

## Ballet

**Instructor:** Marco Carrabba, Ballet Master/Choreographer of Carrabba Dance Theatre, has a 20 year distinguished professional dance career and over 16 years experience teaching and choreographing ballets for students of all levels, as well as an extensive theater background. Dance companies include PNB, San Francisco, Boston, Stuttgart and Hamburg Ballet.

### Ballet Basics

Have you always wanted to take a ballet class but something got in the way? Now that you have the time, do you feel like you're too old and it's too late! Here's the good news, it's never too late to learn ballet! No reason to be intimidated! This adult basic ballet class offers something for everyone from young adult to seniors and provides a fun way to tone and tighten your body while learning the fundamental techniques in a positive and supportive environment. Ballet develops balance, coordination, strength, stamina, self-confidence and body-centered awareness. This class is for those with little or no dance training but who want to embrace one of the most beautiful and graceful of all dance styles.

**Location:** PKCC ★ 8 classes ★ No class 5/30 & 7/4  
Resident \$88 / Non-Resident \$106

Mon	6:15–7:15pm	Apr 18–June 13	32562
Mon	6:15–7:15pm	June 20–Aug 15	32563

### Ballet—Open Level

Take your training to the next level. This class is for those who have had some ballet training and is a good additional class for a Basic or Intermediate level class. Emphasis is on improving technical strength and more movement. Students are encouraged to work at their own ability.

**Location:** PKCC ★ 10 classes  
Resident \$110 / Non-Resident \$132

Wed	6:15–7:15pm	Apr 6–June 8	32567
Wed	6:15–7:15pm	June 15–Aug 17	32568

## Tango

### Argentine Tango—Beg. I

Here is your opportunity to learn the most interesting, complex, and sensual of social dances. The Argentine Tango is an expression of the mind, body, and spirit. You will be taught step by step the Salida Básica (8 count basic), Cunita (rock step), Resolución (tango close), Ocho hacia adelante y atras (forward and backward ochos), and change of front. You will gain the ability to combine these into different figures and variations to create your own expressions through the Tango.

**Location:** PKCC ★ Instructor: Ina Peccia ★ 7 classes  
Resident \$69 / Non-Resident \$83

Fri	6–7pm	Apr 1–May 13	33244
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### Argentine Tango—Beg. II

Emphasis on the Lead and Follow techniques are introduced for turns which require understanding of connection in this social dance. You will also work on the Caminar (walk) with rhythm. Here you will be introduced to the Boleos, Calesitas, Adornos, and traditional figures like the Americana. This class should set you on the path to create a complete Tango.

*Students should have a good grasp of the Salida Básica (8 count basic) and Ocho hacia adelante y atras (forward and backward ochos).*

**Location:** PKCC ★ Instructor: Ina Peccia ★ 7 classes  
Resident \$69 / Non-Resident \$83

Fri	6–7pm	May 20–July 1	33248
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### Argentine Milonga & Vals for Beginners

The Milonga is faster than the Tango and very cheerful. Students will build a repertoire of milonga lisa, traspie, etc. for the first half of the series. The second half will be an introduction to the Vals (Waltz). Here students will apply turns developed from the previous course to the vals rhythm.

**Location:** PKCC ★ Instructor: Ina Peccia ★ 7 classes  
Resident \$69 / Non-Resident \$83

Fri	6–7pm	July 8–Aug 19	33249
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### Argentine Tango—Intermediate I

Students will learn the Boleos, Molinete turn, Giros, Adornos, Ocho cortado, Sacadas, Calesitas, Enrosques, Puente, and more. Also, you will be given the concept of sistema cruzado (Cross Step System). You will gain the ability to incorporate these into your own Tango expression.

*Students should have a good grasp of the leading/following technique of the basics of Argentine Tango.*

**Location:** PKCC ★ Instructor: Ina Peccia ★ 7 classes  
Resident \$103 / Non-Resident \$124

Fri	7–8:30pm	Apr 1–May 13	33251
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### Argentine Tango—Intermediate II

Learn the entrances for Sacadas, pivots like the Enrosques, Picas, Paradas, and the classic chain. The incorporation of this new repertoire is stressed on musicality and walking the rhythm of the tango.

*Students should have a good grasp of the leading/following technique of the intermediate Argentine Tango.*

**Location:** PKCC ★ Instructor: Ina Peccia ★ 7 classes  
Resident \$103 / Non-Resident \$124

Fri	7–8:30pm	May 20–July 1	33252
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## Tango ...cont'd

### Argentine Tango – Advanced **NEW**

Students will learn the concept of system cruzado (Cross Step System). They will gain the ability to incorporate these into your Tango expression.

*Students should have a good grasp of the leading/following technique of the Intermediate Argentine Tango.*

**Location: PKCC** ★ **Instructor: Ina Peccia** ★ **6 classes**  
**Resident \$88 / Non-Resident \$106**

Fri	7–8:30pm	July 8–Aug 19	33254
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### One on One Tango Dance Instruction

Baffled by complicated tango steps? Uncomfortable asking questions in class? Enjoy one-on-one tutoring Friday nights, by appointment only, with Ina! Here is a fabulous opportunity to improve your dance ability.

**Location: PKCC** ★ **Instructor: Ina Peccia**  
**Resident \$36 / Non-Resident \$43**

*Advanced registration required, call 425.587.3336*

## Line Dance

### Line Dancing

Line Dancing is a great way to exercise your body and mind while meeting new friends and listening to some great music. With the endless stream of new dances coming out there is always something new and challenging to learn. All abilities welcome! Join Joe in this fun and friendly class. This class will not be pro-rated.

Beginner class includes basic line dance instruction and the opportunity to test your coordination skills.

**Location: PKCC** ★ **Instructor: Joe Mraz**

**6 classes** ★ *No class 4/19, 26, & 6/7*

**Resident \$30 / Non-Resident \$36**

**Drop-In Rate Resident \$7 / Non Resident \$8**

Tue	10–11am	Apr 5–May 24	32572
Tue	10–11am	May 31–July 12	32573

**5 classes**

**Resident \$25 / Non-Resident \$30**

**Drop-In Rate Resident \$7 / Non Resident \$8**

Tue	10–11am	July 19–Aug 16	32580
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## TAP DANCE

### Beginning Tap

Margie Meillon teaches easy-to-learn basic tap combinations, such as time steps, soft shoe and paddle turns. Learn complete dance routines.

**Bring tap shoes** ★ **Min 4 / Max 20** ★ **Location: PKCC**

**Instructor: Margie Meillon** ★ **No class 5/5**

★ **6 classes** ★ **Resident \$30 / Non-Resident \$36**

Thur	9:30–10:30am	Apr 7–May 19	32622
Thur	9:30–10:30am	May 26–June 30	32623
Thur	9:30–10:30am	July 7–Aug 11	32626

### Basic Intermediate Tap

Focus is on time steps, Broadway tap and Cash steps. Learn Wings, Pullbacks, Bells, Running Heels and Military.

**Bring tap shoes** ★ **Prerequisite: must have had basic tap training** ★ **Min 4 / Max 20** ★ **Location: PKCC** ★ **Instructor:**

**Margie Meillon** ★ **No class 5/5** ★ **6 classes**

★ **Resident \$30 / Non-Resident \$36**

Thur	10:30–11:30am	Apr 7–May 19	32624
Thur	10:30–11:30am	May 26–June 30	32625
Thur	10:30–11:30am	July 7–Aug 11	32628



## Scottish Country Dance

### Scottish Country Dance – Beginning

You don't have to be Scottish to learn the fun, social dancing steps of Scotland, set to lively jig, reel and strathspey music. No experience required except a sense of rhythm and a sense of humor. Enjoy meeting others and learning the basic steps and figures, while dancing with different partners. Great exercise for everyone. Children age 12+ are welcome. Ghillies or ballet shoes are ideal. Soft-soled shoes (tennis shoes) are also OK. Wear comfortable clothes which allow you to move freely.

**Instructor: Elinor Vandegrift & Eileen Hsu**

**Location: PKCC** ★ **5 classes**

**Resident \$48 / Non-Resident \$58**

**Drop-In Rate Resident \$9 / Non Resident \$11**

Tue	7:30–9:30pm	Apr 5–May 3	32693
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## Hula HOOP Dance

### Adult Beginning Hula Hoop Dancing

**Ages 17 years–Adult**

Hoop dancing combines movement and dance with the fun of hula hooping. Join us as we have a grand time learning impressive on-the-body and off-the-body hula hoop tricks. We will burn at least 400 calories per class and rock out to some fun tunes! Hula Hoops are provided for the class and can be bought for home practice.

*Instructor Sharlet Bonnell is an actor and choreographer who received her Bachelors in Arts Education from Western Washington University. She has worked for Seattle Children's Theater, Melanie's Studio of Dance, Studio East, Youth Theater Northwest, Seattle Public Theater, Stone Soup Theater and Village Theater. She learned about her love of hula hooping late in life and now revels in teaching others the glee of hooping!*

**Location: NKCC** ★ **7 weeks**

**Resident \$ 70 / Non-Resident \$ 84**

Mon	6–7pm	Apr 11–May 23	32899
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### HULA CLASS (NEXT PAGE)

**The Hula class is amazing, it's fun and the teacher is very knowledgeable. It is a good exercise physically as well as mentally. I really like it!**

–Lilia

# Adult Dance

## Hula Dance

Hula is for everyone, it's a great way to stay in shape and have fun while dancing. Hula works the entire body and also engages the mind. It is a unique blend of balance, motion, and mental concentration. Hula will lift your spirits and give you an energy boost.



### Beginning Hula for Adults

This class will concentrate on the basic foot and hand motions as you experience the Hawaiian culture and Spirit of Aloha. Both ancient (Hula Kahiko) and modern (Hula 'auana) will be taught. This is the perfect class to see what Hula is all about and to meet new friends at the same time.

*Wear comfortable clothing (shorts or pants and T-shirts) — NO JEANS PLEASE! ★ Instructor: Jeanne Makanaokalani Porter ★ Location: NKCC*

**Spring 10 weeks ★ No class 5/18**  
Resident \$100 / Non-Resident \$120

Wed	6:30–7:15pm	Apr 6–June 15	32857
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**Summer 6 weeks ★ Resident \$60 / Non-Resident \$72**

Wed	6:30–7:15pm	July 13–Aug 17	32858
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### Intermediate Hula

For those with hula experience and an understanding of the basic steps. This class will be a bit faster paced and will include an introduction to the hula implements such as 'uli'uli, 'ili'ili, pu'ili. Both Kahiko and 'auana will be taught along with a focus on general technique. There will be some Hawaiian language taught as it pertains to hula, along with lyrics and the background of every dance learned. There will be optional public performances.

*Wear a pa'u skirt if you have one, otherwise comfortable clothing — NO JEANS PLEASE! ★ Instructor: Jeanne Makanaokalani Porter ★ Location: NKCC*

**Spring 10 weeks ★ No class 5/18**  
Resident \$100 / Non-Resident \$120

Wed	7:15–8:15pm	Apr 6–June 15	32859
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**Summer 6 weeks ★ Resident \$60 / Non-Resident \$72**

Wed	7:15–8:15pm	July 13–Aug 17	32860
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## Advanced Hula

Advanced Hula is for the hula dancer with a more extensive hula background. The hula basics are always reviewed to improve steps, descriptive hand motions, and facial expressions. We will continue on to more difficult, involved hulas, both Kahiko (ancient) and 'auana (modern) hulas and a continuing focus on technique and performance skills. Come learn Hula in a relaxed setting, yet be willing to work out, sweat, and have fun! There will be public performances.

*Wear a pa'u skirt — NO JEANS PLEASE! Instructor: Jeanne Makanaokalani Porter ★ Location: NKCC*

**Spring 10 weeks ★ No class 5/18**  
Resident \$100 / Non-Resident \$120

Wed	8:15–9:15pm	Apr 6–June 15	32861
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**Summer 6 weeks ★ Resident \$60 / Non-Resident \$72**

Wed	8:15–9:15pm	July 13–Aug 17	32862
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## Belly Dance

### Belly Dance Basics

**Ages 14 to adult**

Learn the dance of femininity and grace, Egyptian Cabaret Belly Dance. It is a great way to tone up, lose a couple of inches and make new friends. The class is low impact, FUN, and provides health benefits for women of all ages. Please bring bottled water and a long scarf to tie around the hips

*Instructor: Josette Minaglia 'Athena' ★ Location: NKCC*

**Spring 6 weeks ★ Resident \$60 / Non-Resident \$72**

Tue	6:30–7:30pm	Apr 5–May 10	32863
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**Spring 4 weeks ★ Resident \$40 / Non-Resident \$48**

Tue	6:30–7:30pm	May 31–Jun 21	32864
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**Summer 6 weeks ★ Resident \$60 / Non-Resident \$72**

Tue	6:30–7:30pm	July 12–Aug 16	32865
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### Belly Dance Advanced

**Ages 14 to Adult**

This class will be a continuation of perfecting the basics and adding these steps to choreography. New steps will be introduced along with floor work and finger cymbals. Please bring water and a long scarf to tie around the hips.

*Instructor: Josette Minaglia 'Athena' ★ Location: NKCC*

**Spring 6 weeks ★ Resident \$60 / Non-Resident \$72**

Tue	7:40–8:40pm	Apr 5–May 10	32867
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**Spring 4 weeks ★ Resident \$40 / Non-Resident \$48**

Tue	7:40–8:40pm	May 31–Jun 21	32868
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**Summer 6 weeks ★ Resident \$60 / Non-Resident \$72**

Tue	7:40–8:40pm	July 12–Aug 16	32869
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# Dance

## Partner Dancing—

**Location: Peter Kirk Community Center**

### Hustle

This dance from the Disco era has been reinvented and is now danced to a lot of top 40 music as well as the old Disco favorites. Learn the basics of this fun and energetic dance. Practice your Hustle at The Seattle Hustle Club. Contact instructor for details.

*No partner or experience required.*

*Location: PKCC ★ Instructor: Vicki Gabrielle ★ 5 classes*  
*No class 5/30 ★ Resident \$56 / Non-Resident \$67*

Mon	6:35–7:50pm	Apr 18–May 16	32674
Mon	6:35–7:50pm	May 23–June 27	32675
Mon	6:35–7:50pm	July 18–Aug 15	32683

### Night Club Two Step

This is a great alternative when dancing to your favorite slow music. It's extremely popular all across America and is danced to a very wide range of slow music styles.

*No partner or experience required!*

*Location: PKCC ★ Instructor: Vicki Gabrielle ★ 5 weeks*  
*No class 5/30 ★ Resident \$56 / Non-Resident \$67*

Mon	8–9:15pm	Apr 18–May 16	32688
Mon	8–9:15pm	May 23–June 27	32689
Mon	8–9:15pm	July 18–Aug 15	32691



# Like the Stars!

Great fun & exercise... no partner required to join in!

Location: North Kirkland Community Center

## West Coast Swing 1

Contemporary, modern, stylish swing - the most music friendly & versatile of all partner dances! Solid foundational patterns and teaching techniques make learning this dance a simple, logical & fun experience. Lots of repetition will boost your learning curve and muscle memory, plus provide added fun—in classes and on the dance floor. Even if you've taken West Coast Swing classes before, you are guaranteed to learn new and exciting ways to enhance this popular style of swing.

*No experience needed!* ★ Adults & Teens, Couples & Singles, All Ability Levels Welcome! ★ Professional Certified Instructor: Lynn Gross ★ Location: NKCC 5 weeks ★ Resident \$54 / Non-Resident \$65

Tue	7:30–8:30pm	Apr 12–May 10	32871
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## West Coast Swing 2

Add more fun and increase your swing skill by learning popular pattern variations and enhanced partnering techniques! Time to review and become more comfortable with level 1 Basics will be included. Patterns and styling in each Level 2 series differs from the last—the more times you participate, the more you learn, and the more comfortable and confident you'll be.

*Prerequisite: Level 1, equivalent experience, or instructor permission* ★ Adults & Teens, Couples & Singles Welcome! ★ Professional Certified Instructor: Lynn Gross Location: NKCC ★ 5 weeks ★ Resident \$54 / Non-Res. \$65

Tue	7:30–8:30pm	May 17–June 14	32872
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## Night Club Two Step 1

This is romantic dancing at its finest—a dreamy dance for easy-listening, soft-rock love songs played at parties, night clubs, weddings, on cruise ships, and at many local dances. Learn patterns that stay in a small area for crowded dance floors, patterns that glide across the floor when there's room to move, and how to blend these moves for added versatility. Easy leading, following and turning techniques included.

*No experience needed!* ★ Adults & Teens, Couples & Singles Welcome! Professional Certified Instructor: Lynn Gross Location: NKCC ★ 5 weeks Resident \$54 / Non-Resident \$65

Tue	8:30–9:30pm	Apr 12–May 10	32879
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## Night Club Two Step 2

Continue to develop your romantic side! Learn simple pattern variations and partnering techniques in this popular dance. Previous participation in a beginning level class, or the equivalent, is required. Each Level 2 series differs from the last—the more times you participate, the more you learn, and the more your dance skills expand!

*Adults & Teens, Couples & Singles Welcome!* ★ Prerequisite: Level 1, equivalent experience, or instructor permission ★ Professional Certified Instructor: Lynn Gross ★ 5 weeks Location: NKCC ★ Resident \$54 / Non-Resident \$65

Tue	8:30–9:30pm	May 17–June 14	32880
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## Ballroom Favorites 1

Everyone will enjoy learning the basics and simple variations of the ever-popular and always-in-style classics: Romantic Waltz, Smooth Fox Trot, Lively Jitterbug Swing, and a taste of Sensual Tango. You'll be gliding around the floor in the very first lesson.

*No experience needed!* ★ Adults & Teens, Couples & Singles, All Ability Levels Welcome! ★ Professional Certified Instructor: Lynn Gross ★ Location: NKCC 5 weeks ★ Resident \$54 / Non-Resident \$65

Tue	7:30–8:30pm	June 21–July 19	32875
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## Ballroom Favorites 2

Gain more comfort and confidence with leading and following as you learn new and pleasing pattern variations in Waltz, Fox Trot, Jitterbug Swing and Tango.

*Pre-requisite: Level 1 or equivalent experience, or instructor permission* ★ Adults & Teens, Couples & Singles Welcome! ★ Professional Certified Instructor: Lynn Gross ★ 4 weeks Location: NKCC ★ Resident \$43 / Non-Resident \$52

Tue	7:30–8:30pm	July 26–Aug 16	32876
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## Salsa 1

EZ Latin! This popular Latin dance will raise your energy level. Learn to connect to the Latin beat while you practice easy leading and following techniques and fun - but simple—patterns! Plus an introduction to Latin hip action to add style. Energetic fun for warm summer evenings!

*No experience needed!* ★ Adults & Teens, Couples & Singles, All Ability Levels Welcome! ★ Professional Certified Instructor: Lynn Gross ★ Location: NKCC ★ 5 weeks Resident \$54 / Non-Resident \$65

Tue	8:30–9:30pm	June 21–July 19	32877
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## Salsa 2

Your Salsa partnering skills will become more comfortable and automatic! Further develop Latin hip action, plus new patterns and styling variations. A brief review of Level 1 patterns in the first class of this series will help boost your muscle memory. Even if you've taken a Level 2 Salsa series before, you're guaranteed to learn some new moves and techniques in this class.

*Prerequisite: Level 1, or equivalent experience, or instructor permission* ★ Adults & Teens, Couples & Singles welcome! ★ Professional Certified Instructor: Lynn Gross ★ 4 weeks Location: NKCC ★ Resident \$43 / Non-Resident \$52

Tue	8:30–9:30pm	July 26–Aug 16	32878
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