instructor permission. Professional Certified Instructor Lynn Gross ★ Location: NKCC ★ 3 weeks
Resident \$33 / Non-Resident \$40

Tue	8:30–9:30pm	Mar 20–Apr 3	34370
-----	-------------	--------------	-------

Adult Dance

Adult Ballet

Instructor: Marco Carrabba, Ballet Master & Choreographer, Carrabba Dance Theatre, has a 20 year distinguished professional dance career and over 16 years experience teaching and choreographing ballets for students of all levels, as well as an extensive theater background. Dance companies include PNB, San Francisco, Boston, Stuttgart and Hamburg Ballet.

Ballet Basics

Have you always wanted to take a ballet class but something got in the way? Now that you have the time, do you feel like you're too old and it's too late! Here's the good news, it's never too late to learn ballet! No reason to be intimidated! This adult basic ballet class offers something for everyone from young adult to seniors and provides a fun way to tone and tighten your body while learning the fundamental techniques in a positive and supportive environment. Ballet develops balance, coordination, strength, stamina, self-confidence and body-centered awareness. This class is for those with little or no dance training but who want to embrace one of the most beautiful and graceful of all dance styles.

Location: PKCC ★ 8 classes ★ No class 11/21, 12/26, 1/2, 1/16 & 2/20 ★ Resident \$88 / Non-Resident \$106

Mon	6:15–7:15pm	Sept 12–Oct 31	33758
Mon	6:15–7:15pm	Nov 7–Jan 23	33759
Mon	6:15–7:15pm	Jan 30–Mar 26	33760

Ballet: Open Level

Take your training to the next level. This class is for those who have had some ballet training and is a good additional class for a Basic or Intermediate level class. Emphasis is on improving technical strength and more movement. Students are encouraged to work at their own level.

Location: PKCC ★ 9 classes ★ No class 11/23 & 12/28
Resident \$99 / Non-Resident \$119

Wed	6:15–7:15pm	Sept 14–Nov 9	33762
Wed	6:15–7:15pm	Nov 16–Jan 25	33763
Wed	6:15–7:15pm	Feb 1–Mar 28	33764

Hula

Hula Beginning

Great fun and low key. This class will get you acquainted with hula. Beginning students start out learning the basic steps and hand motions; then progress to learning a dance. Both the modern and ancient forms of hula are taught, as well as historical background and/or stories that go with each one.

Wear comfortable clothing (shorts or pants and T-shirts — NO JEANS PLEASE! ★ Instructor: Jeanne Makanaokalani Porter ★ Location: NKCC ★ 10 weeks Resident \$100 / Non-Resident \$120

Wed	6:30–7:15pm	Sept 14–Nov 16	34344
Wed	6:30–7:15pm	Jan 11–Mar 14	34345

Hula Intermediate

More demanding and even more fun, this class is for those already familiar with the basic hula steps. Further emphasis is on perfecting technique. Both modern and ancient hula will be taught, also work with hula implements, i.e. 'uli'uli, ipu, pu'ili, 'ili'ili.

Wear a pa'u skirt if you have it, otherwise comfortable clothing—NO JEANS PLEASE! Instructor: Jeanne Makanaokalani Porter ★ Location: NKCC ★ 10 weeks Resident \$100 / Non-Resident \$120

Wed	7:15–8:15pm	Sept 14–Nov 16	34346
Wed	7:15–8:15pm	Jan 11–Mar 14	34347

Hula Advanced for Exercise and Fun

Must have thorough knowledge of basic hula steps. This class will focus on technique and performance skills along with cultural study as it pertains to the hula. Kahiko (ancient) and 'auana (modern) hulas will be taught including the use of implements with each. There will be a small amount of written homework from time to time.

Instructor: Jeanne Makanaokalani Porter
Location: NKCC ★ 10 weeks
Resident \$100 / Non-Resident \$120

Wed	8:15–9:15pm	Sept 14–Nov 16	34348
Wed	8:15–9:15pm	Jan 11–Mar 14	34349

Belly Dance

Belly Dance Basics

Ages 14 to adult

Do you like the hip action in Zumba and the sensuality of Belly Dance as seen by popular entertainers such as Lopez, Shakira and Beyonce? Try our Belly Dance class which will teach you moves you can use on the dance floor. This class incorporates popular dance music along with Arabic Pop. This class will build core strength, confidence and overall fitness and is great for ladies of all age and size. **WARNING!!** You will lose weight if practiced daily.

Instructor: Josette Minaglia 'Athena' ★ **Location:** NKCC
7 weeks ★ Resident \$70 / Non-Resident \$84

Tue	6:30–7:30pm	Sept 13–Oct 25	34350
Tue	6:30–7:30pm	Nov 1–Dec 13	34351

6 weeks ★ Resident \$60 / Non-Resident \$72

Tue	6:30–7:30pm	Jan 10–Feb 14	34352
Tue	6:30–7:30pm	Feb 21–Mar 27	34353



Belly Dance Advanced

Ages 14 to adult

This class is for students who have mastered the basics and want to continue to pursue optimal fitness and coordination which Belly Dance offers. Choreography is presented along with instruction for stage performances for those that want to go above and beyond. This class offers the option of joining the dance troupe based on readiness and ability.

Please bring water and a long scarf to tie around the hips ★ Instructor: Josette Minaglia 'Athena' Location: NKCC

7 weeks ★ Resident \$70 / Non-Resident \$84

Tue	7:40–8:40pm	Sept 13–Oct 25	34354
Tue	7:40–8:40pm	Nov 1–Dec 13	34355

6 weeks ★ Resident \$60 / Non-Resident \$72

Tue	7:40–8:40pm	Jan 10–Feb 14	34356
Tue	7:40–8:40pm	Feb 21–Mar 27	34357

Tango

Argentine Tango: Beginning I

Here is your opportunity to learn the most interesting, complex, and sensual of social dances. The Argentine Tango is an expression of the mind, body, and spirit. You will be taught step by step the Salida Básica (8 count basic), Cunita (rock step), Resolución (tango close), Ocho hacia adelante y atrás (forward and backward ochos), and change of front. You will gain the ability to combine these into different figures and variations to create your own expressions through the Tango.

Location: PKCC ★ **Instructor:** Ina Peccia ★ **8 classes**
Resident \$90 / Non-Resident \$108

Fri	6-7:20pm	Sept 9-Oct 28	33809
-----	----------	---------------	-------

Argentine Tango: Beginning II

Emphasis on the Lead and Follow techniques are introduced for turns which require understanding of connection in this social dance. You will also work on the Caminar (walk) with rhythm. Here you will be introduced to the Boleos, Calesitas, Adornos, and traditional figures like the Americana. This class should set you on the path to create a complete Tango. Students should have a good grasp of the Salida Básica (8 count basic) and Ocho hacia adelante y atrás (forward and backward ochos).

Location: PKCC ★ **Instructor:** Ina Peccia
8 classes ★ **No class 12/23 & 30**
Resident \$90 / Non-Resident \$108

Fri	6-7:20pm	Dec 2-Feb 3	33810
-----	----------	-------------	-------

Argentine Milonga & Vals for Beginners

The Milonga is faster than the Tango and very cheerful. Students will build a repertoire of milonga lisa, traspie, etc. for the first half of the series. The second half will be an introduction to the Vals (Waltz). Here students will apply turns developed from the previous course to the vals rhythm.

Location: PKCC ★ **Instructor:** Ina Peccia ★ **8 classes**
Resident \$90 / Non-Resident \$108

Fri	6-7:20pm	Feb 10-Mar 30	33812
-----	----------	---------------	-------

Argentine Tango: Intermediate I

Students will learn the Boleos, Molinete turn, Giros, Adornos, Ocho cortado, Sacadas, Calesitas, Enrosques, Puente, and more. Also, you will be given the concept of sistema cruzado (Cross Step System). You will gain the ability to incorporate these into your own Tango expression. Students should have a good grasp of the leading/following technique of the basics of Argentine Tango.

Location: PKCC ★ **Instructor:** Ina Peccia ★ **8 classes**
Resident \$90 / Non-Resident \$108

Fri	7:30-9pm	Sept 9-Oct 28	33813
-----	----------	---------------	-------

Argentine Tango: Intermediate II

Learn the entrances for Sacadas, pivots like the Enrosques, Picas, Paradass, and the classic chain. The incorporation of this new repertoire is stressed on musicality and walking the rhythm of the tango. Students should have a good grasp of the leading/following technique of the intermediate Argentine Tango.

Location: PKCC ★ **Instructor:** Ina Peccia ★ **8 classes**
No class 12/23 & 12/30 ★ **Res. \$90 / Non-Res. \$108**

Fri	7:30-9pm	Dec 2-Feb 3	33814
-----	----------	-------------	-------

Argentine Tango: Advanced NEW!

Students will learn the concept of system cruzado (Cross Step System). They will gain the ability to incorporate these into your Tango expression.

Students should have a good grasp of the leading/following technique of the intermediate Argentine Tango ★ **Location:** PKCC ★ **Instructor:** Ina Peccia
8 classes ★ **Resident \$90 / Non-Resident \$108**

Fri	7:30-9pm	Feb 10-Mar 30	33815
-----	----------	---------------	-------

One on One Tango Dance Instruction

Baffled by complicated tango steps? Uncomfortable asking questions in class? Enjoy one-on-one tutoring Friday nights, by appointment only, with Ina! Here is a fabulous opportunity to improve your dance ability.

Location: PKCC ★ **Instructor:** Ina Peccia
Resident \$36 / Non-Resident \$43
Advanced registration required, call 425.587.336

Line Dancing

Line Dancing is a great way to exercise your body and mind while meeting new friends and listening to some great music. With the endless stream of new dances coming out there is always something new and challenging to learn. All abilities welcome! Join Joe in this fun and friendly class.

This class will not be pro-rated ★ **This class includes basic line dance instruction and the opportunity to test your coordination skills**

Instructor: Joe Mraz ★ **Location:** PKCC
6 classes ★ **No class 9/27 & 12/27**
Resident \$30 / Non-Resident \$36
Drop-In Rate Resident \$7 / Non-Resident \$8

Tue	10-11am	Sept 6-Oct 18	33693
Tue	10-11am	Oct 25-Nov 29	33694
Tue	10-11am	Dec 6-Jan 17	33695
Tue	10-11am	Jan 24-Feb 28	33696
Tue	10-11am	Mar 6-Apr 10	33697

Tap Dance

Beginning Tap

Margie Meillon teaches easy-to-learn basic tap combinations, such as time steps, soft shoe and paddle turns. Learn complete dance routines.

Bring tap shoes ★ **Min 4 / Max 20** ★ **Location:** PKCC
★ **Instructor:** Margie Meillon ★ **No class 11/24 & 1/26**
6 classes ★ **Resident \$30 / Non-Resident \$36**

Thur	9:30-10:30am	Sept 8-Oct 13	33699
Thur	9:30-10:30am	Oct 20-Dec 1	33701
Thur	9:30-10:30am	Dec 8-Jan 12	33702
Thur	9:30-10:30am	Jan 19-Mar 1	33703
Thur	9:30-10:30am	Mar 15-Apr 19	33704

Basic Intermediate Tap

Focus is on time steps, Broadway tap and Cash steps. Learn Wings, Pullbacks, Bells, Running Heels and Military.

Bring tap shoes ★ **Prerequisite: must have had basic tap training** ★ **Min 4 / Max 20** ★ **Location:** PKCC
Instructor: Margie Meillon ★ **No class 11/24 & 1/26**
★ **6 classes** ★ **Resident \$30 / Non-Resident \$36**

Thur	10:30-11:30am	Sept 8-Oct 13	33700
Thur	10:30-11:30am	Oct 20-Dec 1	33707
Thur	10:30-11:30am	Dec 8-Jan 12	33708
Thur	10:30-11:30am	Jan 19-Mar 1	33705
Thur	10:30-11:30am	Mar 15-Apr 19	33709