



CITY OF KIRKLAND
City Manager's Office
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MEMORANDUM

To: Kurt Triplett, City Manager

From: Marie Stake, Communications Program Manager

Date: April 25, 2011

Subject: MENTAL HEALTH AWARENESS DAY PROCLAMATION

RECOMMENDATION:

Council authorizes the Mayor to sign the Kirkland Mental Health Awareness Day Proclamation.

BACKGROUND DISCUSSION:

The National Alliance on Mental Illness (NAMI) is a national mental health organization committed to awareness, education, and advocacy. Each year NAMI hosts walks within communities throughout the United States to raise awareness about mental illness and funds to support its programs.

On May 14, 2011 the 7th annual NAMI Washington Walk will be held in Kirkland, Washington. The walk will begin at Marina Park. The event is sponsored by Fairfax Hospital (Kirkland).

John Hughes, Chairman, NAMI Walk Committee and Farrell Adrian, President, NAMI Washington will be present to receive the proclamation.

For information on NAMI walks, visit www.nami.org/walks.



A PROCLAMATION OF THE CITY OF KIRKLAND

Proclaiming May 14, 2011 as "Mental Health Awareness Day" in Kirkland, Washington

WHEREAS, mental illness is a serious medical illness that affects one in four families; and

WHEREAS, the National Alliance on Mental Illness (NAMI) was created in 1979 as a U.S.-based mental health organization committed to awareness, education, and advocacy; and

WHEREAS, NAMI's support and public education efforts are focused on educating America about mental illness, offering resources to those in need, and insisting that mental illness become a high national priority; and

WHEREAS, each year NAMI hosts walks within communities across the U.S. to raise awareness about mental illness and funds to support its programs; and

WHEREAS, in 2011, thousands of concerned citizens in over 80 communities across the nation will walk together to raise money and awareness about the country's need for a world-class treatment and recovery system for people with mental illness; and

WHEREAS, Kirkland, Washington is a host site for the 7th annual NAMI Washington Walk which will be held in Kirkland on May 14, 2011 from Marina Park along the picturesque shores of Lake Washington;

NOW, THEREFORE, I, Joan McBride, Mayor of the City of Kirkland, do proclaim May 14, 2011 as "*Mental Health Awareness Day*" in the City of Kirkland and call upon the people of Kirkland to support NAMI in its efforts and to pledge or participate in the NAMI Washington Walk.

Signed this 3rd day of May, 2011

Joan McBride, Mayor