

# All Ages!



## Ice Skating

Introducing the thrill and athletic challenge of Ice Skating in a fun and safe learning environment. Our professional learn-to-skate staff will teach a progression of skills to ensure safety and provide an understanding of the basic fundamentals of ice skating. Participants will progress toward edge control and more advanced footwork. Whether you are a beginner or would like to enhance your present skill level (figure skating or ice hockey), we encourage children and adults to join. Students will be divided into their skill level and age level. Skates will be provided and helmets are highly recommended.

*Classes will be held at Kingsgate Arena; 14326 124th Ave NE, Kirkland WA 98034. Classes will include 30 minutes of professional instruction and 30 minutes of practice/free skating time. Last day of class is "bring a buddy for free day." Skates will be provided for your buddy. Registration deadline is: one week prior to start of first class. Please arrive ½ hour before class to get skates on. Please wear warm clothes, jacket and gloves. No class on May 27th or May 30th.*

**Ages 3½ to Adult ★ 7 weeks**  
Resident \$108 / Non-Resident \$130

Tues	10:45–11:45am	May 3–June 14	32216
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**Ages 3 ½ to Adult ★ 5 weeks**  
Resident \$80 / Non-Resident \$96

Tue	10:45–11:45am	July 12–Aug 9	32221
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**Ages 5 to Adult ★ 7 weeks**  
Resident \$108 / Non-Resident \$130

Fri	6pm–7pm	Apr 29–June 17	32219
Mon	6pm–7pm	May 2–June 20	32214

**Age 5 to Adult ★ 5 weeks**  
Resident \$80 / Non-Resident \$96

Mon	6pm–7pm	July 11–Aug 8	32220
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Camp Fun!

Summer camps for kids of all ages and interests.

Starting on page 2.

# Youth & Teens

## Youth & Teens

NORTH KIRKLAND  
COMMUNITY CENTER

12421 103rd Ave NE ★ 425.587.3350

## Music

### Move Over Mozart/ Piano Classes

**Grade K-6, Ages 5 to 12 years**

Learn to play piano in this fun hands-on (the keys) class! Children will learn from their teacher, and from each other how to play familiar tunes on the piano, read music, and, basic music theory. Participation in class recitals throughout the year is optional but a fun way to showcase what you have learned. Having a piano at home is not a requirement; instruction on community center piano is included in instruction. In addition to class fee, a one-time \$10 materials fee is payable to instructor and due at first class. Class size is limited to 6 so sign up early (additional classes may be added based on waiting lists). For more information visit [moveovermozart.net](http://moveovermozart.net).

Location: NKCC ★ 10 weeks  
Resident \$89/Non-Resident \$107

**Grade K-1 ★ Ages 5 to 6 years**

Thur	4:30–5 pm	Apr 14–June 16	32285
Thur	4:30–5 pm	June 23–Aug 25	32287

**Grade 2-6 ★ Ages 7 to 12 years**

Thur	5–5:30pm	Apr 14–June 16	32288
Thur	5–5:30pm	June 23–Aug 25	32289

### Beginning Guitar Turbo Charged!

**12 years and up**

This fast-paced course covers all the basics—from tuning and strumming, all the way up to common chord progressions. By the end of the course, you'll know major, minor and 7th chords, basic rhythms and beginning theory. Get a solid foundation for whatever kind of music you're into! Good for electric or acoustic styles. Must be at least 12 years old at the start of class.

*Student must provide their own instrument*

Instructor: Scott Lawson ★ Location: NKCC  
8 weeks ★ No class 7/4 ★ Resident \$98 / Non-Resident \$118

Mon	4–5pm	Apr 4–May 23	32176
Mon	6–7pm	June 27–Aug 22	32809

### Guitar Turbo Charged Electric! **NEW!**

**14 years and up**

Turbo Electric is for the intermediate electric guitar player looking to expand their knowledge beyond the basic open chords and barre chords. This class covers basic theory and chord progressions, as well as major, minor, and pentatonic scales and beginning lead guitar techniques, such as phrasing, vibrato, hammer-ons, etc.

*Student must provide electric guitar, cord, and small practice amp ★ Instructor: Scott Lawson ★ Location: NKCC  
8 weeks ★ No class 7/4 ★ Resident \$98 / Non-Resident \$118*

Mon	5–6pm	June 27–Aug 15	32810
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## Youth Cooking

### Creating in the Kitchen with Karen

**Ages 6 to 9 years**

Is your kid a "foodie"? Does he/she watch the Food Network on TV, or show an interest in creating kitchen cuisine? Nurture his/her curiosity in this tasty class where your child will practice creativity and culinary skills while learning kitchen safety and developing healthy eating habits. Plan, prep, and prepare for a gastronomic good time! BAM!

*Instructor: Karen Renfro-Gielgens ★ \$10 supply fee payable to instructor ★ Location: McAuliffe Park, 10824 NE 116th St, Kirkland (enter off of 108th Ave NE)  
No class 7/4 ★ 8 weeks ★ Resident \$72 / Non-Resident \$86*

Mon	3:50–4:50pm	Apr 4–May 23	32811
Mon	3:50–4:50pm	June 13–Aug 8	32814

**For Creating in the Kitchen  
with Karen ages 3 to 5 years,  
see page 17.**

# Youth & Teens

## Young Ladies & Gentlemen (Etiquette)

**Ages 6 to 10 years**

Young ladies and gentlemen - join us for an adventure of fun through the art of etiquette! Children rarely beg for the opportunity to attend a class on manners, and yet it is the key to building positive friendships and strong self-esteem. This fun hands-on workshop teaches telephone etiquette, basic table manners, introductions, personal care and posture. Each student receives a goodie bag to take home.

*Instructor from Final Touch Finishing School*  
Resident \$32 / Non-Resident \$38

**Spring** ★ Location: NKCC

Sat	9am-12pm	May 7	32192
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**Summer** ★ Location: Heritage Hall, 203 Market St, Kirkland

Tue	9am-12pm	Aug 16	32193
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## Starting Point

**Ages 11 to 15 years**

Overcome the anxieties about 'how do I look, what do I say, and what do I do', in this fun, fast-paced, interactive course. Topics include: how to create and maintain a powerful first impression, presentation skills, introductions, handshaking, verbal and nonverbal communication, posture, appearance tips, and basic dining skills.

*Instructor from Final Touch Finishing School*  
Location: NKCC ★ Resident \$42 / Non-Resident \$50

Sat	1-5pm	May 7	32194
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## Preteen Style **NEW!**

**Ages 9 to 11 years**

Girls, discover how to develop your own style and not just follow the crowd. True style and confidence shines from the inside out and enables you to be a leader. Learn valuable communication skills, party manners, ways to develop great friendships, maintain a positive attitude, and tips on posture, clothing, and nutrition. Experience the steps to great skin as you give yourself a facial!

*Instructor from Final Touch Finishing School*  
Location: Heritage Hall, 203 Market Street, Kirkland  
Resident \$42 / Non-Resident \$50

Tue	1-5pm	Aug 16	32195
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## Musical Theater for Children

**Ages 6 to 10 years**

Vocal coach Kathryn Baker will teach young singers the importance of learning the proper and healthy way to vocalize at an early age. During this ensemble class we will work on basic technique, repertoire, and how to sing in a group. The class will give young singers a great introduction to singing. Bring your video camera for final performance on last day!

*Kathryn majored in vocal performance at the UW, has appeared in local productions of Grease, The Wizard of Oz, & many operas in addition to being a finalist at the Kirkland Idol Contest* ★ Location: NKCC ★ 9 weeks  
★ Resident \$61 / Non-Resident \$73

Tues	6:20-7:05pm	Apr 5-May 31	32196
Tues	6:20-7:05pm	June 14-Aug 9	32201

## KidSafe

### A Parent/Child Workshop to Keep Your Youngsters Out of Harm's Way

**Grades K-5 with parent**

Today's news is filled with stories of child abuse, assaults and Amber alerts. In the first hour we will role-play, in a non-threatening environment, some of the common approaches used by perpetrators who target children. Children will practice the 'five fingers' approach: think, yell, get free, run, and tell. In the second half hour we will look at tactics that child molesters use to gain access to children through parents, and community resources available for your safety needs.

*Instructor: Joann Factor* ★ Location: NKCC  
Resident \$31 / Non-Resident \$37

Sat	1-2:30pm	Apr 2	32815
Sat	1-2:30pm	June 4	32817

## SUPER SAFE SITTERS

**Ages 11 to 17 years**

Ready for your adventures in babysitting? A super one-day program designed to train in child care. 5-hour program covers parent expectations, first aid, nutrition, fire prevention, personal safety, home security, activities and more. Graduates receive a handbook and certificate.

*No drop-ins please—you must pre-register* ★ Bring a sack lunch, an afternoon snack, and lots of questions  
★ Instructor: Dianne Luecken ★ Location: NKCC  
Resident \$38 / Non-Resident \$46

Sat	9am-2pm	May 14	32202
Sat	9am-2pm	June 18	32203



**Camp Fun!**  
Summer camps for kids  
of all ages and interests.  
Starting on page 2.

## Self Defense for Teen Girls Only

**Ages 14 to 19 years**

This three hour course will provide young ladies the education and awareness to avoid and escape potentially dangerous situations. Course will cover dating violence, how assailants target and test potential victims, personal safety and much more. Students will learn physical techniques, strikes and releases to safely remove oneself from dangerous situations. It is a great class to take with a friend.

*Class size limited to 15!* ★ Instructor: Joann Factor  
Location: NKCC ★ Resident \$53 / Non-Resident \$64

Sat	1-4 pm	June 25	32820
Sat	1-4 pm	Aug 20	32821



## Martial Arts

### Bully Proof Martial Arts Program

**Ages 7 to 12 years**

We're teaming up with Miller Martial Arts Academy! This Bully Proof program will teach students how to set verbal boundaries, what to say, when to say it, how to say it. This program will also use martial arts as a way of building self esteem to give students alternatives to solving conflict through the use of violence. Students will also earn their White Belt at the end of the program.

*Location: Miller's Martial Arts Academy*  
8920 122nd Ave. NE, Kirkland ★ Instructor: Korbett Miller  
8 weeks ★ No class 5/28 ★ Resident \$57 / Non-Resident \$68

Sat	9:45-10:30am	Apr 9-June 4	32835
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## Youth Dance

### Beginning Ballet/Tap Combo

**Ages 5 to 7 years**

This class is not only a progressive transition from Preschool Dance/Tap Combo B but also a great introduction for young first-time dancers. Children will get a chance to experience ballet and tap through combinations at the bar, in the center of the floor, and across the room. Using two-thirds ballet and one-third tap this class is a perfect way to build your little dancer's technique and dance vocabulary. At the end of the session the class will present a combination of all the movements they have learned to their parents (don't forget your camera!).

*Ballet and tap shoes required* ★ *Instructor: Miss Kellsie*  
*Location: NKCC* ★ *9 weeks* ★ *Resident \$61 / Non-Resident \$73*

Thur	6:20–7:05pm	Apr 7–June 2	32947
Thur	6:20–7:05pm	June 23–Aug 18	32948

### Hip Hop Jr **NEW!**

**Ages 6 to 8 years**

Hip Hop is a popular, energetic pop style version of urban street dance. In this class you will learn the latest moves to “today’s” (clean version) of music. Build self-esteem, enhance your coordination and stay fit!

*Wear loose clothing and tennis shoes please!*  
*Instructor: Miss Kellsie* ★ *Location: NKCC* ★ *9 weeks*  
*No class 7/27* ★ *Resident \$61 / Non-Resident \$73*

Wed	3:15–4 pm	Apr 6–June 1	32903
Wed	3:15–4 pm	June 22–Aug 24	32904

### Hip Hop Youth Dance

**Ages 9 to 12 years**

Hip Hop is a popular energetic pop style version of urban street dance. In this class you will learn the latest moves to “today’s” music while you build self-esteem, enhance your coordination and stay fit!

*Wear loose clothing and tennis shoes please!*  
*Instructor: Miss Kellsie* ★ *Location: NKCC* ★ *9 weeks*  
*No class 7/27* ★ *Resident \$61 / Non-Resident \$73*

Wed	4:15–5pm	Apr 6–June 1	32949
Wed	4:15–5pm	June 22–Aug 24	32950

**For Summer Cheerleading Camp, see page 8**

## Youth & Teen Ballet

Instructor: Marco Carrabba, Ballet Master/Choreographer of Carrabba Dance Theatre, has a 20 year distinguished professional dance career and over 16 years experience teaching and choreographing ballets for students of all levels, as well as an extensive theater background. Dance companies include PNB, San Francisco, Boston, Stuttgart and Hamburg Ballet.

### Ballet–Teen

**Ages 10 to 16 years**

Learn ballet technique, dance vocabulary, practice exercises at the barre, stretching and center floor work. Emphasis is on improving balance, coordination, alignment and strength all taught in a positive and supportive environment. Students will also learn specific steps and creative movement. This fun, invigorating class for boys and girls is a balance of activities and musical awareness. Two ballet classes per week are recommended for continual progress.

*Location: PKCC* ★ *Instructor: Marco Carrabba*  
*No classes 4/11, 5/30 & 7/4*

**8 classes** ★ *Residents \$88 / Non Residents \$106*

Mon	4:15–5:15pm	Apr 18–June 13	32407
Mon	4:15–5:15pm	June 20–Aug 15	32408

**10 classes** ★ *Residents \$110 / Non Residents \$132*

Wed	4:15–5:15pm	Apr 6–June 8	32409
Wed	4:15–5:15pm	June 15–Aug 10	32410

### Ballet–Fairy Tale Workshop

**Ages 10 to 16 years**

Learn to act, dance and bring life to fairy tale characters! Famous and exciting stories from the classics such as: Sleeping Beauty, Pinocchio, the Wizard of Oz, Cinderella, the Nutcracker and many more. . . dance choreography, roles cast and made for the student's ability. This class inspires creativity, imagination and appreciation for the art of dance in story form.

*Location: PKCC* ★ *Instructor: Marco Carrabba*  
*No classes 5/30 & 7/4*

**8 classes** ★ *Residents \$66 / Non Residents \$79*

Mon	5:20–6:05pm	Apr 4–June 6	32417
Mon	5:20–6:05pm	June 13–Aug 17	32419



### Ballet–Creative Dance Workshop

**Ages 10 to 16 years**

Students are encouraged to bring music of their choice to this class. Each session learn to create and complete a new dance piece. Learn and explore the art of choreography and various dance styles including: contemporary, lyrical, modern, and ballet. Come be a part of this fun and inspiring class!

*Location: PKCC* ★ *Instructor: Marco Carrabba* ★ *10 classes*  
*Residents \$83 / Non Residents \$100*

Wed	5:20–6:05pm	Apr 6–June 8	32489
Wed	5:20–6:05pm	June 15–Aug 10	32490

## Youth Yoga

### Kid Yogarobics **NEW!**

**Ages 5 to 12 years**

Like Yoga Fun & Fit this class offers the best of both worlds! It is a highly energized dance-like, physical fitness class that combines rhythmic aerobic exercise with the flexibility, balance, and focus of yoga promoting all elements of fitness. Performed to fun, upbeat music, it makes you want to get down to warm up and let go to cool down! Your child will become more physically fit, expand their sense of self-awareness, develop their self-confidence, and learn how to relax.

*Instructor: Dana Hein-Skaggs* ★ *Location: NKCC*  
*6 Weeks* ★ *Resident \$72 / Non-Resident \$86*

**Ages 5 to 8 years**

Thur	4–5pm	Apr 7–May 12	32824
Thur	4–5pm	May 19–June 23	32825
Thur	4–5pm	June 30–Aug 4	32831

**Ages 9 to 12 years**

Thur	5–6pm	Apr 7–May 12	32827
Thur	5–6pm	May 19–June 23	32828
Thur	5–6pm	June 30–Aug 4	32834

## YOUTH TENNIS LESSONS

Using the USTA's QuickStart Tennis program, play is structured for kids to learn, rally and play quickly in a way that is enjoyable and rewarding. Kids will enjoy playing the game right away so that they develop a lifelong passion for the game. All sessions are two weeks in duration for a total of 8 lessons. Classes meet Monday through Thursday with Fridays designated as makeup days for rainouts. Space is limited! Loaner racquets are available. Don't forget to bring water and sunscreen!

**Please Note: The July 5th session will run Tue–Thur the first week and Mon–Thur the 2nd week due to the July 4th holiday.**

**A great sport for the whole family!** Adult Tennis, pg. 46



### QuickStart Beginner

**The Basics—forehand, backhand, serve and scoring**

*Location: Juanita High School Tennis Courts  
10601 NE 132nd Street*

**8 classes** ★ Resident \$59 / Non-Resident \$71

**\*July 5th session 7 classes**  
Resident \$52 / Non-Resident \$62

#### Ages 7 to 10 years

Mon–Thur	9–9:55am	June 20–June 30	32473*
Mon–Thur	10–10:55am	June 20–June 30	32474*
*Tue–Thur Mon–Thur	9–9:55am	July 5–July 14	32482
*Tue–Thur Mon–Thur	10–10:55am	July 5–July 14	32485
Mon–Thur	9–9:55am	July 18–July 28	32483
Mon–Thur	10–10:55am	July 18–July 28	32486
Mon–Thur	10–10:55am	Aug 1–Aug 11	32487
Mon–Thur	9–9:55am	Aug 15–Aug 25	32484

#### Ages 11 to 15 years

Mon–Thur	11–11:55am	June 20–June 30	32475*
Mon–Thur	12–12:55pm	June 20–June 30	32552*
*Tue–Thur Mon–Thur	11–11:55am	July 5–July 14	32488
Mon–Thur	11–11:55am	July 18–July 28	32553
Mon–Thur	9–9:55am	Aug 1–Aug 11	32565

*\*Please note: Due to the LWSD extension, dates and fees for week one have changed.*

### QuickStart Intermediate

**Fine-tuning basics, specialty strokes and game strategy**

\*Presently can sustain a short rally, knows how to serve and start play as well as an understanding of scoring

*Location: Juanita High School Tennis Courts  
10601 NE 132nd Street*

**8 classes** ★ Resident \$59 / Non-Resident \$71

**\*July 5th session 7 classes**  
Resident \$52 / Non-Resident \$62

#### Ages 7 to 10 years

Mon–Thur	11–11:55am	Aug 1–Aug 11	32569
Mon–Thur	10–10:55am	Aug 15–Aug 25	32566

#### Ages 11 to 15 years

*Tue–Thur Mon–Thur	12–12:55pm	July 5–July 14	32570
Mon–Thur	12–12:55pm	July 18–July 28	32578
Mon–Thur	12–12:55pm	Aug 1–Aug 11	32579
Mon–Thur	11–11:55am	Aug 15–Aug 25	32571



## Youth Soccer **NEW!**

### UK Elite Feet Soccer Academy

**Ages 7 to 13 years**

UK Elite as the 'leaders in youth soccer education' offer the best possible professional training for players aged 7-13. Players are divided into groups that match our age-specific curriculum. This ensures that every player that attends the class will enjoy a fun and educational soccer experience. The older players will learn tactical and functional aspects of soccer while the younger ages will get access to the best possible fundamental training.

*Location: Juanita Beach Park, 9703 NE Juanita Drive  
Resident \$100 / Non-Resident \$120*

**Co-Ed: Ages 7 to 9 years**

Sat	10-11:30am	Apr 16-May 21	31675
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**Co-Ed: Ages 10 to 13 years**

Sat	11:30am-1pm	Apr 16-May 21	31676
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## Fencing



### YOUTH FENCING: ANYONE FOR A DUEL?

**Ages 8 to 17 years co-ed**

Join the Washington Fencing Academy for "fitness with an edge" and some fun! Students will learn the Olympic style of competitive fencing including equipment, technique, learning to "bout" and more. Fencing is a fast, energetic sport that uses both mind and body.

**NEW!**

*No prior experience needed ★ An equipment rental fee of \$35 and a one-time book fee of \$25 should be paid to the instructor directly on the first day of class ★ Location: NKCC*

**6 weeks ★ Resident \$102 / Non-Resident \$122**

Wed	5-6pm	Mar 30-May 4	31672
Wed	5-6pm	May 11-June 15	31673

Check out page 7 for our  
Fencing Summer Camp!

## WATTS BASKETBALL CAMP

### Independence Week

**Ages 8 to 15 years**

Turn your 4th of July into a weeklong celebration! Join Watts Basketball and their world class player development specialists along with NBA legend Slick Watts for a week of skills, drills, competition and fun. Learn the techniques and discipline it takes to be a superstar basketball player. Watts Basketball will take you through the fundamentals of the game and give you a plan for your off-season training.



*Location: Kamiakin Jr. High School, Gymnasium,  
14111 132nd Ave NE ★ Res. \$195/ Non Res. \$234*

Tues-Fri	9am-3pm	July 5-July 8	33288
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## Spring Break Camps!

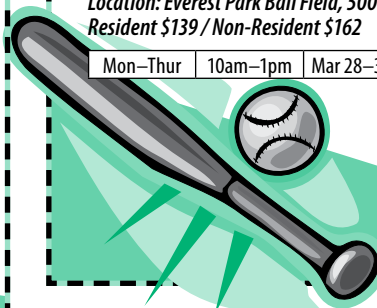
### Pro Baseball Camp

**COED: Ages 8 to 13 years**

This COED youth baseball camp is well suited for all players, from the aspiring to the elite. Learn the basics of hitting, throwing, catching and strategy. The camp is taught by former professional baseball player and Atlanta Braves scout, Steve Goucher.

*Location: Everest Park Ball Field, 500 8th Street S.  
Resident \$139 / Non-Resident \$162*

Mon-Thur	10am-1pm	Mar 28-31	31674
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### LEGO® Engineering FUNda-mentals Camp

**Ages 7 to 11 years**

Design and build motorized machines, catapults, pyramids, demolition derby cars, truss and suspension bridges, buildings, and other constructions. Explore concepts in physics, mechanical engineering, structural engineering, and architecture while playing with your favorite creations. This is a hands-on and minds-on class suitable for LEGO® building system novices to "maniacs." Returning students will work on new projects and challenges.

*Instructor: Play-Well TEKnologies ★ Location: NKCC  
★ 1 week ★ Resident \$195 / Non-Resident \$234*

Mon-Fri	1-4 pm	Mar 28-Apr 1	31189
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