



CITY OF KIRKLAND
Department of Parks & Community Services
505 Market Street, Suite A, Kirkland, WA 98033 425.587.3300
www.ci.kirkland.wa.us

MEMORANDUM

To: Marilynne Beard, Interim City Manager

From: Kirkland Youth Council Leadership
Regula Schubiger, Youth Services Coordinator
Carrie Hite, Deputy Director
Jennifer Schroder, Director

Date: May 1, 2009

Subject: City Council Meeting with Kirkland Youth Council Leadership

The 2009-10 Kirkland Youth Council is in the midst of yet another busy and success-filled year. The year began with one of the most competitive recruitment processes seen in many years. Fifty-six applications were received. Thirteen new members were selected after several days of application reviews as well as candidate interviews by the Leadership Group.

Taking into consideration the current financial situation of the City, the Leadership Group decided to forgo the annual leadership training at the Waterhouse Center in Monroe. In place of this, the group was divided up into three teams as a way to build camaraderie and to make dissemination of information to the group more efficient and effective. One of the teambuilding activities these teams participated in was a Youth Council Jeopardy game. Categories covered included Kirkland, KYC, KTUB, Teen Traffic Court and member requirements.

The following is a brief overview of the Youth Council's 2009-10 projects.

Community Service Projects

The Kirkland Youth Council sets out to participate in at least four diverse service projects during the school year. The following is a list of six projects KYC has been involved with this year.

November 2009 – KYC members sponsored a food drive for Hopelink at the Juanita Safeway. During the four hour drive, the Youth Council was able to fill the reserve aid truck (1.6 tons of donations) and collect \$155 in cash for a total value of \$4,500.

December 2009 – The Youth Council hosted its annual Holly Day Brunch at the Peter Kirk Community Center. Members of KYC hosted, cooked and served brunch to patrons of PKCC. Over 50 seniors attended the event.

December 2009 – KYC members assisted with the 12k's of Christmas run stuffing goodie bags for the runners as well as staffing a water station during the race.

March 2010 – Youth Council members hosted a benefit dance for KTUB in early March. The event was extremely successful and raised \$1,100 for the teen center.

April 2010 – Members of the Kirkland Youth Council assisted with an Earth Day project at Juanita Bay Park removing blackberry bushes and spreading mulch.

May 2010 – The Kirkland Youth Council assisted with the Kirkland ½ Marathon stuffing goodie bags for runners as well as staffing a water station during the race.

Teen Court

Members of the Kirkland Youth Council continue to serve as judge and jury for Teen Traffic Court. Cases are heard monthly at the Kirkland Municipal Court. This program has been extremely successful reducing the recidivism rates of the participants for more than 10 years. A few changes were implemented for the 2009-10 school year. First, Teen Traffic Court is now held year round. This is a change from just holding Court during the school year. The second change is that the program is now open to all teens who either attend a Kirkland based public school and/or are Kirkland residents. It is hoped that this will help to increase participant numbers.

Mini Grant Program

Every year, the Youth Council awards \$8,500 in mini grants to area schools and youth serving organizations. The purpose of these monies is to help support small events, projects and activities for Kirkland teens. Members of the Youth Council serve as the review committee for the grant applications and make funding recommendations. Awards typically range from \$250-\$750. Please refer to attached memo for complete report on mini grants.

We've Got Issues

After tying up loose ends on some uncompleted projects, KYC members have embarked on planning their latest project on distracted teen driving. The structure of the program will be similar to the installment on Pedestrian Safety – reenactment, hidden camera footage, and education section. KYC members are anxious and excited to start on a new program as it has been several years.

Superintendent Meetings

The Youth Council continues to meet quarterly with the Lake Washington School District Superintendent Chip Kimball. During these meetings a wide variety of topics are discussed; transition to the four-year high school model, AP testing concerns, impact of budget cuts on sports fees and graduation schedules, vending machine issues, School District Bond and Levy, and introduction of the Cambridge Program at Juanita High School.

City Manager Meetings

KYC Leadership looks forward to their quarterly meetings with City Manager, Dave Ramsay. Topics that have been discussed include; annexation, library remodel, budget issues, KTUB, and the transit center. The Leadership Team looks forward to meeting with Interim City Manager Marilynne Beard later this month.

Bluefish Festival

Every year, the Kirkland Youth Council partners with the Teen Union Building to host the Bluefish Festival. This event features teen music, art, poetry reading, and several other teen related activities. This day-long celebration will take place on Saturday, June 12th at the KTUB and in Peter Kirk Park. Subcommittees have been working hard planning the various aspects of this event.

KTUB Transition

Youth Council members have been very involved with the changes in the operating partner at KTUB. From brainstorming options to interviewing third party operating partners, KYC voice

has been active and heard. Members look forward to working with both Friends of Youth and the Bellevue YMCA as the transition takes place in July.

Lanyard Project

In an effort to promote pedestrian safety with teens, KYC members partnered with David Godfrey to create reflective lanyards. The idea was formulated by KYC members and then marketed by Lake Washington High School's DECA program. One-hundred lanyards were produced and distributed at the school. They were extremely popular and more will be made available through LW's DECA program.

2010 Youth Summit

This year's Youth Summit, "2010, the Future is Now" took place on Thursday, March 25th at the Kirkland Performing Arts Center, Peter Kirk Community Center, and KTUB. Over 100 teens attended the event. The Summit was an overwhelming success, thanks to the hard work of KYC member Charlie Cowin. The full report is attached to this memo.

This is a short summary of what the Kirkland Youth Council has been working on during the 2009-10 school year. Members of the Youth Council Leadership are looking forward to sharing and discussing event and project details with Council members during the upcoming Study Session.

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MEMORANDUM

To: Marilynne Beard, Interim City Manager

From: Regi Schubiger, Youth Services Coordinator
Carrie Hite, Deputy Director
Jennifer Schroder, Director

Date: May 5, 2010

Subject: 2009-10 Mini Grant Report

The purpose of this annual report is to review the programs and organizations funded by the Kirkland Youth Council Mini Grant program during the 2009-10 school year.

In 2000, Kirkland City Council agreed to allow the Kirkland Youth Council to set aside \$10,000 of its \$20,000 Teen Activity Grant funds for a Mini-grant program. The purpose of these grants is to provide one-time awards between \$200 and \$750 that give short-term, limited funding for Kirkland youth groups and community groups for projects, activities, events, and training. These grants are awarded three times every year. In the fall of 2002, the Teen Activity Grant program was eliminated and partial funds were redirected toward the Mini-Grant Program for a total of \$10,000.

The following lists the sixteen programs and organizations that were awarded funding during the 2009-10 school year.

BEST High, 2010 Prom – Students at BEST High requested funds to help pay for a DJ and decorations for their Senior Prom.

Requested Amount: \$750

Funds Allocated: \$750

BEST High, Art Club – BEST High School wanted to start an afterschool Art Club where students can explore different media such as fused glass for jewelry and metal work.

Requested Funds: \$750

Allocated Funds: \$600 – Due to the number of requests received this funding cycle, the Review Committee was not able to award the full requested amount.

BEST High, Yearbook Production – Due to budget cuts, BEST High School no longer has yearbook production class. Students have taken the initiative to volunteer their time

and resources to create a yearbook for 2010. Funds requested would be used toward production expenses of the book.

Requested Funds: \$750

Allocated Funds: \$750

Environmental and Adventure School, 2010 Health Fair - Parent volunteers host the annual Health Fair at EAS. The event brings together over a dozen presenters and three keynote speakers to enrich and enhance the education of students in various aspects of health.

Requested Funds: \$750

Allocated Funds: \$650 – A portion of the funds requested were to be used toward the purchase of staff lunches. The Review Committee felt that this was more of a luxury and not a necessary part of the event.

Finn Hill Junior High, Christmas Carol Production – After reading the Christmas Carol novel, staff at Finn Hill Junior High wanted to take students to the ACT Theater's production of the play. Funds were requested to help pay for transportation costs.

Requested Funds: \$750

Funds Allocated: \$750

Finn Hill Junior High, Enrichment Field Trips – As a way to enrich the science curriculums at Finn Hill Junior high, students will be partaking in a variety of field trips. Destinations include Pacific Science Center, Woodland Park Zoo, and Aquarium.

Requested Amount: \$750

Allocated Funds: \$750

Juanita High School Athletics, Leadership Training – JHS coaches would like to give the student athletes an opportunity to participate in the YMCA's Ropes Course. Ropes course trainings focus on accountability, communication, cooperation, leadership and goal setting.

Requested Amount: \$750

Allocated Funds: \$450

Juanita High, Acting Workshop – The Juanita High School Drama group wanted to partake in an actors' workshop. The program provides vocal coaching and choreography curriculum. Funding for three workshops was requested.

Requested Amount: \$750

Funds Allocated: \$500 - Due to the number of requests received this funding cycle, the Review Committee funded two of the three workshops.

Juanita High, Motivational Speaker – Staff at Juanita High School wanted to bring a motivational speaker that would specifically address students with special needs. The presentation focused on stimulating interest in students furthering their studies, confirming positive attributes, and garnering hope for a positive and productive future.

Requested Amount: \$320

Funds Allocated: \$100 – A portion of this request was to pay for food. The Review Committee felt that this was not a necessity and that the funds should be used just to pay for the speaker.

Juanita High School, Reading Book Club – The Juanita High School Library wanted to help support the student driven Rebel Reading Book Club. Members of the club meet during the lunch hour to discuss books that they have read. The school Librarian serves as the discussion moderator.

Requested Funds: \$693.50

Allocated Funds: \$500 - Due to the number of requests received this funding cycle, the Review Committee was not able to award the full requested amount.

Juanita High School, Rebel Pride Day – Juanita High School's annual Rebel Pride Day is a daylong event where school and community members partner to beautify the JHS campus. This includes routine maintenance of gardens, installation of benches, creating new planters, and painting. The event includes a barbeque for all participants.

Requested Amount: \$750

Allocated Funds: \$750

Kirkland Chamber of Commerce Education Committee, Leadership Training – Juniors and Seniors at BEST, International Community School, Juanita High School, and Lake Washington High School are all invited to attend the Leadership Training hosted by the Chamber's Education Committee. About 60 students meet with City staff and tour City Hall. This is followed with the Chamber Luncheon at the Woodmark Hotel. The lunch features a keynote and panel discussion geared toward career development and leadership.

Requested Amount: \$500

Allocated Funds: \$500

Kirkland Junior High, Choices & Consequences Presentation – The Choices and Consequences presentation is a program that educates youth about the results of health behaviors. The program utilizes real human organs and empowers students to make positive health choices.

Requested Amount: \$750

Funds Allocated: \$750

KTUB, Bluefish Festival – To celebrate the anniversary of the Kirkland Teen Union Building, the teen center hosts the annual Bluefish Festival the second Saturday in June. This event features teen bands, art show and much more.

Requested Amount: \$600

Allocated Funds: \$600

KTUB, Midnight Blue Dance – For 2010, KTUB is hosting a series of dances that will help to raise funds for community groups such as HopeLink. The first of these events (Midnight Blue) was a partnership with the Kirkland Youth Council.

Requested Amount: \$750

Allocated Funds: \$600 - Due to the number of requests received this funding cycle, the Review Committee was not able to award the full requested amount.

Rock School, Classes – Rock School is an afterschool and summer music program for youth. Funds were requested for equipment used during classes.

Requested Amount: \$750

Funds Allocated: \$375 - Due to the number of requests received this funding cycle, the Review Committee was not able to award the full requested amount.

The following programs were not funded:

Christ Church Kirkland, Ambassador's Ball – This annual event honors local dignitaries for their service in the Kirkland community. Students at the school design and create the event which includes dinner, dancing, and an awards program.

Requested Amount: \$667

Allocated Funds: 0 – The number of requests received during this cycle outnumbered the funds available. The Review Committee felt that this program did not illustrate the need that some of the other requests did.

Finn Hill Junior High, Drug & Alcohol Assembly – Finn Hill Junior High wanted to have an assembly focusing on an anti drug and alcohol message. The event features a speaker, drug sniffing dog, and video presentation. Funds were requested for anti drug/alcohol t-shirts that would continue to carry the message after the assembly.

Requested Amount: \$300

Funds Allocated: 0 - The number of requests received during this cycle outnumbered the funds available. The Review Committee felt that this program could still happen without the t-shirts.

Finn Hill Junior High, Weight Training – The Finn Hill Junior High Weight Training Club wanted to add heart rate monitors to their equipment offerings. Monitors would be used to help evaluate individual fitness progress.

Requested Amount: \$400

Allocated Funds: 0 - The number of requests received during this cycle outnumbered the funds available. The Review Committee felt that this program did not illustrate the need that some of the other requests did.

International Community School, FBLA Conference – Members of ICS's FBLA club competed in these year's State FBLA conference in Yakima. Students were involved in a variety of business events/competitions including public speaking, job interviews, economic business, and business communication.

Requested Amount: \$750

Allocated Funds: 0 - The number of requests received during this cycle outnumbered the funds available. The Review Committee felt that ICS students could conduct fundraisers to cover the remaining costs.

Lake Washington High School, Heritage Music Festival – The LW Band, Orchestra, and Choir performed at the Heritage Music Festival in Vancouver, British Columbia. Each student was expected to raise \$500 in order to participate in the event. Funds were requested to help ease the fundraising burden on the less fortunate students involved.

Requested Amount: \$750

Funds Allocated: 0 – This program did not meet the minimum number of teens served to be eligible for funding.

Rose Hill Junior High, Cirque du Freak Reading Program – “Cirque du Freak” are a series of books that the Rose Hill Junior Library would like to purchase for its students to help promote reading as a fun and rewarding activity. These series are geared toward the junior high school age student.

Requested Amount: \$490.60

Funds Allocated: 0 - The number of requests received during this cycle outnumbered the funds available. The Review Committee felt that this application was not of the same quality as others that were reviewed.

Total Amount Requested 2009-10: \$14, 471.10

Total Funds Awarded: \$9,375



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MEMORANDUM

To: Marilynne Beard, Interim City Manager

From: Regi Schubiger, Youth Services Coordinator
Carrie Hite, Deputy Director
Jennifer Schroder, Director

Subject: 2010 Kirkland Youth Summit

On Thursday, March 26, 2010 the Kirkland Youth Council held its eighth biannual All-City Youth Summit, "2010, The Future is Now!" at the Kirkland Performing Arts Center, Peter Kirkland Community Center, and the Kirkland Teen Union Building. About 120 teens from a variety of Kirkland based junior and senior highs attended the event to discuss a broad range of topics relevant to teens. Youth Council members selected and researched topics that they felt were timely and of interest to their peers; career planning, money management, college choices, time management, stress management, ideal Kirkland and transportation. Each session featured experts in various fields to discuss and troubleshoot the area addressed. The schedule for the day allowed participants to attend two 70 minute sessions, one in the morning and one in the afternoon. New for this year's Summit were roundtable discussions during the lunch hour with local/state government and school officials.

Keynote Speaker

Andy Stromberg, a former Seattle University soccer star, now motivational speaker, started the event off with his presentation focusing on making choices that affect one's future plans. Students enjoyed his presentation, humor, and ability to relate.

Session Summaries

Stress Management

Mari Port brought Parent Trust's Stress Management and Relaxation Training (SMART) to participants. The attendees learned that mental and emotional stress can cause health problems and affects all aspects of life. Participants completed several worksheets to discover their own stress symptoms and triggers. They then used this information to find the specific coping mechanisms (i.e. relaxation techniques, lifestyle changes and cognitive strategies) most effective for them.

Time Management

The focus of this session was organization. Debbie Rosemont a Certified Professional Organizer and Productivity Consultant led participants through several exercises to help them with school success. The four areas covered were organization, tools, goal setting, and time management. Organization section included reducing clutter, setting a routine, and having a paper management system. The Tools portion covered the benefits of using items such as a planner and binder. Goal setting was focused on making goals manageable and attainable. Time Management's emphasis was on staying focused and minimizing distractions.

College Planning

This session featured former KYC member Jerald Aranas and Kelly Aiken KTUB staff member. Jerald spoke from his perspective of a current college freshman, and Kelly from a more retrospective viewpoint. The session covered a discussion on AP classes versus the Running Start Program, tools available for exploring post high school options, sifting through the many degrees that are available, finding and getting scholarships, and how best choose a school.

Ideal Kirkland

This workshop was led by KYC members, Nathan Brand, Jasmine Clark and Chris Norwood. The purpose of this session was to have an open conversation about what participants liked and disliked about Kirkland. Areas covered included schools, shopping centers, KTUB, parks, Kirkland police, annexation, and Bluefish. Participants shared their thoughts in each of these areas as well as adding suggestions for changes they would like to see.

Career Choices

The Career Choices workshop featured Debbie Lacy, certified life coach. Debbie worked with the participants to provide them with tools to discover and find their dream career. Attendees were given several worksheets that helped determine four key factors in finding a dream career; 1) love, 2) skill, 3) lifestyle, and 4) work values. Once the participant determined what their dream job was, Debbie encouraged them to investigate the profession and talk with people who already have that career. Careful research will help to create the pathway to success.

Money Management

Cory Shepard, former Director of KTUB, now Financial Advisor for Edward Jones, discussed various aspects of finances and planning for one's future. Cory brought energy, enthusiasm, and real stories to a potentially bland and obscure topic. This session was selected for several reasons. Teens love money and they want more of it. It is estimated that teens spend over \$172 billion per year and 1 out of 3 high school seniors have a credit card. At the same time, 52% of high school seniors have no knowledge of basic finance. As a result, young adults (ages 24 and under) are also the most rapidly growing group of bankruptcy filers in the US.

What's Wrong with Transportation/Barriers to Walking/Biking

David Godfrey, City of Kirkland Transportation Engineer led these two sessions that covered the four principals included in the Transportation Commission "Transportation Conversations"; 1) Move People, 2) Be sustainable, 3) Be an Active Partner, and 4) Link to Land Use. Participants were then asked to discuss ways in which they could encourage elementary aged students to be safe, what specific concerns teens have regarding transportation, and ways in which teens can be encouraged to do more carpooling.

Roundtable Discussions

The lunchtime roundtable discussions got rave reviews from both teens and the adult hosts. Although each facilitator was given discussion points to help spur conversation, every table was unique in what was talked about; some discussed career planning, some discussed current events, and some discussed issues affecting Kirkland teens.

Participant evaluation forms came back overwhelmingly positive. Youth Council members heard repeatedly that the event was not only interesting but informative and helpful as well.

A more detailed list of items that were discussed in the breakout sessions and the event evaluation summary are available upon request.