

Northwest Burn Foundation

Programs and Services

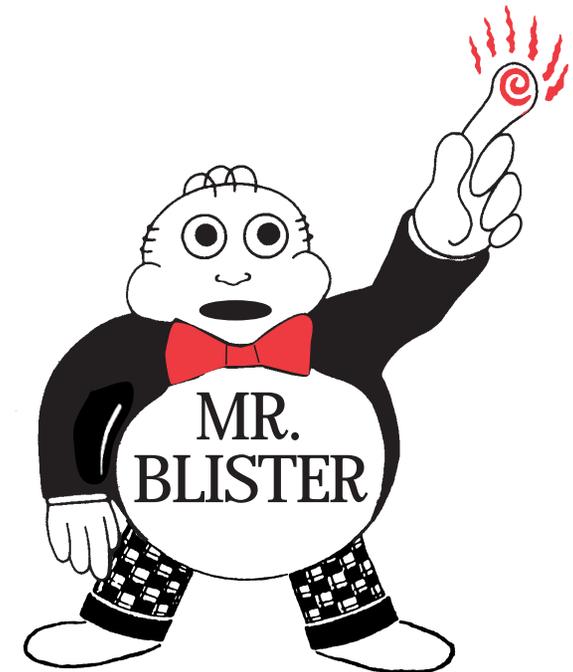
- ✦ **Emergency Housing** – Family support is vital for the survival of burn patients in intensive care. To help ease the crises these families face, the NWBF operates three fully-furnished apartments a block away from the Burn Center at Harborview.
- ✦ **Support Group Meetings** – Offer a supportive forum for burn survivors and their families. They meet twice monthly in Seattle and are facilitated by a NWBF-funded psychologist.
- ✦ **Corrective Cosmetic Consultation** – Helps burn survivors improve their quality of life after and between surgeries by minimizing the appearance of physical scars. Burn survivors receive specialized corrective cosmetics and training on their application.
- ✦ **Summer Camp** – Young burn survivors spend a week in a safe, supportive environment to share feelings and experiences while having fun.
- ✦ **Direct Aid** – Funds are provided on a one-time basis to assist families who have lost their homes due to fire. Funds assist with temporary housing, food or clothing.
- ✦ **Research** – The NWBF funds research for improving burn care treatment, scar reduction and pain management.
- ✦ **Burn Prevention Education** – The NWBF supports programs aimed at educating children and adults about fire and burn safety.

All of these programs are provided at no charge. The NWBF is a registered 501 (C) (3) nonprofit agency. For more information, please call our office.

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SCALDS!

EDUCATION = PREVENTION



Brought to you by the



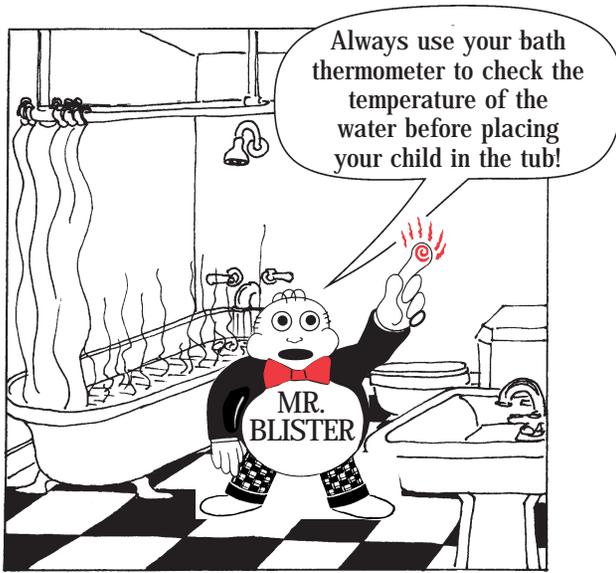
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**NORTHWEST
 BURN
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FIRST AID FOR SCALD-TYPE INJURIES

1. Remove any clothing QUICKLY that could keep the hot liquid in contact with the skin UNLESS that clothing is sticking to the skin.
2. Immediately flush the burned area with COOL water! Do this continuously for 15 - 20 minutes, if possible. Do not apply ice. Quick action and this cooling may prevent a more serious burn.
3. DO NOT puncture blisters! This opens the area to the possibility of infection.
4. DO NOT use ice, butter, vaseline, ointments or plastic wrap on the burned area – these may retain the heat and promote infection!
5. If the burned area is more than a few square inches in diameter or on the face, head or genitals, SEEK IMMEDIATE MEDICAL ATTENTION!

BURN PREVENTION TIPS



“JUST THE FACTS” ABOUT BURNS

More than 1.5 million people suffer from serious burn injuries each year in the United States.

Over 6,000 people die each year from burn-related injuries.

Burns are the second leading cause of death to children under the age of four.

Scalds are the leading cause of burns to children under the age of five and present a serious threat to older adults and people with disabilities.

Coffee, tea, soup and hot tap water can be hot enough to cause a serious burn injury.

Just one second of exposure to a hot liquid can cause a life-threatening injury to a child.

Scald and steam burns are often associated with microwave oven use.

Serious burn injuries can cause lifelong scars, both physical and emotional.

Almost every scald burn can be prevented!

Education and a proactive approach to burn prevention is the best defense to avoid these types of injuries.

❖ Never hold a child while drinking a hot liquid.



❖ When cooking, use the back burners and always turn the pot handles inward.



❖ Food comes out of the microwave oven much hotter than expected so take extra precautions around children. Test all heated liquid and food before giving it to a child.

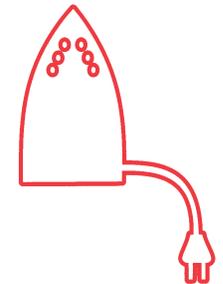
❖ Never microwave a child's bottle or allow young children to remove items from the microwave.

❖ Check and double-check the temperature of the bath water before placing your child in the tub. The recommended temperature is 100°.



❖ Remove tablecloths when toddlers are present in the home. They tug and pull on everything within reach. Hot liquids can easily be pulled down on them.

❖ Keep appliances toward the back of the countertop. Wind cords up and secure or place out of reach.



❖ Use caution when moving heavy pots of hot liquids from the stove.

❖ Supervise children closely when hot foods are being served and carried.

❖ Never leave young children unattended in the bathtub or in the kitchen while cooking.



❖ Check the temperature on your hot water heater – recommended setting is 120°.